

STANDARD ARRIVAL  
CHART-INSTRUMENT

VAR2° W

D-ATIS 126.85  
TWR 118.5(124.35)  
APP01/02 119.875(119.625)  
APP03 119.2(119.625)

ZLXN XINING/Caojiapu  
RWY29

BEARINGS ARE MAGNETIC.  
ALTITUDES, ELEVATIONS  
AND HEIGHTS IN METERS.  
DME DISTANCES IN  
NAUTICAL MILES.  
DISTANCES IN KM.

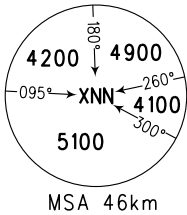
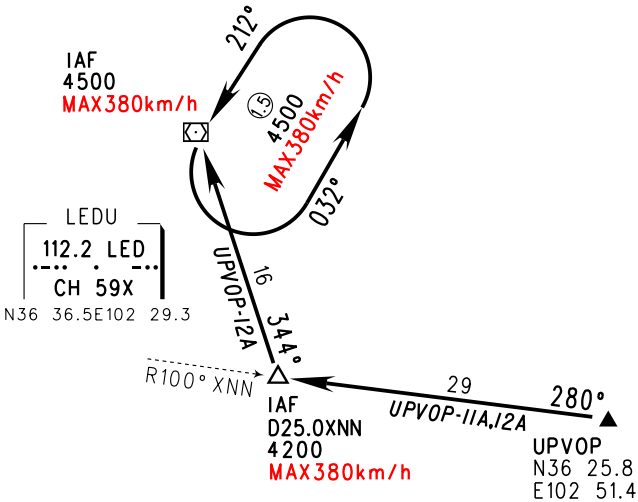
TL 5400  
TA 4800  
5100(QNH ≥ 1031hPa)  
4500(QNH ≤ 979hPa)



XINING  
116.5 XNN  
CH 112X  
N36 31.6E102 01.8



LEDU  
112.2 LED  
CH 59X  
N36 36.5E102 29.3



Changes: Speed limits.