Dott. Giuseppe Piccolo

Surgeon

Orthopedy e Traumatology

Codice Fiscale PCCGPP88C09A662J[[1]](#footnote-0)

Sir CALABRESE GIUSEPPE 2800 31/08/23

Analysis/ Conducive distortive trauma at right knee about 3 months ago with joint effusion followed by instability sensation.

MRI has been (visible bone edema at membrane and patella)

CD/ROM clotted and non aching;

no pain during palpation at medial femoral condyle and lateral femoral condyle of tibial plateau.

Anterior Drawer Test +;

Lachman test +-; Cerulli test -

Diagnosis/ Consequent distortion right knee with light anterior cross ligament and also osseous

Advised:

- Dicloreum 150 mg

1 cap after dinner for 5 days

after, 1 cap for alternate days for 10 days

- Niklod 200 mg

1 phial every 3 days for 1 month after 1 phial per week for 1 month

- Physiokinesitherapy aimed at quadricep muscle recovery and strengthening, cycling, swimming, magnet therapy

- New right knee high field MRI test in 2 months (possible surgery)

1. The Italian Equivalent of National Insurance Number [↑](#footnote-ref-0)