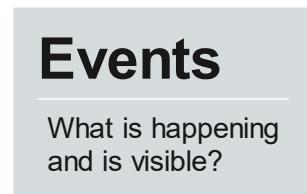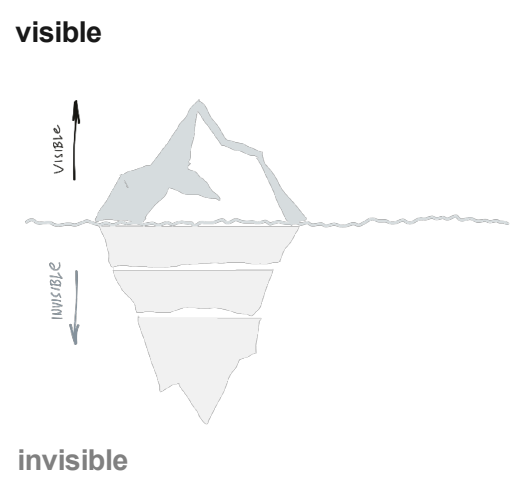# Zettelkasten - Iceberg Model

Causal Loop Diagram - v0.7 - 23.04.2024

Zettelkasten method at the event level involves the practical implementation of a specific note-taking and knowledge management technique.

Events
What is happening and is visible?

Visible outcomes and events

Published
- Posts
  - Forum Zettelkasten.de
  - Forum Obsidian
  - LinkedIn
- Visuals
  - Sketchnotes
  - Concept Maps
  - Mind Maps
- Books
  - Make Useful Notes

Personal Skills
- Increased Knowledge Retention
- Enhanced Creativity and Innovation
- Improved Problem-Solving Skills
- Efficient Knowledge Management
- Increased Productivity and Workflow Optimization
- Facilitated Collaboration and Communication
- Personal Growth and Development

lead to

Patterns emerge from multiple events and provide insight into underlying dynamics.

Patterns of Behavior
What has been happening over the time?

Recurring sequences or behaviors

Methods and practices

Tools
- Obsidian
  - Dataview Plugin
  - Graph View Plugin
  - Canvas Plugin
- Concepts
- SimpleMind Pro
- PowerBI
- Zotero

https://obsidian.md/

https://concepts.app/en/

https://simplemind.eu/

https://www.microsoft.com/en-us/power-platform/products/power-bi

https://www.zotero.org/

Zettelkasten method
- Atomicity
- Interconnection
- Emergent Structure
- Iterative Process
- Nonlinear Navigation
- Active Engagement
- Reflection and Review
- Tool-Agnostic Approach

influence and shape

Structures are the systems, processes, or frameworks that underlie the patterns observed.

Structures
What's influencing the patterns of behavior?

Systems, processes, and frameworks

Structures that may shape observed patterns

Unlimited Practices
- Getting Things Done
- Bullet Journal
- Maps of Content
- Progressive Summarization
- Personal Kanban

12 Principles
- Use Zettelkasten method
  1. Start with clear goals
  2. Make good notes
  3. Limit folders
  4. Use templates
  5. Use links
  6. Use tags
- Practice Continual Improvement
  7. Search and retrieve notes
  8. Review and revise notes
  9. Inspect and adapt process
  10. Simplify Zettelkasten
  11. Use AI
  12. Have fun with Gamification

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generate

Mental models are the beliefs, assumptions, values, and paradigms that individuals hold.

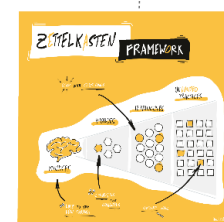## Mental Models
What beliefs stimulate the behavior?

Values
- Writing over Copying
- Flexibility over Structure
- Connecting over Collecting
- Tags over Folders
- Learning over Knowing

Beliefs
Beliefs that may lead to an intensive use of Zettelkasten
- Commitment to Lifelong Learning
- Desire for Mastery
- Preference for Nonlinear Thinking
- Focus on Productivity and Efficiency
- Belief in the Power of Reflection
- Emphasis on Personal Growth
- Preference for Autonomy and Self-Directed Learning
- Value of Creativity and Innovation

Mindset

Visual Mindset
- Processes information by creating mental images
- Prefers to see information in a visual format (e.g. charts, diagrams, maps)
- Remembers things better with visual aids
- Thinks in pictures, rather than words or numbers
- Understands complex concepts easily with the help of visual aids
- Has a good spatial awareness and sense of direction.

Growth Mindset
- Viewing knowledge management as a skill that can be improved over time through practice and iteration.

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visible

visible

invisible

invisible

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