

A person with long dark hair, wearing a grey cardigan over a yellow top, is sitting on a red couch and looking at a tablet device. The background is slightly blurred, showing a home interior.

# Services on the Web

**Staying healthy and happy starts with being informed. The Providence Health Plan website provides tools to help you make the best possible health care decisions and get the most value from your health plan. A myProvidence account, available at no cost to you, is required for some services.**

## Web features and services include:

**Member resources:** Learn about your plan and your benefits, from generic drug alternatives and estimating your cost for medical care, to finding FitTogether™ health and wellness solutions that work for you and your family.

**Find a doctor:** Members have access to a large network of doctors, specialists, clinics, hospitals and pharmacies. The most up-to-date listing of Providence Health Plan participating providers is available online.

**Pharmacy resources:** Providence Health Plan can help you get the most from your prescription drug coverage and help you make smart decisions about prescription medications.

**Personal health assessment:** Complete an online questionnaire and you will receive a personal health report that identifies lifestyle behaviors to help you maintain or improve your health.

**Providence E-card app:** With this free app, you can view, fax or email your member ID card from your smartphone (available for iPhone or Android devices). A four digit PIN (located on the back bottom right corner of your member ID card) is required to use the app, which is available in the app store under "Providence E-card" or "Providence Health Plan."

## Your personalized Web experience with myProvidence

myProvidence is a one-stop shop that securely provides member-specific information. By choosing to open a free myProvidence account, you have access to your personal health information when it's convenient for you.

## Through myProvidence, you can access:

- Claims history
- Deductible and out-of-pocket maximum (amounts accumulated toward)
- Benefit summaries
- Member handbook
- Treatment cost estimator
- Personal health record
- Health tracker
- Wellness resources to help you establish and support your health goals

**Find convenient online services at**  
**[www.ProvidenceHealthPlan.com](http://www.ProvidenceHealthPlan.com).**

