

# The more you know the better you feel

Estimate your health care costs with the Treatment Cost Calculator

Did you know that prices vary widely for the same procedures and services among providers and medical facilities?


Take control of your health care and make the most of your health care dollars. Save hundreds and even thousands of dollars with accurate costs and information on procedures and facilities close to home or work.

Sometimes providers suggest procedures, specialists, labs and other medical facilities without considering the cost differences between them. Before receiving care, use the Treatment Cost Calculator to learn about a facility or doctor and the estimated costs of your treatment, including possible exam and lab fees. You can also compare medical facilities to make sure you're getting the best care at the best price.

**Learn what your range of costs would be for a procedure, and how your benefits apply. To get started, log into your myProvidence account from your computer, smartphone or tablet.**


#### Personalized estimates:

Information based on your specific health plan's benefits, your current deductible and out-of-pocket expenses. Plus, explore your place of service options.

TREATMENT COST CALCULATOR

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### Knee arthroscopy

#### Description

(Procedure Code: 29881) This is a surgical procedure in which a small camera is used to examine tissues inside the knee joint. Additional instruments may be inserted to repair the knee.  
[Learn more](#)

#### Outpatient Procedures

#### Your Out-of-Pocket Estimate: \$193

Based on average costs for in-network healthcare providers in Portland OR.

Estimated Total Cost: \$3,858

Primary Procedure: \$1,211 | Other Procedures: \$2,159 | Facility: \$0  
Lab/X-ray/Anesthesia: \$488 | Other: \$0

Health Plan Pays \$3,665  
Your Responsibility \$193

Deductible: \$0 | Copay: \$0 | Co-insurance: \$193

Depending on which in-network provider you choose, your out-of-pocket estimate may range from: **\$148 - \$548**

If you go out-of-network, your out-of-pocket estimate would be: **\$5,438**

#### Where You Can Go For Care

Explore your place of service options to see how they impact your estimated cost.

☒ Ambulatory Surgical Center  
☐ Outpatient Hospital : +\$158

#### You will save money...

Procedures done in a doctor's office or a non-hospital facility often cost less. Ask your doctor whether these are options available to you.

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[HOW WE CALCULATED YOUR COST ESTIMATE](#)

The costs you'll find on the Treatment Cost Calculator are customized to you and based on your Providence medical plan, the providers in your plan's network and how much you've accumulated toward your deductible and out-of-pocket maximum.

The Treatment Cost Calculator is easy to use. Clear step-by-step instructions help you:

- Determine costs, including out-of-pocket, and details associated with a procedure
- Find a medical facility or office close to home
- Learn how a procedure is performed and what you can expect during and after
- Make more informed decisions and save money

**Provider-specific comparisons:**  
Search for and compare providers based on a variety of factors, including cost and location.

**Convenient:**  
See a list of providers with contact information and driving directions.

The screenshot displays the 'PROVIDENCE Health & Services TREATMENT COST CALCULATOR' interface. At the top, there are links for 'HOME' and 'MY BENEFIT DETAILS', and a 'Log Out' button. A 'Back' button is on the left, and a 'Print' button is on the right. The main heading is 'Compare providers for a better estimate', followed by a subtext: 'Now that you have a general idea of what your out-of-pocket costs might be, you should compare providers to get a more specific estimate.'

Below this, there are tabs for 'Physician' (selected) and 'Facility'. It states '15 Physicians found near Portland, OR'. The 'Provider Search' section includes a location dropdown set to '5 miles from [redacted] Portland, OR 97202' with a 'Change' link, and a search bar with a 'SEARCH' button. A 'Filter' link is also present. The 'Sort by' dropdown is set to 'Your Out-of-Pocket Estimate - Low'.

Two provider results are shown:

- Edelson, Richard H, MD**: In-network (green checkmark), Ambulatory Surgical Center. Location: Sports Medicine Oregon - Downtown, 909 SW 18th Ave, Portland, OR 97205, 3.1 Miles. Map/Directions. Your Responsibility: \$188. Estimated Total Cost: \$3,750.
- Greenleaf, Jonathan E, MD**: In-network (green checkmark), Ambulatory Surgical Center. Location: Sports Medicine Oregon - Downtown, 909 SW 18th Ave, Portland, OR 97205, 3.1 Miles. Map/Directions. Your Responsibility: \$188. Estimated Total Cost: \$3,750. A 'Compare' button is visible.

A third provider, **Murphy, Kevin I. MD**, is partially visible at the bottom, also marked as In-network.

Questions? Contact Customer Service at **503-574-7500** or **800-878-4445 (TTY: 711)** 8 a.m. to 5 p.m., Monday through Friday (Pacific time).