

Providence Express Care Virtual No appointment necessary.

With Providence Express Care Virtual, visiting a care provider has never been easier. Using your smartphone, tablet or computer, you can have a secure, online visit with a provider at your convenience.

Providence Express Care Virtual is available nationwide, at no cost* for most Providence Health Plan members.

Get a diagnosis and treatment recommendation for common health concerns, such as:

- Sinus, ear and eye infections
- Cough, cold and flu
- Rash and joint issues

For a complete list of conditions, visit **Virtual.Providence.org.**

Express Care Virtual is available seven days a week:

- In Oregon, Washington and Montana: 8 a.m. to midnight (Pacific Time)
- In California: 8 a.m. to 8 p.m. (Pacific Time)
- Outside of Oregon, Washington, Montana and California: 24 hours a day

It's as easy as 1, 2, 3

1. Sign up

Download the app (if on mobile). Input your personal information. If using Providence Express Care Virtual outside of OR/WA/MT/CA, enter service key "Providence".

2. Select a provider

Choose from the list of available health care providers.

3. Have your visit

See a provider right away. Get your diagnosis and treatment.

Download the free app from the App Store or get it on Google Play. Search by typing in "Express Care Virtual."





Visit **Virtual.Providence.org** to create a free account today so you're ready when you need it.

^{*}Providence Express Care Virtual is covered in full for most Providence health plans. HSA plan members must first meet their plan deductible.