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## Clinical screening tools for substance use disorders during pregnancy

### 4 Ps<sup>[1]</sup>

**Parents:** Did any of your parents have a problem with alcohol or other drug use?

**Partner:** Does your partner have a problem with alcohol or drug use?

**Past:** In the past, have you had difficulties in your life because of alcohol or other drugs, including prescription medications?

**Present:** In the past month, have you drunk any alcohol or used other drugs?

Scoring: Any "yes" should trigger further questions.

### NIDA Quick Screen<sup>[2]</sup>

Screen your patients

Step 1. Use the **NIDA Quick Screen** to ask the patient about past-year drug use

Step 2. Ask the patient about lifetime drug use

Step 3. Determine risk level

Step 4. Depending on risk level: **Advise, Assess, Assist, and Arrange**

### CRAFFT – Substance Abuse Screen for Adolescents and Young Adults<sup>[3]</sup>

**C** Have you ever ridden in a **CAR** driven by someone (including yourself) who was high or had been using alcohol or drugs?

**R** Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?

**A** Do you ever use alcohol or drugs while you are by yourself or **ALONE**?

**F** Do you ever **FORGET** things you did while using alcohol or drugs?

**F** Do your **FAMILY** or friends ever tell you that you should cut down on your drinking or drug use?

**T** Have you ever gotten in **TROUBLE** while you were using alcohol or drugs?

Scoring: Two or more positive items indicate the need for further assessment.

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disclosure of this information unless authorized by specific written consent. A general authorization for release of medical information is NOT sufficient.[3]

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*Reproduced from:*

1. Ewing H. *A practical guide to intervention in health and social services with pregnant and postpartum addicts and alcoholics: theoretical framework, brief screening tool, key interview questions, and strategies for referral to recovery resources*. Martinez (CA): The Born Free Project, Contra Costa County Department of Health Services; 1990.
  2. *Screening for Drug Use in General Medical Settings: Quick Reference Guide, Version 2*. National Institute on Drug Abuse. [https://nida.nih.gov/sites/default/files/pdf/screening\\_qr.pdf](https://nida.nih.gov/sites/default/files/pdf/screening_qr.pdf) (Accessed on October 31, 2023).
  3. Center for Adolescent Behavioral Health Research, Children's Hospital Boston. *The CRAFFT screening interview*. Boston (MA): CABHRe; 2009. © John R. Knight, MD, Boston Children's Hospital 2018. All rights reserved. Reproduced with permission. For more information, contact [crafft@childrens.harvard.edu](mailto:crafft@childrens.harvard.edu).
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