

Kirishna Saleem

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SUMMARY

- Comprehensive knowledge of different therapies and various treatment procedures
- Proven ability to use medical instruments and provide first aid to emergency department patients
- Capable of working with medical equipment like IABP, ECMO and CRRT to provide timely healthcare
- Hands-on experience of handling patients with valve replacements, cardiac surgery, heart transplants, CT surgery, and post cardiogenic shocks
- Record patient data in computerized system to access it from database when required
- Strong ability to manage multiple tasks and attend to different patient needs
- Team player with excellent interpersonal skills

KEY QUALIFICATIONS:

- Direct patient care
- Nursing process and documentation.
- Patient rights and safety.
- Problem solving.
- Quality assurance.
- Educational and professional development
- Written and verbal communication Skills
- Qualification and experience

EMPLOYMENT HISTORY:

Home care Nurse (Dr. Sunny Health Care)

Sharjah ,United Arab Emirates,

Join 1st May 2022 to till date.

October 2020 – December 2022

Emergency Department & OBG - Clinical Nurse

Alfalah Hospital Riyadh

Dental Department - In-charge Nurse

Alfalah Hospital Riyadh

ge Nurse March 2018 – Sep. 2020 Saudi Arabia.

Nero Surgical ward - Registered Nurse

Liaquat National Hospital,

October 2013 - Feb. 2018 Karachi, Pakistan.

Saudi Arabia.

PROFESSIONAL EXPERIENCE:

- Monitoring and caring for pre & post OBG surgery patients
- Implementing plans for patient care by providing nursing aid to 10 + patients daily
- Understand and follows hospital and Nursing Department Policies protocol and guidelines.
- Application and execution of Nursing Techniques and procedures aseptic technique and standard precautions to all procedures like blood extraction, wound dressing and IV-line Insertion Blood.
- Documents all aspects of nursing techniques and procedures pre-operative and post-operative pre- and post-procedures like Angiogram and CT scan.
- Maintain an open environment for patient, staff and visitors.
- Maintain an open environment, which enhances Tran cultural care.
- Maintain confidentiality of all patient care treatment and written medical records.
- Report patient information to all appropriate chain of authority.
- Assume responsibility for own nursing acts.
- Take necessary care of equipment on wards, unit and assist in maintenance of supplied.
- Maintain effective interpersonal relationship in a professional manner to all health care team members of a multinational work force.
- Perform duties relevant to routine unit activities, assisting patient in personal hygiene, feeding, administration ofdrugs including narcotic, liaising with others paramedical team.
- Provide comprehensive Nursing care and establish standards of practice using the Nursing process.
- Assist with the quality management of the unit.

- Adhering to safety precautions for complex heart surgeries and assisting cardiac surgeons in the operation theater
- Assessing medical status of patients pre- and post-operation by checking vital parameters and supervising food intake as per doctor's prescription
- Following nursing care standards for cardiac treatments and making operation theater ready prior to scheduled surgery
- Maintaining and sterilizing medical instrument and equipment for surgeries
- Educating family members on patient's illness and care to be taken post-surgery and transplant

CASES HANDLED:

- Care of pre- and post-cardio Thoracic patient.
- Care of the patient inters costal chest drain.
- Care of the patient temporary and permanent pace maker.
- Assist the doctor inter costal tube insertion
- Display competency in operation of the following machines.
 - 12 lead ECG machine.
 - Cardiac Monitor and Data Scope.
 - Baxter IV pump single channel and multi-channel
 - Gluco Meter Machine.
 - ACT Machine.

EDUCATION:

BScN St. James College Karachi, Pakistan September, 2016

2 years Degree

General Nursing Civil Hospital Karachi, Pakistan September, 2012

3 Years Diploma

Midwifery Baqai Hospital Karachi September, 2013

1-year Diploma

AFFLICATIONS & REGISTRATIONS:

- 1) Pakistan Nursing Council, 5 June 2016 **Registration No A-67563**
- 2) Saudi Commission of Health Services 18-R-N-0020862
- 3) Kingdom of Saudi Arabia- Ministry of interior # 2454091949

LANGUAGE:

Arabic, Urdu, Hindi and English

PERSONAL DETAILS:

Date of Birth: October 12, 1988, Gender: Female Marital Status: Single Nationality: Pakistani ID #: 33301-7527439-8 Employee No: 4223

Blood Group: A+ve

ADDRESS:

PRESENT ADDRESS:

Flat # 1203 12th floor Al sidra Buliding, Al Qusais 28th St Al Nahda 1 Deira Dubai. United Arab Emirates.

PERMANENT ADRESS:

Karachi. Pakistan