Spinal stone

 Spinel is **a mineral that owes its beautiful color to chromium**, much like rubies and emeralds do. It has a hardness of 8 on the Mohs hardness scale (diamond has a hardness of 10). Spinel is seen in a wide range of colors: red, lavender, violet, blue, green, brown, black.

Benefits

Spinel is a great gemstone for joints, muscles and bones, especially the lower spine, as well as teeth and gums.

It will give you extra energy, strength and endurance notably during times when you may be recovering from a long illness or trauma of some kind.

All spinels are good for detoxification and regulating the metabolism.

Price

**Black Spinel** · Price. $0.00 $60.75 $ to $. Price per Carat · Weight (carat). 1.00 ct 19.00 ct ct to ct. Weight (ratti) · Origin. Sri Lanka Ceylon.