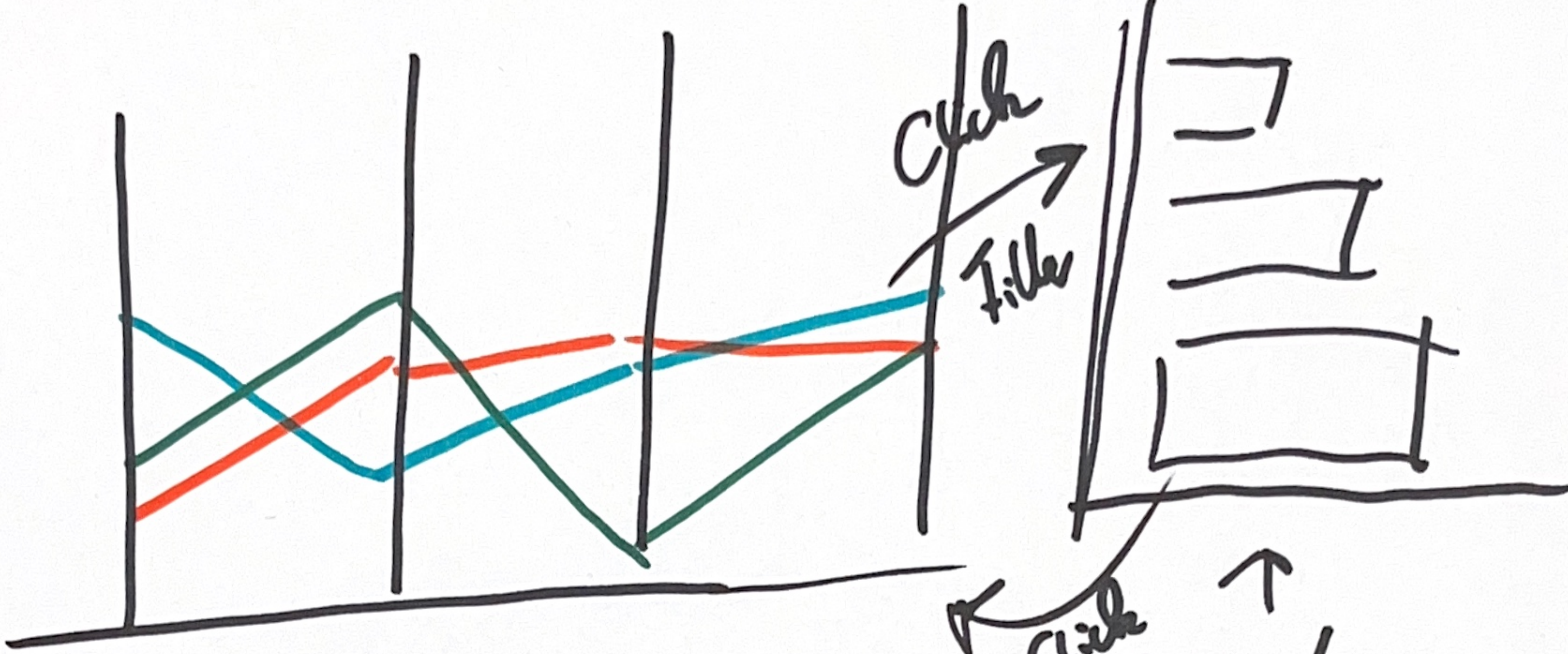


Fitness Metrics Analytics Distribution

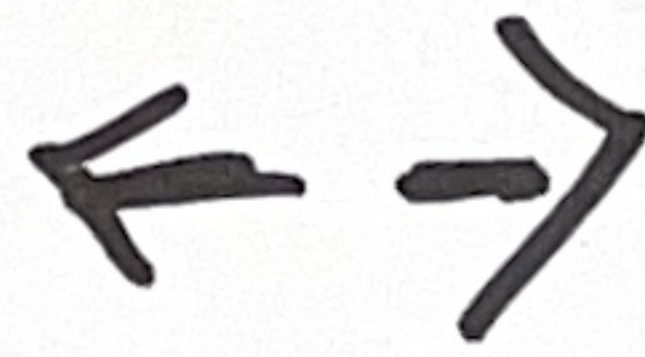


Parallel Card Plot

mehrere Dimensionen
auf 1 Blick

- Yoga
- HIIT
- Gym

2 Wege Filter.



Nur 1 Weg gleichzeitig
Klick daneben => kein
Filter

Click
Filter
Expand
Beginner
Normal

Transforms:

Untergewichtig
BMI → Normalgewicht
Über gewichtig

Average HF →

1	2	3	4	5
---	---	---	---	---

 Cardio Zone

Johns:

Workout - Type
Vergleichen

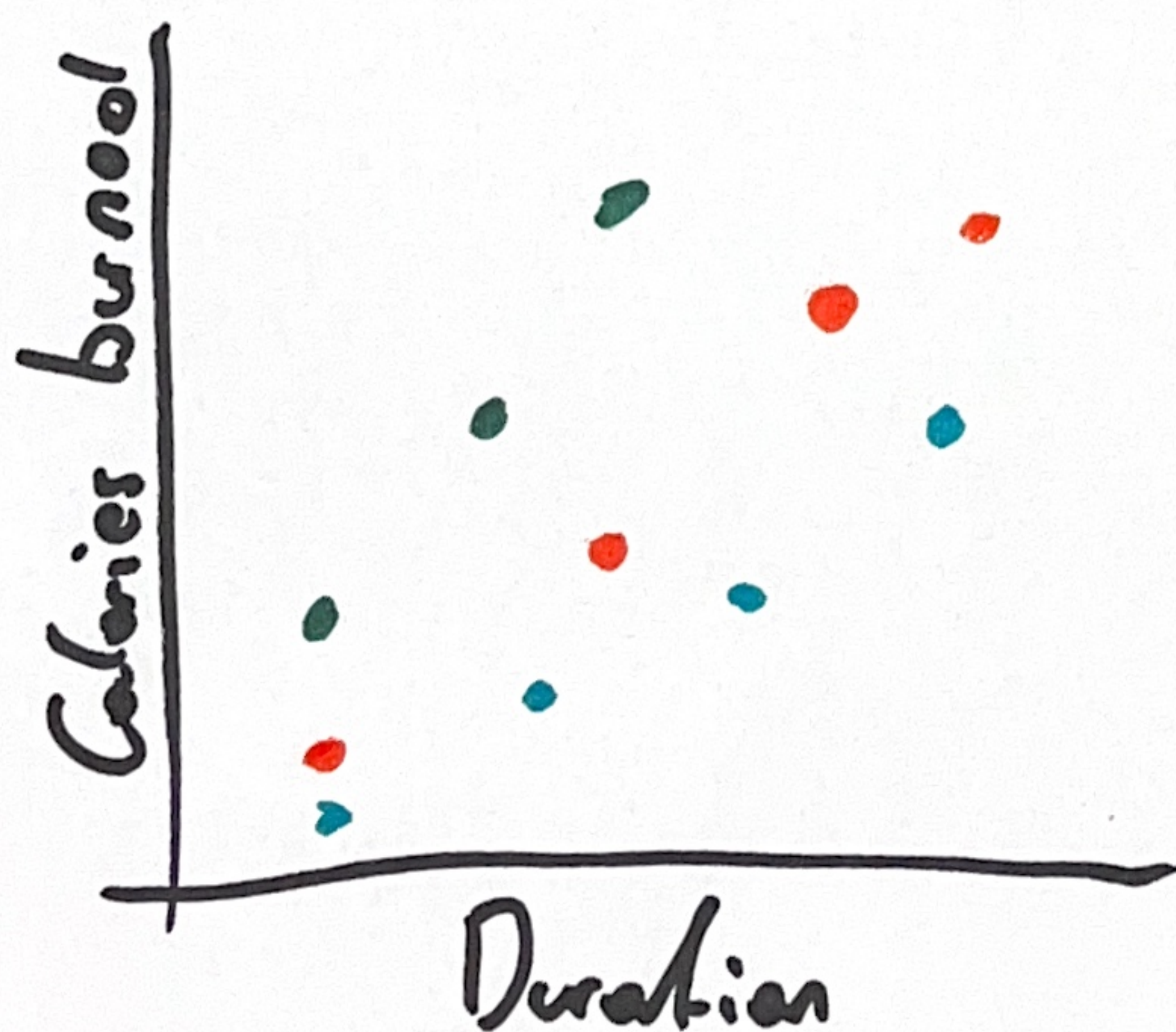
Pre Filter BMI

1	2	3	4	5
---	---	---	---	---

M/W

1	2
---	---

Workout Performance

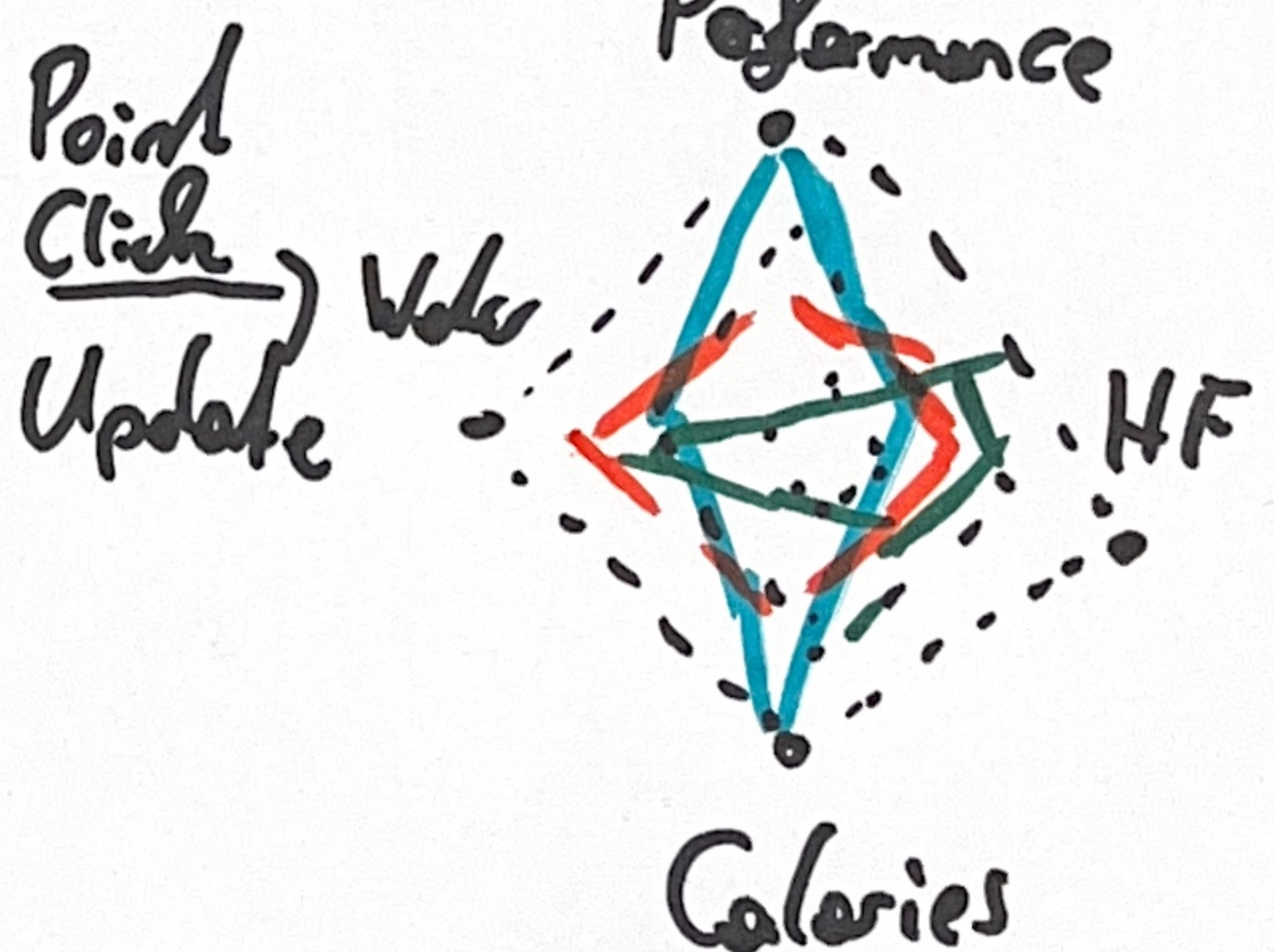


• HIIT

• Yoga

• Running

Radar Chart
Fitness Metrics



• Beginner

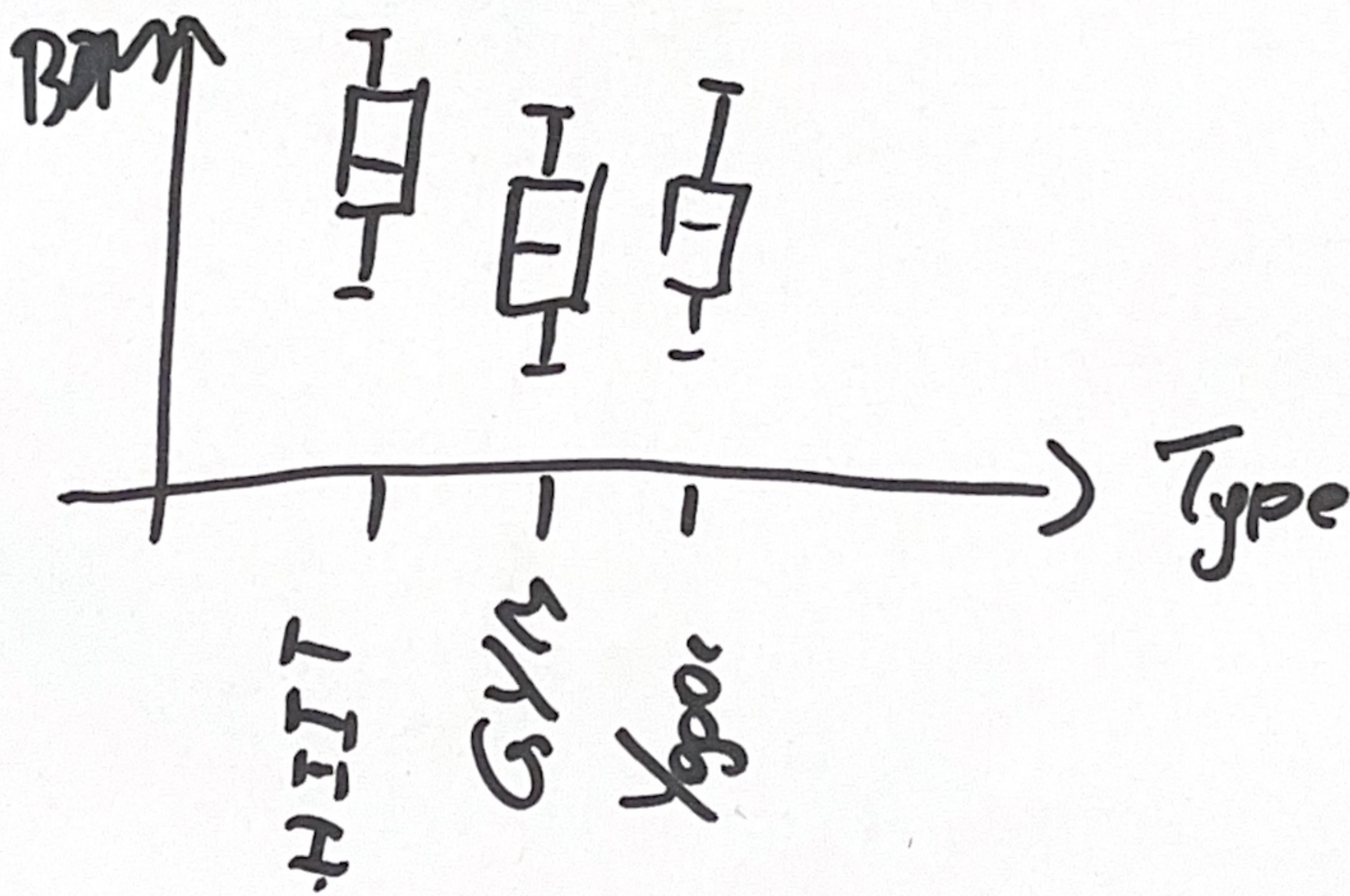
• Normal

• Expert

? BPM / Beginner
Normal
Expert

Vergleich Resting BPM / Gym
HIIT Yoga

BPM per Workout Type



Rest
Workout
Duration?
↳ Short
↳ Med
↳ Long