

GUIDELINES: Dressing for Winter Camping

1. Materials for winter camp clothing: wool (covered by wind and water resistant material, like nylon), acrylic, polypropylene, or any synthetic (or synthetic blend) made for winter wear. Outer layer should be wind proof and water resistant. Avoid 100% cotton – it absorbs water and keeps you cold. ABSOLUTELY NO JEANS!
2. Wear layers of clothing – as you get warm from working, outer layers may be removed, then put back on as you cool off.
Example: 1st layer: thermal underwear, socks (2 pair)
2nd layer: turtle neck pullover or wool shirt with wool pants or sweatpants
3rd layer: sweater or sweatshirt
4th layer: winter jacket and snow pants, stocking cap, waterproof gloves or mittens, snow boots
3. After working in the snow all day, your clothes and gloves will be wet from snow and sweat, so, at the end of the day change into dry underwear and sweat suit – suitable for sleeping in. Also, put on clean, dry socks, mittens and stocking hat for nighttime wear.
4. In the morning, it is a good idea to change again into a clean, dry sweat suit, or clothes, since nighttime perspiration makes clothes moist. Be sure you have dry socks, gloves, and hat for the new day.

CHECK LIST FOR COLD WEATHER CAMPING – 1992

Personal Gear – required clothing

Thermal or polypropylene long underwear (NOT COTTON)
2 Wool shirts or sweaters
Sweatshirt and sweatpants (to sleep in)
Wool pants, ski pants or snow pants
Warm coat, with hood if possible, water resistant
Rain gear, poncho or raincoat
Snow boots
Two pair of wool or synthetic socks
Mittens or gloves, insulated and waterproof
Stocking cap, regular
Stocking cap that can be pulled over face with a hole for the eyes and nose
Scarf (optional)
Snow gaiters (optional)
Chapstick

Extra clothes – in a plastic bag

Pants, wool or synthetic blend (Scout pants)
Sweatpants, synthetic blend
Wool or synthetic socks
Mittens, wool or waterproof mittens or gloves
Shirts, sweaters, or sweatshirts

Equipment:

Backpack
Large plastic bag to cover backpack
Large plastic bags for wet clothing
Winter sleeping bag or 2 summer bags (Needs to be a total of 6 inches of thickness to be good for -20 degrees F.)
Stuff sack with sleeping bag, inside of plastic bag, then in a second stuff sack to keep the sleeping bag dry
Foam sleeping pad, 2 would be better
Plastic ground cloth
Spoon, cup, and bowl
Canteen or water bottle, 1 quart and must not leak
Folding pocket knife with rope attached and tied to belt
50 feet of 1/8" nylon rope

Flashlight with extra batteries
Matches, dipped in wax and in waterproof case
2 firestarters
Shave kit
Compass, with a string attached
Shovel, with your name on it

Munchies:

M & M's
Peanuts
Raisins
Granola Bars
Kudo bars
Trail mix

Emergency food:(only used for survival) – to be put in a separate plastic bag

2 pks. Hot chocolate mix
M & M's
2 Lipton Cup-o-soup
Peanuts
Raisins

Additional things:

Sunscreen lotion
Sunglasses
Wisk broom & sponge (to keep tent dry)
Foam pad, for standing and sitting on, (about 2' x 2')

Patrol Gear:

1 gallon jug of water, with a flag so you can find it under the snow
First aid kit
Food
Menu
Duty roster
Snow saws, one per two Scouts
Two-man tents
Dining fly, nylon, 10' x 10' minimum
Collapsible 2 ½ gallon plastic water container – filled with water
Brillo scouring pad
Camper soap
1 box of 33 gallon plastic trashcan liners
Paper towels

Cooking Equipment:

Pot
Coffee pot
Large spoon
Stove filled with fuel
Small board to set stove on

After your parents have checked all your clothes and equipment to be sure you have it all and inspected your pack, have them sign this check list.

(parents signature)