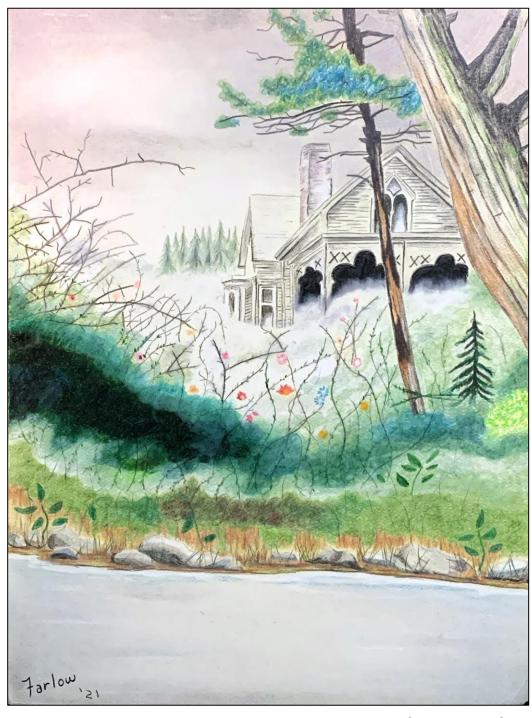
Prisoner Express Poetry Anthology Volume 26



Art by Gary Farlow

Themes: Love and Loss (1), Bound (5), State Brutality (9), Current Issues (11), Shadows and Memories (12), Faces, Places (15), Outer Space (19), Identities (20), Words on Words (21), Transformations (23)

Dear Reader,

Welcome to Prisoner Express Poetry Anthology #26! My name is Elinor and I'm a freshman at Cornell, so I'm pretty new to this place and to the Prisoner Express team.

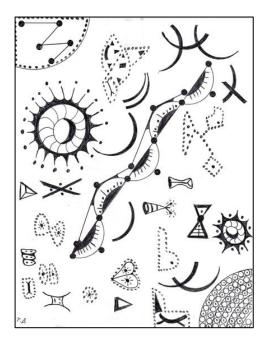
I'm incredibly grateful I've had the chance to read your beautiful poems and to compile this edition with my coworker, Claire. Your work has reignited my love of poetry. Each of these pieces is candid, precise, and filled with emotion. These pages include meditations on personal growth, musings on the simple beauty of the sunrise, and essential reflections on the meaning of and search for justice.

Submissions have poured in over the past several months and there simply wasn't enough room to contain all of them in these 28 pages. This is due to space constraints alone. Please do not be discouraged if your poems don't appear in this particular edition. I encourage you to continue to write poetry, journal, make art, and pursue every available creative outlet.

Thank you once again for submitting your writing! Poetry is inherently quite personal, and I am so impressed by those who choose to share their work, allowing their words to touch the lives of others. I hope you enjoy the poems in this collection as much as I do.

Best wishes, Elinor

Note: Those who submitted poetry for PP27 may also receive a copy of this anthology because it will take several months before the next edition is produced. All PP27 submissions are still under consideration.



Thomas Black

PE Update: Hi friends, Elizabeth Wolfe is leading the Rattle Poetry Project and wanted all the Rattle poets to know that they are reading and responding to your entries. *-Gary*

Hi again from Elizabeth S. Wolf, the poet from the Response Poem Assignment. Happy to report we are swinging into action here. I recently received the first big batch of submissions from Prisoner Express. I brought them to my local community poetry group, and folks were pumped-many packets of poems were signed out on the spot. We also posted a call for readers in several other local poetry groups. I expect feedback letters will start going back to incarcerated poets soon. And then we will pass the works along to Rattle. Big thanks to the gang at PE for organizing this so nicely for us, and to Rattle for donating issues and welcoming these submissions! - *Elizabeth*

Love and Loss

In The Heart Of A Rose By Silas Kanady

A Buddhist monk once told me Peace was mine to find If only I could watch my breath And tame my wild mind I thought this was unlikely The words that were disclosed By this humble monk who sat In simple saffron robes He sat with me in prison saying Words I won't forget "You live your life more peacefully By thinking of your death." I didn't understand it And couldn't comprehend What good could come from focusing On how my life would end? Deciding to depart from there And not to even try His ghoulish contemplation When his movement caught my eye

The monk withdrew a nimble hand From his saffron sleeve He cupped a crimson-colored rose And held it out for me My hands reached automatically Enamored at the sight The sweetly scent, the beauty And the way it pulsed with light Emanating from its core It chased out all the gloom From every dusty corner Of that tiny prison room Poetry in motion When he handed me the rose Taking it in reverent hands I held it to my nose

Soft and silky petals Sweet and fragrant scent Peerless rose of heaven glowing Brilliant bright and red

I took her back into my cell
And stared at her for hours
Hailing her as queen
Over all the other
flowers
I boldly stated loudly:
"Of roses that exist
Surely none can match this one
And usher forth such bliss."
The bloom swept all the shadows
Evicting them henceforth
Bringing light and harmony
And life and so much more

I gazed into her depths For hours, days, or years The Fibonacci sequence singing Softly in my ears The churning of a hurricane Battering the shore The curling of a pinecone pattern On the forest floor Seeing spirals in her face Great galaxies so grand I clutched the very cosmos In my scarred and calloused hand Intoxicated by her touch The coolness on my skin Soothing something burnt in me From way down deep within I found that I was smiling I stood in raptured awe Cuz in that swirl of petals Were the fingerprints of God Every pagan pantheon



Brian Hindson

The mysteries
were reflected
Buddha and the
Bodhi tree
All interconnected
In a flawless tapestry
Weaving sacred lines
And roots into
my consciousness
Back through the sands of time

When I went to sleep that night I smiled while I slept Lost in thoughts of blossoms brought (Red roses as I dreamt) As soon as dawn awoke me Prompting me to rise I cried in fright at the sight That met my tired eyes My rose was sad and droopy And darkness stole her light While I was gone and dreaming Of her just that very night Her edges started browning Her red was now subdued In a darker color Of her lovely crimson hue A slow-motion tragedy Each petal and each leaf Turned to black not bouncing back And leaving me bereaved Thus she died so peacefully In dignity and grace

I grappled with the grieving
And epiphany I faced:
Impermanence is permanent
It's over oh so fast
The way it goes for man or rose
We all must breathe our last
The cycle is exquisite
With birth, life, and decay
From birth to death is but a
breath
And death will have its day*
Live your life with beauty
Strength and poise and grace
Like the rose that touched my

And gently passed away Thus was the lesson that the monk

soul

Wanted me to find Locked and tied deep inside My loud and cluttered mind Words were not sufficient Whether spoken or composed To teach the Truth that's hidden In the heart of every rose.

Love Without Regrets By Jimmie Locke

Even when you warned me not to I still fashioned myself wings of wax,

Even when you warned me not to I still took flight.

Even when you warned me not to I flew higher and higher. Even when you warned me I knew I couldn't stop.

Even when I felt your tears in the rain and heard your cries in the thunderclap I crashed to the ground.

And all I need is to hear you whisper my name just once and I'll rise out of my crater. I'll take flight yet again and crash to the ground over and over and over again.

I know in the end you and I shall take our place in the sun. This is my bittersweet pathos.

Heavenly Hugs By William Ziegler

If laughter's a remedy hugs are emergency rooms dwarfing Earth's vast comedy with one compendious womb embraced inside guardians and cradled just after birth nestled against cardigans in close range of glowing hearths not to be confused with slams Judo or football tackles intercourse of one night stands followed by drunken cackles instead gripping for dear life sharing each other's essence squeezed in a compassion vice enhancing effervescence all will be well in the end if Love's open arms await be it family or true friend fanned wide like those pearly gates

Promises By Rickey Bright

If all the world buys my prose and poetry, Kathy Ann,
These things I hope will prove myself an honorable man.
I would like to get down on one knee; not to ask your hand, but to place there a lovely gold and diamond wedding band.

I speak not in contradiction; this is what you deserve. For the love and happiness you gave me without reserve. If that time comes, I hope you accept my token of love,

and forgive this foolish man as if you were the Lord above. Kathy, if my fans are many I long to give to you all the things for so long you have deserved, things long past due:

Pretty clothes, fine cars, diamond jewelry, and a home, too,

somewhere in the mountains, maybe an oceanfront so blue.

My love, if these dreams never come true, I'll ask the Lord why.

I truly want to see you happy, no more tears to cry. If in this I fail, and this poem proves to be untrue, please know in your loving heart that this fool always loved you.

When I Laid Eyes On You By Reginald J. Holland-Houston III

I knew you were trouble when I laid eyes on you.

Full lips, gap-toothed, 100% Adork-able!

A real-life Velma. Sultry voice. Shy and bashful. I didn't have a choice!

A glimpse into your eyes and my walls came down.

The dimples on your cheeks knocked my breath smooth out! From your sleeves to your neck, all gamer tatts.

What surprised me the most was the art on your back!
You don't like attention, rather be by yourself,

Or be with your family-But nobody else!

I never liked toes, but yours are attractive.

Nails painted purple, with gold and yellow accents.

Laced up gladiators, tied at your thighs.

Yellow sundress, Givenchy by the sight!

Glowing brown skin, caramel brown eyes,

It may be

daylight, but the sun you outshined!

Stare at you all day and dream of you all night,

But the image of you will never be a tiring sight!

Your shining

white teeth and natural

eyebrows,

Zero makeup, even Alicia Keys would say wow!

Curly brown hair, wrapped up in a bun,

You let your hair out and it cascades to your buns.

High cheekbones, cute button nose,

When you smile at me, I become butter on toast!

A goddess you are, the rest-we are peasants,

What a blessing it is, to be in your presence!

Now you know the reason I said unto you.

I knew you were trouble when I laid eyes on you.

Temporary Forevers By Charlie B. Jenkins III

Temporary Forevers

Though you only caught my eye in passing

That was a while ago, but I still see you

Temporary Forevers

It's crazy how opposites attract and forevers can be temporary Though the twinkle in your eye be the light that guides me at night with passion, burning bright

Temporary Forevers

My easter star, my morning light

Temporarily closing my eyes Forever waking up

Temporary together Forever breaking up

Time: The Thief By Seth Frazier

Days are long, yet nights are longer

I was strong, but Time was stronger.

A jewel I'd found when first I found her.

Her voice, the sound, in which I'd flounder:

Music I'd danced with, her rhythm:

My heart, eyes, lips, she orchestrated with 'em.

The Sun to a flower, she filled me with power,

Minute by minute, hour by hour.

Time is many things, chief among them a thief.

I never thought she'd leave; she was taken from me.

Ah, the way that our Time flew, each moment special and new.

Then one day, Time just stopped;

Away from me the World just dropped.

That sinister Time, its face the clock;

Eternity between the tick and the tock.

How slow now Time does flow, when in the sky, a rainbow.

Oh yes, days are so long, nights are much longer.

How I fought for her, but Time was stronger.

A way back I cannot find. God knows I've tried, but Time doesn't rewind.

For now her memory resides, constant in my mind;
Until Time finally decides to

Until Time finally decides to steal that too, making me blind.

Silence #2 By James Schmidt

A silent yellow rose starts to wither

The yellow petals begin to slowly crack

Thorns become dull to the touch
The stem becomes fragile
He sways away from the sun
The roots have crumbled
His only tears are rain drops
Yellow petals turn black
The wind blew him over
He's consumed by weeds
His love's been forgotten



Omar Recalde

"Izzy" By Michele Lochridge

The first time that I saw you I looked into my own gray eyes I knew you were my kindred soul and the truest meaning in my life

With every birthday that would come
We proudly watched you grow
Plastic dinosaurs and *randu*braids
All the funny hats for show

The diabetic jelly to top your kosher *dogs*Skateboards, armless barbies, mismatched socks
All the trophies on your shelf and your secret treasure box

The dancing in Spongebob goggles
Down *Poblix's* Cereal Aisle
Never missing a mud puddle
Or forbidden chocolate smiles

The bug collection hidden inside your dress
The stars *Poe* counted each night
Your favorite lullaby Tora Lora
And your beloved T-Rex night light

My tiny little force of nature Hurricane Izzy in my path Always with a joke to tell just to make us laugh

Now, I'll go to your cherry blossom tree Where I'll brush the leaves asiade My tears will polish your beautiful rock I'll tuck my memories inside

I remember butterfly kisses Softly across my cheek Catching them all inside my heart To make them a part of me

I dream of all the cozy midnights The Magic Cookies never baked You sneaking into my bed "Mom, mommy, mama are you awake?"

I thank G-d for you Izabella For your love and the laughter in my pain It's all locked inside our treasure box We'll open it together in heaven one day

I hope you save a place for me Cause I just can't come today I'll send kisses on butterfly wings with all I want to say

Love always, Mommy

Bound

A Bubble Off Plumb By Jonathan Albert Kaspar

I've built myself and backed myself Into a cage Without a door Paint picked and peeling Rust forming, flaking, And metal braking The pieces sharpened and penetrating My fingernails snap and break off They bend back and rip From the tips of my fingers As I ineffectively Try to maintain My grasp on my sanity.

The Bird By Gary Farlow

Maya Angelou's caged bird does not sing
It wails, screaming for redemption
to a nation, a society that its back,
eyes shut, and deaf ears to the caged

Prisoners we both are, the bird and I at the hands of man, captives like exhibits in a zoo oddities, separated from society

The bird's gilded cage and my iron bars are different, yet the same, the bird may experience a certain care a tenderness, even love

The inmate seldom knows such amidst whistles, blaring intercom a cacophony of prisoner and captor the daily chaos if incarceration

I know how the caged bird feels and it does not sing, it cries looking between the bars of freedom Just as I stand at my barred window

Play Us A Hymn By Rickey Bright

You walk in past the bars, and see us sitting there,

The old convicts in halls, in our tear-stained wheelchair,
The blind and the crippled,
herded out of their cell,
where there's no one to love us,
and nothing but hell.

Play us a hymn, sing us a tune, lighten our gloom.
Won't you pray for my mother, each night in your room?
All my children are grown, and my life here is done,
Please say you'll remember, my dearest young one.

Here in this wretched prison, we have no last names.
It's Rickey and John and Herbert and James.
Everything else, Lord, has been taken away,
By family who won't come on visiting day.

Wake us up in the morning, and see that we're fed, lay us back down at night, where we cry in our bed. It's the worst kind of prison; no one gets paroled. No one to set us free; we're unwanted and old.

You walk out through the door and leave us sitting there.
The old convicts in halls, in our rusty wheelchair.
The blind and the crippled herded back to their cell,
Where there's no one to love us, and nothing but hell.

Tastes Like By Randy Carter

whose eyes hold freedom like the prisoner? those who've been swallowed by the beast know liberty's stark clarity they've heard the steel locks turn clink

screams of anguish & anger echo subliminally & season a summer breeze in the evening that matte gray flavor the prisoner never forgets that taste

they lock memories in cells & guard them like you should yours

mmmm...tonight
I'm gonna leave my
corporeal form (you
know: astral
projection) and
float thru
a wall, grapple a
cloud and hitch a
ride on WIFI to
your apartment.

when you hear my whisper & feel my breath on your ear open your dream & dance with me to your favorite song

when we imagine our feet tired we'll drift to your kitchen, spin your lazy susan search your spice rack & cook your favorite food—which is also my favorite whatever it is. has to be cuz it's my first meal in awhile free taste...mmm...like lovers lips

when the tune plays again (must've been on repeat) & we feel our feet tap to the rhythm & bass in our chests have us moving again til the sky turns that matte gray. morning tastes like iron.

do your eyes search mine for a reflection? or a translation? i can't make it real for you. i can adore you for caring to imagine what it tastes like

Are You There? By Santiago Leija

Excuse me ma'am are you there I wrote you a couple times I'm sure you're very aware
You will never know what a letter can mean
Cause you never been where
I've been and seen what I've seen
Trapped in a box this house is not a home
Stuck in these walls, forgotten and alone
Where nobody calls, no goodbyes or hellos



Patrick Bentley

prisonerexpress.org

Everyday the same, so sad and alone

I grieve with anger, sometimes with a stranger

But what can I do but stay loyal and true

The CO just walked by and still no letter from you

I was sure you would write me Help me feel better with one single letter

It will heal my heart from the start

Excuse me ma'am, are you there?

Things are supposed to get greater later so please if you may send me a letter Excuse me ma'am are you there? Or gone forever

Dear Mister Postman By Jimmie Locke

How can I see the meaning of life behind brick and bars? Dear Mister Postman, where were you when I needed you? I crave to get a visit from you to give me what I need. But you passed me by again, you visited others but not me. Dear Mister Postman, what did I do wrong? Tell me so I can fix

Now I live my life without rhyme or reason. Just another leaf changing with the passing season.

Dear Mister Postman, I wait for you.

I wait for you to tell me everything is alright. Dear Mister Postman, I give this letter to you.

Can you do the same?

Sam Is A Numbers Guy By Claude "Kelley" Kirk

My mother says "Son, you are one in a million." Numero Uno. A-Number One. But my Uncle? He says I am more like one in two million In fact, he says I am number 56868-177 right down to the last digit. Hell, you might even know my Uncle.

He goes by Sam.

Sam is a numbers guy and a generous one at that. He's given me so many numbers I should be a mathematician or maybe a statistician. After all, statistically speaking I am only a statistic only a number.

I've been investigated my case litigated defense checkmated value disrated course dictated and before I am reintegrated my voice must be liberated 'cause the stench of percentage is so strong and the stain of sentence so long it cannot be scraped from my skin.

CDCR By Matt Barnes

I see myself slowly slipping into that dark abyss Too much pain, sleepless nights, my mind not at ease Destined to spend eternity Warehoused and caged like a beast Asking where is the humanity Stripped of all integrity And the right to be me

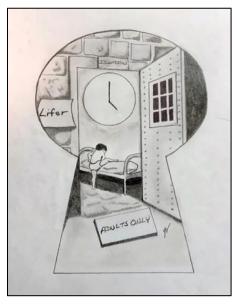
Another nameless one trapped in this insanity Given a number A practice to dehumanize And deprive us the essence of More specifically I am a dollar sign In the profit Of the prison industry complex Otherwise known as CDCR Where their bottom line is more precious than a human life Fueled by the ideologies of a corrupt capitalistic society A living testimony here I stand To prove to the world that even the people society has thrown away

Have the power and strength to change their destiny

A Prisoner's Soul By Donald J. Degner

I hear the sounds Of tortured souls Echoing through my prison cell.

The Preacher says, There are none



John Vance

righteous No not one.

Insanity runs through My veins. But only a few acknowledge it. Edgar Allan Poe Knew all too well In his years cut short.

Mine seem to never end With a merciless mind. Blood is thicker than water But mine is filled with toxic waste.

Steel or Concrete By Toby Moore

What is this cold, wet, dry, or hot Running through the veins of the shell of a man.



Kenneth Zamarron

Is it cold or dry, Do I panic, scream, Laugh or do I cry,

Is it wet or hot, I clench my teeth, Pull out a razor, Should I open myself... or not...

NO emotion as I stare at a wall, Silence in the cell NO loved one to call,

I push the floor But it won't push back, Pull on the sink, Still no slack,

So, I KICK the door, Finally, a yell, "GET OFF THE DOOR", he says, 'DUDE GO-TO-HELL!!'

NO mail again NOBODY CARES TO WRITE Rain against the window Fog dresses the night,

Has this Heart turn cold, or hot, dry, or wet What is this in MY VEINS, STEEL OR CONCRETE

State Brutality

The Gasp of a Nation By Michael Wiese

I'm sorry this poem smells like teargas; burnt orange, breathless, and fiery.

Like eating all the yellow

M+Ms first; crushing the bright, sharp, and finite.

And we breathe many noxious fumes; a tickle choke, coughing, and obstructed.

A million people with phantom knees on necks; saying, gasping, and begging – "Momma, help me. I can't breathe."

Are they *all* like you?
Will their words make us question and think, maybe even hope from a darkling place? Not if three seconds later we turn the page and forget.

Three Little Words By I Cee Vagante

I can imagine but cannot know the brutal shock of a man shot bleeding and dying in a calm of compliance because his complexion was of a richer hue: how it feels to be an adolescent followed, chased. hunted and murdered because a fair-skinned man assumed an inherent threat where none exist: what, under unrelenting pressure, quick horror savagely beats your heart as your breath and life are so callously stolen from you; or the unanswered questions of the young bog playing, playing, looking up to be gunned down because some are prone to see 'BLACK' rather than to perceive the truth of a harmless child with brown

skin.

I can imagine, but still cannot know what it is to be watched and judged because the birthday suit his mother made and loves him in, is by some looked upon with the accusing stares of an unjust and ill reasoned malice, which I cannot imagine nor understand:

hate.

I cannot know because my skin is pale, but because I am human I can imagine another's beating heart holding a horrid hurt my heart will never know, though a heart-beating no different than mine; a heart missing a piece I well know, a piece of my heart I would gladly give if then all good hearts could no longer beat with

fear.

Of these three words (skin, hate, fear), some won't see which hurts, but does not harm.

I see. Do you?

Their Sin By James Guss

Riots in the streets, shots in the air dead and dying.
Color of skin making you wrong the blue lights turn on.
We can't breathe.
We're shot in the streets.
In our homes, no safety, no reprieve.
Liberty and justice for some based on skin tone.
Lights glare, smoke in the air.

Protect and serve – justice

We're tired of their sin.

failed, judged by wealth and skin.

We're tired of their sin.

Pop goes the gun, protected by the shield.

Democracy failed.

Millions in jail – democracy failed.

It's time to stand hand in hand to heal this land, take it back from their sin.

Become one nation – one people united we stand. Justice for all.

Free this land from bias and sin.

The Face of Emmett Till By Shawn Block

Face the face of Emmett Till 'til justice finds him whole.
Face the wounds that haunt us still, still restless in his soul.
The ballooned orbs where cheeks should be,
The bludgeoned smile that we can't see.
Look upon the gruesome marks

Peer into the casket, gasp at evil's wicked hand.
Peer into the past at unmasked inhumanity of man.
The mangled form that was a boy.

of Jim Crow's heavy toll.

The Equal Right's they can't destroy.

Look upon the face that caused the world to take a stand.

His mother bade us look, just look and let the whole world see.

She showed us what they took, they showed their insecurity. The stolen youth based on a lie, The face of truth that cannot die.

Look upon the face of one who's finally been set free.
Embrace him in his loneliness who died a martyr's death.
Embrace his endless liveliness for we are now his breath.
The struggle that has yet been won,
Michael Sloan the
victory we must give her son.
Look upon the face of all the work that we have left.

Tough On Crime By Fabian Garcia

Too many of us imprisoned for decades
Because of this system and all its flaws,
And our Judges handing out these harsh sentences
Recommended by the D.A.'s, with no questions and less pause.

It was the decisions of past politicians
To adopt this 'Tough On Crime' mentality,
With the solution to their problem
Removing the Black and Brown youth from society.

Educational opportunities, as well as other resources
These minority communities could really use,
But instead their kids end up getting snatched up and thrown away like a bunch of refuse.

A 10-Year Sentence Enhancement for being a gang member And another 10 for being in possession of a gun, These California laws just earned some kid 20
For standing on the street and not hurting anyone.
That's the effect of the 'Tough On Crime' cause,
It has destroyed our communities
By enforcing their bias laws.

Current Issues

Digital Dependency By Stephen Caple

I press the button, my soul powers on.

So smooth the transition, physical interaction is gone. Swiping through this life, world at a finger,

Love it hate it, no need to linger.

Reality is made inflexible, what should I show?

All insecurities lay hidden, they will never know.

This photo of me, it can't be right.

Photoshop to the rescue, wow, what a sight.

All of these friends, from everywhere on earth.

I check my likes to determine self-worth.

Can't be left out, look what is trending.

Proof that I know, Tweets I'll be sending.

Is that the time, where'd the day go?

Oh no, not now, my battery so low.

My life goes dark, no you can't die.

Everything is on there, I scream and cry.

A crowd gathers round,

disgusted at my display. Setting our phones down, we all walk away.

What's this around us, a world we lost?

The convenience is great, but worth the cost?

The Children's Hearts Cry Silently By Free Lazor

The children's hearts cry silently, but their suffering is written on their faces.
They hurt, they dream, they die violently, on our watch, out in the open-hidden places.
Victims of a world gone mad, victims of violence; but turn the page and suddenly it's gone, as they die quietly, as they suffer in silence.

These children live to die, never knowing what hit them-we call it "life"; they never gave it a name. They never saw the snake of fate that bit them, but they lay slumped in the saddle of its rattle, just the same. These children will succumb, in lonely anguish they will die, with their one burning question still unanswered --- why?

These children's hearts cry silently, never knowing why, they die, violently.

Turn the page, hurry, hurry, turn the page, turn the pages, And return my attention to the all-important coffee pot, And things of such earthshaking, earth-quaking magnitude --needs another pack

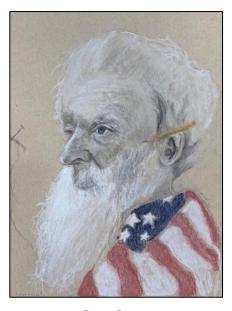
of sweetener, it's three degrees too hot. If I can't see their faces, they're put out of my mind --should I buy the flower-print laces, or the designer one-of-a-kind? Priorities, priorities, your rat in the race swallowed down another day, but, hey, another page turned, another thousand children spurned, who made it to their unmarked graves, thrown away...

As their hearts cried ever silently, never knowing why they died violently, it's still written on their faces, in those silent, dark places...

Turn the page.

An Epic Summer's Opus By Cory Lambing

Dwell upon a bleak July shattering's of yore. I pluck upon a half strong harp a lazy summer's score. The leaves are green



Jesse Osmun

the days are long laughter echoes in the wind teens sneak out when their parents sleep to engage in minor sins.

The votes have been counted the regions divided still my calloused fingers strum on. Let's face the truth it's all semblance – our allegiance is to Amazon!!

Gun control and Roe V. Wade better vaccinate your pets send all your money to other countries.

And cash in those government checks!

And still I sit, my harp cries out! My notes lost in the wind commercialized nostalgia – Another school year begins...

So we've made our reservations I pray they last the week fill out the forms and check the box don't forget the old receipts!

I place my harp into its case and break another string objurgation passes my chapped lips a throated laugh I sing!

The Danger of Complacency By Gary Farlow

Why are you silent, America? Why do you keep your counsel as millions of your countrymen languish?

Why are you content to spend your taxes to subsidize a failed system called prison?

Why, America, do you turn the blind eye to the plight of so many?

Why are you content to keep company with the likes of Hitler, Stalin, Amin, Papa doc? Why do you refuse to speak out?

Is it due to the fact that such injustice hasn't come to your door – yet?

Is it because of your own feelings of moral superiority to the likes less affluent?
Is it owed to your feelings of righteous indignation toward crime rates – but aren't those rates dropping?

Take care America for as Bonhoeffer wrote, your failure to speak out could result in your own injustice – and there won't be anyone left to speak out.

Shadows and Memories

Shadows By Aaron Estes

Sometimes, it seems the shadow has more substance than the one from whom it's cast, misshapen as it is

Tall shadows of morning promise a future turning with every movement undeterred by the real

Evening shadows grow dim and slant to the unknown the look of things make way to visual fallacy

Memory's shadows are replete with textures,

aromas and sounds bright, dark, and shades of grays

As night encroaches upon the quiet discerning faces and forms begin to slip away from our embrace

Within that last darkness there must be light to chase away shadows or we might be known, then, by the shadows we've cast

My Shadow By Edward Williams Jr.

I saw my shadow today. It actually looks a lot like it did When I was a kid. Only difference, now I'm broken

And my anger's all unspoken I just bottle it inside Does no good to show, so hide And the shadow of the child Which before was amped and wild

Is too frail for such routines Copying what he saw on screens

Now this child is quite weak And his future is too bleak And his cuts, still fresh and warm,

You cannot see in shadow's form

All you see is just the kid But not the pain which he has hid

Within the shady, murky deep of his dark soul where shadows creep.

Poor shadow.

At least there's a ghost of a chance

Somebody will help the kid

But who will help the shadow? Who will help the broken shadow?

Alcohol Tears By James Guss

Inside you're cold and lonely, another drink will hide your pain.

But I see through your window and recognize your shame.

You fall and stumble, picking up another bottle to feel whole. Inside a storm is raging, tearing at your soul.

Memories like lightning flash across your mind.

You see me through your window begging to come inside.

You turn away in shame and regret.

You can't stand who they made you to be – stuck in the past of painful memories. Broken dreams of a little girl all grown up now.

You can't see tomorrow, your yesterday's tie you down. Inside you're cold and lonely as you're laid out on the floor. I see inside your window of who you really are.

A full-grown princess – who you were made to be, but you can't see through the haze of alcohol memories.

You promise tomorrow will be better – you'll stop for sure, but days turn into weeks and weeks into years.

Now everyone has left you all but your alcohol tears.

Masquerade By Richard LaRue Barlow

She falls asleep, not counting sheep far from childhood's gasp or reach, but in her mind returns a time when pain was all she knew

Her dreams, they dance, by happenstance Through truth and lies, there's still a chance for all her dreams to wake with her and her soul to be renewed

Hope alive, she opens her eyes with lascivious thoughts from lonely times and all at once her soul returns from the dreams which held her truth

Tears fade 'neath makeup's masquerade as her feet touch down to greet the day and all that's left to hide her death is a smile upon her face...

Return to Sender By Burl N. Corbett

Reading before a winter's fire her upstairs husband safely abed, does my old lover ever lay down her novel, smile into the conjuring flames, and think of me as I think of her?

Does the old woman she is now recall the golden girl she was then, remember the suntanned boy who loved so much his summer lass, and she him in return? In time, young lovers become ex-lovers content to disavow their memories, whitewash their pasts, drink their cups of remorse, and go on to marry others.

But then a shimmer of fireflies on a still summer night, a whippoorwill's lonely cry, a whisper of rain upon a tin roof fetches them back to...what?

A stinging reminder of life's fickle transience? With a sigh, my former love gets up to place another log on the fire, picks up her book, and returns to the sender my toopainful-to-reopen memory.

The end.

Lielight / Streetlies By Edward Williams Jr.

I used to love the streetlights
Or rather any light upon a pole
But now these accursed objects
Bring misery to my soul
They shine into my window
My ghastly night light
Bringing reminders to me
nightly
That I am not alright.

That I am not alright.

I remember being a kid

Looking out of the vertical



Edward Rodriguez

blinds,

Never knowing then the depth Of how far life winds I used to stare at those orbs. my eyes filled with yellow light Their constant glow forever parting

To the promises of the night At nighttime, the people leave Scarcely cars upon the road Sometimes a breeze offering me A cool and pleasant ode. Nobody hit me in the night Nobody every called me names Nobody ever made me angry Nobody shunned me from their games

The night was deep, so very

So deep it swallowed up the day It banished all my wretched "friends"

Made all the evil go away The night was nice without the

No sun to overload my eyes I had a hundred tiny suns That spread sparse light into the skies

Is it over? Is it over? Is the wretched day at an end? Can the streetlight finally come to me

And be my closest friend? One day, when I was little, Poor as dirt beneath my feet My only dinner was some bread 6 pieces for me to eat. "We'll get food tomorrow,"

Mama said,

And it made her kind of sad, So I pretended it was cool So that she wouldn't feel so bad She didn't know I had a better meal

Though it wasn't solid food I fed on tasty streetlight glow Onto which my eyes were glued "It'll get better,"

it whispered to me.

"Life won't always be this hard. You could be a Super Saiyan, Win glory with a Poke' card. Let me help you read your Potter.

Let me faintly light your room, For you are a growing baby, Your room a temporary womb. You will break free! You shall break free!

Forget the hunger! Listen to me!

For soon there shall be gladness everywhere,

As far as you can see! Tomorrow will be better! Trust!

If it's not, wait one day more! For soon, I PROMISE YOU, for soon.

Love will come knocking at your door!

Yes, your destiny shall come to you;

You belly shan't be bare! Won't you wait? You HAVE to wait!

For you shall climb the final stair!

Until then, let your mind run

Let fantasy wipe away the pain! And let it hold you till the happy days

Are reigning once again!"

He swore to me and I believed him

Every lamp confirmed his oath And so I gave my hands to fantasy,

Beloved fiction took them both. But I was deceived. He was wrong.

Though I gave my mind to play, Nary a single lie he said to me Did see the light of day. I did not find my destiny.

I did not find my food. They did not cross the horizon

Onto which my eyes were glued.

I did not find my purpose and I did not find my love.

It did not grow up from the ground

Or fall from up above.

I did not find them in a house. I did not find them in a train. I did not find them on a sunny day

Or find them in the rain. Not on a bus. Not on a train. Not in a lake. Not on a dam. I did not find green eggs and ham.

I did not find them, Sam I Am. A curse upon you, lying streetlight!

A curse upon your family too! Adorning every major highway, Making them a liar too! Curse you, lamps outside my

For you remind me of those lies!

window.

For life will never let a human win.

No matter how hard he tries! Curse you, lamps outside my window!

Take back your fibs and your suspense!

You ONLY purpose is to make sure

Guards can see us climb the fence!

So tell me no more wretched stories!

Sing me no more stupid songs! Tell me no more tales of days to come!

Where I fit in, belong! You lying lights! You horrid I hate you more than you can

see!

So may you fizzle dim forever, HERE ARE MY WORDS, SO LET IT BE!

Hours later, here I sit,

Staring at the window, sad. Wishing I could reach those hateful bulbs And hurt them real bad. 'Stead I sit here on my ragged Immersed in caustic gloom Wishing I could tell that boy to cast Those lies back out his room. On we go, and I realize What a folly was my night For who would ever listen to a promise Given by a light? It's just a light. Just a lamp. It was ME that told the lies Lying 'bout a thousand promises Of golden, honeyed skies. And so the light was just a light, Somewhat beautiful to me And I used it to give a hurting Some lonely company. Even so, even so Not again shall I then scoff; Even so, though they're just lights How I wish they'd just turn off.

Faces. Places

Frontier Farm Auction By James Allen Gregg

Tractors and guitars and old metal trucks Antlers on a beam And an old Singer sewing machine Rusty wire, held up by a nail Sections and sickles In an old milk pail
Baking tins, a flour box
A dozen jars (well one is lost)
Bent tools, broken parts
An Edison type fuse
Fancy plates and silverware
Things not often used

Secondhand clothes
And a wild barn cat
In an old iron pile
Lays a broke pump jack
Cupboards so worn
They're fat at the hinge
A gate so tight
You'll never get in
Water that's hard (they own nothing soft)
They live alone
Far away
Call before you leave
You might get lost.

Dystopia By Carnell Wingfield Jr

I grew up in the trenches, Palms be sweaty, Heartbeat quickens.

Trigger fingers itching Weapons bitching.

Guns deafen eardrums That's why kids don't listen.

Hair pieces and clips come with extensions,
Bullets poke holes in tension.

Streets hotter than a kitchen Bodies smell like chicken, Wounds be hissing.

Men are kidnapped, Bodies found fishing, T-shirts post the missing, Alcohol abuse for the honorable mentions,

Murder is business.

We fight hard, Until our hearts stop kicking.

Welcome to my world, Another day in the life, Live fast, Can't do it twice.

Gateway Crime By Tony Tieger

Many years ago when I was younger,
Mother gave me a treat to silence my hunger.
My mind was blown by this newfound flavor,
Not a cent did it cost, only the hug that I gave her.
I set up shop in the middle of the kitchen, to find this treat that had me 'itchin'.



Jesse Osmun

Just above the counter, higher than the shelf.

lies an openly hidden treasure, all for myself.

It's called a cookie, sentenced to a jar.

The perfect caper, commute not far.

No alarm, guard dogs or grownups did I see,

It was way too easy, not even a key.

Then out sprang Mother thwarting my climb,

Face contorted, screaming gateway crime.

I dropped to the floor, fled down the hall,

But Mother had moves, had to take the fall.

Court was held right on the scene,

Think I wet myself, never seen her this mean.

I caught 10 to 15 for my first time out.

The longest minutes ever without a doubt.

Made early parole 'cause Mother's on the take.

It only cost a hug, but wait...

Do I smell cake?

Do I sinell cake?

My Young Life By James Gondek

Too young to know what's right 12 years old, an undeveloped mind

You could say too young to live life

but Fate seemed to say it was time,

I gained new brothers and they taught me the ropes, taught me how to survive the jungle

showed me everything, except sell dope

hands on, I learned to break cars down,

along with rumbling in the streets

blindly I was manipulated, I just wanted to fit in.

A little while down.

I took a case for my bro

The wheel of a stolen car I took ahold

I let them out and hit the gas On a chase I thought I'd last

A couple blocks, I jumped out fast.

but cornered in I was attacked They punched and kicked lifted me up and talked their shit Took me to jail, on the way they asked me my age,

I said 14, and I saw their eyes, grew opened real wide

they both yelled and said I lied, I swore I was 14 with a bloody face.

with a glance to one another their tones changed.

Reached over with a shirt and water

And said clean my face they said it was for my mugshot

So I did what I was told Then juvi was it

This was the first step

For 3 months I remained

No family showed

So foster care was the next In a shelter for months I stayed

there

No family had a home to share So some stranger came, invited me there

I accepted, but in the end I shouldn't

The home was worse than the shelter

No bed, it was only the box spring

Only fed once, that was only dinner

Left after school in the cold For hours waiting, so I made a choice

I walked to my sis's house, this stayed the same

After a week I was sick of it I left back to the jungle Back to homelessness,

Breaking in abandoned houses to sleep

Just to escape the cold nights
For a few months life was hard
Stuck in a life not meant for
none

Until I got caught walking to my safehouse

A black car turnt the corner I looked up, as they were getting out

Their tires squealed and I turned to run

But a 10-foot wooden fence stretched the yard

I was in the middle stuck to jump the wall

They grabbed me and smiled, saying we finally got you I said I'm the wrong one, and gave a fake name,

But my tattoo was a match to my name

So now I was taken away, but it was crazy

I was relieved to leave that hardship behind

Back to juvi but this time for a long stay

Sent to high security, I was

there for a year

Now it was different, I had someone near

My sis helped, reached out to live with her

But too late, I was brainwashed from what I learned

It was just a matter of time Before I went back to my

horrible life.

Untitled **By James Gondek**

It's been a while since I wrote some lines It feels like an eternity of time I hide it well so I'm always lying If I'm asked, I'm ok, but I'm really dying Burdened with a past I'm left

attached To trauma and pain, forever it

I pray for release but I only hear laughs

I'm left as a joke, I'm mocked and attacked

In need of help, but I'm too ashamed

Words too powerful, I only feel the flame

From the fires of hell But honestly who is to blame? A schizophrenic mother Who herself needed help Or my father, who never had a father

Who raised his kids With an addiction until it grew And with it, he himself consumed.

Do I look at my siblings? But they had their own battles Is it my fault being left alone Fighting through hunger pains Cold, stuck in the freezing rain Is it my fault for turning to the streets

For finding idols and brothers, To seek shelter through the storms

Learning handshakes and signs Loyalty to a false love Is the blame on me, my family, or the streets? Maybe it's all three...

Herald Lineage By Carnell Wingfield

I am an Urban Warrior, An earthly soldier. I hold a gun to my head, the other at my enemies, I kill myself with every squeeze, To allow them to live, Causes a dis-ease. I am a Gangster, I will take if you don't give, When war time. death is positive. I am who I can be, Home is where my heart is, My love is where I can't leave. Within my failure. I am great, Within the World's hatred, Is my faith. I was given this World, I accept what comes with it, Opportunities, I must take it, Death is the main outcome, I didn't make it.

Satisfied Man By Claude "Kelley" Kirk

Well there's people goin' 'round with the saddest look on their face

'cause they're worried 'bout these times we're livin' in They got stacks of bills and pressure pills But the stress it just builds and

builds

And, pretty soon their whole world is torn apart

But everyone must understand, how to be a satisfied man

You know I walk down the street with the slyest smile on my face

People say, "Man that dude's sure got it made" I got guitars and cars and my home is a bar And I'm eatin' up the night life like it comes in a jar So, come along baby we'll have the times of our lives

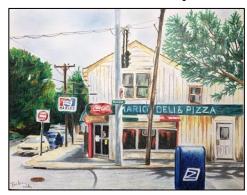
'cause you people just misunderstand, that I am a satisfied man

Now people don'chu worry ev'rything is gonna be alright Dry your tears and hold your heads up to the sky Realize ev'rything life has got to offer And light the fire before the flame can die

Then you people will all understand, how I am a satisfied man

My Side of the Tracks By Bobby Thompson

On my side of the track, we don't own cars like that: Lamborghinis, Ferraris, Maybechs with the tops back What we have are old school Deltas and Cutlasses with the windows cracked, a couple of



Gary Farlow

pick-ups and Ford Tauruses and the occasional Cadillac But still, we ride...

On my side of the track, we don't have spacious lawns. Our houses are meshed up with convenience stores, churches, liquor stores, and bus barns. And around our houses, you'll find no picket fence. You'll find a Pit Bull hooked to

a tree looking real, real tense. But still, we reside...

On my side of the track, we don't have pickpocketing thieves. We have kick doors and jack boys that'll shoot you in your knees. They will lay you down, run your pockets as you bleed, and shoot you again if you have the nerves to plead.

But still, we survive...

On my side of the track, we don't know the meaning of poor, because we've never had an up close look at rich before. We use words like furniture and odds and ins, not the word décor. There's no wall to wall carpeting; what we have are throw rugs on the floor.

But still, we thrive...

On my side of the track, we're not over here looking at you. We're ten toes in our own struggles and making it do what it do. We have working folk, church goers, hustlers and killers too. The real representers of, thine self be true.

And still, we stand with pride.

Welcome to By Sandy Blazinski

Welcome to my world Where dragons breathe fire And fairies fly thru the air Time stands still, spinning round and round Where wizards cast spells And witches stir potions Night turns to day, day turns to night Welcome to my world. To the place where magic can happen And dreams come true in the blink of an eye But you must beware It's not all fun and games you Sometimes the nightmares are also set free Welcome to the world I like to call mine Welcome to Sandyland Stop by anytime

The Small Pictures By James R. Jacoby

Our leaders look only at the "Big Picture". How do my pictures get attention?

They lead us down a road without destination. What matters to me and my life gets no mention.

All our individual lives are the small pictures, providing all the goods and profits that color them.

What are the values of the artful pictures that are not big enough to survive their whim. Ours are not the vivid, colorful pictures worth the investment of those on high that cut the fat from our thigh.

With innocent, unbiased eyes, I see your picture. It's a masterpiece, no matter its size

Outer Space

90 Million By Taj Alexander Mahon-Haft

Ninety million miles plus straight on till dawn unbent by even gravity super is the sun and every yellow ray she throws but dance do they still in the breeze of your blue whisper where the ocean caresses our shores.

You don't need muscles to

move me in fact, force just sets my feet but strength like yours and I'll shimmer.

Ninety million miles plus and still scorching blinding at just a glance sublimating dreams and ice alike but swallowed whole and sipped cool in just two hundred feet of your deep blue flow where the light kisses the current and life clearly begins. You don't need heat to move me in fact concrete sweat box just taught me patience

but passion like yours and I'll gladly burn...
...always

"Heartprints in this Man" By Christopher Petteway

Surrounded by eternity: the moon was in command - As darkness held its vibrance - And crisp wind, gently, overran.

The air was soft and cozy -Accompanied by the warmth. Filled with the scent of "hold me" -

As the ocean waves were formed

Gazing out beyond the sea Life seemed so innocent As I stood there: a tiny pea In a world of heaven scent.

I could "feel" the love beside me...

Arms of silk and their embrace Inwardly, I traveled -As my mind increased its pace

Wonder filled my being As i delve into those eyes There, I too, could see the moon

The vibrant starlit skies

Her hair gave sight To things unseen Shapes to air that whispered
clean And as her presence took me in

Her touch caressed my chocolate skin.

Walking along the seashore -I found a sacred place Inwardly, I traveled -As my mind decreased it's pace And as we traipsed cross nature's rug The sand embraced each toe... Gently, calmly, patiently The moon's reflective glow.

Though unlike "footprints in the sand" -

When the lord carries his son... She and I walked side by side -Although we, "two", were one.

Comet Duality By Taj Alexander Mahon-Haft

A comet's brightness inspires lovers on a single pass 250 million miles up every three generations but burns with cold if ridden tightly

wan and wanting long in longing moved while moving a gypsy communitarian trapped in a dungeon still picks wild strawberries and digs spring onions when mowing abandoned under captors' gun shadows just to prove the promise of possibility to his fingers and his long-distance love who shows serendipity and synchronicity how to surprise

Obsidian By Peter Kaha

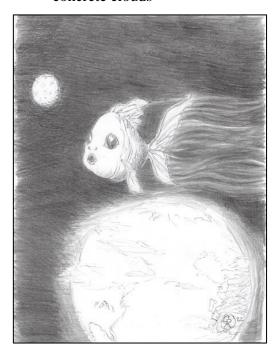
Important
are all
Dark things
A vehemence mentioned
delirium &

ugly contentment.
Pressed close
are the unwanted,
apprentice of
the carefully
haunted.
Alarmed by nothing
on a distant plane
of the empty
obsidian portals
clear ones
mind.

Unknown By David Wade

I've seen the world in a new light as dawn breaks into a thousand shards.

I've felt a pressure so dense, obscured by concrete clouds



Omar Recalde

impaled by fear.

I've heard your voice scream for me, shapeshifting through eternal fires dividing the darkness within.

My will is key to my survival. I'll conquer with you by my side.

I've seen,
I've felt,
I've heard,
I've conquered.

Game over I win!

Identities

Plagiarism By Tim Katz

I exist in a world that is meant only for the living-A ghost, drifting
In and out of memories of those left behind
Hiding behind the mirror —
Floating inside the void
Desperately trying to wake up and be whole

I've plagiarized a life Out of the lives of many others

Cutting and pasting all of my dreams with every lie Editing reality around me so I can make it fit And make something out of the nothing I call my own

Who I am
Is who you often mistake me to be

Untitled By Anthony Vick

Once saw a man with No shoes on his feet No home to live in Or food to eat. Could I help him? Do I have the means? These I do. Along with selfish tendencies. Am I an asshole? So it would seem. How close are my feet To this same concrete? I work hard. Maybe he does too, If that was me What would I do? Jesus would wash his feet Break some bread Shoe the man And talk with Pete I'm not Jesus But that's ok I'll be forgiven Anyway. I will show this man love Because I need just that Remember I'm selfish? I stated this fact. Everything is about me Has to be. What I need to see Is right in front of me. I'm that same man Different history.

My Demons By Abdullah Hakim

Shattered innocence at the hands of family, the brutal demons of the night. Left me behind

abandoned and bleeding, entirely defeated by broken promises too young to know how to fight. Pleading to the mysterious one for protection with all my might, lost in lies of darkness there is no light.

Many years wasted in pain living damaged and broken surrounded by sins of silence. My heart's suffering, spirit shattered deep within these walls.

Darkness awakens cultivating the shadows of defiance. The polarization in personality destroys self-reliance. The monster in the mirror leaves me bound to violence.

Faithless, a façade of faces. A masquerading mirage of shallow impressions. Secrets regrettably practiced to perfection.
Losing myself becomes my newest obsessions.
A practice and pretense of devious deceptions disregards any notion of direction and discretion...

Untitled By Anthony Vick

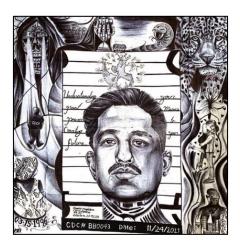
Some people are so lonely they create enemies just to have someone.

So thirsty for happiness they keep drinking shots of sadness. Who is my enemy?

The man in the looking glass staring back at me.

What has pain taught me?

To keep the truth inside



Eduardo Magdaleno

and show the lies, Are they lies anymore, that everyone believes them? Death knocks on everyone's door,

when will he show up at mine? Hope he brings a six-pack of peace

NESABy Spencer Butler

So here I sit in limbo at a prison known as Wynn A neon electric space alien

A neon electric space alten Labels are given and called by the state

They say transgender, gay, or straight

Maybe I'm not either. Ask and I'll yell.

I am myself and I know myself well.

Somedays I'm Superman and somedays I'm not Somedays I'm Wonderwoman, and yeah, I know I'm hot But somedays I'm neither or all of the same

Some days I'm a rainbow and

Nesa is by name

Neon

Electric

Space

Alien

Words on Words

Poem Sonnet By Richard Smith

A poem is symbolic, showing care.

expressing inspiration, love, and you.

Iambic meter is the best for flare.

It is euphonic and cathartic too. A rhyme and rhythm's an aesthetic need.

An allegory or a metaphor, a little symbolism plants a seed for polysemic similes galore. Your heart's the author, you are just the pen to write the words it feels and

makes it long

for life, for love, and all that's ever been,

to let another heart beat to your song

and we are better with our hearts adorned by poems honored and by poems mourned.

Lifelines By George Hesse

Prisoner Express became an outlet lifeline as my mind gets too focused on overdrive.

A shoutout to camp Prisoney Land for showing me another timeline perception.

Family ties, my brother in a halfway house, thank God he still alive.

My other

brother turned sober a few years ago. We let him take the lead cause we were blinded.

Phone calls and letters woke me up from alone in solitary.

I got a job in PI,

I really think I can do this,

Writing, compiling, editing, hundreds of fat pages of flows and whatever,

Or free style writing, exercise is a balance necessity for me. Reading feeds my mind; I make it positive so all the scenes repeating won't be violence. What grinds my gears is negative people up in my business like I'm supposed to act like them.

No more detoxing, I made some friends I can call friends.

My flow more constructive connecting with others at dead ends.

Show them the light, its Heaven sent.

I'm turning this addiction ghost ship around, are you with me???

Bleed By Steven Beauchamp

Drag the blade slowly across the barren sheet Fragments of all that was forbade, coldly bleed

Rivulets of vermillion stains fade and seethe Marionnettes dance inside tirades of syllables undressing me

Submissive tears and oppressive fears paint my colloquial tapestry

Repressive years and repulsive jeers reacquaint through my soliloquy

Expansive scars and an expressive heart inundate my musings of poetry Excessive pain and intrusive shame accentuate my duality

Stanzas staunch with intricacies and shadows of the real me Verses wrought with intimacy and inuendoes seek to set me free

Words fraught with complexity disclose my soul's quarantine Emotional onslaughts and raging insensitivity repose my inner insanity

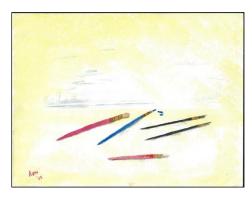
Through pen to paper my blood the ink that castigates my misery

Dripping...oozing...chaotically spewing to lacerate my drudgery

Beyond the pain harbingers of healing await my destiny Like a soothing summer's rain, my quatrains forever cleanse me.

Paper Warper By Edward Williams Jr.

I have the power to warp a page Into a paper filled with rage, Sorrow, hate, and much duress First a blank page I caress One without a speck or spot Then express my pain a log, Yes, I just complain a lot But each line contains a lot (of) Steam in my dead train of thought I like it when it rains a lot



Arnie Zepeda

Cause then I can refrain from thought

And watch the water pout. To add to this, I have nothing more

Transformations

Change By True \$tone (Devonta Ward)

In the world I went on a rampage And now I wake up to cold pancakes I can't believe that I'm imprisoned Hoping for a letter or a picture They want me to work for no And now I really feel like a slave I went five years without hearing from my mother I can't even remember the last time I got to hug her I thought I was hustling for what I needed But all I really needed was Jesus You can say money was the But there's nothing worth more

than your freedom
I remember waiting in a holding tank
Propering to sign my life every

Preparing to sign my life away I was only 18 years old That was ten years ago I didn't need prison I needed wisdom From someone that cared about

From someone that cared about children

I want the youth to know my pain

And let them know it's never too late to...change

Prayer Call By Lance Fleming

There is no logical escape plan Surrounded yet alone in concrete land In the depths of the deepest dark Your spirit speaks to mine This was the plan Since before the beginning of Never would I imagine where my steps would lead Rain or shine You're all I ever need Not who I was And never will I again A child of God Born in the Texas State Pen Letting go of the past, including all associations My voice carries "Prayer Call" among every nation Witnessing daily His word piercing the soul and spirit All not present, yet quiet In anticipation to hear it A burning flame the lion is unable to steal We pray for the hearts That only you can heal

Prison: Will It Become My Womb or Tomb? By Jeffrey A. White

Dwelling within the exiles of steel and concrete,
Physically bound I struggle mentally with selfish defeat.
Many of us so young, life seemingly over too soon,
Prison, will it become my womb or tomb?

Loved ones fervently stand by our side, They too, intertwined with the struggles of doing time. Especially the three million kids that go to bed each night, who have a mother or father in prison unable to hold them tight.

Dwelling within the exiles of steel and concrete, Physically bound, spiritually within I must retreat, asking for forgiveness, forgiveness of self, a heart renewed Prison, will it become my womb or tomb?

How do we become so powerless over our chosen addiction?
Squandering away life's blessings turned into a state of chaotic perdition.
I must accept responsibility for my ineptness as a man.
How is it my son, unconditionally loves and forgives me, I do not understand.

Dwelling within the exiles of steel and concrete, Physically bound, emotionally there are many truths I must meet.

"Who am I?" along this journey with due diligence I must exhume.

Prison, will it become my womb or tomb?

I am still a son, husband, and father.

Therefore, daily I must strive to educate and rehabilitate self to go farther.

From entering prison, a young illiterate, to now pursuing college degrees,

Reducing recidivism, paying it forward with integrity and honest means.

Prison – For many has become a tomb; For me it has become my womb!

Prayer To My Foes By Carnell Wingfield

I hope you forgive yourself for my pain, You thought what you were doing was just, Now you see you hurt me in vain.

I was the underdog with his tail tucked and was shell shocked.

The quiet voice who was overpowered in a cell block.

Now I am the bread winner with a loud bark and a big heart,

What you did to me was pointless,

You call it your job, the right way of living,

I hope it feels that way now, Now that the way is light, I got the heart to fight we bring our way to start.

I forgave you twice.

I forgave you back then.

I forgive you today.

You had the power to quiet my voice,

This time you cannot stop what I say. I forgive you,

I hope you can forgive yourself for my pain.

Not Broken Anymore By Shaun Blake

I know how to let you leave How am I supposed to let you go? Now you stand in front of me And all the rain is turning into snow

Can you tell me that you're real. So I can really know
That everything I feel I can finally show.
Standing next to me oh the person I can be
Is finally here and he won't back down at all.

But I can't stop thinking How you just keep making Sense of all that was broken before.

And I won't keep faking Cause I'm done with taking, Cause with you I'm not broken anymore.

I've seen the empty deep.
I've damned up the water flow.
You're the touchstone, my
complete,
You're the ship that kept me
afloat.

Can you tell me that you're real So I can really know That everything I feel I can finally show Standing next to me oh the person I can be Is finally here and he won't back down at all.

And I won't keep faking Cause I'm done with all the taking Cause with you I'm not broken anymore

And I can't stop thinking How you just keep making Sense of all that was broken before Yeah, and I won't keep faking Cause I'm done with taking Cause with you I'm not broken anymore

I'm not broken anymore

Game Of Life By Danny Camacho

Bully tack tricks, careless words,

Angry people, things not heard. Tricky people, crazy eyes, Stylish women, homegrown lies.

Paranoia, scandalous friends, Abusive family on the mend. Bad boy player, fresh tattoo's, The game of life I will not lose. Pretty mommies, money chase, Selfish children, losing face. Voodoo magic, lighting storms, Pretty woman to keep me warm. Helpful people, special times, Gifted writers, writing rhymes. It doesn't matter, wrong or right,

These are things, a part of life.

Untitled By Colin J. Broughton

I see an enterprise before my eyes
Every time I look in the mirror,
Every time I stand for count
Statistics rise, and so will the dollar sign
Locked away for a lifetime
For selfish wats
Steel doors suffocate a dying nation.

Yet they stand for liberty, Right hand over heart Dads are decaying Sons are put on layaway Pops is still seeking But he didn't get any mail today I'm a black man and my cellie is white

But stored away we turn green Housed by an aging democracy Until souls wither away I continue to dream beyond the blocks

Watch as my hope seeps through brick and mortar Conceits to my surroundings That strengthen my faith I know this spirit dwells inside my being

Styrofoam trays, no shower in days

Yet mercy is born to me each day

My internal trumpet and marching legs

Wound these ancient walls See my peace as they come tumbling down

My battle cry seethes upon the raging wind

When I am weak, he is strong When I fall he lifts me into his arms

Upon the sand appears one pair of footprints
He is my rock
My everything

Evaporate

By Amanda Hancock

Patterns evaporating into the dusk A breeze carries new meaning No longer basking in reckless behavior Commitment to unstable ground Change is a choice made with yourself We need a way to tap in to the brilliant might inside

I can see the potential strike

Spark of Motivation By Marino K. Leyba

I don't know what to do or where to start?
So I will give you everything, I will pour out my heart!
I will make something from nothing, I will give you my art!
Imagine me alone in the park.
Imagine me alone in the dark.
I can't give up, so I will become your motivation, I will be your spark!

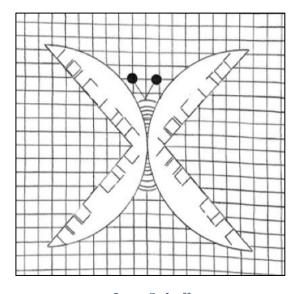
That ray of light, that day from night!

You have to play every card you are given.

Make the most out of what you have or else you are not really living.

Never say never and never play the unforgiven.

We are not quite out of the woods yet.
But we will be!



Leroy Sodorff

It's never over as long as we can still see.

It's never over as long as we can still breathe!

Grief, Guilt, and Grudges By Gary Farlow

Grief will consume you
Trying to capture that which
was lost
Leaving you spinning in sorrow
In a fruitless pursuit of what
was

Guilt can weigh heavy on you Like the sultry humidity of a southern summer A blanket of turmoil and selfhate Carrying the luggage of pain

through the airport of life

Grudges absorb your creativity In what is the most worthless of all causes Trauma, perceived or real, becomes a noose Strangling all positive energy

Cast off these consumers of life Rise from the rubble of the past With the will of a phoenix Lifting from the ashes

Rise with the possibility pf newfound wings A reality more than the debris For suffering never knocks Seeking permission to enter

So, view life like the back of a tapestry
All the knots and tangles, your adversities
That once turned over become the beautiful
Priceless work of art that is...you

The Truths We Hold By Steven Beauchamp

The truths we hold about love and hate Broken hearts and fragile emotions endlessly debate Retractable lies weaponized to insidiously ingratiate Detestable lives deprived of the intimacy that encapsulates Slanderous words and scandalous urges intentionally defecate

From the mouths of cantankerous husbands and wives who claim to love unconditionally while radiating radical hate.

The truths we hold about the gift of life and agony of death, twist and contort underneath the whispers of the deft, that tears of joy and tears of pain coincide with such heft, in the wake of a newborn baby or a dying man's last breath.

We laud such lavish new beginnings and appall the grief of all that's bereft,
Raw and anguishing – the unexpected losses we endure with contempt,
Flawless and ravishing – the

Flawless and ravishing – the beauty of life so esoteric and unkempt.

The truths we hold about allconsuming pride and unrestrained prejudice.

The irony of building ourselves up to tear others down feels so selfish.

Hypocrites and holier-thanthous emaciate the ethically defenseless.

The scars we inflict irrepressibly afflict the weak and oppressed.

What right do we have to allow our conceitedness to incite greater distress.

O' the audaciousness of the gilded to ignore their self-induced messes.

While hiding behind cowardice instead of mustering the courage to confess.

The truths we hold about rhetorical and theological good and evil.

Coldly projecting our assumptions onto a plethora of innocent people.

We aspire to live like the devil while playing house beneath the steeple.

Our own imperfections the mirror never reflects as wrong or feeble.

Our compunction to believe our sins are feasible seems inconceivable.

Within the bereaved shadow of our existence our originality seems irretrievable.

Lest we earnestly pray that our souls haven't become calloused and irredeemable.

The truths we hold inevitably define us for better or for worse. Harboring the perception of timely blessings or scornful curses.

Choices we make in life carry consequences we can never rehearse.

Catastrophic circumstances and deep regret so easily dispersed. For jubilation to commence, the roots of evil must be unearthed. Authentic heartfelt change in one's self cannot be coerced. For our deepest truths to be true, they must be spiritually immersed.

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You Ask By Tim Strichland

You ask me if I am a believer, A seeker of truth, A person of faith, A disciple of the story.

But what you really Want to know...
Do I think like you,
See the world like you,
Dream like you,
Believe like you,
Speak the same truths
As you?

Maybe I do, Maybe I don't

Could we agree
For a minute
We are awaiting
A better day
A day of peace
A moment of rest
To be friends
With our enemies
To embrace each
Other in love.

2 You By Ramont Adams

Pray for all the haters even while they're out there hating, I pray for all the perpetrators while they're out there faking, I hope Black Lives Matter so don't lose your concentration for problem solving does matter like race relations

Innocent blood being shed leaving families hearts shaking, because of race, color or creed your life may be forsaken Better days are coming breathe easy just have patience
But the way black souls are being raised, Human nature is so impatient
It's a cruel cruel world, it's a thousand miles per hour pacing, If you don't stay strong mentally it can drive you stir crazy.

Just keep from pushing daisies and learn from your mistakes, distinguish illusion from reality or your bubble will deflate. Life speaks in different jargons where lies and truth debate, Being just is what really matters find guidance and never lose your way. I've experienced trials and tribulations to waste energy all on hate, I can even find peace in just watching children play. Most people can't be trusted so I rather go through life pro se, But there maybe more than most people who need me, so I interact anyway.

Giving love also shows you care, some people will still hate, so be aware;
Too much of a blackened heart to see things clear, and when you try to guide them, it's the same result as if they cover their ears.
If you don't love yourself how can you love your peers,
No thoughts to stay strong and to conquer all of your fears,
No thoughts to help others so selfish.

Like you won't be in need: your vulnerability is near,
So just cast all that hate aside and try something new

Because what the world is missing is a better version of you!

Freedom Path By Chad Miller

While we sit and take these punches,
Walking nowhere, through life with these hunches.
Rivers of lies wash us about,
Our many cries diligently drowned out.
Pages read without meaning lulling me to sleep,
I wake, seeking, consuming, knowledge taking leap,
Discovering paths in the darkness cut by determined men,
Few learn, build and grow our

Few learn, build and grow our minds to overtake them.

Bondage in chains take keys of tin and brass to free me,

So I forge my mind and heart to lose the link of slavery.

The Callings By Shaun Jones

The artist who succumbs

To the reality of being haunted
by the echoing plurality of
artistic expressions

Must approach the different
forms as one would with most
imminent of undertakings

As one submits to the love
within the unadorned void of
endeavors excavations see them
as separate pools

No matter if so closely related
that they part by the thinnest of
hues.

Go unto each! Selfishly!!! But with the prudence of a timekeeper, so to acclimate gradually to the medium's felicitations agencies of divine reciprocation.

Yea, merging within transitions of stifling indecision!
Crimping, blending, removing and bending until struggles level and fade...

To cascade into arcs of gentle backstrokes streamings as of diamonds' splatter, synchronized as if in a dance of swans gliding ceremoniously, laden for land and the ripples that flow

Shimmer your artistry, Like unto nothing the world has seen A creation...born of us all... Amidst the schemes we dream.

JudgmentBy Richard Smith

There are worse things to do than break the law Where the wicked run free to castigate And the good are imprisoned by their hate As actions do reveal a truth that's raw And words have power to destroy our awe, Dishonor love, and seal another's fate To blood and virtue men can congregate As prejudism and hate has oversaw An evil that lurks in the hearts of all Our love and hate can mask that which is real However we decide to take the fall

To follow whims as we neglect to feel

A soul is worth it, you make the call

Life's on the docket, you are on appeal

Untitled By Todd Broxmeyer

To see the sun rise and then set is such a common occurrence everyone seems to forget what a day really represents The days that come The days that go Events that cannot be redone

Everyone seems to forget what a day really represents the love we look past the smile we never give the touch we continue to take for granted Everyone seems to forget what a day really represents at some point the time will come when the present meets the end Everyone then seeing

Hope By David Morales Zenquis

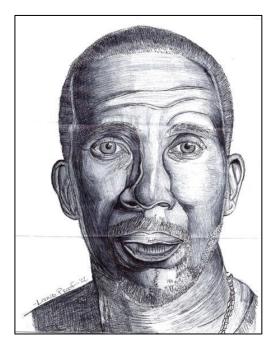
what a day really represents

As I walk through the beach,
The calm winds and sea
Resonate with the solemn
drought Alas, I lost my chain of
thought
As I stumble
Into strands
Of water-entwined sand
And my sandcastles crumble.
As I watch the ocean dissolve
Those traces of my resolve,

I think I've lost it all.
But the sight of the unwavering debris
Of those castles that I weaved
Makes me remember
The thought I lost to the sea's ember:
It's difficult to make amends,
But...
Hold on, pain ends.

Verve for Vetch By Mark Hamme

Though the biome's vast, me
Sonora eye did catch
A small vigorous vine. My
friend said, "It's called vetch."
Two types were in that spot, but
the narrower leaf
Spread over the bare ground
like coral makes a reef.
Bending down to inspect and
lay its rootstock bare,
I dug 'round it with a pointed
rock I found there.



Brian Byrnes

The shallow, slim roots, I extracted easily,

Then I came face-to-face with the world's smallest bee. In this bee's care were the vetch's tiny flower; I wouldn't take it all if I had the power.

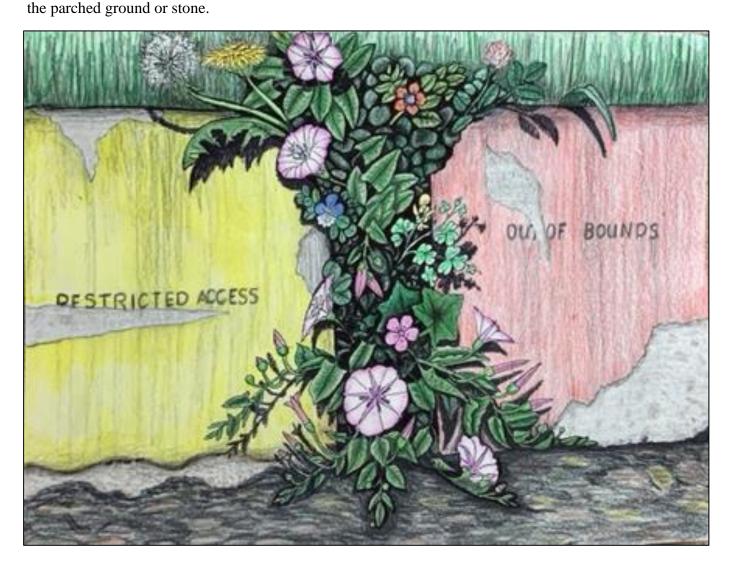
Transplanting theme, most vines died, but they came back

Climbing other desert plants in a plastic cup.

Like most survivor vines, vetch grows best on its own Where it finds a small crack in Tucson's sidewalk cracks, too, yield to such plants and vine. From these I've taken some, and now I call them mine-Homage to the desert in a terrarium

That grew and thrived inside because of God's green thumb. Sometimes I think how I'd like short vetch vines to grow Throughout the yard, killing the grass - I wouldn't have to mow! If it wished, it could climb upon the house and trees.

Then we'd be befriended by all those little bees!



Tim Vergason

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