

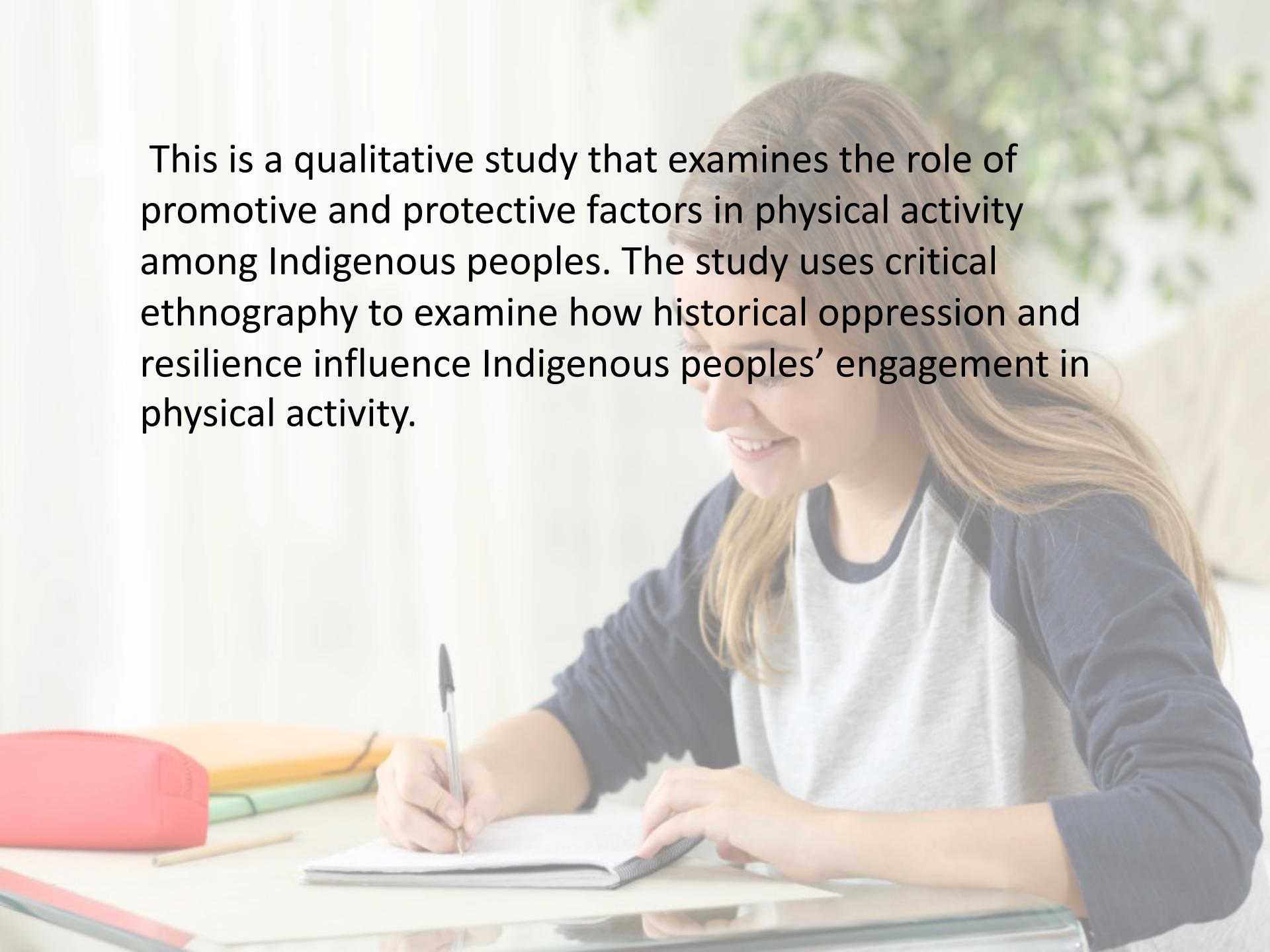
“We were always doing something outside. ... I had a wonderful, wonderful life”: U.S. Indigenous peoples’ subsistence, physical activity, and the natural world

Catherine E. McKinley

FHORT is a useful framework for understanding how historical oppression, resilience, and transcendence can be used to understand how Indigenous peoples' subsistence, physical activity, and the natural world can be used to promote health and prevent obesity and chronic health problems.



This is a qualitative study that examines the role of promotive and protective factors in physical activity among Indigenous peoples. The study uses critical ethnography to examine how historical oppression and resilience influence Indigenous peoples' engagement in physical activity.





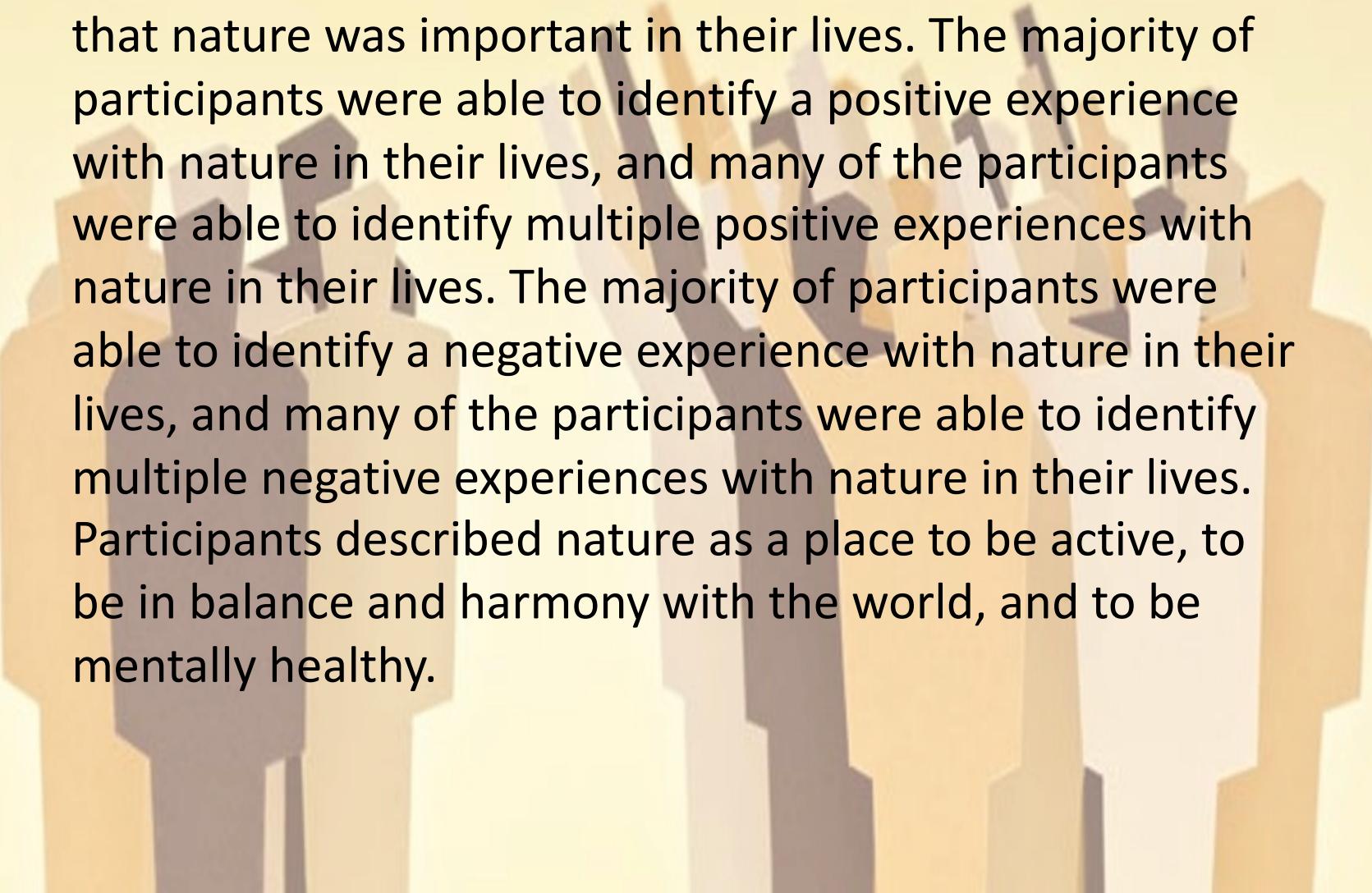
I'm a white woman who has been working with Indigenous communities for more than a decade. I'm writing a paper on the foodways of my Indigenous friends and colleagues. I want to share it with you. I want to share it with you because I want to share the stories of my friends and colleagues. I want to share it with you because I want to share the stories of my friends and colleagues. I want to share it with you because I want to share the stories of my friends and colleagues. I want to share it with you because I want to share the stories of my friends and colleagues. I want to share it with you because I want to share the stories of my friends and

I'm not sure what the fuss is about. This is a great paper.



this is a long post, but it's worth reading. Reply Delete





I was surprised to find that the majority of participants had a positive experience with nature and that they felt that nature was important in their lives. The majority of participants were able to identify a positive experience with nature in their lives, and many of the participants were able to identify multiple positive experiences with nature in their lives. The majority of participants were able to identify a negative experience with nature in their lives, and many of the participants were able to identify multiple negative experiences with nature in their lives. Participants described nature as a place to be active, to be in balance and harmony with the world, and to be mentally healthy.

The Boston Globe

The article is long, but the abstract is short. The abstract

DEPORTATIONS TO BEGIN

President Trump calls for tripling of ICE force; riots continue

Curfews extend in multiple cities

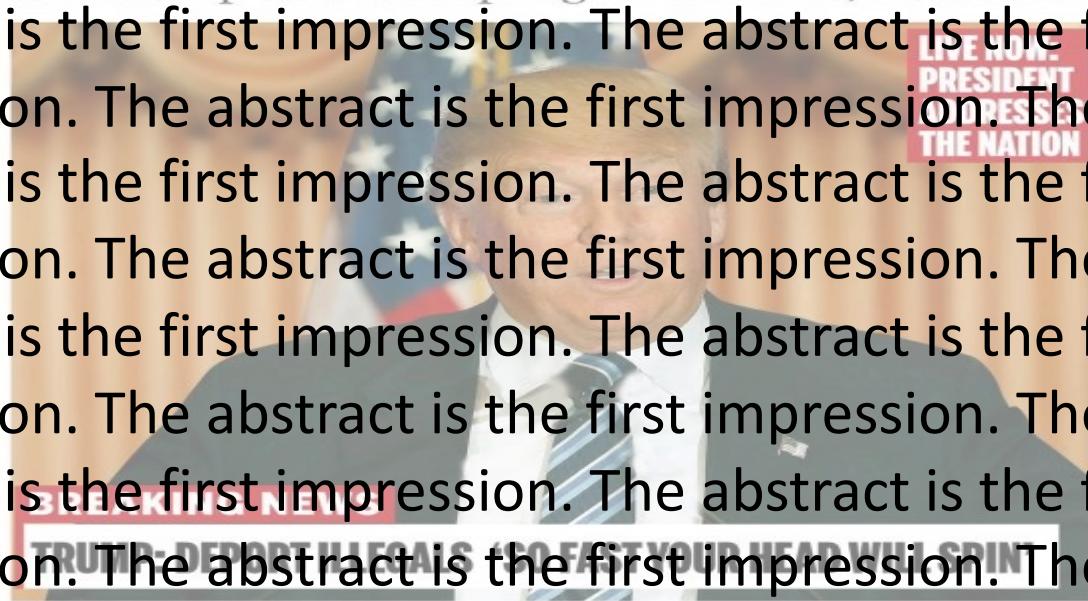
PRESIDENT TRUMP'S motion out of his controversial campaign promises, calling on Congress to fund a "massive deportation program" to triple the number of federal immigration and Customs Enforcement agents.

The president made the announcement in a nationally televised address last night from the Mar-a-Lago building in Washington's Trump International Hotel. In a surprise move after the speech, Trump invited Attorney General Jeff Sessions to stand right next to him at the podium to field questions from reporters for Christie this time," tweeted Fox News Channel reporter Megyn Kelly, who was covering the event at a sports bar near the hotel. "It's cause she has been placed on a White House blacklist.

Although Trump reiterated his promise to eject some illegal illegal workers on a "fast track" — "so fast that your head will spin" — he also promised to "do it humanely." He did not immediately say when he would begin with special adviser George Papadopoulos, just as soon as the 2009 college grad returns from a week-long Mexico UN session in Guadalajara.

The \$400 billion deportation program promises to be one of the most disruptive government actions attempted since Donald Trump's election. He has estimated it will take two years for nearly 900,000 agents to complete the deportations in the next two years.

Thousands of protesters remain camped outside the Trump International Hotel and around the fence of



The White House sprung and chaotic. They have been caught in the middle of a drive-thru raid day and night for weeks. The scent of tear gas pervades Lafayette Square. After Trump vowed to deport illegal immigrants, protesters demonstrated outside the White House. Round-the-clock protests in Cambridge, Mass., shut down the Red Line temporarily, forcing scores of attendees at an elite Harvard/MIT techfest to evacuate Kendall Square and

take the MBTA's #1 Bus across the Charles River to an alternative Boston. Already in California, armed ICE agents confronted 30 illegal strawberry pickers of the Fresno County farm and rounded them up to a holding center to await prosecution and a government-chartered flight back to Mexico. State officials held a press conference shortly after the raid to express concern about the economic impact if

of the go-nowhere in the kitchen. Farmers who harvested their fruit in our \$8 billion strawberry crop is ultimately left to rot."

Trump downplayed fears that the deportations would hurt industries that rely on illegal workers. "Don't forget... you have millions of people that are waiting in line to come into this country, and they're waiting to come in legally."

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Markets sink as trade war looms

WORLDWIDE STOCKS plunged again Friday, completing the worst month on record as trade wars with both China and Mexico seem imminent.

Markets from the Dow to the FTSE to the Nikkei have sunk on speculation that China is dumping some of its US Treasury holdings after the Trump administration announced tariffs as high as 45 percent for all Chinese imports and 35 percent for some Mexican goods.

"I don't mind trade wars when we're losing \$58 billion a year," the president said last year. But Chinese officials have made it no secret that they will not let tariffs go unanswered. The Asian giant is the largest holder of US debt, owning some

Dow declines at record pace



\$1.4 trillion worth, according to Federal Reserve figures.

The tariffs — and any retaliatory actions — directly threaten American supply chains, especially in the country's auto and agriculture industries.

Investors are spooked, and

US soldiers refuse orders to kill ISIS families

We have a

THE MILITARY FACES a "crisis of good or-

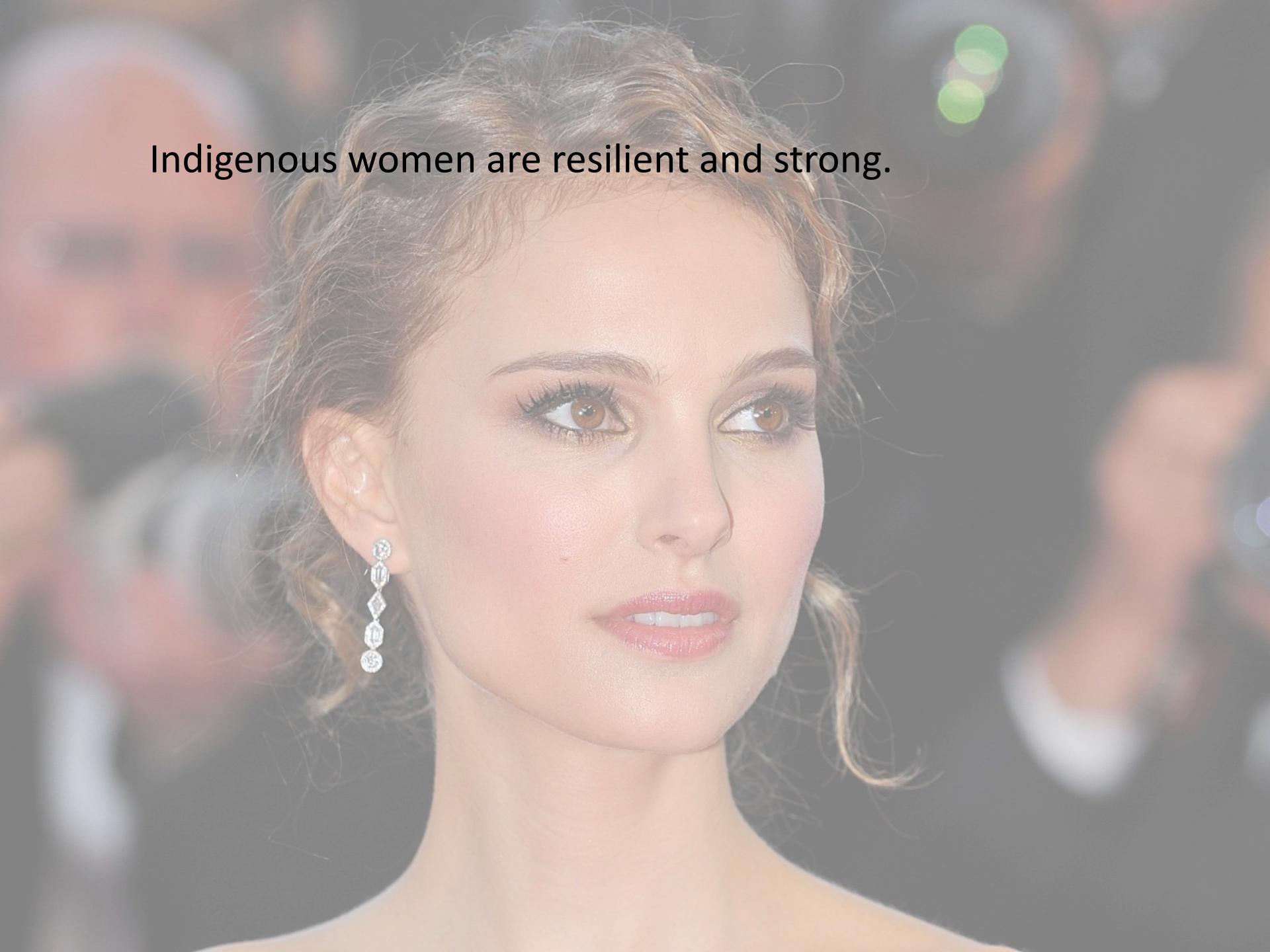
ders issued directly by President Trump.

In the news

Bank glitch halts



Sports and recreation are a good way to promote PA, but they are not a replacement for subsistence, which is a good way to promote PA, mental wellness, and overall resilience.



Indigenous women are resilient and strong.

A close-up, slightly blurred image of the United States flag, showing the stars in the upper left corner and the red and white stripes across the rest of the frame.

The American Indian Health Service (AIHS) is a federal agency that provides