

The Harmonic Oscillator

The Classical Harmonic Oscillator

$$F_x = -kx = m \frac{d^2x}{dt^2}, \quad x = A \sin(2\pi\nu t + b) \quad \nu = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

$$= -\frac{dV}{dx}$$

$$\left. \begin{aligned} V &= \frac{1}{2} k x^2 = 2\pi^2 \nu^2 m x^2 = 2\pi^2 \nu^2 m A^2 \sin^2(2\pi\nu t + b) \\ T &= \frac{1}{2} m \left(\frac{dx}{dt} \right)^2 = 2m\pi^2 \nu^2 A^2 \cos^2(2\pi\nu t + b) \end{aligned} \right\} E = T + V = \frac{1}{2} k A^2 = 2\pi^2 \nu^2 m A^2$$

$$t = \frac{1}{2\pi\nu} \left[\sin^{-1} \left(\frac{x}{A} \right) - b \right], \quad \frac{dt}{dx} = \frac{1}{2\pi\nu} \frac{1}{A \sqrt{1 - \left(\frac{x}{A} \right)^2}}, \quad dt = \frac{1}{2\pi\nu A} \frac{1}{\sqrt{1 - \left(\frac{x}{A} \right)^2}} dx$$

$$\text{the probability that the particle is found between } x \sim x + dx, \quad 2\nu dt = \frac{1}{\sqrt{1 - \left(\frac{x}{A} \right)^2}} \frac{1}{2\pi\nu A} dx$$

The Quantum Harmonic Oscillator

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} + \frac{1}{2} m\omega^2 x^2 \psi = E\psi \quad (1)$$

$$\text{let } u = \sqrt{\frac{m\omega}{\hbar}} x, \quad du = \sqrt{\frac{m\omega}{\hbar}} dx, \quad \frac{d}{dx} = \sqrt{\frac{m\omega}{\hbar}} \frac{d}{du}, \quad \frac{d^2}{dx^2} = \frac{m\omega}{\hbar} \frac{d^2}{du^2}$$

$$(1) \Rightarrow E\psi = \frac{\hbar\omega}{2} \left(-\frac{\hbar}{m\omega} \frac{d^2\psi}{dx^2} + \frac{m\omega}{\hbar} x^2 \psi \right), \quad 2E\psi = \hbar\omega \left(-\frac{\hbar}{m\omega} \frac{d^2\psi}{dx^2} + \frac{m\omega}{\hbar} x^2 \psi \right)$$

$$2E\psi = \hbar\omega \left(-\frac{d^2\psi}{du^2} + u^2 \psi \right), \quad \frac{d^2\psi}{du^2} = -\frac{2E}{\hbar\omega} \psi + u^2 \psi, \quad \frac{d^2\psi}{du^2} = (u^2 - K)\psi$$

for u very large (mean x is very large)

$$\frac{d^2\psi}{du^2} \approx u^2 \psi, \quad \text{then } \psi(u) \approx A e^{-\frac{u^2}{2}} + B e^{\frac{u^2}{2}} = h(\omega) e^{-\frac{u^2}{2}}$$

not normalizable

$$\frac{d\psi}{du} = \left(\frac{dh}{du} - uh \right) e^{-\frac{u^2}{2}}, \quad \frac{d^2\psi}{du^2} = \left[\frac{d^2h}{du^2} - 2u \frac{dh}{du} + (u^2 - 1)h \right] e^{-\frac{u^2}{2}}$$

= 0

$$h(u) = a_0 + a_1 u + a_2 u^2 + \dots = \sum_{j=0}^{\infty} a_j u^j$$

$$\frac{dh}{du} = a_1 + 2a_2 u + 3a_3 u^2 + \dots = \sum_{j=0}^{\infty} (j+1) a_{j+1} u^j$$

$$\frac{d^2h}{du^2} = 2a_2 + 2 \cdot 3 a_3 u + \dots = \sum_{j=0}^{\infty} (j+1)(j+2) a_{j+2} u^j$$

$$\Rightarrow \sum_{j=0}^{\infty} \left[(j+1)(j+2) a_{j+2} - 2j a_j + (K-1) a_j \right] u^j = 0, \quad a_{j+2} = \frac{2j+1-K}{(j+1)(j+2)} a_j$$

$$a_2 = \frac{1-K}{2} a_0, \quad a_4 = \frac{5-K}{12} a_2 = \frac{(5-K)(1-K)}{24} a_0$$

$$a_3 = \frac{3-K}{6} a_1, \quad a_5 = \frac{7-K}{20} a_3 = \frac{(7-K)(3-K)}{120} a_1$$

$$\Rightarrow h(u) = h_{\text{even}}(u) + h_{\text{odd}}(u)$$

for large j , $a_{j+2} \approx \frac{2}{j} a_j$

$$a_j = \frac{a_2}{(\frac{j+2}{2})!} = \frac{(1-K)}{2} \frac{1}{(\frac{j+2}{2})!}$$

$$\approx \frac{c}{(\frac{j}{2})!}$$

$$\Rightarrow h(u) = \sum a_j u^j \approx c \sum \frac{1}{(\frac{j}{2})!} u^j \approx c \sum \frac{1}{j!} u^{2j} \approx c e^{u^2}$$

$$\Rightarrow \psi = h e^{-\frac{u^2}{2}} = \sum a_j u^j e^{-\frac{u^2}{2}} = c e^{u^2} e^{-\frac{u^2}{2}} = c e^{\frac{u^2}{2}} \text{ can't normal!}$$

let $a_{j+2} = \frac{2j+1-K}{(j+1)(j+2)} a_j$, $2j+1-K=0$, $K=2j+1=2n+1$

$$\Rightarrow a_{j+2} = \frac{-2(n-j)}{(j+1)(j+2)} a_j$$

if $n=0$, $h(u)=a_0$ $\psi_0 = a_0 e^{-\frac{u^2}{2}}$

if $n=1$, $a_0=0$ $h(u)=a_1 u$ $\psi_1(u) = a_1 u e^{-\frac{u^2}{2}}$

if $n=2$ $h_2(u) = a_0(1-2u^2)$ $\psi_2(u) = a_0(1-2u^2) e^{-\frac{u^2}{2}}$

$$\Rightarrow \psi_n(x) = \left(\frac{m\omega}{\pi\hbar}\right)^{\frac{1}{4}} \frac{1}{\sqrt{2^n n!}} \frac{H_n(u) e^{-\frac{u^2}{2}}}{\text{Hermite polynomials}}$$

$$H_n(u) = (-1)^n e^{u^2} \frac{d^n}{du^n} e^{-u^2}$$

$$K = \frac{2E}{\hbar\omega} = 2n+1, \quad E_n = \hbar\omega\left(n + \frac{1}{2}\right) \quad n=0,1,2,\dots$$

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Vibration of Diatomic Molecules

occurs at the minimum in $U(R)$ curve = 0

$$U \text{ electronic energy} = U(R) = \frac{U(R_e)}{0!} + \frac{U'(R_e)(R-R_e)}{1!} + \frac{k U''(R_e)(R-R_e)^2}{2!} + \frac{U'''(R_e)(R-R_e)^3}{3!} + \dots$$

$$\approx \frac{1}{2} k (R-R_e)^2 = \frac{1}{2} k x^2$$

$$E_{\text{vib}} \approx \left(\nu + \frac{1}{2}\right) h \nu_e \quad \nu_e = \frac{1}{2\pi} \sqrt{\frac{k}{\mu}} \quad \mu = \frac{m_1 m_2}{m_1 + m_2} \quad k = \left. \frac{d^2 U}{dR^2} \right|_{R=R_e}$$

equilibrium (or harmonic) vibrational frequency

$$E_{\text{vib}} = \left(\nu + \frac{1}{2}\right) h \nu_e - \left(\nu + \frac{1}{2}\right)^2 h \nu_e x_e \quad \leftarrow \text{more accurate}$$

anharmonicity constant

$$\nu_{\text{light}} =$$

$$\begin{aligned}
 \hat{a}_+ \psi_n &= C_n \psi_{n+1} \\
 \hat{a}_- \psi_n &= d_n \psi_{n-1}
 \end{aligned}$$

Proof: $\int_{-\infty}^{+\infty} f^*(\hat{a}_+ g) dx = \int_{-\infty}^{+\infty} (\hat{a}_+ f)^* g dx$

$$\begin{aligned}
 &= \int_{-\infty}^{+\infty} f(x) \left(\hat{a}_+ g(x) \right) dx \\
 &= \int_{-\infty}^{+\infty} f(x) \left(-i \frac{\hbar}{x} \frac{d}{dx} + m(x) \right) g dx \\
 &= \int_{-\infty}^{+\infty} f^* \left(-i \hbar \frac{d}{dx} \right) g dx = -i \hbar \left(f^* g \Big|_{-\infty}^{+\infty} - \int_{-\infty}^{+\infty} \frac{df^*}{dx} g dx \right) \\
 &= \int_{-\infty}^{+\infty} i \hbar \frac{df^*}{dx} g dx \\
 &\Rightarrow \int_{-\infty}^{+\infty} \left(i \hbar \frac{d}{dx} + m(x) \right) f^* g dx \\
 &= \int_{-\infty}^{+\infty} (\hat{a}_- f)^* g dx
 \end{aligned}$$

$$\begin{aligned}
 H &= \hbar \omega \left(\hat{a}_+ \hat{a}_- + \frac{1}{2} \right) = \hbar \omega \left(\hat{a}_- \hat{a}_+ - \frac{1}{2} \right) \\
 H \psi_n &= E_n \psi_n, \quad \hbar \omega \left(\hat{a}_+ \hat{a}_- + \frac{1}{2} \right) \psi_n = E_n \psi_n = \left(n + \frac{1}{2} \right) \hbar \omega \psi_n
 \end{aligned}$$

$$\begin{aligned}
 \hat{a}_+ \hat{a}_- \psi_n &= n \psi_n \\
 \hat{a}_- \hat{a}_+ \psi_n &= (n+1) \psi_n
 \end{aligned}$$

$$\begin{aligned}
 \int_{-\infty}^{+\infty} (\hat{a}_+ \psi_n)^* (\hat{a}_+ \psi_n) dx &= \int_{-\infty}^{+\infty} (C_n \psi_{n+1})^* (C_n \psi_{n+1}) dx = |C_n|^2 \int_{-\infty}^{+\infty} |\psi_{n+1}|^2 dx = |C_n|^2 = 1 \\
 &= \int_{-\infty}^{+\infty} (\hat{a}_- \hat{a}_+ \psi_n)^* \psi_n dx = \int_{-\infty}^{+\infty} (n+1) \psi_n^* \psi_n dx = n+1, \quad C_n = \sqrt{n+1}
 \end{aligned}$$

$$\begin{aligned}
 \int_{-\infty}^{+\infty} (\hat{a}_- \psi_n)^* (\hat{a}_- \psi_n) dx &= \int_{-\infty}^{+\infty} (d_n \psi_{n-1})^* (d_n \psi_{n-1}) dx = |d_n|^2 \int_{-\infty}^{+\infty} |\psi_{n-1}|^2 dx = |d_n|^2 = 1 \\
 &= \int_{-\infty}^{+\infty} (\hat{a}_+ \hat{a}_- \psi_n)^* \psi_n dx = \int_{-\infty}^{+\infty} n \psi_n^* \psi_n dx = n, \quad d_n = \sqrt{n}
 \end{aligned}$$

$$\begin{aligned}
 \hat{a}_+ \psi_n &= \sqrt{n+1} \psi_{n+1} & \psi_1 &= \hat{a}_+ \psi_0 & \hat{a}_+ \psi_1 &= \sqrt{2} \psi_2, & \psi_2 &= \frac{1}{\sqrt{2}} \hat{a}_+ \psi_1 \\
 \hat{a}_- \psi_n &= \sqrt{n} \psi_{n-1} & \hat{a}_+ \psi_2 &= \sqrt{3} \psi_3 & \psi_3 &= \frac{1}{\sqrt{3}} \hat{a}_+ \psi_2 = \frac{1}{\sqrt{3}} \frac{1}{\sqrt{2}} (\hat{a}_+)^2 \psi_0 \\
 & & & & & = \frac{1}{\sqrt{3}} \frac{1}{\sqrt{2}} \frac{1}{\sqrt{1}} (\hat{a}_+)^3 \psi_0
 \end{aligned}$$

$$\Rightarrow \psi_n = \frac{1}{\sqrt{n!}} (\hat{a}_+)^n \psi_0(x), \quad E_n = \left(n + \frac{1}{2} \right) \hbar \omega$$

$$|n\rangle = \frac{1}{\sqrt{n!}} (\hat{a}_+)^n |0\rangle$$

$$\langle x \rangle = \langle n | x | n \rangle = \int_{-\infty}^{+\infty} \psi_n^*(x) x \psi_n(x) dx$$

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$$\int_{-\infty}^{+\infty} \psi_m^* \psi_n dx = \delta_{mn}$$

$$= \frac{1}{n} \int_{-\infty}^{+\infty} \psi_m^* n \psi_n dx = \frac{1}{n} \int_{-\infty}^{+\infty} \underbrace{\psi_m^*}_{f^*} \underbrace{\hat{a}_+ \hat{a}_- \psi_n}_{g} dx = \frac{1}{n} \int_{-\infty}^{+\infty} (\hat{a}_- \psi_m)^* (\hat{a}_- \psi_n) dx$$

$$= \frac{1}{n} \int_{-\infty}^{+\infty} (\hat{a}_+ \hat{a}_- \psi_m)^* \psi_n dx = \frac{1}{n} \int_{-\infty}^{+\infty} m \psi_m^* \psi_n dx$$

$$\Rightarrow \int_{-\infty}^{+\infty} \psi_m^* \psi_n dx = \frac{m}{n} \int_{-\infty}^{+\infty} \psi_m^* \psi_n dx, \quad (m-n) \underbrace{\int_{-\infty}^{+\infty} \psi_m^* \psi_n dx}_{\text{must be 0 if } m \neq n} = 0$$

$$\begin{cases} \hat{a}_+ = \frac{1}{\sqrt{2m\hbar\omega}} (-i\hat{p} + m\omega\hat{x}) \\ \hat{a}_- = \frac{1}{\sqrt{2m\hbar\omega}} (i\hat{p} + m\omega\hat{x}) \end{cases}, \quad \hat{x} = \frac{1}{2m\omega} \sqrt{2m\hbar\omega} (\hat{a}_+ + \hat{a}_-) = \sqrt{\frac{\hbar}{2m\omega}} (\hat{a}_+ + \hat{a}_-)$$

$$\begin{aligned} \langle \hat{x} \rangle &= \int_{-\infty}^{+\infty} \psi_n^* \sqrt{\frac{\hbar}{2m\omega}} (\hat{a}_+ + \hat{a}_-) \psi_n dx = \sqrt{\frac{\hbar}{2m\omega}} \left(\int_{-\infty}^{+\infty} \underbrace{\psi_n^* \hat{a}_+ \psi_n}_{\sqrt{n+1} \psi_{n+1}} dx + \int_{-\infty}^{+\infty} \underbrace{\psi_n^* \hat{a}_- \psi_n}_{\sqrt{n} \psi_{n-1}} dx \right) \\ &= 0 \end{aligned}$$

$$\hat{x}^2 = \frac{\hbar}{2m\omega} (\hat{a}_+ + \hat{a}_-) (\hat{a}_+ + \hat{a}_-) = \frac{\hbar}{2m\omega} [(\hat{a}_+)^2 + \hat{a}_+ \hat{a}_- + \hat{a}_- \hat{a}_+ + (\hat{a}_-)^2]$$

$$\langle \hat{x}^2 \rangle = \frac{\hbar}{2m\omega} \int_{-\infty}^{+\infty} \psi_n^* \left[(\hat{a}_+)^2 + \underbrace{\hat{a}_+ \hat{a}_-}_{\sqrt{n}\sqrt{n}} + \underbrace{\hat{a}_- \hat{a}_+}_{\sqrt{n+1}\sqrt{n+1}} + (\hat{a}_-)^2 \right] \psi_n dx = \frac{\hbar}{2m\omega} (2n+1)$$

$$\langle V \rangle = \langle \frac{1}{2} m \omega^2 \hat{x}^2 \rangle = \frac{1}{2} m \omega^2 \langle \hat{x}^2 \rangle$$

$$= \frac{1}{2} m \omega^2 \frac{\hbar}{2m\omega} (2n+1) = \frac{1}{2} \hbar \omega (n + \frac{1}{2})$$

$$= \frac{1}{2} E_n$$

Analytic method

$$\frac{\hbar\omega}{2} \left(-\frac{\hbar}{m\omega} \frac{d^2\psi}{dx^2} + m\omega x^2 \psi \right) = E\psi$$

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} + \frac{1}{2} m\omega^2 x^2 \psi = E\psi \quad \xi = \sqrt{\frac{m\omega}{\hbar}} x, \quad d\xi = \sqrt{\frac{m\omega}{\hbar}} dx, \quad \frac{d}{dx} = \sqrt{\frac{m\omega}{\hbar}} \frac{d}{d\xi}$$

$$E\psi = \frac{\hbar\omega}{2} \left(-\frac{d^2}{d\xi^2} + \xi^2 \right) \psi, \quad \frac{2E\psi}{\hbar\omega} = \left(-\frac{d^2}{d\xi^2} + \xi^2 \right) \psi$$

$$\frac{d^2\psi}{d\xi^2} = (\xi^2 - k)\psi \quad \text{when } \xi \text{ very large} \quad \frac{d^2\psi}{d\xi^2} \approx \xi^2\psi, \quad \psi(\xi) = A e^{-\frac{\xi^2}{2}} + B e^{\frac{\xi^2}{2}}$$

not normalizable

$$\Rightarrow \psi(\xi) \approx A e^{-\frac{\xi^2}{2}}, \quad \psi(\xi) = h(\xi) e^{-\frac{\xi^2}{2}}$$

$$\frac{d\psi}{d\xi} = \left(\frac{dh}{d\xi} - \xi h \right) e^{-\frac{\xi^2}{2}}, \quad \frac{d^2\psi}{d\xi^2} = \left[\frac{d^2h}{d\xi^2} - 2\xi \frac{dh}{d\xi} + (\xi^2 - 1)h \right] e^{-\frac{\xi^2}{2}}$$

$$\Rightarrow \frac{d^2\psi}{d\xi^2} = \left[\frac{d^2h}{d\xi^2} - 2\xi \frac{dh}{d\xi} + (\xi^2 - 1)h \right] e^{-\frac{\xi^2}{2}} = (\xi^2 - k)\psi$$

$$\Rightarrow \frac{d^2h}{d\xi^2} - 2\xi \frac{dh}{d\xi} + (k-1)h = 0$$

$$h(\xi) = a_0 + a_1 \xi + a_2 \xi^2 + \dots = \sum_{j=0}^{\infty} a_j \xi^j, \quad \frac{dh}{d\xi} = \sum_{j=0}^{\infty} j a_j \xi^{j-1}$$

$$\frac{dh}{d\xi} = \sum_{j=0}^{\infty} (j+1)(j+2) a_{j+2} \xi^j$$

$$\Rightarrow \sum_{j=0}^{\infty} \left[(j+1)(j+2) a_{j+2} - 2j a_j + (k-1) a_j \right] \xi^j = 0, \quad a_{j+2} = \frac{(2j+1-k)}{(j+1)(j+2)} a_j \quad \text{recursion formula}$$

$$\text{for large } j, \quad a_{j+2} \approx \frac{2}{j} a_j, \quad a_j \approx \frac{C}{(\frac{j}{2})!}$$

$$a_5 = \frac{2}{5} a_3 = \frac{2}{5} \cdot \frac{2}{3} a_1$$

$$a_3 = \frac{2}{3} a_1, \quad a_5 = \frac{2}{5} a_3$$

$$a_2 = \frac{2(1)}{2} a_0$$

$$a_3 = -a_0$$

$$\Rightarrow h(\xi) = C \sum_{j=0}^{\infty} \frac{1}{(\frac{j}{2})!} \xi^j \approx C \sum_{j=0}^{\infty} \frac{1}{j!} \xi^{2j} \approx C e^{\xi^2}, \quad \psi(\xi) = C e^{\xi^2} e^{-\frac{\xi^2}{2}} = C e^{\frac{\xi^2}{2}}$$

$$\text{for physically acceptable solutions, let } k = 2n+1, \text{ then } a_{j+2} = \frac{-2(n-j)}{(j+1)(j+2)} a_j$$

$$\text{if } j=0 \quad n=0 \quad a_1=0 \text{ to kill } h_{\text{odd}} \quad \text{then } a_2=0 \quad h_0(\xi) = a_0 \quad \psi_0(\xi) = a_0 e^{-\frac{\xi^2}{2}}$$

$$\text{if } j=1 \quad n=1 \quad a_0=0 \quad \text{then } a_3=0 \quad h_1(\xi) = a_1 \xi \quad \psi_1(\xi) = a_1 e^{-\frac{\xi^2}{2}} \quad a_3 = \frac{3-3}{2 \cdot 3} a_1$$

$$\text{if } j=0 \quad n=2 \quad \text{then } a_2 = -2a_0 \quad h_2(\xi) = a_0(1-2\xi^2)$$

$$j=2 \quad n=2 \quad a_4=0 \quad \psi_2(\xi) = a_0(1-2\xi^2) e^{-\frac{\xi^2}{2}}$$

$$\text{Hermite polynomials } H_n(x) = (-1)^n e^{x^2} \frac{d^n}{dx^n} e^{-x^2}$$

$$\Rightarrow \psi_n(x) = \left(\frac{m\omega}{\pi\hbar} \right)^{\frac{1}{4}} \frac{1}{\sqrt{2^n n!}} H_n(\xi) e^{-\frac{\xi^2}{2}}$$

$$\psi(x=0)=0, A+B=0$$

$$Ae^{ika} + Be^{-ika} = 0$$

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Free Particle

$V(x)=0$ everywhere

$$\frac{d^2\psi}{dx^2} = -k^2\psi$$

$$-\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} = E\psi, \quad \frac{d^2\psi}{dx^2} = -\frac{2mE}{\hbar^2} \psi, \quad \psi(x) = Ae^{ikx} + Be^{-ikx} \quad k = \frac{\sqrt{2mE}}{\hbar}$$

$$E = \frac{\hbar^2 k^2}{2m}$$

a free particle can carry any energy

$$\Psi(x,t) = Ae^{ikx} e^{-i\frac{\hbar^2 k^2}{2m\hbar}t} + Be^{-ikx} e^{-i\frac{\hbar^2 k^2}{2m\hbar}t}$$

$$= A e^{ik(x - \frac{\hbar k}{2m}t)} + B e^{-ik(x - \frac{\hbar k}{2m}t)}$$

$$= A e^{i(kx - \frac{\hbar k^2}{2m}t)} \quad k = \pm \frac{\sqrt{2mE}}{\hbar}$$

phase velocity $V_p = \frac{\hbar k}{2m}$

$$V_c = \frac{\hbar k}{m} = 2V_p = \frac{\sqrt{2E}}{m}$$

classical

$$\int_{-\infty}^{+\infty} \psi_k^*(x) \psi_k(x) dx = |A|^2 \int_{-\infty}^{+\infty} e^{-ikx} e^{ikx} dx = \infty$$

this function isn't normalizable

a free particle cannot exist in a stationary state

$$\Psi(x,t) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} \phi(k) e^{i(kx - \frac{\hbar k^2}{2m}t)} dk$$

C_n $\Psi(x,t)$

Plancherel's theorem 2.17

$$\Psi(x,0) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} \phi(k) e^{ikx} dk$$

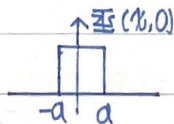
$$\phi(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} \Psi(x,0) e^{-ikx} dx$$

$$f(x) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} F(k) e^{ikx} dk$$

$$\Updownarrow$$

$$F(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{+\infty} f(x) e^{-ikx} dx$$

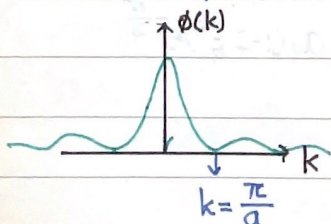
For example



$$\Psi(x,0) = \begin{cases} \frac{1}{\sqrt{2a}}, & -a < x < a \\ 0, & \text{otherwise} \end{cases}$$

$$\phi(k) = \frac{1}{\sqrt{2\pi}} \frac{1}{\sqrt{2a}} \int_{-a}^{+a} e^{-ikx} dx = \frac{1}{\sqrt{\pi a}} \frac{1}{-i\hbar} e^{-i\hbar kx} \Big|_{-a}^a = \frac{1}{\sqrt{\pi a}} \frac{\sin(ka)}{k}$$

$$\Psi(x,t) = \frac{1}{\pi\sqrt{2a}} \int_{-\infty}^{+\infty} \frac{\sin(ka)}{k} e^{i(kx - \frac{\hbar k^2}{2m}t)} dk$$



when $a \uparrow$ $\sigma_p \downarrow$