

$$\begin{aligned}
 l+l_- f &= -\hbar^2 e^{i\phi} \left( \frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \phi} \right) e^{-i\phi} \left( \frac{\partial f}{\partial \theta} - i \cot \theta \frac{\partial f}{\partial \phi} \right) \\
 &= -\hbar^2 e^{i\phi} \left\{ e^{-i\phi} \left[ \frac{\partial^2 f}{\partial \theta^2} - i(-\csc^2 \theta) \frac{\partial f}{\partial \phi} + \cot \theta \frac{\partial^2 f}{\partial \theta \partial \phi} \right] + \right. \\
 &\quad \left. i \cot \theta \left[ -i e^{-i\phi} \left( \frac{\partial f}{\partial \theta} - i \cot \theta \frac{\partial f}{\partial \phi} \right) + e^{-i\phi} \left( \frac{\partial^2 f}{\partial \theta \partial \phi} - i \cot \theta \frac{\partial^2 f}{\partial \phi^2} \right) \right] \right\} \\
 &= -\hbar^2 \left( \frac{\partial^2 f}{\partial \theta^2} + i \csc^2 \theta \frac{\partial f}{\partial \phi} - i \cot \theta \frac{\partial^2 f}{\partial \theta \partial \phi} + \cot \theta \frac{\partial f}{\partial \theta} - i \cot^2 \theta \frac{\partial f}{\partial \phi} + i \cot \theta \frac{\partial^2 f}{\partial \phi \partial \theta} + \right. \\
 &\quad \left. \cot^2 \theta \frac{\partial^2 f}{\partial \phi^2} \right) \\
 &= -\hbar^2 \left[ \frac{\partial^2}{\partial \theta^2} + \cot \theta \frac{\partial}{\partial \theta} + \cot^2 \theta \frac{\partial^2}{\partial \phi^2} + i(\csc^2 \theta - \cot^2 \theta) \frac{\partial}{\partial \phi} \right] f \\
 &= -\hbar^2 \left( \frac{\partial^2}{\partial \theta^2} + \cot \theta \frac{\partial}{\partial \theta} + \cot^2 \theta \frac{\partial^2}{\partial \phi^2} + i \frac{\partial}{\partial \phi} \right) f
 \end{aligned}$$

$$\begin{aligned}
 l_z = l+l_- + l_z^2 - \hbar l_z &= -\hbar^2 \left( \frac{\partial^2}{\partial \theta^2} + \cot \theta \frac{\partial}{\partial \theta} + \cot^2 \theta \frac{\partial^2}{\partial \phi^2} + i \frac{\partial}{\partial \phi} \right) - \hbar^2 \frac{\partial^2}{\partial \phi^2} - \hbar \frac{\hbar}{i} \frac{\partial}{\partial \phi} \\
 &= -\hbar^2 \left( \frac{\partial^2}{\partial \theta^2} + \cot \theta \frac{\partial}{\partial \theta} + (\cot^2 \theta + 1) \frac{\partial^2}{\partial \phi^2} + i \frac{\partial}{\partial \theta} - i \frac{\partial}{\partial \phi} \right) = -\hbar^2 \left( \frac{\partial^2}{\partial \theta^2} + \cot \theta \frac{\partial}{\partial \theta} + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right) \\
 &= -\hbar^2 \left[ \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right]
 \end{aligned}$$

$$\begin{aligned}
 \frac{1}{Y} \left[ \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial Y}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2 Y}{\partial \phi^2} \right] &= -l(l+1), \quad \sin \theta \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial Y}{\partial \theta} \right) + \frac{\partial^2 Y}{\partial \phi^2} = -l(l+1) \sin^2 \theta Y \\
 \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial Y}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2 Y}{\partial \phi^2} &= -l(l+1) Y \Rightarrow \boxed{l^2 Y = \hbar^2 l(l+1) Y}
 \end{aligned}$$

$$\begin{aligned}
 \frac{1}{\Psi} \left[ \sin \theta \frac{d}{d\theta} \left( \sin \theta \frac{d\Psi}{d\theta} \right) + l(l+1) \sin^2 \theta \right] &= m^2, \quad \frac{1}{\Psi} \frac{d^2 \Psi}{d\phi^2} = -m^2, \quad \Psi(\phi) = e^{im\phi} \\
 l_z \Psi = \frac{\hbar}{i} \frac{\partial \Psi}{\partial \phi} &= \hbar m e^{im\phi} = \hbar m \Psi \Rightarrow \boxed{l_z Y = \hbar m Y}
 \end{aligned}$$

$$\begin{aligned}
 l_z |l, l\rangle &= \hbar l |l, l\rangle, \quad \frac{\hbar}{i} \frac{\partial}{\partial \phi} |l, l\rangle = \hbar l |l, l\rangle, \quad \frac{\partial |l, l\rangle}{\partial \phi} = i l |l, l\rangle, \quad |l, l\rangle = f(\theta) e^{il\phi} \\
 l_z |l, l\rangle &= 0 = \hbar e^{i\phi} \left( \frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \phi} \right) f(\theta) e^{il\phi} = 0, \quad \frac{df}{d\theta} e^{il\phi} + i f \cot \theta i l e^{il\phi} = 0 \\
 \frac{df}{d\theta} &= l \cot \theta f, \quad \frac{df}{f} = l \cot \theta d\theta, \quad \int \frac{df}{f} = l \int \frac{\cot \theta}{\sin \theta} d\theta, \quad \ln f = l \ln(\sin \theta) + C
 \end{aligned}$$

$$\Rightarrow f(\theta) = A \sin^l \theta$$

$$\Rightarrow Y_l^l(\theta, \phi) = |l, l\rangle = A (e^{i\phi} \sin \theta)^l$$

$$I = A^2 \int \sin^l \theta \sin \theta d\theta d\phi = 2\pi A^2 \int_0^\pi \sin^{2l+1} \theta d\theta = 4\pi A^2 \frac{(2^l l!)^2}{(2l+1)!}$$

$$\Rightarrow A = \frac{(-1)^l}{2^{l+1} l!} \sqrt{\frac{(2l+1)!}{\pi}}$$

## Spin

$$S^2 = S_x^2 + S_y^2 + S_z^2$$

$$S_{\pm} = S_x \pm i S_y$$

$$[S_x, S_y] = i\hbar S_z$$

$$[S_y, S_z] = i\hbar S_x$$

$$[S_z, S_x] = i\hbar S_y$$

$$[\hat{S}^2, S_x] = [\hat{S}^2, \hat{S}_y] = [\hat{S}^2, \hat{S}_z] = 0$$

$$S^2 |S, m\rangle = S(S+1)\hbar^2 |S, m\rangle \quad S=0, \frac{1}{2}, 1, \frac{3}{2}, \dots \quad S \text{ can be integer or}$$

$$S_z |S, m\rangle = m\hbar |S, m\rangle \quad m_s = -S, -S+1, \dots, S-1, S \text{ half-integers}$$

$$S_{\pm} |S, m\rangle = \hbar \sqrt{m(m+1) - m(m\pm1)} |S, m\pm1\rangle$$

for electron

$$\uparrow : |\frac{1}{2}, \frac{1}{2}\rangle = \begin{bmatrix} 1 \\ 0 \end{bmatrix} = \chi_+ \quad \alpha$$

$$\downarrow : |\frac{1}{2}, -\frac{1}{2}\rangle = \begin{bmatrix} 0 \\ 1 \end{bmatrix} = \chi_- \quad \beta$$

$$\chi = a\chi_+ + b\chi_- \quad |a|^2 + |b|^2 = 1$$

$$S^2 = \begin{bmatrix} c & d \\ e & f \end{bmatrix}$$

$$S^2 \chi_+ = \frac{1}{2}(\frac{1}{2}+1)\hbar^2 \chi_+ \Rightarrow S^2 = \frac{3}{4}\hbar^2 \begin{bmatrix} 1 & 0 \\ 0 & 1 \end{bmatrix}$$

$$S^2 \chi_- = \frac{3}{4}\hbar^2 \chi_-$$

$$S_z = \begin{bmatrix} c & d \\ e & f \end{bmatrix}$$

$$S_z \chi_+ = \frac{1}{2}\hbar \chi_+$$

$$S_z \chi_- = -\frac{1}{2}\hbar \chi_-$$

$$\Rightarrow S_z = \frac{\hbar}{2} \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix}$$



$$S_+ = \begin{bmatrix} c & d \\ e & f \end{bmatrix}$$

$$S_+ \chi_+ = 0$$

$$\Rightarrow S_+ = \hbar \begin{bmatrix} 0 & 1 \\ 0 & 0 \end{bmatrix}$$

$$S_+ \chi_- = \hbar \chi_+$$

$$\langle \alpha | S_+ | \beta \rangle = \langle \beta | S_- | \alpha \rangle = \hbar$$

$$S_- \chi_+ = \hbar \chi_+$$

$$S_- \chi_- = 0$$

$$\Rightarrow S_- = \hbar \begin{bmatrix} 0 & 0 \\ 1 & 0 \end{bmatrix}$$

$$S_x = \frac{1}{2}(S_+ + S_-) = \frac{\hbar}{2} \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix}$$

$$\vec{S} = \frac{\hbar}{2} \vec{\sigma}$$

$$S_y = \frac{1}{2i}(S_+ - S_-) = \frac{\hbar}{2} \begin{bmatrix} 0 & -i \\ i & 0 \end{bmatrix}$$

Pauli matrices

$$\hat{S}_+ = \hat{S}_x + i \hat{S}_y \quad \hat{S}_+ \hat{S}_- = \hat{S}^2 - \hat{S}_z^2 + \hbar \hat{S}_z$$

$$\hat{S}_- = \hat{S}_x - i \hat{S}_y \quad \hat{S}_- \hat{S}_+ = \hat{S}^2 - \hat{S}_z^2 - \hbar \hat{S}_z$$

$$S_x \chi = \lambda \chi$$

$$\frac{\hbar}{2} \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \begin{bmatrix} a \\ b \end{bmatrix} = \lambda \begin{bmatrix} a \\ b \end{bmatrix}, \quad \lambda^2 - \left(\frac{\hbar}{2}\right)^2 = 0, \quad \lambda = \pm \frac{\hbar}{2}$$

$$\chi_+ = \frac{1}{\sqrt{2}} \begin{bmatrix} 1 \\ 1 \end{bmatrix}, \quad \lambda = \frac{\hbar}{2}$$

$$\chi_- = \frac{1}{\sqrt{2}} \begin{bmatrix} 1 \\ -1 \end{bmatrix}, \quad \lambda = -\frac{\hbar}{2}$$

$$\Rightarrow \begin{bmatrix} a \\ b \end{bmatrix} = C_1 \frac{1}{\sqrt{2}} \begin{bmatrix} 1 \\ 1 \end{bmatrix} + C_2 \frac{1}{\sqrt{2}} \begin{bmatrix} 1 \\ -1 \end{bmatrix}$$

$$\frac{1}{\sqrt{2}} \begin{bmatrix} 1 & -1 \end{bmatrix} \begin{bmatrix} a \\ b \end{bmatrix} = 0 + C_2 \frac{1}{\sqrt{2}} \begin{bmatrix} 1 & -1 \end{bmatrix} \frac{1}{\sqrt{2}} \begin{bmatrix} 1 \\ -1 \end{bmatrix}$$

$$C_2 = \frac{1}{\sqrt{2}}(a-b) \quad C_1 = \frac{1}{\sqrt{2}}(a+b)$$

### Electron in a magnetic field

$$\vec{\mu} = \gamma \vec{S} \quad \gamma \approx \frac{e}{m}$$

$$H = -\vec{\mu} \cdot \vec{B} = -\gamma \vec{S} \cdot B_0 \hat{z}$$

$$= -\gamma B_0 S_z = -\gamma B_0 \frac{\hbar}{2} \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix}$$

$$\chi_+ = \begin{bmatrix} 1 \\ 0 \end{bmatrix} \quad E_+ = -\frac{\hbar \gamma B_0}{2}$$

$$\chi_- = \begin{bmatrix} 0 \\ 1 \end{bmatrix} \quad E_- = \frac{\hbar \gamma B_0}{2}$$

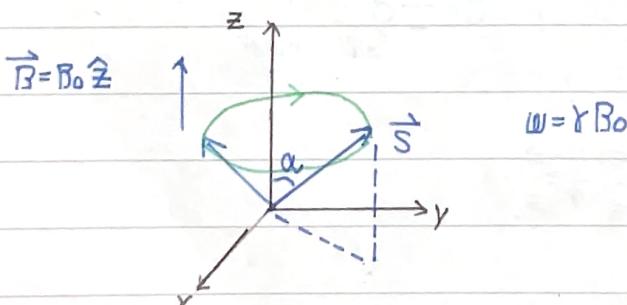
$$i\hbar \frac{\partial \chi}{\partial t} = H\chi, \quad \chi(t) = a\chi_+ e^{-\frac{iE_+ t}{\hbar}} + b\chi_- e^{-\frac{iE_- t}{\hbar}} = \begin{bmatrix} ae^{-\frac{i\hbar \gamma B_0 t}{2}} \\ be^{-\frac{i\hbar \gamma B_0 t}{2}} \end{bmatrix} = \begin{bmatrix} \cos\left(\frac{\alpha}{2}\right) e^{-\frac{i\hbar \gamma B_0 t}{2}} \\ \sin\left(\frac{\alpha}{2}\right) e^{-i\frac{\hbar \gamma B_0 t}{2}} \end{bmatrix}$$

$$\langle S_x \rangle = \left[ \cos\frac{\alpha}{2} e^{-\frac{i\hbar \gamma B_0 t}{2}}, \sin\frac{\alpha}{2} e^{-\frac{i\hbar \gamma B_0 t}{2}} \right] \frac{\hbar}{2} \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \begin{bmatrix} \cos\frac{\alpha}{2} e^{-\frac{i\hbar \gamma B_0 t}{2}} \\ \sin\frac{\alpha}{2} e^{-i\frac{\hbar \gamma B_0 t}{2}} \end{bmatrix}$$

$$= \frac{\hbar}{2} \sin\alpha \cos(\gamma B_0 t) \quad \text{Larmor frequency}$$

$$\langle S_y \rangle = -\frac{\hbar}{2} \sin\alpha \sin(\gamma B_0 t)$$

$$\langle S_z \rangle = \frac{\hbar}{2} \cos\alpha$$



## Addition of Angular Momenta

suppose that we have two particles  $|S_1, m_1\rangle$  and  $|S_2, m_2\rangle \Rightarrow |S_1, S_2, m_1, m_2\rangle$

$$S^{(1)^2} |S_1, S_2, m_1, m_2\rangle = S_1(S_1+1)\hbar^2 |S_1, S_2, m_1, m_2\rangle$$

$$S^{(2)^2} |S_1, S_2, m_1, m_2\rangle = S_2(S_2+1)\hbar^2 |S_1, S_2, m_1, m_2\rangle$$

$$S_{\perp}^{(1)} |S_1, S_2, m_1, m_2\rangle = m_1 \hbar |S_1, S_2, m_1, m_2\rangle$$

$$S_{\perp}^{(2)} |S_1, S_2, m_1, m_2\rangle = m_2 \hbar |S_1, S_2, m_1, m_2\rangle$$

total angular momentum  $\vec{\hat{J}} = \vec{\hat{J}_1} + \vec{\hat{J}_2}$

$$\hat{J}_{\pm} |S_1, S_2, m_1, m_2\rangle = \hat{J}_{\pm 1} |S_1, S_2, m_1, m_2\rangle + \hat{J}_{\pm 2} |S_1, S_2, m_1, m_2\rangle$$

$$= \hbar(m_1 + m_2) |S_1, S_2, m_1, m_2\rangle = \hbar m |S_1, S_2, m_1, m_2\rangle$$

$$\Rightarrow m = m_1 + m_2$$

consider two spin  $\frac{1}{2}$  particles ( $e^- + p$ ) in the ground state of H

$$|\uparrow\uparrow\rangle = |\frac{1}{2}\frac{1}{2}\frac{1}{2}\frac{1}{2}\rangle \quad m=1$$

$$|\uparrow\downarrow\rangle = |\frac{1}{2}\frac{1}{2}\frac{1}{2}-\frac{1}{2}\rangle \quad m=0$$

$$|\downarrow\uparrow\rangle = |\frac{1}{2}\frac{1}{2}-\frac{1}{2}\frac{1}{2}\rangle \quad m=0$$

$$|\downarrow\downarrow\rangle = |\frac{1}{2}\frac{1}{2}-\frac{1}{2}-\frac{1}{2}\rangle \quad m=-1$$

this doesn't look right: m is supposed to be -j to +j, but there is an "extra" state m=0

We apply  $\hat{J}_z = \hat{J}_z^{(1)} + \hat{J}_z^{(2)}$

$$\hat{J}_z |\uparrow\uparrow\rangle = \hat{J}_z^{(1)} |\uparrow\rangle |\uparrow\rangle + |\uparrow\rangle \hat{J}_z^{(2)} |\uparrow\rangle = \hbar |\downarrow\rangle |\uparrow\rangle + |\uparrow\rangle \hbar |\downarrow\rangle = \hbar(|\downarrow\uparrow\rangle + |\uparrow\downarrow\rangle)$$

$$\hat{J}_z |\uparrow\downarrow\rangle = \frac{1}{\sqrt{2}} (\hat{J}_z |\uparrow\rangle |\downarrow\rangle + \hat{J}_z |\downarrow\rangle |\uparrow\rangle + |\uparrow\rangle \hat{J}_z |\downarrow\rangle + |\downarrow\rangle \hat{J}_z |\uparrow\rangle)$$

$$\left. \begin{aligned} |\uparrow\uparrow\rangle &= |\uparrow\uparrow\rangle \\ |\uparrow\downarrow\rangle &= \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle) \\ |\downarrow\uparrow\rangle &= |\downarrow\downarrow\rangle \end{aligned} \right\} \hat{J}_z = 1 \text{ (triplet)}$$

$$|00\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle) \quad \hat{J}_z = 0 \text{ (singlet)}$$

$$\hat{J}^2 = (\hat{J}_1 + \hat{J}_2) \cdot (\hat{J}_1 + \hat{J}_2) = \hat{J}_1^2 + \hat{J}_2^2 + 2\hat{J}_1 \cdot \hat{J}_2$$

$$\begin{aligned} \hat{J}_1 \cdot \hat{J}_2 |\uparrow\downarrow\rangle &= \hat{J}_{1x} |\uparrow\rangle \hat{J}_{2x} |\downarrow\rangle + \hat{J}_{1y} |\uparrow\rangle \hat{J}_{2y} |\downarrow\rangle + \hat{J}_{1z} |\uparrow\rangle \hat{J}_{2z} |\downarrow\rangle \\ &= \frac{\hbar}{2} |\downarrow\rangle \frac{\hbar}{2} |\uparrow\rangle + \frac{\hbar}{2} i |\downarrow\rangle (-\frac{\hbar}{2} i) |\uparrow\rangle + \frac{\hbar}{2} |\uparrow\rangle (-\frac{\hbar}{2}) |\downarrow\rangle \\ &= \frac{\hbar^2}{4} 2 (|\downarrow\uparrow\rangle - |\uparrow\downarrow\rangle) \end{aligned}$$

$$\hat{J}_1 \cdot \hat{J}_2 |\downarrow\uparrow\rangle = \frac{\hbar^2}{2} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

$$\hat{j}_1 \hat{j}_2 |10\rangle = \frac{1}{4} \hbar^2 |10\rangle \quad \hat{j}^2 |10\rangle = 2\hbar^2 |10\rangle$$

$$\hat{j}_1 \hat{j}_2 |00\rangle = -\frac{3}{4} \hbar^2 |00\rangle \quad \hat{j}^2 |00\rangle = 0$$

⇒ combining spin  $\frac{1}{2}$  with spin  $\frac{1}{2}$  to get spin 1 and spin 0

if we combine spin  $j_1$  with spin  $j_2$ ,

the total spins  $j = (j_1 + j_2), (j_1 + j_2 - 1), (j_1 + j_2 - 2), \dots |j_1 - j_2|$

Clebsch-Gordan series

the combined state  $|j m\rangle = \sum_{m=m_1+m_2} C_{m_1 m_2 m}^{j_1 j_2} |j_1 j_2 m_1 m_2\rangle$   
Clebsch-Gordan coefficients

$$|j_1 j_2 m_1 m_2\rangle = \sum_j C_{m_1 m_2 m}^{j_1 j_2} |j m\rangle$$

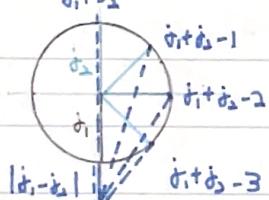
$$\text{Ex: } j_1 = \frac{1}{2}, \quad j_2 = \frac{3}{2}$$

$$j = 2, 1 \quad (2j_1 + 1) \times (2j_2 + 1) = 2 \times 4 = 8$$

$$\begin{aligned} \text{uncoupled: } & |\frac{1}{2} \frac{3}{2}, \frac{1}{2} \frac{3}{2}\rangle, |\frac{1}{2} \frac{3}{2}, \frac{1}{2} \frac{1}{2}\rangle, |\frac{1}{2} \frac{3}{2}, \frac{1}{2} -\frac{1}{2}\rangle, |\frac{1}{2} \frac{3}{2}, \frac{1}{2} -\frac{3}{2}\rangle \\ & |\frac{1}{2} \frac{3}{2}, -\frac{1}{2} \frac{3}{2}\rangle, |\frac{1}{2} \frac{3}{2}, -\frac{1}{2} \frac{1}{2}\rangle, |\frac{1}{2} \frac{3}{2}, -\frac{1}{2} -\frac{1}{2}\rangle, |\frac{1}{2} \frac{3}{2}, -\frac{1}{2} -\frac{3}{2}\rangle \end{aligned}$$

$$\text{coupled: } |\frac{1}{2} \frac{3}{2}, 22\rangle, |\frac{1}{2} \frac{3}{2}, 21\rangle, |\frac{1}{2} \frac{3}{2}, 20\rangle, |\frac{1}{2} \frac{3}{2}, 2-1\rangle$$

$$|\frac{1}{2} \frac{3}{2}, 2-2\rangle, |\frac{1}{2} \frac{3}{2}, 11\rangle, |\frac{1}{2} \frac{3}{2}, 10\rangle, |\frac{1}{2} \frac{3}{2}, 1-1\rangle$$

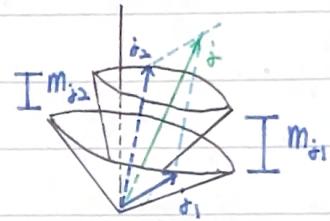
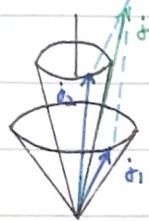


## The Vector Model of Coupled Angular Momenta

length of the vector representing the total angular momentum is  $\sqrt{j(j+1)}$ , with  $j$  is one of the values permitted by the Clebsch-Gordan series

the projection of the total angular momentum on the z-axis is  $m_j$

in the uncoupled picture (in which it is not specified), the individual components  $m_{j_1}$  and  $m_{j_2}$  may be specified, and their sum is equal to  $m_j$



two particles with spin  $S = \frac{1}{2}$  (such as  $2e^-$ ),  $m_s = \pm \frac{1}{2}$ , in the uncoupled picture, the  $e^-$  may be

 $\alpha_1 \alpha_2$  $\alpha_1 \beta_2$  $\beta_1 \alpha_2$  $\beta_1 \beta_2$ 

in the coupled picture, the total spin  $S = 1$  or  $0$ , if  $S=1$   $M_S=0$  singlet  
 $S=1$   $M_S=\pm 1, 0$  triplet

 $S=1 M_S=+1$  $S=1 M_S=0$  $S=1 M_S=-1$  $S=0 M_S=0$  1L