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| **Project title:** IoT assisted living projects – mental health | |
| **Student name:** Xinyao Qian | **Student no.:** 19021373 |
| **Week ending:**  Friday, 8 October 2021 | |
| Meeting with supervisor or advisor  The first meeting is mainly focused about what students have done in the summer, everyone shared their progress so far, concerns and questions are discussed and answered. For each part of the IoT based project, the main focuses are separated to ensure the independent work. | |
| Progress this week   1. The focus of the project should be more on continuous monitoring around the house. 2. Data collected by smartwatch can be considered.   Have you met your objectives?   * Yes.   Did you discover unforeseen difficulties?   * Yes, if the project data is hard to find, dummy data might be generated. | |
| Plans / objectives for the coming week   1. Read IEEE IoT e-health magazine and discuss in next meeting. 2. Try to research more about sleep and stress level monitoring. 3. Bring all possible datasets and discuss which are better to use. 4. Keep tracking progress using a **physical** lab notebook. | |

**3rd year Project Progress Report**