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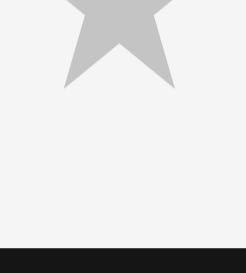
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Home of Team LevelUp

Play to learn, play to practice, and you will win when you play in games. Remember how much fun you had growing up when you used to just go outside and play with your friends? We advocate using the "compete to learn" approach to practice--it lets kids play and have fun while competing. This type of practice, using competitive drills, does a better job of preparing players to compete in real games. Technically, this is called transference. What you do in practice carries over into what you do in games.

Program Mission & Goals

Want to improve your team's ball handling? Games like dribble knockout are very popular. Every player must have his or her own basketball. Coach starts the game. Every player must dribble constantly, stay in-bounds and try to knock the ball away from all other players in the game. Lose control of your basketball or go out-of-bounds, and you're eliminated. Boundaries for 10-12 players could start as half the court. After several players are eliminated, the boundary is reduced to only inside the 3-point area. Boundary is reduced again to the free-throw lane. Finally, when there are just two players left, they play the "finals" in the free throw half circle.

Coaching Staff & Personnel

Damon Samper

Program Director

Coach Samper has more than a decade of experience coaching youth as a developmental skills and team coach. He grew up playing in Cleveland at a Div I school during the same time as Lebron James and played collegiately and professionally in the ABA and UBA. He has run training camps for the Cleveland Cavaliers and Utah Jazz and, most recently, was Director of the LA Clippers Youth Basketball Program. He has trained with the likes of Kyrie Irving, Al Jefferson, Kyle Korver, and many more top NBA talent. Coach Samper works and resides in Santa Barbara, CA as a teacher at a local private school for elementary through middle school and is a 1:1 coach to many of the local kids across the city. His forte is utilizing innovative tools for practical skills development while making every session, practice, and game a fun and rewarding experience. Most importantly, his demeanor and positivity working with kids is completely in line with our Program Goals and Mission. We are fortunate to have someone of his caliber in our small locale.

Bill Doer

Program Director

Bill has been working with youth of all ages for many years across a multitude of sports. He currently runs all youth programs for the Montecito YMCA and after-school sports programs at the local elementary school. Bill was one of the founders of Team LevelUp due to his desire to provide the local basketball youth with a club team that would allow a more competitive, traveling option for the community.

Team LevelUp is under the YMCA umbrella and as Program Director, Bill oversees all registration, scheduling, and communication (among many other hats) for the Team.

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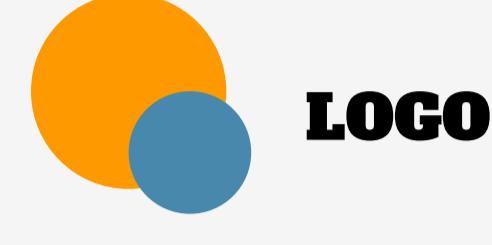
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program administrator.



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Spring Schedule

Practices

Tuesdays and Thursdays @ 5pm. FIRST PRACTICE THIS THURSDAY AT 5PM. Possibility of Mondays at 4:30pm as an alternate day if that is better for families' schedules. Please let me know of any preferences.

Games

Smith is working with SF house to arrange games. It may be sporadic in the beginning as they are looking for a coach, but we should be able to have scrimmages and games with the other teams that have coaches. We will eventually look to have games weekly, preferably Saturdays.

Tournaments

We are looking to play in 1-2 tournaments before the summer. We will gauge readiness and family schedules, but looking at the end of April (Spring Championship) and mid-May (Spring Finale). These dates are definitely not set, not-mandatory, but we view them as a great way to expose our kids to different levels of the sport from different cities/regions.



Location

Practices will be held at the Sacramento High School on the Upper Courts. There are 3 levels of basketball courts - the Upper Courts are off Kittens Rd.

Cost

We are asking families for **\$200/mo through May**, and possibly for the first part of June, solely to cover coach expenses, uniforms and gear (we plan to have some cool jerseys, warmups, and gear), and program costs.

Costs for Tournaments are extra but are typically around \$350 per team for registration. If there is any shortfall, I've committed to covering those costs.

Seasons & Locations

This team is a 4-Season Club Team and Skills Academy. The Club Team plays in the Fall, Spring, and Summer (dependent on availability) as a traveling team playing other local teams and 1-3 local tournaments per season.

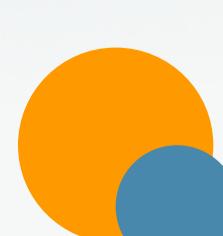
The Winter Season is played at the Sacramento and Hawaii YMCA basketball leagues. Throughout the year and in the Summer, we also offer Skills Clinics and Basketball Camps.

For additional information please contact us below.

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