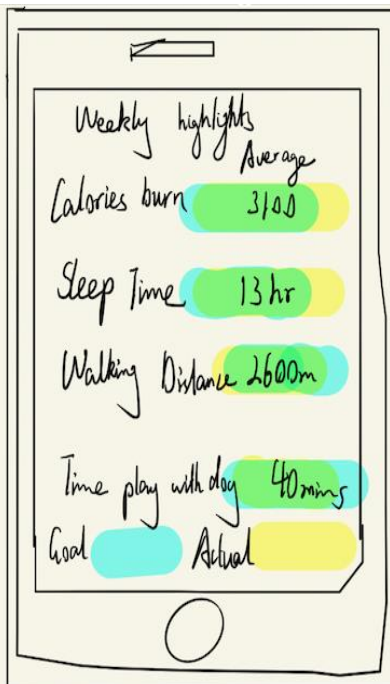
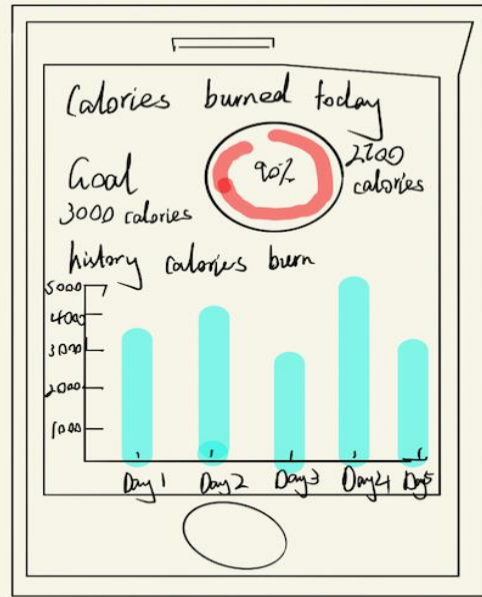
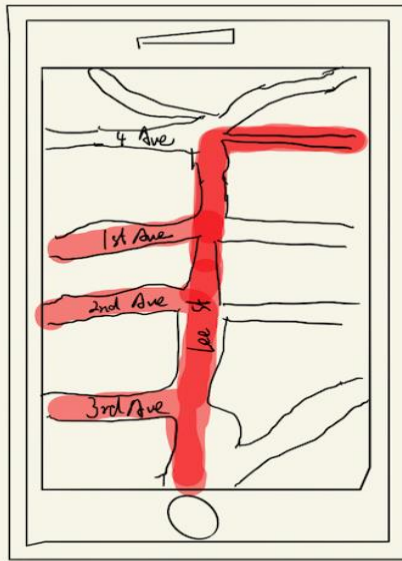


Part 1

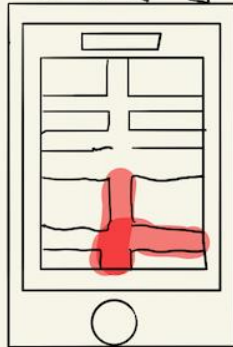
	Time play with dogs (mins)	Walking Distance (m)	Sleep Time (hr)	Sleep Location	Calories burn	Wake up time
Day 1	40min	2000m	13.5hr	living room	3000	6:00am
Day 2	10mins	500m	17hr	Bed room	1700	8:00am
Day 3	25 mins	1200m	15hr	living room	2600	7:00am
Day 4	30mins	1700m	13hr	living room	2800	6:30am
Day 5	15mins	2000m	11 hr	Bedroom	2600	7:00am
Day 6	20 min	3000m	13 hr	Kitchen	3000	6:30
Day 7	50 min	3000m	13hr	Bedroom	3000	6:00
Day 8	30min	1500m	14 hr	Kitchen	2000	7:00
Day 9	20 min	2000m	12 hr	Bedroom	3000	7:30
Day 10	40min	2500m	13 hr	Bathroom	3200	6:30

Part 2

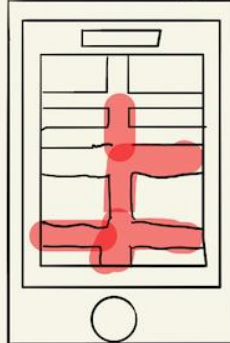


Part 3

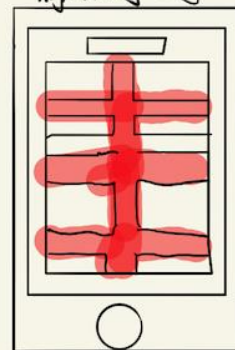
low activity day



medium activity day



high activity Day



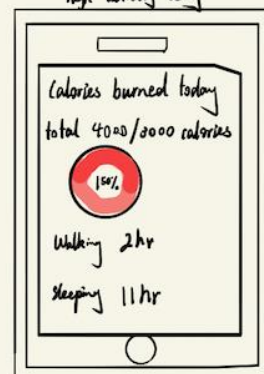
low activity day



medium activity day



high activity day



low activity week



medium activity week



high activity week

