



Source: <https://podio.com/site/creative-routines>

This is a data visualization showing what famous creators typically do in a day. The author uses horizontal bars to correspond to the timeline to show what the creators are doing in each time period. In the figure, the author summarizes 6 activities: sleep, creative work, day job/admin, food/leisure, exercise, other, and it to make it look more intuitive, and the author uses a different color to mark each activity. Another good way to show a creator's daily activity is using a clock-like graph. On the clock visualization, we can show the creator's activity during that time period by dividing each area of the alarm clock and labeling what each creator was doing during that time period. One benefit of this is that clocks are usually related to time so people can more easily relate to daily activities.

Based on the data visualization, generally speaking, the daily routine of most creators is relatively regular (even if there are a few creators who like to do the creative work at midnight). And most creators prefer to schedule their creative work from morning to afternoon and they will leave it as spare time after finishing the creative work.