



Source: <https://flowingdata.com/2018/06/21/what-makes-people-the-most-happy/>

This image shows after surveying 100,000 happy moments, when people talk about "happiness", people say these words shown above. Based on the result, for the subject and object case, people mostly define happiness related to himself/herself. This means that it is much easier to feel happy with their own experiences than with the experiences of others. This could be related to self-bias that people pay more attention to their achievements/affection. In addition to that, by analyzing verbs related to happiness, it is clear that most of the top words are related to achievement. This means compared to all the other actions (like traveling, smoking etc), people are happier about their achievement.

Usage:

1. One important application is emotional detection/prediction in natural language processing. For example, when we want to predict people's emotions, if he/she keeps saying some words about his/her achievement of a certain goal, we can predict that he is in a happy mood at that time