

## Isotonic Regression

Lecturer: Chao Gao

Scribe: Xinze Li

## 1 Problem Formulation

Isotonic regression is also called shape-constraint estimation. The advantage of this kind of estimation is that we do not need tuning parameter to do the estimation. We assume the nonparametric model as follows

$$y_i = f(x_i) + z_i, \quad i \in [n], z_i \stackrel{\text{i.i.d.}}{\sim} \mathcal{N}(0, \sigma^2)$$

We also assume that  $f$  is nondecreasing. In particular, we suppose

$$\begin{aligned} y_i &= \theta_i + z_i, \quad z_i \stackrel{\text{i.i.d.}}{\sim} \mathcal{N}(0, \sigma^2), \quad i \in [n] \\ \theta_1 &\leq \theta_2 \leq \dots \leq \theta_n \end{aligned} \tag{1}$$

So we could compute the following estimator

$$\hat{\theta} = \arg \min_{\theta_1 \leq \theta_2 \leq \dots \leq \theta_n} \|y - \theta\|^2 \tag{2}$$

Note that the constraint is linear, and the objective is quadratic, so this is an easy quadratic programming problem. In particular, this is a convex programming problem, which is easily computable. We define the following convex set naturally

$$C = \{\theta \in \mathbb{R}^n : \theta_1 \leq \theta_2 \leq \dots \leq \theta_n\} \tag{3}$$

We also construct the vector  $v_j = \sum_{i=1}^j e_i$ , where  $\{e_j\}_{j=1}^n$  is the canonical base of  $\mathbb{R}^n$ . Now note that  $\hat{\theta} \in C$ , and that for every  $\epsilon > 0$ ,  $\hat{\theta} - \epsilon v_j \in C$ , so we could derive the basic inequality.

$$\|\hat{\theta} - y\|^2 \leq \|\hat{\theta} - \epsilon v_j - y\|^2 \tag{4}$$

Expanding the RHS gives

$$0 \leq \epsilon j - 2 \langle \hat{\theta} - y, v_j \rangle$$

Let  $\epsilon$  goes to zero gives

$$\langle \hat{\theta} - y, v \rangle \leq 0$$

In other words,

$$\sum_{i=1}^j \hat{\theta}_i \leq \sum_{i=1}^j y_i, \quad \forall j \in [n] \tag{5}$$

Now notice that if  $\hat{\theta}_j < \hat{\theta}_{j+1}$ , the inequality strictly holds, then for  $\epsilon$  sufficiently small, we have  $\hat{\theta} + \epsilon v_j \in C$ . Following the same computation gives

$$\langle \hat{\theta} - y, v_j \rangle \geq 0$$

Combining these reasoning, we have the following characterization of  $\hat{\theta}$

$$\begin{cases} \sum_{i=1}^j \hat{\theta}_i \leq \sum_{i=1}^j y_i & \forall j \in [n] \\ \sum_{i=1}^j \hat{\theta}_i = \sum_{i=1}^j y_i & \forall j \text{ s.t. } \hat{\theta}_j < \hat{\theta}_{j+1} \text{ or } j = n \end{cases} \quad (6)$$

We could also observe that the solution is unique (because the objective is strongly convex) and that the curve of the sum of  $\theta_i$  is the largest convex function below the curve of the sum of  $y_i$  (including  $(0, 0)$ ). Let  $f$  be an arbitrary continuous function, then we could define  $\bar{f}$  as the convex

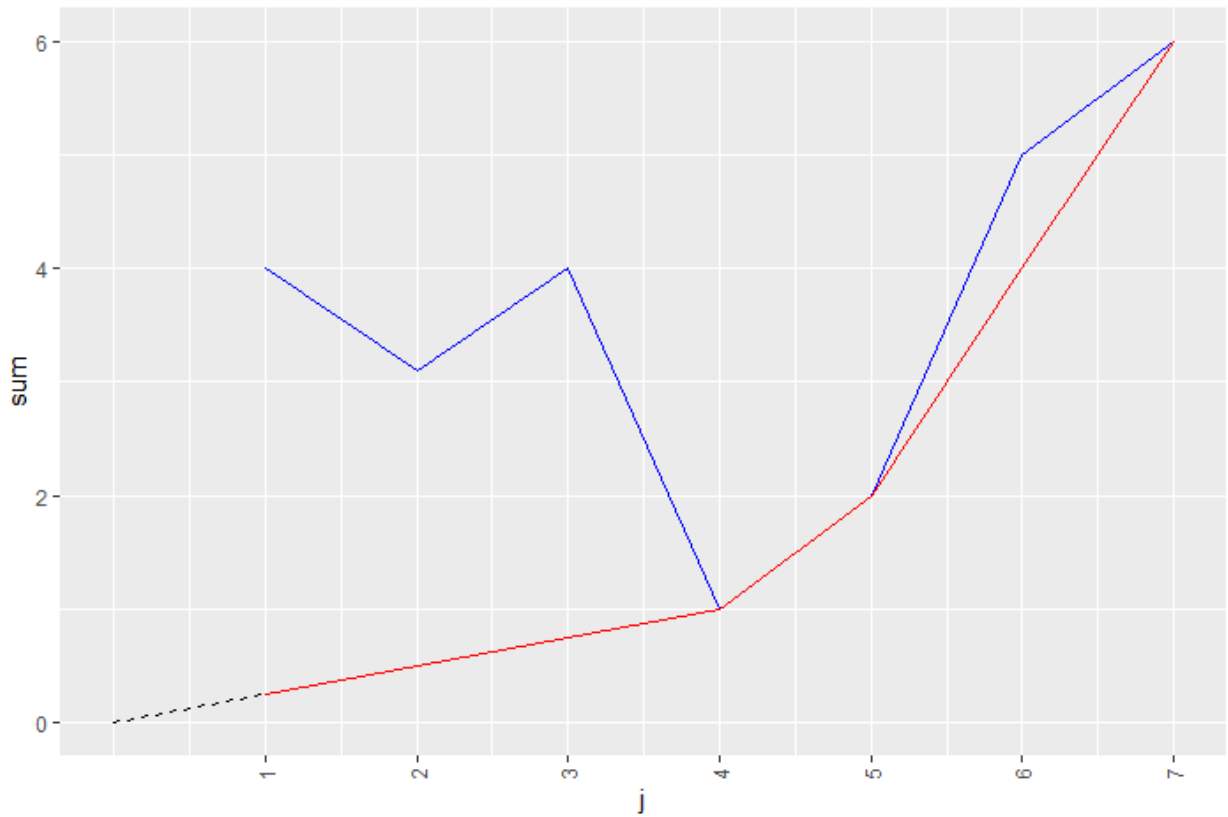


Figure 1: Simple Example of Convex Minorant

minorant of  $f$ , i.e., the largest convex function that is smaller than or equal to  $f$  everywhere. We

could also define the right derivative of  $\bar{f}$  as

$$\begin{aligned}\bar{f}^{(1,r)}(t) &= \inf_{w>t} \sup_{s\leq t} \frac{f(w) - f(s)}{w - s} \\ &= \sup_{s\leq t} \inf_{w>t} \frac{f(w) - f(s)}{w - s}\end{aligned}$$

We could also define the left derivative similarly. We now could conclude that the solution to the convex programming problem 2 is

$$\hat{\theta}_i = \min_{l\geq i} \max_{k\leq i} \bar{y}_{[k,l]}, \quad \bar{y}_{[k,l]} = \frac{1}{l - k + 1} \sum_{j=k}^l y_j \quad (7)$$

We could use **PAVA** (pool-adjacent-violators-algorithm) to get the solution in linear time.

## 2 Algorithm

PAVA algorithm is easy to describe. It works just as its name says: to pool adjacent violators. So we first scan the array from the first element to the last element. Once there is a violator  $y_i > y_{i+1}$ , we pool these two nodes together to be a single node, with weight 2 and value equal to the weighted average. Because once we do these pooling procedure, the length of the array decrease by one, the time complexity of the algorithm is  $O(n)$ . We now verify the correctness of the algorithm.

First note that if  $y_1 \leq y_2 \leq \dots \leq y_n$  already, then

$$y = \arg \min_{\theta_1 \leq \dots \leq \theta_n} \sum_{i=1}^n w_i (y_i - \theta_i)^2$$

Suppose  $y_5 > y_6$  for simplicity. It is easy to note that

$$\min_{\theta_1 \leq \dots \leq \theta_n} \sum_{i=1}^n w_i (y_i - \theta_i)^2 = \min_{\theta_1 \leq \dots \leq \theta_5 = \theta_6 \leq \dots \leq \theta_n} \sum_{i=1}^n w_i (y_i - \theta_i)^2$$

This is because if  $\theta_5 < \theta_6$  strictly, then we could always pull  $\theta_5$  towards  $\theta_6$  or pull  $\theta_6$  towards  $\theta_5$ , to decrease the objective value, and in the same time still maintain the isotonic property. We could then write

$$\begin{aligned}w_5 (y_5 - \theta)^2 + w_6 (y_6 - \theta)^2 &= (w_5 + w_6) \left( \frac{w_5 y_5 + w_6 y_6}{w_5 + w_6} - \theta \right)^2 + w_5 \left( y_5 - \frac{w_5 y_5 + w_6 y_6}{w_5 + w_6} \right)^2 \\ &\quad + w_6 \left( y_6 - \frac{w_5 y_5 + w_6 y_6}{w_5 + w_6} \right)^2 \\ &= (w_5 + w_6) \left( \frac{w_5 y_5 + w_6 y_6}{w_5 + w_6} - \theta \right)^2 + f(y_5, y_6, w_5, w_6)\end{aligned}$$

Thus, we have

$$\arg \min_{\theta \leq \dots \leq \theta_n} \sum_{i=1}^n w_i (y_i - \theta_i)^2 = \arg \min_{\theta_1 \leq \dots \leq \theta_4 \leq \theta \leq \theta_7 \leq \dots \leq \theta_n} \left[ \sum_{i=1}^4 w_i (y_i - \theta_i)^2 + (w_5 + w_6) \left( \frac{w_5 y_5 + w_6 y_6}{w_5 + w_6} - \theta \right)^2 + \sum_{i=7}^n w_i (y_i - \theta_i)^2 \right]$$

And this is exactly what the algorithm is doing.

### 3 Property of PAVA Estimator

**Theorem 3.1** (Meyer-Woodroffe-Zhang). *If  $\theta_n - \theta_1 \leq V$ , then*

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \lesssim \sigma^2 \left( \log(en) + n^{1/3} \left( \frac{V}{\sigma} \right)^{2/3} \right) \quad (8)$$

*Remark 3.2.* Suppose  $\theta$  is a piecewise constant function with  $K$  blocks and that if  $\theta_i \in j_{th}$  block, then  $\theta_i = \mu_j$ . Now note that if we let  $\hat{\theta}_i$  be the average value of all  $y_i$  in the  $j_{th}$  block, then we have

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 = \sum_{i=1}^n \left( \hat{\theta}_i - \theta_i \right)^2 = \sum_{j=1}^K \left( \sum_{i \in B_j} \frac{\sigma^2}{n_j} \right) = \sigma^2 K$$

where  $B_j$  is the set of all elements in the  $j_{th}$  block. Another case is when  $\frac{V}{\sigma} = O(1)$ , then  $E \left\| \hat{\theta} - \theta \right\|^2 \preceq \sigma^2 n^{1/3}$ . This indicates that  $n$  elements are divided into  $O(n^{1/3})$  pieces.

*Proof.* Following the above notation, and let

$$\hat{\theta}_i = \min_{l \geq i} \max_{k \leq i} \bar{y}_{[k,l]} \quad (9)$$

Also use the following notation

$$x_+ = \max(0, x), \quad x_- = \max(0, -x), \quad |x| = x_+ + x_-$$

Then we have

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 = \sum_{i=1}^n \mathbf{E} \left\| \hat{\theta} - \theta \right\|_+^2 + \mathbf{E} \left\| \hat{\theta} - \theta \right\|_-^2$$

Also

$$\hat{\theta}_i = \min_{l \geq i} \max_{k \leq i} \bar{y}_{[k,l]} \leq \min_{i \leq l \leq i+m_i} \max_{k \leq i} (\bar{\theta}_{[k,l]} + \bar{z}_{[k,l]})$$

where  $m_i$  is defined as follows

$$m_i = \max_m \left\{ m : \bar{\theta}_{[i, i+m]} - \theta_i \leq v(m), i+m \leq n \right\}$$

$v(m)$  is a bias function to be determined. Using this definition, we have the inequality

$$\bar{\theta}_{[k,l]} \leq \bar{\theta}_{[i,l]} \leq \theta_i + v(m_i)$$

Thus,

$$\hat{\theta}_i \leq \theta_i + v(m_i) + \min_{i \leq l \leq i+m_i} \max_{k \leq i} \bar{z}_{[k,l]}$$

Rearranging the order gives

$$\left( \hat{\theta}_i - \theta_i \right)_+ \leq \left( v(m_i) + \min_{i \leq l \leq i+m_i} \max_{k \leq i} (z)_{[k,l]} \right)_+ \leq v(m_i) + \left( \min_{i \leq l \leq i+m_i} \max_{k \leq i} (z)_{[k,l]} \right)_+$$

So we have

$$\begin{aligned} \sum_{i=1}^n \mathbf{E} \left( \hat{\theta}_i - \theta_i \right)_+^2 &\leq 2 \sum_{i=1}^n v(m_i)^2 + 2 \sum_{i=1}^n \mathbf{E} \left( \min_{i \leq l \leq i+m_i} \max_{k \leq i} \bar{z}_{[k,l]} \right)_+^2 \\ \sum_{i=1}^n \mathbf{E} \left( \hat{\theta}_i - \theta_i \right)_-^2 &\leq 2 \sum_{i=1}^n \mathbf{E} \left( \min_{i \leq l \leq i+m_i} \max_{k \leq i} \bar{z}_{[k,l]} \right)_-^2 \end{aligned} \quad (10)$$

Combining these two inequalities gives

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \leq 2 \sum_{i=1}^n v(m_i)^2 + 2 \sum_{i=1}^n \mathbf{E} \left( \min_{i \leq l \leq i+m_i} \max_{k \leq i} \bar{z}_{[k,l]} \right)^2$$

Before we do the next analysis, we first recall knowledge in probability theory. We say that  $(\mathcal{F}_i)_{i=1}^\infty$  is a filtration if  $\mathcal{F}_1 \subseteq \mathcal{F}_2 \subseteq \dots$ . And that  $(X_t)$  is a (sub)martingale if the following two requirements are met:

1.  $X_t$  is an adaptive process, i.e., it is measurable w.r.t.  $\mathcal{F}_t$ .
2.  $\mathbf{E}(X_t | \mathcal{F}_{t-1}) (\geq) = X_{t-1}$ .

An obvious but interesting fact is that if  $\phi$  is a convex function and  $(X_t)$  is a martingale w.r.t.  $\mathcal{F}_t$ , then  $(\phi(X_t))$  is a submartingale. This is just a one-line proof:

$$\mathbf{E}(\phi(X_t) | \mathcal{F}_{t-1}) \geq \phi(\mathbf{E}(X_t | \mathcal{F}_{t-1})) = \phi(X_{t-1})$$

We now introduce Doob's maximal inequality

**Lemma 3.3.** *If  $(M_n)_{n=1}^\infty$  is a positive submartingale, then*

$$\mathbf{E} \left( \max_{1 \leq m \leq n} M_m \right)^2 \leq 4 \mathbf{E} M_n^2$$

**Example 3.4.** Suppose  $z_i \stackrel{i.i.d.}{\sim} P$ , and have finite second moment:  $\mathbf{E} z_i^2 < \infty$ . Let  $S_n$  be the mean of the first  $n$  elements:  $S_n = \frac{1}{n} \sum_{i=1}^n z_i$ . Then we claim that  $S_n$  is a reverse martingale

$$\mathbf{E}(S_{n-1}|S_n) = \frac{1}{n-1} \sum_{i=1}^{n-1} \mathbf{E}(z_i|S_n) = \frac{1}{n-1} S_n = S_n$$

The second equality holds because the best guess of  $z_i$  when we know  $S_n$  is just  $S_n$ .

Using this, we could prove that

$$\begin{aligned} \mathbf{E} \left( \min_{i \leq l \leq i+m_i} \max_{k \leq i} \bar{z}_{[k,l]} \right)_+^2 &\leq \mathbf{E} \left( \max_{k \leq i} \bar{z}_{[k,i+m_i]} \right)_+^2 \\ &\leq 4 \mathbf{E} \left( \bar{z}_{[i,i+m_i]} \right)_+^2 \\ &= \frac{4}{m_i+1} \mathbf{E} \left( \mathcal{N}(0, \sigma^2) \right)_+^2 \\ &\lesssim \frac{\sigma^2}{m_i+1} \end{aligned}$$

So we could write

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \lesssim \sum_{i=1}^n \left( v(m_i) + \frac{\sigma^2}{m_i+1} \right)$$

To balance variance and bias, we choose

$$v(m)^2 = \frac{\sigma^2}{m+1}$$

So we have the following analysis

$$\begin{aligned} \mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 &\lesssim \sigma^2 \sum_{i=1}^n \frac{1}{m_i+1} \\ &= \sigma^2 \sum_{i=1}^n \sum_{l \geq 0} \mathbb{1}(2^l \leq m_i < 2^{l+1}) \frac{1}{m_i+1} + \sigma^2 \sum_{i=1}^n \mathbb{1}(0 \leq m_i < 1) \frac{1}{m_i+1} \\ &\leq \sigma^2 \sum_{l \geq 0} \frac{1}{2^l+1} \sum_{i=1}^n \mathbb{1}(2^l \leq m_i < 2^{l+1}) + \sigma^2 \sum_{i=1}^n \mathbb{1}(0 \leq m_i < 1) \\ &= \sigma^2 \sum_{l \geq 0} \frac{1}{2^l+1} (H(2^{l+1}) - H(2^l)) + \sigma^2 H(1) \end{aligned}$$

where

$$H(m) = \sum_{i=1}^n \mathbb{1}(m_i \leq m)$$

So if  $H(m) \leq \tilde{H}(m)$  for every  $m \geq 0$ , then

$$\sigma^2 \sum_{l \geq 0} \frac{1}{2^l + 1} (H(2^{l+1}) - H(2^l)) + \sigma^2 H(1) \leq \sigma^2 \sum_{l \geq 0} \frac{1}{2^l + 1} (\tilde{H}(2^{l+1}) - \tilde{H}(2^l)) + \sigma^2 \tilde{H}(1)$$

Now recall  $m_i$ 's definition

$$m_i = \max_m \{m : \bar{\theta}_{[i, i+m]} - \theta_i \leq v(m), i + m \leq n\}$$

thus if  $m_i < m$ , then  $\bar{\theta}_{[i, i+m]} > v(m)$ . Thus, we have

$$\begin{aligned} H(m) &= \sum_{i=1}^n \mathbb{1}(m_i \leq m) \\ &\leq \sum_{i=1}^{n-m} \mathbb{1}(\bar{\theta}_{[i, i+m]} - \theta_i > v(m)) + m \\ &\leq \sum_{i=1}^{n-m} \frac{\bar{\theta}_{[i, i+m]} - \theta_i}{v(m)} + m \\ &\leq \sum_{i=1}^{n-m} \frac{\theta_{i+m} - \theta_i}{v(m)} + m \\ &\leq \frac{mV}{v(m)} + m \\ &= m + \frac{mV}{\sigma} \sqrt{m+1} \end{aligned}$$

The last inequality holds because all terms are canceled except for the first  $m$  and the last  $m$  term and they form  $m$  pairs. Then the bound is derived because of the total variation is  $V$ . So we have a bound for  $H(m)$ :

$$H(m) \leq \min \left( n, m\sqrt{m+1} \cdot \frac{V}{\sigma} \right) + \min(n, m) = \tilde{H}(m)$$

So now we have the analysis

$$\begin{aligned} \mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 &\lesssim \sigma^2 \cdot \sum_{l \geq 0} \frac{1}{2^l + 1} (\tilde{H}(2^{l+1}) - \tilde{H}(2^l)) + \sigma^2 \tilde{H}(1) \\ &= \sigma^2 \cdot \underbrace{\sum_{l \geq 0} \frac{1}{2^l + 1} \left[ \min \left( n, 2^{l+1} \sqrt{2^{l+1} + 1} \cdot \frac{V}{\sigma} \right) - \min \left( n, 2^l \sqrt{2^l + 1} \cdot \frac{V}{\sigma} \right) \right]}_I \\ &\quad + \sigma^2 \cdot \underbrace{\sum_{l \geq 0} \frac{1}{2^l + 1} [\min(n, 2^{l+1}) - \min(n, 2^l)]}_{II} + \sigma^2 \cdot \underbrace{\left( \min \left( n, \frac{V}{\sigma} \right) + 1 \right)}_{III} \end{aligned}$$

For the second part II

$$\text{II} \leq \sum_{2^l \leq n} \frac{1}{2^l + 1} \min(n, 2^{l+1}) \leq \sum_{2^l \leq n} 2 \lesssim \log(en)$$

And the first part I is just the same analysis

$$\begin{aligned} \text{I} &\leq \sum_{2^l \sqrt{2^{l+1}V/\sigma} \leq n} \frac{1}{2^l + 1} \min\left(n, 2^{l+1} \sqrt{2^{l+1} + 1} \cdot \frac{V}{\sigma}\right) \\ &\lesssim \sum_{2^{3l/2} \leq n\sigma/V} 2^{\frac{l}{2}} \frac{V}{\sigma} \\ &\lesssim \left(n \frac{\sigma}{V}\right)^{\frac{2}{3} \times \frac{1}{2}} \cdot \frac{V}{\sigma} \\ &= n^{\frac{1}{3}} \cdot \left(\frac{V}{\sigma}\right)^{\frac{2}{3}} \end{aligned}$$

And the third part III

$$\text{III} \lesssim n^{\frac{1}{3}} \cdot \left(\frac{V}{\sigma}\right)^{\frac{2}{3}}$$

Thus, we conclude that

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \lesssim \sigma^2 \left( \log(en) + n^{1/3} \left(\frac{V}{\sigma}\right)^{2/3} \right)$$

□

Actually, we could prove that

**Theorem 3.5** ([Zhang, 2002]).

$$\sum_{i=n_1}^{n_2} \mathbf{E} \left( \hat{\theta}_i - \theta_i \right)^2 \lesssim \sigma^2 \left[ \log(e(n_2 - n_1)) + (n_2 - n_1)^{\frac{1}{3}} \cdot \left( \frac{\theta_{n_2} - \theta_{n_1}}{\sigma} \right)^{\frac{2}{3}} \right] \quad (11)$$

For more details, see homework 9. If we assume that

$$\begin{aligned} \Theta_k^\uparrow &= \left\{ \theta \in \mathbb{R}^n : \text{there exist } \{a_j\}_{j=0}^k \text{ and } \{\mu_j\}_{j=1}^k \text{ such that} \right. \\ &\quad 0 = a_0 \leq a_1 \leq \dots \leq a_k = n \\ &\quad \left. \mu_1 \leq \mu_2 \leq \dots \leq \mu_k, \text{ and } \theta_i = \mu_j \text{ for all } i \in (a_{j-1} : a_j] \right\} \end{aligned} \quad (12)$$

the parameter space of nondecreasing vectors with at most  $k$  pieces. Then we have that if  $\theta \in \Theta_k^\uparrow$ , then

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \lesssim \sigma^2 \sum_{j=1}^k \log(en_j)$$



where  $n_j$  is the length of each pieces. Combining these two results, we know that if  $\theta$  has at most  $k$  pieces, monotone and have total variation at most  $V$ , then

$$\mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \lesssim \sigma^2 \min \left\{ \log(en) + n^{1/3} \left( \frac{V}{\sigma} \right)^{2/3}, k \log \left( \frac{en}{k} \right) \right\}$$

And from [Gao et al., 2017], we know the minimax rate

$$\inf_{\hat{\theta}} \sup_{\theta^* \in \Theta_k^\uparrow} \mathbf{E} \left\| \hat{\theta} - \theta^* \right\|^2 \geq \begin{cases} c\sigma^2, & k = 1 \\ c\sigma^2 k \log \log(16n/k), & k \geq 2 \end{cases} \quad (13)$$

We could achieve the minimax rate using the following estimator

$$\hat{\theta} = \arg \min_{\theta \in \Theta_k^\uparrow} \|y - \theta\|^2$$

The log log term appears because of the law of iterated logarithm

$$\max_{1 \leq m \leq n} \left| \frac{1}{\sqrt{m}} \sum_{i=1}^m z_i \right| \asymp \sigma \sqrt{\log \log n}, \quad z_i \stackrel{\text{i.i.d.}}{\sim} \mathcal{N}(0, \sigma^2)$$

Also if we define

$$\Theta^\uparrow(V) = \{\theta \in \mathbb{R}^n, \theta_1 \leq \dots \leq \theta_n, \theta_n - \theta_1 \leq V\}$$

then we have

$$\inf_{\hat{\theta}} \sup_{\theta \in \Theta^\uparrow} \mathbf{E} \left\| \hat{\theta} - \theta \right\|^2 \asymp \sigma^2 n^{1/3} \left( \frac{V}{\sigma} \right)^{2/3}$$

This is a result from Polyak, Nemirovski and Tsybakov.

## References

- [Gao et al., 2017] Gao, C., Han, F., and Zhang, C.-H. (2017). On estimation of isotonic piecewise constant signals.
- [Zhang, 2002] Zhang, C.-H. (2002). Risk bounds in isotonic regression. *Ann. Statist.*, 30(2):528–555.