

## **MOUNTAIN BIKER'S RESPONSIBILITY CODE**

Mountain biking involves the risk of serious injury or death. Your knowledge, decisions and actions contribute to your safety and that of others. ALWAYS:

### **1. STAY IN CONTROL**

You are responsible for avoiding objects and people.

### **2 .KNOW YOUR LIMITS**

Ride within your ability. Start small and work your way up.

### **3. PROTECT YOURSELF**

Use an appropriate bike, helmet, and protective equipment.

### **4. INSPECT & MAINTAIN YOUR EQUIPMENT**

Know your components and their operation prior to riding.

### **5. INSPECT THE TRAILS & FEATURES**

Conditions change constantly; plan and adjust your riding accordingly.

### **6. OBEY SIGNS & WARNINGS**

Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.

### **7. BE VISIBLE**

Do not stop where you obstruct a trail, feature, landing, or are not visible.

### **8. LOOK OUT FOR OTHERS**

Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead.

### **9. COOPERATE**

If involved in or witness to an incident, identify yourself to staff.

### **10. LEAVE NO TRACE**

Absolutely no littering. Do not feed, provoke, or approach wildlife.

Bicycling involves risk of injury and damage. By entering the Park you assume full responsibility for that risk.

Timberland Mountain Bike Park is private property. Management has the right to deny or revoke access for violation of any of the above conditions.