

Department of Gynecology and Oncology

Patient Discharge Summary

Patient: Sofia G. Martínez (DOB 1995-07-14, MRN 739281)

Date of Discharge: 2025-09-25

This document summarizes the hospital stay of the above-mentioned patient. The patient was admitted following abnormal findings on imaging. During admission, a comprehensive diagnostic and therapeutic approach was undertaken, culminating in surgical intervention. The summary below is intended for continuity of care.

Clinical Course

On admission, the patient reported intermittent lower abdominal discomfort over the past two months. A pelvic MRI (Pelvic MRI (revealed ovarian mass)) revealed an ovarian mass consistent with a benign tumor. Laboratory testing demonstrated normal glycemic control (HbA1c: 5.6 %) and no evidence of systemic disease. The patient underwent laparoscopic removal of the ovarian tumor. The procedure was uneventful, with minimal blood loss. Post-operatively, the patient recovered well with stable vital signs. Pain management was achieved with oral analgesics.

The histopathology confirmed a benign ovarian tumor with no malignant features. The patient's past medical history was otherwise unremarkable, with no diagnosis of diabetes or other chronic illnesses. She tolerated diet advancement and mobilization without complications.

Discharge Medications

At discharge, the patient was prescribed: Ibuprofen 400 mg TID; Omeprazole 20 mg QD.

Follow-Up and Recommendations

The patient should attend a gynecology follow-up appointment in four weeks for wound assessment and review of surgical outcome. Routine gynecological surveillance is recommended annually. No adjuvant therapy is required. Patient education regarding symptom monitoring was provided.

Summary

This admission addressed the presence of an ovarian tumor, which was surgically removed. The patient was discharged in stable condition with adequate pain control and clear follow-up arrangements. Importantly, there is no indication of malignancy. Diabetes was ruled out in this case.

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