

Discharge Letter

Patient Name: Maya L. Patel
Date of Birth: 1988-03-22
Medical Record Number: 824593
Date of Discharge: 2025-09-12

Diagnosis

Type 2 Diabetes Mellitus, newly diagnosed

Medications

- Metformin 500 mg BID
- Atorvastatin 20 mg QD

Laboratory Results

HbA1c: 7.8 %

Imaging

Performed: Abdominal ultrasound

Hospital Course

The patient was admitted for evaluation of newly diagnosed diabetes mellitus type 2. During the hospital stay, the patient was monitored closely, dietary counseling was provided, and pharmacological therapy was initiated. Vital signs remained stable throughout admission.

Follow-Up Recommendations

The patient should follow up with the outpatient endocrinology clinic within 6 weeks. Routine monitoring of blood glucose and HbA1c is advised. Blood pressure and lipid levels should be checked at follow-up. The patient was instructed to maintain a balanced diet and regular exercise regimen.

Summary

In summary, this admission addressed the patient's new diagnosis of type 2 diabetes. The patient tolerated treatment well and was discharged in stable condition with medication, lifestyle recommendations, and scheduled follow-up.

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