



See your results   Compare with others    

en sq ... 26 more

0:18

3%

### Worry about things

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Make friends easily

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Have a vivid imagination

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

0:45

5%

### Trust others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Complete tasks successfully

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Get angry easily

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

1:10

8%

### Love large parties

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Believe in the importance of art

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Use others for my own ends

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

1:59

10%

### Like to tidy up

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Often feel blue

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Take charge

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

2:27

13%

### Experience my emotions intensely

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Love to help others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Keep my promises

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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2:59

15%

### Find it difficult to approach others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am always busy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Prefer variety to routine

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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3:20

18%

### Love a good fight

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Work hard

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Go on binges

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en   sq   ... 26 more

3:39

20%

### Love excitement

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Love to read challenging material

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Believe that I am better than others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

3:58

23%

### Am always prepared

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Panic easily

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Radiate joy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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4:24

25%

### Tend to vote for liberal political candidates

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Sympathize with the homeless

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Jump into things without thinking

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en   sq   ... 26 more

4:53

28%

### Fear for the worst

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Feel comfortable around people

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Enjoy wild flights of fantasy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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5:18

30%

### Believe that others have good intentions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Excel in what I do

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Get irritated easily

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

5:46

33%

### Talk to a lot of different people at parties

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### See beauty in things that others might not notice

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Cheat to get ahead

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

6:10

35%

### Often forget to put things back in their proper place

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Dislike myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Try to lead others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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6:28

38%

### Feel others' emotions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am concerned about others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Tell the truth

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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7:10

40%

### Am afraid to draw attention to myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am always on the go

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Prefer to stick with things that I know

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

7:32

43%

### Yell at people

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Do more than what's expected of me

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Rarely overindulge

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

7:54

45%

### Seek adventure

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Avoid philosophical discussions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Think highly of myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

8:16

48%

### Carry out my plans

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Become overwhelmed by events

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Have a lot of fun

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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8:44

50%

### Believe that there is no absolute right and wrong

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Feel sympathy for those who are worse off than myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Make rash decisions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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9:18

53%

### Am afraid of many things

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Avoid contacts with others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Love to daydream

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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9:36

55%

### Trust what people say

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Handle tasks smoothly

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Lose my temper

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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9:59

57%

#### Prefer to be alone

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Do not like poetry

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Take advantage of others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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10:19

60%

### Leave a mess in my room

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am often down in the dumps

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Take control of things

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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10:42

63%

### Rarely notice my emotional reactions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am indifferent to the feelings of others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Break rules

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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11:04

65%

### Only feel comfortable with friends

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Do a lot in my spare time

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Dislike changes

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

11:58

68%

### Insult people

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Do just enough work to get by

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Easily resist temptations

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

12:38

70%

### Enjoy being reckless

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Have difficulty understanding abstract ideas

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Have a high opinion of myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

12:57

73%

### Waste my time

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Feel that I'm unable to deal with things

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Love life

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

13:22

75%

### Tend to vote for conservative political candidates

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am not interested in other people's problems

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Rush into things

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

13:48

78%

### Get stressed out easily

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Keep others at a distance

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Like to get lost in thought

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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14:12

80%

### Distrust people

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Know how to get things done

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am not easily annoyed

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

14:53

83%

#### Avoid crowds

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Do not enjoy going to art museums

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Obstruct others' plans

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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15:16

85%

### Leave my belongings around

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Feel comfortable with myself

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Wait for others to lead the way

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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15:40

88%

### Don't understand people who get emotional

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Take no time for others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Break my promises

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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16:01

90%

### Am not bothered by difficult social situations

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Like to take it easy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am attached to conventional ways

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

16:22

93%

### Get back at others

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Put little time and effort into my work

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am able to control my cravings

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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16:56

95%

### Act wild and crazy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Am not interested in theoretical discussions

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Boast about my virtues

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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17:16

98%

#### Have difficulty starting tasks

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Remain calm under pressure

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

#### Look at the bright side of life

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

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en sq ... 26 more

17:42

100%

### Believe that we should be tough on crime

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Try not to think about the needy

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

### Act without thinking

- Very Inaccurate
- Moderately Inaccurate
- Neither Accurate Nor Inaccurate
- Moderately Accurate
- Very Accurate

SEE RESULTS

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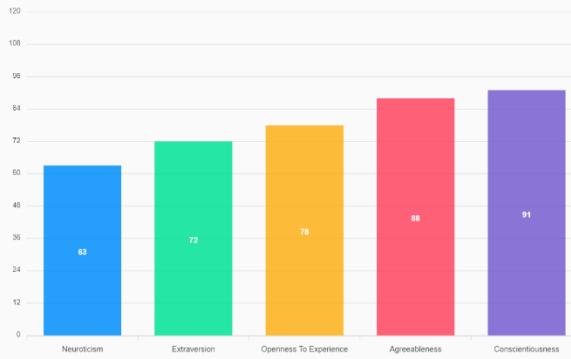
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Change language
English
12/31/2021, 2:03:57 PM

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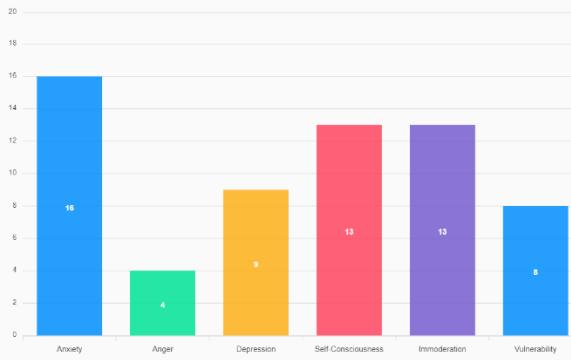
61ce9d4ca1d5060009d74619

## The Big Five



Trait	Score
Neuroticism	63
Extraversion	72
Openness To Experience	78
Agreeableness	88
Conscientiousness	91

**Neuroticism**  
score: 63 - low  
Neuroticism refers to the tendency to experience negative feelings.



Trait	Score
Anxiety	16
Anger	4
Depression	9
Self Consciousness	13
Immoderation	13
Vulnerability	8

**Anxiety**  
score: 16 - high  
The "fight-or-flight" system of the brain of anxious individuals is too easily and too often engaged. Therefore, people who are high in anxiety often feel like something dangerous is about to happen. They may be afraid of specific situations or be just generally fearful. They feel tense, jittery, and nervous. Persons low in Anxiety are generally calm and fearless.

**Anger**  
score: 4 - low  
Persons who score high in Anger feel enraged when things do not go their way. They are sensitive about being treated fairly and feel resentful and bitter when they feel they are being cheated. This scale measures the tendency to feel angry; whether or not the person expresses annoyance and hostility depends on the individual's level on Agreeableness. Low scorers do not get angry often or easily.

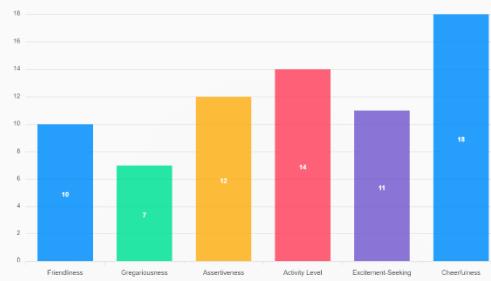
**Depression**  
score: 9 - low  
This scale measures the tendency to feel sad, dejected, and discouraged. High scorers lack energy and have difficulty initiating activities. Low scorers tend to be free from these depressive feelings.

**Self-Consciousness**  
score: 13 - high  
Self-conscious individuals are sensitive about what others think of them. Their concern about rejection and ridicule cause them to feel shy and uncomfortable around others. They are easily embarrassed and often feel ashamed. Their fears that others will criticize or make fun of them are exaggerated and unrealistic, but their awkwardness and discomfort may make these fears a self-fulfilling prophecy. Low scorers, in contrast, do not suffer from the mistaken impression that everyone is watching and judging them. They do not feel nervous in social situations.

**Immoderation**  
score: 13 - high  
Immoderate individuals feel strong cravings and urges that they have difficulty resisting. They tend to be oriented toward short-term pleasures and rewards rather than long-term consequences. Low scorers do not experience strong, irresistible cravings and consequently do not find themselves tempted to overindulge.

**Vulnerability**  
score: 8 - low  
High scorers on Vulnerability experience panic, confusion, and helplessness when under pressure or stress. Low scorers feel more poised, confident, and clear-thinking when stressed.

**Extraversion**  
score: 72 - neutral  
Extraversion is marked by pronounced engagement with the external world.



#### **Friendliness**

score: 10 - low

Friendly people genuinely like other people and openly demonstrate positive feelings toward others. They make friends quickly and it is easy for them to form close, intimate relationships. Low scorers on Friendliness are not necessarily cold and hostile, but they do not reach out to others and are perceived as distant and reserved.

#### **Gregariousness**

score: 7 - low

Gregarious people find the company of others pleasantly stimulating and rewarding. They enjoy the excitement of crowds. Low scorers tend to feel overwhelmed by, and therefore actively avoid, large crowds. They do not necessarily dislike being with people sometimes, but their need for privacy and time to themselves is much greater than for individuals who score high on this scale.

#### **Assertiveness**

score: 12 - neutral

High scorers Assertiveness like to speak out, take charge, and direct the activities of others. They tend to be leaders in groups. Low scorers tend not to talk much and let others control the activities of groups.

#### **Activity Level**

score: 14 - high

Active individuals lead fast-paced, busy lives. They move about quickly, energetically, and vigorously, and they are involved in many activities. People who score low on this scale follow a slower and more leisurely, relaxed pace.

#### **Excitement-Seeking**

score: 11 - low

High scorers on this scale are easily bored without high levels of stimulation. They love bright lights and hustle and bustle. They are likely to take risks and seek thrills. Low scorers are overwhelmed by noise and commotion and are adverse to thrill-seeking.

#### **Cheerfulness**

score: 18 - high

This scale measures positive mood and feelings, not negative emotions (which are a part of the Neuroticism domain). Persons who score high on this scale typically experience a range of positive feelings, including happiness, enthusiasm, optimism, and joy. Low scorers are not as prone to such energetic, high spirits.

#### **Openness To Experience**

score: 78 - high

Openness to Experience describes a dimension of cognitive style that distinguishes imaginative, creative people from down-to-earth, conventional people.



#### **Imagination**

score: 7 - low

To imaginative individuals, the real world is often too plain and ordinary. High scorers on this scale use fantasy as a way of creating a richer, more interesting world. Low scorers are on this scale are more oriented to facts than fantasy.

#### **Artistic Interests**

score: 13 - high

High scorers on this scale love beauty, both in art and in nature. They become easily involved and absorbed in artistic and natural events. They are not necessarily artistically trained nor talented, although many will be. The defining features of this scale are interest in, and appreciation of natural and artificial beauty. Low scorers lack aesthetic sensitivity and interest in the arts.

#### **Emotionality**

score: 14 - high

Persons high on Emotionality have good access to and awareness of their own feelings. Low scorers are less aware of their feelings and tend not to express their emotions openly.

#### **Adventurousness**

score: 13 - high

High scorers on adventurousness are eager to try new activities, travel to foreign lands, and experience different things. They find familiarity and routine boring, and will take a new route home just because it is different. Low scorers tend to feel uncomfortable with change and prefer familiar routines.

#### **Intellect**

score: 17 - high

Intellect and artistic interests are the two most important, central aspects of openness to experience. High scorers on Intellect love to play with ideas; they are open-minded to new and unusual ideas, and like to debate intellectual issues. They enjoy riddles, puzzles, and brain teasers. Low scorers on Intellect prefer dealing with either people or things rather than ideas. They regard intellectual exercises as a waste of time. Intellect should not be equated with intelligence. Intellect is an intellectual style, not an intellectual ability, although high scorers on Intellect score slightly higher than low-Intellect individuals on standardized intelligence tests.

#### **Liberalism**

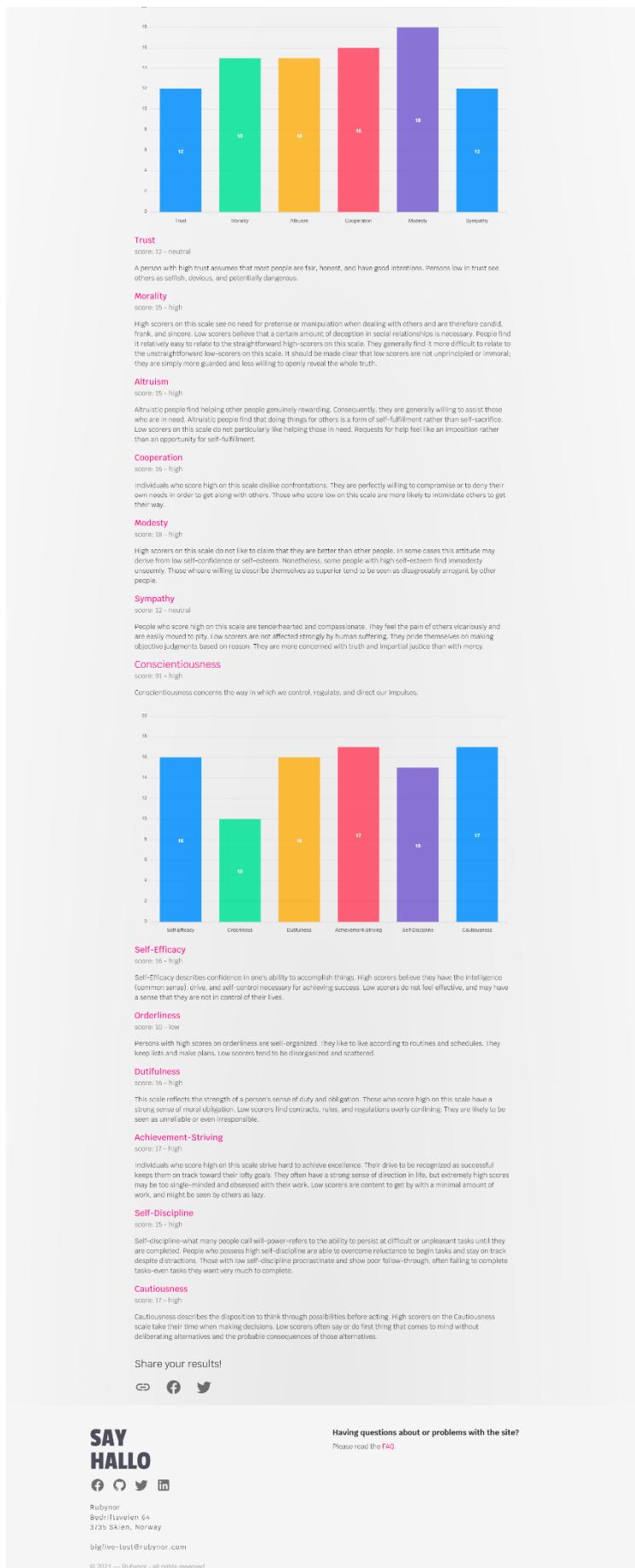
score: 14 - high

Psychological liberalism refers to a readiness to challenge authority, convention, and traditional values. In its most extreme form, psychological liberalism can even represent outright hostility toward rules, sympathy for law-breakers, and love of ambiguity, chaos, and disorder. Psychological conservatives prefer the security and stability brought by conformity to tradition. Psychological liberalism and conservatism are not identical to political affiliation, but certainly incline individuals toward certain political parties.

#### **Agreeableness**

score: 88 - high

Agreeableness reflects individual differences in concern with cooperation and social harmony. Agreeable individuals value getting along with others.



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