Welcome!

In a world where everyone has their own busy schedules, struggles, and happenings in life, an investigation into the allocation of our time among different facets of our social existence becomes not only relevant but crucial. The distribution of time among the different people we spend with in our lives like our family, partner, friends, and even ourselves unveils profound insights into the dynamics of our relationships.

Dive!

This shows the amount of time (in minutes) we spend with these different people. This covers how we spend time with family, friends, romantic partners, and alone. The objective is to help individuals recognize that hectic lifestyles and personal challenges can lead to the absence of meaningful moments with our dear ones. The information is sourced from "Our World in Data" and illustrates the average amount of time that people in the United States typically spend with others between the ages of 15 and 75.

Summary Statistics

Table 1. Relative frequency of status

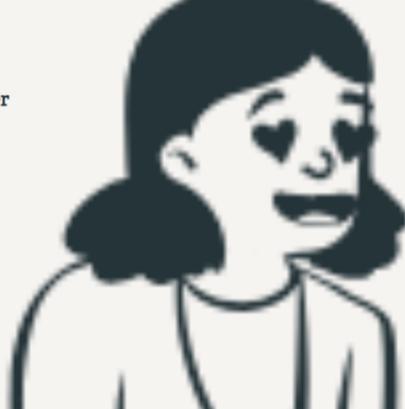| Row Labels	Count of STATUS	RELATIVE FREQUENCY
ADULT	36	0.590163934
RETIRED	16	0.262295082
STUDENT	9	0.147540984

STATISTICS:

Time Spent alone

Time Spent with Family

Time spent with Friends

Time spent with Romantic partner

Summary Statistics

Alone time is essential for self-discovery, stress reduction, and fostering creativity and innovation. It provides an opportunity for introspection, emotional regulation, and personal growth, while also enhancing one's ability to appreciate and engage in meaningful social connections. Striking a healthy balance between alone time and social interaction is crucial for overall well-being and personal development. This page shows the summary statistics of the time spent alone on average(in minutes).

Frequency data table:

Class Interval		Class Boundaries		Frequency
193.31	233.50	193.30	233.50	3
233.51	273.70	233.50	273.70	17
273.71	313.90	273.70	313.90	10
313.91	354.10	313.90	354.10	5
354.11	394.30	354.10	394.30	7

Summary Statistics

Family time is crucial for building and maintaining strong relationships, fostering emotional support, and creating a sense of belonging. It provides an opportunity for open communication, bonding, and shared experiences, which can strengthen the family unit. Quality family time also contributes to the emotional well-being of both children and adults, promoting positive values, traditions, and memories that can last a lifetime.

Frequency data table:

Class Interval		Class Boundaries		Frequency
47.98	79.37	47.975	79.375	46
79.38	110.77	79.375	110.775	6
110.78	142.17	110.775	142.175	2
142.18	173.57	142.175	173.575	2
173.58	204.97	173.575	204.975	1

Summary Statistics

Time spent with friends is vital for social connection, emotional support, and stress reduction, which collectively enhance your overall well-being and happiness. These relationships foster personal growth and diverse perspectives, helping you broaden your horizons and navigate life's challenges. Additionally, maintaining strong friendships has been linked to better mental and physical health, contributing to a longer and more fulfilling life. In this page, we will show the statistics summary of the time spent(in minutes) on average.

Frequency data table:

Class Interval		Class Boundaries		Frequency
28.918	44.508	28.913	44.513	41
44.518	60.108	44.513	60.113	6
60.118	75.708	60.113	75.713	2
75.718	91.308	75.713	91.313	2
91.318	106.908	91.313	106.913	3

Summary Statistics

Quality time with your partner is essential for maintaining a strong and healthy romantic relationship. It allows you to nurture emotional bonds, deepen your connection, and build trust. Regularly spending time together helps keep the relationship vibrant, fulfilling, and resilient, ensuring both partners feel loved and supported. This page shows the average time spent(in minutes) throughout our life.

Frequency data table:

Class Interval		Class Boundaries		Frequency
0.000	39.990	-0.005	39.995	6
40.000	79.438	39.995	79.443	3
80.000	119.990	79.995	119.995	1
120.000	159.990	119.995	159.995	3
160.000	199.990	159.995	199.995	26
200.000	239.990	199.995	239.995	11

- Who do we spend time with across our lifetime? (2020, December 11). Our World in Data. https://ourworldindata.org/time-with-others-lifetime?fbclid=IwAR2eApu5uhQoA-1BRoEHTSmduTxNGOC26AVb1W0sFR06O4Jko5FYkaMExDA

Researchers:

"From Davao City, pisay's best setter and most handsome face, HYISHAM EMBERGA!"

"Also from Davao City, batch 27's brain in engineering, ALAN ANADON!"

"From Kidapawan City, batch 27's friendliest and most outgoing batchmate, JOVIE ALLIDA"

Hyisham

Alan

jovie