

# NV

# NIACINAMIDE

## FACIAL

**Active  
Ingredient:** Niacinamide

### BENEFITS

- Skin barrier regeneration;
- Cellular renewal;
- Photoaging prevention;
- Blue light protection;
- *Acne vulgaris* treatment;
- Antioxidant properties;
- Standardizes skin tone and reduces pallor;
- Adjuvant in the care of atopic dermatitis and rosacea.

### APPLICATION

Primers, creams, masks, serums, gels, face and eye cream gels, liquid soaps, makeup removers and skin tone standardizing products.

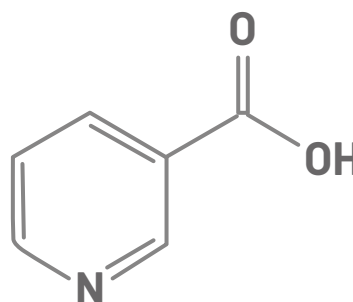


## INTRODUCTION

The Niacinamide encapsulation (**Figure 1**) through Nanovetores Technology enables the smart and safe delivery of the active ingredient, with a significant increase in stability, ensuring greater cosmetic products efficiency.

**NV Niacinamide** nanoparticles are characterized by an average size greater than 200 nm. In addition to safety, they offer active protection against hydrolysis, common to carbonyl structures, such as Niacinamide. Another advantage of **NV Niacinamide** is the substance skin permeation improvement, which reaches the dermis in its active form, without loss through degradation. With greater compatibility with chemical ingredients and reduced irritant effects such as

burning, itching and erythema, **NV Niacinamide** is a superior alternative for cosmetic formulations<sup>1,2</sup>.



**Chemical name:** Niacinamide.  
**CAS:** 98-92-0.  
**Molar mass:** 122.12 g/mol.

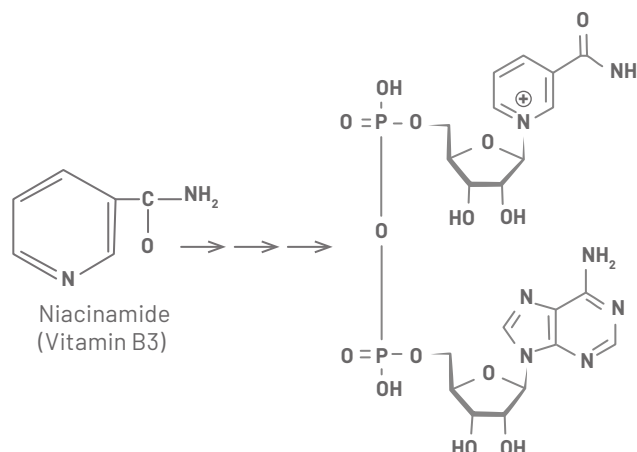
**Figure 1:** Chemical information and molecular structure of Niacinamide.

## Description

Niacinamide, also known as nicotinamide, is the active form of vitamin B3, which is water-soluble. It has several biological effects, as it is essentially involved in metabolism, transcription processes and DNA synthesis regulation. This vitamin is essential in cellular energy supply, acts as a precursor of the coenzymes NADH and NADPH (**Figure 2**), and is thus involved in more than 200 enzymatic reactions in the body, including ATP3 formation. When topically applied, niacinamide has been shown to be useful in improving cutaneous homeostasis and barrier function, and acts as a therapeutic adjuvant in the treatment of various skin conditions<sup>4</sup>. Niacinamide stimulates the synthesis of collagen and proteins involved in the formation of keratin, filaggrin and involucrin, thus improving the skin's hydration, elasticity and general structure. Furthermore, studies have observed the positive impact of niacinamide on the synthesis of ceramides, free fatty acids and cholesterol contained in the intercellular spaces of the stratum corneum<sup>5</sup>.

The intercellular spaces of the stratum corneum contain mainly non-polar lipids represented by free fatty acids, cholesterol and ceramides. Lipids are formed by multi-layer bilamellar structures separated by a

hydrophilic phase, which form fundamental barriers for maintaining the stratum corneum hydration. There is a correlation between impaired epidermal barrier function and skin conditions such as rosacea, atopic dermatitis, aging and winter xerosis, which can be observed by an increase in transepidermal water loss and reduced stratum corneum hydration. In addition to the rebalancing of lipid production, niacinamide has been shown to decrease skin dehydration through a regulatory action on aquaporin 3, which plays a significant role in restoring the skin's barrier function<sup>6</sup>.



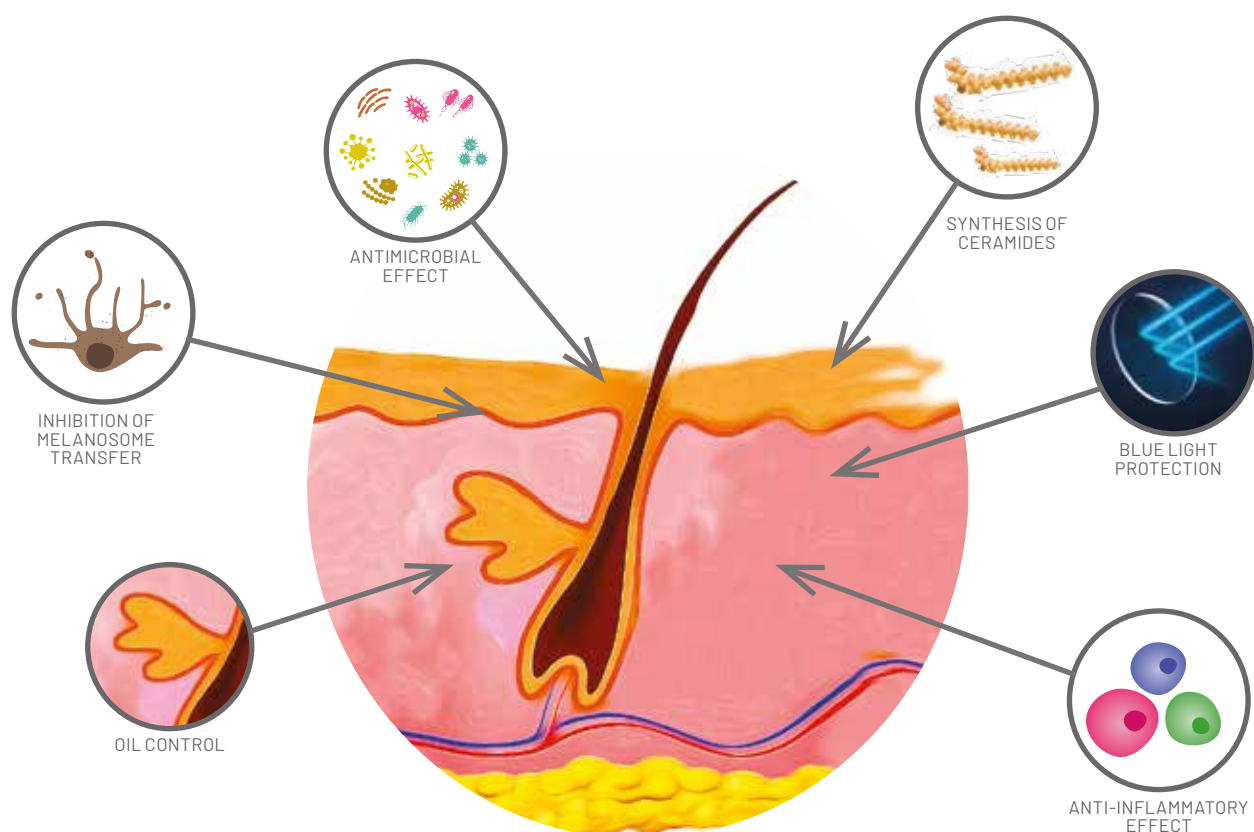
**Figure 2:** Adapted from niacinamide is an energy cofactor precursor<sup>6</sup>.

## MECHANISM OF ACTION

The effect of niacinamide on the skin surface structure can be seen to improve its appearance, including reduction of fine lines and wrinkles, hyperpigmented spots, paleness and improved skin elasticity. Since NADH and NADPH are antioxidants, a possible effect of topically applied niacinamide is to increase the levels of these antioxidants, and consequently to inhibit oxidative processes, such as collagen glycation. These oxidative processes play a significant role in skin aging, in addition to impacting the yellowish or pale appearance of the skin, due to the Maillard reaction, which forms yellow compounds<sup>7</sup>. Niacinamide increases the rate of cell renewal and has a stimulating effect on the synthesis of collagen, keratin from epidermal biopolymers (proteins), filaggrin and involucrin. Decreased skin pigmentation can also be observed by the suppressive effect of niacinamide, transfer of

melanosomes from melanocytes to keratinocytes and photoprotective effect related to the reduction of oxidative stress, reducing damage caused by blue light<sup>8,9</sup>.

In the treatment of acne vulgaris, niacinamide can contribute with its seborregulatory effect, anti-inflammatory and curative properties, decrease in the number of pustules, comedones and papules. It significantly reduces the expression of inflammatory mediators produced by keratinocytes such as: IL-6, IL-10, MCP-1 and TNF- $\alpha$  mRNA responsible for tissue damage. Furthermore, niacinamide may exert direct control over *Propionibacterium acne* as a result of inhibition of Sir2<sup>10,11,12</sup> enzymes. Due to its numerous benefits, niacinamide has proved to be a versatile active for cosmetic application (**Figure 3**).



**Figure 3:** Overview of all niacinamide skin effects <sup>13</sup>.

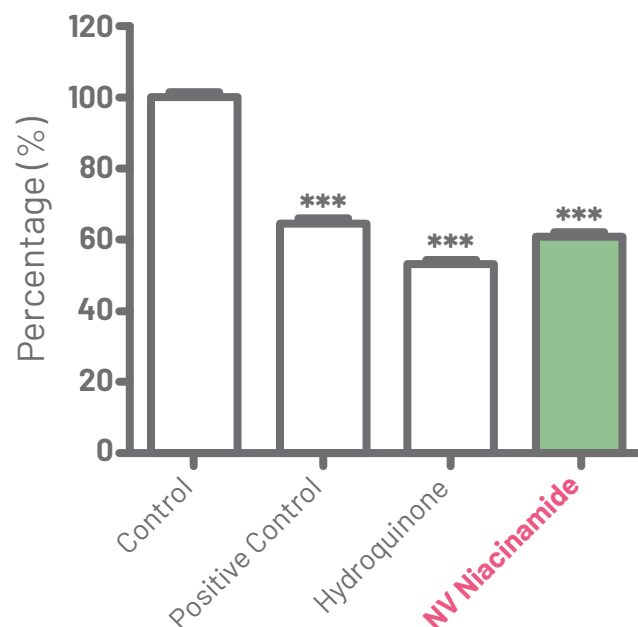
## Melanin production comparison

The objective of this test was to evaluate the production of melanin granules by melanocytes after exposure to samples of hydroquinone, **NV Niacinamide**, and positive control (kojic acid).

To evaluate the whitening potential, the samples were tested in order to obtain their cytotoxicity levels. Hydroquinone showed cytotoxicity at concentrations greater than 0.001 mg/mL, while **NV Niacinamide** and kojic acid at concentrations greater than 10 mg/mL and 0.1 mg/mL, respectively. Therefore, the analyzes were performed at these non-cytotoxic concentrations.

For analyzing the effectiveness of the samples, the control group (cell culture medium) was normalized to 100%. The positive control reduced 17.93% ( $\pm 0.91$ ) of melanin granules. The Hydroquinone sample showed a reduction of 46.8% ( $\pm 0.69$ ) while **NV Niacinamide** had a reduction of 39.51% ( $\pm 1.14$ ) when compared to

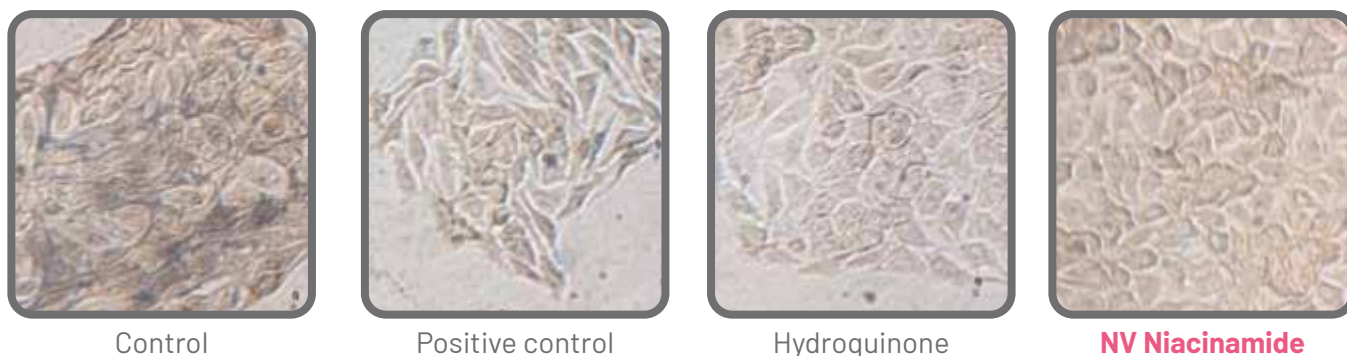
the control group. These results can be seen in **Figure 4**.



**Figure 4:** Quantitative chart of the results observed in the study, with the control group normalized to 100% for the respective non-cytotoxic concentrations of the evaluated samples (\*\*\* $p < 0.001$ ).

Additionally, the samples were subjected to staining of the treated cells with the respective non-cytotoxic concentrations. Fontana-Masson staining highlights melanin granules within the cell. As shown in **Figure 5**, it is possible to observe that there was a reduction in

melanin granules when comparing the **NV Niacinamide** sample with the control group, on the other hand, it can be seen that compared to Hydroquinone, the reduction of melanin granules is not significant, but their level is decreased.



**Figure 5:** Representative images of the indicated groups with Fontana-Masson staining to highlight the melanin granules.

With the results obtained, it can be stated that the **NV Niacinamide** sample presented better results compared to the hydroquinone sample, in the reduction of melanin granules, which is associated with the skin whitening potential. It is worth mentioning that the **NV Niacinamide** sample is presented in this study in its encapsulated form (10% of the active ingredient in the sample) while the hydroquinone sample is in its free form (100%), that is, **NV Niacinamide** is 10X more effective in redu-

cing melanin granules compared to hydroquinone. In addition, hydroquinone was shown to be 10000X more cytotoxic than **NV Niacinamide**.



Inflammatory markers

For the related study, the relative expression of markers related to the inflammatory process was compared among the control, positive control (sodium lauryl sulfate) and NV Niacinamide and Hydroquinone sample groups, at the same concentration assessed

of 0.01 mg/mL. The objective of the study was to evaluate the interleukin-6 (**IL-6**), interleukin-8 (**IL-8**) markers and tumor necrosis factor alpha (**TNF-α**) using human keratinocyte cell culture.

IL-6 analysis

Figure 6 shows the analysis of IL-6 expression. It is possible to observe that the positive control increased 2.2X (±0.22) in relation to the control. The hydroquinone sample showed a 4.24X (±0.32) increase in IL-6 expression while the **NV Niacinamide** sample showed a 0.67X (±0.09) reduction in expression, that is, hydroquinone had an inflammatory potential 6X greater than **NV Niacinamide**.

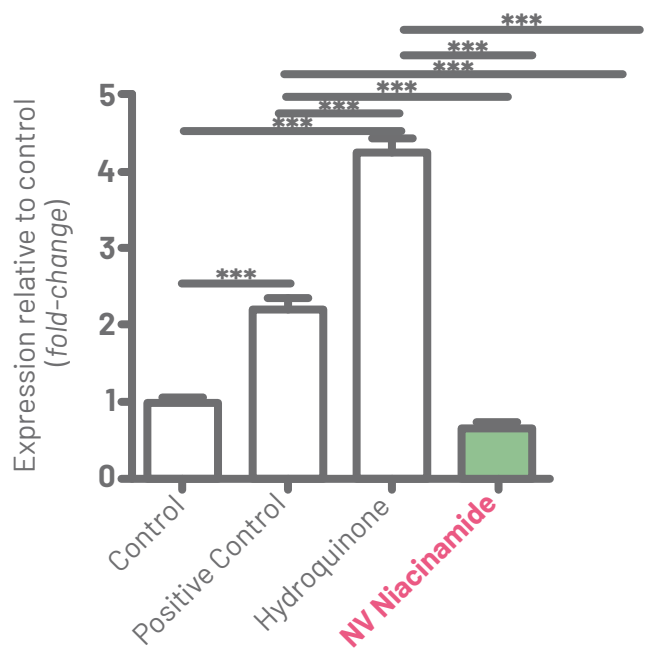
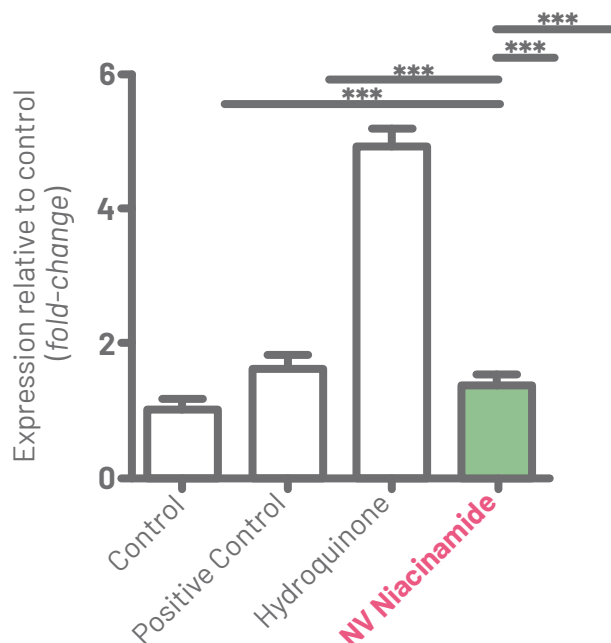


Figure 6: Result of the analysis of the relative IL-6 expression among groups. Horizontal bars connect groups to demonstrate level of statistical difference (\*\*\*)p<0.001).



## IL-8 analysis

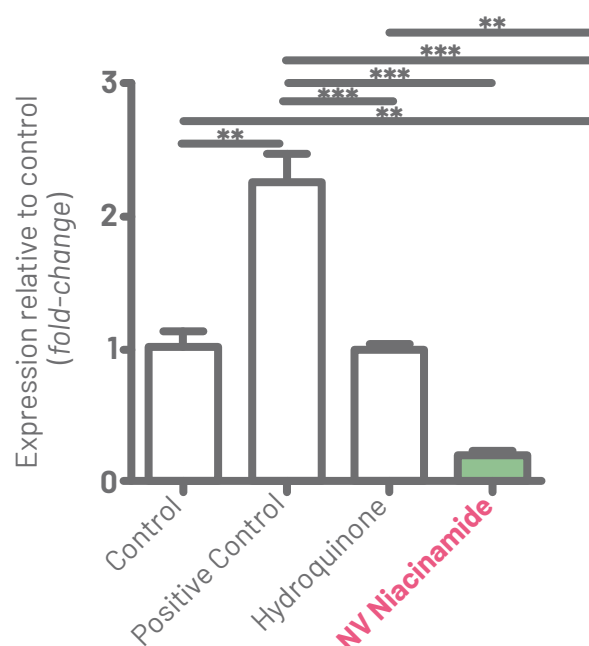
For IL-8 analysis, it was observed that the positive control showed an increase of 1.63X ( $\pm 0.32$ ) relative to control. The sample of hydroquinone showed an increase of 4.91X ( $\pm 0.48$ ) in the expression of IL-8 and the sample of **NV Niacinamide** showed a 1.38X ( $\pm 0.27$ ) increase in the expression. Therefore, Formahydroquinone was nearly 4X more inflammatory than **NV Niacinamide**. The results are shown in **Figure 7**.



**Figure 7:** Result of the analysis of relative IL-8 expression among groups. Horizontal bars show the level of statistical difference (\*\*p<0.001).

## TNF- $\alpha$ analysis

For TNF- $\alpha$  analysis, it was possible to verify that the positive control showed an increase of 2.26X ( $\pm 0.35$ ) in relation to the control. A Hydroquinone sample showed a level of 0.99X ( $\pm 0.08$ ) in the expression of TNF- $\alpha$  related to the control group and the sample of **NV Niacinamide** showed a 0.21X ( $\pm 0.01$ ) reduction in the expression, that is, hydroquinone was almost 5X more inflammatory than **NV Niacinamide**. Results are presented in **Figure 8**.



**Figure 8:** Result of the analysis of the relative TNF- $\alpha$  expression among groups. The horizontal bars show the level of statistical difference (\*\*p<0.01; \*\*\*p<0.001).

With these results, it is possible to state that hydroquinone had a very significant inflammatory potential compared to **NV Niacinamide**. Hydroquinone also has adverse effects in the regions where the product is applied, causing exogenous ochronosis (asymptomatic bluish-black or gray-brown hyperpigmentation), irritation, dermatitis, occupational vitiligo depigmentation, among others<sup>14</sup>.

Thus, **NV Niacinamide** becomes the best option for people with sensitive skin, since it has the benefit of whitening potential and simultaneously low inflammatory potential for the skin compared to other lighteners on the market.

# NV NIACINAMIDE

## Regulatory Information

INCI Name	Cas Number	EINCS Number
AQUA	7732-18-5	231-791-2
NIACINAMIDE	98-92-0	202-713-4
SODIUM BENZOATE	532-32-1	208-534-8
CITRIC ACID	77-92-9	201-069-1
ALGIN	9005-38-3	-
POTASSIUM SORBATE	24634-61-5	246-376-1
CALCIUM CITRATE	813-94-5	212-391-7

## Physical-Chemical Information

Aspect	Clear Liquid
Color	Colorless to slightly yellowish
Odor	Characteristic
Dispersibility	Water dispersion of encapsulated active ingredients
Relative Density	0.9 to 1.1 g/mL
pH	4.0 to 6.0

### Usage concentration

1 to 10%.

### Stability pH

4.0 to 8.0.

### Storage

Keep in a well-ventilated place, away from light and heat.

### Compatibilities

Anionic product, compatible with non-ionic and anionic bases.

### Incompatibility

Incompatible with organic solvents such as ethanol.

### Usage instructions

Add to the formulation below 40°C under mild to moderate agitation, in the desired concentration.

### Remarks

The product is a suspension of nanoparticles, shake before incorporating into the formula. For fluid formulations the use of a suspending agent is recommended.



Our production process is based on Green Chemistry, being water-based and free of organic solvents, totally sustainable. We do not generate waste that could be harmful to users or the environment



We do not test on animals. All tests are conducted in trustworthy laboratories with human volunteers.



Essential oils, Vitamins, Acids and Natural Extracts are highly oxidative substances that degrade quickly and react constantly with the medium and other cosmetic compounds (light, oxygen, packaging, preservatives, fragrances, surfactants, etc.). By encapsulating it, we guarantee the stability of the active ingredients and protect them from potential reactions with the formulation or the environment.

## Bibliographic references

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# Nanovetores Encapsulation Technology



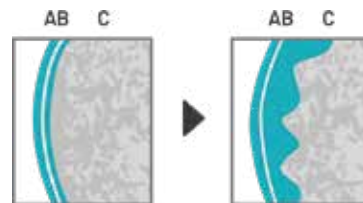
**Active Ingredient Protection** against oxidation resulted from interaction with external environment and other components of the cosmetic formulation.



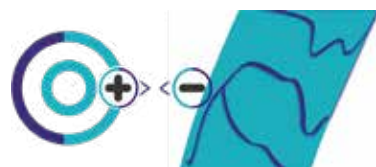
**Monodispersity**, that ensures control of the particle size, providing adequate permeation to its proposed action.



**Secure particles** larger than 200nm, bio-compatible and biodegradable.



**Greater Permeation** on the contact surface due to the small size of the capsule.



**Surface Charge Control** of the particle, promoting greater affinity with the contact surface.



**Water Base.** Active ingredients are manufactured without the use of organic solvents, ensuring safety for users and the environment.

## Use Encapsulated Active Ingredients and Ensure:

- Stability Improvement
- Increased compability in the formulation
- Occlusion of odors
- Increased skin permeation
- Reduced dose
- Use of sensitive active ingredients (without refrigeration)
- Increased Solubility
- Prolonged release
- Increased effectiveness



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