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task:
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var aos = ["mom", "js", "malayalam", "html", "css", "dad"];
// op=["mom","dad","malayalam"]
```

using for/while and do-while loop

```
Answer:
var aos = ["mom", "js", "malayalam", "html", "racecar", "css",
    "dad", "madam"];
output = [];
for (i = 0; i < aos.length; i++) {
 var x = aos[i];
  for (j = x.length - 1; j >= 0; j--) {
   y += x[j];
 if (x === y) {
   output.push(x);
console.log(output);
out put
[ 'mom', 'malayalam', 'racecar', 'dad', 'madam' ]
```