

LINDSEY VON



"I take risks that's
my life on the slopes and off!"
- Lindsey Von

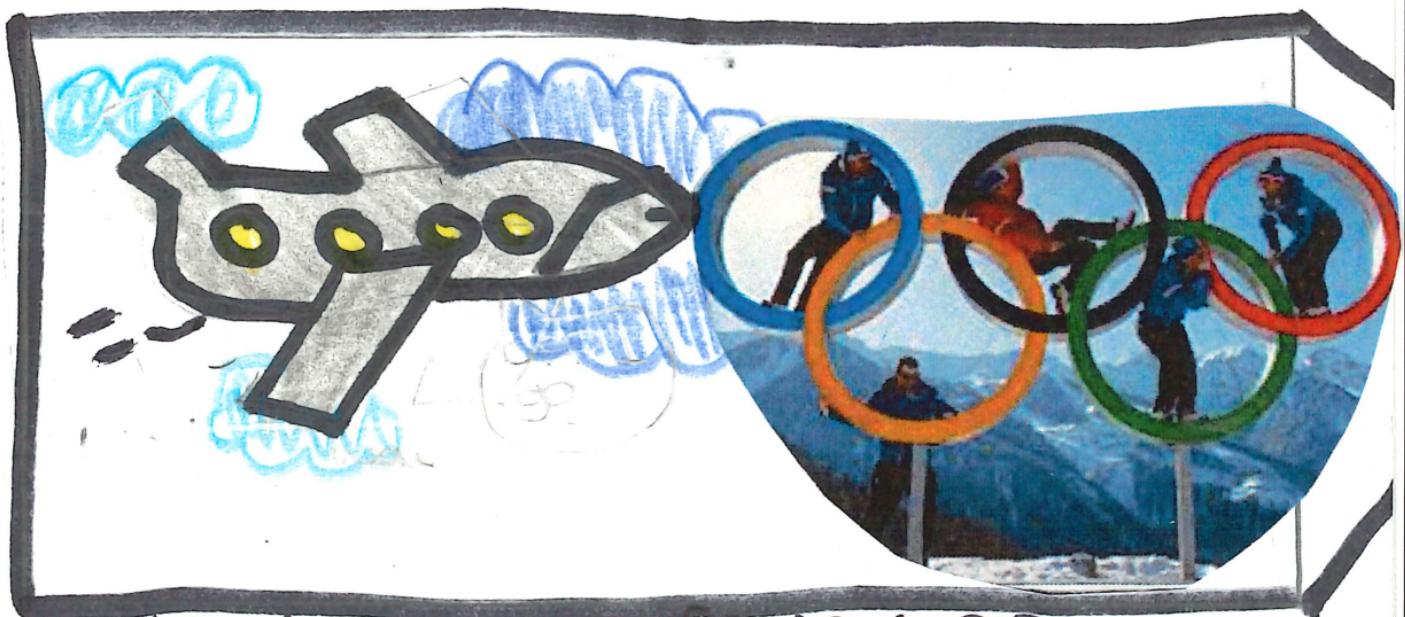
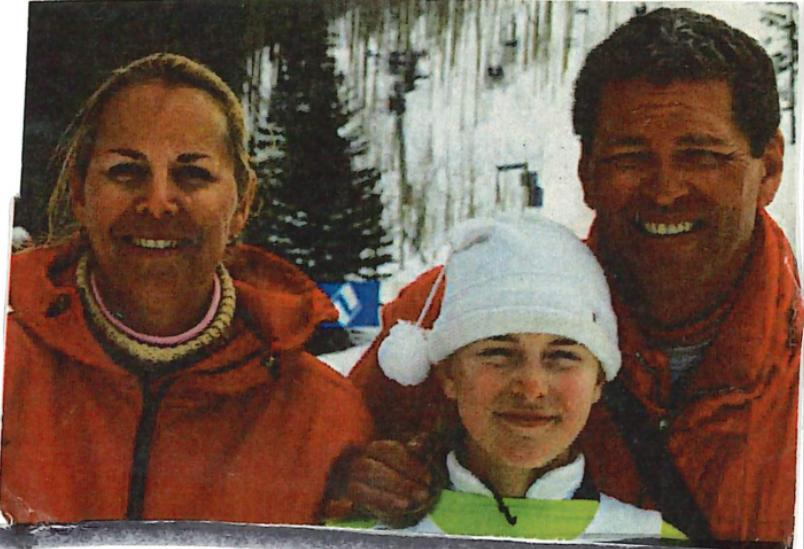


Hi there,
my name
is Lindsey Von
I was born in
1984 and have
been skiing my
whole life

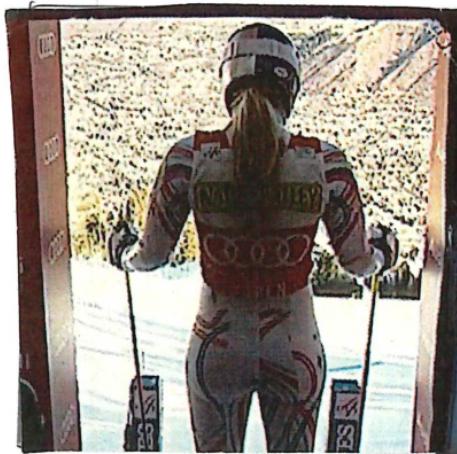
A couple of years later



Lindsey kept on racing from day after day. Her parents Linda and Ki bow supported her no matter the commitment.



Lindsey was off to her first Olympics in Salt Lake City. At the age of 17 years old.



what she was
feeling in the
mome

- nervous
- excited
- Passionate



Lindsey vonn
passes the finish
line in 6 place
Great Job lindsey



With this result you was
determined that
nothing is impossible

March
4th 2023

Junior
world
champ-
ionship

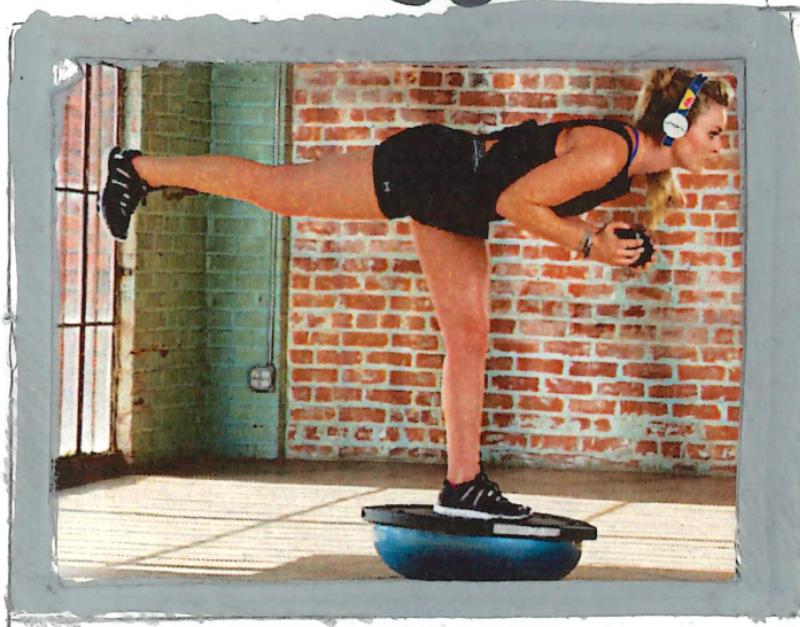
Lindsey
Vonn

2rd

1st

3rd

She trained hard and
harder every because
She wanted her outcome
bigger and better.



Workout routine:
Box Jump
Lateral movement
Lifting weights
etc



As she
got older
she looked
like this



December 21st 2013, Lindsey
half way down the course
She crashed injuring her
right knee.

Retired

- Knee
- many crashes
- Could no longer take stress



Why I chose her:

Because She was one of the youngest Ski racer to Ski. And She makes me want to perseve my SKing.

Achivements

- gold ~~bronze~~
- bronze
- bronze
(metals)



If you work.

It will pay off
in the end

- Lindsey vonn

