

You Are X

You Are X is a means through which to embody microscopic matter, to witness life from the molecular world, and to experience the lifespan and journey of the materials found in our day to day lives.

We ignore unsustainable use of our resources. We take for granted that which we cannot see. To make visible the invisible, *You Are X* seeks to evoke empathy towards our environment, to highlight the harmony and dissonance of elements within both natural and human-made settings, and to explore the formation and decay of matter.

From the silicon in our hardware soon dumped in a junkyard, to the methane in our atmosphere heating our planet, to the corrupt micro-biomes of a polluted lake, we affect our environment in unseen ways.

In endless attempts to resolve the issues arising from our lifestyle, we look outwards for an escape. It is not escape we need, but solutions to our crisis. We must redefine our perspective and relationship with the physical world by detaching ourselves from our human-centric viewpoint, and instead looking through new lenses.

Rather than looking outwards, we must look deep inside, and investigate our world's inner workings.

