# Remote Therapeutic Monitoring (RTM) with SONU TO Procedure

SONU is an adjunctive non pharma FSA cleared device for use with ENT procedures

# 1. Pre-Procedural use for steroid free symptom relief (recommended usage 1 month)

• **Enhanced Symptom Relief:** SONU can be used prior to certain nasal or sinus procedures (e.g., balloon sinuplasty, radiofrequency and cryotherapy posterior nasal nerve ablation or turbinate reduction) to reduce nasal congestion and improve comfort.

### 2. Post-Procedural Use (recommended usage minimum of 3 months)

- Adjunctive Therapy: Following procedures, SONU helps maintain clear nasal passages and manage residual congestion, supporting a smoother recovery.
- Minimized Medication Reliance: SONU offers a non-pharmacological option for post-procedure care, reducing the need for decongestants or steroids, which may have side effects.
- Patient Comfort: Provides ongoing relief during the healing process, improving patient satisfaction and outcomes.

# 3. Adjunct to Ongoing Care (recommended usage >3 months)

Long-term, drug-free management tool for chronic rhinitis / sinusitis.

#### 4. Convenience and Compliance

- SONU's wearable design makes it easy for patients to incorporate into their daily routines, encouraging consistent use and adherence to post-procedural care plans.
- SONU offers flexible in-app reminders so patients can keep up with their treatment regime.

