

# USING FSA AND HSA DOLLARS FOR

# sonu

## A STEP BY STEP GUIDE

[www.soundhealth.life](http://www.soundhealth.life) | [support@soundhealth.life](mailto:support@soundhealth.life)



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### **OBTAIN A PRESCRIPTION (IF NECESSARY)**

In some cases, your FSA/HSA provider may require a doctor's prescription to validate the medical necessity of the purchase, especially for medical devices like SONU. This ensures the item is not used for general health but for treating a specific medical condition.

2



### **PURCHASE THE PRODUCT**

You can pay for the product or service directly using your FSA/HSA debit card (if applicable) or your regular credit card and then submit for reimbursement.

3



### **SAVE YOUR RECEIPTS**

Keep your receipt or invoice detailing the purchase, as your FSA or HSA provider may require it as proof of an eligible expense.

4



### **SUBMIT FOR REIMBURSEMENT**

If you didn't use an FSA/HSA debit card, submit your claim for reimbursement:

- Log into your FSA/HSA portal or app.
- Submit your receipt, and if required, upload the doctor's prescription.
- Your FSA/HSA provider will review the claim, and once approved, the funds will be reimbursed directly to you.

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### **KEEP RECORDS**

Maintain a record of all your receipts and any correspondence, including the doctor's prescription, in case you are required to verify the purchase during an audit or later.