

Drug-Free, Personalized, Rapid Relief from Nasal Congestion, Runny Nose and Related Symptoms

STEP-BY-STEP SETUP GUIDE

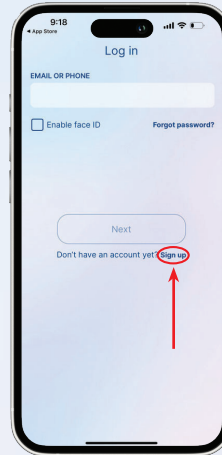
1. Setup and Use

Download the SONU app from the Apple App Store or Google Play or scan the QR code.



2. Create Account

Tap "Sign Up" in the app to create an account.



3. Charge Band

Plug in the USB-C cable. When the **light turns green**, SONU is ready to use.



4. Turn on Band

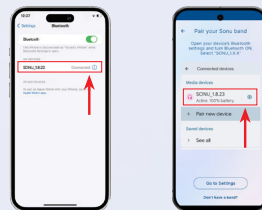
Locate the power button, then press and hold it to turn the band on. **The green light will flash once.**



5. Pair SONU to iPhone or Android via Bluetooth

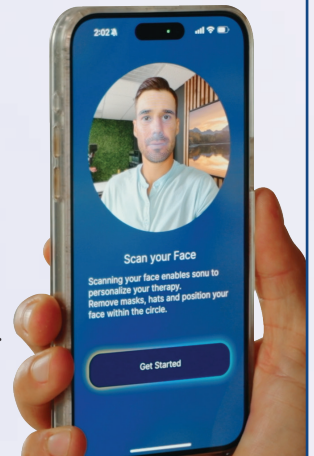
Press and hold the power button until the green light flashes continuously. Select "SONU_X.X.XX" in your Bluetooth settings to pair.

iPhone (iOS) Android



6. Scan Your Face

Follow directions for facial scanning in the app to determine your resonant frequency.



7. Wear SONU

Position the band on your forehead, aligning the silver markers above the bridge of the nose. The lines should be located at the bottom of the band.



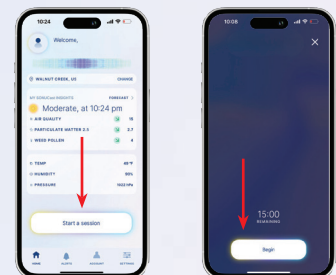
8. Band Fit Guide

Keep the band snug, there is no need to over tighten. Should be able to easily place 2 fingers between your head and band.



9. Begin Treatment

Go to the Home Screen on the App and follow directions for treatment. We recommend using SONU twice a day for 15 minutes.



For assistance, email us at: support@soundhealth.life or contact our Customer Support at (408) 384-8319

* SONU app requires iPhone 10 or newer (with Face ID) or Android 10 (Android 13+ recommended)

www.soundhealth.life