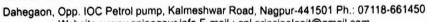




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7.1.1 Measures initiated by the Institution for the promotion of gender equity during the year

Annual Gender Sensitization action Plan

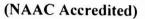
Sr. No.	Name of the activity	Organising unit/ agency/ collaborating agency	Year of the activity	Number of students participated in such activities
1	Webinar on Inequality of Women in India	Women Cell & NSS	2020	73
2	International Women's Day	Women Cell & NSS	2021	78
3	Stress Management Program for Women	GNIT NSS	2021	73
4	Yoga Day	Vidarbh Ashram	2021	91

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Guru Nanak Institute of Technology



Dahegaon, Kalmeshwar Road, Nagpur – 441501



WOMEN CELL & NSS Unit



Date: 10/12/2020

Webinar on

"INEQUALITY FACED BY WOMEN IN INDIA"

An online webinar was held by Women Cell on 'Inequality faced by women in India' at 1:30 PM dated 10/12/2020. The entire motive of organizing this webinar was to bring attention of all the attendees to the discrimination faced by women all over India and the brutality that comes along with it. The guest speaker invited for the webinar was Prof. Neha Chourasia, HOD, Electronics and Telecommunication, GNIT, Nagpur. She started addressing the subject by defining Gender Inequality as a discrimination against women since women are traditionally considered by the society as weaker sex. The root cause of gender inequality in Indian society lies in its patriarchy system. She further stated a quote by the famous sociologists Sylvia Walby, who defines patriarchy as, "a system of social structure and practices in which men dominate, oppress and exploit women". She then continued the webinar highlighting the following aspects related to Gender Inequality:

1. India's poor ranking in various global gender indices are as follows:

- Economic participation and opportunity: 134th
- Educational achievements: 126th
- Health and Life expectancy: 141st
- Political empowerment: 15th

2. Female foeticide and Female Infanticide:

100000 illegal abortions are being performed every year in India

3. Sex ratio

• 108.18 males per 100 females as of year 2020.

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4. Female literacy

• 53.7% for women as against 75.3% for men, showing a gap of about 21%.

5. Legal and constitutional safeguards against gender inequality

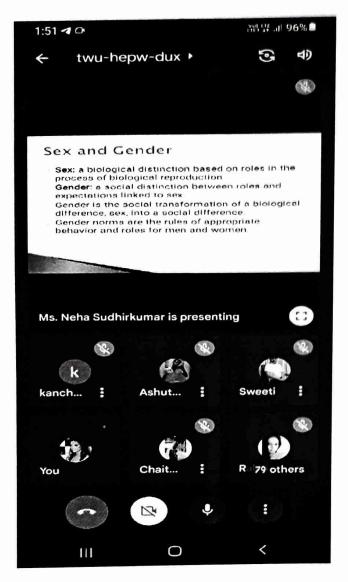
- Equal right to vote for women.
- Various protective Legislations passed by the Parliament to eliminate exploitation of women and to give them equal status in society.

6. How to eliminate Gender Inequality

- Change in mentality of men to start treating women as equal to them and not as subordinate to them.
- Women supporting other women at all levels of the Indian societal system.
- Right to basic education and safety.
- Support women to become financially independent and self reliable.

While addressing the topic, she was constantly interacting with the students. Around 73 students attended the webinar and were active in giving their feedback and point of view in response to speaker's questions. She also supported the female student to look forward of building a bright future and inspired them to become strong minded individuals. At last, she also motivated male students to help in changing the old and conventional idea of oppressing women and help build a safer environment for the women and girls in India and the world.

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Justice

An inequality is unjust when.

the inequality is unfait,

and

something could in principle be done to eliminate the unfairness.

Social injustices persist because of power inequalities and the unwillingness of those with power to make changes



What is Natural?

Biology and society.

Natural does not necessarily equal desirable or unchangeable

Egalitarian gender relations = equal power and autonomy

But not necessarily identical social roles

For instance, equality might mean equal amounts of leisure time.

Regards, Women Cell, GNIT.





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WOMENS CELL & NSS Unit

Date: 08/03/2021

Program on

"International Womens Day"

A Program on "International Women's Day "was held by Women Cell at 11:00 am on, 08/03/2021. The overall objective for conducting this program was to Women Empowerment in Academic World.

International Women's Day 2021 is being celebrated across the globe on March 8th like every year. The day is very special & exclusive day for women to acknowledge their existence and celebrate womanhood. A day when a women's step towards breaking the glass ceiling to prove herself at par with the other sex is recognised. Even though women struggle on a daily basis, a special day is earmarked which is celebrated as International Women's Day to honour all that women have achieved.

Today's event is one such humble initiative by ICC to celebrate women. She cordially welcomed the distinguished guests. Also heartily welcomed Hon'ble Principal, for his relentless support and cooperation in every endeavor at GNIT. Her warm welcome spanned to one and all present who graced the occasion. Prof. Geetanjali Kale reminded that every day is a women's day and we do not wish to confine and acknowledge their contributions only on a particular day and a month yet we dedicate this particular day as a mark of appreciation for their hard work and sincerity in making life meaningful for all.

The first Speaker-Dr. Sudhir N. Shelke, Director GNES & Principal GNIT, Nagpur

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Dr. S. N. Shelke emphasized some theoretical reasons behind under representation in academic leadership for women, through various researches going in this area. She established that in the Indian context, the "Gender Role-Theory" plays an important role. Therefore, academic leadership training is needed for women academician to reach the ladder of administration. The principal areas which need sharp focus are: development of personal leadership & management skill., modernizing the student experience, internalization of curriculum and pedagogy. financial management and planning, and Crisis Management.

The Second Speaker-Prof. Geetanjali Kale, Asst. Prof., HOD ASH, GNIT, Nagpur

Prof. G. Kale initiated her talk with an interesting and interacting stance, with all faculties into the field of Gender Equality Framework.

She concluded her session by handing over the baton to all the young minds who are the futures of our country- to bring the sea change in Building agency- Changing Relations and Transforming Structures - to make gender equality a reality!

The programme clinched with proposing Votes of Thanks by Prof. Ekra Sheikh, Assistant Professor of ASH. He explicably thanked one and all for their presence and support in drawing out the success of the Webinar.





Regards, Womens Cell

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NSS Unit

Date: 15/06/2021

Webinar on

"STRESS MANAGEMENT PROGRAM FOR WOMEN"

A online webinar on "Stress Management program for Women" was held by NSS Unit at 11:00 am on, 15/06/2021. The overall objective for conducting this seminar was to make the women stress free and prepared to help not only yourself, but also friends, fellow students, and the Soldiers you will someday lead.

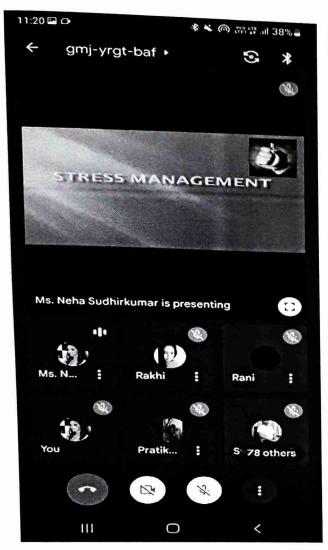
The speaker guest invited was Prof. Neha Chourasia, HOD Electronics & Telecommunication Dept, GNIT, Nagpur. She explained the basics & causes stress and list some of the symptoms.

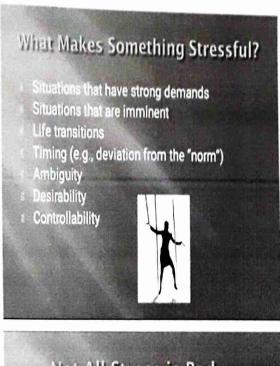
Following concepts to be discussed in the session:

- 1. Stress & Causes of stress
- 2. Symptoms of Stress
- 3. Difference between stress and depression
- 4. Depression
- 5. Managing the stress and depression

While explaining the topic he was interacting with students & faculties. Also, he motivated students to think. Before finishing the webinar he proposed thanks for patience listening and wished a bright future for students. Throughout whole session, students are attentive and they give their feedback positive for session.







Not All Stress is Bad... Distress is a continuous experience of feeling overwhelmed, oppressed, and behind in our responsibilities. It is the all encompassing sense of being imposed upon by difficulties with no light at the end of the tunnel. Examples of distress include financial difficulties, conflicts in relationships, accessive obligations, managing a chronic illness, or experiencing a trauma.

NSS Unit

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Principal GNIT for information please,



7TH International Yoga Day 2021

Report On 7th International Yoga Day Virtual Celebrations in GNIT, Nagpur

This year in GNIT organization, Yoga day celebration is held virtually on zoom meeting at 9am on 21st & 22nd June 2021 due to the widespread pandemic, large gatherings were not possible and also not allowed.

This online program was conducted by IQAC cell and physical Edn. Department and the session was attended by Principal Dr. Sudhir Shelake, faculties from CE, ME, & Department of first year and students. The chief guest was Mr. Kaustubh Acharya, the instructor at Youth Art of Living Teacher & Administrator of The Art of Living Ashram. The inaugural speech was given by Prof. Pallavi Chapale, she emphasized the importance of Yoga and physical exercises in daily life. Later on Mr. Kaustubh Acharya told the information of about 'Yoga day' and Importance of Yoga in our day-today life. The exercises are good and useful to the students. All the students were excited and energetic. They perform various asanas & warm up exercises and the importance of these was also explained simultaneously. Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.

Along with students faculties of GNIT, Nagpur also performed Yogasana and maintained peaceful atmosphere virtually. The celebration concluded with the thanks giving speech by Prof. Anjali Palheriya she encouraged students to practice regular yoga to stay fit and improve concentration. We all celebrate the day with a lot of eagerness and joy. The IQAC team is also thankful to Management of GNIT for initiating this virtual yoga day celebration program under them, also for inculcating Yoga as a part of the syllabus.

This Yoga day seminar was successfully conducted with help of Prof.Geetanjali.Kale and Prof.Anjali.Palheriya. Their efforts was appreciated by Dr.Sudhir.N.Shelke Principal GNIT,Director GNES.

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