

# Book Today!

To schedule your appointment, please reach out to us using the contact details below. We will be more than happy to assist you.

Phone: +971 52 946 9933  
Email: [info@truelifehomehealth.ae](mailto:info@truelifehomehealth.ae)  
Website: [www.truelifehomehealth.ae](http://www.truelifehomehealth.ae)

## Office Hours

Monday to Friday: 8:00 AM - 5:00 PM  
Emergency Contact: 24/7 availability

## Office Location

Business Bay Dubai, UAE

## TOLL FREE: 800-TRUELIFE

For after-hours emergencies, our practice offers 24/7 availability. Please call our emergency line to speak to a dentist who can provide guidance and arrange immediate care if necessary.



# TRUEcare, TRUElife TRUEcomfort

## Bringing Exceptional Home Health Services To Your Door Step

True Life Home Care have been providing top-quality home care services to our valued clients in Dubai. Lorem ipsum lorem ipsum lorem ipsum lorem ipsum

### OUR SERVICES

- Home Care Nursing 24/7
- Medical Care & Treatment
- Personal Care
- Health Monitoring & Assessment
- Rehabilitation & Therapy
- Education & Support
- Specialized Services
- Palliative & End of Life Care
- Household Assistance

### HOME NURSING 24/7

The care you receive is to check your health and give you convenience at the comfort of your home.

### MEDICAL CARE & TREATMENT

- Wound care: Cleaning and dressing wounds, monitoring for infection, and assisting with healing.
- Medication administration: Administering prescribed medications, including injections and IV therapy.
- Post-surgery care: Assisting with recovery and rehabilitation after surgical procedures, ensuring proper wound healing, and preventing complications.
- Chronic disease management: Monitoring conditions such as diabetes, heart disease, and respiratory disorders, and providing necessary treatments.
- Monitoring vital signs: Checking blood pressure, pulse, temperature, respiratory rate, and oxygen levels to detect changes in health status.
- Pain management: Assisting in managing pain through medications and other methods.
- Palliative and hospice care: Providing end-of-life care, focusing on comfort and quality of life.

### PERSONAL CARE

- Assistance with activities of daily living (ADLs): Help with bathing, grooming, dressing, eating, and toileting.
- Mobility assistance: Helping patients with moving around the house, including using walking aids or transferring from bed to chair.
- Incontinence care: Assisting with bladder and bowel control, providing hygiene and skin care.
- Dietary support: Ensuring the patient follows prescribed diets, helping with meal preparation, and encouraging healthy eating habits.

### HEALTH MONITORING AND ASSESSMENT

- Assessment of patient's health condition: Regular check-ups to monitor any changes or concerns and communicate with the healthcare provider.
- Telehealth services: Assisting in virtual consultations with doctors or specialists when needed.

### REHABILITATION AND THERAPY

- Physical therapy: Assisting with physical exercises designed to improve strength, balance, and mobility.
- Occupational therapy: Helping patients relearn activities necessary for daily living and promoting independence.
- Speech therapy: Assisting patients with speech, language, and swallowing difficulties.

### EDUCATION AND SUPPORT

- Patient education: Teaching the patient and family members about managing medical conditions, medication, and following treatment plans.
- Caregiver training: Educating family members or caregivers on how to properly care for the patient at home.
- Emotional and psychological support: Offering comfort and guidance, especially for patients facing long-term illnesses.

### SPECIALIZED SERVICES

- Infusion therapy: Administering fluids, medications, or nutrients through an IV.

### PALLIATIVE AND END-OF-LIFE CARE

- Providing comfort and support for individuals with terminal illnesses, focusing on pain management, emotional support, and dignity during the final stages of life.

### HOUSEHOLD ASSISTANCE (NON-MEDICAL)

- Companionship: Providing social interaction and preventing isolation for patients, especially those with long-term or chronic conditions.

Acute illness care is sometimes referred to by other terms, depending on the context or specific focus of the care provided. Here are a few alternative names or related terms :

- Emergency Care – Refers to immediate care provided for sudden, severe, or life-threatening conditions.
- Acute Care – General term for medical care provided to patients with short-term, intense medical conditions.
- Critical Care – Refers to care for patients with life-threatening conditions requiring intensive treatment and monitoring.
- Urgent Care – Typically involves the treatment of less severe but still urgent medical conditions that require prompt attention.
- Short-Term Care – Focuses on providing care for temporary, acute medical needs.
- Immediate Care – Care provided right away for urgent medical conditions, often before stabilization or transfer to a hospital.
- Emergency Medical Services (EMS) Care – Emergency response provided by paramedics or first responders for acute conditions.
- Trauma Care – Specialized care for patients suffering from traumatic injuries or accidents, often provided in emergency departments.
- Acute Medical Intervention – Direct medical treatment for the immediate management of acute illnesses.

### REHABILITATION AND THERAPY

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