

Quba Islamic School - High School
Rowland Heights, California

Community Service Participation Card

Requirement met: **ELECTIVE ONLY**

1. Student's Name: _____ ID#: _____ Grade: _____

2. Participation total hours worked _____ X 0.125 = Amount of Credits earned _____

Briefly describe participation or type of activity:

Organization's Name: _____ Phone #: _____

Supervisor's Name: _____ Supervisor's Signature: _____

Community Service credit may be earned for active participation in volunteer work which benefits the school, the community, or mankind (individually or collectively). Service must be performed outside the student's regularly scheduled classes, and requests for credit must be made **during the school year in which the service was performed**. Credit allowed (**1 hour of work earns 0.125 credits maximum of 2.5 credits total per academic year, which student may earn for his/her high school career NO EXCEPTIONS**).

Examples of places to do community service participation: (School service group involved in community service, Meals on Wheels volunteer aide, Walk-a-thon for charities, charity projects and work camps, National Fund Drive for Heart, Cancer, etc., Political campaign, and Youth Organizations.

Community Service Log

| Dates: | Time In: | Time Out: | Supervisor Signature: | Total hours: |
|--------|----------|-----------|-----------------------|--------------|
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Community Service Log

Volunteering has a meaningful, positive impact on your community. But did you know that it can have many benefits for you, too?

You may have heard that volunteering helps you get into college, but keep in mind they're not just looking for a list of organizations and dates. Colleges want to see a complete picture of you, and real examples of your commitment, dedication, and interests.

Reasons to Volunteer:

1. Gain Valuable Life Experiences and Skills

Whether you build houses for the homeless or mail flyers for a local politician, you'll experience the real world through hands-on work. You can use this experience to explore your major or career interests.

2. Meet Interesting People

Volunteering brings together a variety of people. Both the recipients of your volunteer efforts and your co-workers can be rich sources of insight. For example, maybe you'll learn about the legal profession from a former lawyer you visit at a convalescent center.

3. Earn a pin

QIS HS students who complete a minimum of 80 hours throughout the four years in high school are recognized with a pin to wear on graduation day. Each year, your student should complete 20 hours of service.

The requirements for each grade level are listed below:

| Grade Level | Hours | Credits Earned |
|--------------------|--------------|-----------------------|
| 9 | 20 | 2.5 |
| 10 | 20 | 2.5 |
| 11 | 20 | 2.5 |
| 12 | 20 | 2.5 |

4. Send a Signal to Colleges

Colleges pay attention to your life inside and outside the classroom. Your extracurricular activities reveal a great deal about you, such as what your interests are, whether you can manage your priorities and maintain a long-term commitment, what diversity you'd bring to the student body, and how you've made a meaningful contribution to something. Keep in mind, colleges are not interested in seeing you do it all. It's more meaningful to colleges to see your dedication to one or two causes or activities than to see that you've spread yourself thin.

How to Get Involved:

There are many people, places, and organizations that need volunteers. **Here are some tips for getting started:**

1. Look around your community to look for programs. Call and ask if they need help.

2. Visit your city or town website. It may list volunteer opportunities in your community.
3. Contact your local United Way, cultural arts association, or student organization that can point you in the right direction.
4. Ask your library, local masjid, and/or community colleges if they sponsor any volunteer groups.

Questions to Ask Yourself Before You Volunteer:

It's important that you enjoy the type of service you choose and that you have the time to stick with it. Ask yourself these questions before you commit to an organization.

- ~~Will my schedule allow me to volunteer regularly? Will I have enough time to commit to the organization? Will I have enough time to commit to the organization? Will I have enough time to commit to the organization?~~