Dietary Program

- **Id** 38
- **Name** Split bro
- **Description** ppl
- **StartDate** 2024-01-03
- **EndDate** 2028-02-02
- **CalorieGoal** 2000
- **MacroRatioCarbs** 200
- **MacroRatioProtein** 144
- **MacroRatioFat** 43
- **MealTypes**   protein
- **Notes**   protein
- **CreatedAt**
- **UpdatedAt**