

Inspiring Leadership and Team Building

This is not merely a program. It is an adventure to unfold the highest in you.

Discover how to inspire, influence, and awaken the art and science of creative leadership and team building across diverse realities — Corporates, NGOs, schools, and communities.

Context

We are living in an increasingly complex and rapidly evolving world. Work cultures and values across societies are shifting at an unprecedented pace. These are challenging times — and yet deeply exciting, filled with real opportunities for growth and transformation.

Today, the most pressing challenges center around leadership. Leadership is no longer defined by position or title, but by the qualities individuals demonstrate within a team. The need of today's organizations is clear: people at every level who embody refined, resilient, and responsible leadership qualities.

When these qualities are consciously developed, individuals become powerful catalysts for change — transforming their organizations to higher levels of excellence. Collectively, such change agents across functions and hierarchies create a strong internal network that embeds and sustains a culture of high performance, collaboration, and commitment.

Objectives:

- To inspire and awaken the art and science of leadership and team building across diverse realities.
- To energize individuals, teams, and organizations through practical and transformative leadership tools.
- To build lasting internal and external relationships that drive high performance.
- To sustain leadership effectiveness and creative team results by cultivating a learning organization.

The program is holistic and works at 4 levels:

- Thinking (Mind),
- Feeling (Heart)

- Being (Essence)
- Conscious Action.

Contents

- ‘Being’ of a Leader: Leading with Gratitude, Self Mastery, Creativity, Values & Vision. Empowering mindsets, responsibility, shifting from limiting patterns (Personas) to a flowing presence (Essence)
- ‘Doing’ of a Leader: The key advanced skills- Assertiveness, Feedback and Influencing.
- Group Dynamics and Team Learning: The challenge of learning together and facilitating groups.
- Personal change and productive relationships. Transforming conflict into creative collaboration.
- The art of Empowerment: how to influence genuinely.
- Sustaining momentum: How can learning become a part of an organizational culture and how can profound change be facilitated and measured.
- Learning to build and enable powerful relationships out of learning 4 vital attitude-skills:
 - Deep Listening (connecting with the heart and world of the other person)
 - Authentic Speaking (connecting with one’s own heart and inner reality)
 - Curious Questioning (learning to evoke wonder)
 - Profound Silence (out of which powerful action is born)

This is then learnt in a very practical way through creative methods so as to enable participants to discover insight, integration and powerful leadership and team working.

Methodology

The methodology blends the best of the East & West. Increasingly the boundaries between the mystical eastern approaches & the practical business paradigms are melting. Its like being taken on a magical journey and yet having one’s feet on the ground.

- Conventional Methods (role plays, live case studies, team games, energizer & ice-breakers, lively dialogues)
- Mindfulness
- Awakening Meditative Flow & Play
- Outdoor Activities
- Neuro Linguistic Programming (NLP)

Expected Participants:

We design bespoke courses for senior level executives, middle level manager or first time officers. Also, it can be designed for a mix group of all levels since leadership is a quality, not a position.

Some other courses we offer under are:

- Creative Leadership and Team Building
- Creating Visionary and Transformative Leadership

- Leadership Excellence with Mindfulness
- Supervisory Skills
- Vital Communication Skills for Leaders
- Conflict Handling and Communication for Co-Creation