

# Preventive Services: Covered Contraceptive Products

We are committed to empowering you to know your coverage options for preventive care and make informed health care decisions. Under our Preventive Services benefit\*, we cover FDA approved contraceptives. Some contraceptives are available from a pharmacy (under your “Prescription Medication Benefit”), while others are provided by your doctor (under your “Medical Benefit”). If you have preventive benefit coverage, these products are covered at no cost to you.

\*Not all plans include preventive benefits covered at 100%. Check your benefit booklet for your specific coverage.

## Contraceptive Products Available from a Pharmacy

The following contraceptive products are available from an eligible retail pharmacy and are processed under your pharmacy benefits. Please see your health plan’s website or contact Customer Service for information on eligible pharmacies.

### BARRIER METHODS:

**Cervical Cap**

**Condoms**

**Diaphragm**

**Spermicide** – Nonoxynol-9 containing gel

**Sponges** – Nonoxynol-9 containing Sponges

### EMERGENCY CONTRACEPTION:

**Levonorgestrel-Containing Products** – including but not limited to Plan B One-Step®

**Ulipristal Acetate-Containing Products** – such as Ella®

### NON-ORAL HORMONAL METHODS:



**Regence BlueShield**  
serves select counties in the state of Washington and is an Independent  
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**Regence BlueShield**  
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Injection/Shot
Patch
Vaginal Contraceptive Ring
<b>ORAL CONTRACEPTIVES:</b>
<b>Birth Control Pills</b> – All Products Covered (Mini Pill/Progestin, Combined Pill, Extended/Continuous use Pill)
<b>Over-the-Counter (OTC) Birth Control Pill</b> – Opill®
<b>OTHER:</b>
Phexxi® gel

## Contraceptive Products and Services Provided by a Doctor

The following contraceptive products and sterilization services are available from an eligible medical provider and are processed under your medical benefit. Please see your health plan's website or contact Customer Service for information on eligible medical providers.

<b>BARRIER METHODS:</b>
Cervical Cap
Diaphragm
<b>IMPLANTED DEVICES:</b>
<b>IUD Copper</b> – such as Paragard®
<b>IUD with Progestin</b> – such as Kyleena®, Liletta®, Mirena®, Skyla®
<b>Implantable Rod</b> – such as Nexplanon®
<b>NON-ORAL HORMONAL METHODS:</b>
Injection/Shot
<b>OTHER:</b>
Surgical Implant
Surgical Sterilization

**Questions? Call the Customer Service number on your member ID card.**