

Blood Glucose Meter Program

Now it is free and easy to get fast, accurate results.

If you have diabetes, early detection of a change in blood glucose levels can be critical for your health. Getting fast and accurate blood sugar measures can be vital in preventing more serious diabetes-related conditions.

That is why we have teamed up with LifeScan, Inc. to supply you with a OneTouch® Blood Glucose Meter at no cost.

If your benefits cover diabetes supplies, then you are eligible to participate in this voluntary and confidential program.

Pick the LifeScan meter that fits your needs.

Choose from the OneTouch® family of blood glucose meters, which includes the OneTouch Verio Reflect® meter, or the OneTouch Verio Flex® meter, both which use Bluetooth technology to connect to your mobile device. These meters use ColorSure® technology, which instantly shows when your blood sugar numbers are in or out of range, and gives you an easy way to get accurate results.

To receive your voucher for a free LifeScan glucose meter, call our Customer Service specialists at the number listed on the back of your member ID card or log in to your Regence account.



Regence BlueShield

serves select counties in the state of Washington and is an Independent Licensee of the Blue Cross and Blue Shield Association

Regence BlueShield

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Frequently asked questions

Q: How was the decision made to offer the LifeScan product line?

A: LifeScan is one of the largest suppliers of self-test products in the world. After a careful market review of available meters, our pharmacy specialists, including a certified diabetes educator, chose to offer LifeScan meters.

Q: What makes OneTouch meters and test strips different from other blood glucose monitoring products?

A: Both the OneTouch Verio Reflect® meter and the OneTouch Verio Flex® meter allows you to download your test results to your mobile device, enabling you to create a digital logbook and produce graphs that can help you and your provider better manage your treatment.

Q: Can OneTouch lancing products reduce the pain of testing?

A: OneTouch® Delica® Plus with Precision Guidance Technology features LifeScan's thinnest gauge needle for more comfortable testing. With less motion, more control and reduced vibration, you get smoother, more precise lancing.

Q: What training materials will I receive, and who can I contact with questions?

A: The LifeScan products are easy-to-use and come with an owner's booklet and quick start guide. An instructional video is also available online at OneTouch.com and you can call LifeScan Customer Service at 1 (800) 227-8862 (English) or 1(800) 381-7226 (Spanish), 8:00am – 8:00pm EST. As your partner in diabetes care, LifeScan offers valuable diabetes related knowledge, tools and resources online at OneTouch.com.

Q: What supplies are included with my new meter?

A: It comes with a OneTouch® Delica® Plus lancing device, 10 lancets, owner's booklet, quick start guide and a carrying case. See your benefits summary for information on test strip coverage.

Q: What if I am unsure about my health plan coverage for diabetes testing supplies?

A: Our Customer Service specialists can explain your benefits. Just call us at the number shown on the back of your member ID card.

Q: Where can I find the voucher for a free LifeScan glucose meter?

A: After you have signed into your Regence.com account, click on Pharmacy, Find A Pharmacy, then Forms. On the Forms page, you can then download the "Glucose Meter Voucher." It is good for one free meter every three years. Other requirements, including a valid prescription, can be found on the voucher.