



Just between you and me, doc

Renowned Psycho-Sexual Therapist Dr. Ruth Westheimer (right) advises Yale Student Speech Organization President Simon Mendelson before Westheimer's rousing talk to over 600 students at the Law School Monday night. Dr. Ruth's appearance

"raised a considerable amount of money" for the new speech team, according to Mendelson, and will enable the team to participate in competitions at Southern Connecticut College, in New York City, and in Boston.

YDN-Mike Subit

Doctor cites Chinese stress

Speaker discusses mental illnesses in post-Maoist China

By LISA PIROZZOLO

Rigid social structures and recent cultural upheavals have not created a new breed of mental illness in China, but are clearly linked to depression and anxiety disorders, Harvard Medical School Professor Arthur Kleinman told an audience of about 50 in Davies Auditorium yesterday afternoon.

Kleinman visited Yale as a Hume Lecturer, a fellowship established in honor of the late Dr. Edward Hume, Class of 1887, the founder of Hsiangya Medical School and Hospital, part of the Yale-in-China program.

Beginning in 1980, Kleinman compiled 200 case studies of Chinese who suffer depression and anxiety illnesses. "They told me their life histories as if they were the *Rime of the Ancient Mariner*," Kleinman said, adding that he was enthralled by their stories.

The focus of Kleinman's study was to address the influence of social climate on depression and anxiety disorders.

"My point is not that the Cultural Revolution or the political structure of China has led to new symptoms of stress and pathology, but that they show how powerful the influences of social crises are in intensifying them," Kleinman said.

During his hour-long lecture, Kleinman presented four case histories of depression disorders linked to the social structure of China and the Cultural Revolution of 1966 to 1972.

One of Kleinman's case histories was the story of a young man, Huang Zhenyi, who was falsely accused of posting an anti-Maoist slogan on a school doorway during the Cultural Revolution.

While playing in the schoolyard,



DEPRESSING — Harvard Medical Professor and Hume Lecturer Arthur Kleinman told an audience of 50 at Davies auditorium that although China's radical social, political and cultural upheavals have not created new forms of mental illness in China, they do contribute to forms of depression, anxiety and tension among the Chinese.

Huang discovered a note posted on the school door saying "Throw Down Chairman Mao." When the boy reported the incident to party authorities, they detained him in a closed room and forced him to confess the crime.

Huang signed a confession and was paraded through the village wearing a dunce cap and sent to work on a peasant farm. Huang, now a Communist Party member, never confessed his crime to anyone other than his wife, and now suffers severe feelings of guilt and loss of self-esteem.

"I'm not suggesting that the trauma of the Cultural Revolution is without precedent in other societies, but Huang's disorder exemplifies certain effects of the cultural revolution," Kleinman said.

Kleinman also narrated the case history of an academic administrator who suffered severe tension as a result of conflict with a local Communist Party secretary.

"This extremely competent woman felt pressure to succeed in a situation she could not control," Kleinman said.

Kleinman explained the woman's crisis as a product of social conflict between professional and political cadres in China. In post-Cultural Revolution society, professionals have been restored to positions of esteem.

LAND USE

"Now human-edible grains are being wasted for cattle, while people starve," added Jeff Hirsch, a Trumbull College graduate fellow in Physics. Going on 10 years, Hirsch proudly claims to be "Trumbull's senior veggie."

Land-use problems in raising cattle and the grain to feed them are destroying several ecosystems, Neitlich continued. The strain of water use for grain irrigation in the US midwest, for example, is "reaching a critical point. California is rationing now all over and the aquifer running under our central states from Oklahoma up is drying up so fast that if current rates of con-

continued on page four

Commons caters meal service to vegetarians

By REBECCA WEINER

They eat quiche. They gather in the Natural Foods Line (NFL) at Commons and look forward to cheese croquettes. Some of them are religious. Some are environmentalists. Some simply want to lose weight. They are Yale's vegetarians — 10-15 percent of all students, by the University's best estimate.

"People do it for a wide variety of reasons," said Peter Neitlich '86. Neitlich, who took a year off to travel in Alaska "harassing oil companies" and is one of the new Environmental Studies major, has been a vegetarian for seven years. "For most of us, moral, aesthetic, and health reasons form a wholistic combination of factors."

Moral qualms with meat-eating focus on the environment, according to many vegetarians at Yale. "The grain energy balance is ten to one for eating grain directly as secondary consumers," Neitlich said.

referring to the amounts of grain needed to raise beef cattle for tertiary human consumption. "The world doesn't have the resources to sustain that kind of inefficient eating.

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Students learn nuclear policy

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Sushi fad sweeps campus, nation

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Morse senior tries teaching

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Forum studies alcohol abuse

Three women discuss their experiences fighting alcoholism

By RODGER CITRON

"I suppose my drinking problem kicked in during ninth grade. There was a guy I really liked at a party, and he asked me if I wanted a beer. So I had seventeen," a woman named Kathy recounted Wednesday night at a Student Life Forum held at Ezra Stiles and sponsored by the Yale College Council (YCC), Walden Counseling, and the Ezra Stiles SAC.

Kathy was one of three female speakers at the forum who discussed her experience with alcohol. The audience, a group of about 25 students, listened attentively to each speaker's account, participating in a group discussion afterwards.

The first speaker was a woman named Louise, who began her talk by describing her experience before joining Alcoholics Anonymous. "In my family, there was not much talk about feeling. The fears I had — looking like a jerk, failing, being rejected by friends and family — were kept inside," Louise explained. "My first drink, when I was a teen-ager, temporarily got rid of the problems inside of me," she added.

Louise said she became what is called a "social drinker." In college she discovered that drinking alleviated the many social pressures she felt confronting her. "Alcohol made me beautiful, allowed me to be the life of the party with charming conversation," she said. At this point, Louise drank only in socially acceptable situations.

Louise later became dependent on a combination of pills in the morning and alcohol in the afternoon. "As long as I didn't drink before five o'clock, I felt that I wasn't a problem drinker," she explained.

Louise said that when she was unable to sustain even this facade, she began a rocky period of trying to confront and then to evade her problems. This phase included uninspiring attendance at A.A. meetings, "adult education, counseling, self-



Yale Daily News

SOBERING — Noreen Roth, Chairwoman of the Yale College Council, was among the organizers of last night's student life forum on alcoholism held in the Stiles Common Room.

acceptable situations.

Louise later became dependent on a combination of pills in the morning and alcohol in the afternoon. "As long as I didn't drink before five o'clock, I felt that I wasn't a problem drinker," she explained.

Louise said that when she was unable to sustain even this facade, she began a rocky period of trying to confront and then to evade her problems. This phase included uninspiring attendance at A.A. meetings, "adult education, counseling, self-

help books, and even yoga," she recalled.

No one was as moved by Louise's story as her daughter Laurie. "I have never heard my mom speak before a group," she said. While Laurie never had a drinking problem like her mother, she said that she suffered from similar social pressures.

Instead of becoming dependent on alcohol, however, Laurie "went the overachiever route. With school, friends, and work, I tried to alleviate my problems by achievement," she explained.

Laurie's successes were not sufficient to overcome her feelings of inadequacy. "I thought I must be a horrible person," she said. "I noticed my mom's drinking, and thought I must be the cause."

The final speaker, another Yale undergraduate named Kathy, spoke of her experience with alcohol and drugs. Kathy began her presentation by admitting that she was an alcoholic and an addict. Like Laurie, she attempted to compensate for her emotional problems through overachievement.

However, unlike Laurie, Kathy became heavily dependent on alcohol. Kathy described herself as an "angry drinker. I committed acts of rage and lost control of myself while drinking."

At Yale, drug addiction became part of her illness, she stated. "I found that cocaine, alcohol, and valium were a perfect combination," Kathy said.

The breakthrough for Kathy came the June after her sophomore year. "I started going through the shakes because there was nothing in my apartment. There was no one I could call, and that night I stood alone," she said. Three weeks later she began treatment at a hospital.

Kathy concluded her talk by emphasizing that "alcoholism is a progressive but treatable disease."



Yale Daily News

A. BARTLETT GIAMATTI
Giamatti will head local United Way fundraising efforts

By DEBORAH YAFFE

Yale President A. Bartlett Giamatti will serve as 1985 Campaign Chairman for the United Way of Greater New Haven, United Way Board President Robert Behan announced yesterday.

The United Way raises money for the American Heart Association and other local and national organizations.

"I think I have a community obligation, and this is part of my sense of it," Giamatti said. "It seemed to me that this is an extension of a lot of our efforts at working with the community." The United Way is "a very important thing for the greater New Haven area," Giamatti added.

Giamatti said his post will involve overseeing fund-raising efforts that start next year. Since United Way has both paid and volunteer staff, Giamatti's role will be "essentially organizational," he added.

Giamatti's new post represents "an outstanding commitment to the health and well-being of the greater New Haven community, an alliance which will greatly benefit us all," Behan said, according to a United Way press release.

Giamatti is the first Yale president to chair the Greater New Haven United Way campaign since the continued on page five

Dean enforces official posterizing regulations

By RICHARD MEYER

Not on any fence, sidewalk, or tree on campus. Not on the walls of any campus building or any residential college. According to undergraduate poster regulations, posters may not be placed at any of these locations but, more often than not, they are.

"The problem of poster overkill is one that has existed for several years. But now it is out of hand," said Assistant Dean of Student Affairs David Mills.

On February 14, the Dean's Office informed all undergraduate organizations that posters not conforming to undergraduate regulations will be torn down, and organizations responsible for the illegal posters will be fined.

Any poster that advertises the serving of liquor is illegal, according to Yale's posterizing regulations. Because of posterizing violations, including the advertising of liquor, two

singing groups, the Alley Cats and the Dukes Men, were forced to remove some of their jam announcements last week.

Dean of Student Affairs Lloyd Sutcliffe questioned the use of the word "champagne" on posters for the Alley Cats' annual jam. Although champagne was served at the jamboree, Alley Cats Business Manager Bill Dodge asserted that "no one was coming just to drink the champagne." When questioned by the Dean's Office, Dodge successfully defended the title as "ideological" and representative of "the 20's, flapper motif" of the jamboree. Dodge called the stringent posterizing regulations "absurd."

The Duke's Men ran into similar problems last week when some of the posters for their "I think, therefore I jam" jamboree announced that champagne would be served continued on page three—

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EDITORIAL

Shubert is salvageable

The New Haven renaissance was rocked last week by the news that the Shubert Theater, centerpiece of the downtown redevelopment program, lost over a million dollars during the first year of operation and will be closing for the summer months. But Mayor DiLieto's proposals for reforming the project offer new hope that the Shubert can be transformed into an asset, rather than a drain, on city finances.

The extent of management bungles which took place during the Shubert's first year of operation is astounding. But the difficulties call for a realistic, imaginative plan for getting the theater back on its feet, rather than carping and talk of permanent closure. DiLieto's proposals have the potential to meet this need, calling for a subscription program, long-term scheduling and pre-sales of performances. The mayor also called upon the board of directors to develop an independent endowment to meet the theater's long-term needs.

Unfortunately, the reforms also call for cutting out the more experimental and artistically risky offerings in favor of big-drawing musicals. We urge the Shubert to continue to fulfill both its commercial and cultural functions by seeking corporate sponsors and marketing ahead of time for more risky ventures. The Yale community also has a responsibility to encourage such diversity.

The Shubert is not merely one more new development; it is the psychological and financial lynch-pin of the progress that the city has made, drawing over 140,000 patrons to New Haven in 1984 and acting as a magnet for other investment. All of New Haven's major development projects "trace their roots to the city's commitment to restore the Shubert Theater," according to DeLieto.

The City has a seven year commitment to pay a rent of \$350,000 and cover up to \$500,000 in losses per year. Clearly the level of losses incurred this year was absurd, but the theater will take several years before it begins to break even. If in several years the Shubert proves incapable of being financially independent, New Haven should consider withdrawing from the project. But for the moment, critics should concentrate on evaluating new projects more carefully and helping the Shubert achieve financial health.

Investigate asbestos hazard

Several Yale employees have charged that asbestos insulation on pipes, in fire doors and in ceilings poses a serious health hazard to the Yale community. Yale officials have argued correctly that the asbestos can only be a hazard if there are loose fibers in the air. But it is imperative that Yale take adequate precautions to ensure that neither workers nor students risk exposure.

With inhalation of significant amounts of asbestos comes increased chance of lung cancer, mesothelioma, a tumor on the covering of the lung, and asbestosis. However, exposure to asbestos combined with chronic smoking increases the risk of lung cancer 100 times.

Therefore, it is crucial that the physical plant regularly and systematically inspect the asbestos insulation throughout the buildings where it is present, which includes all major buildings built from the 20's through the 60's, identifying possible hazards. If the University is negligent in addressing these hazards the chance that they will face costly long-term litigation from affected workers will be needlessly increased. And the potential cost to the workers themselves is much greater.

Students and workers should be aware of the risk that asbestos can pose, and identify places where it may be present — on the crumbling insulation of pipes in bathrooms and steam tunnels, for example. The administration is correct in believing that well-contained asbestos poses no threat, but they must be vigorous in ensuring that loose asbestos is disposed of quickly and safely.

LETTERS

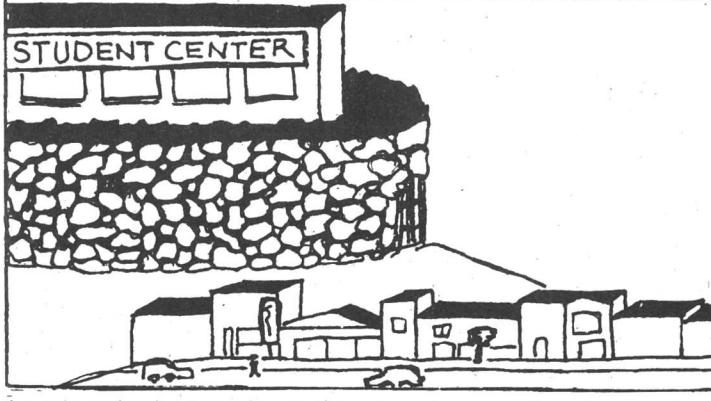
Student center would crowd out local business

TO THE EDITORS:

I read once again the perennial plea from the students for a Yale student center someplace in the heart of the Yale campus. While most points of view were adequately expressed in the article, the one that was not was the voice of the people of New Haven.

Over the past four years the area around the Yale campus has experienced a renaissance as students began to move off campus for some of their day-to-day necessities and not so necessities. In response the developers and merchants of the area have improved their stores, their hours and their merchandise and are increasingly providing a better service in the Yale community.

This trend will certainly continue for a long period of time, hopefully reversing the isolated attitudes of



the 60's and 70's, returning to the more normal intertwined relationship of the pre-1960's. A student center would certainly not prevent continued development, but it would discourage it.

If Yale and New Haven are going to be intertwined; if they are going

to help each other, the merchants and the stores and the restaurants and the bars need the support of the Yale students on a regular basis.

Yale already provides a variety of attractions such as films and food facilities on a heavily subsidized basis which compete directly with

area merchants. Yale film societies, for example, do not pay admission taxes, property taxes, city taxes and nine or ten other taxes which operators such as York Square Cinema are required to pay. The student center would similarly be subsidized through the non-profit umbrella of Yale, creating another reason why it's difficult for retailers and merchants in the vicinity of the Yale campus to survive and prosper.

I hope this is a thoughtful counterpoint to some of the Yale-oriented arguments that I've read in your newspaper. I would like to think that Yale people were beginning to get more interested and concerned with their environment, with their relationship and responsibility to the City of New Haven.

Joel Schiavone
New Haven, Connecticut
February 26, 1985

'News' coverage of forum left readers confused

TO THE EDITORS:

Yesterday's Yale Daily News carried a front-page report by Heidi Chen about Monday's Forum on feminism ("Forum explores 80's definition of feminism," YDN 2/27/85). I write to clear up some of the inaccuracies in that article.

First, and most blatantly, people are misidentified right and left. To my knowledge there is no "Karen Weinbaum" at Yale. However, Eve Weinbaum and Karin Cope do exist, and they are the Women's Center coordinators. It was Karin Cope who opened the meeting, and all quota-

tions attributed to "Karen Weinbaum" are actually hers. Nora Folkenflik, who also spoke, was not a coordinator of the forum although the article identified her as such.

Next, several quotations were either incorrect or imprecise. Had I not seen the Daily's reporter in the Silliman Common Room I would wonder if she attended the same forum I did.

When Linda Anderson was quoted out of context about women being "working women...lesbians, [and] women...of different color," what came to mind was women in

various shades of blues, greens, and pinks. Actually, Ms. Anderson spoke of "women of color," noting that the women's movement spreads across class, ethnicity, and other categories into which we often divide people.

When Ms. Anderson spoke of the changes in curriculum, such as the inclusion of women in the course on maritime history, she noted that the women in question were sailors and prostitutes, among other things. She did not speak vaguely about "women sailors, women and prostitution...and the effect of women."

Once again, the point was missed. It's not exactly what women were doing that mattered in Ms. Anderson's comment (although that matters very much from a historical point of view). It's the fact that more

and more history courses recognize the contributions of women to history that is important.

Finally, I believe that Ms. Chen missed the point of the discussion. Much of what her article focuses on were minor points, examples given during the evening. Most of what the forum actually discussed was what it was designed to discuss — what this concept called feminism?

There were no easy answers at the forum — it is a pity that the Daily News coverage of the event was so inaccurate as to raise even more questions, even down to minor details such as who was there. I hope that in the future such news reports can improve.

Mel Powell
Silliman '85
February 27, 1985

Yale provides GPSCY with adequate funding

TO THE EDITORS:

We would like to clarify misinformation reported in Liesl Schillinger's February 19, 1985 article on the GPSCY.

1. The GPSCY opens at 5:00 p.m. (6:00 p.m. on Saturdays), not 10:00, as reported by Ms. Schillinger.

2. The GPSCY receives considerable support, financial and otherwise, from the University. The University administration and the Deans of the Graduate School have been generous in their support of GPSCY operations, and we are grateful for it.

3. As far as we know, there are no "discretionary funds that are meant to supplement whatever grant the GPSCY gets" within any depart-

ment at Yale. University funding for the GPSCY is requested by Graduate-Professional Student Senate from each of the Professional Schools based on a level of personal support established by the grant received from the Graduate School.

It is true that the GPSCY operates on a very tight budget. But this is true of many other Graduate and Professional organizations and institutions at Yale. While we appreciate Ms. Schillinger's attempt to report the situation, we also feel it is important to report the situation accurately.

Kate Pflanze
Recording Secretary
February 26, 1985

Clarification

In yesterday's story about a stabbing, Richard Dorfman, Yale Police Commander, was quoted as saying, "the student took off up the street" while three of the assailant's associates held back the attacking youth. According to the attacked student, who wishes to remain anonymous, it was the attacking youth who ran away as his associates held back the injured student.

"I eventually chased them down the street and held one in front of Demery's restaurant," the student said. Holding down one of the youths who had previously restrained him, the student was harassed by the youth's two associates. All three associates were apprehended when the Yale Police arrived on the scene.

The attacked student was upset by the failure of other students to help him. "There were over 20 students in the area and I was gushing blood but no one cared," he said. "The Yale Marching Band showed up and were

making jokes about it," he added.

Although three tendons in his hand were severed, the student said that the stabbing caused no permanent damage.

HOLLENHEAD

By Sabin C. Streeter



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Students learn nuclear policy

Professors encourage logical, moral views of arms race

By KATHY EVANS

"A popular myth says that arms control and security questions should be left to the experts," wrote political science professor Bruce Russett in the preface to his book *The Prisoners of Insecurity*.

But Russett does not accept this myth. He teaches the fall semester course "Evaluating Nuclear Strategy," one of several courses at Yale which deal with the nuclear arms debate.

These courses approach the subject from different perspectives, yet together they share a common aim: to teach students that they have the ability to discuss arms control issues in a well-informed and rational manner.

"It is time to demystify the strategic nuclear debate," Russett said. "One doesn't have to have a top-secret security clearance and a Ph.D. from M.I.T. to talk intelligently about these questions."

Russett's approach is to incorporate three basic elements of the debate into his course, claiming that "strategic arms control issues are fundamentally issues which require a mix of analytical skills and abilities."

DEFINING TERMS

First of all, Russett tries to give his students a certain amount of technical information about the various weapons and their capabilities. However, he warns that technical data alone is not enough to fuel discussion. "All too often, the discussion is hung up on issues of how many missiles and how many warheads the Soviets have and how many we have, and that's the fundamentally wrong-headed way to go at these issues. But we have to start with that information."

The second element of the debate is political analysis, according to Russett. He wants students to be aware of the factors in international and domestic politics which are causing the nuclear build-up. And finally, fundamental ethical issues come into play.

"The answers to the normative questions are not obvious," Russett said, "but any responsible person at a top-flight academic institution

ought to become aware of the way he or she perhaps analytically makes normative and ethical judgments about these things."

Russett stressed the importance of developing a rigorous method of thinking about the issues. Ken Ewing '87, who took Russett's course, said that the course "made me evaluate how I feel about my own personal morals."

Even if right answers cannot be arrived at, Russett said that a well-informed approach at least makes rational dialogue possible. "We all bring our prejudices into it," he said. "And I think part of it is just becoming more conscious of what those prejudices are and what other prejudices on the other side look like."

MAKING DECISIONS

Naomi Weinberger, another political science professor, takes a different approach. Weinberger's approach in her course "Problems of Defense and Security Policy" focuses on decision-making. "We look at specific issues and controversies but all from the point of view of how decisions are made out of those issues in different political systems," she stated. The course so far has dealt primarily with nuclear weapons, but later in the semester it will deal progressively more with conventional arms.

"Conventional weapons are the ones that essentially have been used and are used in an ongoing way, and can be extremely destructive, and so this idea that somehow we need to only worry about nuclear weapons really isn't right," Weinberger says.

Weinberger said that she does not discourage her students from feeling the issues as well as thinking them. But she adds that "the readings and the lectures tend to be dispassionate, and so I think that even the students who have very strong feelings on the issues are forced to understand that people who make decisions are often operating in a bureaucracy where things are often dealt with in a cold, dispassionate way."

Aimee Wolfson '87, a student in Weinberger's course, said that the course helps her to remove herself emotionally from the subject of

military security.

"Once you understand the technical aspects of it and the nitty-gritty, you see a much more rational way of looking at it, even though what you're talking about doesn't sound rational when you're speaking of destroying millions of people."

COMPREHENDING CHANGES

While both Russett and Weinberger incorporate various elements of the nuclear debate into their courses, engineering professor Robert Apfel restricts the subject matter to a single element in his portion of "Perspectives on Technology," a course which teaches non-science students about various technological issues. Apfel's subject is the technical realities of nuclear weapons.

"Sometimes one throws together the quantitative, scientific, technical stuff with the policy, strategy, psychology. I'm trying to avoid that. I'm going to give one part of the story," he said.

Apfel contended that the fissioning of the first atom led to enormous scale changes not only in energy production, but in computers, electronics, and satellites. "We're being asked to absorb these large-scale changes very quickly, and our reaction to all of that oftentimes is to just get so numb when people throw numbers at us that we just sort of turn off," he said.

Apfel said that he tries to foster his students' scientific literacy. They spend much of the course doing calculations, which he hopes will build their confidence in their ability to make their own judgments. "The basic science underlying it is very simple," Apfel said, calling his



YDN-Denise Morgan

NUCLEAR PROFESSOR — Political Science Professor Bruce Russett's course "Evaluating Nuclear Strategy" is designed, he says, to demystify the strategic nuclear debate. Russett is among three Yale professors who teach courses that deal with problems of nuclear science and policy.

students' work "back of the envelope calculations involving algebra."

POLICY VERSUS REALITY

Apfel also makes the distinction in his course between public policy and scientific reality. "Some of the public policy might be outside the realm of scientific reality. What I'm going to do is to define the scientific realities."

Kathy Collen '87 found this purely technical approach frightening. "There's nothing to dilute the fact that you're discussing the ability to destroy things," she said.

Although these three courses seek to promote rational discussion of nuclear arms, these issues can

Dean's office will enforce rules for campus poster

—continued from page one
at the performance. The Duke's Men Business Manager James O'Donnell said that after being contacted by the Dean's Office, the group "voluntarily offered to remove the offending posters."

In addition to the posters advertising champagne, some of the Duke's Men posters also advertised a raffle to be held at the performance. According to Mills, since such advertisements are "inconsistent with the state regulations on raffles." The Duke's Men were forced to remove these posters as well.

O'Donnell attributes the problem to "an overzealous freshman who didn't check with me first." According to O'Donnell, the jam "was extremely successful," though it featured neither champagne nor a raffle.

The Duke's Men "have no complaints about the poster regulations of the Dean's Office," O'Donnell said, adding that "the students have a responsibility to keep the campus in good order. It shouldn't look like a K Mart in Christmas season."

Mills said that "hundreds of posters are being torn down daily." Furthermore, Mills said that he would not hesitate to fine any group responsible for illegal posters.

In Mills' statement to students, he reported that his office had "received a number of complaints about the 'trashy' appearance of the campus from masters, deans, faculty, students, and campus guests" due to excessive poster.

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FOOD

Sushi fad sweeps campus

Students acquire taste for Japanese delicacy

By PAUL MUENZEN

Sushi is raw fish.

For everyone from yuppies to preppies to hockey players and eurofags, it's the hoola hoop of the eighties, an ancient Japanese tradition whose uniquely American popularity is outlasting many current fads.

To those who have only recently been "turned on" to sushi, there is never enough of the colorful concoc-

tion around; to those who coolly claim "experience" with sushi (a proven ability to order sushi and its myriad variations without the help of a menu), sushi becomes an edible art.

"Sushi is clearly a fad, and the last year or two it's become significantly more popular," said David Leiber '86. "But it's a fad that will definitely last." According to Leiber, sushi is considered "cool, and at Yale

there's a high premium on being cool. So you can see how people are sometimes pressured to eat sushi."

But whether or not there is a growing pressure among social groups at Yale to go out and consume conspicuous amounts of sushi, the fact is that its following at Yale has reached mob-like proportions. And when the mob is hungry for sushi, it religiously flocks to Miya's, a small Japanese restaurant not far from the campus, on Chapel Street.

CULINARY ARTISAN

All of the sushi at Miya's (pronounced *mee-ya*'s) is prepared by Hava, a soft-spoken culinary artisan who has been making sushi "for most of his life," according to David Haydon, Miya's manager.

"Haya is quite an artist, and his artistry is in his food," Haydon said, adding that if Haya were not a sushi preparer "he'd probably be a painter."

"Haya considers [each piece of sushi] a personal gift from him to the customers," he said. "Haya is the flavor of Miya's."

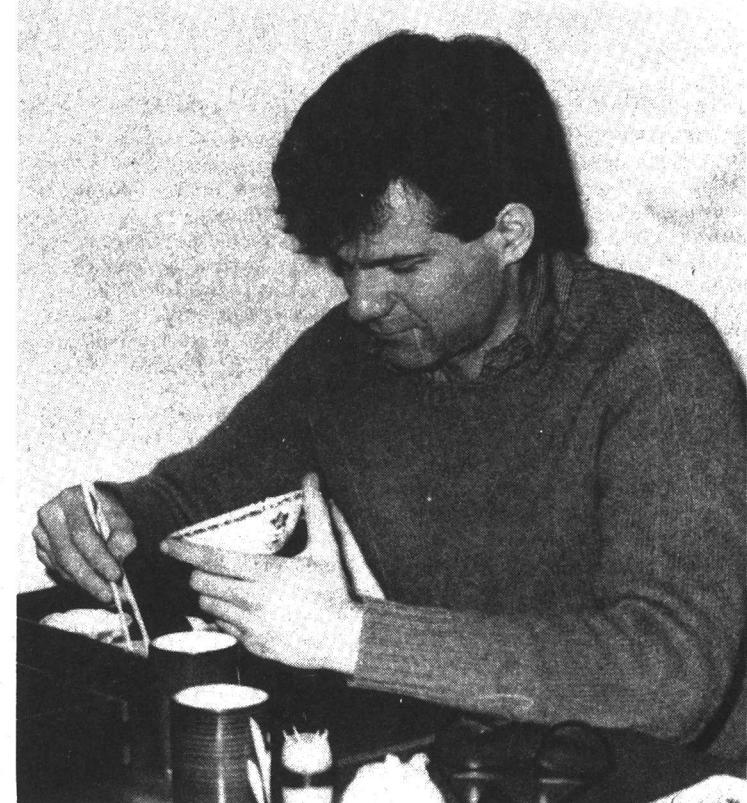
Chris Shields, a former baker and self-proclaimed "sushi apprentice" at Hatsune (pronounced *hot-soo-nay*), the "other" New Haven sushi haven, said that the key to making great sushi is that it "must appeal first to the eye, and then to the palate."

"Every sushi preparer has a distinct style, and each portion has its own individual appearance," Shields said, adding that he varies his sushi preparation "by changing the garnish from day to day."

MONEY-RAISING GIMMICK
For a dance held at Dwight Chapel last Friday to benefit Aurora, Yale's feminist magazine, Hyun Mi Oh '85 "needed a gimmick that would help raise more money for the magazine," she said. She chose sushi.

"At our last benefit I cut hair, two of Aurora's editors are Asian, and we thought it would be easy to make," Oh said, adding that she first learned to make sushi from her mother. In one afternoon last week, Oh and her friends made 150 rolls of sushi at six pieces to a roll. They charged one dollar for three pieces of sushi.

When the dance was over, there



YDN-Wendy Wilkins

SUSHI CHEF — Haya prepares sushi for Miya's, a Japanese restaurant on Chapel Street. He creates this traditional delicacy with raw fish, rice, seaweed and an assortment of garnishes. David Haydon, Miya's manager, calls Haya "an artist . . . his artistry is in his food."

were 60 rolls left, Oh said, adding that she "could not look at another sushi roll for another year."

But why gamble on making money with raw fish at a dance?

IT'S LIKE PET ROCKS

"Well, for one, sushi has become a fetish for a lot of people," Oh said. "It's gotten to be like pet rocks."

Leiber said that sushi's attraction may be found in the aura of ritual which surrounds its consumption. "The whole idea of going to a restaurant and picking exactly what you're going to eat appeals to many people," Leiber said. Sushi is also high in protein and low in fat, he added.

"You watch them prepare it, it's exotic, and it doesn't fill you up," he said, adding that "you don't feel bloated after a sushi dinner, because if you do then you really ate a lot."

HEIGHTENED INDIVIDUALITY

Sushi's attraction can also be attributed to its many variations, a quality which many sushi eaters agree appeals to their heightened sense of individuality.

There are three broad categories of sushi: sushi (raw fish wrapped around rice), sashimi (sliced raw

fish), and makisushi (a piece of raw fish inside a blanket of rice, wrapped by nori [seaweed]). Each of these types of sushi can be served with a combination of different fishes, sauces and garnishes.

Sushi is an unusual fad in that there is no distinct image attributed to Yale's voracious sushi-eating community. One hardened sushi eater, Claudia Nelson '86, said that the standard Miya's frequenter is "sort of trendy. Not true eurofag, but definitely close."

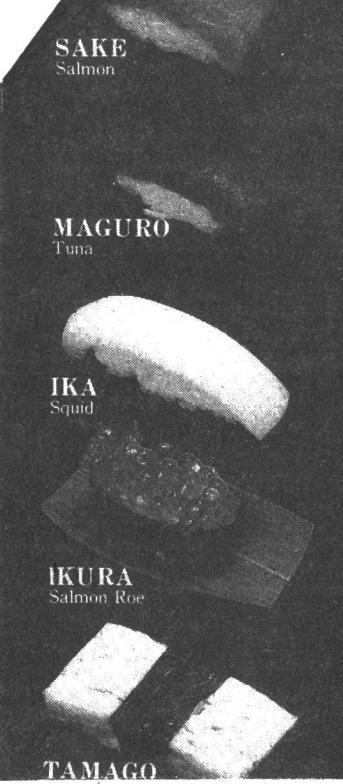
A YUPPIE FAD?

"I doubt that football players eat sushi," she said, adding that the broadest label (as all fads carry labels) could be applied to "upwardly mobile yuppie types."

"We know it's not jocky, and it's not artsy either, and you certainly don't hear of people from the Midwest eating sushi out in the wheatfields," said Alexi Worth '86.

But according to some athletes who are known to frequent Miya's, like varsity hockey player Darren Acheson '86, "sushi does have jock potential, and there is the possibility for integrating sushi into sports diets."

After all, sushi is raw fish.



Commons accommodates diets of vegetarians and dieters

—continued from page one
umption continue people say it may expire within 60 years."

Then too, much of the beef sating US cravings hails from Central America, Neitlich said. "The rainforests are being wiped out to raise beef cattle the natives don't even eat."

WHALES

Some vegetarians envision future meat-lovers turning more to the sea. "I would be in favor of careful harvests of whales," said one. "You have the same bad energy ratio, but the secondary product — plankton — isn't being eaten by people anyway. I'd prefer controlled whale harvests to huge floating factories producing Krillburgers." His voice shook slightly as he envisioned the plankton-chomping behemoths supplying generations with sustenance.

Other moral reasons mentioned by students include the hormone treatments and crowded, painful conditions beef cattle and chickens are raised under in this country. "This dovetails with health concerns," Neitlich added, "because I don't want the hormones any more than the cows do."

HEALTH CONCERN

Health concerns are central to many Yale students' rejection of meat, particularly among those who do eat fish. "Veggies are people who take eating seriously," said Julie Klein '87. Many cited high cholesterol and trace hormones and antibiotics in meat. Then, too, "for many people it's a weight thing," said 3-year "veggie veteran" Varda Shapiro '87. "Maybe that's why there seem to be more women vegetarians than men."

Still others cited religious convictions, or other moral stances against killing. "You don't have to believe in transmigration of souls to feel that killing other animals is wrong," explained Ken Sawin '86.

Some students seem to have become vegetarians purely by default, or because meatless cooking is cheaper.

"I was a vegetarian three years ago," recalled Teddy Jefferson '85, "but that wasn't from conviction. That was from laziness and poverty — it was easier to cook without meat."

SOCIAL REASONS

"I was a vegetarian because I live

ed with Steve and Aaron," said alumna David Byrne. "Steve (his roommate) was a vegetarian because he was a Buddhist. Aaron (another roommate) was a vegetarian because he was an ecology-minded man — for him it was moral reasons. I was a vegetarian for social reasons; I wanted to live with them. My vegetarianism comes and goes with my wallet and companions."

For some, a particularly traumatic or emotional incident clinched earlier tendencies toward vegetarianism. Shapiro recalled her summer of work in a lab studying eye function during which interns went regularly to the slaughterhouse and "watched the heads come down on hooks so that we could get the eyes." Neitlich remembered a vegetarian guitarist and family friend who cared for him while his parents travelled and whose arguments for meatless living were "very convincing."

FRED THE CHICKEN

Most poignant of all was the saga of Fred the Chicken. One evening when 'Jeff' was 16, while thumbing cross-country to California, he was picked up on a dusty back-country Kansas road by an elderly woman named Jemsby. He stayed the night in the Jemsby barn and in the morning helped Jemsby feed the chickens. One chicken waited separately from the rest for attention, and Jeff, enchanted, named the chicken 'Fred.'

Jeff stayed for two days of horseback riding and picnicking, and then prepared to take his leave. But then kind-hearted Mrs. Jemsby cooked up a farewell dinner for which she slaughtered Fred. "They all laughed because I was so urban," Jeff said. "But I couldn't eat meat for months. Then I started reading about vegetarianism and found it agreed with my dislike of killing."

Though people forsake meat for a variety of reasons, many claim a certain pattern to the type of people who become veggies. "Veggies are more concerned about themselves and their world... on the other hand, they tend to be fuzzy thinkers," said one former vegetarian.

DINING HALL VEGETARIANISM

Most vegetarians seemed satisfied with Yale's dining hall service. "I found the meals very convenient," Sawin said. "They always had something you could eat." And

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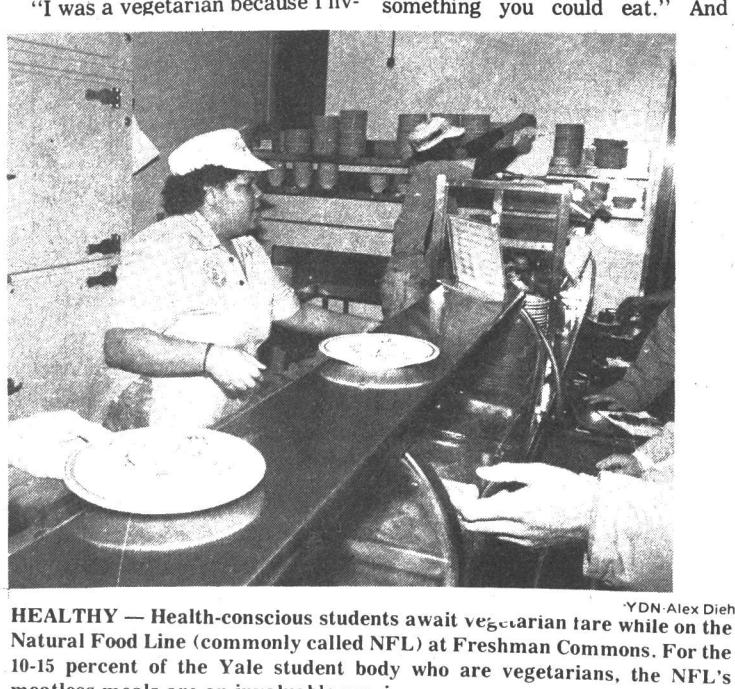
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HEALTHY — Health-conscious students await vegetarian fare while on the Natural Food Line (commonly called NFL) at Freshman Commons. For the 10-15 percent of the Yale student body who are vegetarians, the NFL's meatless meals are an invaluable service.

Today

Events

"9:55 at Battell," a brief service in the Christian tradition, followed by light breakfast, Battell Chapel, 9:55 a.m.
 "George Stubbs — Turf with Jockey Up," Vickie Hearne, Art in Context, information desk, British Arts Center, 12:30 p.m.
 "Six Perspectives on Nuclear War: The French Perspective," Olivier de la Baume, Yale Student Study Group on International Security, 127 Law School, 4 p.m.
 "Scenes of an Indelicate Character: Medicine and Women in Victorian England," Mary Poovey, Swarthmore College, English Department Lecture Series on Literature and Culture, 211 HGS, 4:30 p.m., FREE.
 "Conceptual Revolutions in Art and Science," Sidney J. Blatt, Brady auditorium, 310 Cedar Street, 5 p.m.
 "Strategies for Aiding the Homeless," panel discussion w/Robert Hayes, George Vernez and Edward Geffner, Yale Law School Public Interest Council, 127 Law School, 7 p.m.
 David Slavitt, poet & popular novelist, Career Dialogues, Davenport Common Room, 7 p.m., FREE.
 "Sexism and Collegiality," GPSCY forum: Men & Women Relating, GPSCY Bar, 204 York Street, 7 p.m.
 "Should Yale Divest? The University in South Africa," panel discussion w/Joan Bavaria, David Ndaba, and Jennifer Davis, Coalition Against Apartheid, 263 Street Hall, 7:30 p.m.

Movies

"Cimarrones" and "Iowa," two films on slavery, Latin America Film Festival, Davies auditorium, 7:30 p.m., \$1.
 "All that Heaven Allows," Yale Film Society, LC 101, 8 & 10 p.m., \$1 w/YFS card.

Theater

"The Unseen Hand," by Sam Shepard, Yale Cabaret, 217 Park Street, 8:30 & 11 p.m., membership and reservations required.
 "Our Son Who Went Mad," by Rob Long, Berkeley, Branford, & JE Dramats, Branford Dining Hall, 9 p.m.
 "What the Butler Saw," by Joe Orton, Yale Rep, corner of Chapel and York Streets, 8 p.m.

Music

Beth Almore, recital, Great Hall, JE, reception to follow, 8:30 p.m.

Announcements

Battered Women's Support Group, New Haven Project for Battered Women, for information and location, call 789-8104.
 Weekly Meeting, Yale College Council, 127 Law School, 10 p.m., all welcome.
 Weekly Meeting, Gay Students Center, 305 Crown Street, room 124, 8:30 p.m.
 Auditions for "Chika Waka," an original play, call Will (6-6228) for more information.
 Auditions for "Agamemnon" by Aeschylus, Saybrook Dramat, March 4 & 5, sign-up in Saybrook Common Room.
 Auditions for "Sally and the Space Creatures," Dramat Children's Theater, March 2 & 3, sign-up in Dramat Green Room, 222 York Street, or call John (6-7743) or Dave (6-7151).

Yale senior perseveres in teaching world

Morse student helps local children, prepares for career

By LISA CHANG

While buying a book on education for her senior essay, the bookstore owner asked Rachel Wiseman "Are you a teacher?" "No, but I will be." Wiseman responded spontaneously.

Wiseman brings this conviction and wide experience in education to her senior essay.

Her senior essay questions whether the progressive educational philosophy behind New Haven's Lee High School was realizable in the late 60's, a time when inner cities were experiencing great racial & political turmoil.

"I wanted to write about that time" she said, noting that "New Haven is such an interesting place — it is a model city for urban renewal."

But Wiseman, a Morse senior, is probably best known for her role in the School Volunteers of New Haven tutoring program, in which some 160 other Yale students are involved.

In this program Morse, Calhoun, Davenport, Berkeley and Silliman participate.

Together with the School Volunteers of New Haven, Inc., and the schools themselves, the residential college coordinators place

volunteers in New Haven public schools primarily as basic skills academics.

According to Morse College Student Tutor Recruiter Coordinator Alan Gerber, Wiseman "almost singlehandedly" revived the program from its nearly defunct state two years ago. Wiseman has the personality "to barrage people with requests" and "intense energy" to recruit tutors, he said.

The School Volunteers of New Haven would like to establish a volunteer program in each residential college, according to Volunteer Coordinator Alison Chapman. Wiseman plans to remain in New Haven next year and help the organization reach this goal while she is working toward a teaching certificate.

Wiseman grew up in New York City. Her past experiences range from candy striping in a New York hospital to working as an intern between sophomore and junior years for Congressman Downey, in Washington. Her internship made her more politically interested and "less shy," she said.

While at Yale Wiseman has become personally involved in

do. Sometimes it doesn't work out.

For example, in the after school program, some children don't show up. Some people just don't like one another," she said.

While walking to the Roberto Clemente Middle School twice a week, "it hit me like a brick that the liberal political things I'd been saying were true, like, 'These children don't have a shot at coming to Yale' — not that coming to Yale is the be-all and end-all of things," she added.

Wiseman chose to remain in New Haven last summer, working with three Dwight Hall interns and one other Yale volunteer as a floating summer camp counselor and tutor for the federally-founded Family Togetherness Program. With characteristic perseverance, Wiseman "felt that if you really care, you'll stay and follow through. Plus, I like New Haven and love the kids," she said.

But the program exerted a substantial emotional drain. "It was the most difficult thing I ever did emotionally. I had to fight guilt and fear and depression — to become really immersed in a whole neighborhood's problems, to decide where to draw the line."

"It was so draining — they want and need so much and you can't give nearly that much. [The students involved in the same project] felt exactly the same," she added.

"Working with friends and clinging to little things," helped Wiseman to handle the pressure.

There were frustrations as well as rewards. "It takes so long to build an emotional relationship" and that it sometimes "seems that there's no academic effect."

But one veteran teacher who has worked with School Volunteers said that the volunteers have helped "tremendously." "These students are demanding — they want and need personal attention. Tutors provide personal attention. (This) says something very important to children," he said.

For the tutor, "having a relationship with the child," was the most memorable part of tutoring, Wiseman said.

"To get valentines for Roland, to see Francesco write his name... On a political and moral level it's a very good thing to do."

Although a social conscience is a good thing, "you have to have a genuine, more selfish desire to have a positive experience, to help," she said.

"It's not an easy or a light thing to

Giamatti raises funds

—continued from page one

Upgrading dining hall menus is a slow process, partly because of a lack of communication with the students, Dougherty said. "I get ideas from my employees, cooks and things, but students come very slowly. I can't remember a single new student-suggested recipe in the last two years."

—

In the past, the Nutrition Office polled student opinions with surveys distributed through NFL, but "the results would swing wildly, and contradict themselves year to year," Dougherty said. "Then when we tried to implement suggestions we often met with bad results."

In conjunction with YCC, Dougherty is trying to organize a student advisory committee for the dining halls, but that is "coming slowly," she said. "When I called last Thursday, they had found representatives for only nine of the 12 colleges, and they didn't give me the names of any of those."

Giamatti acknowledged that the post will be somewhat time-consuming, but he said, "Anything that's for the greater New Haven area is less of an interference with my Yale commitments" than other

kinds of outside projects might be.

Last year's United Way campaign, which was chaired by James A. Walsh of the Armstrong Rubber Company, raised nearly \$4 million. The money went to 30 local human service organizations and 100 donor designated agencies," the press release said.

The release added that more than 1800 members of the Yale community gave over \$250,000 to the 1984 campaign.

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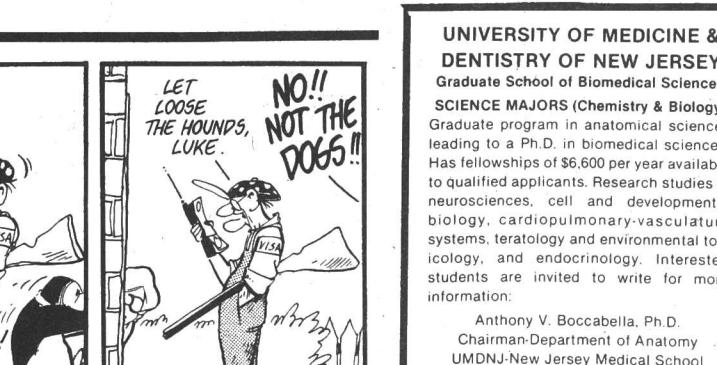
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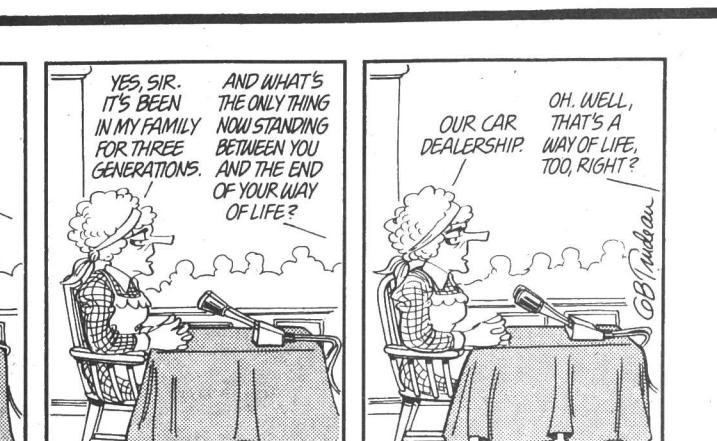
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Plimpton extolls still persevering virtues of sports

I think I found out what professional sports needs. His name is Ace Zablonsky.

Ace is the name that former Detroit Lions star and current actor Alex Karras wanted to be called when he became a Western movie actor. Karras used to tell the other players during their breaks on the practice field that there was a great ethnic void in the Western movie industry and that he wished to fill it.

In a world where sports are increasingly depicted as filled with drugged, illiterate and greedy athletes, Ace Zablonsky is a refreshing story. The man from whom I heard it, writer George Plimpton, is a journalist with a refreshing attitude toward sports.

Plimpton spoke at a Silliman College Master's Tea on Wednesday as a Poynter fellow. A graduate of Exeter and Harvard, Plimpton is one of the most respected sports journalists of our time. His claim to fame is a series of inside looks at various professional sports. Plimpton joined pro sports teams as an actual player in an attempt to "find out what life is like within one of these specialized communities."

His success has been tremendous. His book about football, *Paper Lion*, was made into a movie, and he has also participated in professional basketball, baseball, boxing, and he is about to publish a book on his experiences as a goalie with the Boston Bruins. Although he is now moving into the arts (he played a triangle for the New York Philharmonic and is now preparing for New York's Metropolitan Opera), he has still remained close to sports. And after covering sports for almost three decades and witnessing the drastic changes that have occurred, he still remains a devoted fan.

What makes Plimpton so refreshing is his love of the game, a love that transcends the cynicism and criticism lavished on sports today. Amidst the numerous examples of Chris Washburn (a North Carolina State basketball player who scored a 420 combined on his SATs and was recruited by over 150 schools) and steroid abuse, Plimpton remains solid in his support for sports. While noted sports journalists, such as *Sports Illustrated's* John Underwood, publish critical examinations of present-day sports like *Spoiled Sports*, Plimpton says that he does not really care too much about the problems that seem almost part and parcel of professional sports today. What comes across is Plimpton's desire to focus on the game as a game, and the remarkable in sports as the remarkable.

"I guess the final essence of sport," he told the 30 or so people in the Silliman Master's House, "is seeing someone do something better than anyone else can."

"I covered the 1984 Olympics in Los Angeles and the 1980 Games in Moscow," Plimpton said. "I saw a man jump higher than any man had ever jumped before. That's what is glorified in sports. I'm in awe of people who do those things — I really don't care about the other things."

Plimpton can relate amusing anecdotes from the locker rooms of most professional sports. He talks about the time that a member of the Washington Capitals of the NHL took the false teeth that most hockey players keep in cups above their lockers during a game and mailed them in a box to Henry Kissinger. Or Karras' dream to be a Western movie star and use a Japanese parasol instead of wearing a cowboy hat.



GEORGE PLIMPTON

"Humor is a tremendous necessity in sports," he said. Indeed, the various ways in which players prepare themselves for games illustrate the great joy and human interest that is unfortunately absent from much of today's sports reporting.

Plimpton related the experience of Celtic great Bill Russell and his method of preparing for a game. Russell used to pretend as he walked onto the court that he was involved in a complicated metaphor. "Like he was a sheriff and he would clean up the town of the men with the black hats," Plimpton said. "Bill got tired eventually — the game began to slip away and finally departed completely."

Russell eventually came to realize that the concern of a grown man about running up and down a wooden court in green underwear was overdone.

Yet Plimpton's desire to be a fan does not mean that he is blind to some of the problems in sports today.

"I decry the fact that in boxing there can be two separate champions named by two different institutions. I think they fiddle with it too much," he said. "It still does not mean that you can't go to a prize fight and feel terrific excitement from the primal elemental struggle." Plimpton, whose book *Shadow Boxing* relates his experiences as a boxer, has since soured on boxing as a result of the damage that it did to Muhammad Ali.

"If I saw that Carl Lewis and Edwin Moses won because they were stuffed with drugs, I would be disappointed," Plimpton said. But, to Plimpton, the important thing is still the emotional charge that sports can provide.

"When Yale wins (The Game), Cambridge is a desolate place to be. And Reggie Jackson's four home runs (in the 1977 World Series) turned New York around," he said. "The thing that bothers me is when management moves the Baltimore Colts in the middle of the night. Cruel, unfeeling things bother me."

Sports do have their problems, and the drugs and illegal recruiting should be brought to light. However, these things should not overwhelm the purpose of the sport itself: to pit two opponents together and to thrill the audience with whoever wins.

"Common sense," Plimpton said. "As long as you adhere to it, the game will stand for itself."

Photo Gallery



YDN-Steve Letkovits



YDN-Gary Glasser

The Players' Pal

Big Al, a man for all seasons

By DAN LEVY

Outside Payne Whitney Gym last week, a trim, sprightly woman walked up smilingly to Al Battapaglia and chirped, "How's it goin', Big Al?"

"Not too bad," he said, registering the face. "How are you? What are you now, a sophomore or a junior?"

"No, I graduated last year. I'm working for an architect now," she said.

The two exchanged pleasantries for several minutes, and then the girl left. "Time goes by so rapidly," Battapaglia said with a smile and a shake of the head. "The girl is a graduate and I think she's still a sophomore. I wonder how many people you can know in 30 years?"

To be exact, it's been 30 years and nine days since Al Battapaglia first walked into a training room and began taping ankles. Since Feb. 19, 1955, whether in Lapham Field House or Payne Whitney, on lacrosse fields or wrestling mats, Battapaglia has become nothing short of an Eli institution. In that time "Big Al" — his universal moniker — has provided much more than athletic medical attention. To generations of tired, sweaty Yales, he's also been a motivator, confidante and friend.

With the rugged look and solid build of the athlete he once was, Battapaglia seems more a coach than a trainer. He grew up in New Haven, attended Wilbur Cross High School — barely three miles from his present place of employment — and played football, baseball, and basketball as a prep.

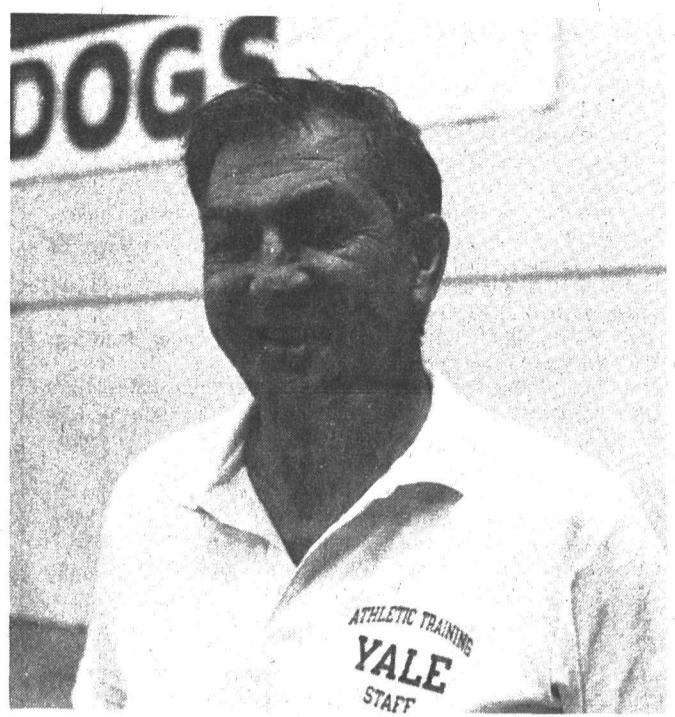
During the last years of World War II, he was stationed in Colorado as an Air Corps medic. Upon return to the Elm City after the war, he decided to combine his sports background with his medical experience. When a spot for a trainer opened up at Yale in 1955, he jumped at the chance.

"To a townie, Yale is a fascinating place. I've never regretted it," Battapaglia remembered. "Eddie O'Donnell, who was trainer here for about 40 years, hired me. My first year was spent with on-the-job training."

Since then, he said he has covered every other sport that Yale offers. He and the other members of the training staff rotate between sports every few years. For the past several seasons, soccer has been his primary sport in the fall, basketball in the winter, and baseball in the spring. It is a cycle he enjoys.

In fact, he speaks almost reverently of Yale and his experiences here. "They make you feel special here," he said. "That's something I wouldn't trade if I ended up with the Yankees or the Green Bay Packers. You don't meet people like the ones I do working anywhere else. Don Schollander, Frank Shorter, Calvin Hill, Brian Dowling..." His list continues. It is long and he is proud of it.

But the fondness is more than



YDN-Simon Mendelson

BIG AL — Al Battapaglia has been a trainer at Yale for 30 years and nine days. He has been a friend and comfort to many generations of Yale athletes.

Jeb Boasberg said. "The trainer is sometimes a buffer between the players and coaches. You always feel well when you're injured he's on your side. He's not cherished because he's a medical expert. He's cherished because he's your friend."

However, that friendship is sometimes strained when Battapaglia begins his frequent recitations of questionable one-liners. "He's the master of them — ad nauseum," Boasberg said. "I don't think he's had a new joke in 18 years."

Most are uttered in the training room of Payne Whitney, where Battapaglia is both regent and jester. Some examples: "Gentlemen — and you, too"; "The bus leaves in 10 minutes. Be under it"; "Can you sing tenor? Good, sing ten or twenty miles from here"; "You can't spell Yale without Al." Ad infinitum.

His sense of humor and overall amiability have endeared him to alums. Sophomore football player Tom Mercein, whose father Chuck played for Yale and the NFL in the mid-sixties, said, "My dad speaks really highly of Al. He's probably his favorite guy from his years here."

Boasberg recounted an incident at the alumni basketball game several weeks ago. "I looked down the bench and everyone was sitting around Big Al, asking who everyone else was. And Al was saying, 'Oh, he's a doctor now,' or 'He's a lawyer.' He just knew everybody and they knew him."

What was true for Sir Thomas More 450 years ago seems appropriate here as well. Battapaglia is truly a man for all seasons.



YDN-Debbie Siegel