

Introduction

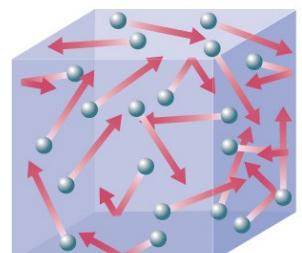
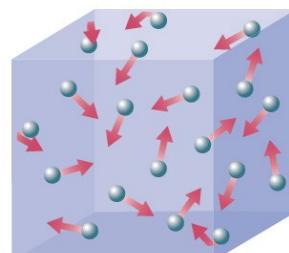
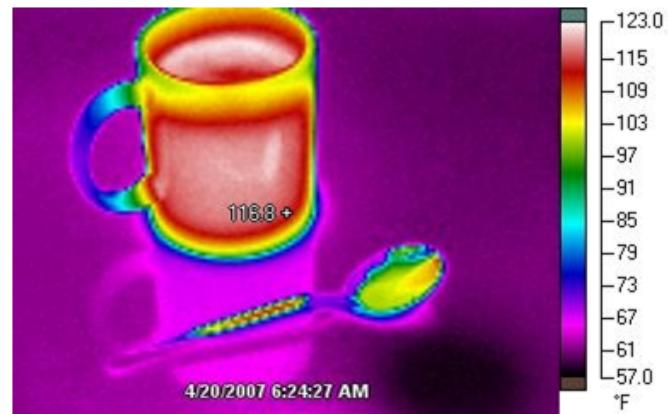
- Every physical process obeys the law of **conservation of energy**.
- But it's easy to imagine processes that obey this law that **don't** actually happen.
- E.g.: the expanding sound waves of the egg cracking could reverse, and travel backwards, converging on the egg, and the smashed egg could reform and fly up off the plate. This wouldn't violate conservation of energy, but it never happens. **Why not?**
- What is the origin of this apparent **time asymmetry** in the way nature works?



There is time asymmetry with how energy works. For instance dropping an egg can only go one direction.

Introduction

- **Simpler example:** When a hot cup of coffee cools to room temperature, thermal energy flows from the coffee molecules to the air molecules, in a way that **conserves total energy**.
- The **reverse** process also conserves total energy, but **never happens**. The energy *could* flow back into the coffee, but it never does. Why not? Why does energy spontaneously flow from hot to cold, but **not from cold to hot**?
- There must be *another* law at work, beyond conservation of energy. This other law seems to involve the **direction of flow** of energy, or how energy tends to **distribute** itself.



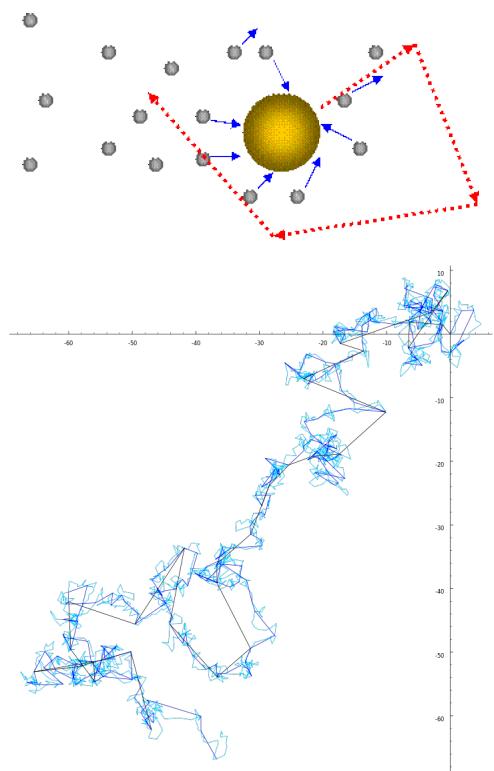
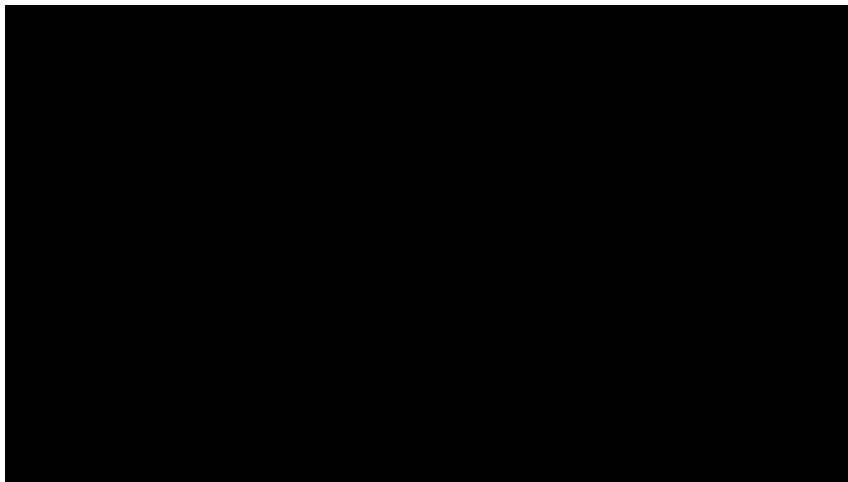
Longer arrows mean higher average speed.

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We start with a hot up of coffee with lots of thermal energy. We leave it to sit for a while and it starts passing its thermal energy to the air around it. So we have concentrated energy spontaneously disperse, but we never see the opposite happen. This is called entropy.

Brownian Motion

- **Brownian motion** is a “*random walk*” of a larger particle resulting from its collisions with smaller, surrounding atoms or molecules that are in random thermal motion.



Brownian Motion

History:

- **Lucretius** (c. 60 BC), *On the Nature of Things* ([listen to CBC podcast](#)): Used the random motion of dust motes in a shaft of sunlight as evidence for Democritus' idea of atoms (essentially *right!*).
- Named after the botanist **Robert Brown** who, in 1827, observed similar random motion of pollen grains in water.
- Mathematical descriptions began in the late 1800s; **Einstein** (1905) made a detailed **quantitative** analysis of Brownian motion that provided definitive confirmation that atoms and molecules actually exist.
- **Diffusion:**
$$\frac{\partial \rho}{\partial t} = D \frac{\partial^2 \rho}{\partial x^2}$$



Brownian motion was used as proof fro democratus's ideas.

Diffusion

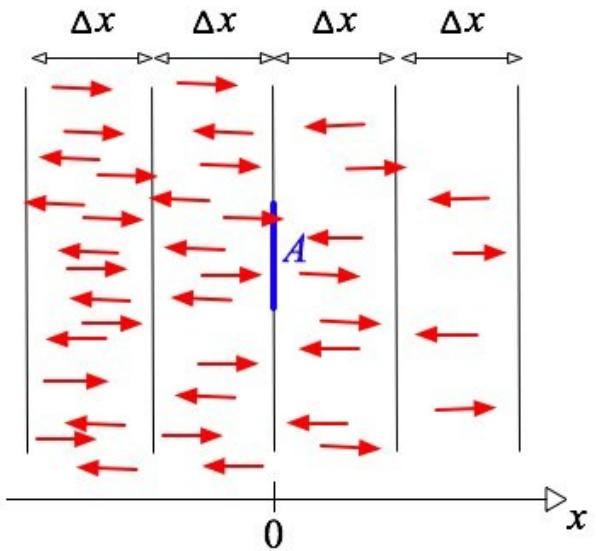
- **Diffusion** is the net migration of particles from a region of **high** concentration to a region of **low** concentration.



Diffusion is the migration of particles from high concentration to a region of low concentration. This happens randomly without outside influence.

Diffusion

- **Diffusion** is the net migration of particles from a region of **high** concentration to a region of **low** concentration.
- Diffusion is similar to Brownian motion: Each particle moves **independently** of the others, in **purely random** thermal motion. So why is there a **net migration** from higher to lower concentration?
- **Diagram:** Particles in any one layer are equally likely to move left as right. There is a **net** motion to the right simply because there are *more particles to the left of area A* (about half of which move right), than particles to the right of A (about half of which move left).



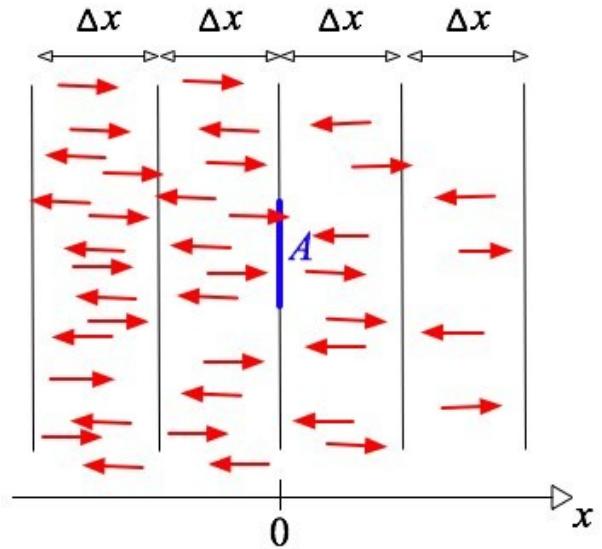
$$\frac{\partial \rho}{\partial t} = D \frac{\partial^2 \rho}{\partial x^2}$$

“Law from lawlessness”
“Law from lawlessness”

All motion is random. So we look at the average particles. Say we divide some water into cross sections. We can say that on average half of the particles in one section will move right and half will move left. This results in this diffusion of particles from high to low concentration. From this we can derive a law which is boss.

Diffusion

- Diffusion continues until there is an **equal** concentration of particles in all layers \Rightarrow **equal** number randomly moving right or left through any area A.
- Called **dynamic equilibrium** (vs. static): Particles continue their incessant “random walking”, but on average the concentration remains uniform.



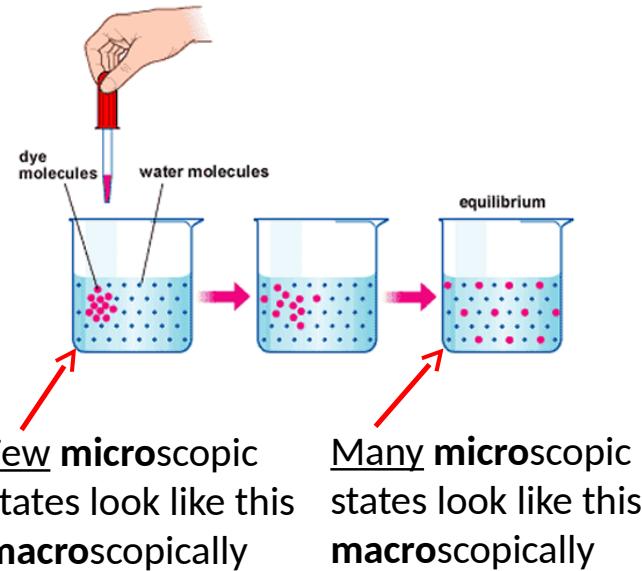
$$\frac{\partial \rho}{\partial t} = D \frac{\partial^2 \rho}{\partial x^2}$$

“Law from lawlessness”
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The end result of diffusion is a dynamic equilibrium because shits still moving but a balance has been reached.

Diffusion

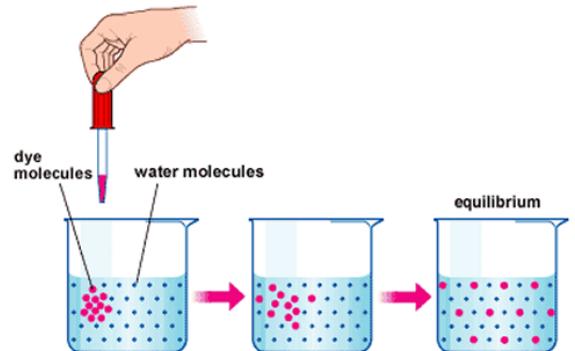
- Nature has **no inherent preference** for one state over another. There are simply **many more** ways for the particles to be spread out, than localized.
- Even a tiny amount of spreading opens up a **vast increase** in the number of nearby states like this, compared to the less spread out state it came from.
- The system **could** go back, but by the “law of large numbers” it will spend **virtually all** of its time “lost” in the huge new space of nearby, slightly more spread out states.
- This continues until **equilibrium**. There are **stupendously** more uniform-like states than even the slightly less uniform-like states a moment before. The system inexorably **ratchets** towards equilibrium.



Nature does not prefer an spread out of dye molcules in water. It really doesn't care. Its basically just a probabiltiy thing. There are way more possibilities that have more spread out particles rather than clumps.

Diffusion

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There's **no reason** system can't go back to the original state. It's merely **stupendously unlikely**.

Process is **irreversible** just by the **“law of large numbers”**.

There is random jiggling of water molecules which is held over from the big band theory. These water molecules collide with the dye molecules. These move things around. Statistically speaking it is nearly guaranteed that the mixture will end up looking homogeneous.

Our body is very good at extracting order from the things we consume. So basically we are reversing the diffusion process.

Diffusion

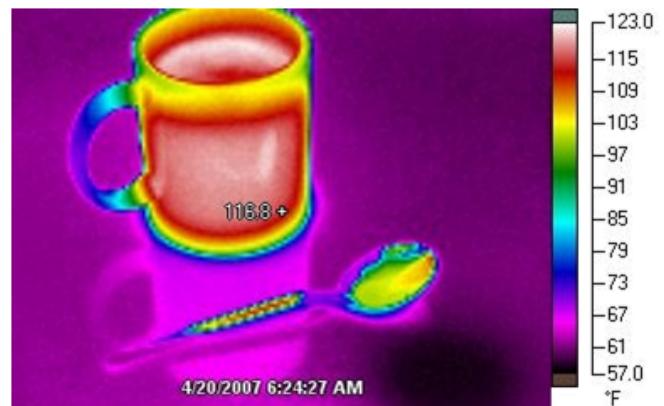
No “physical law” governs this process. It is driven one way (and not the other) by purely random, purposeless thermal motion. Of all possible next states (of which nature *prefers none*), the **vast majority** are more spread out, so chances are the next state will be more spread out.



The diffusion process defined above also applies to the energy in a coffee cup.
We call this law of diffusion the second law of thermal dynamics.

Diffusion of Thermal Energy

- It's the same for the cup of coffee: There are simply **stupendously** more ways for the thermal energy to be spread uniformly throughout the [coffee + room air] than to be spread throughout the [coffee alone].
- There is nothing preventing the thermal energy flowing from the warmed air back into the room-temperature coffee, it's just **stupendously unlikely**.
- This **lawless/purposeless** tendency for particles or energy to spread out (disperse/diffuse) is called the **Second Law of Thermodynamics**.
“Law from lawlessness”.



Basically the second law of thermal dynamics is that energy tends to spread out. Entropy is kind of a measure of disorder. It is possible to have places in the universe where entropy is decreasing, but you will always have a net positive growth of entropy.

What animates us is random thermal motion left over from the big bang which our body extracts order from and uses to move.

Second Law

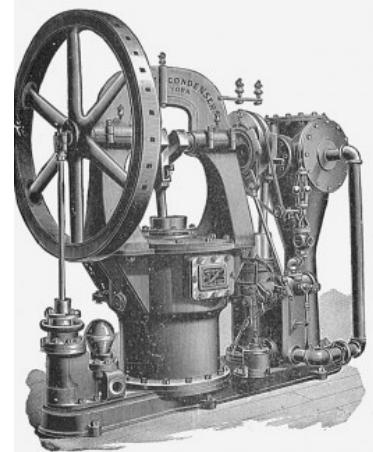
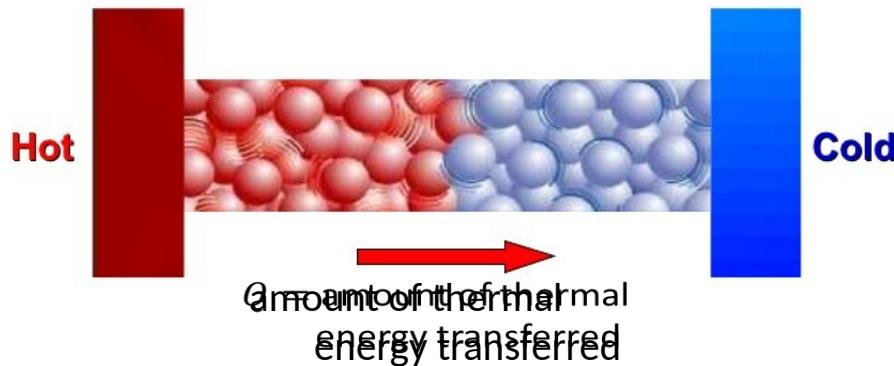
- **Second Law of Thermodynamics:** The entropy of an isolated system never decreases

This is perhaps the most potent statement in all of science, rivaled only by the first law of thermodynamics: the law of conservation of energy.

- Roughly speaking, “**entropy**” is a measure of “**disorder**”. The natural diffusion (or dispersion) of energy (or particles) increases the disorder in the universe. Disorder can decrease **locally** (e.g., life), but at the expense of **greater increase** in disorder **elsewhere**, so that the universe **as a whole** (or any isolated system within the universe) inexorably **ratchets towards greater disorder**, or higher entropy.
- While energy is **conserved** (and thus eternal), it is continually being **degraded** into a lower quality (more spread out) form. (Recall “heat death” of the universe.) While this might sound bleak, it is precisely this lawless, purposeless process that is responsible for virtually **all change** in the world, and (as we shall see) it is the very **engine of life itself!** It’s not energy, but **degradation of energy**, that “makes the world go round”.

Entropy

- Entropy (denoted by the letter S) was first understood in the context of the flow of thermal energy from a hot object to a cold object:



$$\Delta S = S_f - S_i = \frac{Q}{T}$$

$\Delta S = S_f - S_i = \frac{Q}{T}$ (Entropy of hot object decreases)
 $\Delta S = S_f - S_i = \frac{Q}{T}$ (Entropy of cold object increases)

But $T_{\text{hot}} > T_{\text{cold}} \Rightarrow \Delta S = \Delta S_{\text{hot}} + \Delta S_{\text{cold}} > 0$

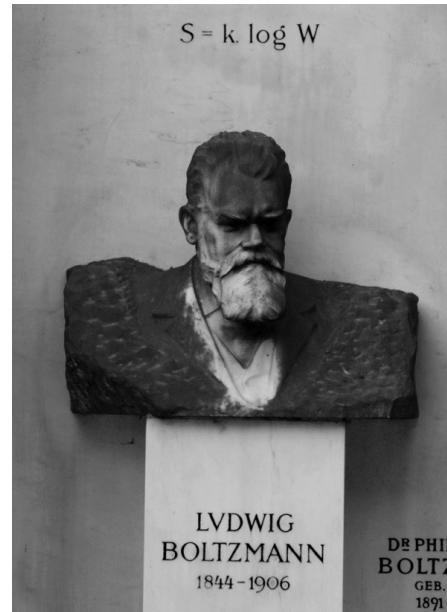
Entropy of cold object increases more than entropy of hot object decreases \Rightarrow net increase

Entropy was first denoted with S. It stated around the time people wanted to make steam engines more efficient. The energy flowing from the hot object to the cold object divided by the temperature. Doing this for the hot object and the cold object are not equal (they sum to a non zero value). When you add them you get a positive value. This means that the cold object has more entropy.

This lead us to know that the amount of entropy is always increasing.

Entropy

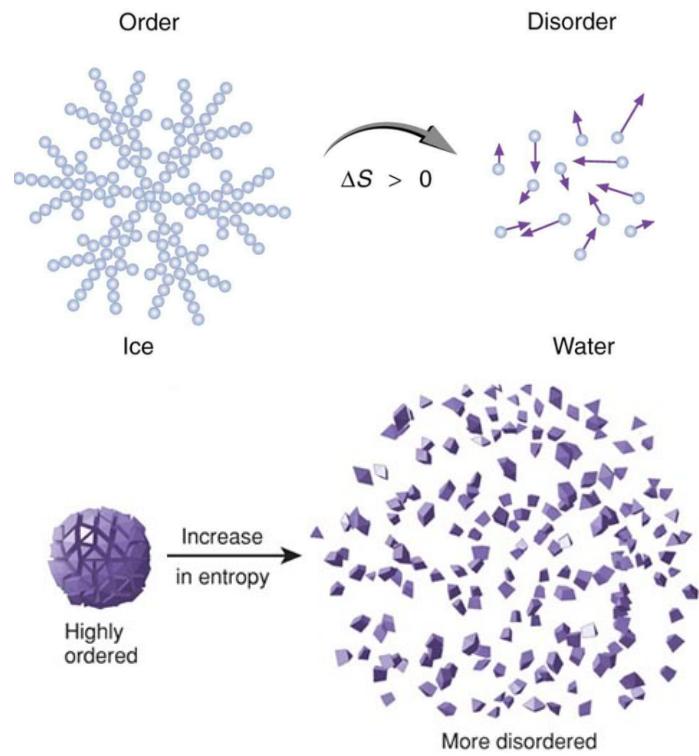
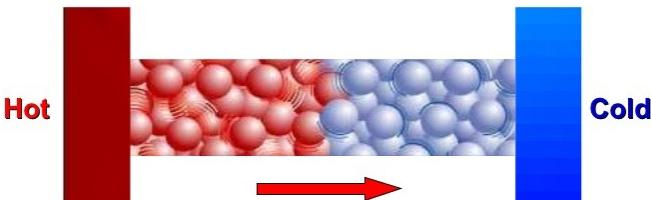
- Entropy was later understood much more deeply, at the microscopic level, by the great Ludwig Boltzmann (1844-1906), and summarized in his famous equation: $S = k \log W$



The equation $S = k \log W$ gives us a great understanding of entropy.

Entropy

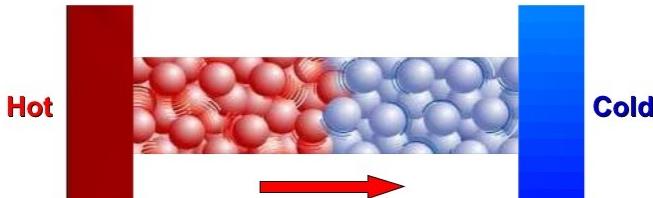
- $S = k \log W$
- This is one of the deepest insights we have into the nature of everyday reality.
- Before we explore it in more detail, let's appreciate its profound generality:
 - ✓ Deals with spreading of thermal energy...
 - ✓ ...but also changes in **order**, or **complexity** (crucial for understanding life)



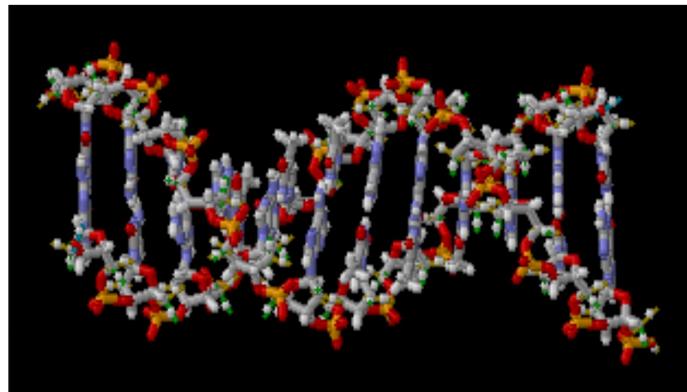
A water droplet has a fairly high level of disorder (many ways to arrange them and have it look the same), but when we freeze it there is much less disorder (fewer ways for it to be arranged).

Entropy

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Periodic to “aperiodic” crystals: lower order/complexity to higher order/complexity, or higher entropy to lower entropy



Crystal structures have some order, but you can rearrange them alot. But if you try to do the same with dna lots of shit changes. So we can say that dna is highly ordered.

Mathematics of Boltzmann's formula $S = k \log W$

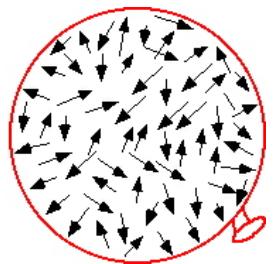
- Is used to quantify the amount of disorder or entropy (S).
- Is called **Boltzmann's constant**, and has units of **energy per degree of temperature**. This tells us entropy is intimately connected with the concepts of **energy** and **temperature**, as we shall see. For simplicity we will set k (ignoring this constant).
- The \log function $\log 10^5 = 5$. The \log function counts how many powers of 10 it takes to easily number numbers like 10^{100} (see below), often encountered in the statistics of natural systems, to more manageable numbers: $\log 10^{100} = 100$.
- The important quantity is **Number of microstates compatible with a given macrostate**.

$$S = k \log W$$

K is Boltzmann's constant. For the sake of understanding we are just going to ignore this, its a constant, who cares. W is the number of microstates compatible with a given macrostate.

Macrostates & Microstates

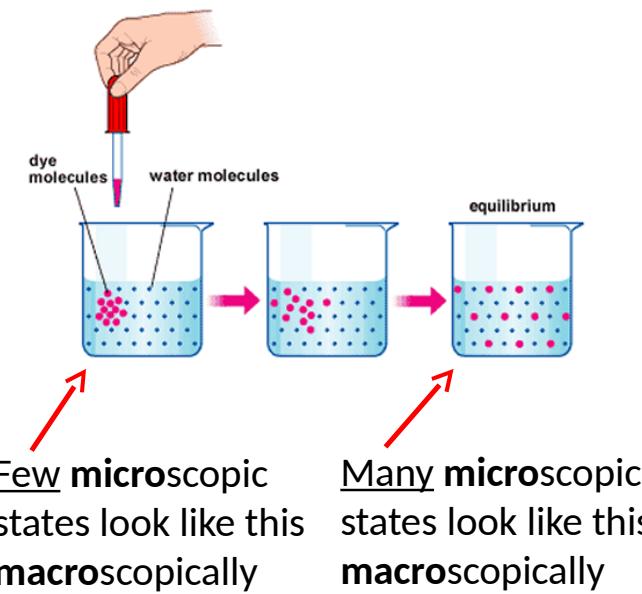
- The important quantity is ~~Number of microstates compatible with a given macrostate.~~
- Eg.: A balloon full of air:
 - Macroscopic description: Volume, pressure, temperature
 - Microscopic description: Position and velocity of every air molecule
 - ~~W~~ is the stupendously large number of different possible microscopic states that would be indistinguishable (look the same to us) from a macroscopic point of view.



Take a balloon for example. We can describe its macrostate using a few parameters (volume, temperature, pressure). The microstate however is determined on the position, and velocity of every air molecule.

Macrostates & Microstates

- The important quantity is Number of microstates compatible with a given macrostate.
- Eg.: Diffusion of dye molecules:
 - Macroscopic description: Less spread out, more spread out.
 - Microscopic description: Position and velocity of every dye molecule.
 - As the blob of dye molecules spreads out, the number of distinct microscopic states that *look the same macroscopically*, which we call, increases very exponentially, rapidly.

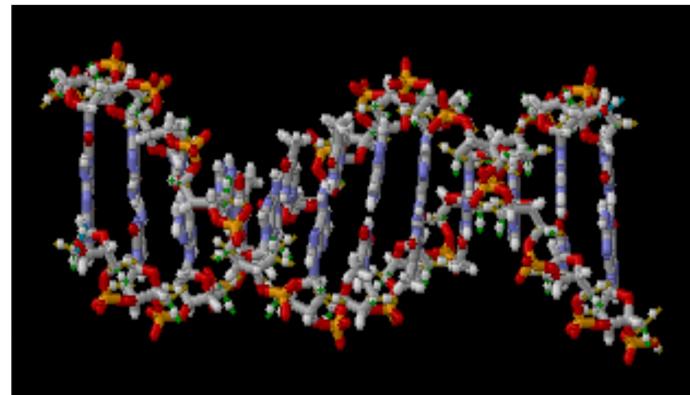


Macrostates & Microstates

- “**Disorder**” is a vague word. The **precise** meaning of entropy is: $S = k \log W$.
- Entropy is a measure of **how many different ways** a set of particles can be rearranged (position and velocity), and **still look the same**.
- E.g.: DNA is a highly ordered arrangement of atoms. Almost any rearrangement will make the DNA look different. Small \nrightarrow low entropy.
- E.g.: A rock crystal is **less** ordered in the sense that it is a repeating pattern of a **smaller** set of ordered atoms, which are interchangeable. Larger \nrightarrow higher entropy.



Periodic to “aperiodic” crystals: lower order/complexity to higher order/complexity, or higher entropy to lower entropy



Macrostates & Microstates

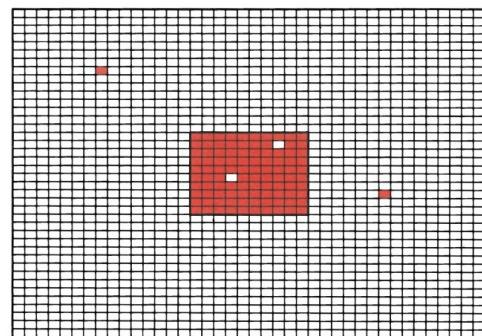
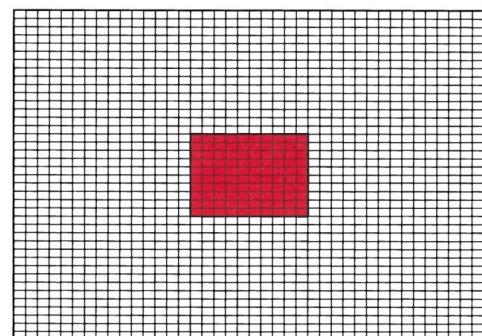
**Is a powerful bridge between the macro
and micro worlds.**



Example of $S = k \log W$ in action

Consider a simple **model universe** (Atkins—*The Second Law*):

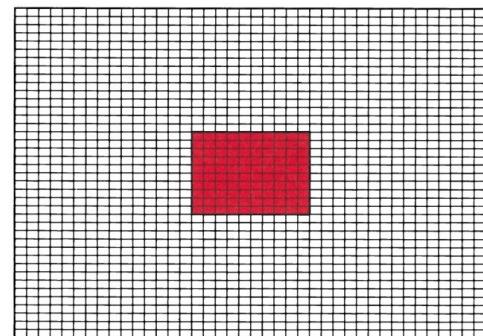
- Universe = $40 \times 40 = 1600$ atoms
- System = $10 \times 10 = 100$ atoms
- Environment = $1600 - 100 = 1500$ atoms
- Atoms have either **one** unit of energy (red) or **no** energy (white)
- Universe starts with:
 - ✓ 100 units of energy in the system (all of its atoms “ON”)
 - ✓ No energy in the environment (all of its atoms “OFF”)
- Thermal motion of “ON” atoms jiggle neighboring atoms, transferring their energy: energy *naturally* disperses/diffuses
- But energy is **conserved**: total number of “ON” atoms = 100



Example of $\ln W$ in action

Initial entropy:

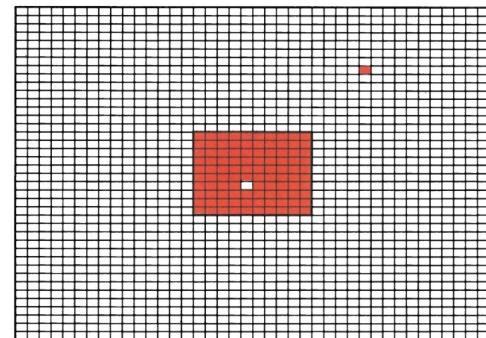
- There is only **one** way all the energy can be in the system, and none in the environment. Thus: $W = 1 = 10^0$
- Thus: . This is the state of lowest possible entropy of the universe
- $S_{\text{universe}} = \log W = \log 10^0 = 0$. This is the state of lowest possible entropy of the universe
- Minimum entropy = minimum disorder = maximum order
- Minimum entropy = minimum disorder = maximum order
- From here on, the universe inexorably ratchets itself towards higher and higher entropy, as it sinks further and further into disorder and chaos...



Example of $S = k \log W$ in action

One unit of energy diffuses from the system into the environment:

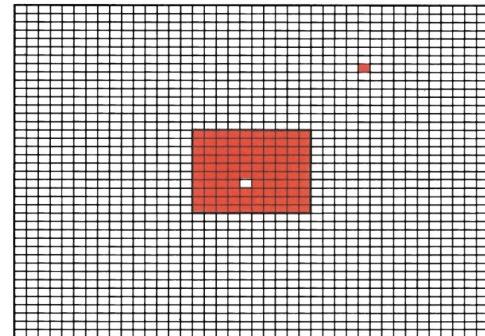
- **Temperature** is a measure of the **average** thermal energy per atom. Thus:
 - ✓ The temperature of the **system decreases**, and that of the **environment increases**, like the cooling cup of coffee warming the air in the room
 - ✓ The universe has taken the first step towards **thermodynamic equilibrium**: system and environment at the **same temperature**
- Each different possible location of the single “ON” atom is a different **microstate** of the environment, but all of these microstates correspond to the **same macrostate** of the environment (same **average** thermal energy, or **temperature**). Similarly for the location of the single “OFF” atom in the system



Example of finding W in action

One unit of energy diffuses from the system into the environment:

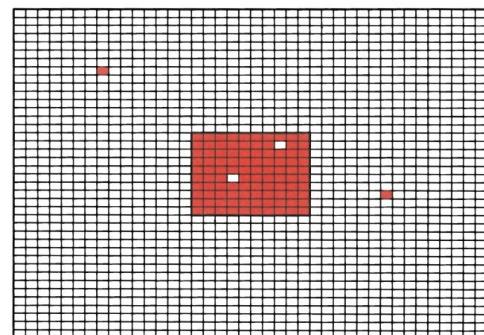
- The number of different ways one “ON” can be distributed in the environment (environment microstates) is 1500
- The number of different ways “ON” or “OFF” can be distributed in the system (system microstates) is 100
- The number of different ways both can happen (the number of distinct universe microstates compatible with this universe macrostate) is $W = 1500 \times 100 = 150,000 = 10^{5.2}$
- Entropy of the universe increases from 0 to $\log 10^{5.2} = 5.2$
- The flow of energy from hot to cold (the “lawless” dispersion of energy) has increased the disorder of the universe



Example of finding W in action

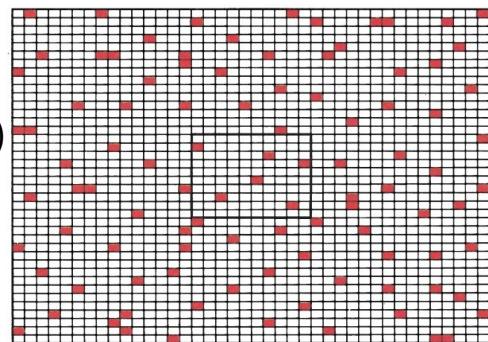
Two units of energy diffuse from the system into the environment:

- The number of different ways two “ONs” can be distributed in the environment is $1500 \times 1499 \div 2 = 1,124,250$
- The number of different ways “ON” or “OFF” can be distributed in the system is $100 \times 99 \div 2 = 4950$
- The number of different ways both can happen is $W = 1,124,250 \times 4950 = 5,565,037,500 = 10^{9.7}$
- Entropy of the universe **increases** from to
- Entropy of the universe **increases** from 5.2 to $\log 10^{9.7} = 9.7$
- The flow of energy from hot to cold (the “lawless” dispersion of energy) continues to increase the disorder of the universe
- The flow of energy from hot to cold (the “lawless” dispersion of energy) continues to increase the disorder of the universe



Example of $S = k \ln W$ in action

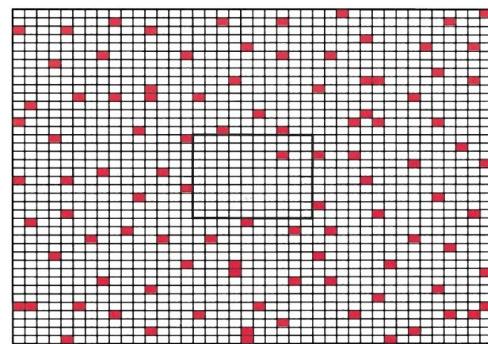
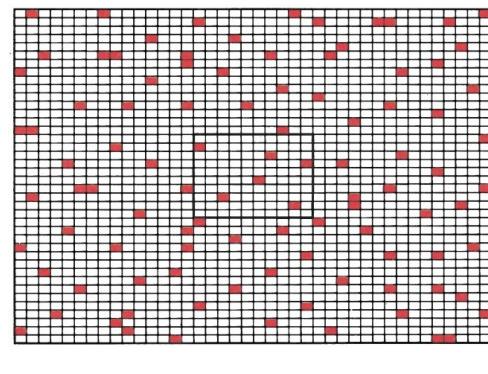
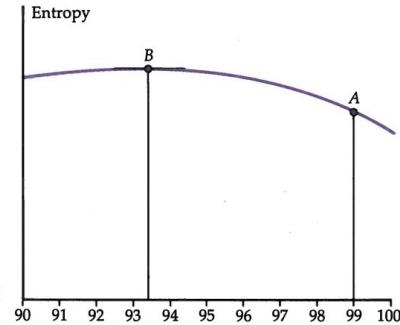
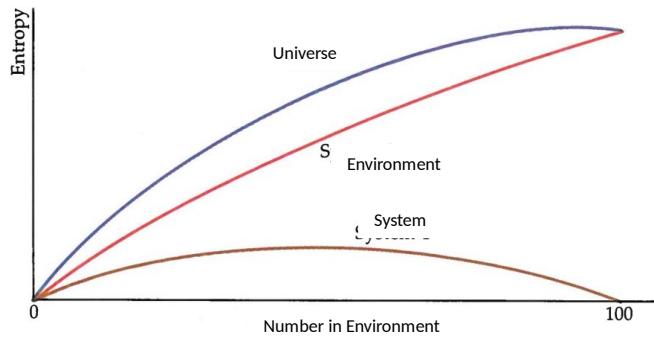
- This “**lawless**” diffusion of energy continues until **thermal equilibrium** is reached, i.e., the system and environment reach the **same temperature** (same **average** thermal energy per atom)
- E.g., the cup of coffee has cooled, and the room air has warmed up, such that they are now at the **same temperature**
- In this example, **thermal equilibrium** corresponds to 6 or 7 “ONs” in the system, and 93 or 94 “ONs” in the environment, i.e., the **average** number of “ONs” is the **same** in both regions



There is a point at which the temperature of the system is the same as its environment. At this point equilibrium has been reached. No more diffusion then.

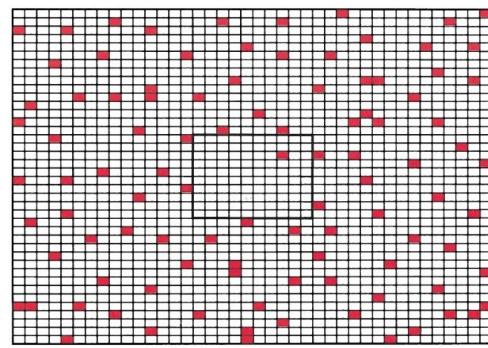
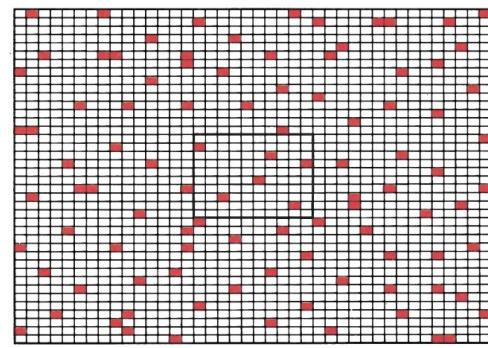
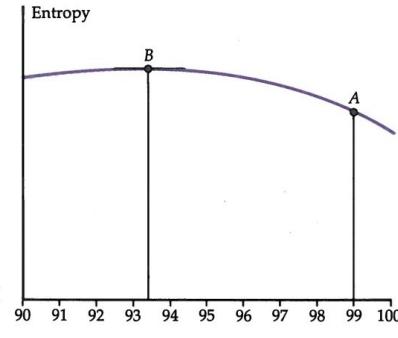
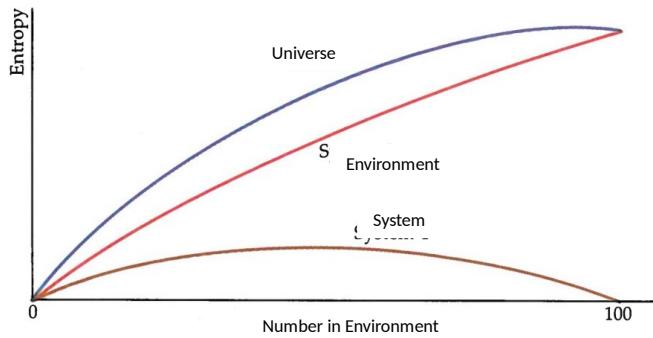
Example of $S = \log W$ in action

- **Thermal equilibrium** is also the point of **maximum entropy**
- If **more** energy diffuses into the environment (more than 93 or 94), it leaves **fewer** “ONs” in the system. This has two effects:
 - ✓ While it **increases** the entropy of the environment, it **decreases** the entropy of the system **more** (because there are now so few “ONs” in the system), such that the **total** entropy (entropy of the universe) actually **decreases**



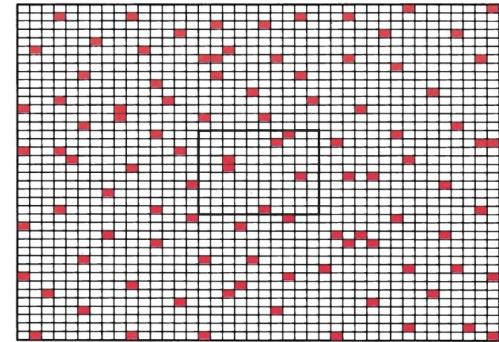
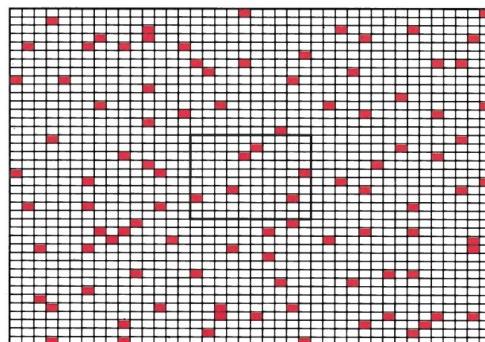
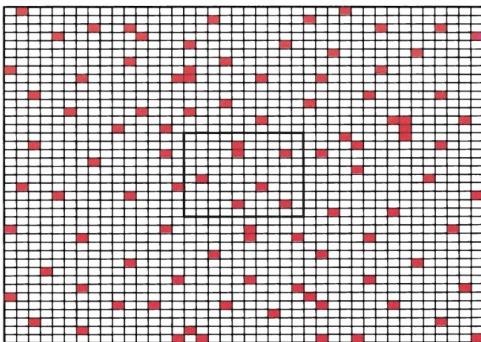
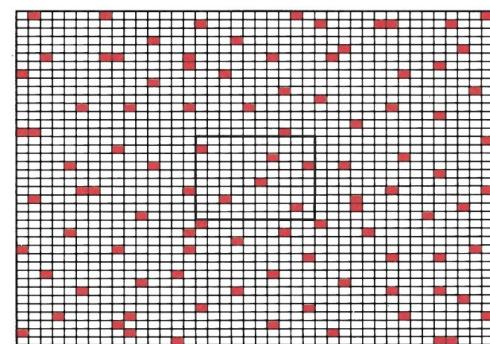
Example of $S = k \ln W$ in action

- **Thermal equilibrium** is also the point of **maximum entropy**
- If **more** energy diffuses into the environment (more than 93 or 94), it leaves **fewer** “ONs” in the system. This has two effects:
 - ✓ The system gets **colder** than the environment, and so thermal energy would naturally flow **back** into the system, **restoring** thermal equilibrium and maximum entropy



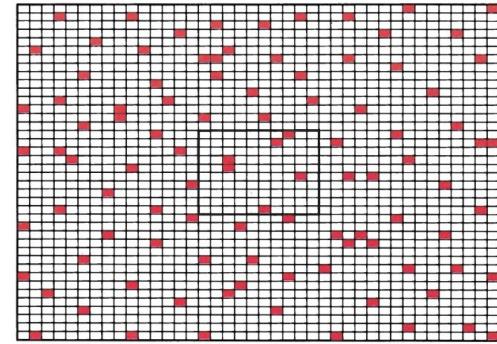
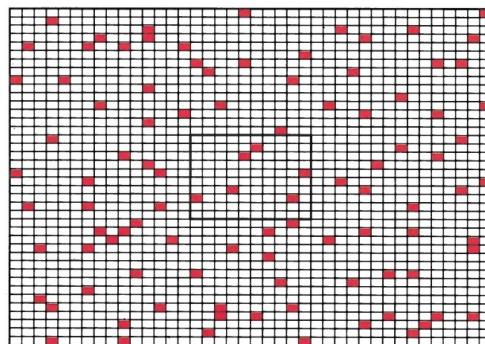
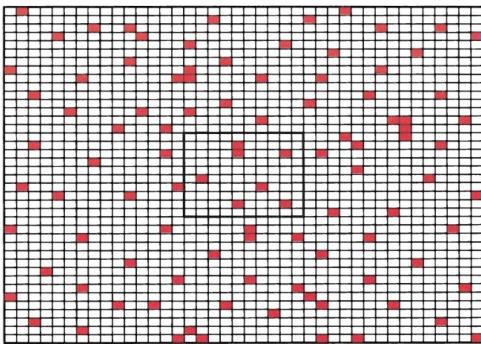
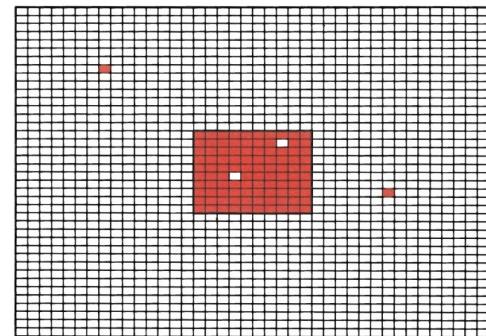
Example of $S = k \log W$ in action

- Two additional points:
 - ✓ This is a **dynamic** equilibrium. Thermal energy **continues** to flow randomly between the system and the environment, and between atoms within the system and atoms within the environment, but there is no **net** flow. The **average** energy per atom in the universe remains constant



Example of $\ln W$ in action

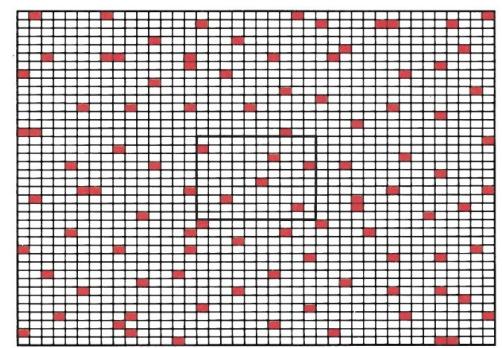
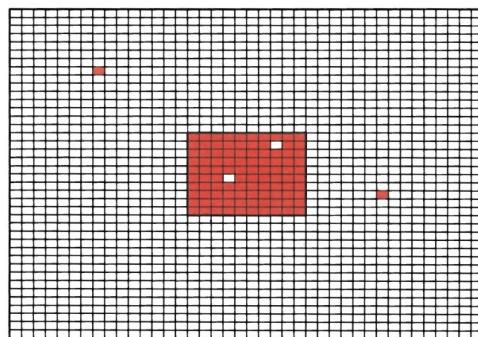
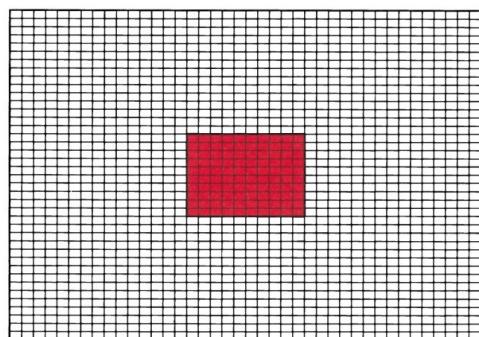
- Two additional points:
 - ✓ There are **stupendously** more microstates in the **thermal equilibrium (maximum entropy)** macrostate, compared to any other non-equilibrium macrostate. There's no reason the universe can't return to a non-equilibrium macrostate, it's just **stupendously unlikely**. The process is effectively **irreversible**—the universe gets “locked out of the past”



Summary

“Energy tends to disperse” \Rightarrow “Entropy tends to increase”

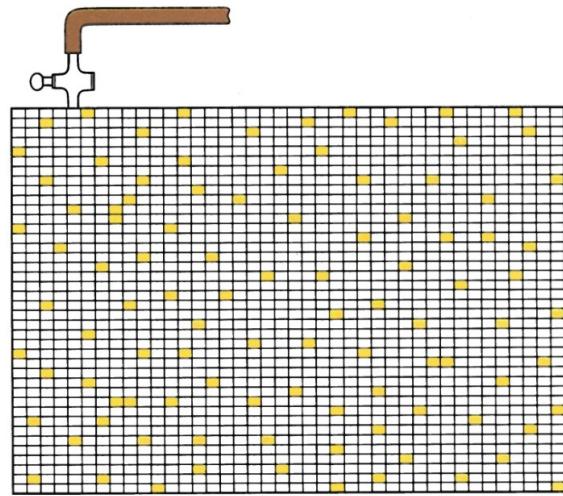
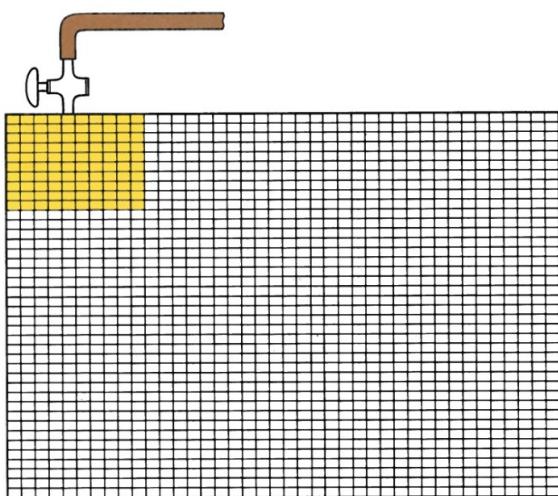
What drives the dispersal is **random/purposeless** thermal motion



Other ways entropy can increase...

When particles disperse, entropy also increases.

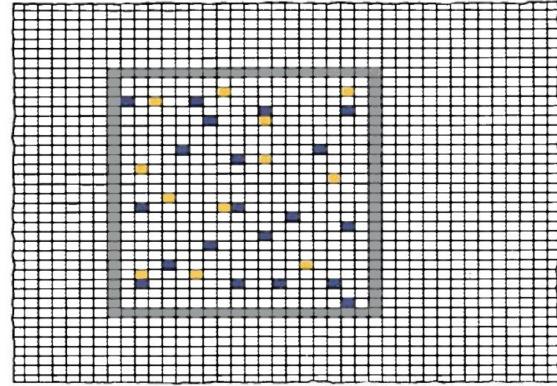
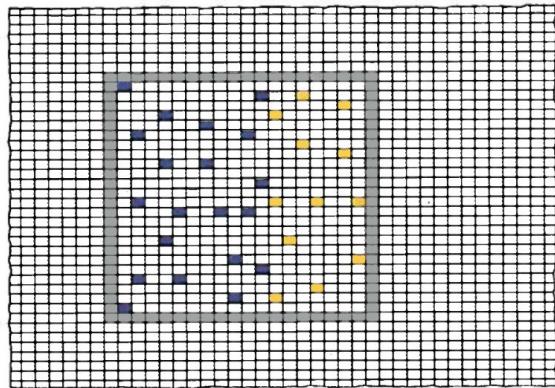
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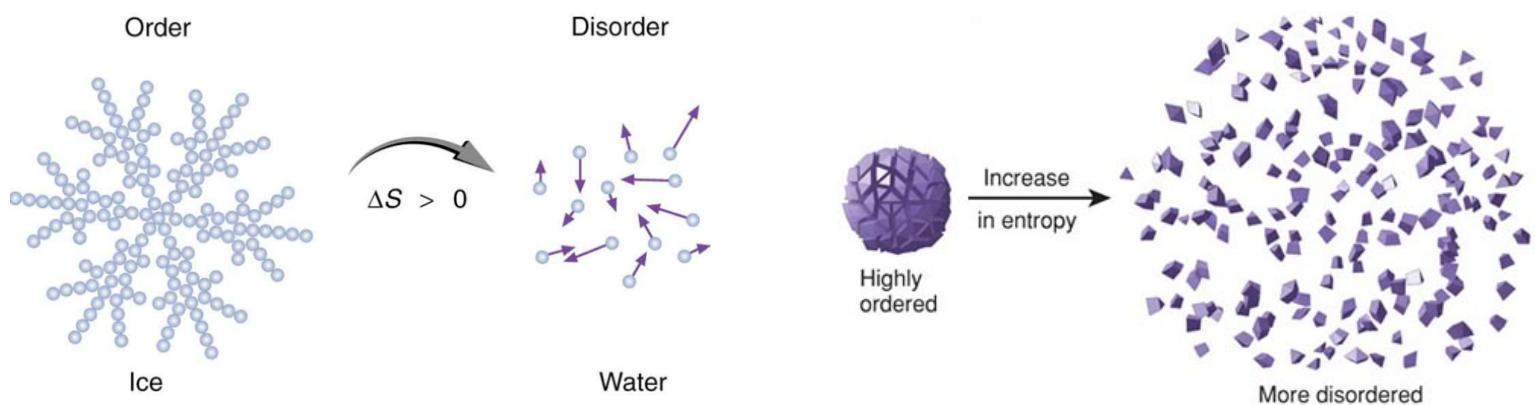
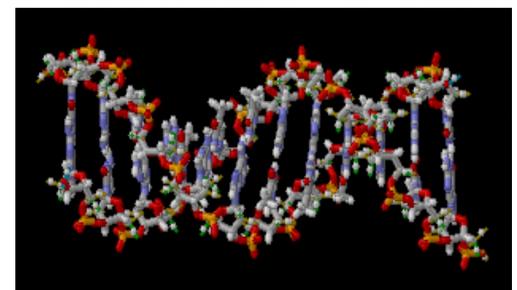


Other ways entropy can increase...

When **structural order** decreases, entropy also increases.

Conversely, when **structural order** increases, entropy decreases.

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Summary

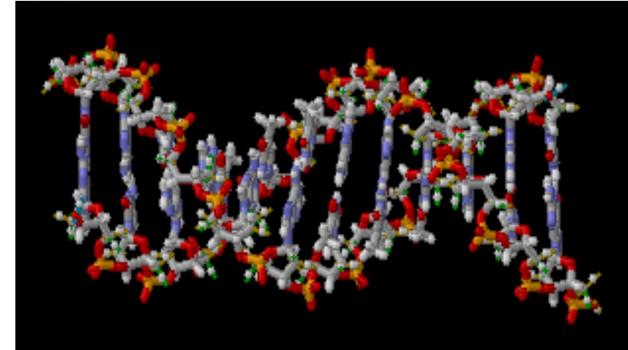
- Boltzmann's formula [$S = k \ln W$] generalizes disorder in all its forms. It is universal. The universality of this formula between the **macroscopic** and **microscopic** worlds is so profound that it is far-reaching.
- The second law of thermodynamics [$\Delta S \geq 0$] is also universal, at least in the "law of large numbers" sense. It determines the **direction of spontaneous change** for all processes in nature: **all** change is driven by the purposeless/lawless spreading of energy and particles.

Summary

So what?

Life and the Second Law

- Living organisms exhibit a very high degree of **order** or **complexity**, relative to the surrounding matter.
- How do they **maintain** this order against the tendency towards universal decay into disorder? *Doesn't life violate the Second Law?*
- What about **evolution** (to organisms of ever higher order or complexity)? Surely *it* violates the Second Law!?
- **No:** The universal ratcheting towards disorder is only **on balance**. Entropy can **decrease** in one location, as long as it **increases more** somewhere else, such that the **total** entropy increases (or stays the same).



Life and the Second Law

Let's look at a simple example of entropy decreasing *locally*, but increasing globally.

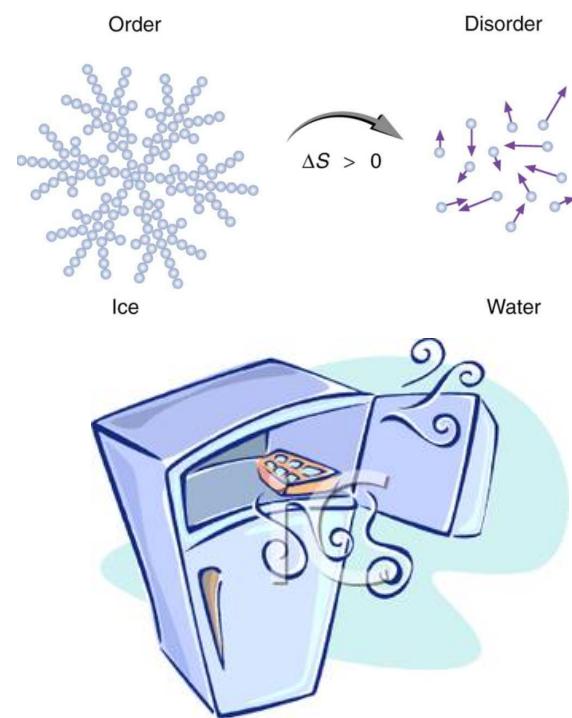
Theres an argument that life violates the second law of thermal dynamics because entropy goes down in cells. This is actually fine, there is nothing that says entropy can never go down, just that its net is increasing. Similar arguments are made for evolution which is dumb.

Yeah, at this point I totally stopped paying attention. He just sorta continued rambling on about how entropy works. You got this future lara, I believe in you.

Shame on you past Lara, you fucked up. But not as badly as Steven when he typed that.

Life and the Second Law

- A **freezer can convert water (at 0°C) to ice (at 0°C)**.
- **Ice is a more ordered structure than water, so changing water to ice reduces the entropy of the H₂O.**
- The water-to-ice transition **releases energy** ("latent heat") because H₂O bonds in ice are **more stable** (stronger/lower energy) than H₂O bonds in water (stronger/lower energy).
- The freezer **removes** this energy and **dumps it into the environment (outside air)**. The resulting entropy increase (energy spreading) **exceeds** the water-to-ice entropy decrease \Rightarrow **net entropy increase**.
- A freezer **does not** violate the Second Law.
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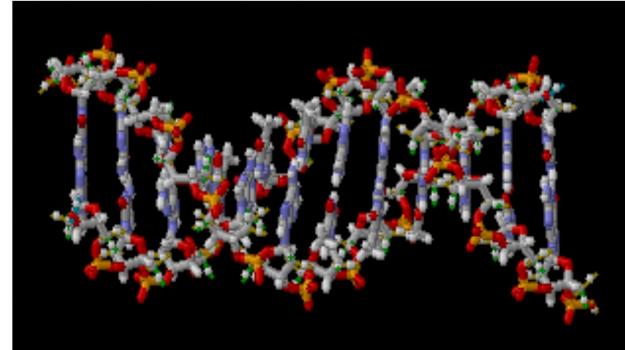


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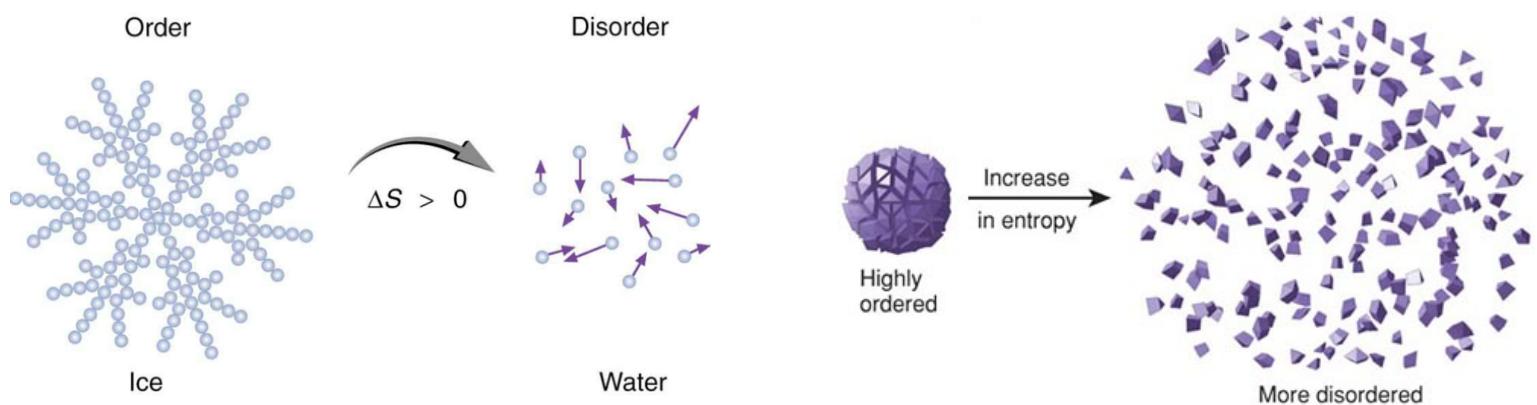
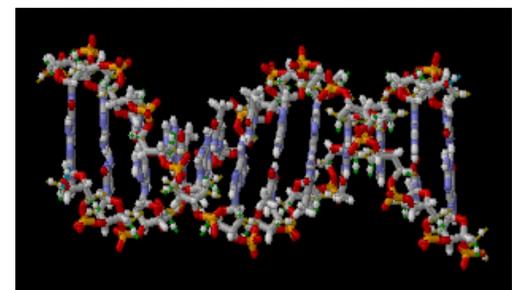
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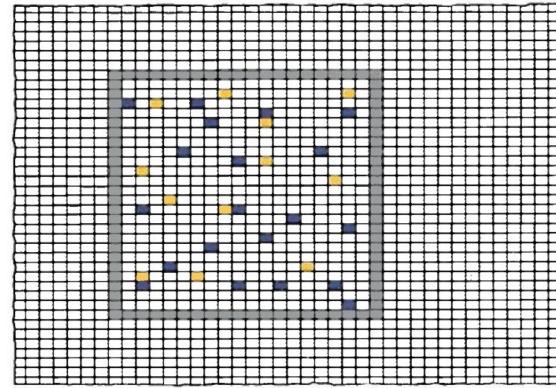
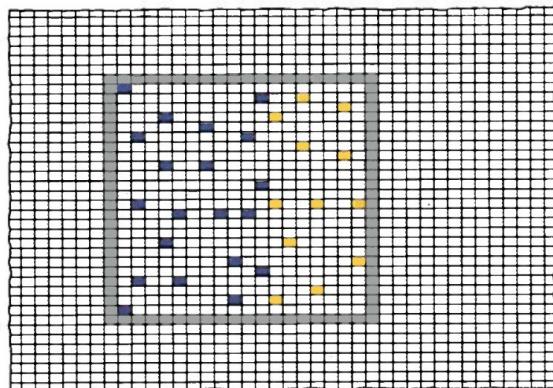
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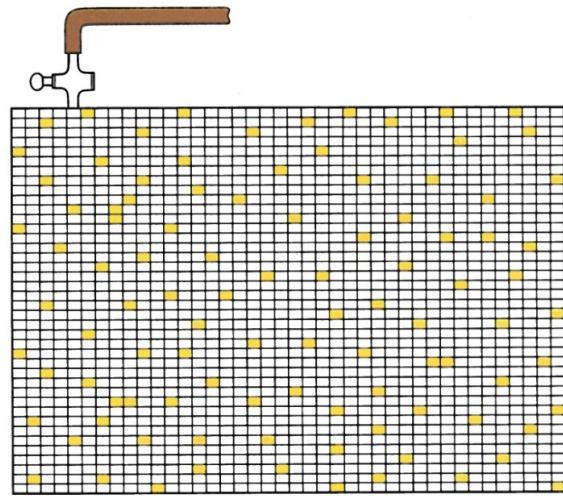
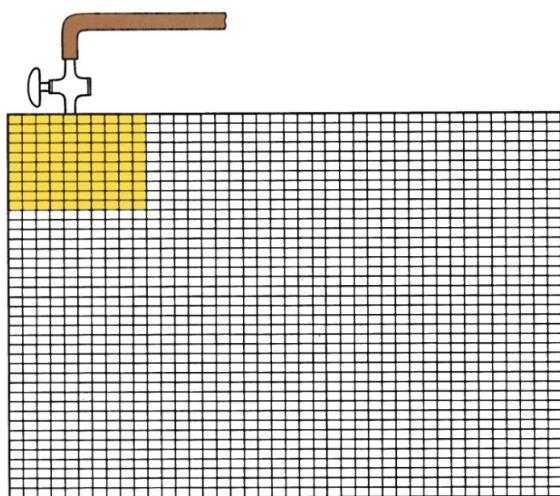
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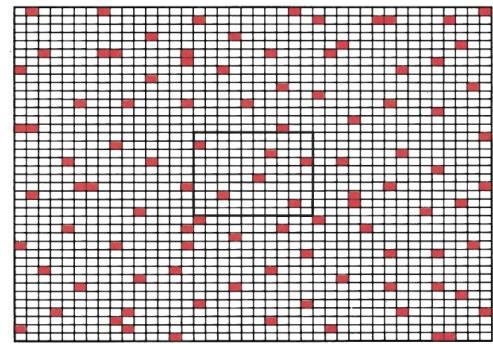
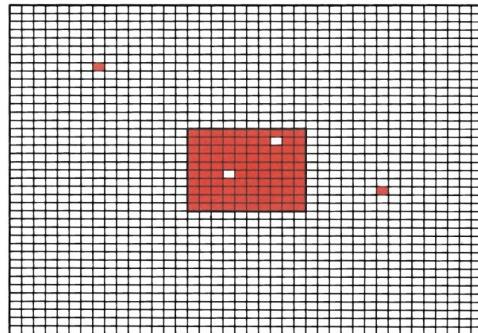
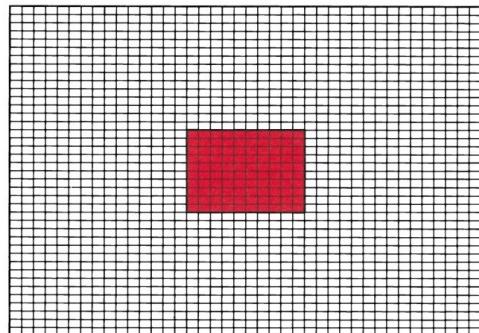
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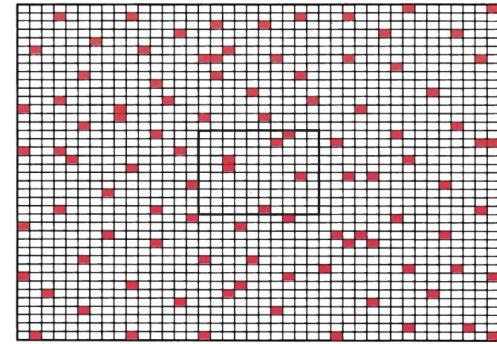
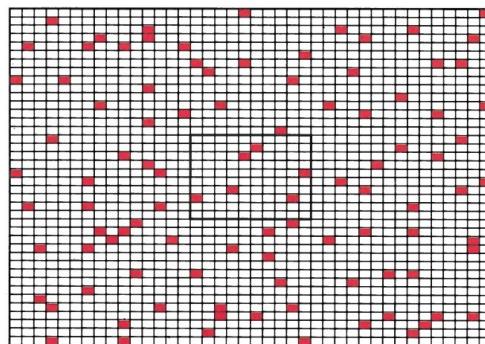
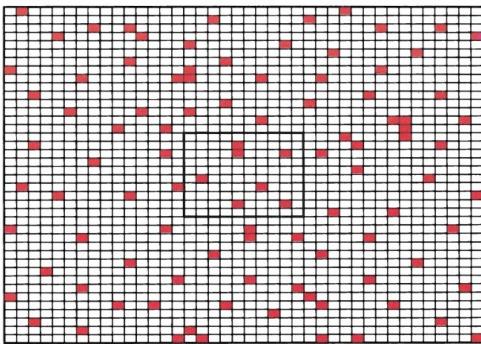
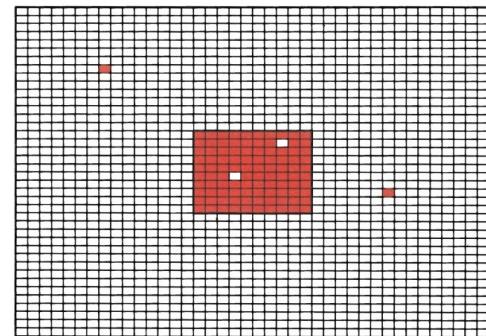
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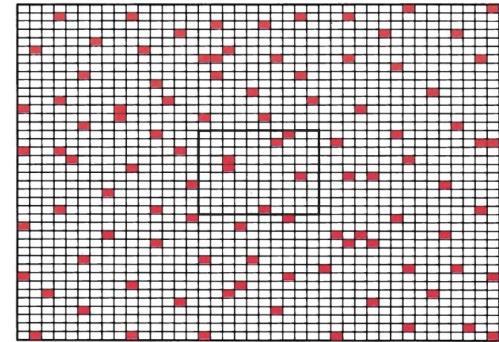
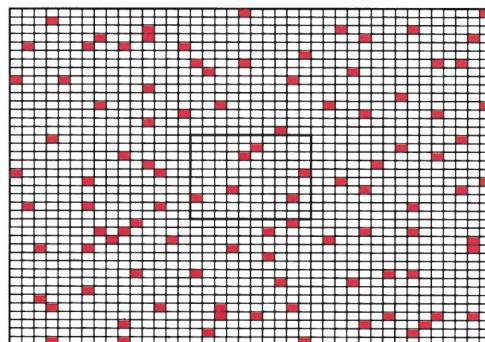
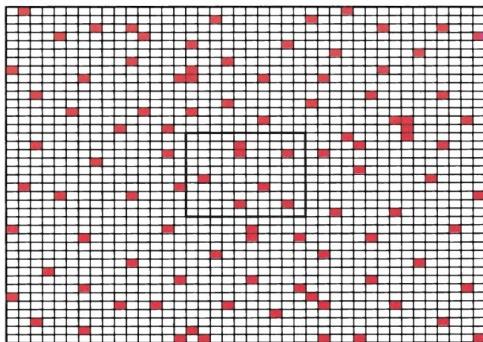
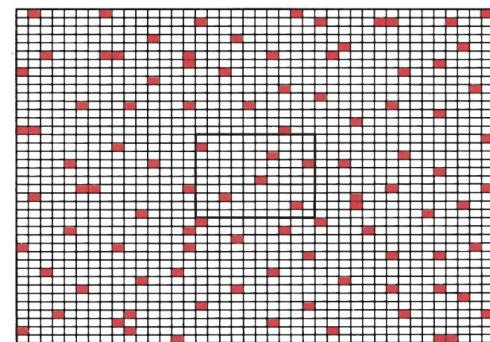
Example of $\ln W$ in action

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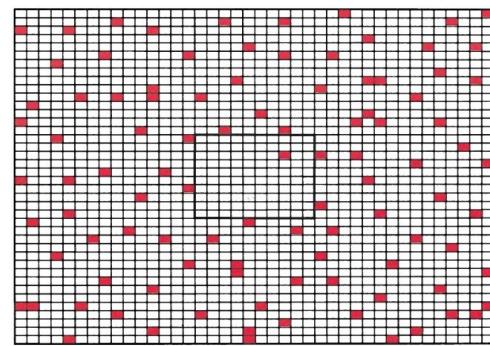
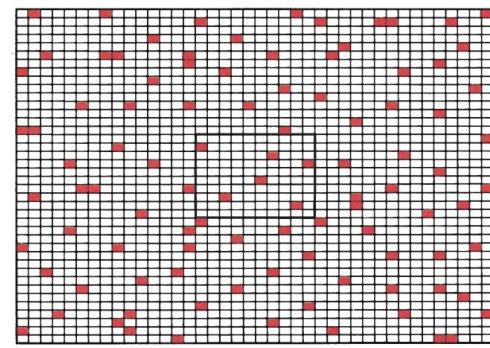
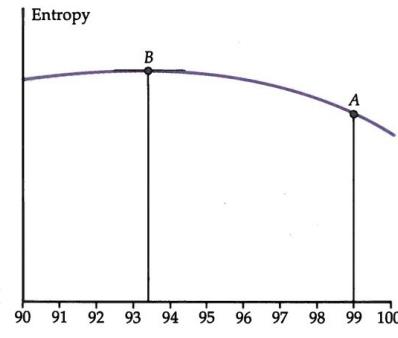
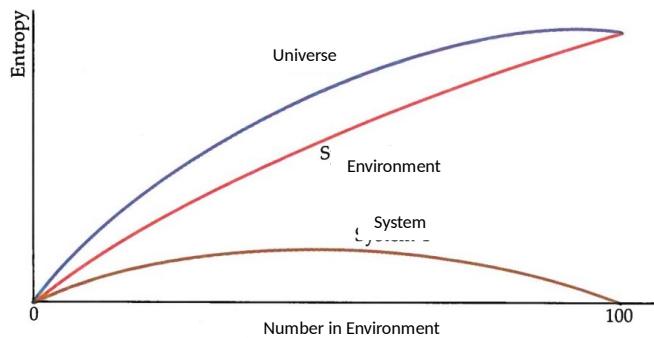
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Example of $S = k \ln W$ in action

- **Thermal equilibrium** is also the point of **maximum entropy**
- If **more** energy diffuses into the environment (more than 93 or 94), it leaves **fewer** “ONs” in the system. This has two effects:
 - ✓ The system gets **colder** than the environment, and so thermal energy would naturally flow **back** into the system, **restoring** thermal equilibrium and maximum entropy

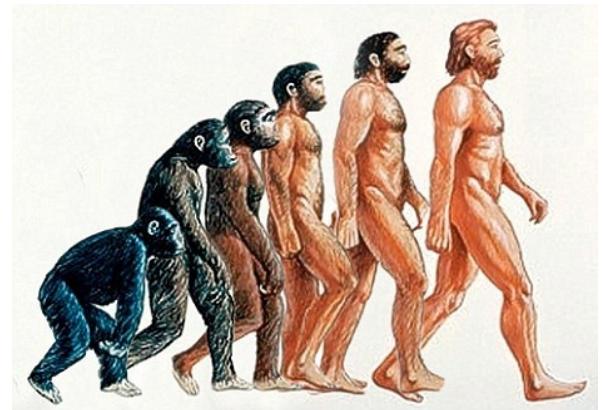
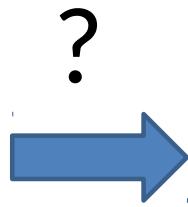
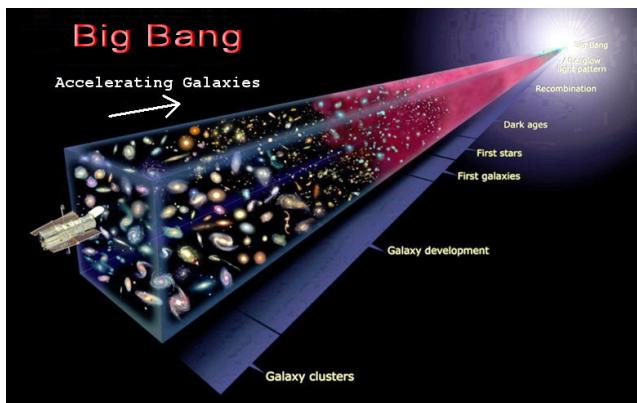


Natural order from disorder?

Can nature **spontaneously** create order/complexity?

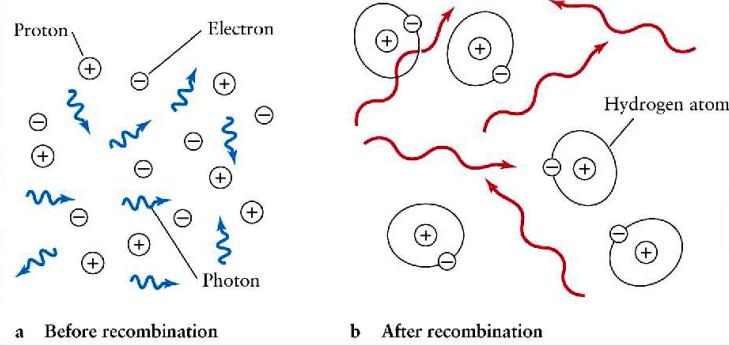
Natural order from disorder?

Obviously, YES. The entire history of the universe is FILLED with precisely this process.



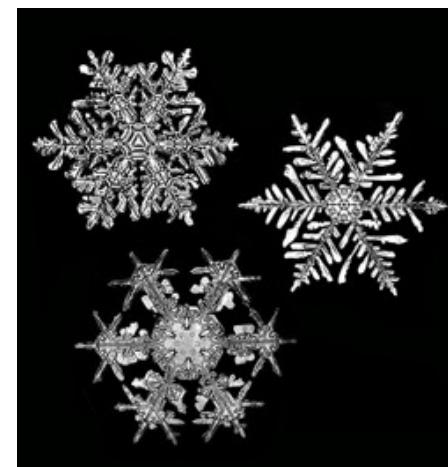
Cooling

- Let's start by thinking about **cooling**:
 - ✓ The universe began in a hot dense state (Big Bang) with (almost) no structure. Ever since then it has been **expanding and cooling**, causing various structures to “**condense out**”.
 - ✓ E.g., at one time, all of space was filled basically with hot protons, neutrons, electrons, and photons (particles of light). As these gasses **cooled**, the electrons combined with the protons, resulting in **neutral hydrogen atoms condensing out**
 - ✓ Because the electrons and protons were now together as hydrogen atoms (fewer possible arrangements), this condensation represented a **decrease in entropy/increase in order**. However, the energy released in this process, carried away and *spread out* as photons, represented **at least as great an increase in entropy**.



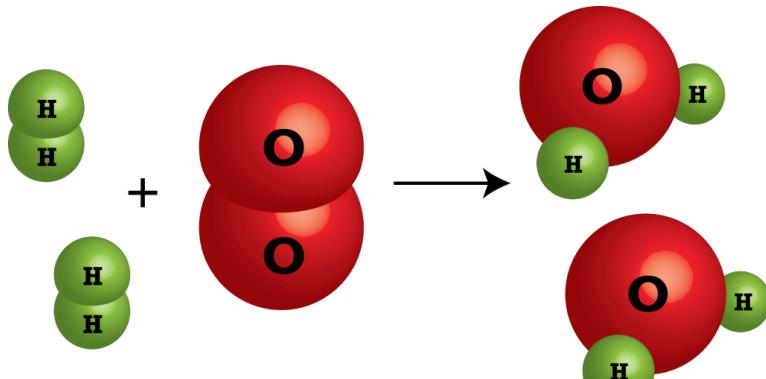
Cooling

- The same thing happens when water molecules **condense into snowflakes**:
 - ✓ Ice is a **more ordered** structure than water vapor (less ways for the H₂O molecules to be spread out, analogous to the [electron + proton \rightarrow hydrogen] condensation), so the condensation of water molecules into snowflakes **reduces their entropy**.
 - ✓ But as discussed before, when water freezes, **energy is released** (analogous to the energy released as a photon when a hydrogen atom forms).
 - ✓ This energy warms the surrounding, cooler air molecules, which then take it away (like the dispersing photons). This **dispersal of thermal energy** represents a greater entropy increase than the water-to-ice entropy decrease \rightarrow **net entropy increase**.
 - ✓ Aside: The 6- (or 3- or 12-) sided symmetry is a result of the underlying symmetry of the water molecule (quantum...)



Cooling

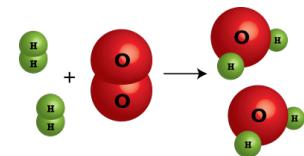
- Chemical reactions are the same: they are just a **type of cooling** (dispersal of energy).
- Example of **exothermic reaction**: the burning of hydrogen and oxygen gas:



Cooling

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- Example of **exothermic reaction**: the burning of hydrogen and oxygen gas:



- Number of gas particles (per reaction) has decreased from 3 to 2. Fewer gas particles \Rightarrow fewer ways of arranging them \Rightarrow **decrease in entropy** (more order, like water-to-ice)
- The electric field energy released (when the bonds change) goes into thermal energy (random KE) of the water molecules, then environment. This **increase in entropy**, by $\Delta S = E/T$, is **greater than the above decrease** (many ways of dispersing this energy)
- This reaction is like water-to-ice cooling, except that the energy released is initially dispersed amongst the reaction products themselves (and then the environment)
- Aside: Like many chemical reactions, an *activation energy* ("spark") is required...

Cooling

- Key points:

- ✓ Chemical reactions happen **not** because the energy in the bonds decreases. (E.g., in **endothermic** reactions, energy must be *supplied*, and the energy in bonds **increases**.) Energy is always **conserved**, so reactions don't occur because of a "lowering of energy".
- ✓ Chemical reactions are driven by the **dispersal of energy**, i.e., a reduction in the **quality** of the energy, **not the quantity**. More generally, the driving force of *any* natural process in the universe is the random, purposeless dispersal of energy—analogous to "cooling".
- ✓ There are many chemical (and physical*) reactions in which more structured (lower-entropy) products emerge **spontaneously** from less structured (higher-entropy) reactants, provided a compensating disorder is created in the surrounding environment.

*E.g., Carnot cycle: reactant = hot source; product = ordered KE of piston; compensating disorder created in cold sink

Cooling

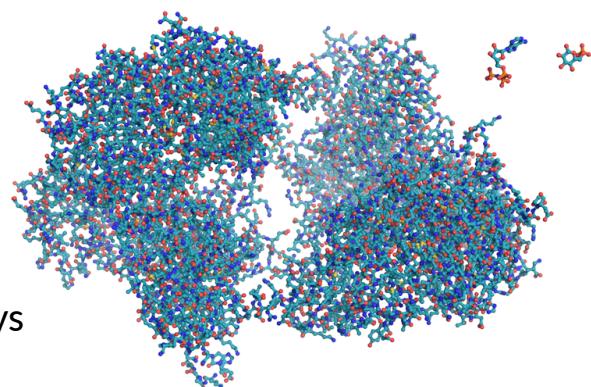
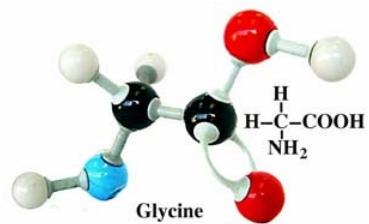
- So, assuming that life is just (complex) chemical reactions:

- ✓ Could nature **spontaneously create**, as products of chemical “cooling”, the complex structures (machinery) of life, from less structured reactants?
- ✓ Would the very same “cooling” **animate** these machines?
- ✓ Is **human consciousness** just a (marvelous) form of “cooling”—just another way in which the universe cools as it expands?



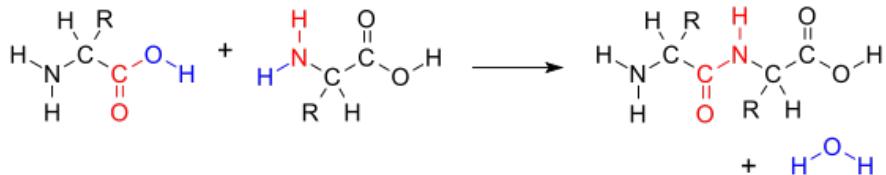
Proteins

- Recall: **amino acids** are the building blocks of life. The human body uses 20 of them to construct **proteins**, the bulk of living stuff. The simplest amino acid is glycine.
- The **origin** of amino acids on the early Earth is not a big mystery. (Recall: Miller-Urey experiment, chemical reactions near deep-sea vents, material from space.)
- The bigger question is, how can amino acids **spontaneously** come together in the form of proteins? Two steps:
 - ✓ Amino acids link together in **long chains**
 - ✓ These chains **coil** and **fold/intertwine** in complex ways

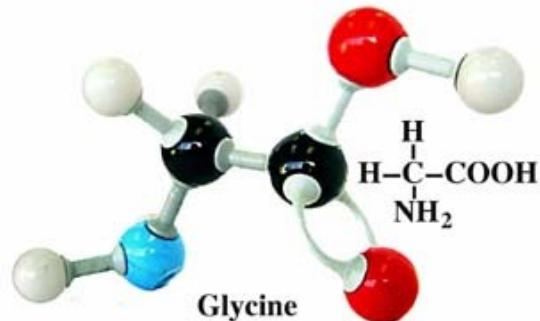


Formation of Amino Acid Chains

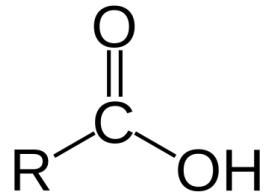
- Amino acids (e.g., glycine) have two key parts:
 - ✓ An NH_2 *amine group*
 - ✓ A COOH *carboxylic acid group*
- Two amino acids join when the **amine group** in one approaches the **acid group** in the other, resulting in a **peptide bond** and the expulsion of a water molecule:



- This **consumes energy**, and is a big reason why we need to eat (more later...). But assuming we *have* a long chain of amino acids (a *peptide chain*), let's see how it **coils**.



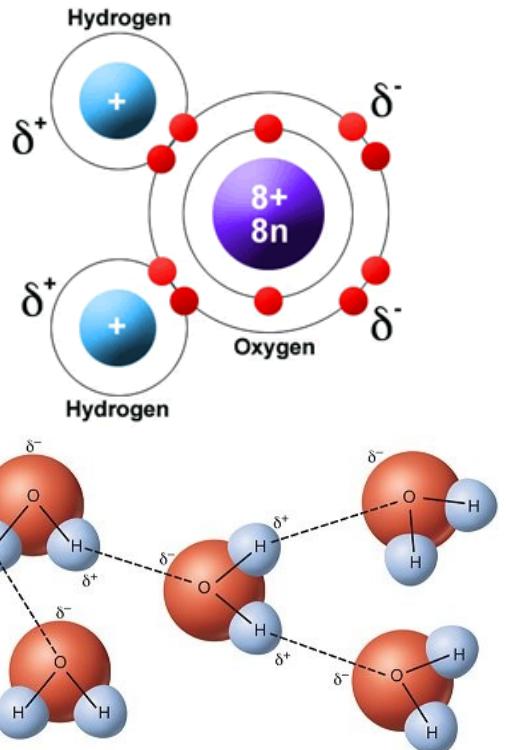
N=blue, C=black, O=red, H=white



carboxylic acid (note the OH)

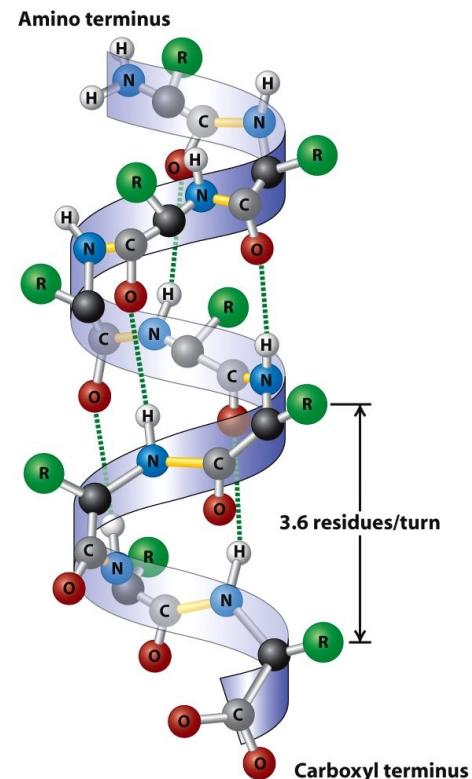
Coiling of an Amino Acid Chain into a Helix

- The water molecule, H_2O , is a **polar molecule**: Each H shares its electron with the O, making the protruding Hs **positive**. Also, the O has four more unshared electrons, opposite the Hs, making the side of the O opposite the Hs **negative**.
- In **liquid water**, the positive Hs of one molecule attract the negative Os in neighboring molecules. This **hydrogen bond** is stronger than van der Waals interaction, and weaker than covalent or ionic bonds, and is responsible for various “magical” properties of water that make it integral to life.
- It's also responsible for the **coiling** of amino acid chains into the very important **alpha helix**. The H attached to the N of one peptide bond **hydrogen-bonds** with the O attached to the C of a neighboring peptide bond. This bond is strong enough to hold the helical structure in place.



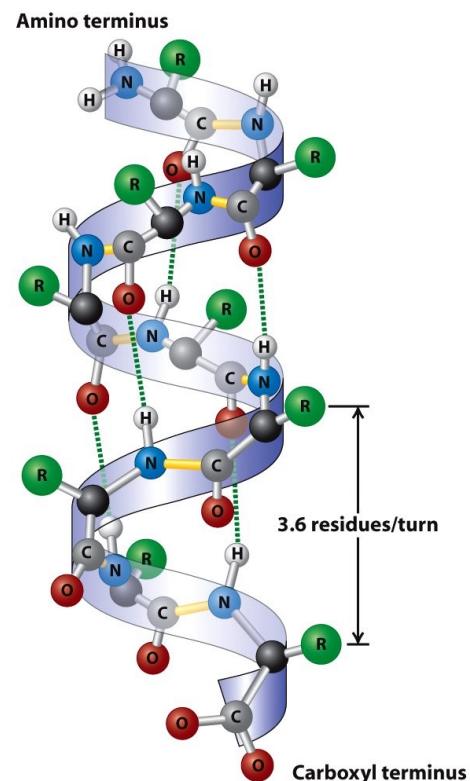
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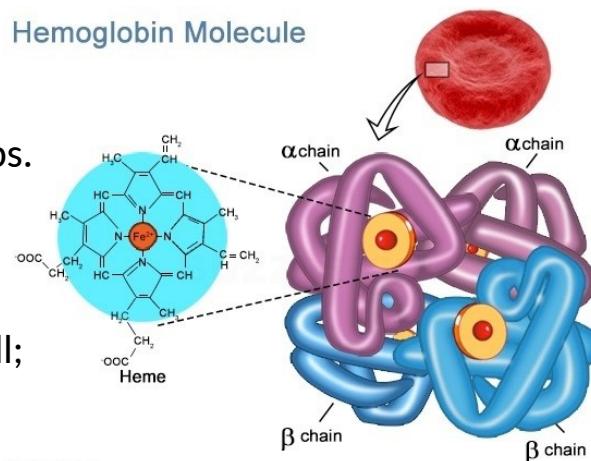
- The rigid alpha helix is a more ordered form of the amino acid chain, than just a random, floppy, linear chain. How can this order arise spontaneously (via the Second Law)?
- The O—H hydrogen bonds are sufficiently strong that, when they form, enough (electrostatic field) energy disperses into the environment (as thermal energy) that the resulting increase in disorder exceeds the increase in order of the alpha helix. The universe as a whole is more disordered!
- Moreover, the formation of the helix is irreversible: once the energy has dispersed, there's not enough concentrated energy around to break the bonds. (When you cook an egg, you're unzipping the helix.) This form of local order has “condensed out” of the universe’s inexorable ratcheting towards greater overall disorder! $\Delta S > 0$.



Folding and Intertwining of Helices

- **Hemoglobin molecules** (making up 96% of the non-water in red blood cells) carry **oxygen** to all the cells in your body.

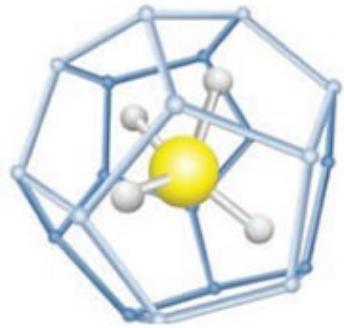
Hemoglobin Molecule



- Each molecule is made of two alpha and two beta helices, bent and twisted in such a way as to hold four **heme** groups. Each heme group has one **iron atom** that oxygen binds to. (Blood is red because iron oxide is rust. So eat your iron!)
- The bending and twisting of the helices is not random at all; it is very precise. Each red blood cell contains zillions of **identical** hemoglobin molecules. Hemoglobin is a **highly ordered** structure. Can such order emerge **spontaneously**?
- **Yes**, in part for the same reason oil and water don't mix...

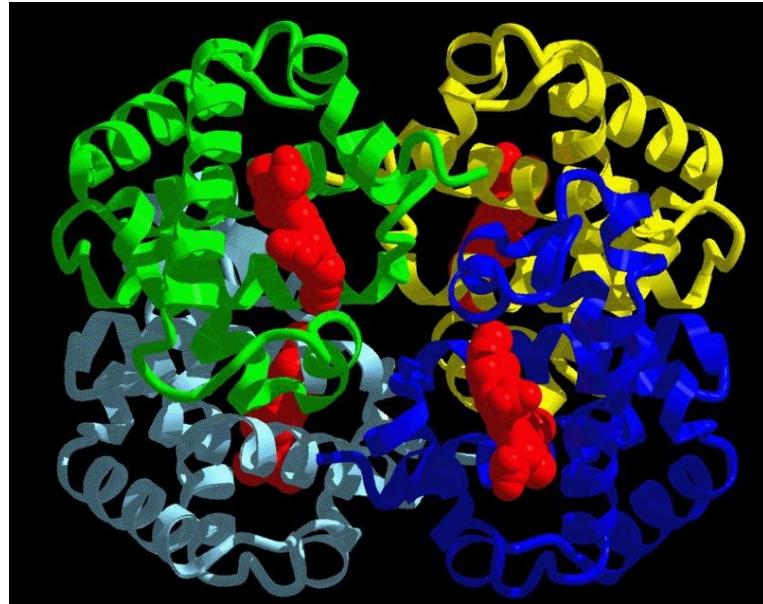
Folding and Intertwining of Helices

- Why doesn't oil **disperse** in water, like a drop of ink? Surely this would **increase the entropy** of the universe, and so be spontaneous? Why does it do the **opposite**: clump together after we try to mix it?
- Hydrocarbons (like oil) are made of only C & H atoms, and are **hydrophobic**: when a hydrocarbon molecule is put in water, the surrounding (polar) water molecules interact with its H atoms and form a **highly structured** cage around it. (E.g., methane = CH_4 .)
- The resulting **increase in order** would outweigh the **decrease in order** caused by the spreading out of the oil molecules (and their energy). Oil molecules clump together to show as few of the themselves to the water as possible: hydrophobic = water-hating.
- What does this have to do with folding & intertwining of helices?



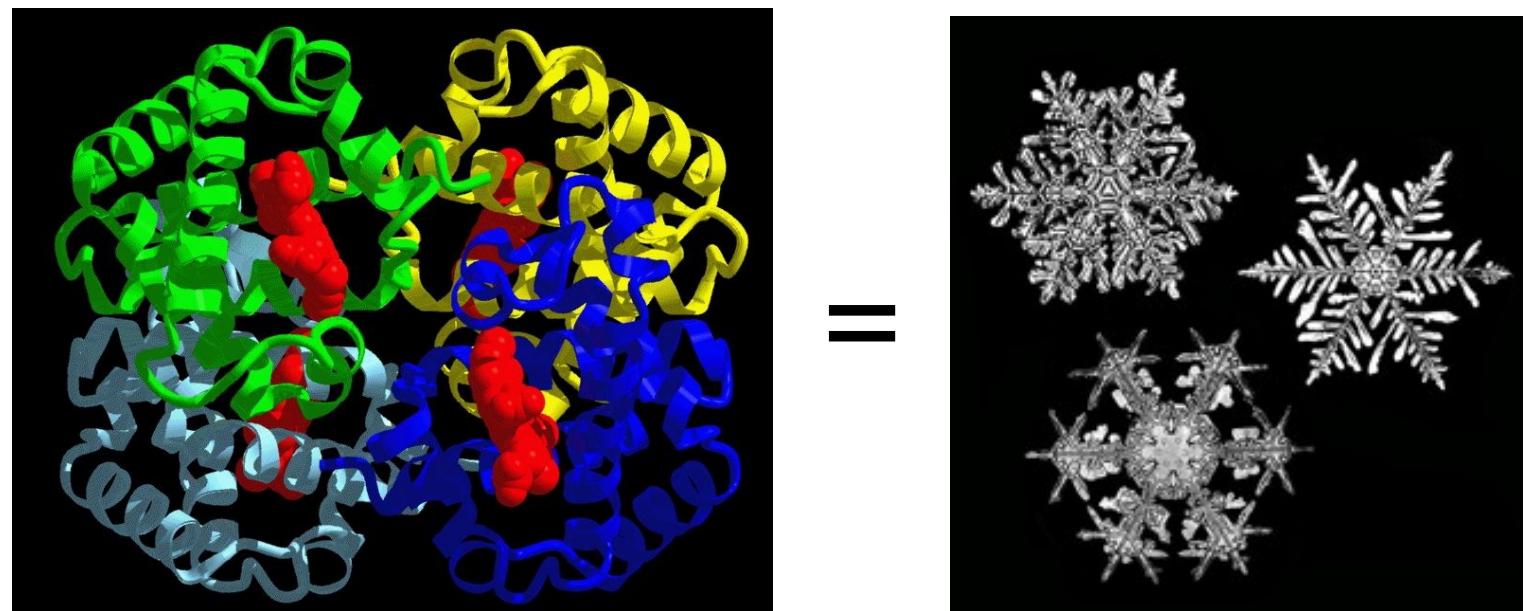
Folding and Intertwining of Helices

- Many of the amino acids in the helices have **hydrocarbon parts**, and so **behave like oil** (hydrophobic).
- Water molecules would form **intricate cages** around any hydrocarbon parts sticking out into the surrounding water, **increasing the order** in the universe.
- The helices fold in ways that tend to **minimize** exposure of hydrocarbon parts to the water, and thus **minimize order (maximize disorder)**.
- The same effect probably plays a role also in the four helices **intertwining** in hemoglobin.



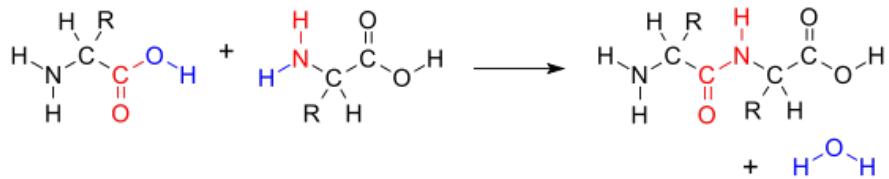
The formation of this complex structure increases the disorder of the universe

Folding and Intertwining of Helices



Formation of Amino Acid Chains

- But how are amino acid chains formed **in the first place?**
- Recall that forming the peptide bonds between the amino acids in a chain **consumes energy**.



- So the short answer is obvious:
We eat food that provides this energy.
- But the long answer is more interesting...



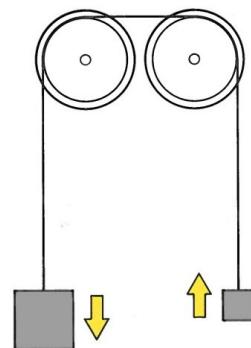
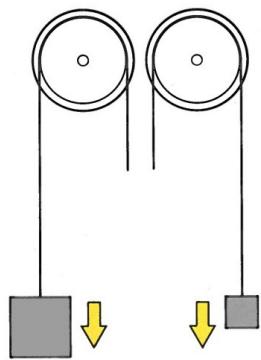
Formation of Amino Acid Chains

- The ordered chain has more structure (**lower entropy**) than the scattered amino acids it was made from. Thus, there must be a **compensating disorder** created elsewhere. **How?**
- We eat, in part for the energy, but more importantly: we take in **high quality** (low entropy) energy, and allow it to **decay to low quality** (high entropy) energy, which we expel as body heat and excrement. This **spontaneous order-to-disorder** process *drives non-spontaneous disorder-to-order* processes in our bodies, sustaining our relatively low entropy bodies against decay, and thus staving off death.
- This **low entropy energy** ultimately comes from the **Sun**, or more ultimately, from the **Big Bang** itself. Life is **intimately connected** with the very **dynamics of the universe itself**. Life is **not** an **isolated** phenomenon. “**Biosphere**= Universe!”



Coupling Spontaneous to Non-Spontaneous Processes

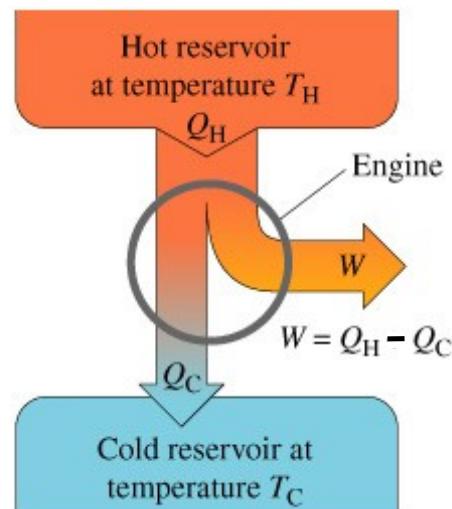
- “This spontaneous order-to-disorder process drives non-spontaneous disorder-to-order processes in our bodies.”
HOW??
- Analogy:
 - ✓ **Top Picture:** Both masses will spontaneously fall.
 - ✓ **Bottom Picture:** When coupled together, the heavier mass will raise the lighter. A **stronger** spontaneous reaction can **drive** a weaker spontaneous reaction in the **reverse (non-spontaneous or unnatural) direction.**
- Questions:
 - ✓ How do we assess the “**driving power**” of a reaction?
 - ✓ What are the “gears and wheels” that **couple** life’s chemical reactions?

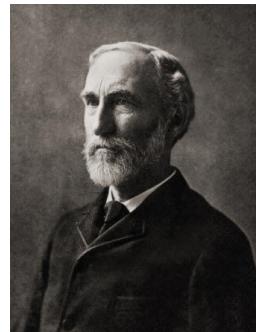


Driving Power of a Reaction

- Recall:

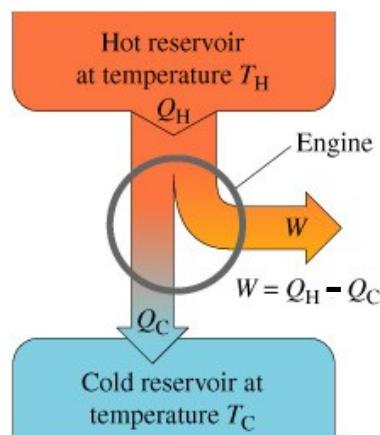
- ✓ In a heat engine, the **spontaneous** flow of thermal energy from hot to cold is harnessed to do **useful work**, which can be used to create **structure and order**. “**Order from disorder**”.
- ✓ But not all of Q_H is converted into useful work. A minimum amount of “waste heat” (**useless energy**) is lost to entropy into the environment (increasing its **entropy**) due to **irreversibility** to entropy increase for the universe.
- ✓ The amount of energy that is **free to do work** (create structure and order) is called the **free energy**. For a heat engine, the free energy available goes **down** as it does work: $\Delta F = -\text{Work}$. What about in the case of chemistry?





Driving Power of a Reaction

- Josiah Gibbs (1839–1903), in Boltzmann's generation, was the first person to apply thermodynamics to chemistry, and hence make thermodynamics more readily applicable to life.
- E.g., we can think of an **exothermic** chemical reaction as a heat source with total energy Q_H . When the system liberates energy Q_H , its energy goes down and its entropy is reduced: $\Delta S = -Q_H/T_H$.
- In order for this to happen **spontaneously**, a minimum of “waste heat” Q_C (useless energy) must be dumped in the environment (at temp T), increasing its entropy by (Q_C/T) so that the arrow is like this: As the heat engine, the free energy of the heat going down the waste energy and the system goes **down** as it does work: $\Delta F = -W = -Q_H + Q_C = \Delta U - T\Delta S$.

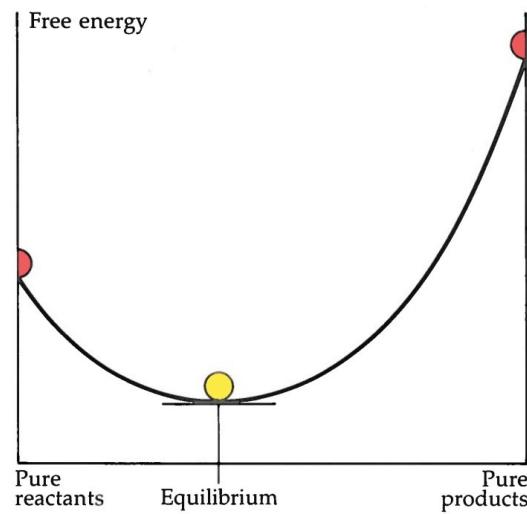


Driving Power of a Reaction

- All chemical reactions spontaneously move towards lower free energy:

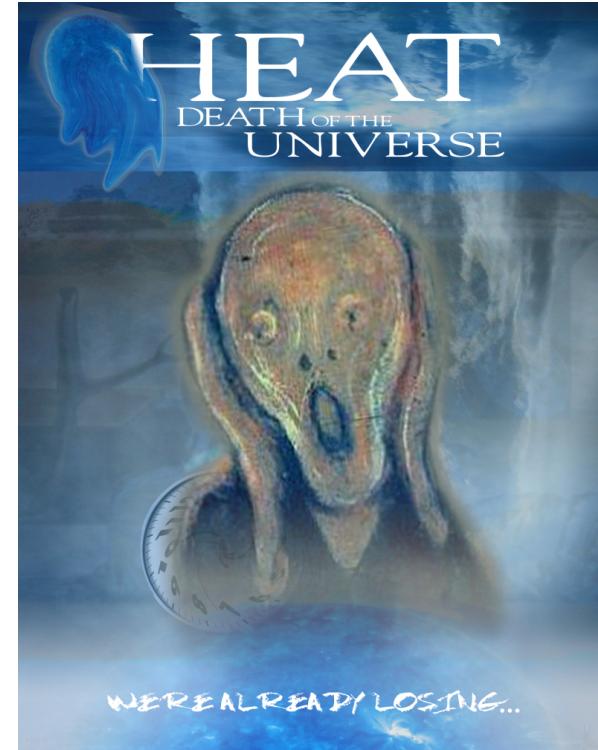
$$\Delta F = \Delta U - T\Delta S < 0$$

- This is the “driving power” of the reaction: the greater the “fall” in free energy, the more useable energy (“work”) is liberated to create structure and order elsewhere.
- This applies to all natural processes in the universe:
 - ✓ Systems do not spontaneously move to lower energy (e.g., When you heat a gas).
 - ✓ Systems spontaneously move to lower free energy. This drives all process, including animating life.
 - ✓ Systems fall down in free energy, as the universe falls up in total entropy.



The End of Free Energy

As the total entropy of the universe steadily ratchets up, we are not running out of energy (energy is **conserved—eternal**). We are running out of **free** energy. **Useful** energy. Energy that can be used to **create structure and order**, and **animate life**.

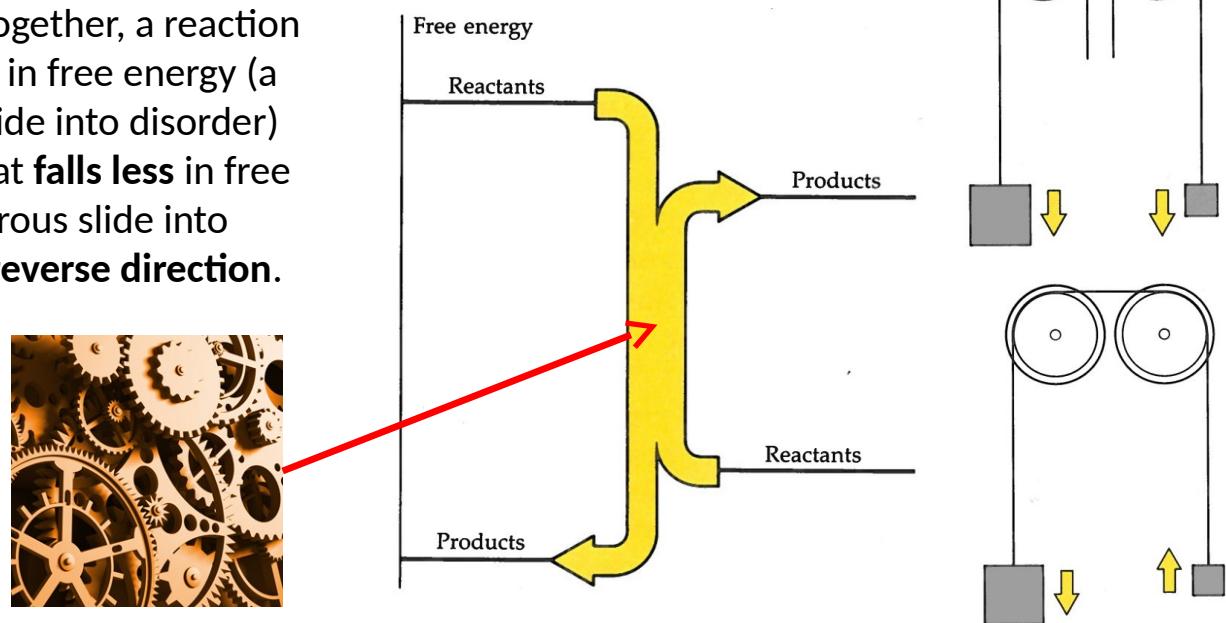


Coupling Reactions

- How does this inexorable slide into disorder animate life?

When coupled together, a reaction that **falls further** in free energy (a more vigorous slide into disorder) can **drive** one that **falls less** in free energy (less vigorous slide into disorder) in the **reverse direction**.

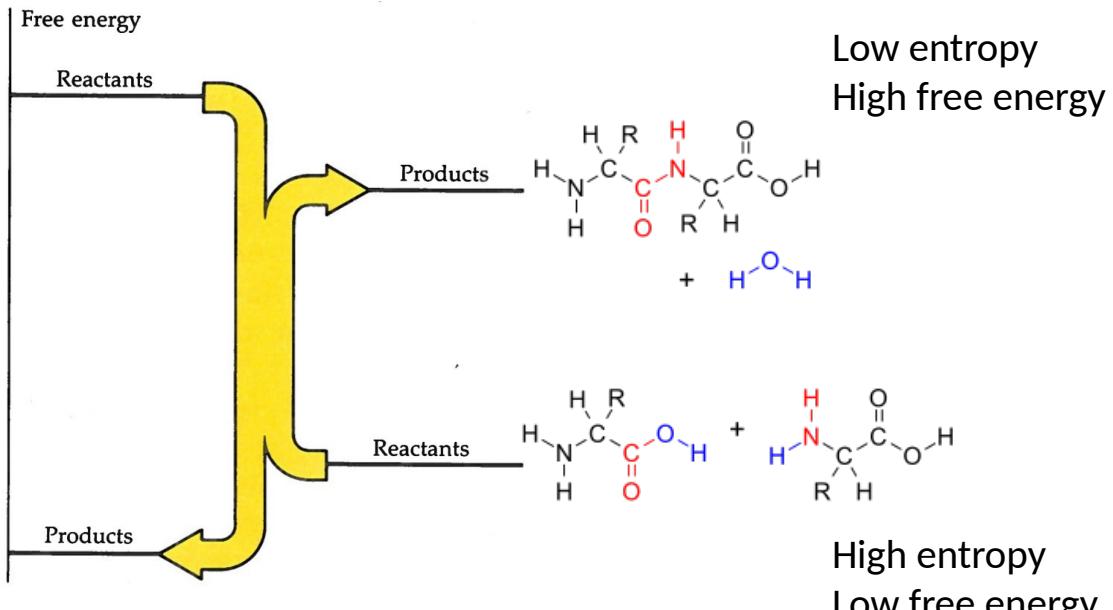
Life's "gears and wheels"



Example: Bioenergetics Coupled to Biosynthesis

Bioenergetics (LEFT: degradation of food) **coupled** to Biosynthesis (RIGHT: linking amino acids)

Low entropy
High free energy



High entropy
Low free energy



The Gears of Biosynthesis

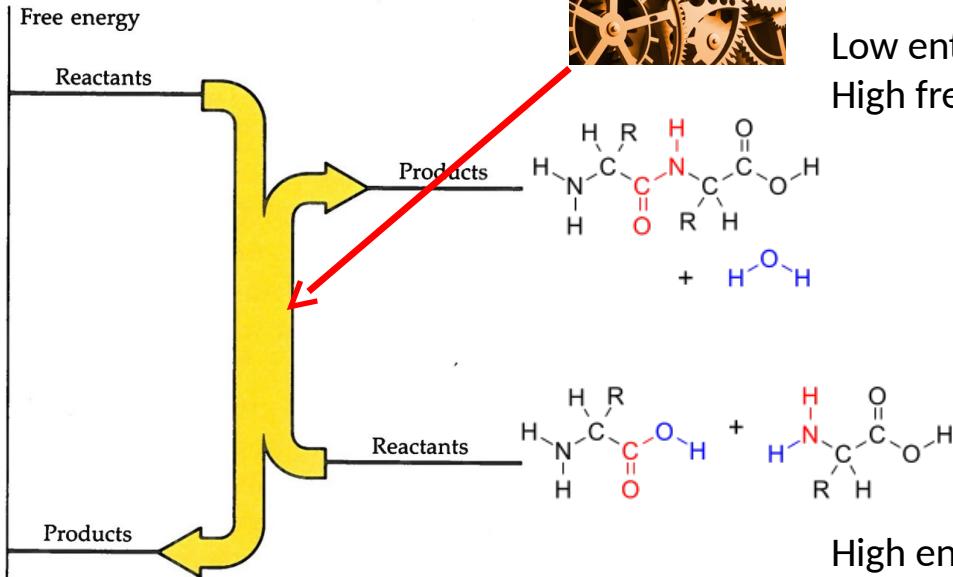
Let's first look at some of the "gears" of Biosynthesis (RIGHT)



Low entropy
High free energy

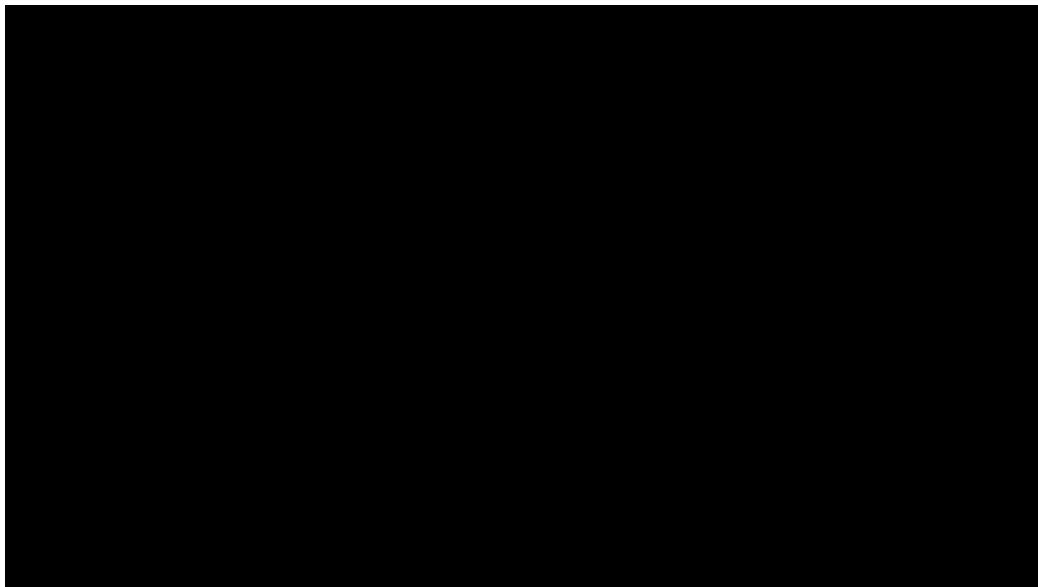


High entropy
Low free energy



The Gears of Biosynthesis

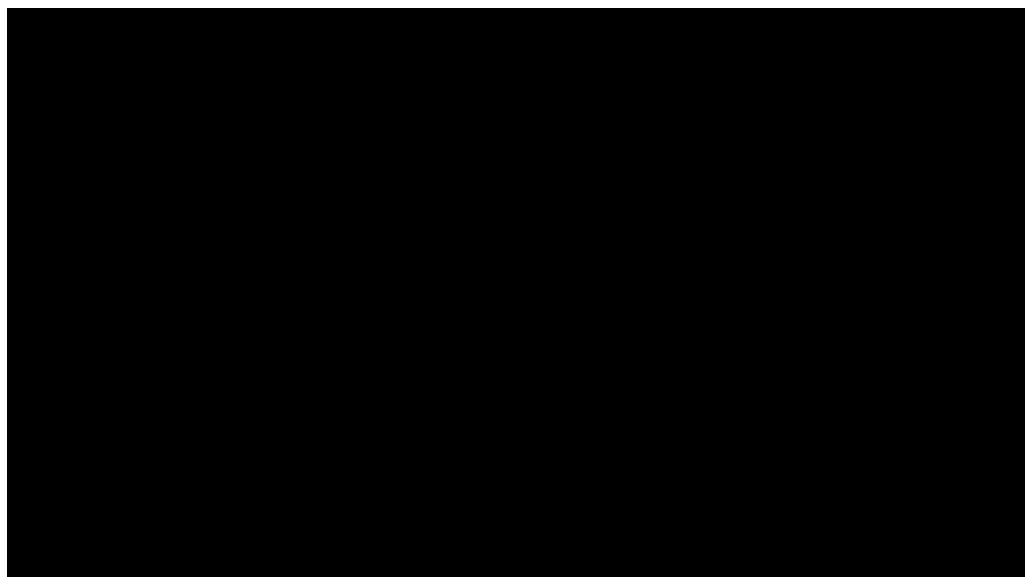
It's complicated...



<https://www.youtube.com/watch?v=gG7uCskUOrA>

The Gears of Biosynthesis

It's complicated...



<https://www.youtube.com/watch?v=WFCvkkDSfIU>

The Gears of Biosynthesis

It's complicated...

Other similar animations, emphasizing different aspects:

<https://www.youtube.com/watch?v=D3fOXt4MrOM>

<https://www.youtube.com/watch?v=lpb5s2F1pyM>

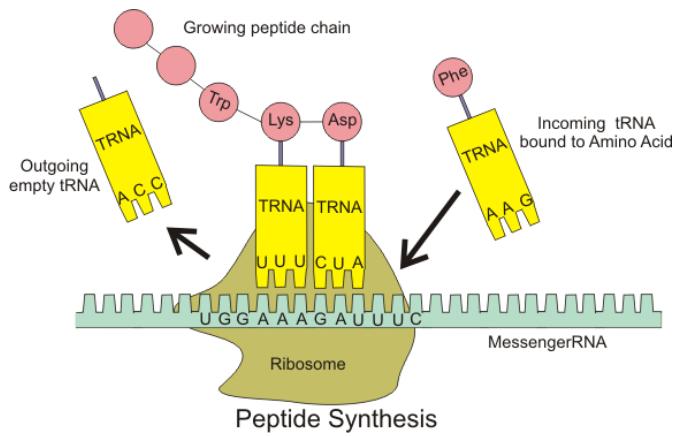
<https://www.youtube.com/watch?v=28mgfg8nRT4>

<https://www.youtube.com/watch?v=JX2MdZX6Bys>

https://www.youtube.com/watch?v=B_zD3NxSsD8

The Gears of Biosynthesis

The “gears” of biosynthesis are **highly complex, microscopic machines!**



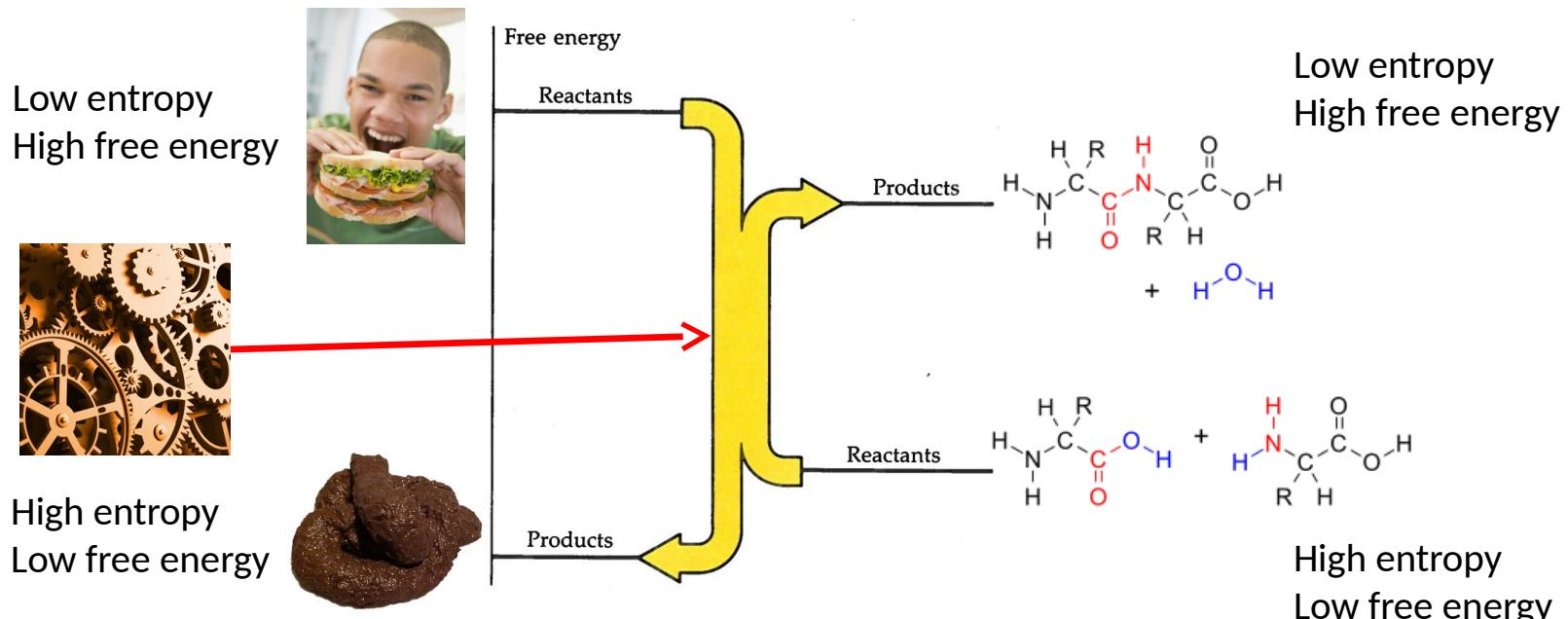
How could they possibly arise spontaneously?

We'll return to this question later...

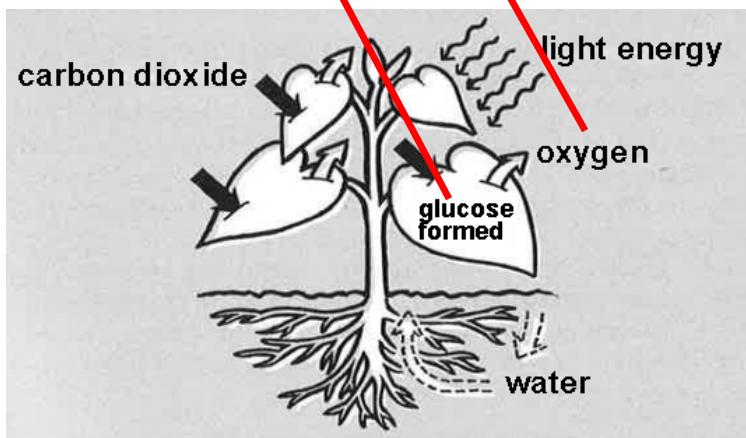
First we'll look at some “gears” (microscopic machines) of bioenergetics

The Gears of Bioenergetics

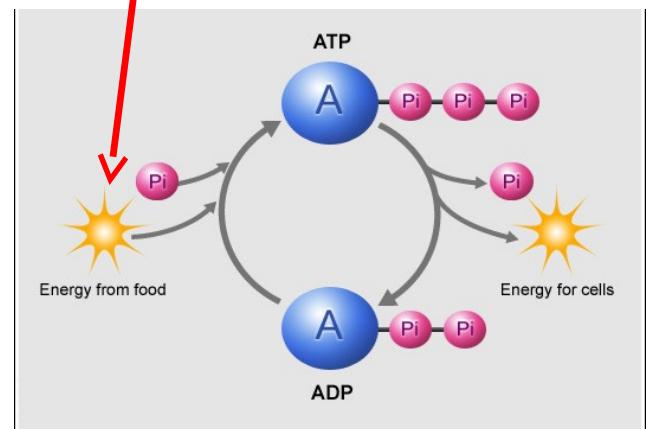
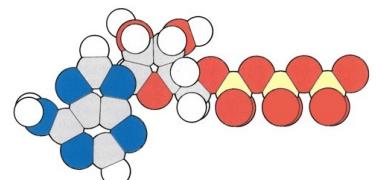
Let's now look at some of the "gears" of Bioenergetics (LEFT)



The Gears of Bioenergetics



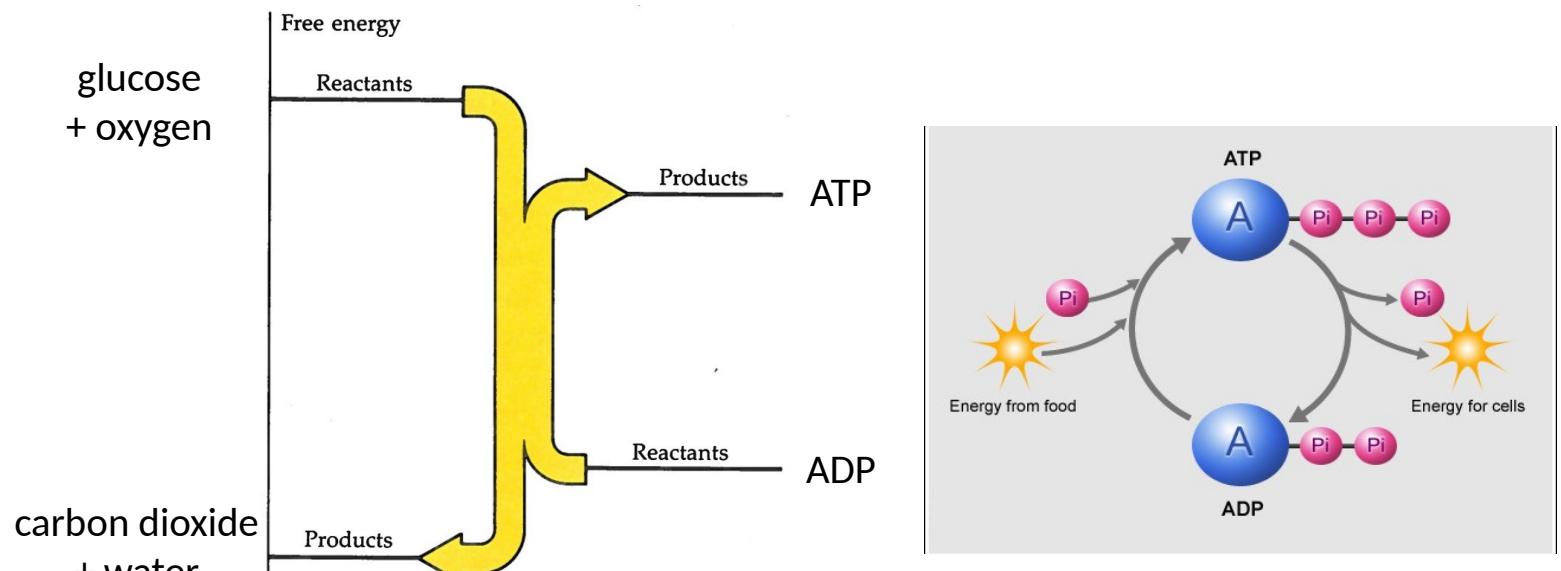
photosynthesis (more later...)



adenosine diphosphate \rightleftharpoons triphosphate (PO₄)

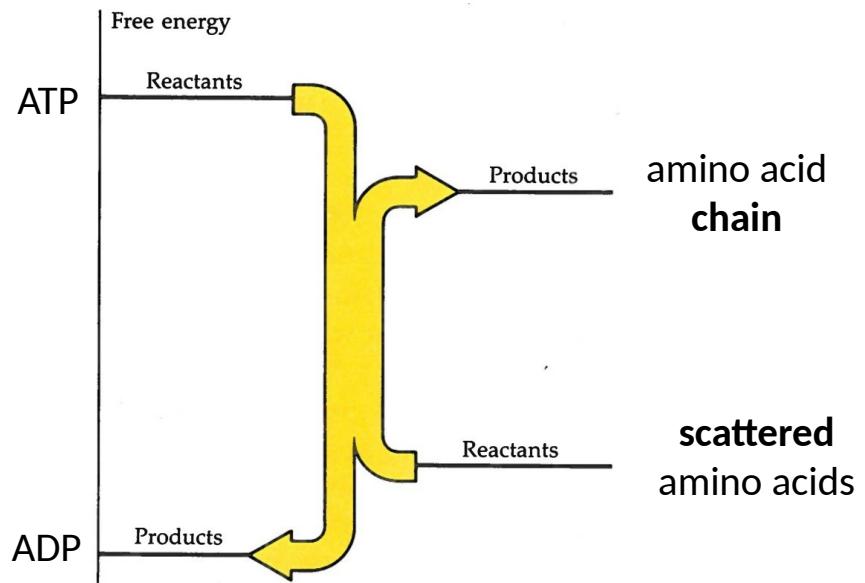
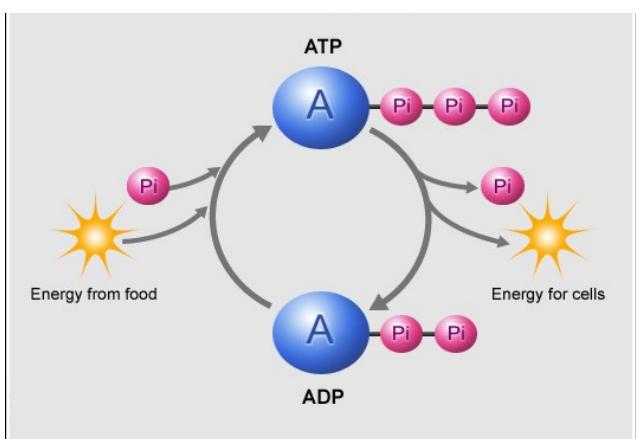
Light energy is highly ordered, when plants process it they make glucose which is less ordered. We burn that chemical energy and turn it into kinetic/thermal energy which is highly unordered. We have this molecule adp which has only two phosphate groups, meaning its in its low energy state. We use energy to attach another phosphate making it atp, the high energy state. This is used all over the fucking place in our body.

The Gears of Bioenergetics



This is a **spontaneous** process that increases the entropy of the universe

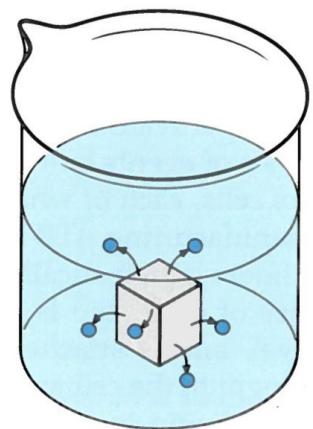
The Gears of Bioenergetics



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The Gears of Bioenergetics

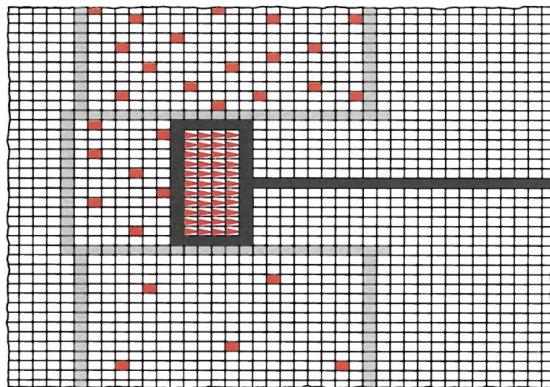
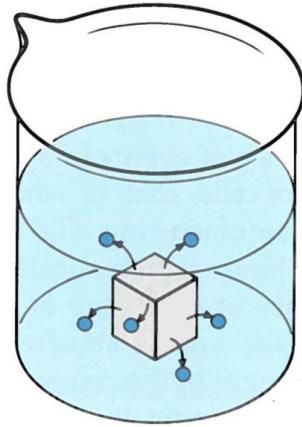
- ADP & ATP are the **life blood of bioenergetics**
- The energetic “charging” of ADP to ATP is done by an **electrochemical battery**
- **Example** of electrochemical battery:
 - ✓ Drop a cube of **iron** (Fe) into a **copper** (Cu) sulfate solution
 - ✓ The **Cu²⁺ ions** in the water have a **strong affinity** for electrons
 - ✓ When they touch the cube, the **Fe atoms** give up 2 electrons to the **Cu²⁺ ions**. The Fe atoms become **Fe²⁺ ions** in solution, & the Cu²⁺ ions become neutral **Cu atoms** that deposit on the cube
 - ✓ **Net result:** the **copper precipitates** and the **iron dissolves**



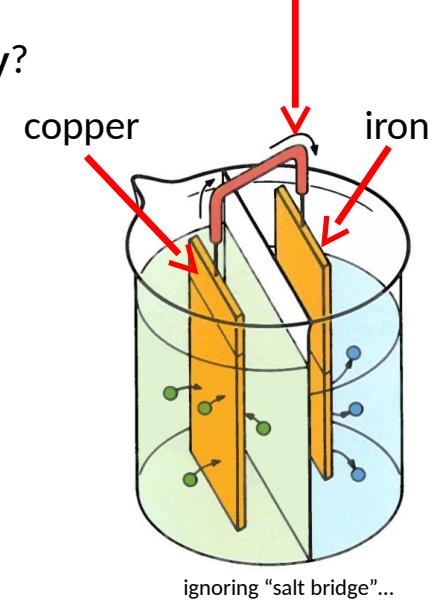
The Gears of Bioenergetics

- **Key Idea:**

- ✓ As it stands, the **spontaneous flow** of electrons from the **Fe atoms** to the **Cu²⁺ ions** is in **random directions**.
- ✓ What if we force the electrons to flow in **one direction only**?
(Exactly like we extracted **ordered KE** in the heat engine!)



Electric current (opposite electron flow) can be used to do **work!**



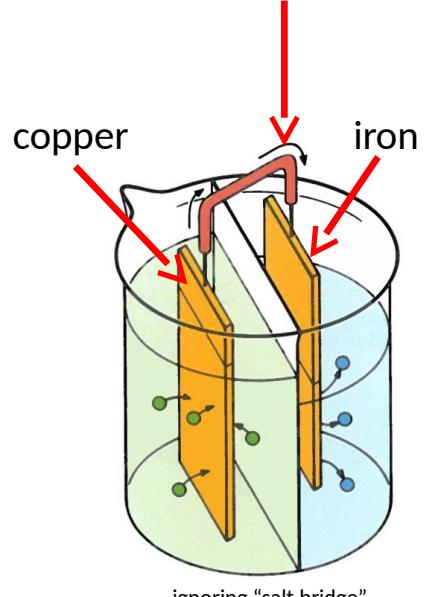
By providing the elections with a very specific path to go through (the copper wire). This is how we make a battery. Like the piston this is a one way valve.

The Gears of Bioenergetics

- **Aside:**

- ✓ Where does the energy released by such a copper-iron battery actually come from?
- ✓ The nuclear furnaces in long-dead stars, which created the elements heavier than hydrogen, up to iron.
- ✓ Fission reactors today use uranium, which is created when stars explode as supernovae.
- ✓ Fusion reactors being developed today will use hydrogen, which was created by the Big Bang itself. **It is the most ancient (and abundant) of all fossil fuels.**

Electric current (opposite electron flow) can be used to do **work!**



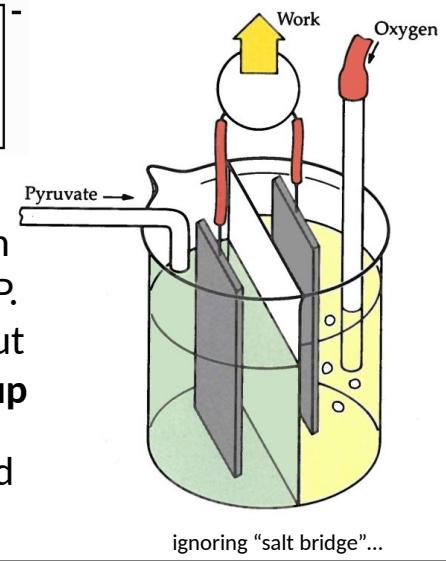
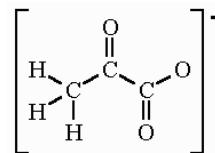
ignoring "salt bridge"...

The Gears of Bioenergetics

- Nature has evolved a similar battery, in which glucose & oxygen are “burned” to charge ADP to ATP:

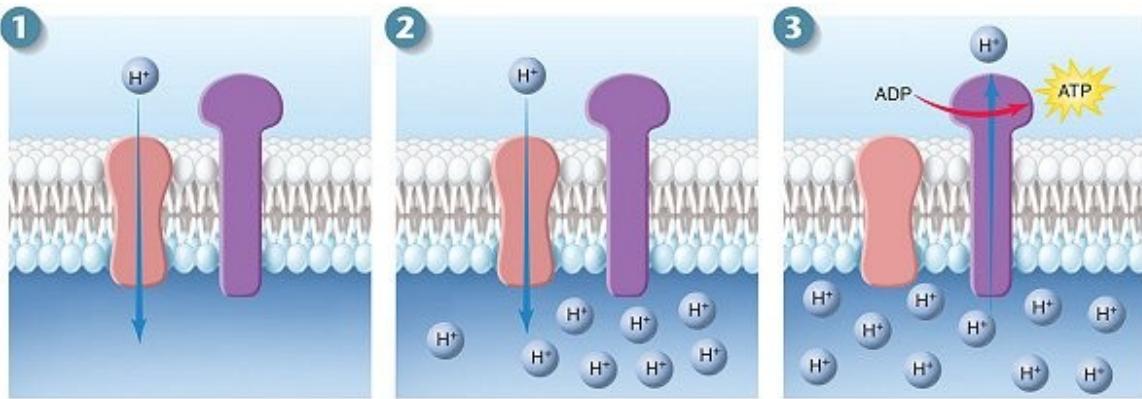
- Like Cu²⁺ ions, **oxygen** has a **strong affinity** for electrons; it likes to become O²⁻
- Glucose gets “snipped” into two **pyruvate** ions: (which can easily give up their extra electron) ...and two **protons** (H⁺ ions) are produced
- The **spontaneous flow** of electrons from pyruvate to oxygen (the “burning of sugar”) does the work to charge ADP to ATP. The ATP have higher order (**lower entropy**) than the ADP, but with everything else, the **net entropy** of the universe **goes up**
- The pyruvate falls apart into carbon dioxide (we exhale), and each O²⁻ picks up two **protons** to become water...

13 IIIA 3A	14 IVA 4A	15 VA 5A	16 VIA 6A	17 VIIA 7A	18 0
6 B Boron 12.811	7 C Carbon 12.601	8 N Nitrogen 14.067	9 O Oxygen 15.999	10 F Fluorine 18.998	11 Ne Neon 20.180



The Proton Gradient

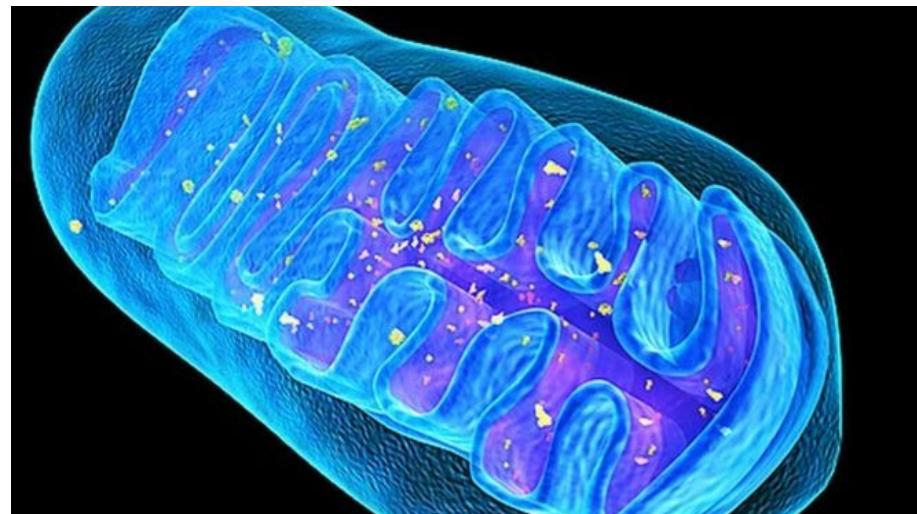
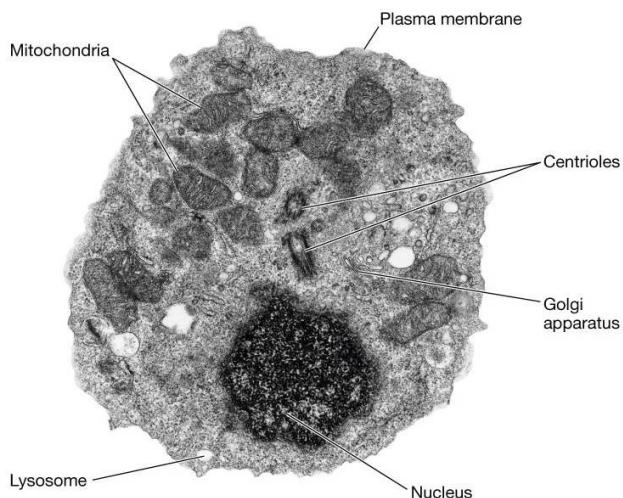
- The spontaneous flow of electrons **does not directly** charge the ADP to ATP. Instead:
 1. It drives a **proton pump** that forces protons across a membrane
 2. This creates a **proton gradient** that stores potential energy across the membrane (in an **electric field**).
 3. This **store of energy** can be tapped by allowing protons to flow back across the membrane through a protein called **ATP synthase**. The **electric field accelerates the protons**, and this extra **kinetic energy** is used to charge ADP to ATP.



The electron flow does directly charge the conversion to ATP. Instead it drives a protein pump. The electrons pump out proteins from the cell. There is a valve called ATP synthase. It opens to allow ADP into it and when a proton is pushed out the ADP converts into ATP.

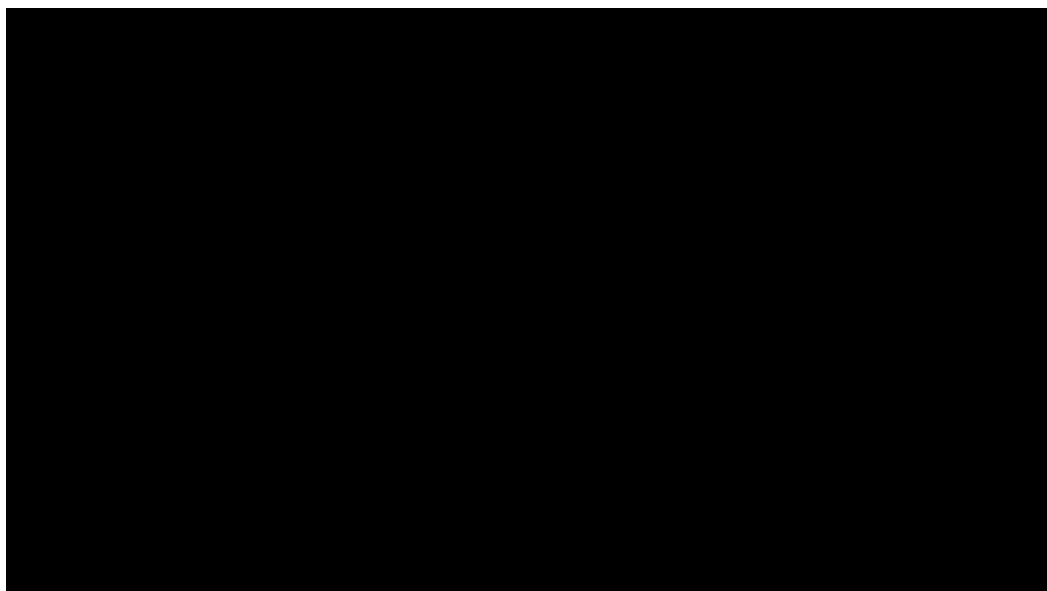
The Proton Gradient

- All of this takes place in **mitochondria** inside cells:



The Proton Gradient

- All of this takes place in **mitochondria** inside cells:

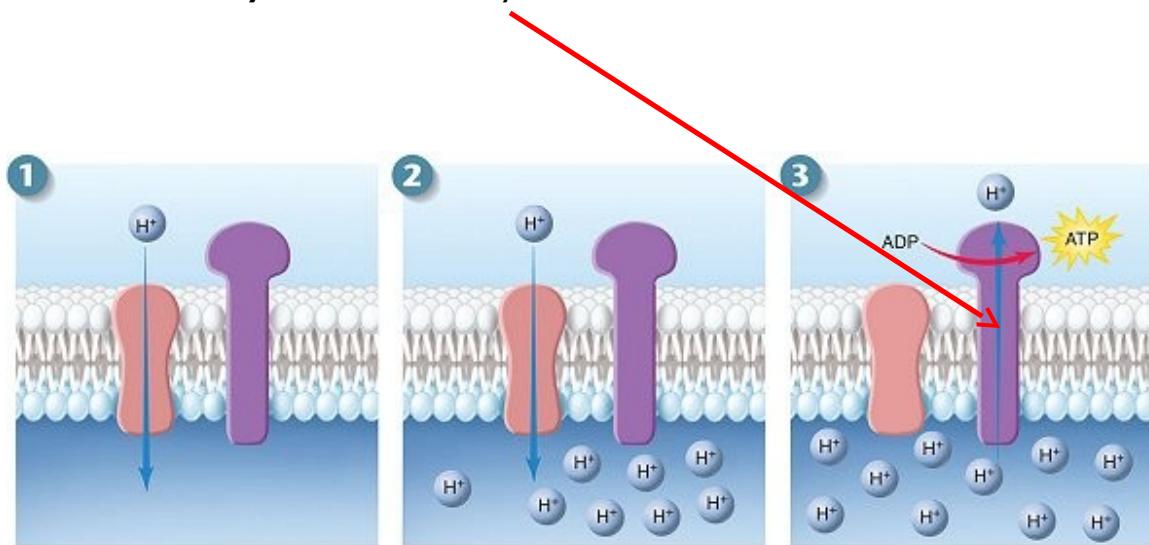


<https://www.youtube.com/watch?v=nD9fyuisMkg>

The conversion of adp to atp acually happens due to the mitochondria. Its hella complicated. Watch the video.

The Proton Gradient

- Let's look at how **ATP synthase** actually **works...**

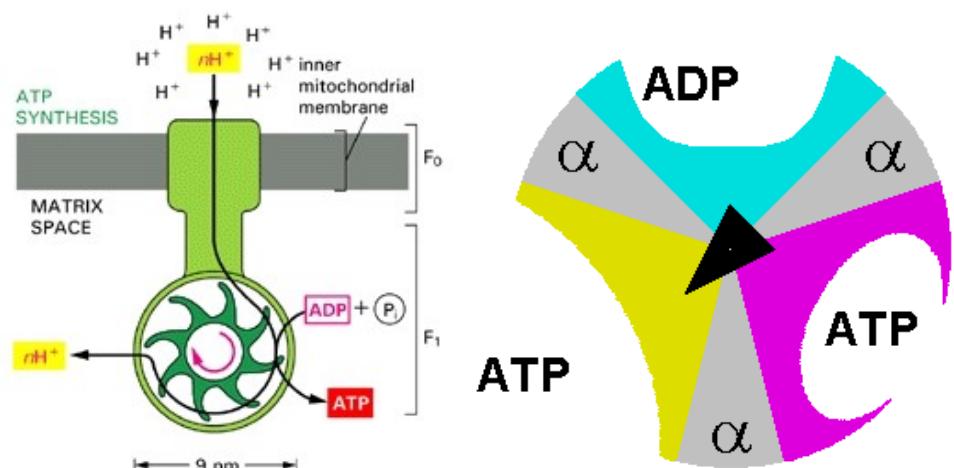


The Proton Gradient

The **proton gradient** creates an **electric field** that **accelerates** the protons let back across the membrane.

These accelerated protons push on a **rotary mechanical motor**, which converts ADP to ATP (it's a **physical machine**, not what one usually thinks of as "chemistry"!).

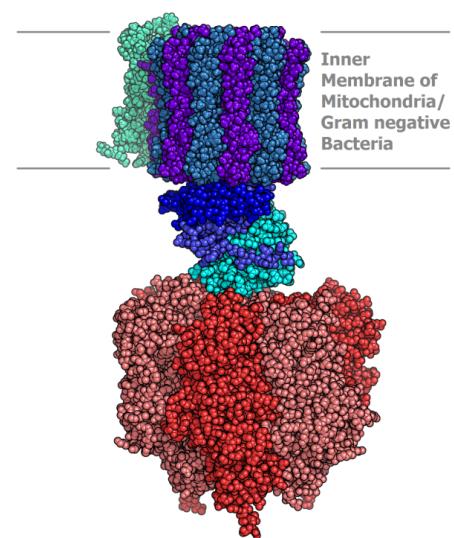
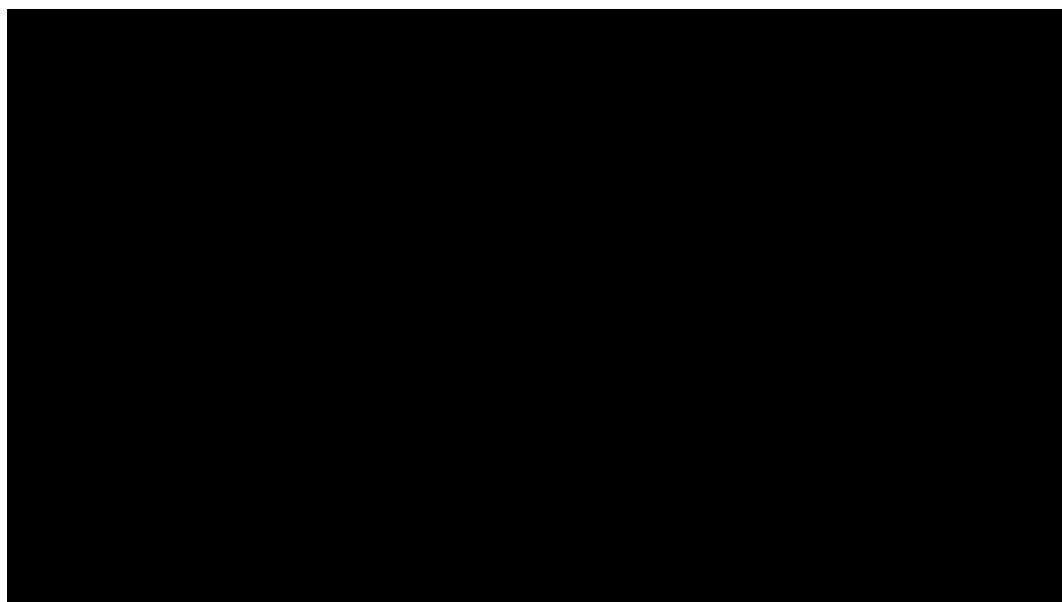
About 3 protons need to pass through to charge one ATP (100 charges per second).



The proton pump moved a bunch of ions on one side of the cell membrane. They want to come back in but the cell wall stops them. The valve opens when the cell needs energy to allow some protons back in. The protons rush in and turn a wheel (an actual wheel). The wheel has some adp on it and it slams it into a phosphate group clicking them together. You can even run the motor in reverse. Its boss.

The Proton Gradient

- The ATP synthase **machine**:



<https://www.youtube.com/watch?v=XI8m6o0gXDY>

The Proton Gradient

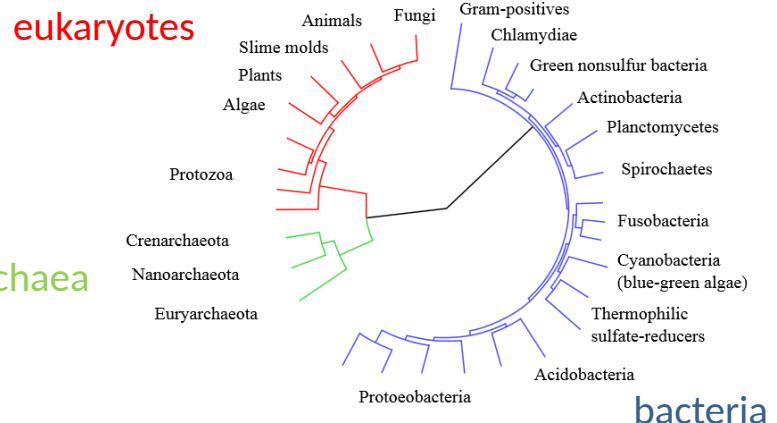
intelligent design?

The Proton Gradient

proton gradient...so what?

The Proton Gradient

- Today, **all** energy that living organisms use ultimately comes from **generating and tapping a proton (or other ion) gradient**.
- It is the **universal “battery” that powers all life on Earth**, as universal as the genetic code itself. Thus, it is an important clue to the **origin of life**.
- For example, the **ATP synthase** (the machine that **taps** energy from the gradient) is as **universal** as the **ribosome** (the protein synthesis machine), and it displays the same deep “phylogenetic” split between archaea and bacteria ⇒ **it was present in the last universal common ancestor (LUCA)**, and must have “evolved” prior to this. (How? More later...)



The universal battery that powers all life is this action of creating a proton gradient and using it with atp synthase. Because all life uses this its clear that its a clue to the origin of all life.

The Proton Gradient

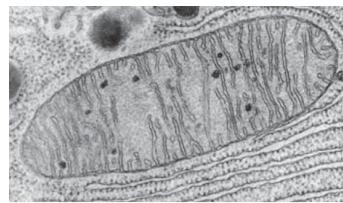
- In eukaryotes (like us), this proton gradient “battery” is inside **mitochondria**. The mitochondria across all eukaryotes have the **same general structure** (see pictures)
- These bacteria-sized organelles may have originally been **aerobic bacteria** that **invaded and colonized** early eukaryotic cells (they have an independent bacteria-like genome!)



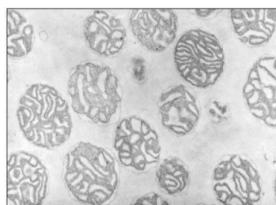
examples of eukaryotes



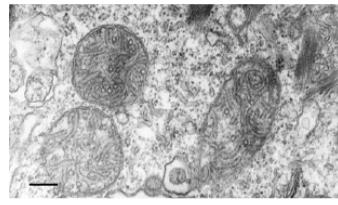
mammalian lung



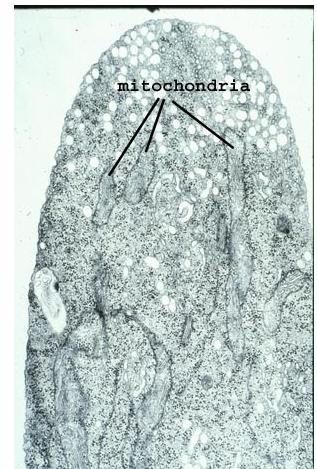
bat pancreas



mung bean



paramecium



fungus

The Proton Gradient

- Okay, so ion gradients are the universal battery of life. But this raises a **severe evolutionary chicken-and-egg problem**:
 - ✓ **Proteins** are used to generate and tap ion gradients (e.g., the ATP synthase is used to tap the proton gradient and convert ADP to ATP)
 - ✓ But **energy** is needed to build proteins (like ATP synthase) in the first place (protein synthesis consumes 75% of a cell's ATP budget)
- **Proteins are required to generate energy, but energy is needed to build those proteins.** So *where did the energy come from that built the first proteins?*
- This has long been a **deep mystery**, but recently progress has been made: **Naturally occurring** proton gradients at **deep-sea hydrothermal vents** have been shown to **spontaneously synthesize amino acids** (building blocks of proteins) and **nucleotides** (building blocks of RNA & DNA), and may have been the **initial spark of life**. **We are one step closer to understanding how it *might* have been possible for rocks to “come to life”!**

We need proteins to create a proton gradient but the way we build proteins uses energy that we get from atp which requires a protein gradient. So where did the original energy come from to create the first proteins, the spark of life so to speak.

Fairly recently we realized that if you look at hydrothermal vents you can find naturally occurring proton gradients. These can just randomly synthesize things. The theory is that the rocks around the vents “came to life”.

The Proton Gradient

- See: [The Origin of Membrane Bioenergetics](#) (Lane & Martin 2012). Also: [Nature News](#). Martin: “There are lots of theories [of the origin of life] but ours is the first to **start with the cell.**” (Most scientists assume that **self-replicating molecules** or proteins came first.)
- Rocks of deep-sea thermal vents contain labyrinths of tiny thin-walled pores, which could have acted as ‘**proto-cells**’, the first life-forms:
 - ✓ (**CO₂- and H⁺-rich**) **acidic** ocean water on the outside and (**H₂- and OH⁻-rich**) **alkaline** vent water on the inside, separated by a thin mineral (iron sulfide, FeS) wall, sets up a natural proton gradient of *magnitude & orientation used by modern cells*;
 - ✓ Powered by the proton gradient, the FeS wall can **catalyse** conversion of **CO₂** and **H₂** into organic carbon-containing molecules, and **concentrate** them inside, enabling them eventually to generate **genes, proteins and a proto-membrane**.



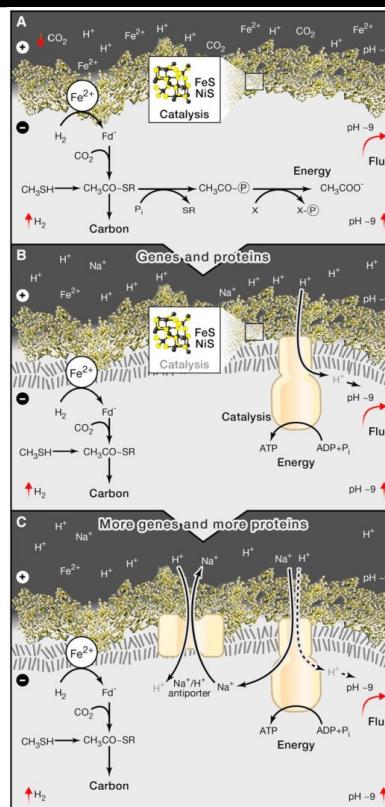
Iron sulphide (FeS) honeycomb: “a fertile environment.”

There are two groups for theories of life. One is self replication first (RNA world). The other is metabolism first (deep sea hydrothermal vents).

The Proton Gradient

Some details and showing diagrams A and B:

- A. In the presence of the proton gradient, it catalyzes $\text{CO}_2 + \text{H}_2 \rightleftharpoons \text{Carbon Energy} (\text{CH}_3\text{COO}^-)$ glucose. Note: Modern microbes near vents, that similarly live off CO_2 and H_2 , use enzymes (protein catalysts) also based on FeS and Fe(Ni)S (a hint this may be right...) catalysts also based on FeS and Fe(Ni)S (a hint this may be right...)
- B. The carbon, plus this relatively **low entropy** energy inside the proto-cell, allows the formation of **complex** organic carbon structures like amino acids, RNA bases, sugars, lipids, and possibly (?) even **ATP synthase** (a very efficient coupling to the proton gradient).
 [Note that the H^+ (acid) passing through the ATP synthase is neutralized by continuous supply of OH^- (base) in the vent water.]



The proto-cell evolves towards **ever more efficient** coupling to the proton gradient, since this increases the rate at which energy is dissipated (and the universe moves to a state of **higher entropy**).
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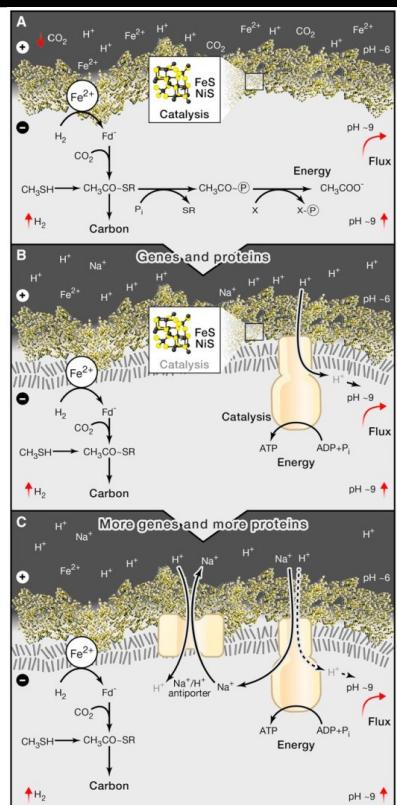
The Proton Gradient

Such proto-cells could **tap** the naturally occurring proton gradient, but how could they evolve to **generate** their own gradient, and become **free-living** cells, floating around in the ocean?

Three things would be needed:

- ✓ A completely sealed **organic cell wall** (to replace the FeS rock wall)
- ✓ A **proton pump** (to pump out the protons that enter through the ATP synthase, which are no longer neutralized by vent water OH^-)
- ✓ An **energy source** to drive the pump

Idea: The FeS wall was **leaky** to H^+ , reducing efficiency. Lipids (fats) may have naturally formed an organic cell wall (more later...), which would help reduce the leakiness, and would **improve efficiency**.



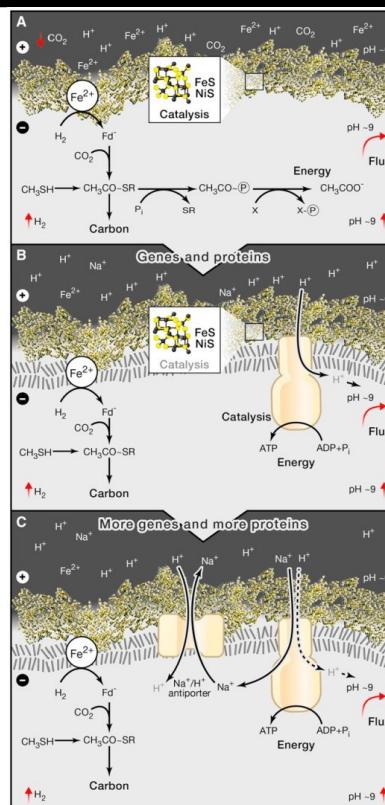
The Proton Gradient

Assuming the evolving organic cell wall **tightened up slowly**: was **first** impermeable to **large** ions like Na^+ , then to **small** ions like H^+ (protons)...

C. ...there would have been a long transition time during which a Na^+ gradient would have been **more efficient** than a H^+ gradient. This could explain **why** modern vent microbes have a very simple Na^+/H^+ “**antiporter**”, which runs for **free**, converting **H^+ bioenergetics** to **Na^+ bioenergetics**. In such a transition-stage proto-cell, the natural proton gradient is still used (H^+ passing through the antiporter is still neutralized by the continuous supply of OH^- in the vent water).

This suggests a **plausible** path to an **organic cell wall** and a **Na^+ pump**. What drives it? Just switch from proton gradient to **energy from metabolizing $\text{CO}_2 + \text{H}_2$** . The newly “living” cell could then detach from the rock and become a free-living cell floating in the ocean.

Many details are **still mysterious**, but we are **one step closer!**



Summary

Summary:

- We **may never be certain** how life on Earth began. The further back we push the question, the less direct evidence survives.
- Nevertheless, scientists are making **stunning progress** towards a variety of possible/plausible ways that life **may** have begun.
- But we still have a long way to go, which is good in the sense that **science thrives on mystery**, and **dies as knowledge becomes complete**.

Basically we are taking our models and making them more and more probable. It is unlikely that we will ever find definitive proof since almost everything around at the beginning of life have been subducted into the earths course.

Well thats the end of the slides on learn, but not his slides. WEEEEEE.

Thermodynamics is the study of a closed system near equilibrium, but life needs things to be out of wack to work

Dissipative structures were discovered by Prigogine. When they are open they have energy flowing through them. This results in a steady state not equilibrium which is basically ordered energy. When you start with a low energy system and add heat to it we get convection cells, called Benard cells. These appear spontaneously. This decreases entropy because it brings order. These also carry energy through much more quickly. This could be considered analogous to a living system.

With this logic we can see that it is possible to have a system be continuously out of equilibrium, so long as we have energy going in we can maintain our weird state.

If you have tons of little things interacting with each other we can have self-organizing systems. This is basically order occurring spontaneously which is neat. An example of this is the formation of cell membranes.

We have expanded our understanding of the second law of thermodynamics by understanding that within microscopic system we can have a fluctuating entropy. This is the fluctuation theorem. In small fluctuations the probability of it being increasing is equivalent to it decreasing. In large fluctuations its more probable to be increasing.

$$\frac{P(+\Delta S)}{P(-\Delta S)} = e^{\Delta S} \quad (1)$$

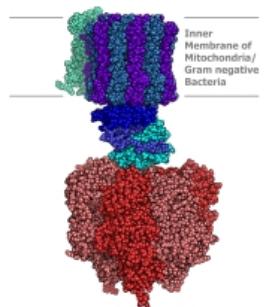
We then expanded more and more on this by creating a generalized theorem and then getting that to apply it to life.

The Real Question

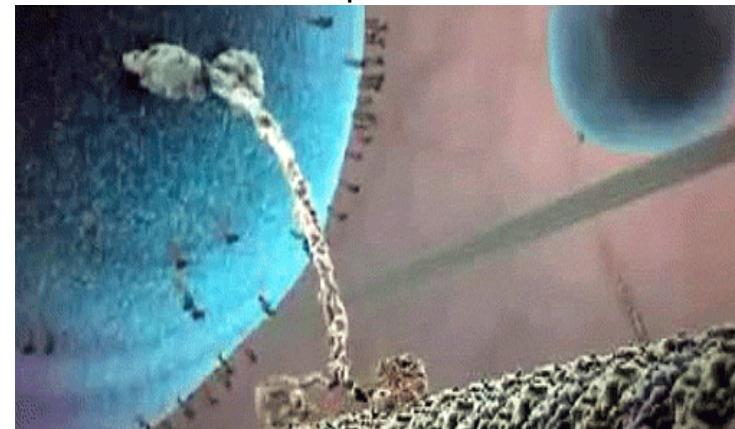
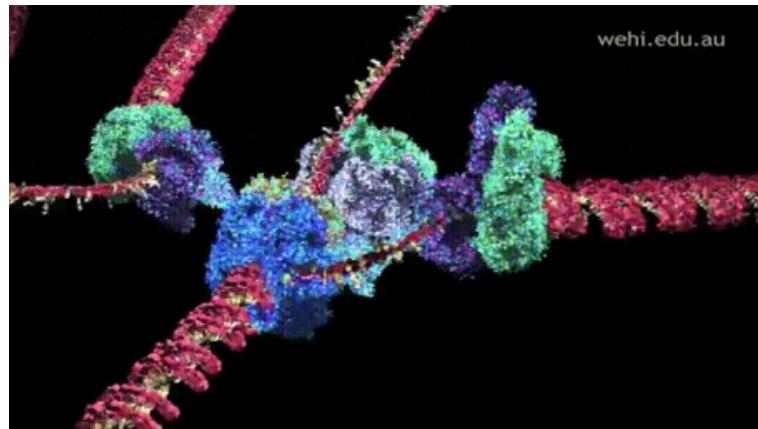
Problem: all of these scenarios rely on complex machines, e.g., ATP synthase, protein synthesis machinery, DNA replication machinery, etc.

So the **REAL QUESTION** is:

How might such complex machinery have arisen spontaneously?



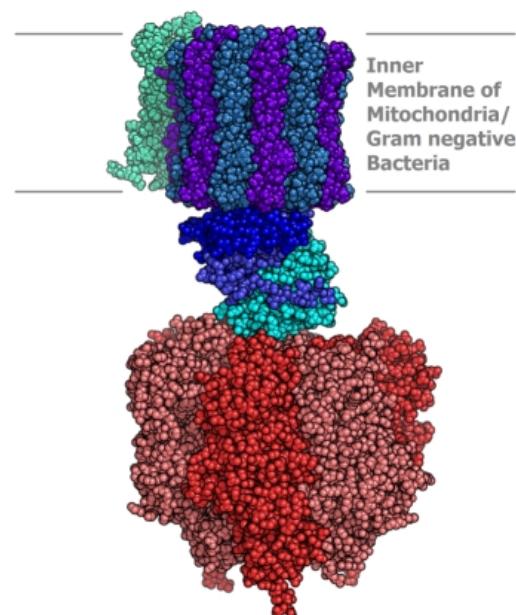
kinesin protein



The Real Question

Recall:

- Physicists have discovered two fundamental laws of nature:
 - ✓ 1st Law: **Quantity** of energy is **constant**
 - ✓ 2nd Law: **Quality** of energy **continually decreases**
- We have shown that life is **consistent** with these basic thermodynamic laws.
- But can thermodynamics explain **why** life should arise in the first place? **How** its complex machinery evolved **spontaneously?** *This* is the sort of explanation of the origin of life scientists would like to have!



The Real Question

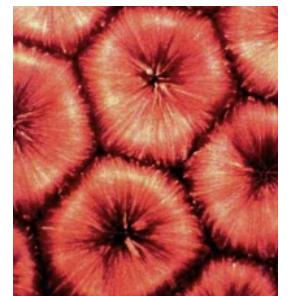
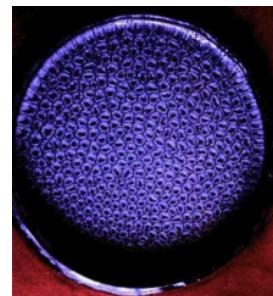
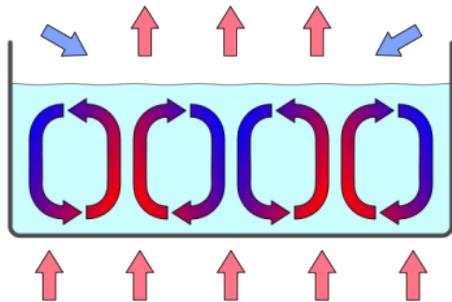
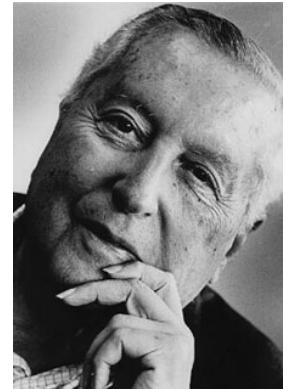
The problem is:

- Thermodynamics was originally the study of **closed systems** at or near **equilibrium**.
- But living organisms are:
 - ✓ **NOT closed systems:** They *exchange* matter and energy with their environment
 - ✓ **NOT in equilibrium:** They are continually *changing*, animated, not static
- Lane: “Cells require **dynamic disequilibrium**—that is what being alive is all about.”



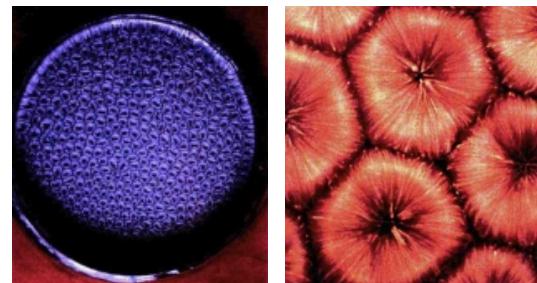
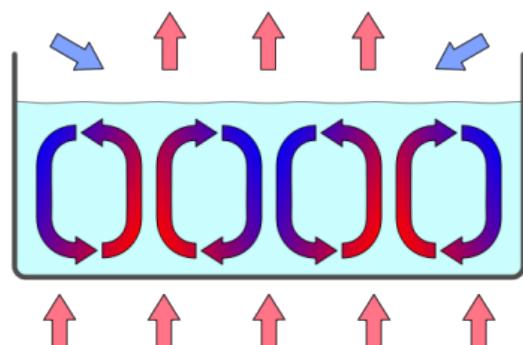
Dissipative Structures

- Late 1960s–early 1970s: Ilya Prigogine ([1977 Nobel Prize](#)) discovered **dissipative structures** in systems that are:
 - ✓ **Open:** they have energy (or matter) **flowing through them**
 - ✓ **Non-equilibrium:** *Steady state, but not static* (flow = motion)
- Example: **boiling water** (or other **convection cell** structures)



Dissipative Structures

- Energy **flows through** the system: $Q_{\text{in}} = Q_{\text{out}}$
- But: $T_{\text{in}} > T_{\text{out}} \Rightarrow$ **entropy increase** of the cold sink is **greater than the entropy decrease** of the hot source: entropy of universe is **increasing** (at a certain **rate**)
- Energy is first carried by **conduction**. But above a critical ΔT , **convection** sets in (**non-equilibrium**): an ordered structure of *Bénard* cells **spontaneously** appears:
 - ✓ This ordered structure **increases** the energy flow & dissipation rate, **increasing entropy generation rate**
 - ✓ This allows the system (like life) to be in a **state of lower entropy**, i.e., more ordered form (cells)
 - ✓ Energy must continually **flow** and be **dissipated** (degraded); when it stops, the structure “dies”



3 - Life - Physics (Entropy)

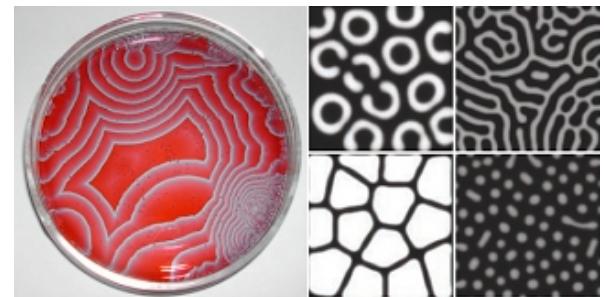
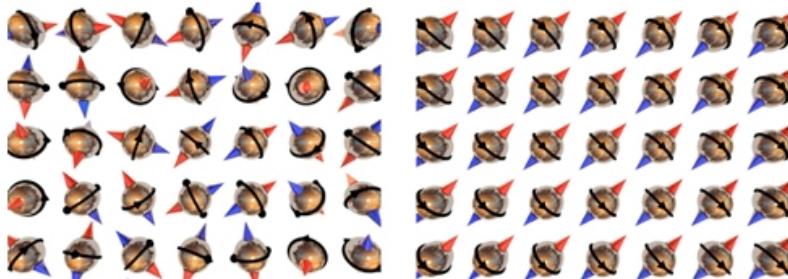
Dissipative Structures

- This is *analogous* to a living organism:
 - ✓ An **open** system with energy/matter **flowing** through it (sunlight, food, etc.), operating **out of thermodynamic equilibrium**
 - ✓ E_{in} (sunlight, food) = E_{out} (body heat, waste), but the **quality** of the energy is **degraded** ⇒ entropy of universe **increases** (at some **rate**)
 - ✓ This **external entropy production** is what allows the system to maintain a state of relatively **low internal entropy** (high order)
 - ✓ The system survives only while energy is being **dissipated** (dispersed, degraded). When it **stops**, the organism (ordered structure) **dies**.
- ...*analogous*, yes, but life is a **much richer** phenomenon. **But it's a start!**



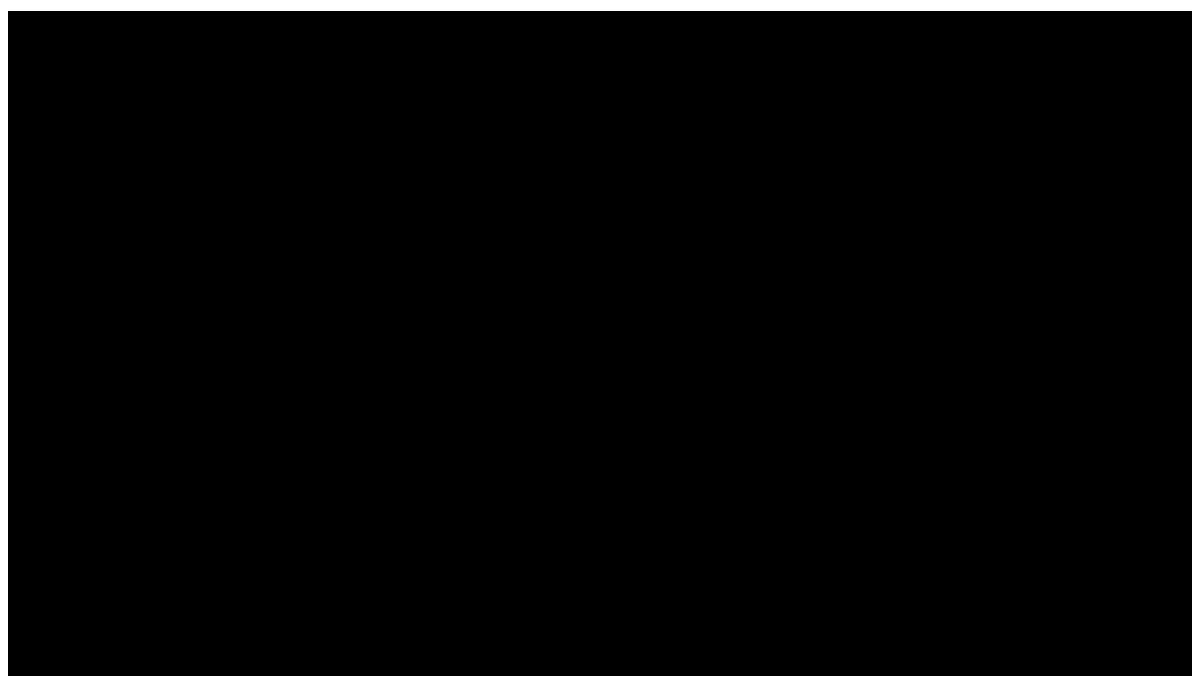
Self-Organization

- **Dissipative structures** are related to **self-organizing** systems: order arises out of the local interactions between smaller component parts of an initially disordered system.
- **Many** examples of this general phenomenon:
 - Physics: Spontaneous magnetization
 - Chemistry: Oscillating & reaction-diffusion reactions
 - Biology: Birds flocking, fish schooling, etc.



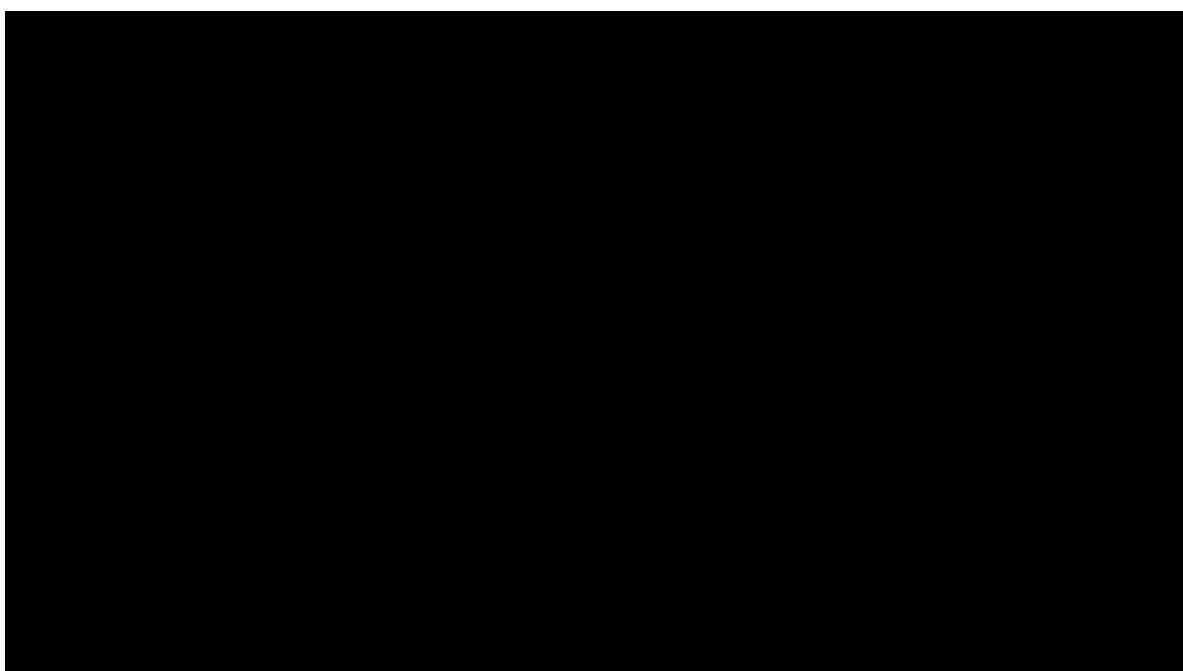
Self-Organization

- Biology: Spontaneous protein folding



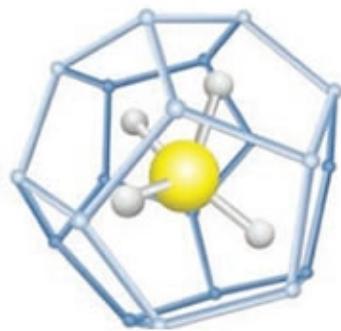
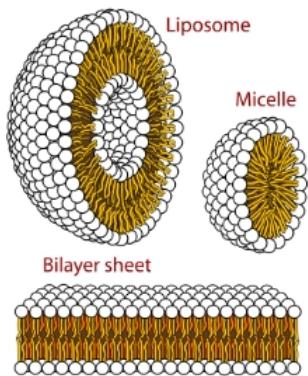
Self-Organization

- Biology: Spontaneous formation of lipid bilayers



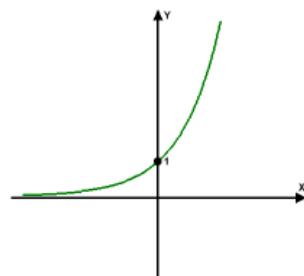
Self-Organization

- Biology: Spontaneous formation of lipid bilayers
 - ✓ The cell membranes of **almost all living organisms** are made of a lipid bilayer (including organelles inside the cell)
 - ✓ Recall: the **hydrophobic tails** point inward to avoid contact with the water. The resulting cell membrane is highly structured, but it is **less ordered (higher entropy)** than when the tails are in water, because that requires very low entropy water molecule “cages”
 - ✓ The self-assembly is **driven** by random thermal jostling by the environment, which allows the system to **explore nearby configurations**, finding ones that **maximize total entropy** (minimize total free energy), that get “locked in” when the available energy disperses into the environment



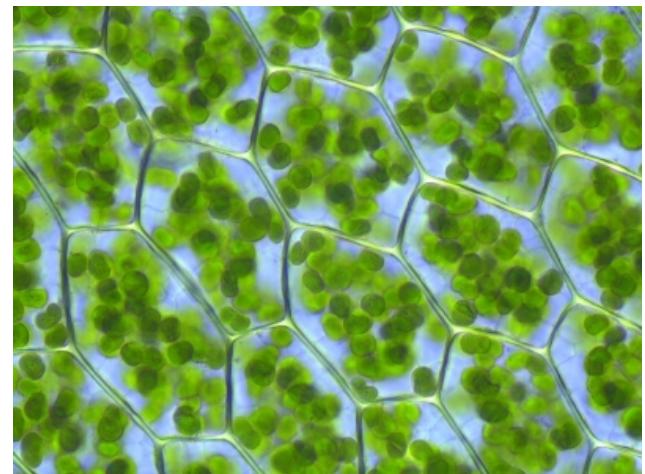
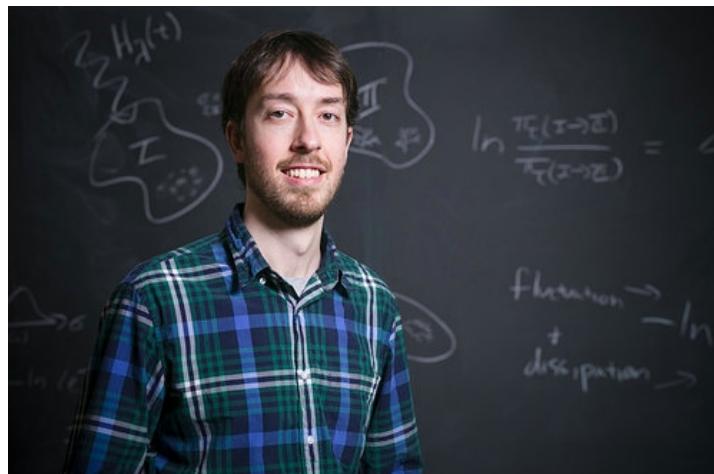
Deeper Understanding of the Second Law

- 1994: Denis Evans & Debra Searles proved:
 - ✓ The Second Law ($\Delta S \geq 0$) is **not** strictly true. In **microscopic** systems, the entropy of an isolated system can **fluctuate**, mostly increasing, but sometimes **decreasing**. This has been observed in experiments.
 - ✓ Roughly speaking, the **fluctuation theorem** states:
$$\frac{\text{Probability}(+\Delta S)}{\text{Probability}(-\Delta S)} = e^{\Delta S}$$
 - ✓ In words:
 - Small fluctuations are **equally likely** to be **positive or negative**
 - Large fluctuations are **almost always positive**
 - ✓ ...but **on average**, the Second Law **is** strictly true: $\langle \Delta S \rangle \geq 0$.



Deeper Understanding of the Second Law

- 1999: Gavin Crooks [proved](#) a **generalization** of the fluctuation theorem...
- 2013–2015: Jeremy England, a **biophysicist at MIT**, has applied the above to **living organisms** in “[Statistical Physics of Self-Replication](#)” and “[Dissipative Adaptation in Driven Self-Assembly](#)”. See also: [Quanta Magazine](#) & [Nature Physics](#) & [Talk](#) & [Radio](#)



Why is there life?

- In doing so, England may be close to answering the question “**Why is there life?**”
- **Important:** Some of this is still **speculative**, not fact; it is a good example of **science in action**:
 - ✓ There are **skeptics** (important in science!): “Jeremy’s ideas are interesting and potentially promising, but at this point are extremely speculative, especially as applied to life phenomena”—Eugene Shakhnovich (chemistry professor at Harvard)
 - ✓ But there is also **great excitement**:
 - “[England has taken] a very brave and very important step...the ‘big hope’ is that he has identified the underlying physical principle driving the origin and evolution of life”—Alexander Grosberg (physics professor at NYU)
 - “As an organizing lens, I think he has a fabulous idea. Right or wrong, it’s going to be very much worth the investigation [in her lab]”—Mara Prentiss (physics professor at Harvard)

Why is there life?

- Basic Idea:
 - ✓ Like smashing an egg, cell replication (and other cell processes) are obviously **irreversible**. But **irreversibility** and **increase in entropy** are intimately connected, so thermodynamics **should** be able to tell us something about life.
 - ✓ But living organisms are **far-from-equilibrium** systems interacting with their environment, and **strongly driven** by external sources of energy (e.g., plant blasted with sunlight). Before work like Crooks', and others, physicists didn't have the mathematical tools to understand such systems. **Now they do.**



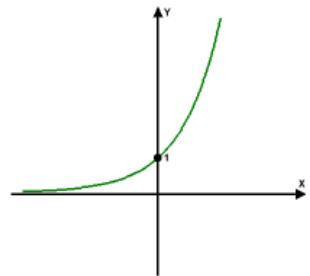
Why is there life?

- The Physics/Mathematics:

- ✓ Roughly speaking: England took Crooks' **microscopic** formula and figured out its consequences for **macroscopic** things, and discovered a **generalization** of the Second Law, that applies even for systems **driven far from equilibrium** by **energy flows**:

$$\frac{\text{Probability(Forward)}}{\text{Probability(Reverse)}} = \langle e^{\Delta S} \rangle$$

- ✓ It says: The **more irreversible** a spontaneous process is (e.g., cell division), the **more it increases the entropy** of the universe.
- ✓ Or: The **most probable** outcomes are the ones that, on the way to getting there, **increase the entropy of the universe the most**



Why is there life?

- Analysing the new equation gives a key new insight:
 - ✓ Other things being equal, the better a **driven** system can **absorb and dissipate** energy from that driving force (sunlight, food), the better it is able to do highly irreversible things like cell division.
 - ✓ England has applied the idea to predict the amount of dissipation that should occur during **self-replication of RNA molecules** and **E. coli bacteria**. England: “A great way of dissipating more is to make more copies of yourself.”
 - ✓ England: “Thus, the empirical, biological fact that reproductive fitness is intimately linked to efficient metabolism now has a clear and simple basis in physics.”

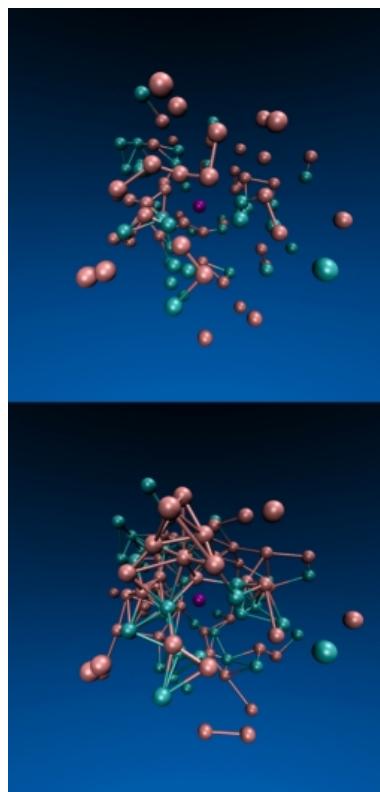


Basically we are explaining why things that are based on thermodynamics want to replicate. This ties physics to biology.

Why is there life?

- Speculation: “[Dissipation-Driven Adaptation of Matter](#)”

- ✓ A deeper analysis of the new equation **suggests** that “...clumps of atoms surrounded by a **bath** at some temperature, like the atmosphere or the ocean, should tend over time to **arrange themselves to resonate better** and better with the sources of mechanical, electromagnetic or chemical work in their environments [**driving forces**].”
- ✓ **Analogy:** the length of the ropes of a swing will **spontaneously** adjust themselves so the **natural frequency** of the swing matches the **driving frequency**, allowing the swing to absorb (and later dissipate) the most energy (!)

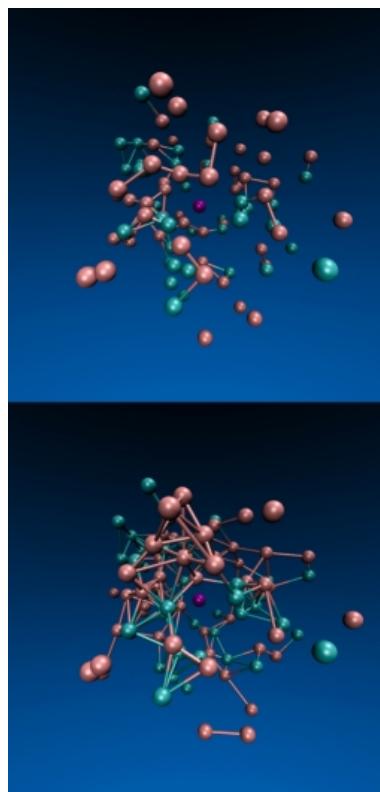


Clumps of atoms in a bath at some temperature (the water molecules are moving very fast with thermal energy). Any life molecule is being struck millions of times violently from every direction by water molecules. Overtime the atoms will rearrange themselves to resonate better with the forces acting on them.
AAAAAHHHHHH CAPS LOCK NOOOOOOO

fuck you steven

Why is there life?

- Speculation: “[Dissipation-Driven Adaptation of Matter](#)”
 - ✓ Why is this **plausible**?
 1. Alone, thermal jostling of the atoms is not enough to change their configuration (atomic bonds are hard to change).
 2. But a periodic driving force (like pushing a swing) can help the thermal jostling make configuration changes happen.
 3. After a change, if the additional energy absorbed from the driving force is dissipated as heat into the environment, it is not available to help the system go back, like a ratchet. So **irreversibility is connected to dissipation (entropy increase)**.

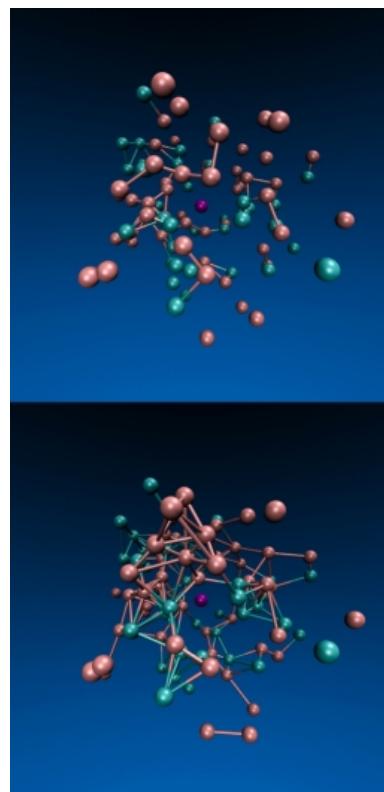


Why is there life?

- Speculation: “[Dissipation-Driven Adaptation of Matter](#)”

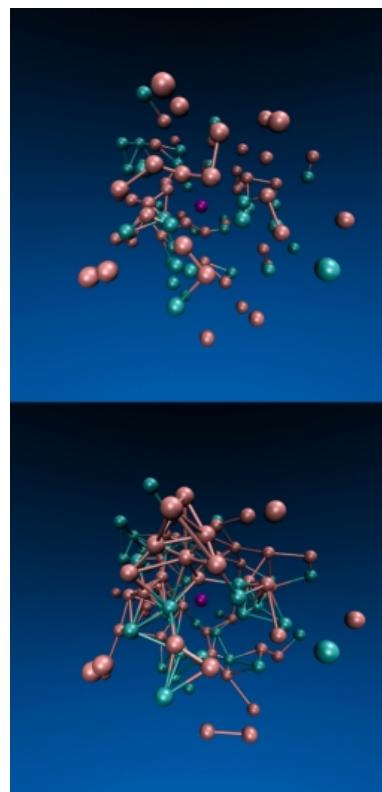
✓ Why is this **plausible**?

4. While configuration changes are **mostly random**, the **most irreversible** (or **durable**) changes are those that happen when the system, at that moment, happens to be **better** at absorbing and dissipating energy from the driving force.
5. As time passes, these **less erasable** changes **accumulate**, like a ratchet, shifting the system preferentially in the direction of **better absorption and dissipation**.
6. After a long time, it looks like the system has **self-organized** into a state that is ‘**well adapted**’ to its environment.



Why is there life?

- Speculation: “[Dissipation-Driven Adaptation of Matter](#)”
 - ✓ This idea is starting to be tested:
 - England has run **computer simulations** of a **random clump** of toy atoms, driven at some frequency.
 - Result: “...we do indeed see **emergent ‘adaptive’ resonance** of our system...”, supporting the hypothesis that “...**organized, kinetically stable structures emerge** and persist because their formation is reliably accompanied by extra work absorption and dissipation”.
 - “There may be many examples of ‘well-adapted’ structures that did not have parents.” (**Non-Darwinian adaptation...**)

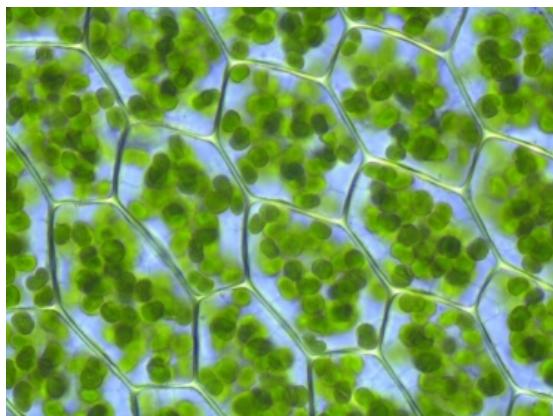
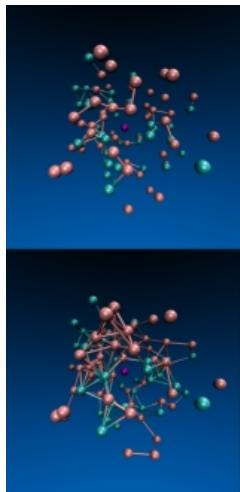


So you have these atoms in a bath being jostled, this jostling is not enough to break atomic bonds. When you get an external force (like the sun, or deep sea vents) the jostling becomes enough to make atomic changes. So we are making these atomic changes at moments when the atom is particularly susceptible to it. This makes the atom more able to absorb energy so they are less likely to fall apart. This results in entropy moving in one direction more and more.

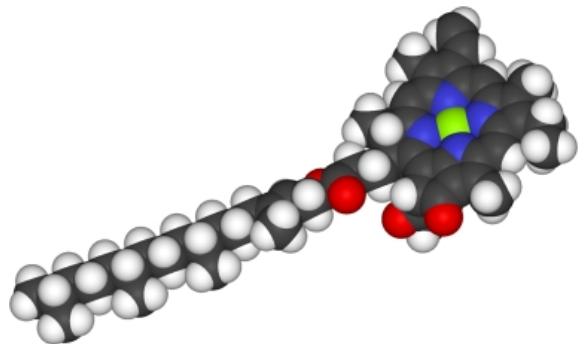
Why is there life?

- Example: Plants/Photosynthesis

✓ England: “**You start with a random clump of atoms, and if you shine light on it for long enough, it should not be so surprising that you get a plant.**”



Chloroplasts in plant cells



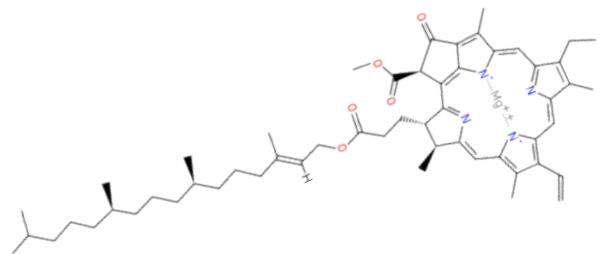
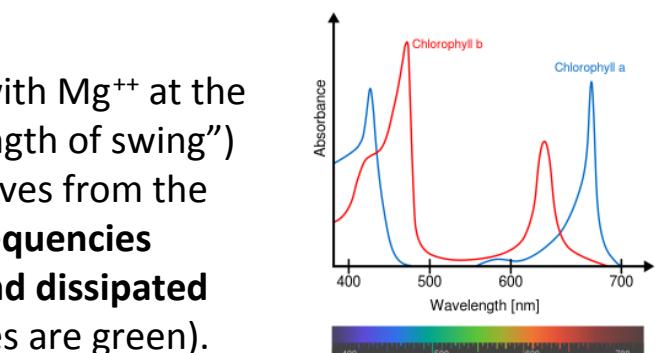
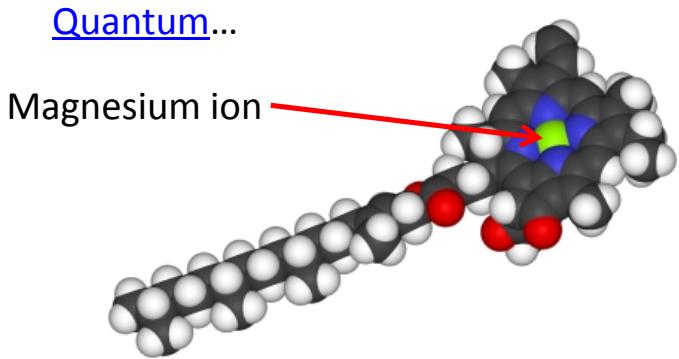
Chlorophyll molecule
inside chloroplast

Why is there life?

- Example: Plants/Photosynthesis

✓ The **chlorin ring** is a simple ring of molecules with Mg^{++} at the center, of exactly the right size and shape (“length of swing”) to **resonate** with photons (electromagnetic waves from the Sun that “push the swing”) of two different **frequencies** (colours): red and blue. These are **absorbed and dissipated** (but green photons are not, which is why leaves are green).

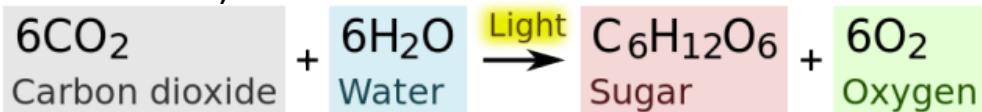
Quantum...



Why is there life?

- Example: Plants/Photosynthesis

- ✓ Ultimately, the **energy absorbed** from the photons is used to **generate a proton gradient** across the **chloroplast membrane**; an **ATP synthase** is used to **tap** the gradient and “**charge**” ADP molecules to ATP, which then carry the energy to all the cells.
- ✓ This energy is used to make sugar and oxygen (and power other cell functions):



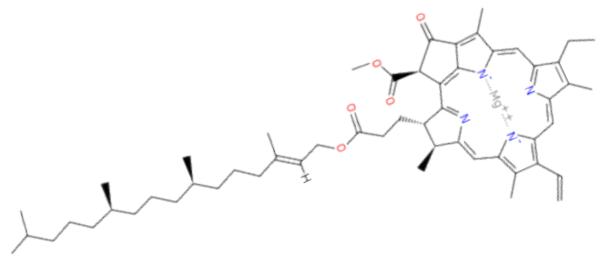
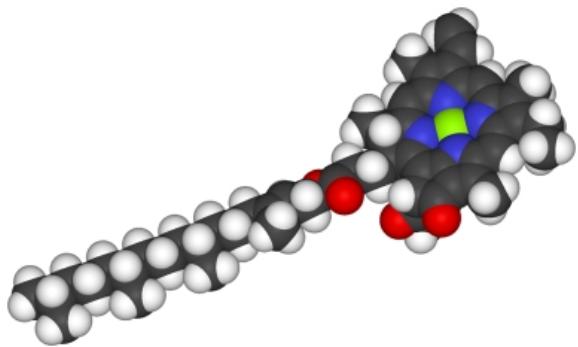
- ✓ The rest is **dissipated in the environment** as waste heat. This is **crucial**: The resulting **increase** in entropy of the environment is precisely what allows the plant to build and maintain **low entropy structures** (like the chlorin ring).



Why is there life?

- Example: Plants/Photosynthesis

✓ Could the **chlorin ring** be an example of an **ordered structure** that **spontaneously evolved** by “dissipation-driven adaptation of matter” to allow photosynthetic organisms to harness (and dissipate) more energy from the Sun? (Speculation!!)

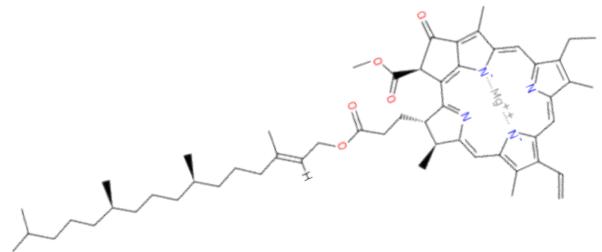
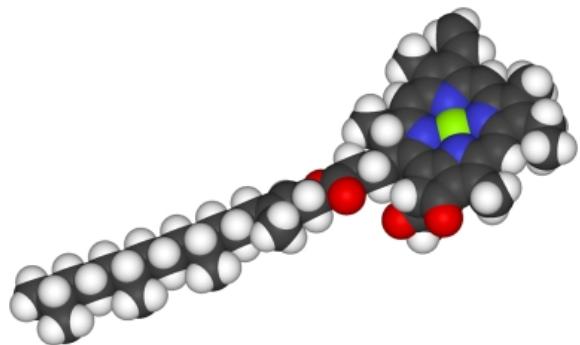


We think that if we shine light on water these structures could spontaneously occur to absorb the light. An experiment was done with silver nano rods and showed that the rings would spontaneously form rings that can absorb sunlight.

Why is there life?

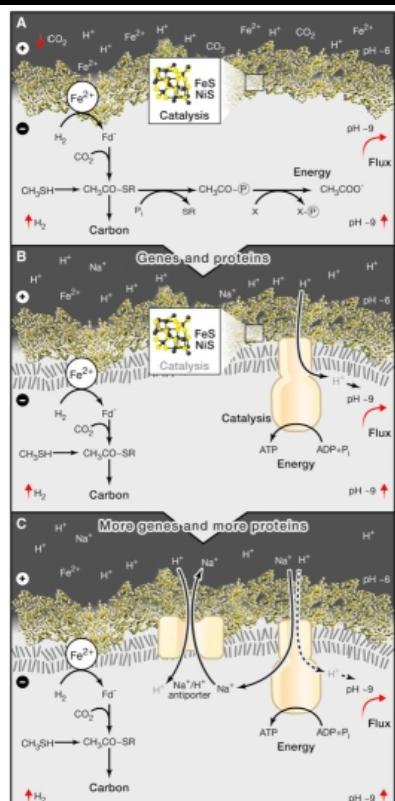
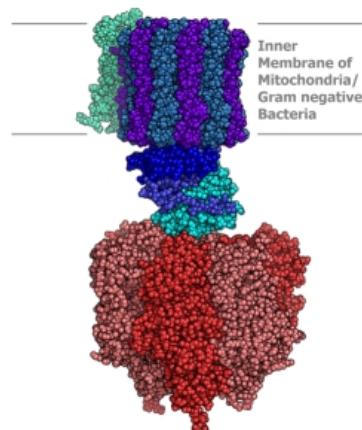
- Example: Plants/Photosynthesis

✓ Recent experiments (Ito et al, 2013) have shown that, in the presence of light of a given frequency, silver nanorods will **spontaneously self-assemble** into a ring-like structure that **resonates at that frequency**, to best absorb (and dissipate) the energy in the light.



Why is there life?

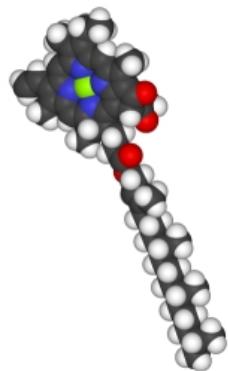
- Could the **ATP synthase** be another (more complex) example of an ordered structure that **spontaneously evolved** by “dissipation-driven adaptation of matter” to allow proto-cells to harness (and dissipate) more energy from the natural proton gradient near deep-sea hydrothermal vents? (Speculation!!)
- This could explain how the top picture evolved to the middle picture without replication of cells and Darwinian natural selection (Recall England: “**There may be many examples of ‘well-adapted’ structures that did not have parents.**”)



Why is there life?

- Application to Evolution & Origin of Life:

- ✓ Darwinian evolution explains how life evolved **after it began**, but not **how it began**. If correct, "**dissipation-driven adaptation of matter**" might explain **both**. England: "from the perspective of the physics, you might call Darwinian evolution a special case of a more general phenomenon."
- ✓ Key new idea is **adaptation without replication**: Dissipation-driven adaptation could have **spontaneously** evolved structures that got better and better at **eating energy** in the environment, e.g., the chlorin ring that eats sunlight.
- ✓ Such structures would then be available in the "pre-biotic soup" as building blocks for yet more complex structures, and eventually replicating life. It didn't have to happen "suddenly".

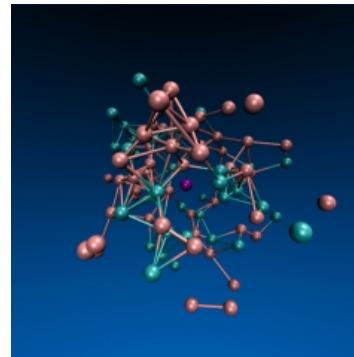


If we liken this to darwinian evolution its adaptation without replication. Here we just have shit randomly adapting to their environment.

Why is there life?

- Application to Evolution & Origin of Life:

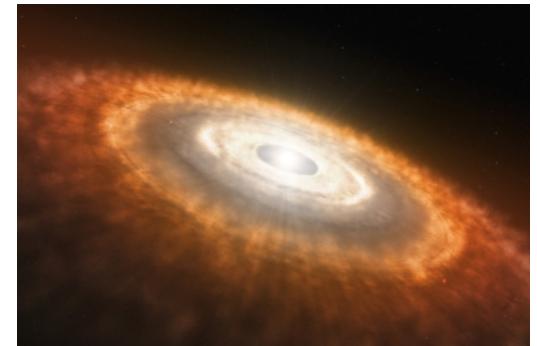
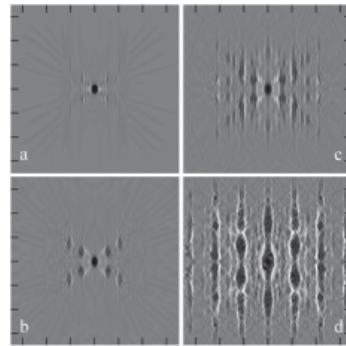
- ✓ **Replication itself** may be understood under the **same** umbrella of dissipation-driven adaptation. Recall England: “A great way of dissipating more is to make more copies of yourself.”
- ✓ England: “Under the right circumstances, which aren’t rare at all, matter **tends naturally** toward greater organization, complex structures and adaptive behavior, **making life a likely, even inevitable result of physics.**”
- ✓ This is arguably plausible, but still highly speculative. It’s exciting, though, because it **might** explain, for very general reasons tied to the basic physics of the universe, **why there is life!**



Replication is a great method of dissipation. We can also conclude that life emerging randomly is not only possible but highly probable.

Why is there life?

- Applications Beyond Life:
- ✓ Dissipation-driven adaptation of matter may underlie **many physical phenomena**, ranging from snowflakes and sand dunes, to self-replicating vortices in the protoplanetary disk.
- ✓ **The point is:** The transition from non-living matter to living matter may not be such a big leap.

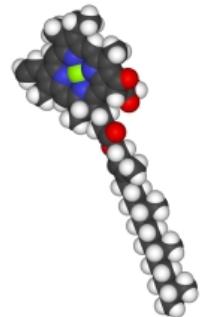


[Vortices](#) in a shear flow **spontaneously replicate** by absorbing energy from the surrounding fluid. This has applications to “dead zones” in protoplanetary disks, and may play a role in star and planet formation.

Votices just use free energy. They just straight increase entropy in the universe. They also replicate, those fuckers, increasing the growth of entropy.

Summary: Dissipation-Driven Adaptation of Matter

- **Dissipation-driven adaptation of matter** suggests that a random system of particles in a heat bath, driven out of equilibrium by an external energy source, may **spontaneously** create **ordered structures** that allow it to better absorb (and ultimately **dissipate**) that energy.
- **Why?** The heat bath “jostles” the particles around, allowing them to **explore** many configurations. The external energy source **biases** configuration changes, ratcheting towards structures that better **resonate** with the energy source—better at ‘eating’ the energy.
- While **still speculative**, there is reason to hope that it may be a fundamental principle behind a wide range of phenomena in nature, including possibly the **origin and evolution of life**. It’s a promising idea that helps scientists focus attention in a potentially fruitful direction. But of course **it might be wrong...**



Summary: The Importance of Thermodynamics

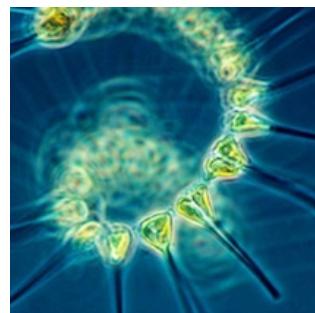
- **Origin & Evolution of Life?** Biology → Chemistry → Physics:
 - ✓ It's a BIG question, and all of the sciences play an important role
 - ✓ Obviously, Biology leads the way. But Chemistry becomes crucial as the questioning moves to ever smaller scales ("molecular biology")
 - ✓ Physics is the most "fundamental" of the three sciences. As such, we'd expect its main contribution to be very simple and overarching, e.g., "**Life may be an inevitable consequence of thermodynamics (?)**"



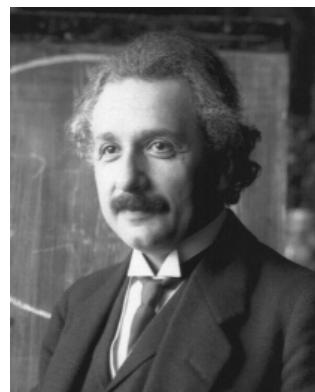
Summary: The Importance of Thermodynamics

- Comments on thermodynamics:

✓ Living organisms are many-particle systems immersed in a heat bath, driven out of equilibrium by the matter and energy they exchange with their environment. **This is precisely the subject of non-equilibrium thermodynamics.** The recent improvements in our physical/mathematical understanding of this branch of physics seems bound to impact our understanding of life.



✓ **Einstein:** “A theory is the more impressive the greater the simplicity of its premises is, the more different kinds of things it relates, and the more extended is its area of applicability. Therefore the deep impression which classical thermodynamics made upon me. It is the only physical theory of universal content concerning which I am convinced that within the framework of the applicability of its basic concepts, it will never be overthrown.”



Summary: The Importance of Thermodynamics

- Comments on thermodynamics:
 - ✓ The application of thermodynamics has, in the past, led to profound shifts in our understanding of the world:
 - The application of thermodynamics to understand the colour spectrum of **hot objects** sparked the discovery of the **quantum nature** of the universe
 - The application of thermodynamics to **black hole entropy** sparked the first concrete step towards a **unified theory of quantum gravity**
 - It wouldn't be surprising if the application of thermodynamics to the phenomenon of life provides important new insights...



Epilogue: Life and Thermodynamics

Back to: **Why do we eat?**

- To get **energy!**
- But by the 1st law of thermodynamics, energy cannot be created or destroyed. We cannot “use” energy or “waste” energy. Assuming a steady state, the biosphere **does not consume energy**: energy in = energy out.
- But energy can be **degraded**. Life takes in **high-quality/low-entropy** energy (chemical or sunlight) and excretes **low-quality/high-entropy** energy (heat and waste). This high entropy excretion is what allows living organisms to maintain their relatively low entropy structure.



Epilogue: Life and Thermodynamics

Back to: **Why do we eat?**

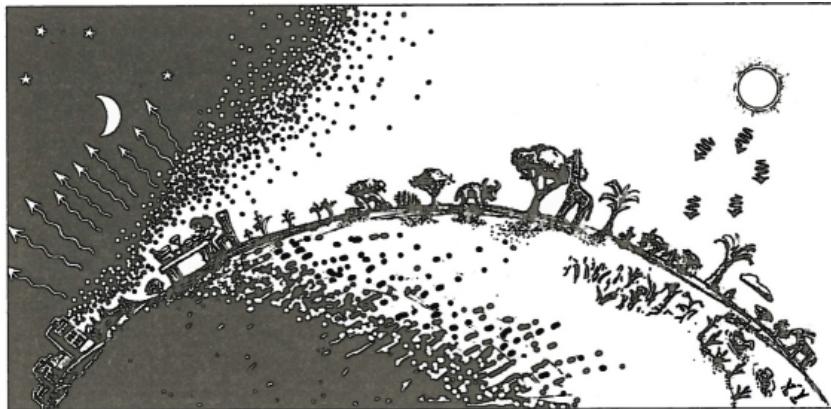
- So more correctly, life consumes **free energy** ($F = U - TS$). Energy will never run out. It is eternal. It is *free energy* that the universe is running out of, as total entropy inexorably increases. (Roughly speaking, total U does not change, but total S will continue to increase until $F = 0$. Then no life.)
- Where does this free energy **come from**? There are **two sources**:
 - ✓ The **Sun** (or other stars in the case of extra-terrestrial life)
 - ✓ The **Earth** (chemical and thermal **disequilibrium** of a planet)



Epilogue: Life and Thermodynamics

Example: Free energy from the Sun

- ✓ The Earth absorbs **high energy** (hot) photons from the Sun, warming its surface
- ✓ On average, the Earth **does not get hotter** (notwithstanding global warming, etc.)
- ✓ Thus, the Earth must radiate exactly the same amount of energy back into space, but now in the form of **lower energy** (cooler) photons (infrared)

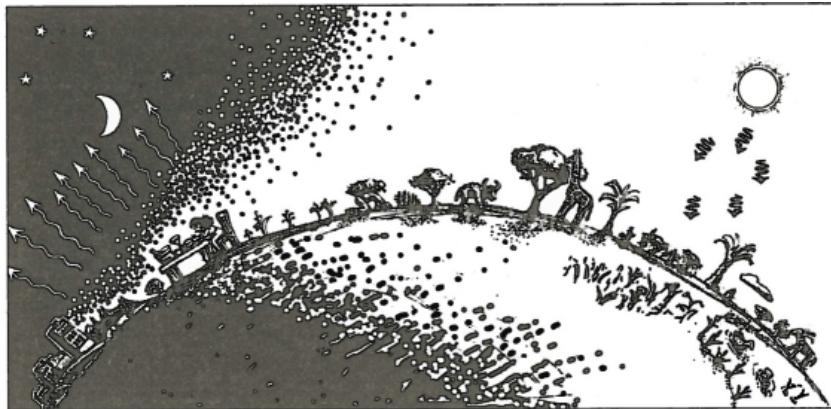


Picture from Roger Penrose's
*Cycles of Time: An Extraordinary
New View of the Universe*

Epilogue: Life and Thermodynamics

Example: Free energy from the Sun

- ✓ Since energy in = energy out, there must be **many cooler photons** radiated back into **cold space** for each **hot photon from the Sun**.
- ✓ More photons = more ways of dispersing the same energy = higher entropy. Like life itself, the Earth takes in **high-quality/low-entropy** energy from the Sun and expels the same amount of energy, but now as **low-quality/high-entropy** energy.

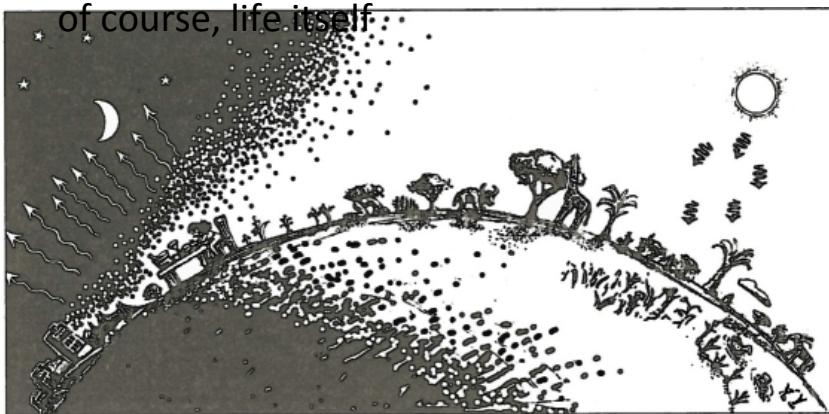


Picture from Roger Penrose's
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Epilogue: Life and Thermodynamics

Example: Free energy from the Sun

- ✓ The Earth is exporting **much more** entropy than it receives: this is the entropy **generated** by the maintenance of all the **low entropy (ordered) structures** on the Earth...
- ✓ ...like hurricanes, the water cycle (raising water from the oceans high up into the clouds, falling as rain, etc.), temperature gradients due to the Sun (non-equilibrium), etc., and, of course, life itself.

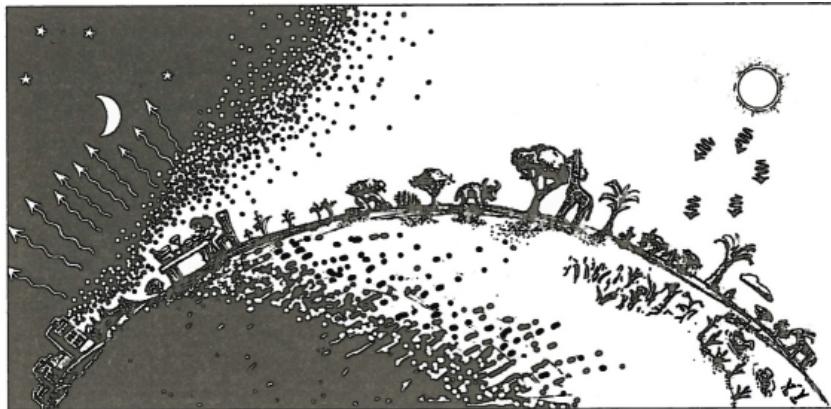


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Epilogue: Life and Thermodynamics

Example: Free energy from the Sun

- ✓ What's crucial in all this is that **the Sun is a hot spot in an otherwise cold sky**
- ✓ If the entire sky were as hot as the Sun, then its energy would be of no use to life on Earth. Ditto for the water cycle (which depends on a warm Earth and a cold sky), etc.
- ✓ So **why** is the Sun a hot spot in an otherwise cold sky?



Picture from Roger Penrose's
*Cycles of Time: An Extraordinary
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Epilogue: Life and Thermodynamics

Question 1: Why is the Sun a **hot spot**?

- ✓ The obvious answer is **thermonuclear fusion**.
- ✓ But the question we're **really** asking is:
 - How is it that the Sun is a source of **low-entropy energy**?
 - Equivalently, where does the Sun's **free energy** come from?
- ✓ In the next part of the course we will trace the source of the Sun's free energy back through ever lower and lower entropy states of the universe.
- ✓ We will see that the universe must have started (at the Big Bang) in a relatively **very low entropy state**. This is one of the most significant facts about our universe, but is still **deeply mysterious!**



Epilogue: Life and Thermodynamics

Question 2: Why is it an otherwise **cold sky**?

- ✓ This is equivalent to the question: **Why is it dark at night?**
- ✓ The obvious answer is: The Sun isn't shining!
- ✓ But it's more subtle than that... In the next part of the course we will see that the darkness of the night sky is intimately connected to the fact that our universe is not infinitely old, but of **finite age** —it had a **beginning**. This beginning is *also* **deeply mysterious!**
- ✓ The fact that life exists at all—the **origin of life**, is thus intimately intertwined with two of the greatest mysteries of all time: the **origin of the universe itself**, in such a **low entropy state**.



Are We Alone?

But before that, we'll take a look at the question of extraterrestrial life...