

```

1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4 import java.util.concurrent.TimeUnit;
5 import javax.swing.Timer;
6
7 public class Main extends JFrame implements ActionListener, KeyListener, MouseListener{
8     public static Dimension dim = Toolkit.getDefaultToolkit().getScreenSize();
9     public static int FRAME_HEIGHT = (dim.height*9)/10;
10    public static int FRAME_WIDTH = (dim.width*9)/10;
11    public static Main frame = new Main();
12    public static Menu menuInterface = new Menu();
13    public static DailySchedule dailyScheduleInterface = new DailySchedule();
14    public static WeeklySchedule weeklyScheduleInterface = new WeeklySchedule();
15    public static CardLayout cl = new CardLayout();
16    public static Timer timer;
17    public static JPanel panelContainer;
18    public static int JframeX, JframeY;
19    private static Point mousePos;
20
21    public Main() {
22        super("Workout Planner");
23        timer = new Timer(50, this);
24        timer.start();
25        addKeyListener(this);
26        addMouseListener(this);
27    }
28
29    public static void main(String[] args) {
30        ImageIcon frameIcon = new ImageIcon("grab.jpg");
31
32        //sets up JFrame
33        frame.setSize(FRAME_WIDTH,FRAME_HEIGHT);
34        frame.setIconImage(frameIcon.getImage());
35        frame.setDefaultCloseOperation(JFrame.EXIT_ON_CLOSE);
36        frame.setVisible(true);
37        frame.setResizable(false);
38
39        //Add jpanels to Jframe
40        panelContainer = new JPanel(new CardLayout());
41        panelContainer.add(menuInterface, "Menu Panel");
42        panelContainer.add(dailyScheduleInterface, "Daily Schedule Panel");
43        panelContainer.add(weeklyScheduleInterface, "Weekly Schedule Panel");
44
45        frame.add(panelContainer);
46
47        cl = (CardLayout)panelContainer.getLayout();
48        cl.show(panelContainer, "Menu Panel");
49
50        //Sets position of Jframe
51        JframeX = (dim.width-FRAME_WIDTH)/2;
52        JframeY = (dim.height-FRAME_HEIGHT)/2;
53        frame.setLocation(JframeX, JframeY);
54
55        menuInterface.run();
56    }
57
58    public void keyTyped(KeyEvent e) {
59    }
60
61    public void keyPressed(KeyEvent e) {
62    }
63
64    public void keyReleased(KeyEvent e) {

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65     }
66
67     public void mouseClicked(MouseEvent arg0) {
68
69     }
70
71     public void mouseExited(MouseEvent arg0) {
72
73     }
74
75     public void mouseEntered(MouseEvent arg0) {
76
77     }
78
79     public void mousePressed(MouseEvent arg0) {
80
81     }
82
83     public void mouseReleased(MouseEvent arg0) {
84
85     }
86
87     public void paint(Graphics g) {
88         super.paint(g);
89         frame.setLocation(JframeX, JframeY);
90     }
91
92     public void actionPerformed(ActionEvent ev){
93         if(menuInterface.loginSuccess){
94             cl.show(panelContainer, "Weekly Schedule Panel");
95             weeklyScheduleInterface.requestFocus();
96             weeklyScheduleInterface.setFocusable(true);
97             menuInterface.loginSuccess = false;
98             weeklyScheduleInterface.user = menuInterface.username;
99             dailyScheduleInterface.user = menuInterface.username;
100            weeklyScheduleInterface.run();
101        }
102
103        if(!dailyScheduleInterface.selected){
104            cl.show(panelContainer, "Weekly Schedule Panel");
105            weeklyScheduleInterface.requestFocus();
106            weeklyScheduleInterface.setFocusable(true);
107            dailyScheduleInterface.selected = true;
108            weeklyScheduleInterface.run();
109        }
110
111        if(!weeklyScheduleInterface.selected){
112            cl.show(panelContainer, "Daily Schedule Panel");
113            dailyScheduleInterface.requestFocus();
114            dailyScheduleInterface.setFocusable(true);
115            weeklyScheduleInterface.selected = true;
116            dailyScheduleInterface.selectedDay = weeklyScheduleInterface.selectedDay;
117            dailyScheduleInterface.run();
118        }
119    }

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1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4 import java.util.*;
5 import javax.swing.Timer;
6 import java.io.*;
7
8 public class Menu extends JPanel implements ActionListener{
9     public static Dimension dim = Toolkit.getDefaultToolkit().getScreenSize();
10    public static int PANEL_HEIGHT = (dim.height*9)/10;
11    public static int PANEL_WIDTH = (dim.width*9)/10;
12    public static Timer timer;
13    public static JButton buttons[] = new JButton[2], back;
14    public static JTextField accDetails[] = new JTextField[4], user, pass;
15    public static boolean login = false, signUp = false, accountFound = false,
16    loginAttempt = false, signUpAttempt = false, loginSuccess = false,
17    newUserRegistered = false, dataRegistered = false, enterAccDetails = false,
18    homeScreen = true;
19    public static Account accounts[] = new Account[100];
20    public static int accountCounter = 0, accountNum = 0, min, mid, max;
21    public static String username = "", currentLine = "", allUserPassData = "",
22    allScheduleData = "", allAccDetailsData = "";
23    public static String[] tempData = new String[1500], allUserPassDataArr,
24    allScheduleDataArr, allAccDetailsDataArr;
25    private static ImageIcon menuIcons[] = new ImageIcon[2];
26    private static Point mousePos;
27    private static FileWriter userAndPassWrite, accountDetailsWrite, scheduleWrite;
28    private static Scanner userAndPassScan, accountDetailsScan, scheduleScan;
29
30    public Menu() {
31        timer = new Timer(10, this);
32        mousePos = MouseInfo.getPointerInfo().getLocation();
33
34        menuIcons[0] = new ImageIcon("Login.jpg");
35        menuIcons[1] = new ImageIcon("SignUp.jpg");
36
37        for(int i = 0; i < menuIcons.length; i++){
38            Image img = menuIcons[i].getImage();
39            Image newImg = img.getScaledInstance(200, 90, java.awt.Image.SCALE_SMOOTH);
40            menuIcons[i] = new ImageIcon(newImg);
41            buttons[i] = new JButton(menuIcons[i]);
42        }
43
44        this.setLayout(null);
45
46        for(int i = 0; i < buttons.length; i++){
47            buttons[i].setBounds(i*350+400,300,200,90);
48        }
49
50        for(int i = 0; i < buttons.length; i++){
51            buttons[i].addActionListener(this);
52            buttons[i].setOpaque(false);
53            buttons[i].setContentAreaFilled(false);
54            buttons[i].setBorderPainted(true);
55            buttons[i].setFocusPainted(false);
56            this.add(buttons[i]);
57        }
58
59        back = new JButton("Back");
60        back.setBounds(900, 500, 200, 90);
61        back.addActionListener(this);
62        back.setOpaque(false);
63        back.setContentAreaFilled(false);
64        back.setBorderPainted(true);

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60     back.setFocusPainted(false);
61     this.add(back);
62
63     user = new JTextField();
64     pass = new JTextField();
65
66     user.setBounds((PANEL_WIDTH/2)-150, (PANEL_HEIGHT/2)-100, 300, 60);
67     pass.setBounds((PANEL_WIDTH/2)-150, (PANEL_HEIGHT/2)+20, 300, 60);
68
69     user.addActionListener(this);
70     pass.addActionListener(this);
71
72     this.add(user);
73     this.add(pass);
74
75     for(int i = 0; i < accDetails.length; i++){
76         accDetails[i] = new JTextField();
77         accDetails[i].setBounds((PANEL_WIDTH/2)-150, (PANEL_HEIGHT/5)+(i*125), 300,
78                                60);
79         accDetails[i].addActionListener(this);
80         this.add(accDetails[i]);
81     }
82
83     reset();
84 }
85
86 public void run(){
87     timer.start();
88 }
89
90 public void paintComponent(Graphics g) {
91     super.paintComponent(g);
92
93     g.setColor(new Color(205, 255, 255));
94     g.fillRect(0, 0, PANEL_WIDTH, PANEL_HEIGHT);
95     g.setColor(new Color(0, 0, 0));
96     g.setFont(new Font("SansSerif", 1, 24));
97     if(loginAttempt){
98         if(!accountFound){
99             g.drawString("Incorrect username or password", 35, 260);
100        }
101        else{
102            g.drawString("Success!", 35, 260);
103        }
104    }
105    if(signUpAttempt){
106        if(!accountFound){
107            g.drawString("Works!", 35, 260);
108        }
109        else{
110            g.drawString("Sorry, username is taken.", 35, 260);
111        }
112    }
113    g.setFont(new Font("SansSerif", 1, 20));
114    if(signUp || login){
115        g.drawString("Username", 640, 280);
116        g.drawString("Password", 640, 400);
117    }
118    if(enterAccDetails){
119        g.drawString("Height (kg)", 640, 140);
120        g.drawString("Weight (m)", 640, 260);
121        g.drawString("Age", 640, 390);
122        g.drawString("Gender", 640, 520);

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123
124     }
125     if(homeScreen) {
126         g.setFont(new Font("SansSerif", 1, 60));
127         g.drawString("Workout Planner", 440, 120);
128     }
129 }
130
131     public void actionPerformed(ActionEvent ev){
132         mousePos = MouseInfo.getPointerInfo().getLocation();
133         buttonChecker(ev);
134         textInputChecker(ev);
135         repaint();
136     }
137
138     public static void buttonChecker(ActionEvent ev){
139         if(ev.getSource() == buttons[0]){//Login
140             login = true;
141             homeScreen = false;
142             for(int i = 0; i < buttons.length; i++){
143                 buttons[i].setVisible(false);
144             }
145             user.setVisible(true);
146             pass.setVisible(true);
147             back.setVisible(true);
148         }
149         else if(ev.getSource() == buttons[1]){//Sign up
150             signUp = true;
151             homeScreen = false;
152             for(int i = 0; i < buttons.length; i++){
153                 buttons[i].setVisible(false);
154             }
155             user.setVisible(true);
156             pass.setVisible(true);
157             back.setVisible(true);
158         }
159         if(ev.getSource() == back){
160             reset();
161         }
162     }
163
164     public static void textInputChecker(ActionEvent ev){
165         if(ev.getSource() == pass){
166             if(login){
167                 login();
168             }
169             else if(signUp){
170                 signUp();
171                 if(signUpAttempt && !accountFound){
172                     accountSetup();
173                 }
174             }
175         }
176         if(ev.getSource() == accDetails[3]){
177             accountDetails();
178             reset();
179         }
180     }
181
182     public static void reset(){
183         homeScreen = true;
184         user.setVisible(false);
185         pass.setVisible(false);
186         back.setVisible(false);

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187     user.setText("");
188     pass.setText("");
189     for(int i = 0; i < buttons.length; i++) {
190         buttons[i].setVisible(true);
191     }
192     login = false;
193     signUp = false;
194     loginAttempt = false;
195     signUpAttempt = false;
196
197     for(int i = 0; i < accDetails.length; i++) {
198         accDetails[i].setVisible(false);
199     }
200 }
201
202 public static void accountSetup(){
203     enterAccDetails = true;
204     signUp = false;
205     user.setVisible(false);
206     pass.setVisible(false);
207     back.setVisible(false);
208     for(int i = 0; i < accDetails.length; i++) {
209         accDetails[i].setVisible(true);
210     }
211 }
212
213 public static void login(){
214     loginAttempt = true;
215     try {
216         userAndPassScan = new Scanner(new File("UserAndPass.txt"));
217     }
218     catch (Exception error) {
219         System.out.println("An error occurred:" + error);
220         error.printStackTrace();
221     }
222
223     accountFound = false;
224     currentLine = "";
225     allUserPassData = "";
226     while(userAndPassScan.hasNextLine()){
227         currentLine = userAndPassScan.nextLine();
228         allUserPassData += currentLine + "%";
229     }
230     allUserPassDataArr = allUserPassData.split("%");
231     userAndPassScan.close();
232     min = 0;
233     max = allUserPassDataArr.length - 1;
234     while(min <= max){
235         mid = (min + max)/2;
236         String userPass[] = allUserPassDataArr[mid].split(" ");
237         if(user.getText().compareTo(userPass[0]) < 0){
238             max = mid -1;
239         }
240         else if(user.getText().compareTo(userPass[0]) > 0){
241             min = mid + 1;
242         }
243         else if((user.getText() + " " +
244         pass.getText()).equals(allUserPassDataArr[mid])){
245             username = user.getText();
246             accountFound = true;
247             loginSuccess = true;
248             break;
249         }
250     }
251 }
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250
251     userAndPassScan.close();
252 }
253
254 public static void signUp(){
255     signUpAttempt = true;
256     try {
257         userAndPassScan = new Scanner(new File("UserAndPass.txt"));
258         scheduleScan = new Scanner(new File("ScheduleData.txt"));
259         accountDetailsScan = new Scanner(new File("AccountDetails.txt"));
260     }
261     catch (Exception error) {
262         System.out.println("An error occurred:" + error);
263         error.printStackTrace();
264     }
265
266     accountCounter = 0;
267     accountFound = false;
268     currentLine = "";
269     allUserPassData = "";
270     allScheduleData = "";
271     allAccDetailsData = "";
272     while(userAndPassScan.hasNextLine()){
273         currentLine = userAndPassScan.nextLine();
274         allUserPassData += currentLine + "%";
275         String userPass[] = currentLine.split(" ");
276         if((user.getText()).equals(userPass[0])){
277             accountFound = true;
278             newUserRegistered = false;
279             break;
280         }
281         currentLine = scheduleScan.nextLine();
282         allScheduleData += currentLine + "%";
283         currentLine = accountDetailsScan.nextLine();
284         allAccDetailsData += currentLine + "%";
285         accountCounter++;
286     }
287     allUserPassDataArr = allUserPassData.split("%");
288     userAndPassScan.close();
289     allScheduleDataArr = allScheduleData.split("%");
290     scheduleScan.close();
291     allAccDetailsDataArr = allAccDetailsData.split("%");
292     accountDetailsScan.close();
293
294     accounts[accountCounter] = new Account();
295     accounts[accountCounter].setUser(user.getText());
296     accounts[accountCounter].setPass(pass.getText());
297
298     if(!accountFound){
299         try {
300             userAndPassWrite = new FileWriter("UserAndPass.txt", false);
301             BufferedWriter bUAPW = new BufferedWriter(userAndPassWrite);
302             scheduleWrite = new FileWriter("ScheduleData.txt", false);
303             BufferedWriter bSW = new BufferedWriter(scheduleWrite);
304             accountDetailsWrite = new FileWriter("AccountDetails.txt", false);
305             BufferedWriter bADW = new BufferedWriter(accountDetailsWrite);
306
307             try {
308                 for(int i = 0; i < allUserPassDataArr.length; i++){
309                     tempData = allUserPassDataArr[i].split(" ");
310                     if(!newUserRegistered){
311
312                         if(accounts[accountCounter].getUser().compareTo(tempData[0])
313
314 < 0){

```

```

312             bSW.write(accounts[accountCounter].getUser());
313             bSW.newLine();
314             bADW.write(accounts[accountCounter].getUser());
315             bADW.newLine();
316             bUAPW.write(accounts[accountCounter].getUser() + " " +
317                         accounts[accountCounter].getPass());
318             bUAPW.newLine();
319             accountNum = i;
320             i--;
321             newUserRegistered = true;
322         }
323     } else{
324         bSW.write(allScheduleDataArr[i]);
325         bSW.newLine();
326         bADW.write(allAccDetailsDataArr[i]);
327         bADW.newLine();
328         bUAPW.write(allUserPassDataArr[i]);
329         bUAPW.newLine();
330     }
331 } else{
332     bSW.write(allScheduleDataArr[i]);
333     bSW.newLine();
334     bADW.write(allAccDetailsDataArr[i]);
335     bADW.newLine();
336     bUAPW.write(allUserPassDataArr[i]);
337     bUAPW.newLine();
338 }
339 }
340 if(!newUserRegistered){
341     accountNum = allUserPassDataArr.length + 1;
342     bSW.write(accounts[accountCounter].getUser());
343     bSW.newLine();
344     bADW.write(accounts[accountCounter].getUser());
345     bADW.newLine();
346     bUAPW.write(accounts[accountCounter].getUser() + " " +
347                         accounts[accountCounter].getPass());
348     bUAPW.newLine();
349 }
350 bUAPW.close();
351 bSW.close();
352 bADW.close();
353 } catch (IOException error) {
354     System.out.println("An error occurred:" + error);
355     error.printStackTrace();
356 }
357 } catch (IOException error) {
358     System.out.println("An error occurred:" + error);
359     error.printStackTrace();
360 }
361 }
362 }
363 }
364
365 public static void accountDetails(){
366     try {
367         accountDetailsScan = new Scanner(new File("AccountDetails.txt"));
368     }
369     catch (Exception error) {
370         System.out.println("An error occurred:" + error);
371         error.printStackTrace();
372     }
373 }
```

```
374 accounts[accountCounter].setHeight(Integer.parseInt(accDetails[0].getText()));
375 accounts[accountCounter].setWeight(Integer.parseInt(accDetails[1].getText()));
376 accounts[accountCounter].setAge(Integer.parseInt(accDetails[2].getText()));
377 accounts[accountCounter].setGender(accDetails[3].getText());
378
379 try {
380     accountDetailsWrite = new FileWriter("AccountDetails.txt", false);
381     BufferedWriter bADW = new BufferedWriter(accountDetailsWrite);
382     dataRegistered = false;
383     for(int i = 0; i < allAccDetailsDataArr.length; i++){
384         if(i == accountNum && !dataRegistered){
385             bADW.write(accounts[accountCounter].getUser() + ", " +
386             accounts[accountCounter].getHeight() + ", " +
387             accounts[accountCounter].getWeight() + ", " +
388             accounts[accountCounter].getAge() + ", " +
389             accounts[accountCounter].getGender());
390             bADW.newLine();
391             i--;
392             dataRegistered = true;
393         }
394         else{
395             bADW.write(allAccDetailsDataArr[i]);
396             bADW.newLine();
397         }
398     }
399     bADW.close();
400 }
401 catch (IOException e) {
402     System.out.println("An error occurred:" + e);
403     e.printStackTrace();
404 }
```

```

1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4 import java.util.*;
5 import javax.swing.Timer;
6 import java.io.*;
7
8 @SuppressWarnings("unchecked")
9 public class DailySchedule extends JPanel implements ActionListener, MouseListener,
MouseWheelListener{
10     public static Dimension dim = Toolkit.getDefaultToolkit().getScreenSize();
11     public static int PANEL_HEIGHT = (dim.height*9)/10;
12     public static int PANEL_WIDTH = (dim.width*9)/10;
13     public static Timer timer;
14     public static SlotsAndOptions exerciseOptions[] = new SlotsAndOptions[61],
exerciseSlots[] = new SlotsAndOptions[61], dailySlots[] = new SlotsAndOptions[49],
timeSlots[] = new SlotsAndOptions[49];
15     public static Workouts workouts[] = new Workouts[61];
16     public static String[] viewLayouts = {"Daily", "Weekly"}, workoutDetails = new
String[4], weekNames = {"Sunday", "Monday", "Tuesday", "Wednesday", "Thursday",
"Friday", "Saturday"}, allDataArr;
17     public static String currentLine = "", user = "", selectedDay = "", allData = "",
tempLine = "";
18     public static ArrayList<String> scheduleData = new ArrayList<String>(), tempData;
19     public static JComboBox selectMenu;
20     public static JLabel slotsCont, optionsCont, menuBar;
21     private static Point mousePos;
22     public static int JpanelX, JpanelY, mouseLatestX = 0, mouseLatestY = 0, labelHeld =
0, clipX = 0, clipY = 0, tickCounter = 0, scrollSensitivity = 40, counter = 0,
accountCounter = 0, accountNum = 0;
23     public static boolean mouseHold = false, clip = false, selected = true, scrollUp =
false, scrollDown = false, accountFound = false, paintLoad = false;
24     private Scanner scFile = null, dataScan;
25     private static FileWriter dataWriter;
26
27     public DailySchedule() {
28         timer = new Timer(10, this);
29         mousePos = MouseInfo.getPointerInfo().getLocation();
30
31         this.setLayout(null);
32         addMouseListener(this);
33         addMouseWheelListener(this);
34
35         JpanelX = ((dim.width-PANEL_WIDTH)/2)+5;
36         JpanelY = ((dim.height-PANEL_HEIGHT)/2)+30;
37
38         /*
39         menuBar = newMenuBar(0, 0, PANEL_WIDTH-14, PANEL_HEIGHT/10);
40         menuBar.setBounds(menuBar posX, menuBar posY, menuBar sizeX, menuBar sizeY);
41         menuBar.setOpaque(true);
42         menuBar.setBackground(new Color(255, 165, 205));
43         menuBar.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 4));
44         this.add(menuBar);
45         */
46
47         selectMenu = new JComboBox(viewLayouts);
48         selectMenu.setVisible(true);
49         selectMenu.setEditable(false);
50         selectMenu.setBounds(8*(PANEL_WIDTH/10), (PANEL_HEIGHT/20)-10, 100, 20);
51         this.add(selectMenu);
52
53         menuBar = new JLabel();
54         menuBar.setBounds(0, 0, PANEL_WIDTH-14, PANEL_HEIGHT/10);
55         menuBar.setOpaque(true);

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56 menuBar.setBackground(new Color(255, 165, 205));
57 this.add(menuBar);
58
59 try {
60     scFile = new Scanner(new File("WorkoutList.txt"));
61 }
62 catch (Exception error) {
63     System.out.println("An error occurred:" + error);
64     error.printStackTrace();
65 }
66
67 for(int i = 0; i < exerciseOptions.length; i++){
68     currentLine = scFile.nextLine();
69     workoutDetails = currentLine.split("% ");
70     workouts[i] = new Workouts(workoutDetails[0], workoutDetails[1],
71     workoutDetails[2], workoutDetails[3], Integer.parseInt(workoutDetails[4]));
72     exerciseOptions[i] = new SlotsAndOptions(1000, 200+(i*60), 300, 50);
73     exerciseOptions[i].setBounds(exerciseOptions[i].posX,
74     exerciseOptions[i].posY, exerciseOptions[i].sizeX, exerciseOptions[i].sizeY);
75     exerciseOptions[i].setOpaque(true);
76     if(workouts[i].difficulty.equals("Beginner")){
77         exerciseOptions[i].setBackground(new Color(205, 255, 205));
78     }
79     else if(workouts[i].difficulty.equals("Intermediate")){
80         exerciseOptions[i].setBackground(new Color(255, 255, 205));
81     }
82     else if(workouts[i].difficulty.equals("Advanced")){
83         exerciseOptions[i].setBackground(new Color(255, 205, 205));
84     }
85     exerciseOptions[i].setBorder(BorderFactory.createLineBorder((new
86     Color(0,0,0)), 2));
87     exerciseOptions[i].setFont(new Font("SansSerif", 1, 18));
88     exerciseOptions[i].setText(exerciseOptions[i].getText() + " " +
89     workouts[i].name + "- " + workouts[i].muscleGroup);
90     this.add(exerciseOptions[i]);
91     exerciseSlots[i] = new SlotsAndOptions(980, 195+(i*60), 340, 60);
92     exerciseSlots[i].setBounds(exerciseSlots[i].posX, exerciseSlots[i].posY,
93     exerciseSlots[i].sizeX, exerciseSlots[i].sizeY);
94     exerciseSlots[i].setOpaque(true);
95     if(workouts[i].difficulty.equals("Beginner")){
96         exerciseSlots[i].setBackground(new Color(135, 205, 135, 85));
97     }
98     else if(workouts[i].difficulty.equals("Intermediate")){
99         exerciseSlots[i].setBackground(new Color(205, 205, 135, 85));
100    }
101    exerciseSlots[i].setBorder(BorderFactory.createLineBorder((new
102    Color(0,0,0)), 1));
103    this.add(exerciseSlots[i]);
104 }
105 scFile.close();
106
107 for(int i = 0; i < dailySlots.length; i++){
108     dailySlots[i] = new SlotsAndOptions(125, 200+(i*68), 800, 70);
109     dailySlots[i].setBounds(dailySlots[i].posX, dailySlots[i].posY,
110     dailySlots[i].sizeX, dailySlots[i].sizeY);
111     dailySlots[i].setOpaque(true);
112     dailySlots[i].setBackground(new Color(255, 255, 255));
113     dailySlots[i].setBorder(BorderFactory.createLineBorder((new Color(0,0,0)),
114     3));
115     this.add(dailySlots[i]);
116     timeSlots[i] = new SlotsAndOptions(50, 200+(i*68), 95, 70);

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112     timeSlots[i].setBounds(timeSlots[i].posX, timeSlots[i].posY,
113                             timeSlots[i].sizeX, timeSlots[i].sizeY);
114     timeSlots[i].setOpaque(true);
115     timeSlots[i].setBackground(new Color(255, 255, 255));
116     timeSlots[i].setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 3));
117     this.add(timeSlots[i]);
118 }
119 counter = 0;
120 for(double i = 8; counter < dailySlots.length; i+=0.25){
121     timeSlots[counter].setFont(new Font("SansSerif", 1, 20));
122     if(i%1==0){
123         timeSlots[counter].setText(timeSlots[counter].getText()+" "+(int)i +
124             ":00");
125     } else{
126         timeSlots[counter].setText(timeSlots[counter].getText()+" "+(int)i +
127             ":" + (((int)((i%1)/0.25)*15)));
128     }
129     counter++;
130 }
131 slotsCont = new JLabel();
132 slotsCont.setBounds(0, PANEL_HEIGHT/10, 950, PANEL_HEIGHT);
133 slotsCont.setOpaque(true);
134 slotsCont.setBackground(new Color(205, 205, 245));
135 slotsCont.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 1));
136 this.add(slotsCont);
137
138 optionsCont = new JLabel();
139 optionsCont.setBounds(950, PANEL_HEIGHT/10, 430, PANEL_HEIGHT);
140 optionsCont.setOpaque(true);
141 optionsCont.setBackground(new Color(205, 245, 245));
142 optionsCont.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 1));
143 this.add(optionsCont);
144 }
145
146 public void run(){
147     timer.start();
148     selected = true;
149     selectMenu.setSelectedItem("Daily");
150     loadData(selectedDay);
151 }
152
153 public void stop(){
154     reset();
155     selected = false;
156     timer.stop();
157 }
158
159 public void paintComponent(Graphics g) {
160     super.paintComponent(g);
161
162     g.setColor(new Color(255, 255, 205));
163     g.fillRect(0, 0, PANEL_WIDTH, PANEL_HEIGHT);
164
165     if(paintLoad){
166         for(int i = 1; i < scheduleData.size(); i+=3){
167             if(Integer.parseInt(scheduleData.get(i)) != java.util.Arrays.asList(weekNames).indexOf(selectedDay)){
168                 continue;
169             }
170             clip = true;

```

```

171     labelHeld = Integer.parseInt(scheduleData.get(i+2));
172     dailySlots[Integer.parseInt(scheduleData.get(i+1))].taken = true;
173     dailySlots[Integer.parseInt(scheduleData.get(i+1))].holding = labelHeld;
174     clipX =
175         dailySlots[Integer.parseInt(scheduleData.get(i+1))].posX+(dailySlots[Inte
176         ger.parseInt(scheduleData.get(i+1))].sizeX/2)-(exerciseOptions[labelHeld]
177         .sizeX/2);
178     clipY =
179         dailySlots[Integer.parseInt(scheduleData.get(i+1))].posY+(dailySlots[Inte
180         ger.parseInt(scheduleData.get(i+1))].sizeY/2)-(exerciseOptions[labelHeld]
181         .sizeY/2);
182     exerciseOptions[labelHeld].posX = clipX;
183     exerciseOptions[labelHeld].posY = clipY;
184     while(exerciseOptions[labelHeld].sizeX < dailySlots[0].sizeX-12) {
185
186         exerciseOptions[labelHeld].setBounds(clipX-((dailySlots[0].sizeX-ex
187         erciseOptions[labelHeld].sizeX)/20)+1), clipY,
188         exerciseOptions[labelHeld].sizeX+=2*((dailySlots[0].sizeX-exerciseOp
189         tions[labelHeld].sizeX)/20)+1), exerciseOptions[labelHeld].sizeY);
190         exerciseOptions[labelHeld].posX = clipX;
191     }
192     dataScan.close();
193     clip = false;
194     paintLoad = false;
195 }
196
197 if(mouseHold) {
198     if(exerciseOptions[labelHeld].held) {
199         exerciseOptions[labelHeld].posX =
200             mousePos.x-JpanelX-(exerciseOptions[labelHeld].sizeX)/2;
201         exerciseOptions[labelHeld].posY =
202             mousePos.y-JpanelY-(exerciseOptions[labelHeld].sizeY)/2;
203         exerciseOptions[labelHeld].sizeX = exerciseOptions[labelHeld].origSizeX;
204
205         if(!clip) {
206
207             exerciseOptions[labelHeld].setBounds(exerciseOptions[labelHeld].posX,
208                 exerciseOptions[labelHeld].posY,
209                 exerciseOptions[labelHeld].origSizeX,
210                 exerciseOptions[labelHeld].origSizeY);
211         }
212     }
213
214     clip = false;
215     for(int i = 0; i < dailySlots.length; i++) {
216         if((dailySlots[i].getBounds().contains(new Point(mousePos.x-JpanelX,
217             mousePos.y-JpanelY))) && !dailySlots[i].taken) {
218             clip = true;
219             clipX =
220                 dailySlots[i].posX+(dailySlots[i].sizeX/2)-(exerciseOptions[labelHeld]
221                 .sizeX/2);
222             clipY =
223                 dailySlots[i].posY+(dailySlots[i].sizeY/2)-(exerciseOptions[labelHeld]
224                 .sizeY/2);
225             exerciseOptions[labelHeld].posX = clipX;
226             exerciseOptions[labelHeld].posY = clipY;
227         }
228     }
229 }

```

```

213     if(exerciseOptions[labelHeld].sizeX < dailySlots[0].sizeX-12 && clip) {
214
215         exerciseOptions[labelHeld].setBounds(clipX-((dailySlots[0].sizeX-exerciseOptions[labelHeld].sizeX)/20)+1), clipY,
216         exerciseOptions[labelHeld].sizeX+2*((dailySlots[0].sizeX-exerciseOptions[labelHeld].sizeX)/20)+1), exerciseOptions[labelHeld].sizeY);
217         exerciseOptions[labelHeld].posX = clipX;
218     }
219
220     if(scrollUp){
221         if(slotsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
222             mousePos.y-JpanelY)) && dailySlots[0].posY < dailySlots[0].origY){
223             for(int j = 0; j < dailySlots.length; j++){
224                 dailySlots[j]. posY+=scrollSensitivity;
225                 dailySlots[j].setBounds(dailySlots[j].posX, dailySlots[j].posY,
226                 dailySlots[j].sizeX, dailySlots[j].sizeY);
227                 timeSlots[j]. posY+=scrollSensitivity;
228                 timeSlots[j].setBounds(timeSlots[j].posX, timeSlots[j].posY,
229                 timeSlots[j].sizeX, timeSlots[j].sizeY);
230             }
231         }
232     }
233     else if(optionsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
234             mousePos.y-JpanelY)) && exerciseSlots[0].posY < exerciseSlots[0].origY){
235         for(int i = 0; i < exerciseOptions.length; i++){
236             if(exerciseOptions[i].posX == exerciseOptions[i].origX){
237                 exerciseOptions[i]. posY+=scrollSensitivity;
238                 exerciseOptions[i].setBounds(exerciseOptions[i].posX,
239                 exerciseOptions[i].posY, exerciseOptions[i].sizeX,
240                 exerciseOptions[i].sizeY);
241             }
242         }
243         scrollUp = false;
244     }
245     else if(scrollDown){
246         if(slotsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
247             mousePos.y-JpanelY)) && dailySlots[48].posY > 650){
248             for(int j = 0; j < dailySlots.length; j++){
249                 dailySlots[j]. posY-=scrollSensitivity;
250                 timeSlots[j]. posY-=scrollSensitivity;
251                 dailySlots[j].setBounds(dailySlots[j].posX, dailySlots[j].posY,
252                 dailySlots[j].sizeX, dailySlots[j].sizeY);
253                 timeSlots[j].setBounds(timeSlots[j].posX, timeSlots[j].posY,
254                 timeSlots[j].sizeX, timeSlots[j].sizeY);
255             }
256             for(int i = 0; i < exerciseOptions.length; i++){
257                 if(exerciseOptions[i].posX != exerciseOptions[i].origX &&
258                     exerciseOptions[i].posY != exerciseOptions[i].origY && !mouseHold){
259                     exerciseOptions[i]. posY-=scrollSensitivity;
260                     exerciseOptions[i].setBounds(exerciseOptions[i].posX,
261                     exerciseOptions[i].posY, exerciseOptions[i].sizeX,

```

```

                                exerciseOptions[i].sizeY);
257                         }
258                     }
259                 }
260             else if(optionsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
261 mousePos.y-JpanelY)) && exerciseSlots[60].posY > 670){
261                 for(int i = 0; i < exerciseOptions.length; i++){
262                     if(exerciseOptions[i].posX == exerciseOptions[i].origX){
263                         exerciseOptions[i].posY-=scrollSensitivity;
264                         exerciseOptions[i].setBounds(exerciseOptions[i].posX,
265                         exerciseOptions[i].posY, exerciseOptions[i].sizeX,
266                         exerciseOptions[i].sizeY);
267                     }
268                 }
269             scrollDown = false;
270         }
271         tickCounter++;
272     }
273
274
275     public void paint(Graphics g) {
276         super.paint(g);
277         g.setColor(new Color(255, 165, 205));
278         g.fillRect(0, 0, PANEL_WIDTH-400, PANEL_HEIGHT/10);
279         g.setColor(new Color(0, 0, 0));
280         g.setFont(new Font("SansSerif: ", 1, 28));
281         g.drawString("Daily Schedule", ((PANEL_WIDTH-14)/2)-80,
282             ((PANEL_HEIGHT/10)/2)+10);
283
283         g.setColor(new Color(195, 195, 195));
284         g.fillRect(0, PANEL_HEIGHT/10, 950, 100);
285         g.fillRect(950, PANEL_HEIGHT/10, 430, 100);
286         g.setColor(new Color(0, 0, 0));
287         g.drawRect(950, PANEL_HEIGHT/10, 430, 100);
288         g.drawRect(0, PANEL_HEIGHT/10, 950, 100);
289         g.setColor(new Color(0, 0, 0));
290         g.setFont(new Font("SansSerif: ", 1, 40));
291         g.drawString("Schedule Timeslots", 275, (PANEL_HEIGHT/10)+65);
292         g.drawString("Workout Options", 1000, (PANEL_HEIGHT/10)+65);
293     }
294
295     public void actionPerformed(ActionEvent ev){
296         mousePos = MouseInfo.getPointerInfo().getLocation();
297         buttonChecker(ev);
298
299         if (((String)selectMenu.getSelectedItem()).equals("Weekly")){
300             stop();
301         }
302
303         repaint();
304     }
305
306     public static void buttonChecker(ActionEvent ev){
307         //(jButton1.getModel().isPressed())
308     }
309
310
311     public void mouseClicked(MouseEvent e) {
312
313     }

```

```

314
315     public void mouseExited(MouseEvent e) {
316
317     }
318
319     public void mouseEntered(MouseEvent e) {
320
321     }
322
323     public void mousePressed(MouseEvent e) {
324         mouseLatestX = e.getX();
325         mouseLatestY = e.getY();
326         clip = false;
327
328         for(int i = 0; i < exerciseOptions.length; i++){
329             if(exerciseOptions[i].getBounds().contains(new Point(mouseLatestX,
330                     mouseLatestY))){
331                 mouseHold = true;
332                 exerciseOptions[i].held = true;
333                 labelHeld = i;
334             }
335         }
336         for(int i = 0; i < dailySlots.length; i++){
337             if(dailySlots[i].getBounds().contains(new Point(mousePos.x-JpanelX,
338                     mousePos.y-JpanelY))){
339                 dailySlots[i].taken = false;
340                 dailySlots[i].holding = -1;
341             }
342         }
343     }
344     public void mouseReleased(MouseEvent e) {
345         if(!clip && mouseHold){
346             exerciseOptions[labelHeld].posX = exerciseSlots[labelHeld].posX+20;
347             exerciseOptions[labelHeld].posY = exerciseSlots[labelHeld].posY+5;
348             exerciseOptions[labelHeld].setBounds(exerciseOptions[labelHeld].posX,
349                     exerciseOptions[labelHeld].posY, exerciseOptions[labelHeld].origSizeX,
350                     exerciseOptions[labelHeld].origSizeY);
351         }
352         for(int i = 0; i < exerciseOptions.length; i++){
353             exerciseOptions[i].held = false;
354         }
355         for(int i = 0; i < dailySlots.length; i++){
356             if(dailySlots[i].getBounds().contains(new Point(mousePos.x-JpanelX,
357                     mousePos.y-JpanelY)) && mouseHold){
358                 dailySlots[i].taken = true;
359                 dailySlots[i].holding = labelHeld;
360             }
361         }
362         mouseHold = false;
363     }
364
365     public void mouseWheelMoved(MouseWheelEvent e) {
366         if(e.getWheelRotation() < 0){
367             scrollUp = true;
368         }
369         else if(e.getWheelRotation() > 0){
370             scrollDown = true;
371         }
372     }
373
374     public void reset(){
375         for(int i = 0; i < exerciseOptions.length; i++){
376             exerciseOptions[i].held = false;

```

```

373     exerciseOptions[i].posX = exerciseOptions[i].origX;
374     exerciseOptions[i].posY = exerciseOptions[i].origY;
375     exerciseOptions[i].sizeX = exerciseOptions[i].origSizeX;
376     exerciseOptions[i].sizeY = exerciseOptions[i].origSizeY;
377     exerciseSlots[i].posX = exerciseSlots[i].origX;
378     exerciseSlots[i].posY = exerciseSlots[i].origY;
379     exerciseOptions[i].setBounds(exerciseOptions[i].posX,
380                                 exerciseOptions[i].posY, exerciseOptions[i].sizeX, exerciseOptions[i].sizeY);
381     exerciseSlots[i].setBounds(exerciseSlots[i].posX, exerciseSlots[i].posY,
382                               exerciseSlots[i].sizeX, exerciseSlots[i].sizeY);
383   }
384   for(int i = 0; i < dailySlots.length; i++){
385     dailySlots[i].taken = false;
386   }
387 
388   public void loadData(String day){
389     try {
390       dataScan = new Scanner(new File("ScheduleData.txt"));
391     }
392     catch (Exception error) {
393       System.out.println("An error occurred:" + error);
394       error.printStackTrace();
395     }
396     accountCounter = 0;
397     allData = "";
398     currentLine = "";
399     accountFound = false;
400     while(dataScan.hasNextLine()){
401       currentLine = dataScan.nextLine();
402       allData += currentLine + "%";
403       tempData = new ArrayList<>(Arrays.asList(currentLine.split(", ")));
404       if(user.equals(tempData.get(0))){
405         accountFound = true;
406         accountNum = accountCounter;
407         scheduleData = tempData;
408       }
409       accountCounter++;
410     }
411     allDataArr = allData.split("%");
412     paintLoad = true;
413     dataScan.close();
414   }

```

```

1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4 import java.util.*;
5 import javax.swing.Timer;
6 import java.io.*;
7 import java.time.*;
8
9 @SuppressWarnings("unchecked")
10 public class WeeklySchedule extends JPanel implements ActionListener, MouseListener,
MouseWheelListener{
11     public static Calendar calendar = Calendar.getInstance();
12     public static Dimension dim = Toolkit.getDefaultToolkit().getScreenSize();
13     public static int PANEL_HEIGHT = (dim.height*9)/10;
14     public static int PANEL_WIDTH = (dim.width*9)/10;
15     public static Timer timer;
16     public static SlotsAndOptions exerciseOptions[] = new SlotsAndOptions[61];
17     exerciseSlots[] = new SlotsAndOptions[61], dailySlots[][] = new
18     SlotsAndOptions[7][49], timeSlots[] = new SlotsAndOptions[49];
19     public static Workouts workouts[] = new Workouts[61], tempWorkout = new Workouts();
20     public static String[] viewLayouts = {"Daily", "Weekly"}, workoutDetails = new
21     String[4], sortNames = {"Alphanetical", "Muscle Group", "Difficulty"}, weekNames =
22     {"Sunday", "Monday", "Tuesday", "Wednesday", "Thursday", "Friday", "Saturday"}, allDataArr;
23     public static String currentLine = "", allData = "", tempLine = "", selectedDay =
24     weekNames[calendar.get(Calendar.DAY_OF_WEEK)-1];
25     public static ArrayList<String> scheduleData = new ArrayList<String>(), tempData;
26     public String user = "";
27     public static JComboBox selectMenu;
28     public static JLabel slotsCont, optionsCont, menuBar;
29     public static JButton daysOfWeek[] = new JButton[7], sortOptions[] = new JButton[3];
30     private static Point mousePos;
31     public static int JpanelX, JpanelY, mouseLatestX = 0, mouseLatestY = 0, labelHeld =
32     0, clipX = 0, clipY = 0, tickCounter = 0, scrollSensitivity = 40, counter = 0,
33     accountCounter = 0, accountNum = 0;
34     public static boolean mouseHold = false, clip = false, selected = true, scrollUp =
35     false, scrollDown = false, accountFound = false, paintLoad = false, enterDayView =
36     false, update = false, scheduleEmpty = true;
37     private static Scanner scFile = null, dataScan;
38     private static FileWriter dataWriter;
39
40     public WeeklySchedule() {
41         timer = new Timer(10, this);
42         mousePos = MouseInfo.getPointerInfo().getLocation();
43
44         this.setLayout(null);
45         addMouseListener(this);
46         addMouseWheelListener(this);
47
48         JpanelX = ((dim.width-PANEL_WIDTH)/2)+5;
49         JpanelY = ((dim.height-PANEL_HEIGHT)/2)+30;
50
51         /*
52         menuBar = newMenuBar(0, 0, PANEL_WIDTH-14, PANEL_HEIGHT/10);
53         menuBar.setBounds(menuBar posX, menuBar posY, menuBar sizeX, menuBar sizeY);
54         menuBar.setOpaque(true);
55         menuBar.setBackground(new Color(255, 165, 205));
56         menuBar.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 4));
57         this.add(menuBar);
58         */
59         selectMenu = new JComboBox(viewLayouts);
60         selectMenu.setVisible(true);
61         selectMenu.setEditable(false);
62         selectMenu.setBounds(8*(PANEL_WIDTH/10), (PANEL_HEIGHT/20)-10, 100, 20);
63     }

```

```

54     this.add(selectMenu);
55
56     menuBar = new JLabel();
57     menuBar.setBounds(0, 0, PANEL_WIDTH-14, PANEL_HEIGHT/10);
58     menuBar.setOpaque(true);
59     menuBar.setBackground(new Color(255, 165, 205));
60     this.add(menuBar);
61
62     for(int i = 0; i < daysOfWeek.length; i++){
63         daysOfWeek[i] = new JButton();
64         daysOfWeek[i].setFont(new Font("SansSerif", 1, 14));
65         daysOfWeek[i].setText(weekNames[i]);
66         daysOfWeek[i].setBounds(100+(i*120), 178, 120, 70);
67         daysOfWeek[i].addActionListener(this);
68         daysOfWeek[i].setOpaque(true);
69         daysOfWeek[i].setContentAreaFilled(true);
70         daysOfWeek[i].setBackground(new Color(255, 255, 255));
71         daysOfWeek[i].setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 2));
72         daysOfWeek[i].setBorderPainted(true);
73         daysOfWeek[i].setFocusPainted(false);
74         this.add(daysOfWeek[i]);
75     }
76
77     for(int i = 0; i < sortOptions.length; i++){
78         sortOptions[i] = new JButton();
79         sortOptions[i].setFont(new Font("SansSerif", 1, 14));
80         sortOptions[i].setText(sortNames[i]);
81         sortOptions[i].setBounds(951+(i*139), 145, 139, 34);
82         sortOptions[i].addActionListener(this);
83         sortOptions[i].setOpaque(true);
84         sortOptions[i].setContentAreaFilled(true);
85         sortOptions[i].setBackground(new Color(255, 255, 255));
86         sortOptions[i].setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 2));
87         sortOptions[i].setBorderPainted(true);
88         sortOptions[i].setFocusPainted(false);
89         this.add(sortOptions[i]);
90     }
91
92     try {
93         scFile = new Scanner(new File("WorkoutList.txt"));
94     }
95     catch (Exception error) {
96         System.out.println("An error occurred:" + error);
97         error.printStackTrace();
98     }
99
100    for(int i = 0; i < exerciseOptions.length; i++){
101        currentLine = scFile.nextLine();
102        workoutDetails = currentLine.split("% ");
103        workouts[i] = new Workouts(workoutDetails[0], workoutDetails[1],
104                                    workoutDetails[2], workoutDetails[3], Integer.parseInt(workoutDetails[4]));
105        exerciseOptions[i] = new SlotsAndOptions(1000, 200+(i*60), 300, 50);
106        exerciseOptions[i].setBounds(exerciseOptions[i].posX,
107                                     exerciseOptions[i].posY, exerciseOptions[i].sizeX, exerciseOptions[i].sizeY);
108        exerciseOptions[i].setOpaque(true);
109        if(workouts[i].difficulty.equals("Beginner")){
110            exerciseOptions[i].setBackground(new Color(205, 255, 205));
111        }
112        else if(workouts[i].difficulty.equals("Experienced")){
113            exerciseOptions[i].setBackground(new Color(255, 255, 205));
114        }
115        else if(workouts[i].difficulty.equals("Expert")){
116

```

```

114         exerciseOptions[i].setBackground(new Color(255, 205, 205));
115     }
116     exerciseOptions[i].setBorder(BorderFactory.createLineBorder((new
117     Color(0,0,0)), 2));
118     exerciseOptions[i].setFont(new Font("SansSerif", 1, 18));
119     exerciseOptions[i].setText(exerciseOptions[i].getText() + " " +
120     workouts[i].name + "- " + workouts[i].muscleGroup);
121     this.add(exerciseOptions[i]);
122
123     exerciseSlots[i] = new SlotsAndOptions(980, 195+(i*60), 340, 60);
124     exerciseSlots[i].setBounds(exerciseSlots[i].posX, exerciseSlots[i].posY,
125     exerciseSlots[i].sizeX, exerciseSlots[i].sizeY);
126     exerciseSlots[i].setOpaque(true);
127     if(workouts[i].difficulty.equals("Beginner")){
128         exerciseSlots[i].setBackground(new Color(135, 205, 135, 85));
129     }
130     else if(workouts[i].difficulty.equals("Experienced")){
131         exerciseSlots[i].setBackground(new Color(205, 205, 135, 85));
132     }
133     else if(workouts[i].difficulty.equals("Expert")){
134         exerciseSlots[i].setBackground(new Color(205, 135, 135, 85));
135     }
136     exerciseSlots[i].setBorder(BorderFactory.createLineBorder((new
137     Color(0,0,0)), 1));
138     this.add(exerciseSlots[i]);
139 }
140 scFile.close();
141
142 for(int i = 0; i < dailySlots.length; i++){
143     for(int j = 0; j < dailySlots[i].length; j++){
144         dailySlots[i][j] = new SlotsAndOptions(100+(i*120), 246+(j*68), 120, 70);
145         dailySlots[i][j].setBounds(dailySlots[i][j].posX,
146         dailySlots[i][j].posY, dailySlots[i][j].sizeX, dailySlots[i][j].sizeY);
147         dailySlots[i][j].setOpaque(true);
148         dailySlots[i][j].setBackground(new Color(255, 255, 255));
149         dailySlots[i][j].setBorder(BorderFactory.createLineBorder((new
150         Color(0,0,0)), 2));
151         this.add(dailySlots[i][j]);
152     }
153 }
154
155 counter = 0;
156 for(double i = 8; counter < timeSlots.length; i+=0.25){
157     timeSlots[counter] = new SlotsAndOptions(10, 246+(counter*68), 95, 70);
158     timeSlots[counter].setBounds(timeSlots[counter].posX,
159     timeSlots[counter].posY, timeSlots[counter].sizeX, timeSlots[counter].sizeY);
160     timeSlots[counter].setOpaque(true);
161     timeSlots[counter].setBackground(new Color(255, 255, 255));
162     timeSlots[counter].setBorder(BorderFactory.createLineBorder((new
163     Color(0,0,0)), 3));
164     this.add(timeSlots[counter]);
165
166     timeSlots[counter].setFont(new Font("SansSerif", 1, 20));
167     if(i%1==0){
168         timeSlots[counter].setText(timeSlots[counter].getText()+" "+(int)i +
169         ":00");
170     }
171     else{
172         timeSlots[counter].setText(timeSlots[counter].getText()+" "+(int)i +
173         ":" + (((int)((i%1)/0.25)*15)));
174     }
175     counter++;
176 }

```

```

168     slotsCont = new JLabel();
169     slotsCont.setBounds(0, PANEL_HEIGHT/10, 950, PANEL_HEIGHT);
170     slotsCont.setOpaque(true);
171     slotsCont.setBackground(new Color(205, 205, 245));
172     slotsCont.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 1));
173     this.add(slotsCont);
174
175     optionsCont = new JLabel();
176     optionsCont.setBounds(950, PANEL_HEIGHT/10, 430, PANEL_HEIGHT);
177     optionsCont.setOpaque(true);
178     optionsCont.setBackground(new Color(205, 245, 245));
179     optionsCont.setBorder(BorderFactory.createLineBorder((new Color(0,0,0)), 1));
180     this.add(optionsCont);
181 }
182
183 public void run(){
184     timer.start();
185     selected = true;
186     selectMenu.setSelectedItem("Weekly");
187     selectedDay = weekNames[calendar.get(Calendar.DAY_OF_WEEK)-1];
188     loadData();
189 }
190
191 public void stop(){
192     selected = false;
193     timer.stop();
194 }
195
196 public void paintComponent(Graphics g) {
197     super.paintComponent(g);
198
199     g.setColor(new Color(255, 255, 205));
200     g.fillRect(0, 0, PANEL_WIDTH, PANEL_HEIGHT);
201
202     if(paintLoad){
203         for(int i = 1; i < scheduleData.size(); i+=3){
204             scheduleEmpty = false;
205             clip = true;
206             labelHeld = Integer.parseInt(scheduleData.get(i+2));
207
208             dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].taken = true;
209
210             dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].holding = workouts[labelHeld].num;
211             clipX =
212             dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].posX+(dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].sizeX/2)-(exerciseOptions[labelHeld].sizeX/2);
213             clipY =
214             dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].posY+(dailySlots[Integer.parseInt(scheduleData.get(i))][Integer.parseInt(scheduleData.get(i+1))].sizeY/2)-(exerciseOptions[labelHeld].sizeY/2);
215             exerciseOptions[labelHeld].posX = clipX;
216             exerciseOptions[labelHeld].posY = clipY;
217             exerciseOptions[labelHeld].inUse = true;
218             while(exerciseOptions[labelHeld].sizeX > dailySlots[0][0].sizeX-12){
219
220                 exerciseOptions[labelHeld].setBounds(clipX+(((exerciseOptions[labelHeld].sizeX-dailySlots[0][0].sizeX)/20)+1), clipY,
221                 exerciseOptions[labelHeld].sizeX=2*((exerciseOptions[labelHeld].sizeX-dailySlots[0][0].sizeX)/20)+1), exerciseOptions[labelHeld].sizeY);
222             }
223         }
224     }
225 }

```

```

216                     exerciseOptions[labelHeld].posX = clipX;
217                 }
218             }
219             dataScan.close();
220             paintLoad = false;
221         }
222
223     if(mouseHold){
224         if(exerciseOptions[labelHeld].held){
225             exerciseOptions[labelHeld].posX =
226                 mousePos.x-JpanelX-(exerciseOptions[labelHeld].sizeX)/2;
227             exerciseOptions[labelHeld].posY =
228                 mousePos.y-JpanelY-(exerciseOptions[labelHeld].sizeY)/2;
229             exerciseOptions[labelHeld].sizeX = exerciseOptions[labelHeld].origSizeX;
230
231             if(!clip){
232                 exerciseOptions[labelHeld].setBounds(exerciseOptions[labelHeld].posX,
233                     exerciseOptions[labelHeld].posY,
234                     exerciseOptions[labelHeld].origSizeX,
235                     exerciseOptions[labelHeld].origSizeY);
236             }
237             else if(clip){
238                 exerciseOptions[labelHeld].setBounds(clipX, clipY,
239                     exerciseOptions[labelHeld].sizeX, exerciseOptions[labelHeld].sizeY);
240             }
241         }
242
243         clip = false;
244         for(int i = 0; i < dailySlots.length; i++){
245             for(int j = 0; j <dailySlots[i].length; j++){
246                 if((dailySlots[i][j].getBounds().contains(new
247                     Point(mousePos.x-JpanelX, mousePos.y-JpanelY))) &&
248                     !dailySlots[i][j].taken){
249                     clip = true;
250                     clipX =
251                         dailySlots[i][j].posX+(dailySlots[i][j].sizeX/2)-(exerciseOptions
252                             [labelHeld].sizeX/2);
253                     clipY =
254                         dailySlots[i][j].posY+(dailySlots[i][j].sizeY/2)-(exerciseOptions
255                             [labelHeld].sizeY/2);
256                     exerciseOptions[labelHeld].posX = clipX;
257                     exerciseOptions[labelHeld].posY = clipY;
258                 }
259             }
260         }
261     }
262
263     if(exerciseOptions[labelHeld].sizeX > dailySlots[0][0].sizeX-12 && clip){
264
265         exerciseOptions[labelHeld].setBounds(clipX+(((exerciseOptions[labelHeld].size
266             -dailySlots[0][0].sizeX)/20)+1), clipY,
267             exerciseOptions[labelHeld].sizeX-2*((exerciseOptions[labelHeld].sizeX-daily
268                 Slots[0][0].sizeX)/20)+1), exerciseOptions[labelHeld].sizeY);
269         exerciseOptions[labelHeld].posX = clipX;
270     }
271
272     if(scrollUp){
273         if(slotsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
274             mousePos.y-JpanelY)) && dailySlots[0][0].posY < dailySlots[0][0].origY){
275             for(int i = 0; i < dailySlots.length; i++){
276                 for(int j = 0; j <dailySlots[i].length; j++){
277                     dailySlots[i][j].posY+=scrollSensitivity;
278                     dailySlots[i][j].setBounds(dailySlots[i][j].posX,
279                         dailySlots[i][j].posY, dailySlots[i][j].sizeX,
280

```

```

                                dailySlots[i][j].sizeY);
                        }
                }
        for(int i = 0; i < timeSlots.length; i++){
            timeSlots[i].posY+=scrollSensitivity;
            timeSlots[i].setBounds(timeSlots[i].posX, timeSlots[i].posY,
            timeSlots[i].sizeX, timeSlots[i].sizeY);
        }
        for(int i = 0; i < exerciseOptions.length; i++){
            if(exerciseOptions[i].posX != exerciseOptions[i].origX &&
            exerciseOptions[i].posY != exerciseOptions[i].origY && !mouseHold){
                exerciseOptions[i].posY+=scrollSensitivity;
                exerciseOptions[i].setBounds(exerciseOptions[i].posX,
                exerciseOptions[i].posY, exerciseOptions[i].sizeX,
                exerciseOptions[i].sizeY);
            }
        }
    }
    else if(optionsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
mousePos.y-JpanelY)) && exerciseSlots[0].posY < exerciseSlots[0].origY){
        for(int i = 0; i < exerciseOptions.length; i++){
            if(exerciseOptions[i].posX == exerciseOptions[i].origX){
                exerciseOptions[i].posY+=scrollSensitivity;
                exerciseOptions[i].setBounds(exerciseOptions[i].posX,
                exerciseOptions[i].posY, exerciseOptions[i].sizeX,
                exerciseOptions[i].sizeY);
            }
            exerciseSlots[i].posY+=scrollSensitivity;
            exerciseSlots[i].setBounds(exerciseSlots[i].posX,
            exerciseSlots[i].posY, exerciseSlots[i].sizeX,
            exerciseSlots[i].sizeY);
        }
    }
    scrollUp = false;
}
else if(scrollDown){
    if(slotsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
mousePos.y-JpanelY)) && dailySlots[0][48].posY > 650){
        for(int i = 0; i < dailySlots.length; i++){
            for(int j = 0; j <dailySlots[i].length; j++){
                dailySlots[i][j].posY-=scrollSensitivity;
                dailySlots[i][j].setBounds(dailySlots[i][j].posX,
                dailySlots[i][j].posY, dailySlots[i][j].sizeX,
                dailySlots[i][j].sizeY);
            }
        }
        for(int i = 0; i < timeSlots.length; i++){
            timeSlots[i].posY-=scrollSensitivity;
            timeSlots[i].setBounds(timeSlots[i].posX, timeSlots[i].posY,
            timeSlots[i].sizeX, timeSlots[i].sizeY);
        }
        for(int i = 0; i < exerciseOptions.length; i++){
            if(exerciseOptions[i].posX != exerciseOptions[i].origX &&
            exerciseOptions[i].posY != exerciseOptions[i].origY && !mouseHold){
                exerciseOptions[i].posY-=scrollSensitivity;
                exerciseOptions[i].setBounds(exerciseOptions[i].posX,
                exerciseOptions[i].posY, exerciseOptions[i].sizeX,
                exerciseOptions[i].sizeY);
            }
        }
    }
}
else if(optionsCont.getBounds().contains(new Point(mousePos.x-JpanelX,
mousePos.y-JpanelY)) && exerciseSlots[60].posY > 670){
    for(int i = 0; i < exerciseOptions.length; i++){

```

```

307     if(exerciseOptions[i].posX == exerciseOptions[i].origX){
308         exerciseOptions[i].posY-=scrollSensitivity;
309         exerciseOptions[i].setBounds(exerciseOptions[i].posX,
310             exerciseOptions[i].posY, exerciseOptions[i].sizeX,
311             exerciseOptions[i].sizeY);
312     }
313     }
314 }
315 scrollDown = false;
316 }
317
318 if(tickCounter%100 == 0){
319     saveData();
320 }
321
322 tickCounter++;
323 }
324
325 public void paint(Graphics g) {
326     super.paint(g);
327     g.setColor(new Color(255, 165, 205));
328     g.fillRect(0, 0, PANEL_WIDTH-400, PANEL_HEIGHT/10);
329     g.setColor(new Color(0, 0, 0));
330     g.setFont(new Font("SansSerif: ", 1, 28));
331     g.drawString("Weekly Schedule", ((PANEL_WIDTH-14)/2)-80,
332     ((PANEL_HEIGHT/10)/2)+10);
333
334     g.setColor(new Color(195, 195, 195));
335     g.fillRect(0, PANEL_HEIGHT/10, 950, 100);
336     g.fillRect(950, PANEL_HEIGHT/10, 430, 70);
337     g.setColor(new Color(0, 0, 0));
338     g.drawRect(950, PANEL_HEIGHT/10, 430, 70);
339     g.drawRect(0, PANEL_HEIGHT/10, 950, 100);
340     g.setColor(new Color(0, 0, 0));
341     g.setFont(new Font("SansSerif: ", 1, 40));
342     g.drawString("Schedule Timeslots", 275, (PANEL_HEIGHT/10)+65);
343     g.drawString("Workout Options", 1000, (PANEL_HEIGHT/10)+45);
344
345     if(mouseHold){
346         g.setColor(new Color(252, 195, 3));
347         g.fillRect(exerciseOptions[labelHeld].posX,
348             exerciseOptions[labelHeld].posY, exerciseOptions[labelHeld].sizeX,
349             exerciseOptions[labelHeld].sizeY);
350         g.setColor(new Color(0, 0, 0));
351         g.drawRect(exerciseOptions[labelHeld].posX,
352             exerciseOptions[labelHeld].posY, exerciseOptions[labelHeld].sizeX,
353             exerciseOptions[labelHeld].sizeY);
354         g.setColor(new Color(0, 0, 0));
355         g.setFont(new Font("SansSerif: ", 1, 20));
356         g.drawString(workouts[labelHeld].name + " - " +
357             workouts[labelHeld].muscleGroup,
358             exerciseOptions[labelHeld].posX+(exerciseOptions[labelHeld].sizeX/20),
359             exerciseOptions[labelHeld].posY+(2*exerciseOptions[labelHeld].sizeY/3));
360     }
361
362     if(update){
363         refresh();
364         update = false;
365     }
366 }

```

```

359
360     public void actionPerformed(ActionEvent ev) {
361         mousePos = MouseInfo.getPointerInfo().getLocation();
362         buttonChecker(ev);
363
364         if (((String)selectMenu.getSelectedItem()).equals("Daily") || enterDayView){
365             selectMenu.setSelectedItem("Weekly");
366             enterDayView = false;
367             stop();
368         }
369
370         repaint();
371     }
372
373     public static void buttonChecker(ActionEvent ev){
374         for(int i = 0; i < daysOfWeek.length; i++){
375             if (ev.getSource() == daysOfWeek[i]){
376                 selectedDay = weekNames[i];
377                 enterDayView = true;
378                 break;
379             }
380         }
381
382         if(ev.getSource() == sortOptions[0] && scheduleEmpty){
383             for(int i = 0; i < workouts.length-1; i++){
384                 for(int j =0; j<i+1; j++){
385                     if(workouts[i+1-j].name.compareTo(workouts[i-j].name) < 0){
386                         tempWorkout = workouts[i+1-j];
387                         workouts[i+1-j] = workouts[i-j];
388                         workouts[i-j] = tempWorkout;
389                     }
390                 }
391             }
392             update = true;
393         }
394
395         if(ev.getSource() == sortOptions[1] && scheduleEmpty){
396             for(int i = 0; i < workouts.length-1; i++){
397                 for(int j =0; j<i+1; j++){
398                     if(workouts[i+1-j].muscleGroup.compareTo(workouts[i-j].muscleGroup) < 0){
399                         tempWorkout = workouts[i+1-j];
400                         workouts[i+1-j] = workouts[i-j];
401                         workouts[i-j] = tempWorkout;
402                     }
403                 }
404             }
405             update = true;
406         }
407
408         if(ev.getSource() == sortOptions[2] && scheduleEmpty){
409             for(int i = 0; i < workouts.length-1; i++){
410                 for(int j =0; j<i+1; j++){
411                     if(workouts[i+1-j].difficulty.compareTo(workouts[i-j].difficulty) < 0){
412                         tempWorkout = workouts[i+1-j];
413                         workouts[i+1-j] = workouts[i-j];
414                         workouts[i-j] = tempWorkout;
415                     }
416                 }
417             }
418             update = true;
419         }
420     }

```

```

421
422
423     public void mouseClicked(MouseEvent e) {
424
425     }
426
427     public void mouseExited(MouseEvent e) {
428
429     }
430
431     public void mouseEntered(MouseEvent e) {
432
433     }
434
435     public void mousePressed(MouseEvent e) {
436         mouseLatestX = e.getX();
437         mouseLatestY = e.getY();
438         clip = false;
439
440         for(int i = 0; i < exerciseOptions.length; i++){
441             if(exerciseOptions[i].getBounds().contains(new Point(mouseLatestX,
442                     mouseLatestY))){
443                 mouseHold = true;
444                 exerciseOptions[i].held = true;
445                 labelHeld = i;
446             }
447         }
448         for(int i = 0; i < dailySlots.length; i++){
449             for(int j = 0; j < dailySlots[i].length; j++){
450                 if(dailySlots[i][j].getBounds().contains(new Point(mousePos.x-JpanelX,
451                         mousePos.y-JpanelY))){
452                     dailySlots[i][j].taken = false;
453                     exerciseOptions[labelHeld].inUse = false;
454                     dailySlots[i][j].holding = -1;
455                 }
456             }
457         }
458     }
459     public void mouseReleased(MouseEvent e) {
460         if(!clip && mouseHold){
461             exerciseOptions[labelHeld].posX = exerciseSlots[labelHeld].posX+20;
462             exerciseOptions[labelHeld].posY = exerciseSlots[labelHeld].posY+5;
463             exerciseOptions[labelHeld].setBounds(exerciseOptions[labelHeld].posX,
464                     exerciseOptions[labelHeld].posY, exerciseOptions[labelHeld].origSizeX,
465                     exerciseOptions[labelHeld].origSizeY);
466
467             scheduleEmpty = true;
468             for(int i = 0; i < exerciseOptions.length; i++){
469                 exerciseOptions[i].held = false;
470                 if(exerciseOptions[i].inUse){
471                     scheduleEmpty = false;
472                 }
473             }
474             for(int i = 0; i < dailySlots.length; i++){
475                 for(int j = 0; j < dailySlots[i].length; j++){
476                     if(dailySlots[i][j].getBounds().contains(new Point(mousePos.x-JpanelX,
477                         mousePos.y-JpanelY)) && mouseHold){
478                         dailySlots[i][j].taken = true;
479                         exerciseOptions[labelHeld].inUse = true;
480                         dailySlots[i][j].holding = workouts[labelHeld].num;
481                     }
482                 }
483             }
484         }

```

```

480     }
481     mouseHold = false;
482 }
483
484     public void mouseWheelMoved(MouseWheelEvent e) {
485         if(e.getWheelRotation() < 0){
486             scrollUp = true;
487         }
488         else if(e.getWheelRotation() > 0){
489             scrollDown = true;
490         }
491     }
492
493     public void loadData(){
494         try {
495             dataScan = new Scanner(new File("ScheduleData.txt"));
496         }
497         catch (Exception error) {
498             System.out.println("An error occurred:" + error);
499             error.printStackTrace();
500         }
501         accountCounter = 0;
502         allData = "";
503         currentLine = "";
504         accountFound = false;
505         while(dataScan.hasNextLine()){
506             currentLine = dataScan.nextLine();
507             allData += currentLine + "%";
508             tempData = new ArrayList<>(Arrays.asList(currentLine.split(", ")));
509             if(user.equals(tempData.get(0))){
510                 accountFound = true;
511                 accountNum = accountCounter;
512                 scheduleData = tempData;
513             }
514             accountCounter++;
515         }
516         allDataArr = allData.split("%");
517         paintLoad = true;
518         dataScan.close();
519     }
520
521     public void saveData(){
522         tempLine = "";
523         try {
524             tempLine += user;
525
526             for(int i = 0; i < dailySlots.length; i++){
527                 for(int j = 0; j < dailySlots[i].length; j++){
528                     if(dailySlots[i][j].taken){
529                         tempLine += (", " + i + ", " + j + ", " +
530                         dailySlots[i][j].holding);
531                     }
532                 }
533             }
534             allDataArr[accountNum] = tempLine;
535
536             dataWriter = new FileWriter("ScheduleData.txt", false);
537             BufferedWriter bDW = new BufferedWriter(dataWriter);
538             for(int i = 0; i < allDataArr.length; i++){
539                 bDW.write(allDataArr[i]);
540                 bDW.newLine();
541             }
542
543             bDW.close();

```

```

543
544     }
545     catch (IOException error) {
546         System.out.println("An error occurred:" + error);
547         error.printStackTrace();
548     }
549 }
550
551     public void refresh(){
552         this.remove(selectMenu);
553         this.remove(menuBar);
554
555         for(int i = 0; i < daysOfWeek.length; i++){
556             this.remove(daysOfWeek[i]);
557         }
558
559         for(int i = 0; i < sortOptions.length; i++){
560             this.remove(sortOptions[i]);
561         }
562
563         for(int i = 0; i < exerciseOptions.length; i++){
564             this.remove(exerciseOptions[i]);
565             this.remove(exerciseSlots[i]);
566         }
567
568         for(int i = 0; i < dailySlots.length; i++){
569             for(int j = 0; j < dailySlots[i].length; j++){
570                 this.remove(dailySlots[i][j]);
571             }
572         }
573
574         counter = 0;
575         for(double i = 0; counter < timeSlots.length; i+=0.25){
576             this.remove(timeSlots[counter]);
577             counter++;
578         }
579         this.remove(slotsCont);
580         this.remove(optionsCont);
581
582         this.add(selectMenu);
583         this.add(menuBar);
584
585         for(int i = 0; i < daysOfWeek.length; i++){
586             this.add(daysOfWeek[i]);
587         }
588
589         for(int i = 0; i < sortOptions.length; i++){
590             this.add(sortOptions[i]);
591         }
592
593         for(int i = 0; i < exerciseOptions.length; i++){
594             exerciseOptions[i].setBounds(exerciseOptions[i].posX,
595             exerciseOptions[i].posY, exerciseOptions[i].sizeX, exerciseOptions[i].sizeY);
596             exerciseOptions[i].setOpaque(true);
597             if(workouts[i].difficulty.equals("Beginner")){
598                 exerciseOptions[i].setBackground(new Color(205, 255, 205));
599             }
600             else if(workouts[i].difficulty.equals("Experienced")){
601                 exerciseOptions[i].setBackground(new Color(255, 255, 205));
602             }
603             else if(workouts[i].difficulty.equals("Expert")){
604                 exerciseOptions[i].setBackground(new Color(255, 205, 205));
605             }
606             exerciseOptions[i].setBorder(BorderFactory.createLineBorder((new
607             Color(0,0,0)), 2));

```

```
605     exerciseOptions[i].setFont(new Font("SansSerif", 1, 18));
606     exerciseOptions[i].setText(" " + workouts[i].name + "- " +
607     workouts[i].muscleGroup);
608     this.add(exerciseOptions[i]);
609     exerciseSlots[i].setBounds(exerciseSlots[i].posX, exerciseSlots[i].posY,
610     exerciseSlots[i].sizeX, exerciseSlots[i].sizeY);
611     exerciseSlots[i].setOpaque(true);
612     if(workouts[i].difficulty.equals("Beginner")){
613         exerciseSlots[i].setBackground(new Color(135, 205, 135, 85));
614     }
615     else if(workouts[i].difficulty.equals("Experienced")){
616         exerciseSlots[i].setBackground(new Color(205, 205, 135, 85));
617     }
618     else if(workouts[i].difficulty.equals("Expert")){
619         exerciseSlots[i].setBackground(new Color(205, 135, 135, 85));
620     }
621     exerciseSlots[i].setBorder(BorderFactory.createLineBorder((new
622     Color(0,0,0)), 1));
623     this.add(exerciseSlots[i]);
624 }
625
626 for(int i = 0; i < dailySlots.length; i++){
627     for(int j = 0; j < dailySlots[i].length; j++){
628         this.add(dailySlots[i][j]);
629     }
630 }
631
632 counter = 0;
633 for(double i = 8; counter < timeSlots.length; i+=0.25){
634     this.add(timeSlots[counter]);
635     counter++;
636 }
637 this.add(slotsCont);
638 this.add(optionsCont);
}
```

```
1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4
5 public class Account{
6     private String user, pass, gender;
7     private int height, weight, age;
8
9     public Account(){
10         this("null", "null", 0, 0, 0, "");
11     }
12
13     public Account(String user, String pass, int height, int weight, int age, String
14     gender){
15         this.user = user;
16         this.pass = pass;
17         this.height = height;
18         this.weight = weight;
19         this.age = age;
20         this.gender = gender;
21     }
22
23     public void setUser(String user){
24         this.user = user;
25     }
26
27     public void setPass(String pass){
28         this.pass = pass;
29     }
30
31     public void setGender(String gender){
32         this.gender = gender;
33     }
34
35     public void setHeight(int height){
36         this.height = height;
37     }
38
39     public void setWeight(int weight){
40         this.weight = weight;
41     }
42
43     public void setAge(int age){
44         this.age = age;
45     }
46
47     public String getUser(){
48         return user;
49     }
50
51     public String getPass(){
52         return pass;
53     }
54
55     public String getGender(){
56         return gender;
57     }
58
59     public int getHeight(){
60         return height;
61     }
62
63     public int getWeight(){
64         return weight;
65     }
```

```
64      }
65
66      public int getAge() {
67          return age;
68      }
69  }
```

```
1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4
5 public class SlotsAndOptions extends JLabel{
6     public int posX, posY, sizeX, sizeY, origX, origY, origSizeX, origSizeY, holding;
7     public boolean held = false, taken = false, inUse = false;
8
9     public SlotsAndOptions(){
10         this(0, 0, false, false, 0, 0, 0, 0, 0, 0, -1);
11     }
12
13     public SlotsAndOptions(int posX, int posY, int sizeX, int sizeY){
14         this(posX, posY, false, false, sizeX, sizeY, posX, posY, sizeX, sizeY,
15             -1);
16     }
17
18     public SlotsAndOptions(int posX, int posY, boolean held, boolean taken, boolean
19         inUse, int sizeX, int sizeY, int origX, int origY, int origSizeX, int origSizeY,
20         int holding){
21         this.posX = posX;
22         this.posY = posY;
23         this.held = held;
24         this.taken = taken;
25         this.inUse = inUse;
26         this.sizeX = sizeX;
27         this.sizeY = sizeY;
28         this.origX = posX;
29         this.origY = posY;
30         this.origSizeX = sizeX;
31         this.origSizeY = sizeY;
32         this.holding = holding;
33     }
34 }
```

```
1 import java.awt.*;
2 import java.awt.event.*;
3 import javax.swing.*;
4
5 public class Workouts{
6     public String name, muscleGroup, difficulty, description;
7     public int num;
8
9     public Workouts(){
10         this("", "", "", "", 0);
11     }
12
13     public Workouts(String name, String muscleGroup, String difficulty, String
14     description, int num){
15         this.name = name;
16         this.muscleGroup = muscleGroup;
17         this.difficulty = difficulty;
18         this.description = description;
19         this.num = num;
20     }
21 }
```