

**IAN GABRIEL R. PULMANO**  
**Address:** Sitio Cadcar, Alaminos City Pangasinan  
**Email:** ianpulmano2@gmail.com  
**Phone:** +639276101355

**Objectives:**

Seeking a challenging career that utilizes my skills in my area of a competence and enriches my knowledge, and gives me a chance to be part of a team that contributes towards the growth of the organization, thereby yielding the twin benefits of job satisfaction and convenient professional growth

**Personal Background**

Date of Birth: July 8,2003  
Place of Birth: Baguio City  
Civil Status: Single  
Citizenship: Filipino  
Religion: Catholic

**EDUCATIONAL BACKGROUND:**

**College**  
Information Technology  
STI  
Alaminos City, Pangasinan  
January 2023

**High School**  
Alaminos City National High School  
Alaminos City, Pangasinan  
2016

**Elementary**  
Cayucay Elementary School  
Brgy.Cayucay, Alaminos City, Pangasinan  
2015

**Work Experience:**

Assistant Cook (RestoBar)  
Marikina City  
2021-2023

Helper (Pahinante)  
DELFI, ALASKA COMPANY  
Antipolo City

**Achievements:**

- Consistently recognized as **Most Diligent** and awarded **With Honors** from elementary to high school.
- **1st Place** in the **Science and Math Quiz Bee** (Elementary Level).
- Selected **7 times** as part of the **Mythical Five** in various basketball divisions.
- Earned **2 MVP Awards** in different basketball divisions.
- Awarded **Season MVP** in the Senior Division (Basketball).
- **3-time Bronze Medalist** in **Athletics – Running Events** (Elementary Level).

**CHARACTER REFERENCES:**

Miss Edlyn Mae C. Sarmiento, MaED  
College Instructor  
The Great Plebeian College  
Don Pedro Reinoso St., Poblacion  
Alaminos City, Pangasinan, Philippines

Miss Mhebelyn Dizon  
College Instructor  
The Great Plebeian College  
Don Pedro Reinoso St., Poblacion  
Alaminos City, Pangasinan, Philippines

Mister Gerald Pagodpod  
College Instructor  
The Great Plebeian College  
Don Pedro Reinoso St., Poblacion  
Alaminos City, Pangasinan, Philippines

**STRENGTHS**

- Capacity to manage and prioritize multiple tasks projects and performs well under tight deadline schedules and stress.
- Ability to establish and maintain cooperative working relationship with group members and colleagues.
- Love to work in an environment of diversified nationalities.
- Ability and desire to continually acquire new skills and technologies.

**Skills**

- Good Communication and writing skills.
- Having adequate computer knowledge.
- Able to work independently and under pressure.
- Able to do various duties assigned.
- Enthusiastic with good interpersonal and organizational skills.
- Having a high sense of responsibility.
- Having a prior knowledge with the following applications:  
: Microsoft Office

*Applicant*