

Gaviscon :

USES

Relieves:

- Heartburn
- Sour Stomach
- Acid Indigestion
- Upset stomach associated with these symptoms

DIRECTIONS

- Shake well.
- Take 2-4 teaspoonfuls 4x a day or as directed by a doctor.
- Take after meals or at bedtime.
- Dispense product only by spoon or other measuring device.

When using this product:

- Do not take more than 16 teaspoonfuls in 24 hours.
- Do not use the maximum dosage for more than 2 weeks except under the advice and supervision of a doctor.
- Laxative effect may occur.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Nexium® capsules are a brand of esomeprazole that treats conditions that cause too much stomach acid like stomach ulcers or reflux disease. It can relieve heartburn. It works by reducing the amount of acid in your stomach.

What is this medication?

ESOMEPRAZOLE (es oh ME pray zol) treats heartburn, stomach ulcers, reflux disease, or other conditions that cause too much stomach acid. It works by reducing the amount of acid in the stomach. It belongs to a group of medications called PPIs.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

COMMON BRAND NAME(S): Nexium, Nexium 24HR, Nexium 24HR Clear Minis

Use in adults aged 18 and above

To treat heartburn caused by gastroesophageal reflux disease (GERD):

- If your doctor has found that your food pipe (gullet) has been slightly damaged, the recommended dose is one Nexium 40 mg gastro-resistant tablet once a day for 4 weeks. Your doctor may tell you to take the same dose for a further 4 weeks if your gullet has not yet healed.
- The recommended dose once the gullet has healed is one Nexium 20 mg gastro-resistant tablet once a day
- If your gullet has not been damaged, the recommended dose is one Nexium 20 mg gastro-resistant tablet each day. Once the condition has been controlled, your doctor may tell you to take your medicine as and when you need it, up to a maximum of one Nexium 20 mg gastro-resistant tablet each day.
- If you have severe liver problems, your doctor may give you a lower dose.

To treat ulcers caused by *Helicobacter pylori* infection and to stop them coming back:

- The recommended dose is one Nexium 20 mg gastro-resistant tablet twice a day for one week.
- Your doctor will also tell you to take antibiotics for example amoxicillin and clarithromycin.

To treat stomach ulcers caused by NSAIDs (Non-Steroidal Anti-Inflammatory Drugs):

- The recommended dose is one Nexium 20 mg gastro-resistant tablet once a day for 4 to 8 weeks.

To prevent stomach ulcers if you are taking NSAIDs (Non-Steroidal Anti-Inflammatory Drugs):

- The recommended dose is one Nexium 20 mg gastro-resistant tablet once a day.

To treat too much acid in the stomach caused by a growth in the pancreas (Zollinger-Ellison syndrome):

- The recommended dose is Nexium 40 mg twice a day.
- Your doctor will adjust the dose depending on your needs and will also decide how long you need to take the medicine for. The maximum dose is 80 mg twice a day.