

Panadol Advance :

Panadol Advance is an advanced formulation of paracetamol that contains Optizorb. Unlike some pain relievers that can sit in your stomach, Panadol Advance starts to release its medicine in as little as 5 minutes – and still has the safety profile you trust from Panadol. Panadol Advance is gentle on stomach when used as directed.

Dosage information<sup>3</sup>

Adults and children aged over 12 years can take 1-2 tablets of Panadol Advance (500mg Paracetamol) every 4-6 hours with water as required. Do not exceed the maximum of 8 tablets in a 24-hour period. Do not use for more than a few days at a time except on medical advice.<sup>1</sup>

- **Read more**

Age	Dosage	Frequency
12 years – Adult	1-2 tablets	Every 4-6 hours with water as required (maximum 8 tablets in 24 hours).

Panadol joint:

### **Osteoarthritis Pain Relief**

Panadol Joint is a sustained release formulation that can provide long-lasting relief from joint pain such as that associated with Osteoarthritis. Panadol Joint can be a convenient choice, containing a higher dose of paracetamol than regular Panadol tablets. Panadol Joint may provide up to 8 hour relief from pain.

Panadol Joint is a unique bi-layer caplet incorporating an immediate-release and a sustained release dose of paracetamol. Paracetamol is released in 2 stages, with the first stage being released quickly, for rapid onset of action, and the second stage being released slowly over the day or night, to provide prolonged pain relief.

### **Dosage**

Please check the table below to ensure you take the appropriate dosage of Panadol Joint. Always read and follow all directions on the product label prior to use, and talk to your doctor or pharmacist if you're not sure whether this medicine is right for you.

Age	Dosage
-----	--------

12 years and older

2 tablets, 3 times daily (every 6-8 hours).  
Maximum 6 tablets in any 24-hour period.

#### Panadol night :

Panadol Night contains two active ingredients, Paracetamol which is an analgesic (a pain reliever which relieves aches) and antipyretic (reduces body temperature when you have a fever) and Diphenhydramine hydrochloride, an antihistamine with additional sedative properties.

#### Dosage

Age	Dose	How Often
12 - Adult	2 caplets 20 minutes before bed	2 caplets before bed time, do not take more than 10 consecutive nights.

#### Panadol cold and flue:

Panadol Cold + Flu Day caplets provide relief from Major Cold and flu symptoms. It is a non-drowsy formulation for day time relief

#### Dosage

Age	Dose	How Often
Adults + children aged 12 years and older	1-2 caplets	<ul style="list-style-type: none"><li>• Every 4-6 hours, with a maximum of 4 doses in 24 hours if needed (minimum dosing interval: 4 hours)</li><li>• Do not take more than 8 caplets in 24 hours</li><li>• Do not take longer than 7 days without asking your doctor</li></ul>