



DILMANN AUR AAP -REFRAMING PEACE





Entry Fees: ₹150

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Contact: Date: 7775942815 06[™] Nov 9403720549 2022









Dil, Mann aur Aap

Reframing Peace...

Resource Person:

Kavya Inumella (B.Tech CSE)
Nishad Phadke (B.Tech E&TC)
Prachi Patil (TY Biotech)
Riya Patil (SY CSE)

Duration (in Days): 2 day

Fees: ₹ 150/-

Description:

Bringing above the most hidden and neglected part of life...

A workshop which will give you a general idea about mental health & inner peace. We'll make you aware about your unpredictable mind along with proper reasoning and solutions. This workshop will contain games related to our minds and different activities. If you're comfortable enough, then the stage will be yours for sharing personal experiences and we'll try our best to resolve the problem.

