Idioms & Phrases: Book 1~4

A

be about to do something 即將,將要做某事

• The bell is ringing; the class is about to begin.

by accident 偶然地,意外地

 Columbus had planned to visit Asia, but he discovered America by accident in 1492.

in accord (with...) (fml.) 與...一致,融洽

• Over the centuries, the indigenous tribes have lived in accord with the environment. They treasure the natural resources they've been blessed with.

on account of ... (fml.) 因為...

• The oil price is climbing on account of the war in the Gaza Strip.

act on something 根據某物行事

• If you want to deal with your emotional problems, you should listen to the counselor and act on his advice.

in addition (to...) 除...之外(還)

• In addition to the good service, the restaurant offered wonderful but inexpensive food.

aside from... 除了...以外(還有...);除了...以外

• Aside from the heavy rain, there were strong winds during the typhoon.

• Aside from the awful (糟糕的) meals he had there, Julian was quite satisfied with his trip to Bristol, England.

in advance (of something) (在...)之前,事先

• A train ticket can be booked two weeks in advance of travel.

take advantage of ... 利用...

• Aaron always takes full advantage of the school library by frequently borrowing books from it.

after all 畢竟

 You should apologize to your parents. After all, they were upset with you only because you had arrived home so late.

along with ... 與...一起,除了...之外

• The bank account records, along with the call log, helped the judge to determine that the suspect was guilty of robbery.

along...lines 以...的方式

• Instead of buying carnations to celebrate Mother's Day, Paula did something along different lines—she cooked a big dinner for her mother.

amount to something 總計...,總數達到...

• Believe it or not, the price of this home theater, including a big TV, a Blu-ray player, and a set of speakers, amounts to two million NT dollars.

with open arms 熱情地,熱烈地

 At airports, we often see people greeting family members and friends with open arms.

as for ... 至於...

 The lady would like to have a piece of apple pie. As for me, a cup of black coffee will be fine.

B

back up... 支持..., 證實...

• The scientist showed the results of his experiments to back up his arguments about the new theory.

base something on something 以...為根據,以...為基礎

• The movie is based on the director's experience of an accident that happened twenty years ago.

on behalf of someone 代表某人

• Speaking on behalf of the local residents, the lawyer demanded that the chemical factory nearby be shut down.

belong to ... 是…一類;屬於…

• Leopards and tigers belong to the cat family.

• This iPad belongs to my brother; it's not mine, so I can't lend it to you.

best of all 最令人高興的是,最棒的是

• The hotel is inexpensive and clean, and, best of all, the views from its rooms are stunning.

beyond belief 令人難以置信

• The band is popular beyond belief among the teenagers. The tickets to its concert always sell out within seconds.

believe it or not 信不信由你

• Believe it or not, the brilliant design was created by a little child.

black out something 封鎖 (資訊、消息等)

• We can't find any news about the shooting incident online because it has been blacked out by the government.

bless you 保佑你(對打噴嚏者所說的話)

• Americans always say, "Bless you," when one sneezes.

be blessed with something 有幸享有...

 People on this island are blessed with one of the most beautiful beaches in the world.

take a bow 謝幕,鞠躬答謝

• When the final scene was over, all the performers and the stage crew went onstage and took a bow.

break down (something) 使(...)分解

 Humans take in food with their mouths and break it down in their stomachs.

break out 爆發,突然發生

• It took several hours to put out the wildfire that broke out in the woods.

break out (of something) 逃離 (某事物),擺脫 (某事物)

• Tired of her monotonous life, Serena decided to break out of her daily routine and take a working holiday.

give someone a break (infml.) 饒了、放過某人

• Stop pushing Barbara into doing what she's unwilling to do. Can't you just give her a break?

breathe in 吸氣

• If you get nervous, relax a little bit and breathe in deeply.

• The writer's experience of visiting India has brought about a change in his writing style.

bring...back 使...恢復

• To increase the sales of its fashion magazines, the publisher brought back the ex-editor-in-chief, who was known for having great taste.

bring something on . . . 給...招來(壞事)

• The war brought great damage on the city, which was burned to ashes.

bring down someone 擊敗...,推翻...

• After bringing down the Qing Dynasty (清朝), Dr. Sun Yat-sen set up the R.O.C. in 1912.

bring someone to justice 將...繩之以法,把...緝捕歸案

• The murderer has escaped, but the public believe that he will be brought to justice soon.

build on something 以某事物為基礎

• Mr. Lohan built on his success in Taiwan and opened a branch of his company in Moscow.

burn down (something) (被)燒毀(...)

• It was sad that when the firefighters arrived at the scene, the building had already burned down.

bury oneself in something 埋首於某事

 Nick has buried himself in his studies this semester because he wants to improve his grades.

nothing but 只有

• Molly is such a selfish person that she cares about nothing but herself.

can't help but do something 忍不住..., 無法克制...

• The performance was so amazing that the audience couldn't help but cheer and clap when it was over.

buy into something (infml.) 相信...

 There have been many messages containing false news recently. Don't buy into these lies or you will be misled.

C

call for something 呼籲...,公開要求...

• The World Wild Fund for Natur has called for public attention to save endangered species before it's too late.

care for someone 照顧、照料某人

• Doctors have to try their best to treat patients while nurses are responsible for caring for the sick.

couldn't care less (infml.) 毫不在乎

• Even though he earned little from his paintings, the artist still couldn't care less and continued to work hard at his art.

carry out something 實行某事,進行某事

• Last year, Kim planned to take her family for a trip to the United States, and she has carried out her plan this year by taking them to Las Vegas.

cast a spell on someone 對...下咒,對...施魔法

• The witch cast a spell on the handsome prince and turned him into a frog.

cast out... 驅逐..., 趕走...

• In *Romeo and Juliet*, Romeo was cast out from Verona and ordered never to return as a punishment for killing Juliet's cousin.

cater to ... 满足..., 迎合...的需求

 This six-star hotel caters to guests who want the very best and who don't mind paying more for it.

on the off chance 碰運氣

• Zoey bought some lucky bags during the New Year on the off chance that she would win the big prize.

check out... 查看...,檢查...

• James has been having a runny nose for days. He should be checked out by a doctor.

clear up something 解決(疑慮、問題等)

• Orlando hoped that his teacher could clear up some things in the lesson that did not make sense to him.

close out something 結束某事

 The three-day art festival will be opened by a famous poet and closed out with a performance by a popular singer.

come upon... 偶然遇見...,偶然發現...

• On an early bus to school, Debbie was surprised to come upon Dylan, who was usually late for school.

• The price tag (價格標籤) on this pot has come off. If you would like to know how much it costs, you have to ask the clerk.

come from something 來自...,起源於...

• Some English words come from German. "Kindergarten" is one example.

come across 使人產生(...的)印象

• The man comes across as selfish, so it's no wonder that so few people in the office want to work with him.

come along 抵達,出現

 When a rare opportunity comes along, you should seize it and make good use of it. Don't just let it pass you by.

come up with something 想出,提出(計畫、答案等)

• The teacher came up with some interesting games to help his students remember the new words.

when it comes to (doing) something 說到、提及(做)某事

• When it comes to taking a vacation, the Maldives is the place that Mr. and Mrs. Burton would like to go most.

have something in common (和某人的想法、興趣等方面)有共同之 處;(和某物或某處的特點)有相同、相似之處

- Emily has a lot in common with her fiancé. For example, they are both fond of photography and gardening.
- The two picture books have little in common. One is aimed at young children while the other is meant for adults.

something can't/doesn't compare (with something else) 不能 (與某事物) 相比

• Cookies only satisfy hunger for a short while; they can't really compare with a full meal.

in comparison (with...) (與...)相比較

• In comparison with the other buildings in Taiwan, TAIPEI 101 is much more famous.

consist of... 由...組成、構成

• The Maldives is an island nation located in the Indian Ocean. It consists of more than 1,100 islands.

in control 保持冷靜,處之泰然;掌控,操控(機構或局勢)

- No matter what the situation is, Sophie is always in control of her emotions and acts properly.
- Mr. Brown plays a central role in the company; he is in control of the company's most important things.

cost someone dearly 使某人付出沉重代價

• Continuing to develop nuclear weapons will definitely end up costing human beings dearly someday.

cover up something 掩飾,掩蓋(錯誤、罪行等)

• The boy tried to cover up what he had done at school, but his parents still learned of his mistake from his teacher.

crowd into something 大量湧入某處,大批擠進某處

 To buy plane tickets at special prices, thousands of people crowded into the exhibition hall at the international travel fair.

crowd out... 排擠...

 Some people think that e-books are crowding out printed books and may eventually replace them someday.

cut down (on something) 減少(...)

• The heavy drinker has tried to cut down on drinking. He used to drink 10 bottles of beer a day; now he has one a day.

dawn on someone 使某人開始明白

• When I took a look at the exam paper, it dawned on me that I had studied the wrong unit.

these days (infml.) 現今,如今

• As housing prices continue to climb, it is impossible for most young people to buy a house in the city these days.

day in, day out 日復一日

• Fred went to the same cram school—day in, day out—after school when he was a teenager.

day after day 每天,一天天

• The little tree becomes taller and stronger day after day. It is in leaf all year, and now it is even in flower.

around the clock = all day and all night 日以繼夜

• Walt really wants to become a professional dancer, so he practices his dance moves around the clock.

deal with something 處理...,解決...

 You have to deal with the problem as soon as possible, or it will get worse.

a great deal of something 大量的某物

• It took the runner a great deal of effort to prepare for the big race.

depend on ... 依賴..., 依靠...

• Although Ryan is thirty years old, he still depends on his parents and never tries hard to get a job.

rely on ... (為生活、生存)依賴...; 信賴..., 信任...

- Nowadays, many families must rely on two incomes to make ends meet.
- We can always rely on Felix for useful suggestions on what to do. His advice has always been very helpful.

derive something from something 從...中獲得...

• One important lesson people today should learn is how to derive enjoyment from the simple things in life.

deprive...of something 從...剝奪某物,使...失去某物

• It is somewhat sad that the invention of robots may deprive some people of employment opportunities.

die off 相繼死去

• The doctors in this town couldn't find a cure for the fatal disease. In the end, the townspeople died off.

be dying to do something (infml.) 很想、渴望做某事

• It's freezing outside today. I'm dying to get some hot pot.

in the dead of night 夜深人静時

• The diamonds in the store were all stolen in the dead of night, and no one was aware of it until the next morning.

dig in (infml.) 開動

• At the dinner table, the hungry children started to eat right after their mother said, "Dig in!"

dig into something 探究某事

• The police dug into the criminal's past and found that he had an unhappy childhood.

dish out something 分配某物

• Every year at Thanksgiving dinner, my grandfather dishes out the turkey to the whole family.

without a doubt 毫無疑問地

• Without a doubt, Jay Chou, who has won about twenty Golden Melody Awards (金曲獎), is one of the most influential people in Taiwan's music industry.

drive off (駕駛)駕車離去,(車輛)開走

• It was sweet of the bus driver to patiently wait for the elderly man to get on before she drove off from the bus stop.

drive...out 驅離...

 The farmer used some chemicals to drive the harmful insects out of his fields.

drop out (of something) 退出(學校或活動)

• Because May was unable to afford the school fees, she dropped out of college after her first year and started to work.

due to... 因為...,由於...

• Due to the heavy fog, the airport was forced to close.

on duty 值班,值勤

According to the law, police officers are not allowed to drink when they
are on duty.

E

at ease 感到自在、輕鬆的

• Doris wasn't nervous at all when she danced in front of so many people. She was completely at ease.

end up (doing something) 最後處於(...), 結果成為(...)

• Patrick planned to return to his desk to work after taking a short rest, but he ended up falling asleep in bed.

engage in something 参加...,從事...

• Daniel spent too much time engaging in extracurricular activities, and thus had little time to focus on his schoolwork.

even though 即使,雖然

• Even though Leo is rich, he still doesn't feel satisfied with his life.

to...extent 到達...的程度

• Crime rates in this town have risen to such an extent that people are now afraid to walk outside alone after dark.

go to extremes 採取極端的手段

• In order to build up muscles, Karl has gone to extremes. Recently, he has been working out for five hours a day.

in someone's eyes 在某人看來,在某人心目中

• In the scientist's eyes, it is just foolish to believe in superstitions.

have one's eye on someone 看上...,看中...

• Bruce has had his eye on Pamela for months, and he has decided to give her a bunch of roses on Valentine's Day.

open one's eyes (to something) 使某人(對...)開眼界、長見識

• Working part-time has opened my eyes to how hard it is to make money.

F

save (one's) face (給...)留面子

• Mrs. Goldman didn't correct her husband in front of his co-workers in order to save his face.

disappear off the face of the earth 消失得無影無蹤

• The ship seemed to have disappeared off the face of the earth when it passed through the Bermuda Triangle.

in fact 實際上,事實上

• The singer said that she didn't care about the prize at all. But in fact, she wanted to win it so badly.

as a matter of fact 實際上,其實

• Philip talked like he had never met that girl before. But as a matter of fact, they had taken a course together before.

in reality 事實上

 Alice seemed confident before her performance, but in reality she was quite nervous.

fade out 使(畫面)淡出,使(聲音)漸弱

• When the play began, the leading actors went onstage with the opening music fading out.

far from (doing) something 完全不...,根本不...

• Thomas, far from complaining about how difficult the task was, tried his best to complete it.

be on one's feet 久站

• The salesman has been on his feet all day long. He is too busy to sit down and take a break.

fight off something 擊退...,克服...

• Brad fought off his cold by drinking a lot of warm water and taking enough rest. He is now feeling better.

nowhere to be found 找不到

• The limited edition (限量版) album sold out quickly. Now, it is nowhere to be found in stores.

first of all 第一,首先

• There are many steps when it comes to baking a cake. First of all, you have to prepare all the ingredients that you need.

come first 最為重要,擺在第一位

• Job performance always comes first in that company—that's why it doesn't have a dress code or a lot of other rules.

first and foremost 首先,首要的是

• There are many things to do to prepare for a trip abroad. First and foremost, make sure that you bring enough money.

fit in 適應

• Melissa fits in quite well at her new job. She is good at her work and has made several close friends there.

flash back (to something) 回想起 (某事)

• When Jacob watched the old video, his thoughts flashed back to the day when his father taught him to ride a bike.

forgive and forget 完全原諒,不念舊惡

 A long time after the fight with Elva, Joe was finally able to forgive and forget. He decided to be friends with her again.

to the fullest 充分地

• Zoe enjoys her life to the fullest. She lives each day like it were her last.

G

get out of something 逃避...,擺脫...

 James didn't like math, so he tried to get out of doing his math homework.

get into something 養成某種習慣

· Molly's new school is far away. She needs to get into the habit of getting up early.

get behind (with something) (在...方面)落後

• Marco, who has got behind with schoolwork, needs to put in more effort if he wants to catch up with his classmates.

get over... 從...中恢復常態

• After three days of medical treatment, Mr. Fox was finally able to get over the sickness.

get rid of... 擺脫...,除掉...; 丟棄...,扔掉...

- Ms. Hudson opened all the windows to get rid of the bad smell of burnt toast in the kitchen.
- Iris has grown more than three inches, so she has to get rid of her old pants and buy some in larger sizes.

get around 四處走動,旅行;(消息、訊息等) 傳開,流傳

- Because Timothy broke his legs in a car accident, he has to use crutches to get around.
- Word gets around quickly in this small town. Many of my neighbors have already learned that my sister is getting married next year.

get away (from ...) (從...)離開,(從...)逃離

• I have a lot of work to finish; as a result, I won't be able to get away from the office until nine or ten o'clock tonight.

get at something 查明...,瞭解...

• We need to take some time to get at the cause of the problem before we can come up with a solution to it.

at first glance 乍看之下,初見

• At first glance, the answer seemed perfect. Nevertheless, I realized that it didn't make sense after a second look.

at a (single) glance 看一眼

• At a single glance, the teacher knew that Leo had copied the content in his history report from Wikipedia.

be glued to something (infml.) 全神貫注地看著...

• The kid's eyes were glued to the tablet because the moving pictures on its screen got all his attention.

go on 發生,進行

• Jean saw David and Ray shouting at each other angrily. However, she had no idea what was going on.

go on to do something (完成某事後) 接著做另一件事

• Tom began as an assistant in the sales department, but he later went on to run the entire company.

go to... 給予...,由...得到

 Our special thanks go to Anna, who came up with the great idea for this new product.

go by (時間)流逝

• As the years went by, my parents' hair turned gray.

go by something 遵循某事物,遵從某事物

• The students are asked to go by their school's motto (校訓): Enter to learn, and go forth to serve.

go beyond something 超出...,超過...

 What Victor is saying about me has gone beyond a joke. I am deeply offended by his words.

What goes up must come down. 凡事有起有落。

• "What goes up must come down," as the saying goes. So, don't show arrogance even though you've won a victory.

take...for granted 將...視為理所當然

• Instead of appreciating his parents' unconditional love and support, Adam always took them for granted.

grow out of something 產生於...,源自於...

• Mr. Portman's plan to move to Taiwan grew out of his love for the friendly people there.

H

on the other hand 另一方面

• On the one hand, Pauline complains about wearing skirts. On the other hand, she enjoys buying many skirts. What a strange girl she is!

• In the old days, decisions about children's marriages were entirely in the hands of their parents.

come in handy 有用,派上用場

• The old vase is still in good condition, so don't throw it away. It may come in handy someday.

hang up 掛斷(電話)

• After chatting with his friend for an hour on the phone, Denny finally hung up and got back to work.

hang out (with someone) (與...)閒晃、廝混

• After school, Zack and his friends hung out in a park near their school.

have no idea 不知道,不瞭解

 Wendy looked confused because she had no idea what her teacher was talking about.

have no need of something 不需要某物

• Mr. and Mrs. Miller are going to a tropical island for a week, where they will have no need of heavy coats.

have nothing to do with . . . 與 . . . 無關

• It's clear that Jonas didn't prepare for the meeting. What he said had nothing to do with the topic we were discussing.

as luck would have it 幸而,碰巧

• Andy reached the station five minutes late for his train's scheduled departure (離站時間). As luck would have it, though, the train was delayed for ten minutes, so he was able to catch it.

had better 最好..., 還是(做)...好

• It's already 11 p.m. You had better go to bed now, or you may get dark circles under your eyes tomorrow.

make (the) headlines: 成為重要新聞、頭條

• Once the news of the discovery of a gold mine under the castle came out, it made headlines around the country.

pour out one's heart 傾訴,傾吐

• Ken poured out his heart to Laura. He told her everything on his mind.

win the heart of someone 赢得...的心

• Ryan told a lot of funny jokes in an attempt to win the heart of the girl whom he had his eye on.

lose one's heart (to someone) (fml.) 愛上(某人)

• Wendy lost her heart to Mike the first time she saw him because of his handsome face and strong muscle.

open one's heart (to someone) (向某人) 敞開心扉

• It is common for teenagers to open their hearts to their friends when they are facing problems.

one's heart is in one's mouth 提心吊膽,緊張害怕

• Rex's heart was in his mouth as he opened the letter from the university he had applied to.

hit it big (infml.) 成功

• With its varied characters and interesting story, the comic book has hit it big with readers around the world.

hit the roof (infml.) 勃然大怒,生氣

• When Sam found out that his little sister had broken his robots, he hit the roof and shouted at her.

hit home 使(某人)深切感受到

• The ugliness of the war hit home when we saw the horrifying scenes of the fighting on TV.

at home 自在,無拘無束

• Carl feels at home whenever he shares his ideas with other people. He is not afraid to express himself openly and freely.

in honor of ... 向...致敬

• The ceremony was held in honor of those who had served their country in the military.

in the hope of doing something

• The clerk has been working hard in the hope of getting a raise.

hunt someone down 追捕某人,追緝某人

• The killer was in hiding for months, but the police were finally able to hunt him down and arrest him.

for instance = for example 例如

• Jenny hates certain vegetables. Pumpkins, for instance, make her sick.

K

keep (...) out (of something) 不使(...) 進入(某地)

• Mrs. Tanner put up a fence around her house to keep strangers out.

keep (someone) out of something 使(某人)不捲入...,使(某人)不受... 的影響

• Think twice before you post anything on the Internet. This can keep you out of trouble.

keep off something 避免吃某物

• To lose weight, Arthur is trying hard to keep off candy and fried food.

keep down something 抑制某物增長,使某物不增加

• Linda decided to keep down her costs of living so that she could save more money for her trip to South America.

keep up with ... 跟上..., 趕上...

• Falling behind academically, Francis will need to work harder to keep up with the rest of her class.

keep...in mind 記住...,考慮...

· Always keep your goal in mind; try your best to achieve it.

knock on wood 敲木頭(希望留住好運、避免厄運時說的話)

• "Everything's been going well so far—knock on wood," said Abbie.

know no bounds 無窮無盡

• The king wished to have control over all the countries in the whole world; his desire for power knew no bounds.

L

lay down something 制定,明訂(規定或法律等)

• The teacher laid down the classroom rules for her students to follow.

at least 至少,起碼;至少,不少於

- Ann wasn't sick. At least she looked fine when I saw her this morning.
- At least 100 million tourists flock to the Mediterranean Sea every

summer to enjoy the beach and sunshine.

last but not least 最後但同樣重要地

• If you want to have a perfect first date, you'll need a relaxed attitude, the right location, and, last but not least, some lively conversation.

leave something alone 别動、別碰某物

• Eric's mother asked him to leave the snacks on the table alone because dinner was almost ready.

lend oneself to something 適合某事物,適用於某事物

• Hsinchu, also known as the "Windy City," lends itself to the establishment of wind farms.

let us say 比方說,例如

• Let us say you want to buy a new TV set. You should check prices online before you buy one in a store.

come to life 活過來

• In the story, a wooden puppet named Pinocchio comes to life and experiences many adventures.

take someone's life 殺死某人,取某人性命

• Ms. Freeman discovered that she had stomach cancer last July, and this illness took her life three months later.

live with something 忍受某事物

 A new road is currently being built in this area. Thus, the nearby residents will have to live with the increased noise for the next few months.

live up to something 達到(期待),履行(諾言)

• The restaurant didn't live up to our expectations. The food was acceptable, but the atmosphere was really awful.

live on something 以某食維生

 When my grandparents were young, they were very poor and lived mostly on yams.

see the light 終於明白、領悟

 Nora finally saw the light and decided to quit taking drugs after she began to suffer drug addiction.

before long 不久之後,很快

• The boys liked the new robot at first, but before long they started to play with some other toys.

as long as 只要

• The woman said that she would let her son get a pet as long as he promised to take good care of it.

no longer 不再

• Carl kept on lying to his friends, so they no longer put their trust in him.

look for... 尋找...

• Mark is looking for a tie that can go with his suit.

look up something 查閱...,搜尋...

• You can look up the telephone number of that store in the phone book.

look into something 調查...

• The police looked into the plane crash carefully for the purpose of finding out its cause.

look around (something) 參訪(某地)

• While Ruth was in Rome on a business trip, she took the opportunity to look around this ancient city.

look someone up and down (批判性地)打量某人

• To make sure that his daughter would be safe on the first date, the father looked her date up and down as he came to the door.

look forward to (doing) something 高興地期待、盼望(做)某事

• Vivian and I are going river tracing next weekend; both of us are really looking forward to it.

M

make for something 導致某事,促成某事

· Being open to new experiences makes for an interesting life.

make friends (with someone) (和...)交朋友

• Many people like to make friends with Felix because he is such a friendly and kind person.

make fun of ... 嘲笑..., 取笑...

 It's unkind to make fun of the sound some foreigners make when they try to speak Mandarin Chinese.

make it 及時趕到

• With such heavy traffic, I'm afraid we may not make it to the airport.

make up something 編造(藉口、謊言等)

• William didn't say sorry for being late again. Instead, he made up an excuse, which drove his friends mad.

make up something 組成...,構成...

• In this factory, foreign workers make up sixty percent of the employees.

make up one's mind 下定決心

• Allan has made up his mind to take the new job. He is quite sure that he can handle it.

keep an open mind 不懷成見,願意聽取他人的意見

 Keep an open mind about things you've never experienced. Don't judge anything before you've given it a try.

make peace (with someone) (與某人)談和

 The two countries decided to end the war and make peace with each other.

make oneself understood 把自己的意思表達清楚

 Mr. Cyrus speaks Mandarin Chinese so well that he has no difficulty making himself understood in Taiwan.

many a(n) (fml.) 大量,許多

• Taking drugs has destroyed the physical and mental health of many a young man.

in the meantime 在此時,期間

 The plane is going to take off in ten minutes. In the meantime, please be seated.

not to mention something 更不用說...

• The earthquake caused the widespread destruction of buildings, not to mention a good deal of human suffering.

mistake...for... 把... 誤認為...

• I mistook Maria for her twin sister because they look so much alike.

what is more 再者,而且

• I don't want to go out because it's raining heavily. What is more, it's already very late.

no more than 僅僅

• Believe it or not, it only took the hungry man no more than one minute to eat up the whole pizza.

more often than not = usually 多半,往往

 More often than not, Shawn has two pieces of buttered toast and a cup of herbal tea for breakfast.

move on (to something) 接著進行(不同的事)

• If you don't have any questions about the information on this page, let's move on to the next page.

0

occur to someone 某人想到...,想起...

• The moment that I stepped onto the bus, it suddenly occurred to me that I had left my lunch box at home.

once again 再一次

 After Wendy had worked for three years, she went back to school to study once again.

all at once 突然

• Everyone at the party was in a good mood. Then, all at once, the happy mood turned to fear when an explosion rocked the building.

only if 唯若...才,只有當

• During World War II, Jews in Europe could survive only if they could be kept hidden from the Gestapo.

open up 暢所欲言,開誠布公

• It took a while for Fred to open up to his girlfriend, and now he shares all of his thoughts, fears, and dreams with her.

on the outside 表面上,由外表看來

• The pork chop is awful. It's burnt on the outside, but raw on the inside.

over and over (again) 再三地,一再地

• The performers practiced their lines over and over again in order that their play would be as perfect as possible.

owing to something 因為某事

 Owing to the heavy rain, all the trains along the west coast of Taiwan were delayed.

P

take part in something 参加...

 Alice took part in a beach clean-up activity last weekend. She was glad to help out.

• Abby's parents will play a part in her decision to take the job. If they don't like it, she is likely to refuse the offer.

pass away 去世,過世

• Jim's grandfather passed away last week. His funeral was held yesterday.

pass on something (to someone) 傳遞某物(給某人)

 My mother passed on her mother's ring to my sister when my sister got married.

pay off 成功,有所回報

• Work hard, and all the efforts you have made will finally pay off.

pay someone back (sth.) 償還某人(人情、恩惠);償還某人(金錢)

• The man who helped me find my purse said I could pay him back by helping someone else in need in the future.

• Peggy just paid me back the NT\$500 she borrowed from me last week.

two peas in a pod 一模一樣

• Although Wesley's brother is five years older than Wesley, they are two peas in a pod. Both of them have narrow eyes and a double chin.

every penny 每一分錢,所有的錢

• Sandy is a responsible, hard-working employee, and she is definitely worth every penny that the company pays her.

pick up something 撿起...,拿起...

• The mother ordered her child to pick up his toys from the floor and put them back into the basket.

pick up something (偶然)得到...,學會...

• Mr. Huang picked up a little Japanese when he did business with customers from Japan.

in place of ... 代替...,取代..

• Tiffany pitched the game in place of Rita today because Rita had hurt her arm in a previous match.

take the place of ... 代替..., 頂替...

• The boss is looking for someone to take the place of his secretary who just quit last week.

pluck up the courage (to do something) 鼓起勇氣(...)

• The shy boy hasn't yet plucked up the courage to ask the cute girl out.

pop the question (infml.) 求婚

• Thomas believes that Laura is his Ms. Right, so he plans to pop the question to her tonight.

in preference to... 而非..., 並非...

• Some girls like to wear jeans and pants in preference to skirts, while others prefer the latter to the former.

in one's presence 在某人面前

• Peter is afraid of his boss, so he seldom talks in her presence.

press for something 不停要求某事物,持續要求某事物

• After the drunk driving accident, people are pressing for stricter punishment for those who drive under the influence.

pull up (something) (駕駛)停車,(車輛)停止

 When the car pulled up outside the hotel, the doorman opened the car door for the passengers.

- Louis had a lot of pimples on his face, so he went to see a doctor and got some cream to put on them.
- Whoever wants to go into the public swimming pool must put on a swimming cap first.

put up with... 忍受...,容忍...

• I can't imagine how Seth's wife puts up with him—he gets angry so easily, and he complains all the time.

put off (doing) something 拖延...,延宕...

• Since we have midterm exams this week, the field trip has been put off until next weekend.

put aside something 储存某物,保留某物

 To buy a house, Shirley puts aside most of her salary and never spends money on luxury goods.

\mathbb{R}

rather than 而不是

• It's really cold today, so I'll have a cup of hot milk rather than iced tea. would rather...(than...) 寧願..., 寧可...

• Yvonne would rather stay at home and watch videos than go shopping with her friends.

reach out to someone 向...伸出援手,對...提供援助

• The organization often reaches out to teenagers who suffer from war and provides them with telephone counseling.

read (something) into something (對某事) 過度解釋、解讀

• I think you're reading too much into Mia's silence—she's not upset with you; she is just exhausted.

the recesses of something (某物的) 隱蔽處;(情感、思想的) 深處

• Legend has it that the creature, known as "Bigfoot," lives in the recesses of this forest.

• Henry seems to have forgiven Sarah for her dishonesty. However, the bitterness he holds toward her still remains in the recesses of his mind.

refer to ... as something 将...稱作某物

• People often refer to New York City as the Big Apple and Chicago as the Windy City.

result in something 導致...,造成...

• The fierce war has resulted in thousands of deaths in these countries.

in return (for something) 作為 (對某事的) 回報

• The volunteers who helped the needy expected nothing in return.

revenge oneself on someone (fml.) 向某人報復,對某人報仇

• Joe didn't revenge himself on those who had made fun of him. Instead, he decided to forgive and forget.

ring out (聲音) 響亮,清晰可聞

• In the dead of night, an explosion rang out, and the people living in the neighborhood all got up to see what happened.

at risk of (doing) something 有(遭逢)某事的危險

• The forest was on fire, and the neighboring houses were at risk of catching fire, too.

roll down something 搖下(車窗)

• The kids rolled down the car windows to enjoy the breeze as their parents drove them to the beach.

round up... 圍捕...;將...聚集起來

- As soon as the police officers arrived at the building, they rounded up the men who were throwing petrol bombs.
- The farmer has to round up his flock of goats so that he can milk them.

run into something 遭遇(困難、麻煩等)

• If you run into any problems and don't know what you should do, you can turn to your parents or teachers.

S

for the sake of something

• Jimmy doesn't like his job at all; he continues to do this job simply for the sake of money.

second to none 不亞於,首屈一指

• As the creator of Sherlock Holmes, Arthur Conan Doyle's achievements in the field of crime fiction are second to none.

make sense 合乎情理,明智;說得通,易於理解

- It makes sense for people to pursue their own interests.
- My teacher told me that several parts of my paper didn't make sense, so I had to rewrite them.

set up something 設立..., 創立...

• The government plans to set up a library in the small town to offer the local children plenty of books to read.

set out 出發,啟程;(懷著目標)開始工作

- These tourists spent a night in the hotel and then set out for the next tourist spot early in the morning.
- No matter how hard it may be, I never give up once I set out to get something done.

settle down 定居下來

• After getting married, Mr. and Mrs. Carter decided to move to the countryside and settle down there.

settle a/the score (with sb.) 報復 (某人), (和某人) 算帳

• After Ian moved away, he returned to his hometown to settle scores with those who had hurt him. He wanted them to pay for all they had done to him.

nowhere in sight 看不到,找不到

• With profits nowhere in sight, the company may close down soon.

sit back 不採取行動,袖手旁觀

• Brian just sat back and didn't even try to grasp the chance. No wonder he never got the girl he liked.

size up... 評估...,判斷...

• Yvonne thought for a while, sized up the situation, and made her final decision.

and so on 諸如此類,等等

• We can better our English by reading English articles, listening to English songs, watching English movies, and so on.

or so 大約

• "There are fifty clubs or so in my school," said Ryan. "I'm not sure of the exact number, though."

sleep in 晚起,睡懶覺

 Katy gets up early during the week, but she tends to sleep in on weekends.

sow the seeds of something 播下...的種子,成為...的肇端

• Lisa's boyfriend always used abusive language to address her, and this has sowed the seeds of their separation.

spare one's feelings 不使某人難過,顧及某人的感受

• Don't spare my feelings. Just tell me the truth, even though it may be quite frustrating.

spice up something 為某物增添趣味

• Mr. Carey told some stories to spice up his speech. He hoped the students would enjoy it.

in spite of something 儘管...

• Ms. Fuller insisted on going to work in spite of the fact that her doctor had told her to rest at home.

on the spot 當下,立刻

• The patient noticed that the nurse had spelled his name wrong and corrected her on the spot.

stay up 熬夜,不睡覺

 Philip stayed up late last night to watch the World Cup final; no wonder he felt sleepy in class this morning.

steep oneself in something 沉浸於...

• John steeped himself in the Spanish language and culture to prepare himself for his year abroad in Madrid.

stem from something 起源於某事物,由某事物引起

Many social problems in this city have stemmed from poverty.

stick to something 維持...,堅持...

• Sarah promised to write me a letter, but she didn't stick to her word.

stir up something 挑起...,煽動...

• Emily often stirs up trouble in class, so we don't like her.

stop by (...) 順路拜訪 (...)

 After work, my dad usually stops by the supermarket on his way home to buy some food for our dinner.

strike a balance (between ... and ...) 求得平衡,折衷

• For businesspeople, how to strike a balance between quality and costs is an important issue.

for sure (infml.) 肯定,一定

• No one knows for sure whether or not the leg-lengthening surgery will produce any positive result.

be supposed to (依規定、安排等)應當,該;一般認為

- Students who take this economics course are supposed to turn in a report on fair trade before the end of the term.
- I haven't read the novel yet, but it's supposed to be an interesting and inspiring story.

swarm with... 擠滿...,到處是...

 The department store is always swarming with shoppers during the sales.

sweep away something 徹底消除...,消滅...

• Learning that his missing child had been found swept away Sam's worry.

Ţ

take on something 接受 (工作),承擔 (責任)

• I always take on any challenges that I'm faced with and never run away from them.

take flight 逃走

• Upon hearing the alarm, the thief took flight and ran out of the house.

take root (思想) 深入人心;(植物) 生根

- Confucianism (儒家思想) has taken root in Chinese culture over the past two thousand years.
- I suggest that you plant the tree near the garden, where there will be enough room for it to take root.

take its toll (on...) (對...)產生不良影響、造成重大損失

• All of the carbon dioxide that is being discharged into the atmosphere every day is taking its toll on the environment.

the talk of something (某地)人人談論的話題

 Yuan Zai, the first giant panda born in Taiwan, has made the headlines and become the talk of the town.

tear apart something 拆散某物,使某物分崩離析

• The war tore apart many families, and many people in these families never again saw one another.

in the long term 從長期來看

• Skipping meals might not bring about serious problems right now, but in the long term, it may lead to eating disorders.

thanks to ... 幸虧..., 由於...

• Thanks to the local sports center, the residents now have access to the space and equipment to play the sports.

that is (to say) 意即,也就是說

• Bright colors can increase people's appetites. That is, people may eat more when they use bowls in bright colors.

think of... 為...著想、設想;想到...,構思出...

- My parents teach me to always think of others when we make plans.
- The host thought of some games to play at the party, and he hoped that every guest would have a great time.

think of ... as ... 把... 看作..., 將... 視為...

• Aunt Patty thinks of me as her own daughter; she loves me and cares about me a lot.

think twice (about doing sth.) 三思而行,仔細考慮(...)

• You had better think twice about meeting your online friend alone, since you don't really know who he or she really is.

have second thoughts (經過考慮後)改變主意,改變想法

 At first, Austin wanted to be a doctor as his parents wished. However, he had second thoughts and then made up his mind to study art because of his strong interest in it.

food for thought 引人深思的事物

• The speech gave the audience plenty of food for thought.

be tickled pink 非常開心、高興

• Mom was tickled pink when Dad surprised her with a dozen red roses.

(someone) be tied up (某人)非常忙碌、無法分身

• Larry is tied up tonight because he has to hand in his project tomorrow.

in time 及時,來得及

• Cancer can be cured if it is discovered in time.

at a time 每次,一次

• The teacher patiently answered the students' questions one at a time.

at times: from time to time 有時候,偶爾

• Mr. Roberts is a serious person, but at times, he likes to tell some pretty funny jokes.

all the time 一直,始终;經常

- During our vacation, it was hot and sunny all the time. So, we all ended up getting sunburned.
- My sister loves reading. She goes to the library all the time.

from time to time 偶爾,有時

• Allan doesn't exercise every day, but he does play table tennis from time to time.

on occasion 偶爾,不時

• Though Nancy has moved to Vietnam with her parents, we still keep in touch by talking on the video telephone on occasion.

(every) once in a while 偶爾,有時候

• Quentin usually rents movies and watches them at home, but he still goes to the theater every once in a while.

(every) now and then 偶爾

• Paul doesn't really like Italian food, but he goes out for pizza every now and then.

time after time 一再地,再三地

• The love song is indeed a great hit. Time after time, you hear it in shops or restaurants.

kill time 打發時間,消磨時光

 Kay was twenty minutes early for the date, so she went windowshopping to kill time.

in the course of time = eventually 總有一天,最終

• Work hard, and you will achieve your goal in the course of time.

together with ... 連同...,和...一起

• The white dress, together with the black belt, costs only NT\$900.

lose touch (with...) (與...)失去聯繫

• I lost touch with Mike after we graduated from junior high school. I often wonder how he is doing.

on the right track 依循正確的方式

• The police ran into difficulties in the beginning, but they are on the right track now.

track down... (經長時間)追蹤到...

• Using the new technology, the scientists are able to track down the birds and find out where they go during the winter.

true to life 逼真,寫實的

• The characters in the movie are so true to life that the audiences can relate to them without difficulty.

tuck someone in 替某人蓋被子

• When I was a little girl, my father used to tuck me in and read me stories until I fell asleep.

turn off something 關掉(電源、水等)

• Miss Wang asked her students to turn off the computers when they left the language laboratory.

turn to... 求助於...

 Daniel didn't know how to complete the assignment, so he plucked up his courage and turned to his teacher for guidance.

turn into... 變成...

• The picture book made the little girl believe that a frog could turn into a prince with just a kiss.

turn out 發展為,結果是

• I thought the weather would be fine today, but it turned out to be a rainy day.

turn down... 拒絕...,回絕...

• I asked Emma out on a date, but she turned down my invitation.

turn up (出其不意地)出現

• We didn't know Sarah was going to come to the party. When she turned up, we were quite surprised.

U

up to something (數量、程度等)至多可達...

• The tour bus can only hold up to 43 people.

be (of) no use 沒有用,無用

• These high school textbooks are of no use to the college student anymore, so he gave them to his younger sister.

make use of... 利用...,使用...

• Ray made good use of his holidays by doing volunteer work.

what's the use (of doing something) (做某事)沒有意義、用處

• Since you've done your best to prepare for this play, what's the use of being concerned about your performance? Just enjoy yourself!

put (something) to (good) use 有效利用(某物)

• The award winner promised to put the prize money to good use by setting up a foundation offering scholarships to international students.

as usual 一如往常地

• As usual, Joe started his day with a cup of coffee.

V

with a view to (doing) something 為了...,以...為目的

 Hera, Athena, and Aphrodite offered Paris different bribes with a view to winning the golden apple.

point of view 觀點

• From my point of view, U-bike is very convenient.

W/

can't wait 迫不及待

• The students hope that the final exam will be over soon. They just can't wait for their winter vacation to begin.

warm up 變暖,暖和起來

• Turn the heater on to warm up the room if you feel cold.

warn someone off (something) 告誠某人不要...

 As the violent typhoon approached, the police warned the public off the beaches and mountainous areas.

by the way (infml.) 順帶一提

• I have an English test later today. By the way, have you seen Dylan? He should go to the class with me.

in no way 一點也不

• They are twins, but their characters are in no way alike.

on the way (嬰兒)尚未出生;即將到來,就要發生

- Mr. and Mrs. Depp have a baby girl on the way. This baby is expected to be born three months from now.
- The winter vacation is on the way. Students are excited about the coming vacation.

in some ways 某種程度上

• Though Tim doesn't take charge of the company, he still has to be responsible for the wrong decision in some ways.

have a way of doing something ...是常有的事,有...的習慣

• In life, bad situations usually have a way of working out in the end.

go a long way toward doing something 對做某事有幫助

• Getting into the habit of reading books of various kinds will go a long way toward increasing one's vocabulary.

wear away (something) 磨損(...)

• The words on the wall can no longer be read, for they have been worn away by the touches of millions of visitors.

as well (as...) 也

• Roy went to the bookstore. He bought two books and a magazine as well.

would do well to do something 建議(做...),應該...比較好

 To avoid offending the locals, tourists would do well to show respect for the cultures of the countries they are visiting.

what if ... = what would happen, if... 要是... 會怎麼樣

• What if Sherry gets angry when she finds out that you lied to her? You had better tell her the truth.

on the whole 大體上來說,大致而言

• This story is not original, but it is well-written on the whole. It's certainly worth reading.

wipe up (something) 擦拭(...),抹掉(...)

• When Danny spilled his juice on the floor, his mother asked him to wipe it up right away.

no wonder = it is no wonder that 難怪

• Daniel kept making noises, which interrupted the class. No wonder he was punished by the teacher.

in other words 换句話說

• Gloria set off for Japan last night. In other words, she is not in Taiwan right now.

be lost for words (因驚訝、難過等) 說不出話,無言

 The school team was defeated in the final, so every member of the team was frustrated and completely lost for words.

work out 成功地發展

• Because of your help, the experimental project is working out well.

work on something 致力於某事

• The photographer has been working for months on his latest photo album; he has put a lot of effort into it.

be worried sick 極度擔心

• It was 11 p.m. and Leo wasn't home yet. His parents were worried sick.