

3-Month Internship Program

(12 Weeks): Project Management Training

Week 1: Introduction to Project Management

- Topics:
 - Overview of project management principles and methodologies.
 - Understanding the role of a project manager.
 - · Key components of project management: scope, time, cost, quality.
 - o Introduction to project management frameworks (Waterfall, Agile, Scrum).
- Assignment:
 - Research and present the differences between Waterfall and Agile project management methodologies.

Week 2: Project Planning and Scope Management

- Topics:
 - Defining project scope and objectives.
 - Work Breakdown Structure (WBS) and creating project plans.
 - Setting project goals using SMART criteria.
 - Scope creep and how to manage scope changes.
- · Assignment:
 - Create a project scope document and WBS for a hypothetical project.

Week 3: Time Management and Scheduling

- Topics:
 - Understanding the importance of time management in project success.
 - · Creating project schedules using Gantt charts.
 - Critical Path Method (CPM) and program evaluation review techniques (PERT).
 - Resource allocation and optimization.
- Assignment:
 - Develop a project schedule using Gantt charts and identify the critical path.



Week 4: Cost and Budget Management

- · Topics:
 - Estimating project costs: top-down and bottom-up methods.
 - Developing project budgets and financial management.
 - o Cost control techniques: Earned Value Management (EVM), forecasting.
 - Risk assessment and budgeting for uncertainties.
- · Assignment:
 - o Create a project budget and perform cost analysis for a small project.

Week 5: Quality Management and Assurance

- Topics:
 - o Defining quality in project management.
 - Key quality management processes: Quality planning, quality assurance, and quality control.
 - Tools for quality management: Six Sigma, Lean, and Total Quality Management (TQM).
 - · Continuous improvement techniques.
- Assignment:
 - Develop a quality management plan for a project, including quality metrics and testing.

Week 6: Risk Management

- · Topics:
 - Introduction to risk management and identifying project risks.
 - Risk assessment: Probability and impact analysis.
 - o Developing risk response strategies: Mitigation, avoidance, and acceptance.
 - Tools and techniques for risk management (risk matrix, SWOT analysis).
- Assignment:
 - Create a risk management plan for a project, identifying potential risks and response strategies.



Week 7: Communication Management

· Topics:

- The importance of communication in project management.
- · Communication models and channels.
- Stakeholder analysis and engagement.
- Creating a project communication plan.

· Assignment:

 Develop a communication plan for a project, including stakeholder mapping and communication tools.

Week 8: Leadership and Team Management

· Topics:

- Leadership styles and their impact on project teams.
- Building and leading effective project teams.
- Motivating teams and conflict resolution.
- Delegating tasks and responsibilities effectively.

· Assignment:

 Create a team management plan, including role assignments, responsibilities, and leadership strategies.

Week 9: Agile Project Management

· Topics:

- Understanding Agile principles and practices.
- o The Scrum framework: Scrum roles, ceremonies, and artifacts.
- · Kanban and other Agile methodologies.
- · Agile project planning, sprints, and iterative development.

• Assignment:

 Plan and execute a short Agile sprint for a project, including creating user stories and conducting a sprint review.



Week 10: Monitoring and Controlling Projects

- Topics:
 - Monitoring project progress: Key performance indicators (KPIs).
 - o Tools for project tracking and reporting (MS Project, Trello, Jira).
 - o Managing project changes and controlling deviations from the plan.
 - o Conducting regular project status meetings.
- Assignment:
 - Set up a project monitoring and reporting system using project management tools.

Week 11: Project Closure and Evaluation

- · Topics:
 - o Closing a project: Final deliverables, acceptance criteria, and client approval.
 - o Project evaluation and lessons learned.
 - Post-project review and documentation.
 - Celebrating project success and acknowledging team efforts.
- Assignment:
 - Create a project closure report, including lessons learned and evaluation of project outcomes.

Week 12: Final Project

- Topics:
 - Bringing together all project management concepts and tools learned.
 - Developing a comprehensive project management plan for a real or hypothetical project.
 - Implementing monitoring, communication, and risk management strategies.
- Assignment:
 - Present a complete project management plan, including scope, timeline, budget, risk management, and communication strategies.



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