

3-Month Internship Program (12 Weeks): Cybersecurity Training

Week 1: Introduction to Cybersecurity

- · Topics:
 - Fundamentals of cybersecurity: CIA triad (Confidentiality, Integrity, Availability).
 - Types of cyber threats and attacks (malware, phishing, DDoS).
 - Overview of cybersecurity tools and career paths.
- · Assignment:
 - Research and present case studies of recent cyberattacks.

Week 2: Networking Basics for Cybersecurity

- Topics:
 - o OSI and TCP/IP models.
 - o Common network protocols (HTTP, HTTPS, FTP, DNS, etc.).
 - o Basics of firewalls, VPNs, and proxies.
- · Assignment:
 - Set up and secure a small network environment.

Week 3: Operating Systems and Command-Line Tools

- Topics:
 - Fundamentals of Linux and Windows operating systems.
 - o Command-line tools for cybersecurity (netstat, ping, traceroute, etc.).
 - Introduction to PowerShell and Bash scripting.
- Assignment:
 - Use command-line tools to monitor and analyze network traffic.



Week 4: Introduction to Cryptography

- Topics:
 - Basics of encryption and decryption.
 - Symmetric vs. asymmetric encryption (AES, RSA).
 - Hashing algorithms (MD5, SHA family).
- Assignment:
 - Implement encryption and decryption for secure file sharing.

Week 5: Vulnerability Assessment

- · Topics:
 - Identifying vulnerabilities in systems and networks.
 - Common vulnerabilities: OWASP Top 10.
 - o Introduction to vulnerability scanning tools (Nessus, OpenVAS).
- Assignment:
 - Perform a basic vulnerability scan and create a report.

Week 6: Penetration Testing Basics

- Topics:
 - Fundamentals of penetration testing: Planning, execution, and reporting.
 - Ethical hacking and legal considerations.
 - Tools for penetration testing: Metasploit, Nmap, and Burp Suite.
- Assignment:
 - Conduct a simulated penetration test on a controlled environment.

Week 7: Web Application Security

- Topics:
 - o Common web application vulnerabilities (SQL injection, XSS, CSRF).
 - Securing web applications against attacks.
 - Testing tools for web security (OWASP ZAP, Burp Suite).
- Assignment:
 - Identify and mitigate vulnerabilities in a sample web application.



Week 8: Malware Analysis

- Topics:
 - o Basics of malware analysis: Types and behaviors of malware.
 - Static vs. dynamic analysis techniques.
 - Tools for malware analysis (IDA Pro, Wireshark).
- Assignment:
 - o Analyze and document the behavior of a malware sample in a sandbox environment.

Week 9: Incident Response and Forensics

- · Topics:
 - Steps in the incident response lifecycle.
 - o Collecting and analyzing digital evidence.
 - o Tools for digital forensics (Autopsy, FTK Imager).
- Assignment:
 - Simulate an incident response and prepare a detailed report.

Week 10: Security Policies and Compliance

- Topics:
 - Developing security policies and best practices.
 - Understanding compliance standards (ISO 27001, GDPR, HIPAA).
 - Risk management and mitigation strategies.
- Assignment:
 - Create a basic security policy document for an organization.

Week 11: Security Tools and Automation

- Topics:
 - o Introduction to SIEM tools (Splunk, ELK Stack).
 - · Automating security tasks with Python.
 - Monitoring and responding to threats in real time.
- Assignment:
 - Develop a Python script for automating a security task (e.g., log monitoring).



Week 12: Final Project

- Topics:
 - Integration of all learned concepts into a real-world scenario.
 - Guidance and mentorship for project implementation.
- Assignment:
 - Build a comprehensive cybersecurity project (e.g., intrusion detection system,
 - o secure web application) and prepare a final presentation.

