**Speaking Section Practice**

**Session 1**

## ****1. Food and Eating Habits****

### ****Part 1: Introduction and Interview****

1. How have your eating habits changed over the years?
2. Do you prefer home-cooked meals or dining out? Why?
3. Are there any traditional dishes from your country that you particularly enjoy?
4. Do you follow any specific dietary restrictions or preferences?
5. How often do you try new types of cuisine?
6. What role does food play in your family or social gatherings?
7. Do you believe people today have a healthier relationship with food than in the past?

### ****Part 2: Long Turn (Cue Card)****

**Describe a memorable meal you had, either at home or in a restaurant.**

You should say:

* Where you had it
* Who you were with
* What was special about the meal
* And explain why it was so memorable for you.

**Describe a food tradition in your culture that you find meaningful.**You should say:

* What the tradition is
* When it is celebrated
* What food is involved
* And explain why this tradition is important to you or your community.

### ****Part 3: Discussion****

1. In your opinion, why do some people avoid certain types of food, such as meat or gluten?
2. Do you think governments should regulate fast food advertising, especially to children? Why or why not?
3. How does globalization influence the eating habits of younger generations?
4. What role do cultural traditions play in determining what people eat?
5. How might climate change affect the future of food consumption?
6. How do modern lifestyles affect people’s eating habits?
7. Is it more important to eat healthily or to enjoy your food?
8. What are the pros and cons of the growing trend toward vegetarianism or veganism?
9. How should schools educate students about nutrition?
10. In what ways can food be considered a form of cultural expression?

## ****2. Reading and Books****

### ****Part 1: Introduction and Interview****

1. What types of books do you most enjoy reading?
2. How often do you read for pleasure?
3. Have your reading habits changed since childhood?
4. Do you prefer reading fiction or non-fiction? Why?
5. How do you choose which book to read next?
6. Have you ever joined a book club or reading group?
7. What do you think makes a book "worth reading"?

### ****Part 2: Long Turn (Cue Card)****

**Describe a book that had a significant impact on you.**

You should say:

* What the book was called
* What it was about
* When you read it
* And explain how it influenced you.

**Describe a book you would recommend to someone learning your language.**  
You should say:

* What the book is about
* Why you chose this book
* Who you would recommend it to
* And explain how it could help someone learning your language.

### ****Part 3: Discussion****

1. Do you think the popularity of e-books will eventually replace printed books? Why or why not?
2. How can schools encourage children to develop a love of reading?
3. What is the value of reading literature from other cultures?
4. To what extent do reading preferences reflect a person’s personality or values?
5. How do you think the rise of social media and short-form content is impacting people’s attention spans and reading habits?
6. Should literature always serve an educational purpose, or is entertainment equally valid?
7. How does the portrayal of characters in literature reflect real social issues?
8. Are libraries still relevant in the digital age?
9. What impact does early exposure to reading have on academic success?
10. How might artificial intelligence influence the future of writing and storytelling?

## ****3. Fashion and Appearance****

### ****Part 1: Introduction and Interview****

1. How important is fashion to you in your daily life?
2. Do you think people judge others based on their appearance?
3. Have your clothing preferences changed over the years?
4. How much time do you usually spend choosing your clothes each day?
5. Are you influenced by celebrity fashion trends?
6. Do you believe fashion is more about self-expression or social conformity?
7. Have you ever regretted a fashion choice you made?

### ****Part 2: Long Turn (Cue Card)****

**Describe a time when what you wore was important for a particular occasion.**  
You should say:

* What the occasion was
* What you wore
* How you felt about it
* And explain why your appearance was important in that situation.

**Describe someone whose sense of fashion you admire.**  
You should say:

* Who this person is
* What kind of clothes they wear
* Why their style stands out to you
* And explain what you’ve learned from observing their fashion sense.

### ****Part 3: Discussion****

1. What role does fashion play in shaping individual identity?
2. Do you believe the fashion industry promotes unrealistic beauty standards?
3. How has social media influenced trends in fashion and appearance?
4. Should people be free to express themselves through fashion, even if it defies societal norms?
5. To what extent should dress codes be enforced in professional or educational settings?
6. How has the fashion industry adapted to environmental concerns?
7. Do you think fashion trends are cyclical? Why or why not?
8. How important is appearance in job interviews and career advancement?
9. To what extent should schools or workplaces impose dress codes?
10. Can fashion be a tool for social or political activism?