**CARDIAC CT PREPARATION**

Name: Peter Duong

Appointment: Wednesday 2024-03-06 at 09:30 AM. Arrive 15 minutes before at 09:15 AM

Take one tablet (Metoprolol 50mg) Tuesday night before bed.  
  
Take one tablet (Metoprolol 50mg) Wednesday Morning at 07:30 AM, 2 hours before appointment time.

Tuesday

No caffeine or stimulants (Coffee, tea, diet pills, sports drinks, chocolate)  
 No Viagra

Wednesday Morning

No exercise  
 No smoking or anti smoking medicines  
 Fasting for four hours prior to your appointment  
 Keep up water intake

Take all your normal medications