

# PSY 503: Foundations of Statistical Methods in Psychological Science

## ANOVA, connections to `lm()`

Suyog Chandramouli

311 PSH (Princeton University)

Dec 1, 2025

# Dec 1st

- Project presentations
- Lecture – this week
  - One-way (within subjects/repeated measures ANOVA)
  - Two-way ANOVA & interactions
  - ANCOVA
  - Factorial ANOVA

# Recap

# One-way ANOVA

- **Use Case:** Comparing means across three or more independent groups
- **As a Linear Model:**
  - $Y = b_0 + b_1X_1 + b_2X_2 + \dots + \varepsilon$ 
    - where X's are dummy coded for k-1 groups
  - NHST
    - Traditional Form:  $H_0: \mu_1 = \mu_2 = \dots = \mu_k$  vs  $H_1: \text{not all } \mu_i \text{ equal}$
    - `lm()` equivalent:  $H_0: b_1 = b_2 = \dots = 0$  vs  $H_1: \text{not all } b_i = 0$

# One-way ANOVA

You know these:

- k group means –  $\mu_1, \mu_2, \dots, \mu_k$
- k samples
  - k sample mean –  $\bar{X}_1, \bar{X}_2, \dots, \bar{X}_k$
  - Sample size –  $n_1, n_2, \dots, n_k$
  - Within group variation

Question: **Are the group means different?**

- "Is there a difference somewhere?"

*Variance due to manipulation /  
random error*

Test-statistic

- Earlier  
 $t = (\bar{X} - \mu) / (s/\sqrt{N})$

Now, comparing k means

$$F = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

**“How much do groups vary compared to typical within-group noise?”**

Observed F is computed directly from the data:

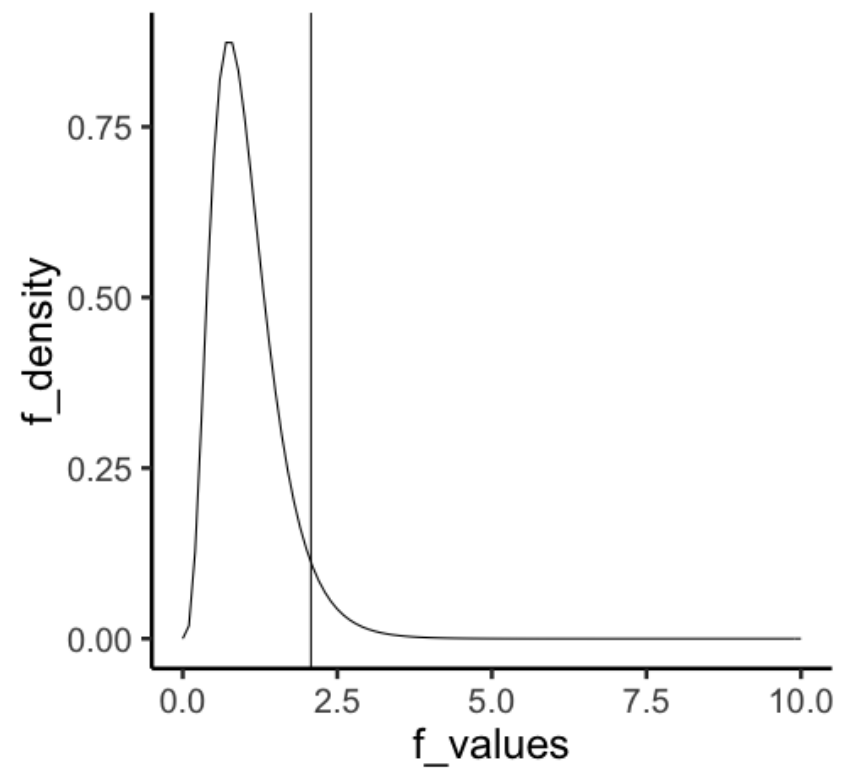
Source	<u>df</u>	SS	MSE	F	p
Effect	$k - 1$	$SS_{Effect}$	$MS_{Effect} = \frac{SS_{Effect}}{k - 1}$	$\frac{MS_{Effect}}{MS_{Error}}$	Calculated from F- distribution
Error	$n - k$	$SS_{Error}$	$MS_{Error} = \frac{SS_{Error}}{n - k}$		

k = number of groups; n = total sample-size

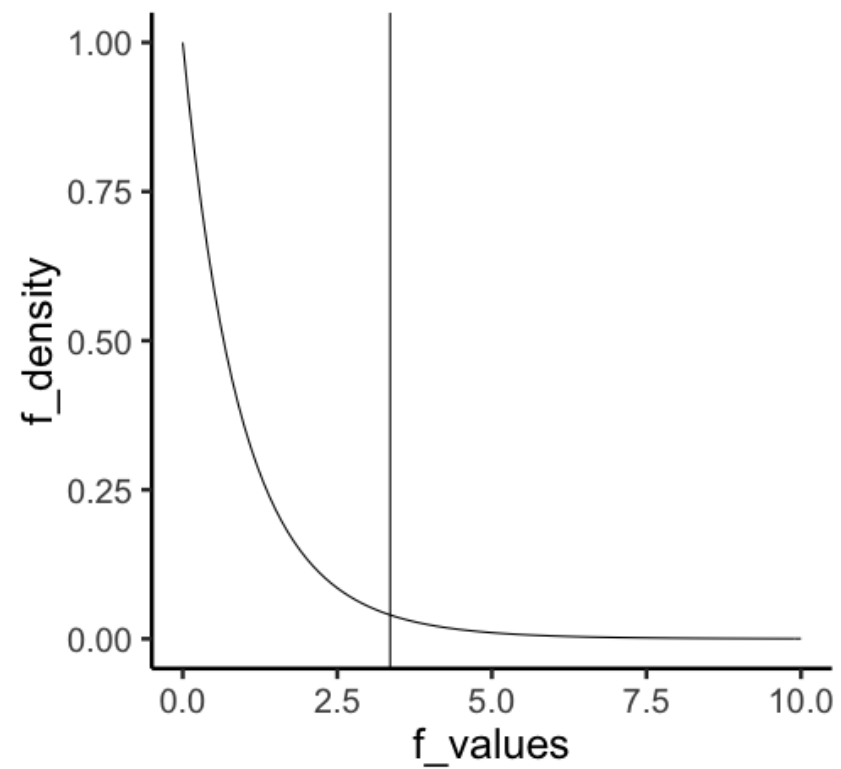
$$SS_{Effect} = \sum_{i=1}^k n_i (X_i - \bar{X})^2$$

$$SS_{Error} = \sum_{i=1}^k \sum_{j=1}^{n_i} (x_{ij} - \bar{X}_i)^2$$

F-distribution (df1=2,df2=27)



F-distribution (df1=2,df2=27)



# One-way ANOVA

- **Test Statistic**

$$F = \frac{\text{Between-group variability}}{\text{Within-group variability}} = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

- **Global test**

- $H_0: \mu_1 = \mu_2 = \dots = \mu_k$
- Our F-test tells us if we can reject this

**Example:**

**ANOVA:**  $H_0: \mu_1 = \mu_2 = \mu_3$

↓ (Reject  $H_0$ )



# Example

```
```{r}
A <- c(20,11,2)
B <- c(6,2,7)
C <- c(2,11,2)
IV <- as.factor(rep(c("A","B","C"),each=3))
DV <- c(A,B,C)
df <- data.frame(IV,DV)
```
```

```
```{r}
df
```
```

| IV<br><fctr> | DV<br><dbl> |
|--------------|-------------|
| A            | 20          |
| A            | 11          |
| A            | 2           |
| B            | 6           |
| B            | 2           |
| B            | 7           |
| C            | 2           |
| C            | 11          |
| C            | 2           |

9 rows

```
```{r}
aov(DV~IV,df)
```
```

Call:  
aov(formula = DV ~ IV, data = df)

Terms:

|                 | IV | Residuals |
|-----------------|----|-----------|
| Sum of Squares  | 72 | 230       |
| Deg. of Freedom | 2  | 6         |

Residual standard error: 6.191392  
Estimated effects may be unbalanced

```
```{r}
aov_results <- aov(DV~IV,df)
summary(aov_results)
```
```

|           | Df | Sum Sq | Mean Sq | F value | Pr(>F) |
|-----------|----|--------|---------|---------|--------|
| IV        | 2  | 72     | 36.00   | 0.939   | 0.442  |
| Residuals | 6  | 230    | 38.33   |         |        |

**F(2,6) = 0.939, p = 0.442**

# One-way ANOVA

- **Use Case:** Comparing means across three or more independent groups
- **As a Linear Model:**
  - $Y = b_0 + b_1X_1 + b_2X_2 + \dots + \varepsilon$ 
    - where X's are dummy coded for k-1 groups
  - NHST
    - Traditional Form:  $H_0: \mu_1 = \mu_2 = \dots = \mu_k$  vs  $H_1: \text{not all } \mu_i \text{ equal}$
    - `lm()` equivalent:  $H_0: b_1 = b_2 = \dots = 0$  vs  $H_1: \text{not all } b_i = 0$

# Follow-up comparisons

- ANOVA only tests the ***omnibus*** question...
  - Are there any differences anywhere?
- Need to conduct additional tests to compare specific means...
  - Questions like:
- Numerous recommendations for the "right" way to do this
  - Simplest: follow-up t-tests
    - T-test on every group pair!
      - Increases Type-1 error rate

# Increasing Type-1 error rate

- **One test:** One decision (binary) with error  $\alpha$  of messing up
- **Three tests:** three chances to mess up
  - Test 1: Group A vs B  $\rightarrow$  reject?
  - Test 2: Group A vs C  $\rightarrow$  reject?
  - Test 3: Group B vs C  $\rightarrow$  reject?
  - Each has 5% error.
  - And cross all three?
    - \_\_\_\_ % chance you reject **at least one** incorrectly.
- **A fix**
  - Adjust  $\alpha$  for each test to keep overall error at 5%.

# Post-hoc corrections

- **Bonferroni:**

- New  $\alpha = 0.05 / 3 = 0.017$
- Use 0.017 for ALL three tests.

- **Holm**

- Sequential adjustment for p-values
  - Smallest p-value: compare to  $\alpha' = 0.05/3 = 0.017$
  - Second smallest: compare to  $\alpha'' = 0.05/2 = 0.025$
  - Largest: compare to  $\alpha''' = 0.05/1 = 0.05$
- Different threshold for each test

# One-way ANOVA

- Test Statistic

$$F = \frac{\text{Between-group variability}}{\text{Within-group variability}} = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

- Global test

- $H_0: \mu_1 = \mu_2 = \dots = \mu_k$
- Our F-test tells us if we can reject this
- **If We Reject  $H_0$  ( $p < \alpha$ ):**
  - We can then investigate specific patterns through:
    - a) Planned Contrasts
    - b) post-hoc tests (Bonferroni, etc.)

Example:

Initial ANOVA:  $H_0: \mu_1 = \mu_2 = \mu_3$

↓ (Reject  $H_0$ )

**Specific Questions:**

- Is  $\mu_1 > \mu_2$ ? (Pairwise)
- Is  $\mu_1 > (\mu_2 + \mu_3)/2$ ? (Contrast)

# Type-1 error rate (planned contrasts)

- **We know**

- **One test:** One decision (binary) with error  $\alpha$  of messing up
- **Three tests:** three chances to mess up
  - Test 1: Group A vs B  $\rightarrow$  reject?
  - Test 2: Group A vs C  $\rightarrow$  reject?
  - Test 3: Group B vs C  $\rightarrow$  reject?
  - Each has 5% error.
- $N = {}^kC_2$  pairs exists for any test :  $k(k-1)/2$

- **Planned contrasts**

- Ahead of time, pick the few ( $n'$ ) you care about
- So you don't have to correct across all pairs
  - Bonferroni:  $\alpha' = 0.05 / n'$

# One-way ANOVA types

- Between-subjects (independent groups)
- Within-subjects (repeated measures)



# One-way ANOVA (between subjects)

## You know these:

- k group means –  $\mu_1, \mu_2, \dots, \mu_k$
- k samples
  - k sample mean –  $\bar{X}_1, \bar{X}_2, \dots, \bar{X}_k$
  - Sample size –  $n_1, n_2, \dots, n_k$
  - Within group variation

## Question: **Are the group means different?**

- Not: "Which ones differ?"
- Not: "By how much?"
- Just: "Is there a difference *somewhere*?"

## Test-statistic

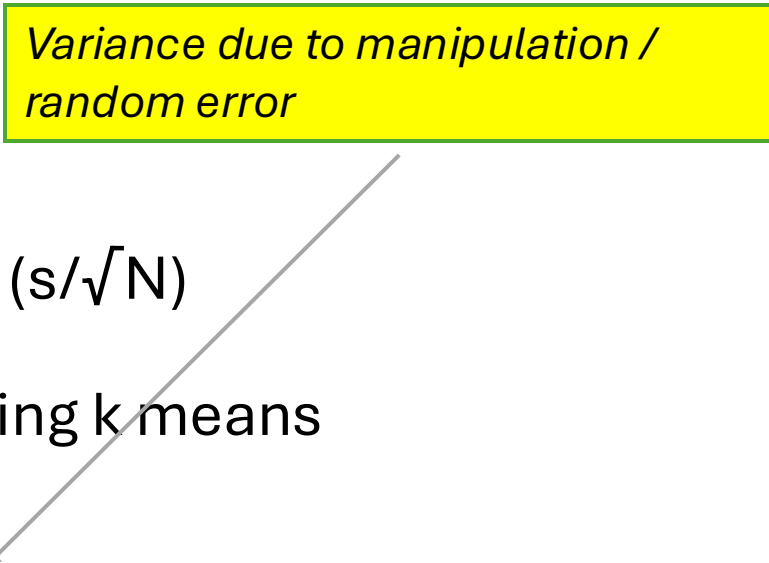
- Earlier  
 $t = (\bar{X} - \mu) / (s/\sqrt{N})$

Now, comparing k means

$$F = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

- **"How much do conditions vary compared to each person's inconsistency?"**

*Variance due to manipulation / random error*



One-way ANOVA (within subjects)

# One-way ANOVA (within subjects)

Condition differences /  
(Noise – subject variance)

## You know these:

- $k$  **conditions** –  $\mu_1, \mu_2, \dots, \mu_k$
- $n$  subjects – each measured  $k$  times
  - Condition means –  $\bar{X}_1, \bar{X}_2, \dots, \bar{X}_k$
  - Subject means –  $\bar{X}_{s1}, \bar{X}_{s2}, \dots, \bar{X}_{sk}$
  - Residual variation

## Question: Are the conditions means different?

- Same question as between-subjects
- But now: *same* people across conditions

## Test-statistic

B/w subjects ANOVA

$$F = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

Error: all within-group variance

Now,

$$F = \frac{MS_{\text{effect}}}{MS_{\text{residual}}}$$

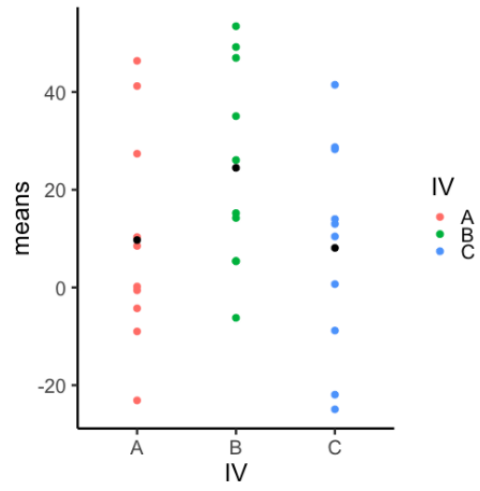
Residual = what's left after removing subject differences from error

## Key idea:

- each person serves as their own control
  - we can partition out stable individual differences.
    - Smaller error term  $\rightarrow$  more power.

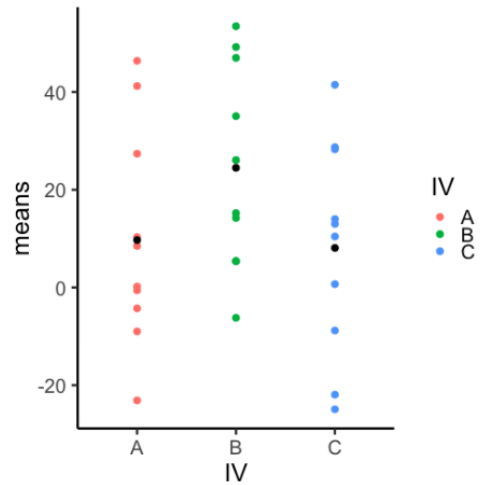
**"How much do conditions vary compared to each person's inconsistency?"**

# B/W Subjects



- MS Effect = 815.97
- MS Error = 472.21
- F = 1.73

# B/W Subjects

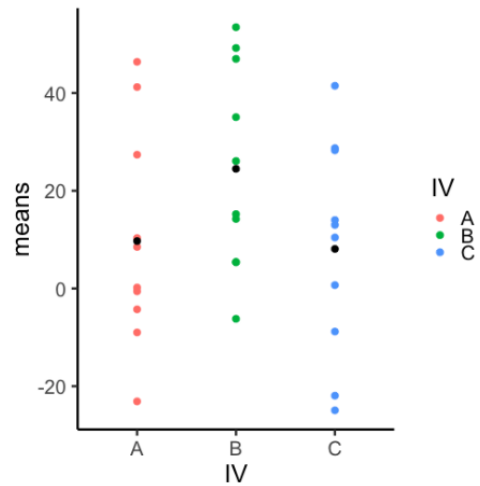


- MS Effect = 815.97
- MS Error = 472.21
- $F = 1.73$

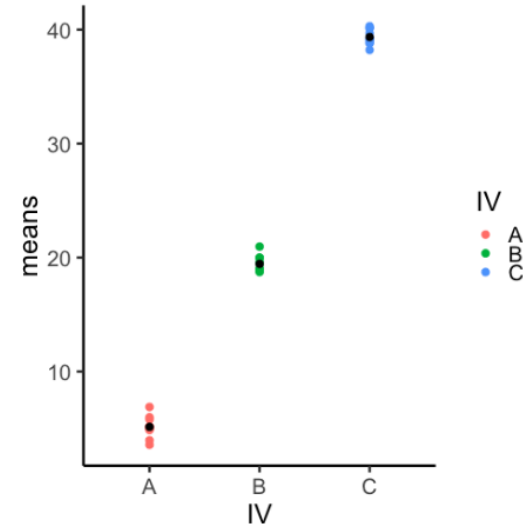
## Hope:

- Big gaps between groups, small spread within
  - Tight clusters, far apart

# B/W Subjects



- MS Effect = 815.97
- MS Error = 472.21
- $F = 1.73$

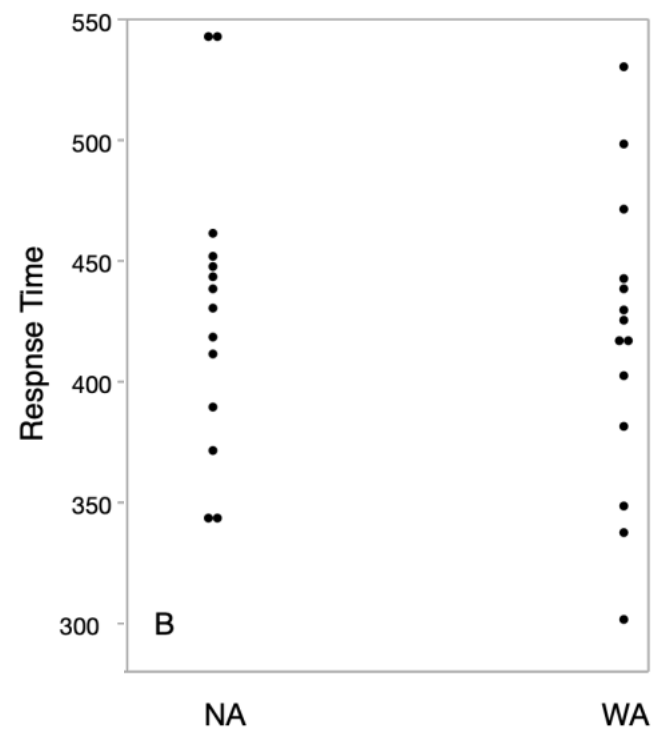


- MS Effect = 2954.08
- MS Error = 0.63
- $F = 4720.71$

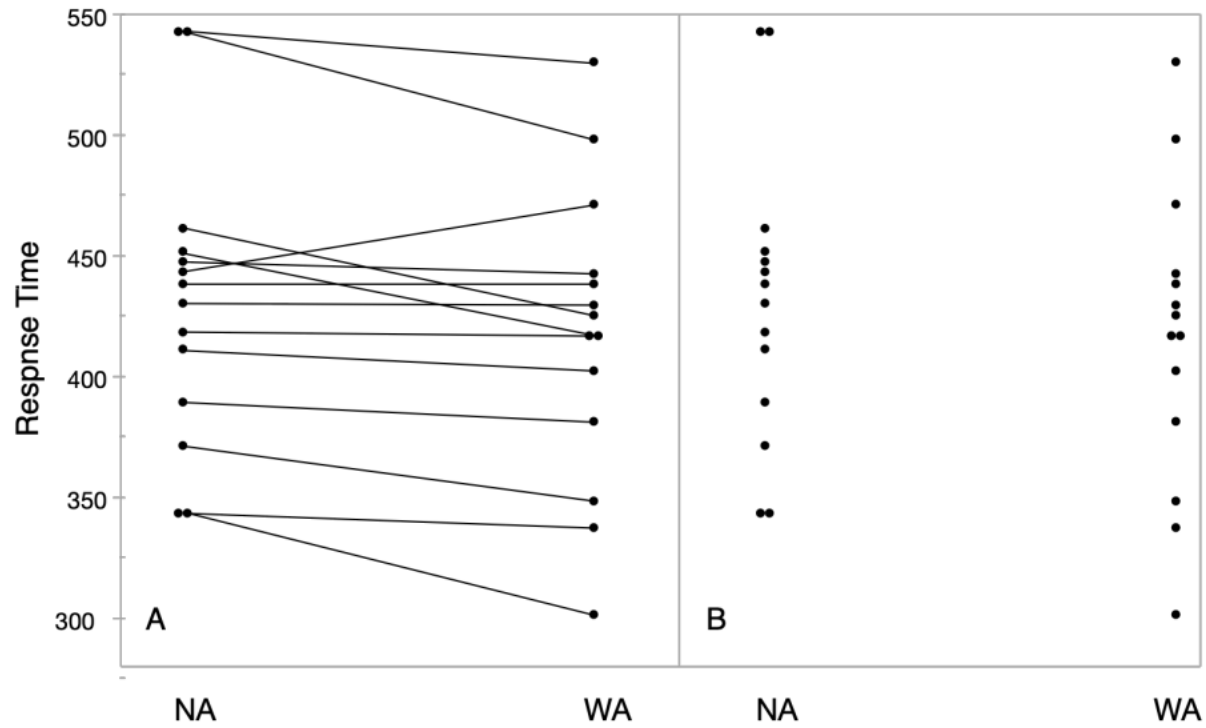
## Hope:

- Big gaps between groups, small spread within
  - Tight clusters, far apart

# Within Subjects

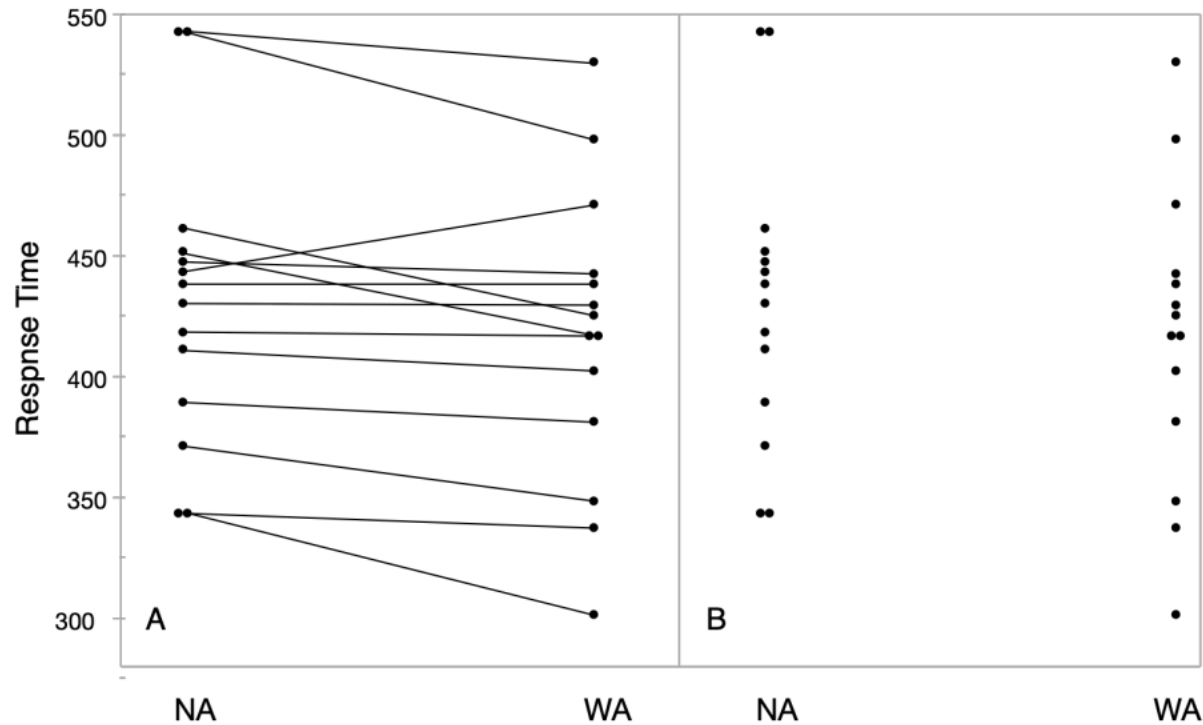


# Within Subjects





# Within Subjects

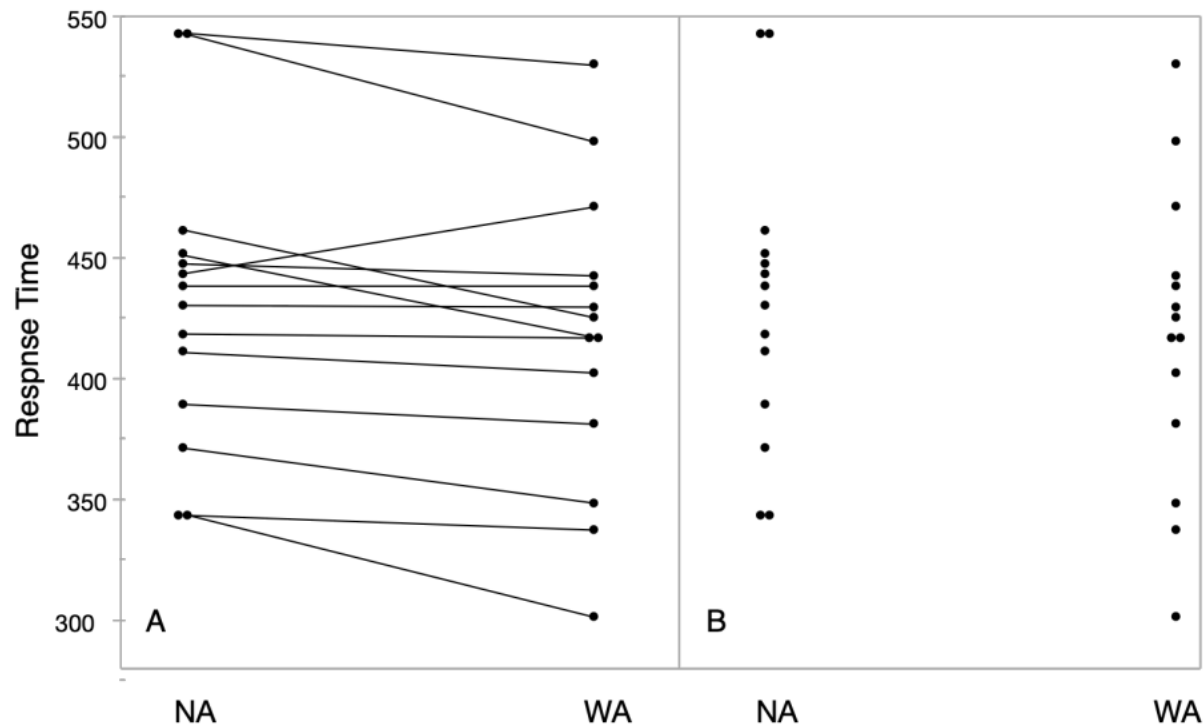


## Hope:

- Everyone shifts in the same direction, by similar amounts

# Within Subjects

$$F = \frac{MS_{\text{effect}}}{MS_{\text{residual}}} = \frac{\text{Condition differences}}{\text{Noise} - \text{subject variance}}$$

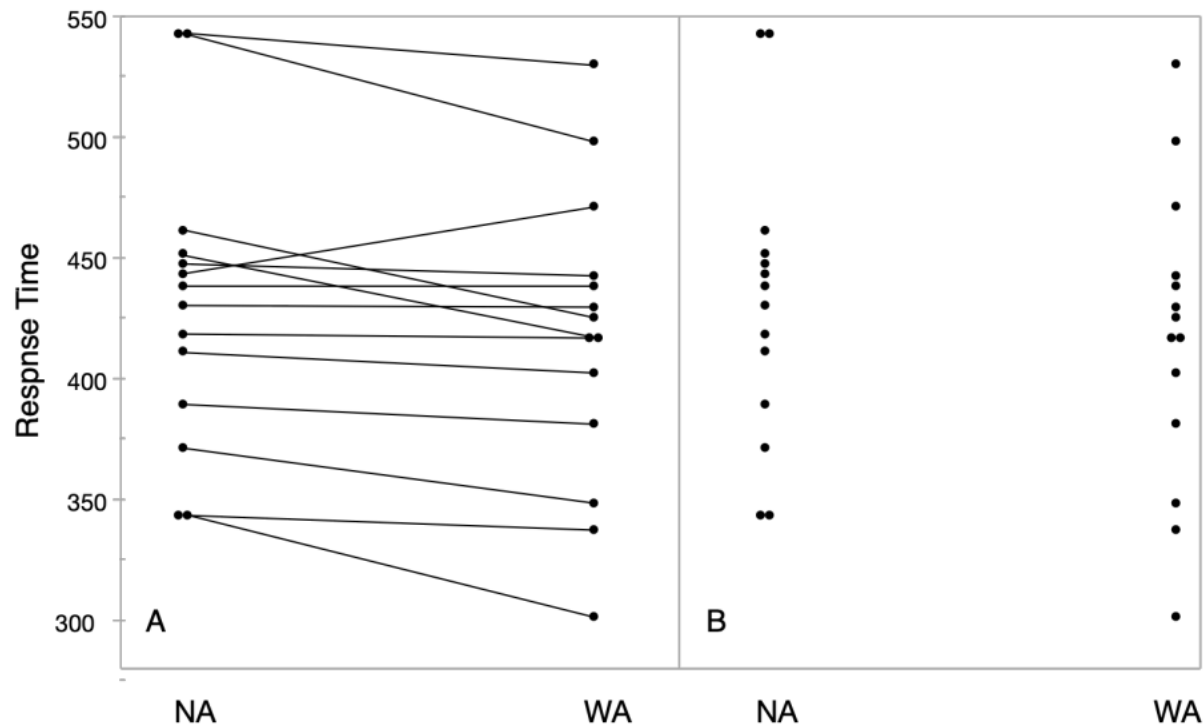


## Hope:

- Everyone shifts in the same direction, by similar amounts

# Within Subjects

$$F_{\text{within}} = \frac{MS_{\text{effect}}}{MS_{\text{residual}}} = \frac{\text{Condition differences}}{\text{Noise – subject variance}}$$

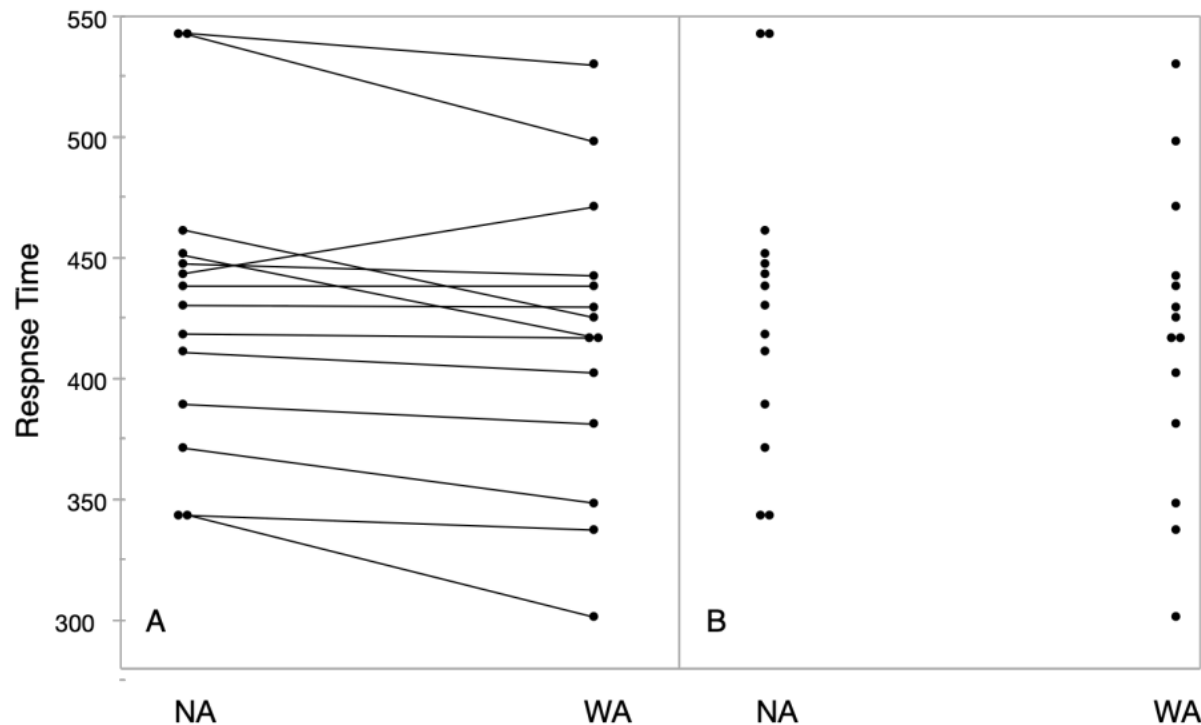


## Hope:

- Everyone shifts in the same direction, by similar amounts

# Within Subjects

$$F = \frac{MS_{\text{effect}}}{MS_{\text{residual}}} = \frac{\text{Condition differences}}{\text{Noise – subject variance}}$$



## Discuss:

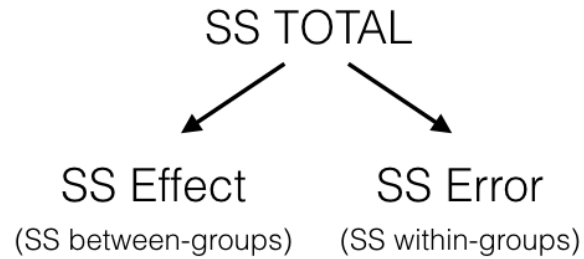
What makes F big?

What makes F small?

## Hope:

- Everyone shifts in the same direction, by similar amounts

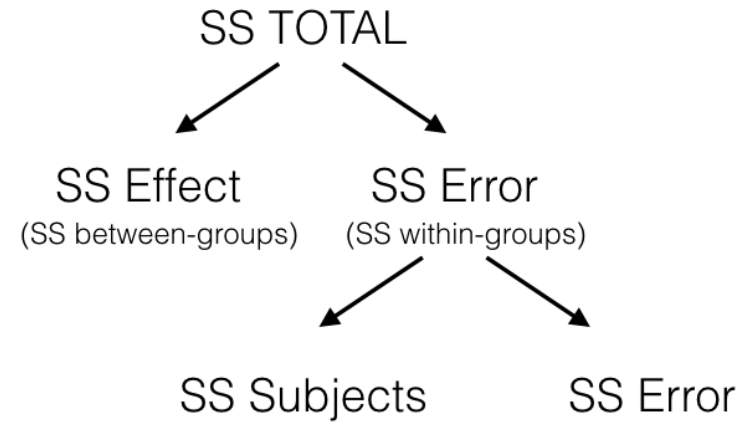
## Between-Subjects Design



$$\text{SS TOTAL} = \text{SS Effect} + \text{SS Error}$$

(SS between groups)      (SS within groups)

## Repeated-Measures Design



$$\text{SS TOTAL} = \text{SS Effect} + \text{SS Error}$$

(SS between groups)      (SS within groups)

This get's split up into two parts

split up

$$\text{SS TOTAL} = \text{SS Effect} + (\text{SS Subjects} + \text{SS Error})$$

(SS between groups)      (SS Subjects)      (SS Left-over Error)

# Within-subjects ANOVA

| Source   | <u>df</u>           | SS              | MSE  | F                                | p                              |
|----------|---------------------|-----------------|--|----------------------------------|--------------------------------|
| Subjects |                     | $SS_{Subjects}$ |  |                                  |                                |
| Effect   | $k - 1$             | $SS_{Effect}$   | $MS_{Effect} = \frac{SS_{Effect}}{k - 1}$        | $\frac{MS_{Effect}}{MS_{Error}}$ | Calculated from F-distribution |
| Error    | $(n - 1) * (k - 1)$ | $SS_{Error}$    | $MS_{Error} = \frac{SS_{Error}}{(n - 1)(k - 1)}$ |                                  |                                |

k = number of groups; n = number of subjects

$$SS_{Total} = SS_{Effect} + SS_{Subjects} + SS_{Error}$$

$$SS_{Effect} = \sum_{i=1}^k n_i (X_i - \bar{X})^2$$

$$SS_{Subjects} = k \sum_{i=1}^n (X_i - \bar{X})^2$$

Notes:  $\bar{X}$  = Grand Mean,  $X_i$  = condition mean (SS effect), or subject mean (SS Subjects)

# Within-subject designs

- Between-subjects
  - we hope that individual differences cancel out between (e.g. treatment & control) conditions
- Within-subjects
  - we *know* they cancel out — same people, every condition

# Within-subject designs

- Between-subjects
  - we hope that individual differences cancel out between (e.g. treatment & control) conditions
- Within-subjects
  - we *know* they cancel out — same people, every condition
- **Benefits**
  - More power
  - Fewer participants
    - Cost-effective
  - Better controls



# Within-subject designs

- Between-subjects
  - we hope that individual differences cancel out between (e.g. treatment & control) conditions
- Within-subjects
  - we *know* they cancel out — same people, every condition
- **Benefits**
  - More power
  - Fewer participants
    - Cost-effective
  - Better controls

## **The tradeoff**

Carryover effects. Practice effects.  
Fatigue.

# Within-subject designs

- Between-subjects
  - we hope that individual differences cancel out between (e.g. treatment & control) conditions
- Within-subjects
  - we *know* they cancel out — same people, every condition
- **Benefits**
  - More power
  - Fewer participants
    - Cost-effective
  - Better controls

## **The tradeoff**

Carryover effects. Practice effects.  
Fatigue.

## **The fix**

Counterbalance

| Difference to Detect<br>90% Confidence & 80% Power | Within-Subjects Sample Size | Between-Subjects Sample Size |
|--|-----------------------------|------------------------------|
| 20%  | 50                          | 150                          |
| 10%  | 115                         | 614                          |
| 5%   | 246                         | 2468                         |
| 4%   | 312                         | 3860                         |
| 3%   | 421                         | 6866                         |
| 2%   | 640                         | 15452                        |
| 1%   | 1297                        | 61822                        |

From: <https://measuringu.com/between-within/>

# One-way ANOVA

- **Use Case:** Comparing means across three or more independent groups
- **As a Linear Model:**
  - $Y = b_0 + b_1X_1 + b_2X_2 + \dots + \text{subject effects} + \varepsilon$ 
    - where X's are dummy coded for k-1 conditions
    - subject effects absorb individual differences
- NHST
  - Traditional Form:  $H_0: \mu_1 = \mu_2 = \dots = \mu_k$  vs  $H_1: \text{not all } \mu_i \text{ equal}$
  - lm() equivalent:  $H_0: b_1 = b_2 = \dots = 0$  vs  $H_1: \text{not all } b_i = 0$

# Implementation in R (Example)

```
```{r}
A <- c(1,2,1,2,4)
B <- c(9,7,6,4,4)
C <- c(2,9,2,3,4)
DV <- c(A,B,C)
subjects <- as.factor(c(1,2,3,4,5))
IV <- rep(c("A","B","C"), each=5)
df <- data.frame(subjects,IV, DV)
```
```

```
```{r}
aov(DV~IV + Error(subjects/IV), df)
```
```

# Implementation in R (Example)

```
```{r}
A <- c(1,2,1,2,4)
B <- c(9,7,6,4,4)
C <- c(2,9,2,3,4)
DV <- c(A,B,C)
subjects <- as.factor(c(1,2,3,4,5))
IV <- rep(c("A","B","C"), each=5)
df <- data.frame(subjects,IV, DV)
```
```

|    | subjects | IV | DV |
|----|----------|----|----|
| 1  | 1        | A  | 1  |
| 2  | 2        | A  | 2  |
| 3  | 3        | A  | 1  |
| 4  | 4        | A  | 2  |
| 5  | 5        | A  | 4  |
| 6  | 1        | B  | 9  |
| 7  | 2        | B  | 7  |
| 8  | 3        | B  | 6  |
| 9  | 4        | B  | 4  |
| 10 | 5        | B  | 4  |
| 11 | 1        | C  | 2  |
| 12 | 2        | C  | 9  |
| 13 | 3        | C  | 2  |
| 14 | 4        | C  | 3  |
| 15 | 5        | C  | 4  |

# Implementation in R (Example)

```
`` `{r}  
A <- c(1,2,1,2,4)  
B <- c(9,7,6,4,4)  
C <- c(2,9,2,3,4)  
DV <- c(A,B,C)  
subjects <- as.factor(c(1,2,3,4,5))  
IV <- rep(c("A","B","C"), each=5)  
df <- data.frame(subjects,IV, DV)  
`` `
```

```
`` `{r}  
aov(DV~IV + Error(subjects/IV), df)  
summary(aov(DV~IV+Error(subjects/IV),df))  
`` `
```

# Implementation in R (Example)

```
```{r}
A <- c(1,2,1,2,4)
B <- c(9,7,6,4,4)
C <- c(2,9,2,3,4)
DV <- c(A,B,C)
subjects <- as.factor(c(1,2,3,4,5))
IV <- rep(c("A","B","C"), each=5)
df <- data.frame(subjects,IV, DV)
```
```

```
```{r}
aov(DV~IV + Error(subjects/IV), df)
summary(aov(DV~IV+Error(subjects/IV),df))
```
```

Error: subjects

|           | Df | Sum Sq | Mean Sq | F value | Pr(>F) |
|-----------|----|--------|---------|---------|--------|
| Residuals | 4  | 18     | 4.5     |         |        |

Error: subjects:IV

|           | Df | Sum Sq | Mean Sq | F value | Pr(>F)   |
|-----------|----|--------|---------|---------|----------|
| IV        | 2  | 40     | 20      | 4       | 0.0625 . |
| Residuals | 8  | 40     | 5       |         |          |

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1



# New assumption to check for (within subjects)

- Earlier,
  - Between: Homogeneity of variance — equal spread in each group.
  - ..
- Now,
  - Within: **Sphericity** — equal variance of *differences* (between all pairs of conditions)
    - Stricter. Easier to violate.
    - Relevant when there are more than 2 conditions
      - $\text{var}(A-B) = \text{var}(A-C) = \text{var}(B-C)$ ?
      - Visual check (very rough) : Lines crossing, diverging unpredictably → sphericity violated
    - Mauchly's test — returns p-values if assumption violated

# Post-hoc corrections (within subjects)

- Applicable when there are multiple measurements
  - Not relevant for a simple before/after
- Same ideas as before otherwise
  - One-way repeated measures anova
    - Start with Omnibus test
    - Then use ***paired*** t-tests
      - Bonferroni
      - Holm,
      - e.t.c

# Questions we've asked so far

- **t-test (independent):** Is there a difference between two groups?
- **t-test (paired):** Is there a difference between two conditions?  
(same people)
- **One-way ANOVA (between):** Is there a difference somewhere among k groups?
- **One-way ANOVA (within / repeated measures):** Is there a difference somewhere among k conditions? (same people)

*All are variants of “Is there an effect that exists?”*

# But there are often other questions

- Does the effect of A depend on B?

# But there are often other questions

- Does the effect of A depend on B?
- Examples
  - Does the effect of distraction on memory depend on age?
  - Does the bystander effect depend on group size?
  - Does stereotype threat depend on task difficulty?
  - Does parenting style affect outcomes differently for boys vs girls?
  - Does CBT work better for anxiety vs depression?
  - ...

# Does the effect of A depend on B?

- Equivalent to:
  - **"Is there an interaction between A and B?"**
    - Are A and B acting alone?  
Or are they working together?
  - **"Does B moderate the relationship between A and the outcome/DV?"**
- Depends on there being more than 1 (predictor / X) variable.  
Answered by:
  - Two-way anova or higher (factorial ANOVA)
  - ANCOVA / regression with interaction
  - Regression

# Methods to assess interaction

- Y is continuous

| A           | B           | Method                               |
|-------------|-------------|--------------------------------------|
| Categorical | Categorical | Factorial ANOVA                      |
| Categorical | Continuous  | ANCOVA / regression with interaction |
| Continuous  | Categorical | Moderated regression                 |
| Continuous  | Continuous  | Moderated regression                 |

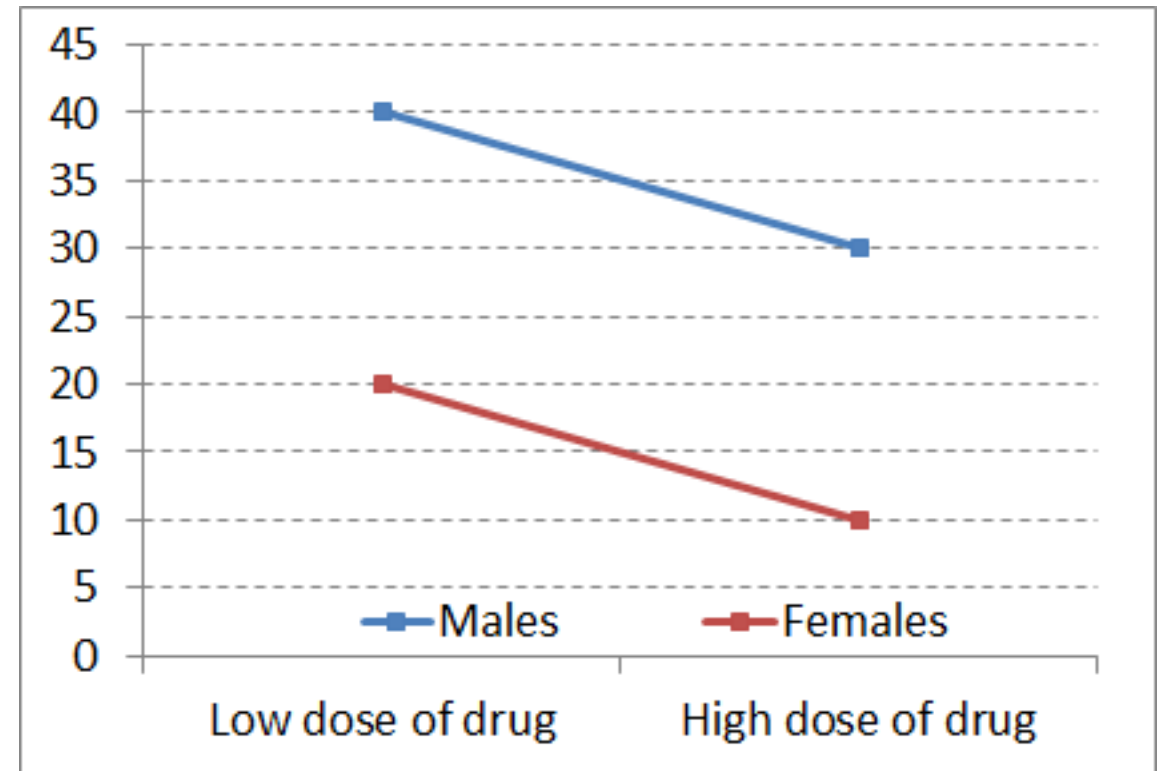
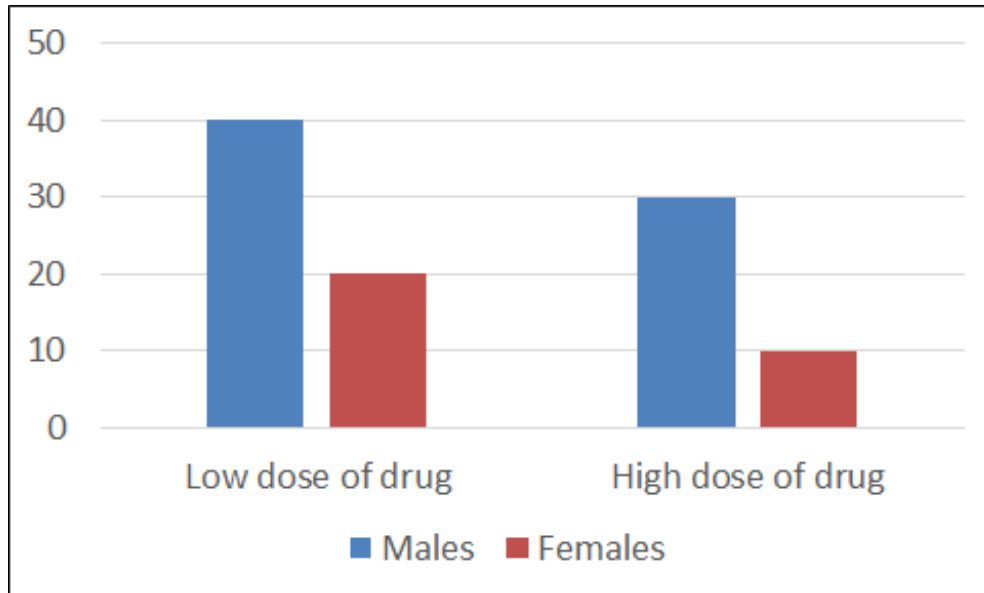
- Y is binary: logistic regression with interaction term
- Y is ordinal: ordinal regression with interaction term

# Visualizing interactions

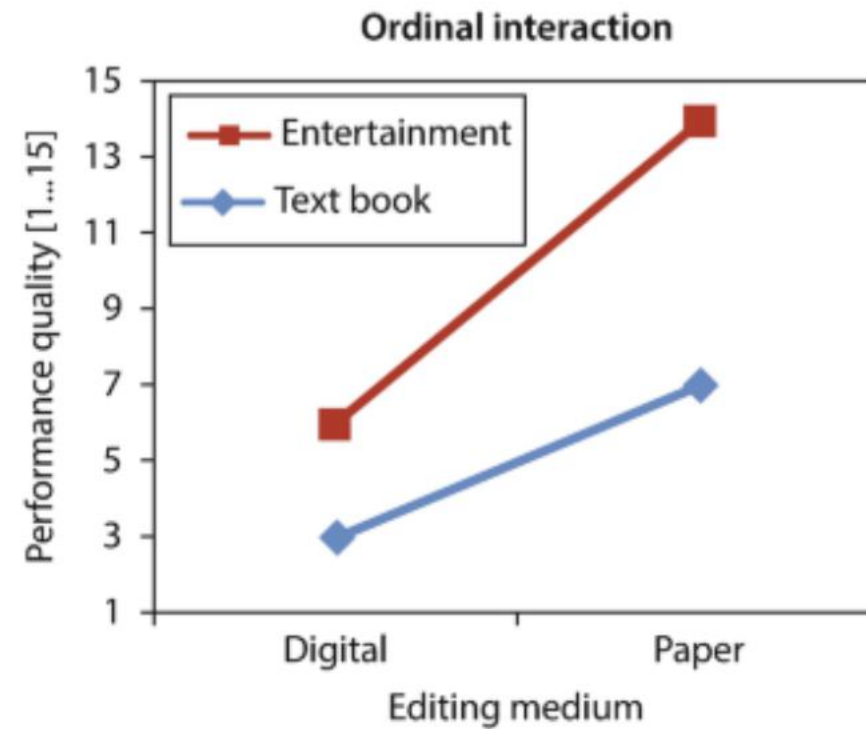
- **Golden Rule of Plots:** Look at the lines.
  - **Parallel Lines = No Interaction**
    - The effect of Variable A is the same, regardless of Variable B.
    - They are additive (independent).
  - **Non-Parallel Lines = Interaction**
    - The lines diverge, converge, or cross.
    - The effect of Variable A *changes* based on the level of Variable B.
    - This is the "It Depends" effect.



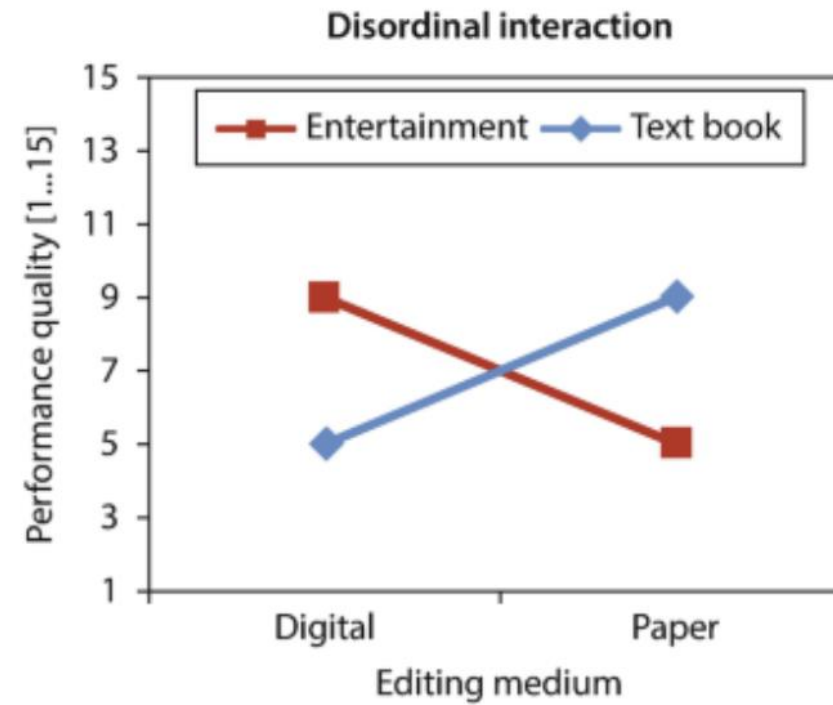
# Visualization: no-interaction



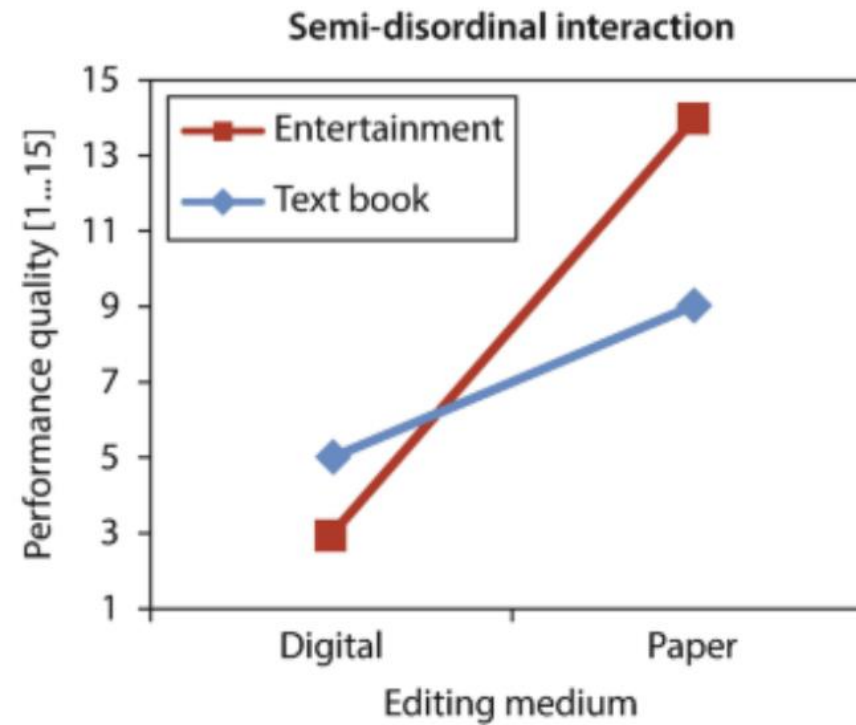
# Visualization: interaction



# Visualization: interaction



# Visualization: interaction



# Two-way ANOVA

# Two-way ANOVA

- Two factors. One outcome.
- Questions:
  - Main effect of A?
  - Main effect of B?
  - Interaction: Does A depend on B?

# Two-way ANOVA

You know these:

- Two factors – A and B
  - A has  $i$  levels
  - B has  $j$  levels
- that result in  $i*j$  cells
  - Cell means
    - $\bar{X}_{11}, \bar{X}_{12}, \dots, \bar{X}_{ij}$
  - Cell sizes
    - $n_{11}, n_{12}, \dots, n_{ij}$
  - Within group variation

Question: **Are there main effects?**  
**Is there an interaction?**

Test-statistic

- Earlier
$$z = (\bar{X} - \mu) / (\sigma / \sqrt{N})$$
$$z = (\bar{X} - \mu) / SE$$
$$t = (\bar{X} - \mu) / (s / \sqrt{N})$$

Now, comparing  $k$  means

$$F = \frac{MS_{\text{between}}}{MS_{\text{within}}}$$

*Between group variation /  
variation within groups*

*(comparing  $k$  means)*

**“Does Factor A matter? Factor B?**  
***Do they interact?*”**

# Two-way ANOVA

- **Use Case:** Comparing means across groups while considering two different categorical factors and their interaction
- **As a Linear Model:**
  - $Y = b_0 + b_1X_1 + b_2X_2 + b_3(X_1 \times X_2) + \varepsilon$ 
    - where X's are dummy coded
  - NHST
    - Traditional Form:
      - $H_0^A$ : No main effect of factor A
      - $H_0^B$ : No main effect of factor B
      - $H_0^{A \times B}$ : No interaction between A and B
    - lm() equivalent:
      - $H_0^A$ :  $b_1 = 0$
      - $H_0^B$ :  $b_2 = 0$
      - $H_0^{A \times B}$ :  $b_3 = 0$



# Main Effects vs Interaction

- **Main effect of A:** Is there an average difference across levels of A?  
(Collapsing across B)
- **Main effect of B:** Is there an average difference across levels of B?  
(Collapsing across A)
- **Interaction:** Do the effects combine in a non-additive way?

# When to use what?

| Design               | Method            |
|----------------------|-------------------|
| 1 factor, 3+ groups  | One-way ANOVA     |
| 1 factor, repeated   | RM-ANOVA          |
| 2+ factors           | Factorial ANOVA   |
| Factor + covariate   | ANCOVA            |
| Interaction question | Two-way or higher |