

# **PSY 503: Foundations of Statistical Methods in Psychological Science**

## **Correlation, Regression (Group Models)**

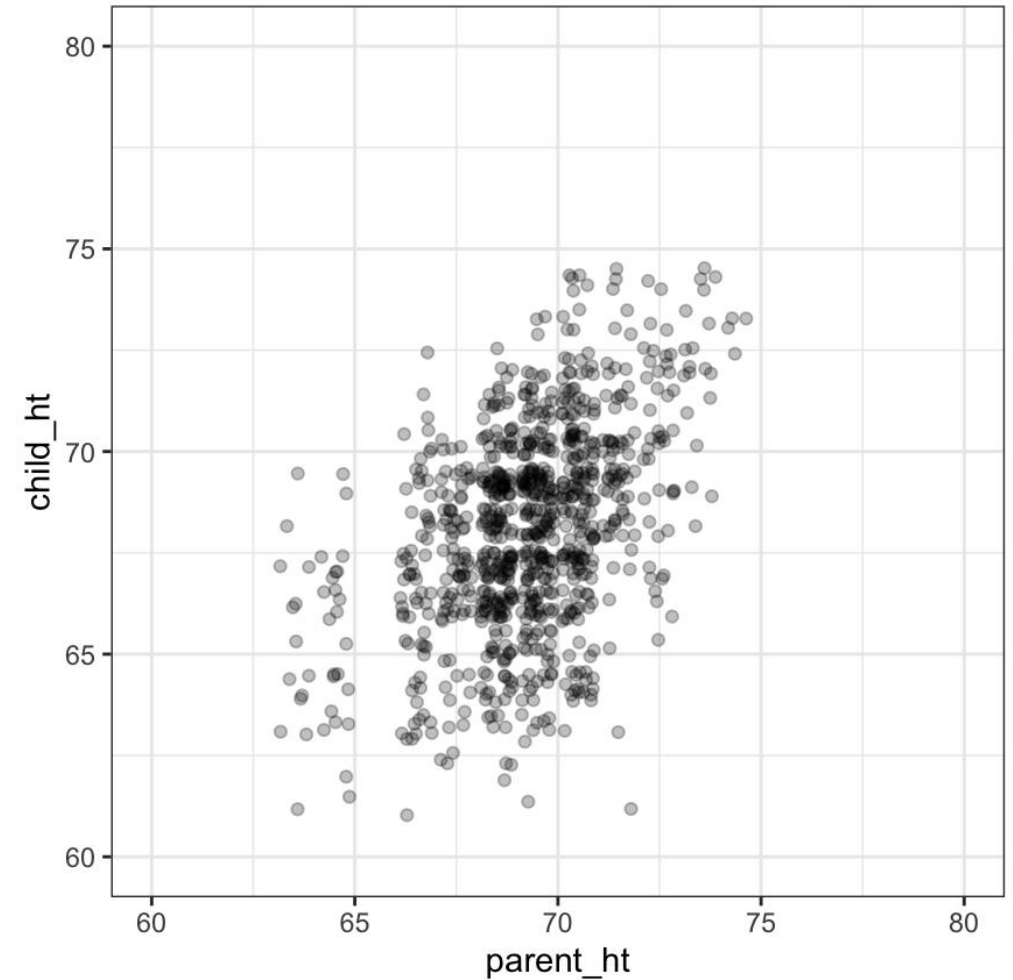
Suyog Chandramouli

311 PSH (Princeton University)

6th October, 2025

# Last week..

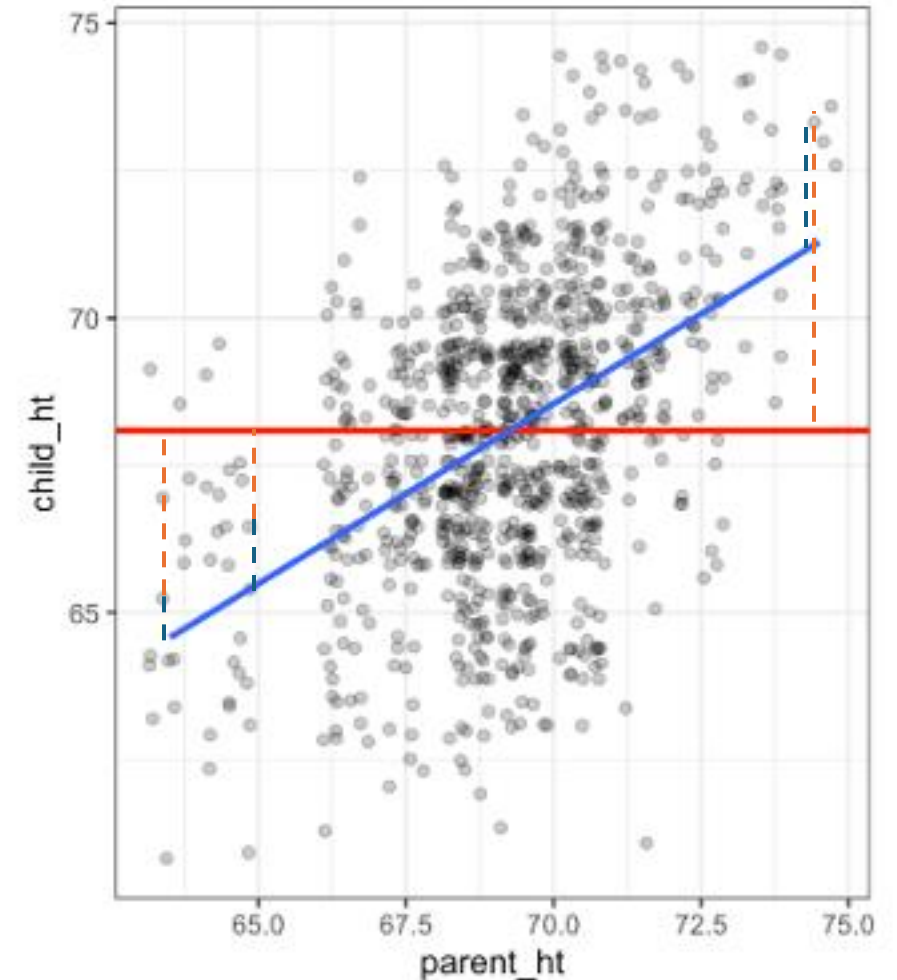
“There’s a linear trend” –  
PSY 503 Student(s)



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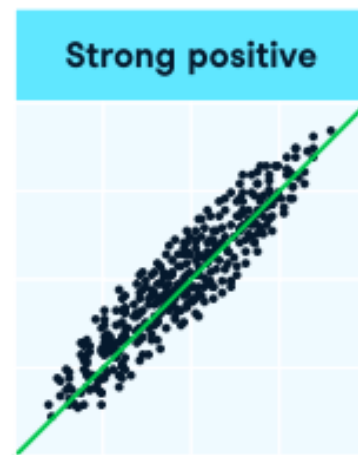
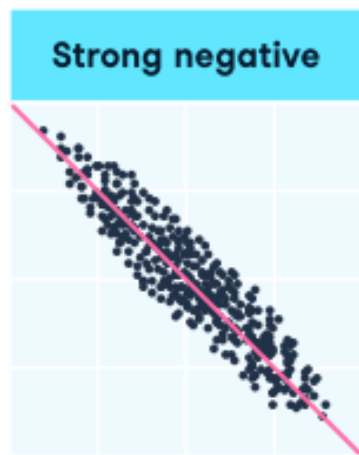
“There’s a linear trend” – PSY 503 Student (s)

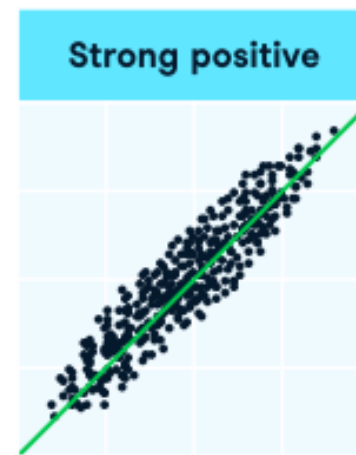
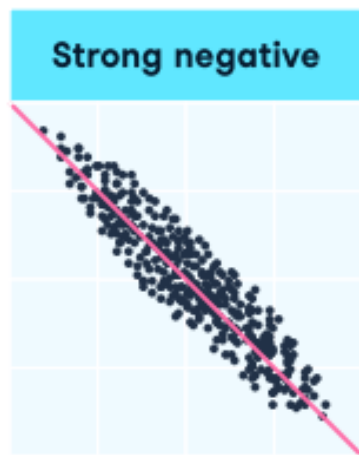
We indeed found that a line was a better fit to the data (in terms of error measures) than a line



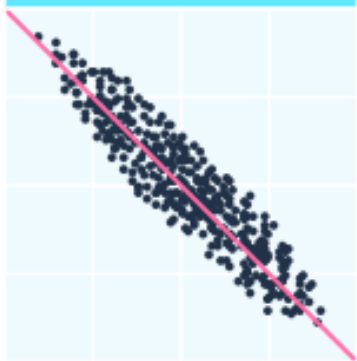
# Discuss

- What is a linear trend ?
- What would a strong linear trend look like ?
- What would a weak linear trend look ?

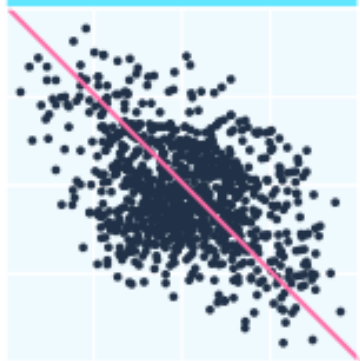




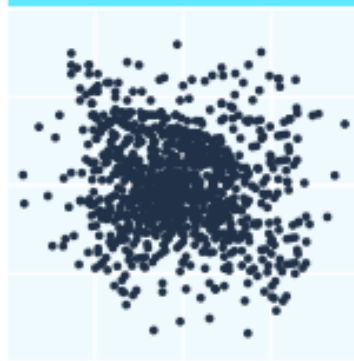
**Strong negative**



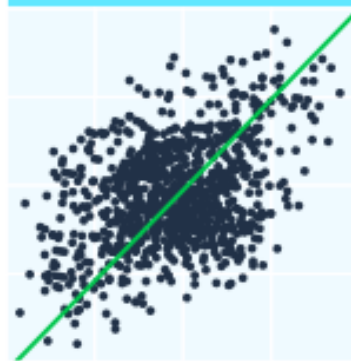
**Weak negative**



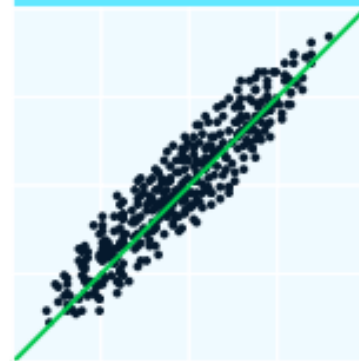
**No correlation**

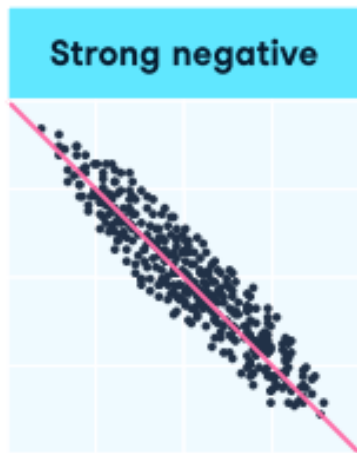


**Weak positive**



**Strong positive**

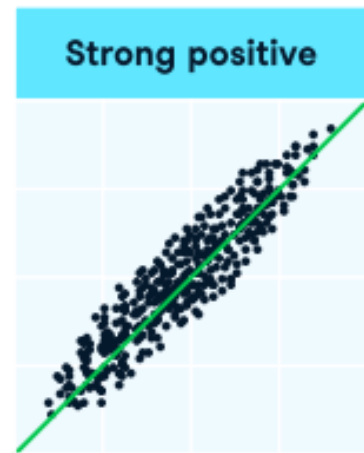




$r$  closer to -1

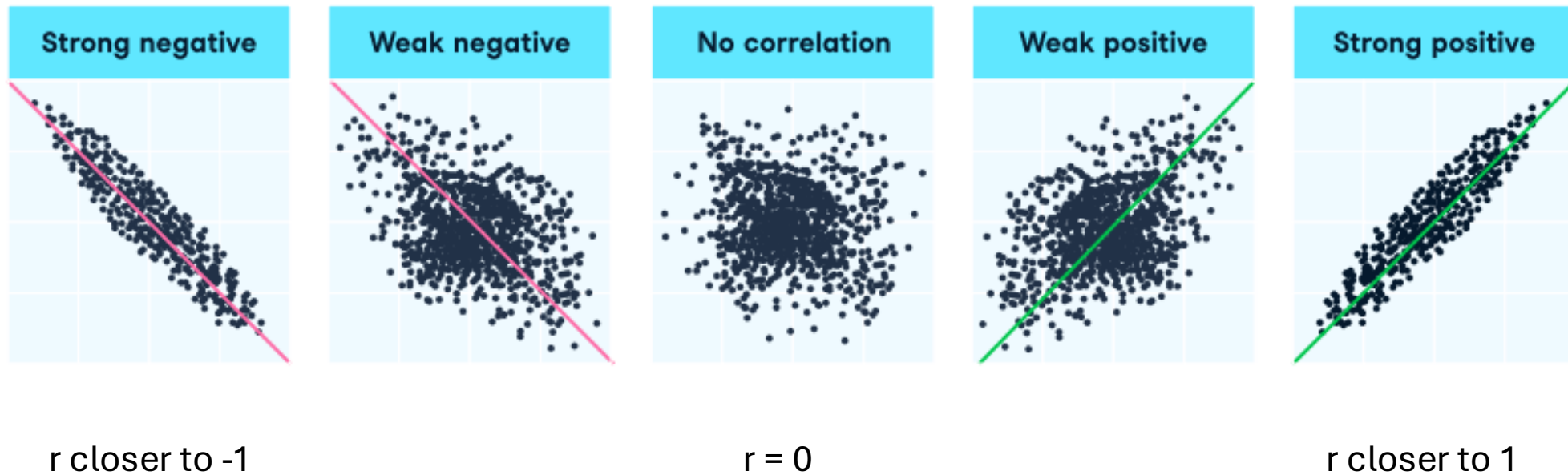


$r = 0$



$r$  closer to 1





**Rule of thumb (varies by field):**

- $|r| < 0.3$ : Weak correlation
- $0.3 \leq |r| < 0.7$ : Moderate correlation
- $|r| \geq 0.7$ : Strong correlation

# Formula

$$r = \frac{\sum (X_i - \bar{X}) (Y_i - \bar{Y})}{\sqrt{\sum (X_i - \bar{X})^2} * \sqrt{\sum (Y_i - \bar{Y})^2}}$$

# Formula

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- For each data point,
  - Numerator
    - Individual variation (from mean) is
      - $(X_i - \bar{X})$
      - $(Y_i - \bar{Y})$
    - Both above mean → positive product
    - Both below mean → positive product
    - One above, one below → negative product
    - Positive => X and Y deviate the same way  
Negative => X and Y deviate in the opposite ways
  - $(X_i - \bar{X}) (Y_i - \bar{Y})$  is the joint deviation measure

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    - $(X_i - \bar{X}) (Y_i - \bar{Y})$  is the joint deviation measure
  - Denominator
    - How much does each variable vary alone?
    - Big spread in X? Increases denominator.  
Big spread in Y? Increases denominator
    - Larger denominator → smaller r.
    - Denominator =  $SD(X) \times SD(Y)$

# Formula

$$r = \frac{\sum (X_i - \bar{X}) (Y_i - \bar{Y})}{\sqrt{\sum (X_i - \bar{X})^2} * \sqrt{\sum (Y_i - \bar{Y})^2}}$$

$$r = \frac{\text{coordinated movement}}{\text{total (coordinated + independent) movement}}$$

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# Correlation Coefficient

*[,kór-ə-'lā-shən ,kō-ə-'fi-shənt]*

A statistical measure of the strength of the relationship between the relative movements of two variables.

# Correlation in R

<b>family_id</b> <chr>	<b>child_ht</b> <dbl>	<b>parent_ht</b> <dbl>
F1	72.2	74.5
F2	73.2	74.5
F3	73.2	74.5
F4	73.2	74.5
F5	68.2	73.5
F6	69.2	73.5
F7	69.2	73.5
F8	70.2	73.5
F9	71.2	73.5
F10	71.2	73.5

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F9	71.2	73.5
F10	71.2	73.5

```
cor[height_data$child_ht,height_data$parent_ht )
```

```
[1] 0.4587332
```



# Correlation in R

family_id <chr>	child_ht <dbl>	parent_ht <dbl>	gparent_ht <dbl>
F1	72.2	74.5	73.18186
F3	73.2	74.5	74.31761
F4	73.2	74.5	73.87115
F6	69.2	73.5	71.86452
F8	70.2	73.5	71.47048
F12	72.2	73.5	72.95794
F14	72.2	73.5	72.88320
F16	72.2	73.5	73.38607
F20	74.2	73.5	73.70816
F23	74.2	73.5	73.54220

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```
```{r}
temp_data<- full_data %>%
  filter(!is.na(gparent_ht))

cor(temp_data[, c("child_ht", "parent_ht", "gparent_ht")])
```
```

```
          child_ht parent_ht gparent_ht
child_ht  1.0000000 0.4585804  0.8899514
parent_ht 0.4585804 1.0000000  0.7888931
gparent_ht 0.8899514 0.7888931  1.0000000
```

# Correlation in R

| family_id<br><chr> | child_ht<br><dbl> | parent_ht<br><dbl> | gparent_ht<br><dbl> |
|--------------------|-------------------|--------------------|---------------------|
| F1                 | 72.2              | 74.5               | 73.18186            |
| F3                 | 73.2              | 74.5               | 74.31761            |
| F4                 | 73.2              | 74.5               | 73.87115            |
| F6                 | 69.2              | 73.5               | 71.86452            |
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```

  ``{r}
temp_data<- full_data %>%
  filter(!is.na(gparent_ht))

cor[ temp_data[, c("child_ht", "parent_ht", "gparent_ht")]]
  ``

```

|            | child_ht   | parent_ht  | gparent_ht |
|------------|------------|------------|------------|
| child_ht   | 1.00000000 | 0.4585804  | 0.8899514  |
| parent_ht  | 0.4585804  | 1.00000000 | 0.7888931  |
| gparent_ht | 0.8899514  | 0.7888931  | 1.00000000 |

```
``{r}  
full_data %>%  
  filter(!is.na(gparent_ht)) %>%  
  corrr::correlate()  
``}
```

```
Non-numeric variables removed from input:
family.id Correlation computed with
• Method: "pearson"
• Missing treated using: "pairwise.complete.obs"
```

A tibble: 3 × 4

| term<br><chr> | child_ht<br><dbl> | parent_ht<br><dbl> | gparent_ht<br><dbl> |
|---------------|-------------------|--------------------|---------------------|
| child_ht      | NA                | 0.4585804          | 0.8899514           |
| parent_ht     | 0.4585804         | NA                 | 0.7888931           |
| gparent_ht    | 0.8899514         | 0.7888931          | NA                  |

3 rows

# Correlation Formula (Pearson's r)

- Summary statistic about a relationship between two variables.
- Intuition
  - How much do x and y vary together, compared to how much they vary individually?



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- Strengths
  - Standardized
  - Captures strength and direction
  - Scale-independent
  - Symmetric
  - Efficient
  - Used in other statistical calculations (PCA, factor analysis, etc.)
  - Intuitive
  - Computationally feasible, etc.



# Correlation Coefficient & Regression

- Connections
  - $r$  and slope share signs

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# Correlation Coefficient & Regression

- Connections
  - $r$  and slope share signs
  - When variables are standardized, slope ( $\beta_1$ ) =  $r$
  - R-squared (is  $r^2$ ) is the *coefficient of determination*
    - It represents the **proportion of variance** in the dependent variable explained by the independent variable(s)



# Correlation Coefficient & Regression

- Connections

- $r$  and slope share signs
- When variables are standardized, slope ( $\beta_1$ ) =  $r$
- R-squared (is  $r^2$ ) is the *coefficient of determination*
  - It represents the **proportion of variance** in the dependent variable explained by the independent variable(s)
    - $R^2 = 0$ : The model explains none of the variability in the data
    - $R^2 = 1$ : The model explains all the variability in the data
    - A measure of “goodness of fit” but it doesn’t account for “overfitting”

$$R^2 = \frac{\text{Explained Variance}}{\text{Total Variance}}$$

# Aside: Adjusted-R-squared

- Modifies  $R^2$  to account for the number of predictors in the model
  - Always  $\leq R^2$ 
    - *equal for simple linear regression*
    - *Higher the better*
    - *Can be negative*

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- Penalizes the addition of unnecessary predictors
- **Formula for Adjusted R-squared**

k = number of predictors

- Where:
  - n is the number of observations
  - k is the number of predictors

$$\text{Adjusted } R^2 = 1 - \frac{(1 - R^2)(n - 1)}{n - k - 1}$$

# Aside: Adjusted-R-squared

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- **Formula for Adjusted R-squared**

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- Where:
  - n is the number of observations
  - k is the number of predictors

$$\text{Adjusted } R^2 = 1 - \frac{\text{Unexplained Variance}}{\text{Total Variance}} * \frac{n - 1}{n - k - 1}$$

# Aside: When to use Adjusted-R-squared

- Comparing (nested) models with different numbers of predictors
- Assessing whether additional predictors improve the model
- Guard against overfitting in multiple regression

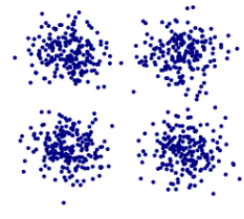
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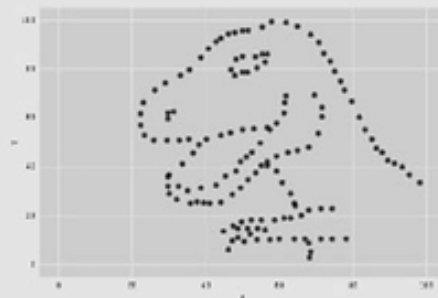


# Discuss

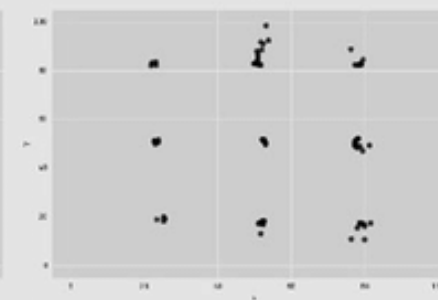
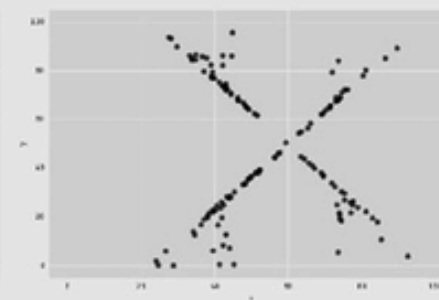
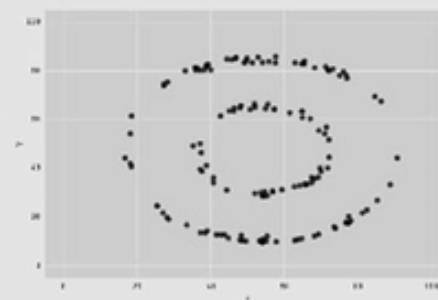
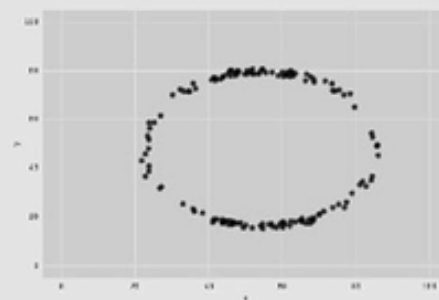
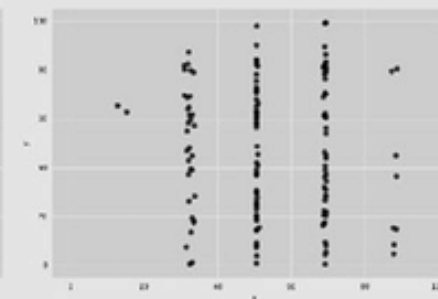
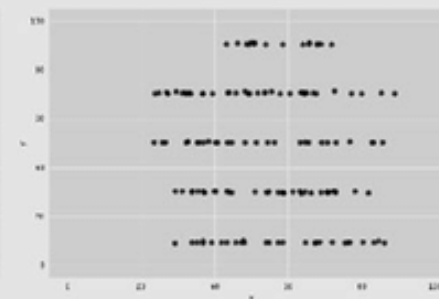
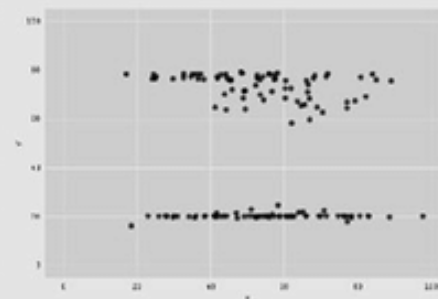
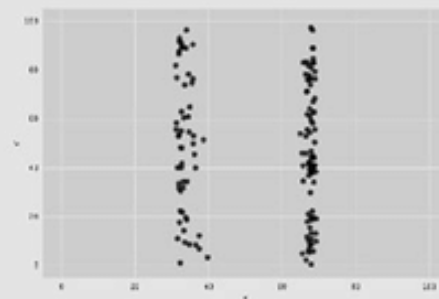
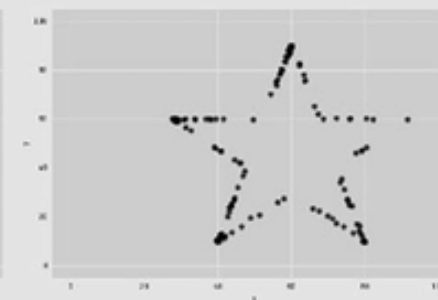
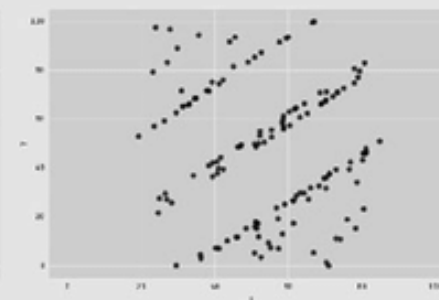
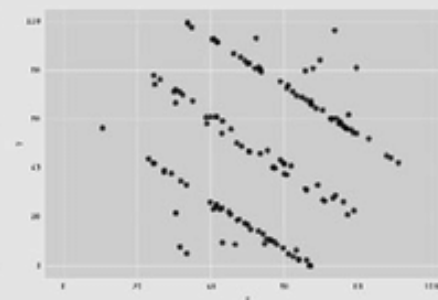
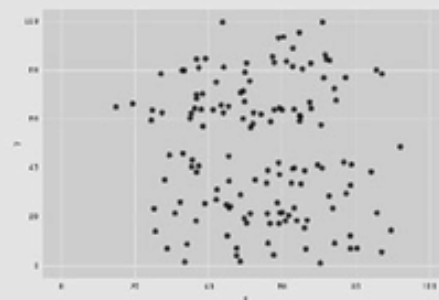
- Given that  $r$  captures strength & direction of linear relationship, is it of any use to visualize the data?

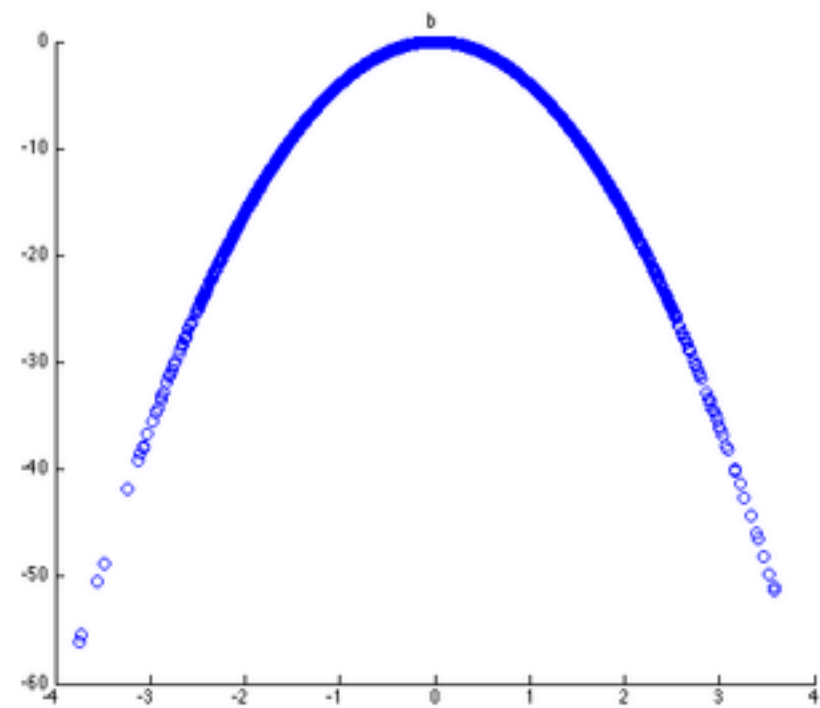
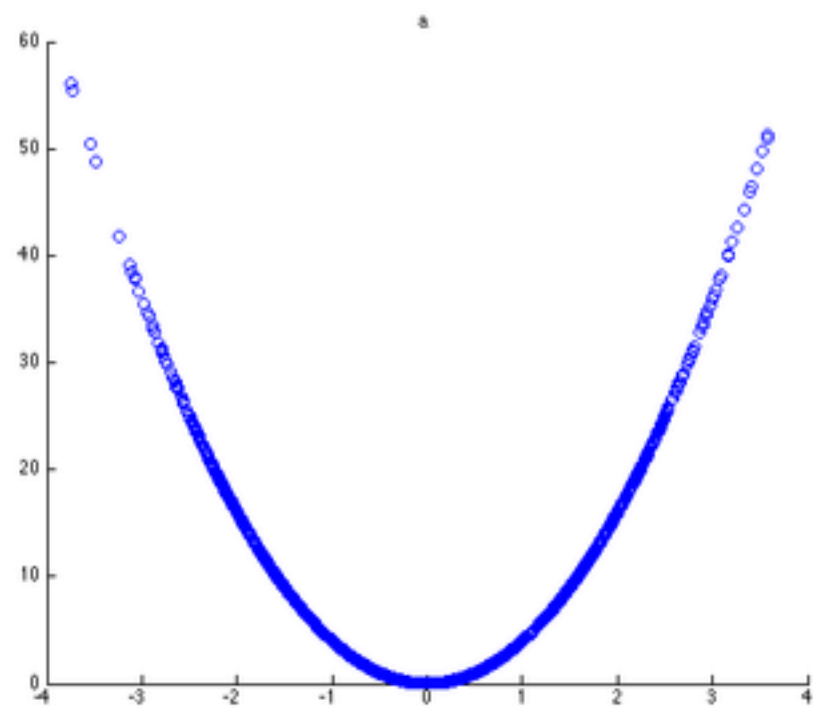






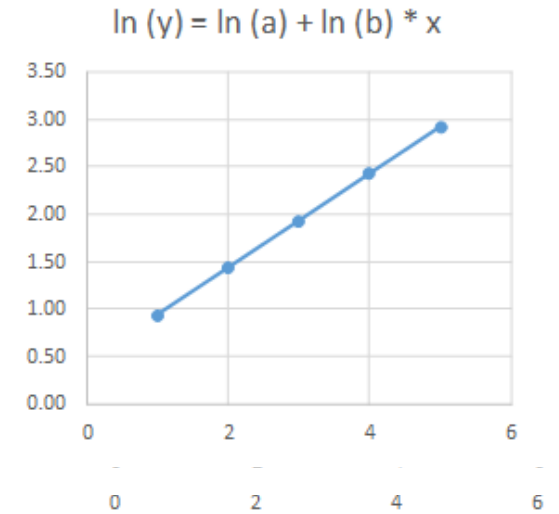
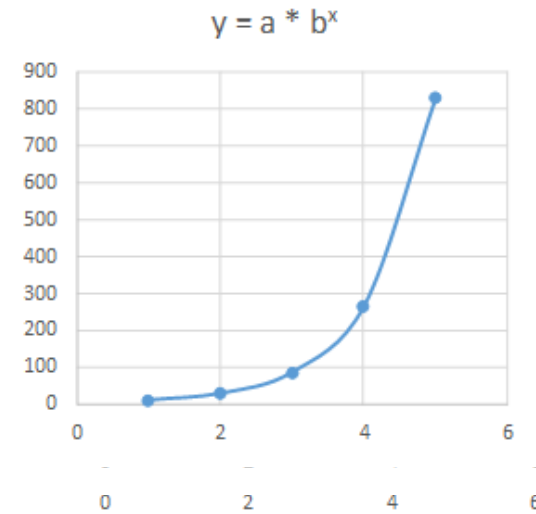
X Mean: 54.26  
Y Mean: 47.83  
X SD : 16.76  
Y SD : 26.93  
Corr. : -0.06





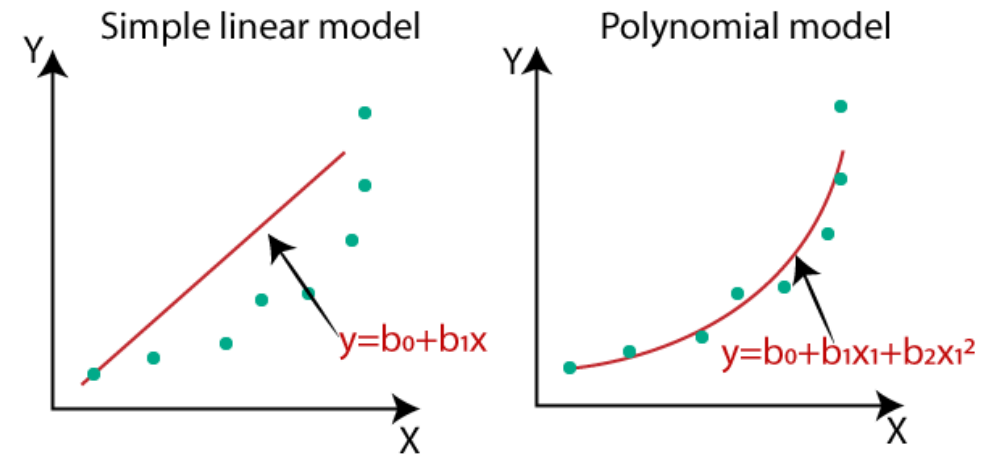
# Aside: Handling non-linear relationships

- For non-linear relationships, consider: Transforming variables (e.g., log, square root)



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- Using non-linear regression techniques



# Aside: Handling non-linear relationships

- For non-linear relationships, consider: Transforming variables (e.g., log, square root)
- Using non-linear regression techniques
- Employing non-parametric correlation measures (e.g., Spearman's rho, mutual information, etc.)

# Correlation and causation

# Causal influence diagram

- Light switch slider → Brightness

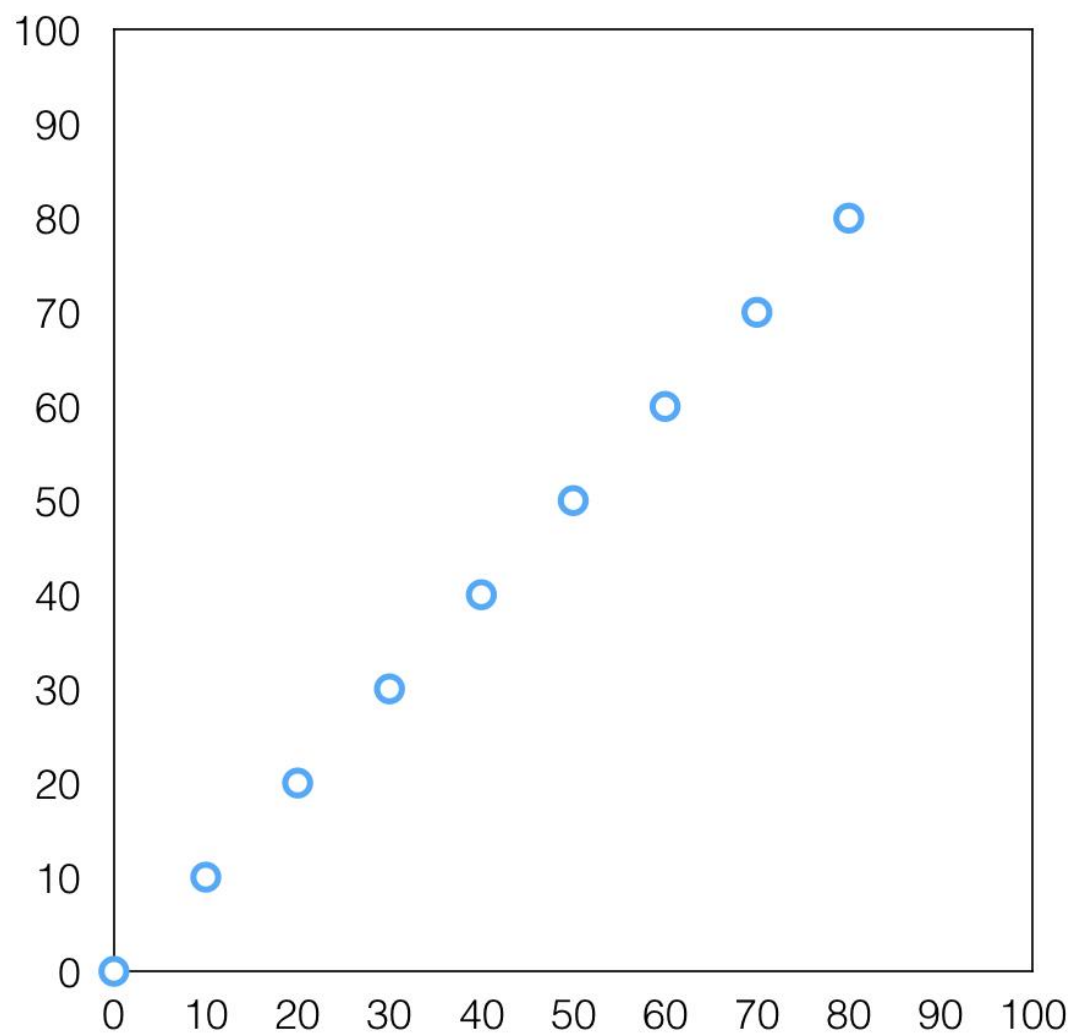
# Causal influence diagram

- Light switch slider → Brightness
- Correlation is a common feature of causation





Light switch slider



Brightness



# Correlation and causation

- One variable can cause changes in another variable and produce correlation

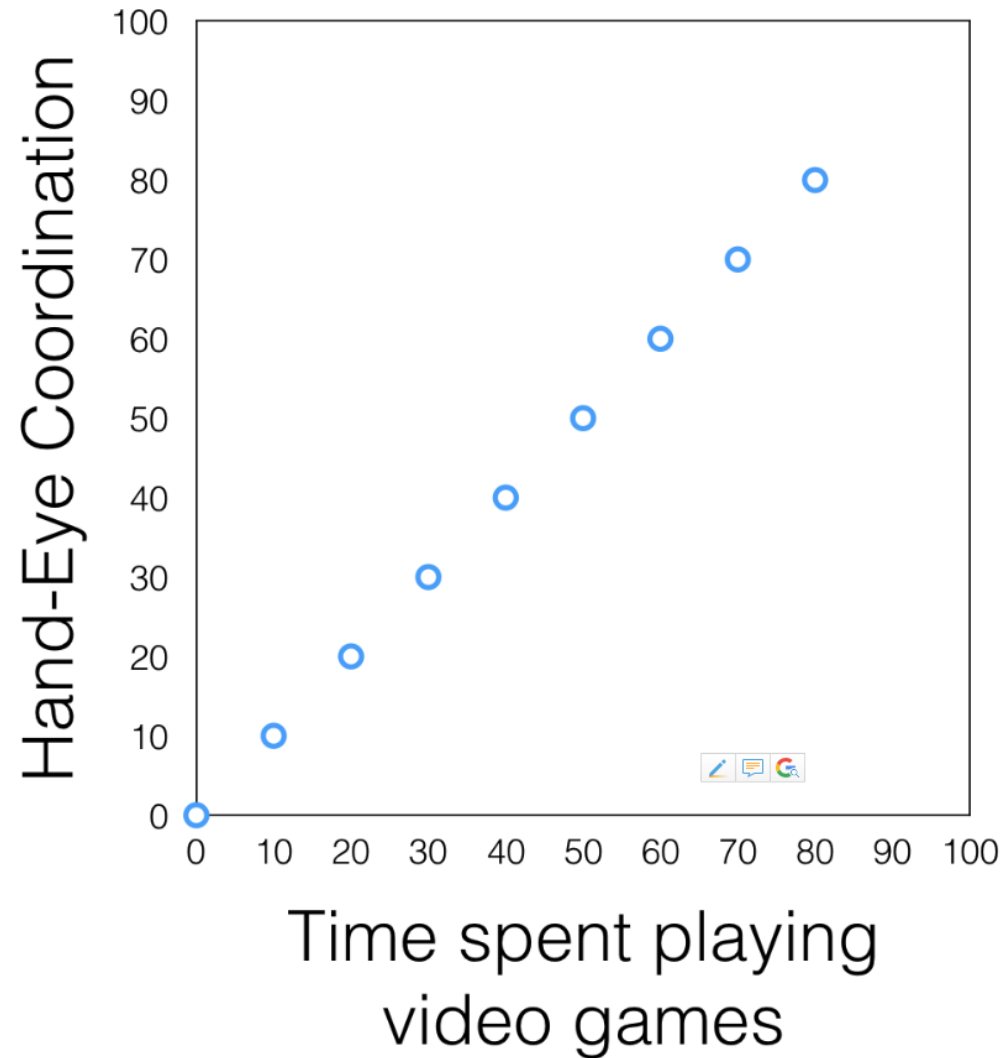
# Correlation and causation

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- **BUT**, correlation can also mean other things...

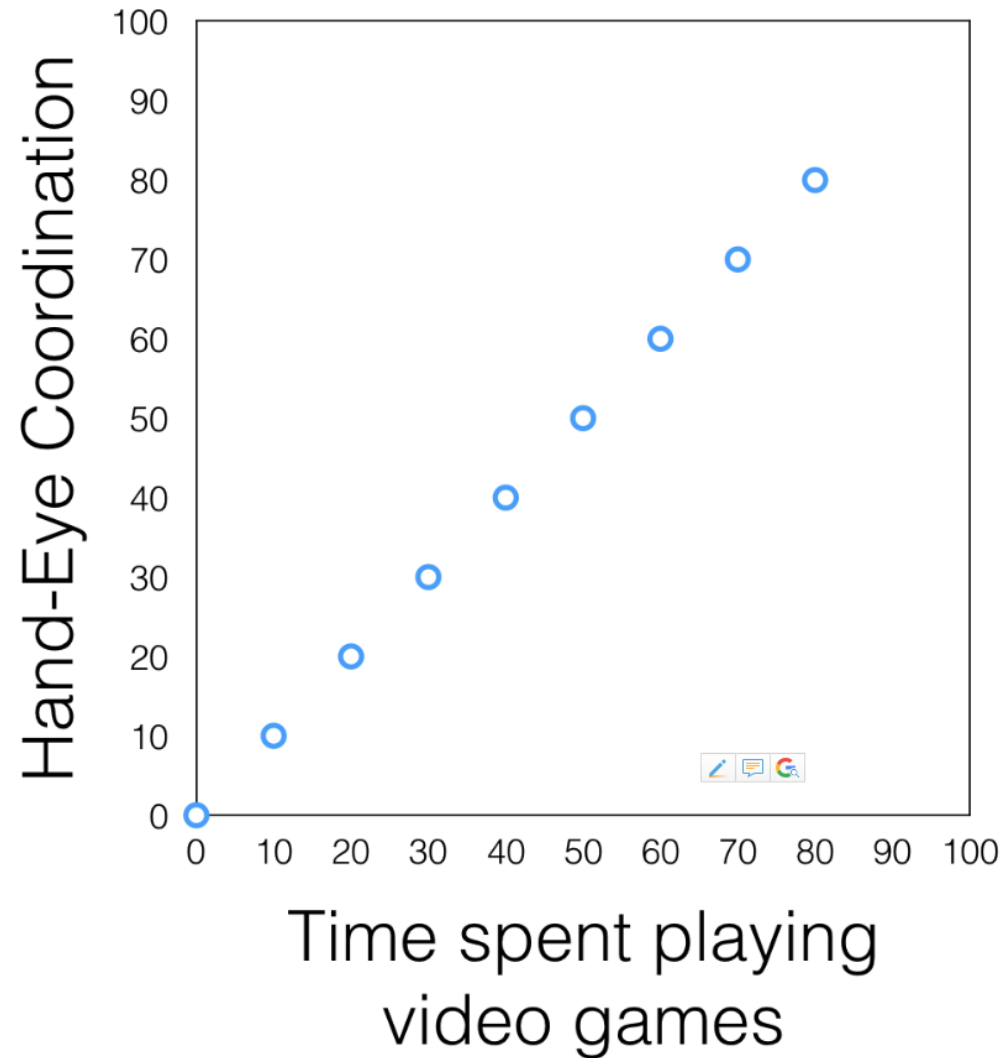
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# Causal directionality



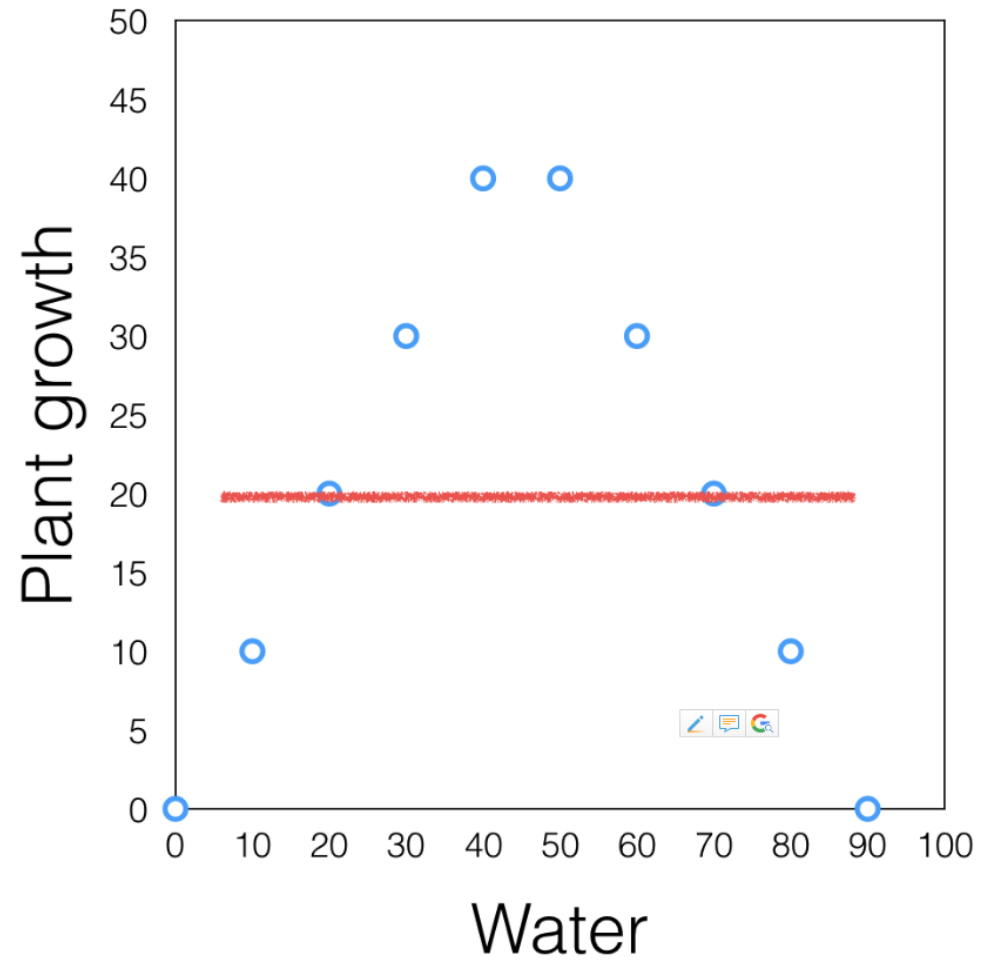
# Causal directionality



$A \rightarrow B?$

$B \rightarrow A?$

# Nonlinearity problem



# Chance problem

- Correlations between two variables can occur by chance, and be completely meaningless



MISLEADING STATISTICS

**OVER 2 MILLION AMERICANS  
EXPOSED TO DRINKING WATER WILL  
DIE THIS YEAR**

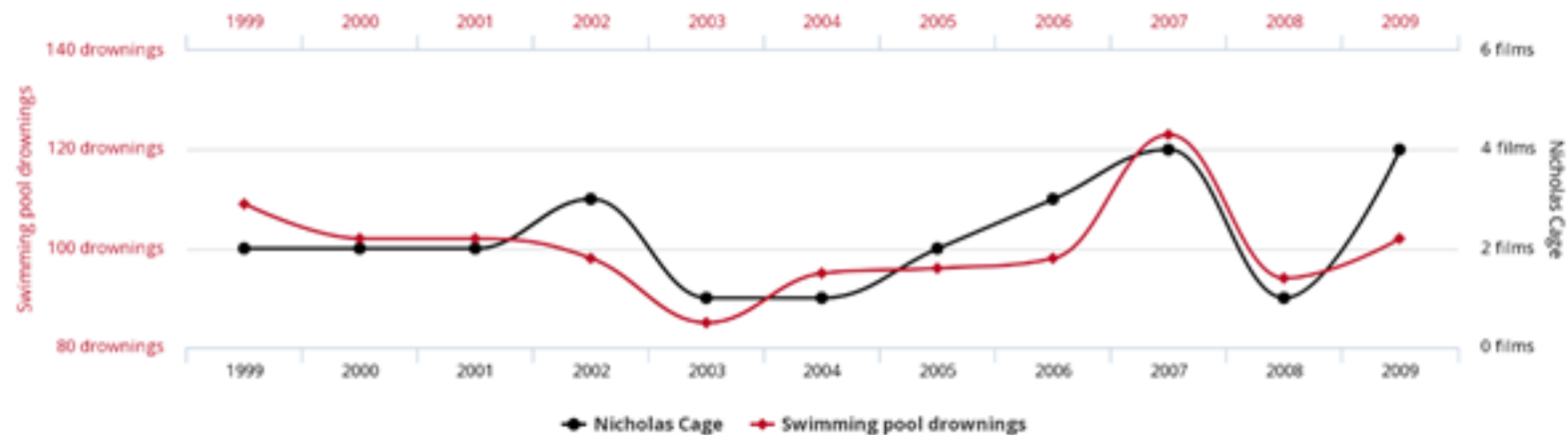


**Correlation  $\neq$  Causation**

**CONTENT SHOULD BE USEFUL, NOT JUST PRETTY**  
*vert.ms/Baddata*



**Number of people who drowned by falling into a pool**  
correlates with  
**Films Nicolas Cage appeared in**



# More spurious correlations

- <https://www.tylervigen.com/spurious-correlations>

# Correlation and causation

- One variable can cause changes in another variable and produce correlation
- **BUT**, correlation can also mean other things...
  1. Causal direction problem
  2. Common Causes
  3. Non-linear problem
  4. Spurious correlations
  5. Chance problem

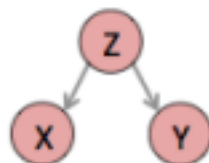
# How correlation happens



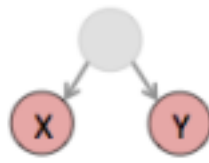
X causes Y



Y causes X



Z causes X and Y



hidden variable causes X and Y

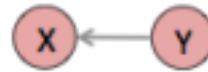


random chance!

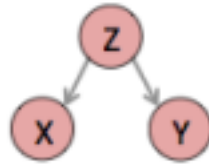
# How correlation happens



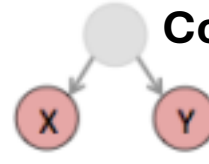
X causes Y



Y causes X



Z causes X and Y



hidden variable causes X and Y

**Confounder**



random chance!

Hot weather



shutterstock.com - 2302126837

Causation



Ice Cream Sales

Correlation



Causation



Sunburn

Regression (for categorical variables)



# What Are Categorical Predictors?

- (Independent) Variables that represent categories or groups, not continuous values
  - Examples:
    - Gender (M/F/Non-binary)
    - Treatment groups (Control/ Treatment)
    - Education level..

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# Previously..

```
Model = lm(child_height ~ parent_height, data = galton_data)
```

$$\hat{Y}_i = \text{intercept} + \text{slope} * \text{parent\_ht}$$

$$Y_i = \beta_0 + \beta_1 X_i + \epsilon$$

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Let's assume we don't have parent heights.  
But, we know the gender of the children.

# lm() for categorical predictors

```
Model = lm(child_height ~ child_gender, data = galton_data)
```

- Use of lm () doesn't change. R automatically handles this.

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coefficients


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$$Y_i = \beta_0 + \beta_1 \mathbf{D}_i + \epsilon$$



# lm() for categorical predictors

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Model = lm(child_height ~ child_gender, data = galton_data)
```

- Use of lm () doesn't change. R automatically handles this.
- Turns out that even the equation does not change much
- **BUT**
  - Regression needs numerical data
    - We convert categorical data to ***dummy variables***
      - Gender
        - Female = 0, Male = 1..

coefficients

$$\hat{Y}_i = \text{intercept} + \text{slope} * \text{child\_gender}$$

$$Y_i = \beta_0 + \beta_1 D_i + \epsilon$$

- D is the dummy variable
- Interpreting coefficients
  - $\beta_0$ : Mean of the reference group
  - $\beta_1$ : Difference between groups

# Dummy coding : The 0-1 Representation

- Dummy variables are typically represented using 0 and 1
  - 0: Absence of the category
  - 1: Presence of the category
- Example with three categories:
  - Category A: (1, 0)
  - Category B: (0, 1)
  - Category C: (0, 0)
- This 0-1 coding simplifies interpretation and computation

coefficients

$$\hat{Y}_i = \text{intercept} + \text{slope} * \text{categorical\_predictor}$$
$$Y_i = \beta_0 + \beta_1 D_i + \epsilon$$

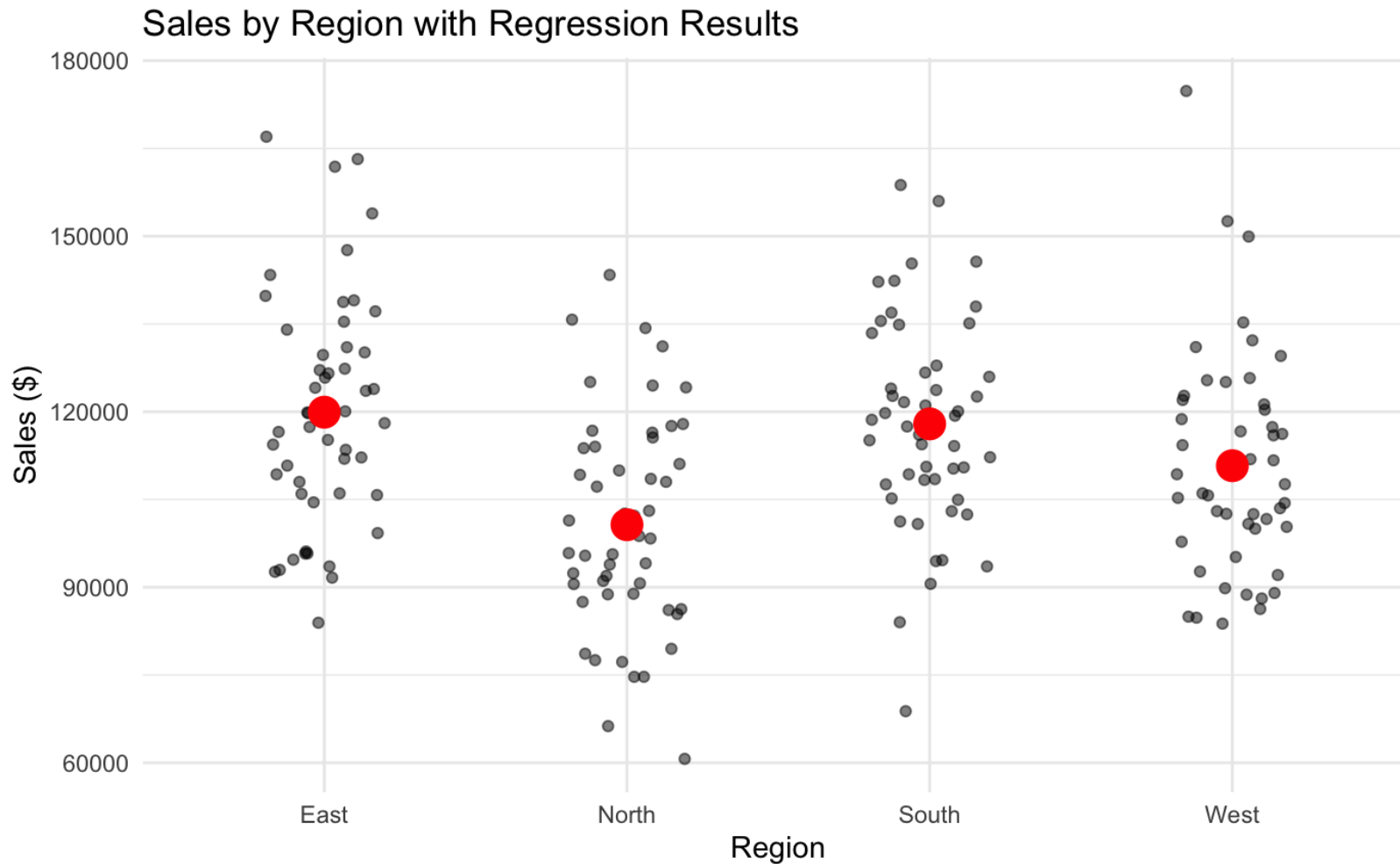
# Dummy coding: practical example

- Consider a categorical variable "Region" with levels: North, South, East, West
- Dummy coding using 0-1 representation:
  - North: (0, 0, 0) [Reference level]
  - South: (1, 0, 0)
  - East: (0, 1, 0)
  - West: (0, 0, 1)
- Resulting model:  $Y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3 + \varepsilon$ 
  - Where  $D_1$ ,  $D_2$ ,  $D_3$  are dummy variables for South, East, and West respectively
- R automatically handles this coding in `lm()` function

# Dummy coding: practical example

- $y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3 + \varepsilon$ 
  - $\beta_0$  is still called the intercept
  - $\beta_1, \beta_2, \beta_3$  are often called "coefficients" rather than slopes
- Interpretation of coefficients:
  - $\beta_0$ : Mean of the **reference group** (intercept)
  - $\beta_1, \beta_2, \beta_3$ : Differences from the reference group
- Example with Region:  $y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3$ 
  - $\beta_0$ : **Mean** for North (reference level)
  - $\beta_1$ : Difference between South and **North**
  - $\beta_2$ : Difference between East and **North**
  - $\beta_3$ : Difference between West and **North**
- The term "slope" is less commonly used with categorical predictors, but the coefficients represent the "change" associated with each category

# Visualizing the data



- To be continued