

# PSY 503: Foundations of Statistical Methods in Psychological Science

**Correlation,  
Regression (Group Models)**

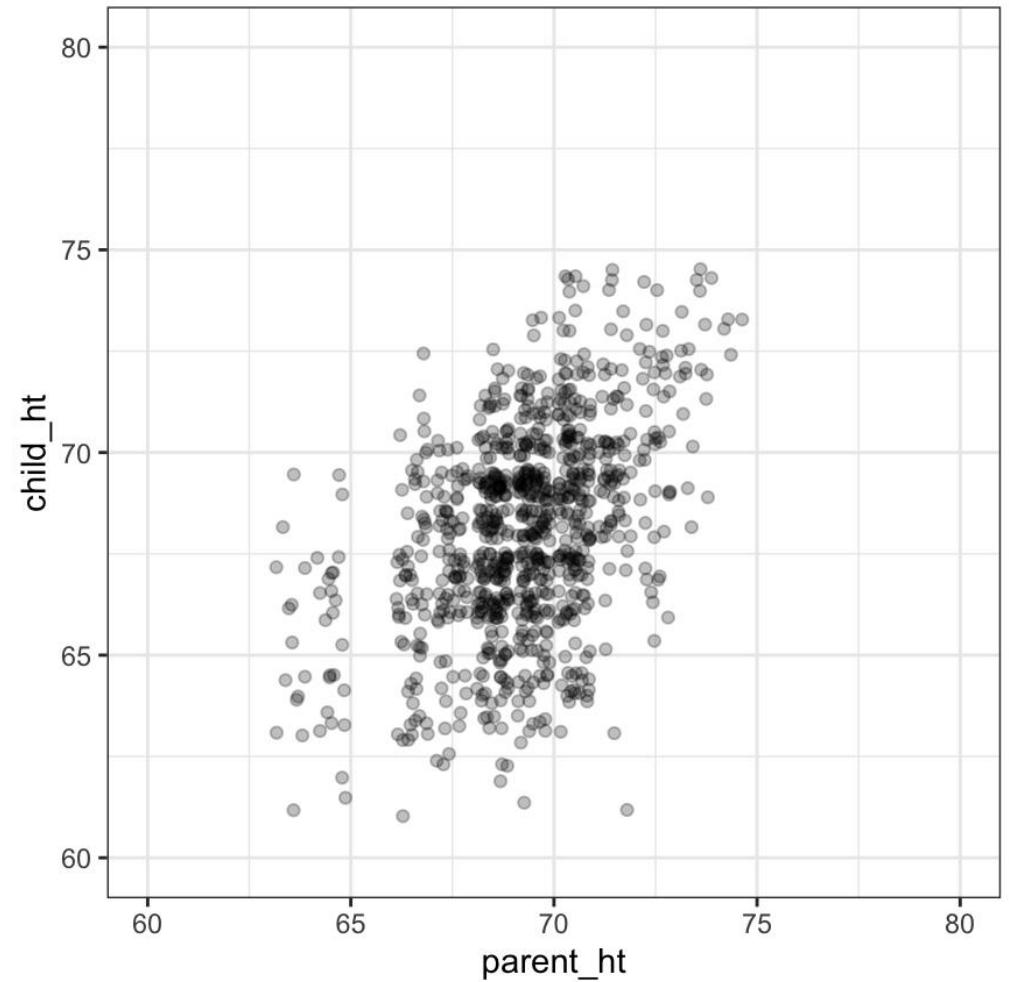
Suyog Chandramouli

311 PSH (Princeton University)

6th October, 2025

# Last week..

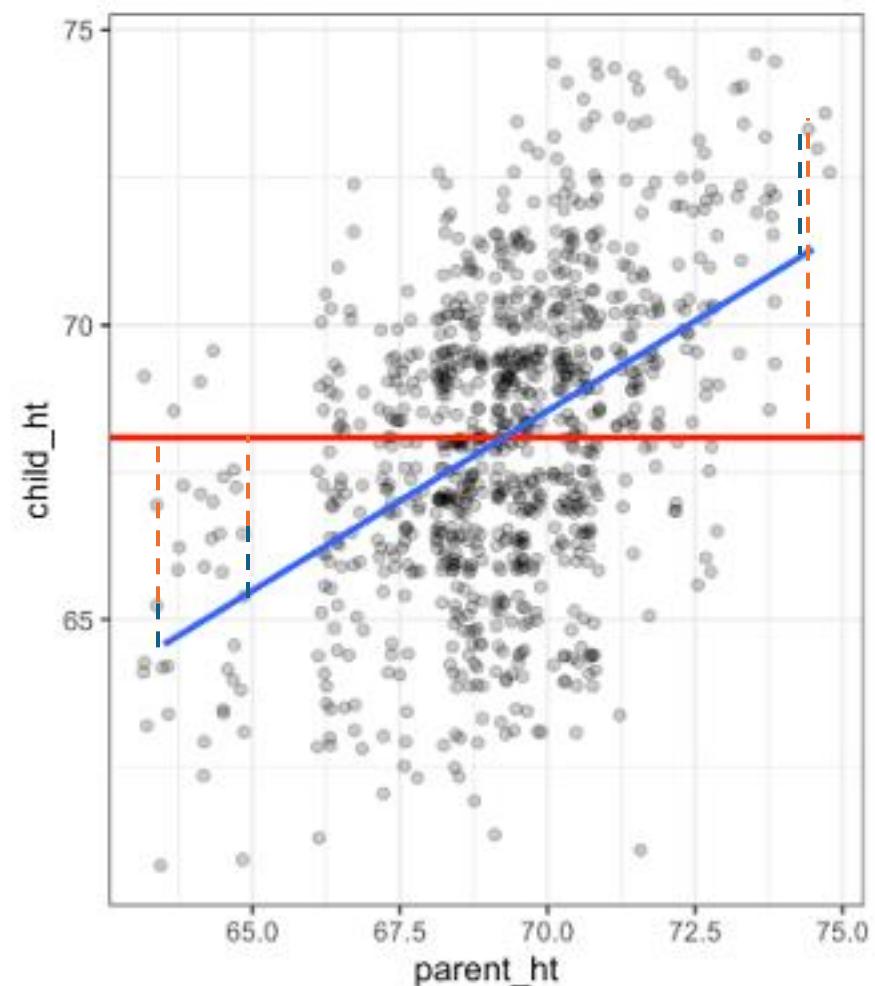
“There’s a linear trend” –  
PSY 503 Student(s)



# Last week..

“There’s a linear trend” – PSY  
503 Student (s)

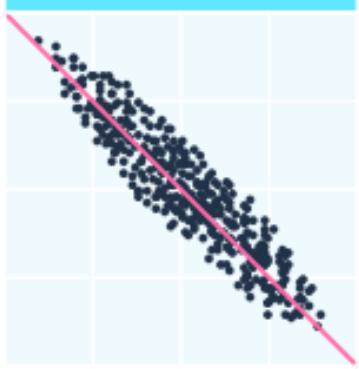
We indeed found that a line  
was a better fit to the data (in  
terms of error measures) than  
a line



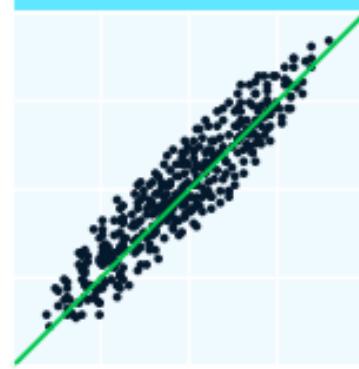
# Discuss

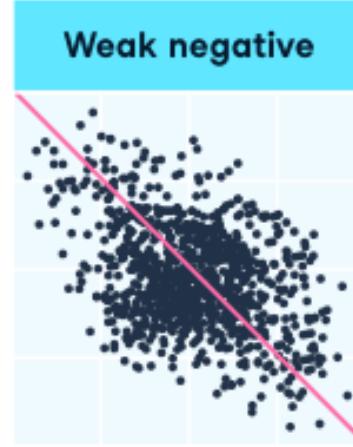
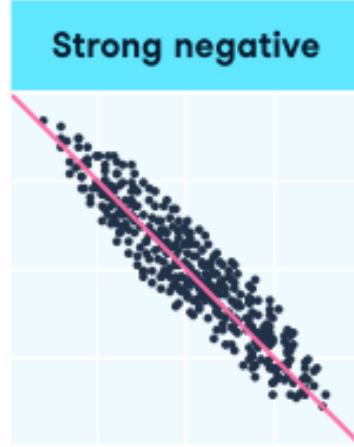
- What is a linear trend ?
- What would a strong linear trend look like ?
- What would a weak linear trend look ?

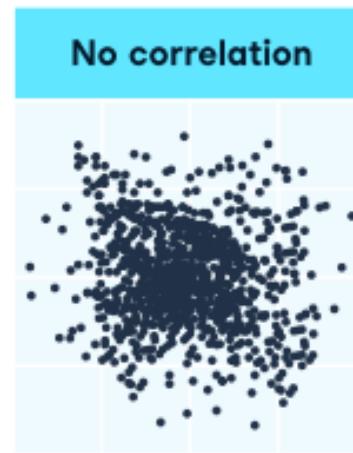
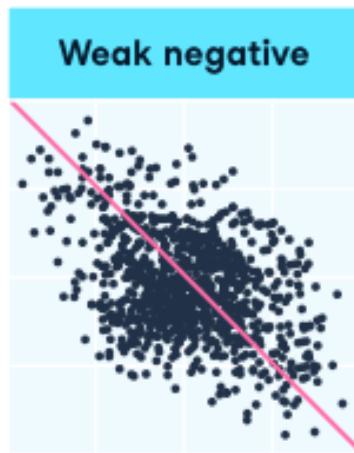
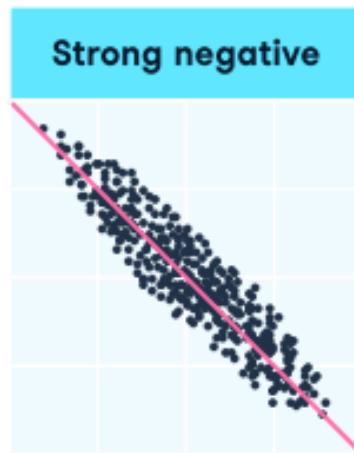
**Strong negative**

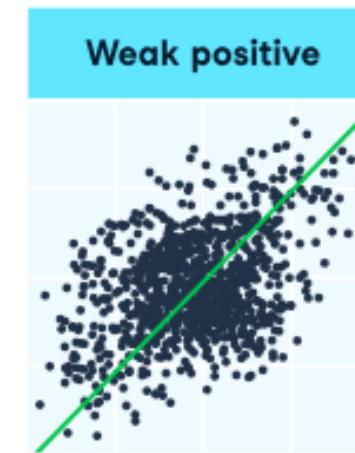
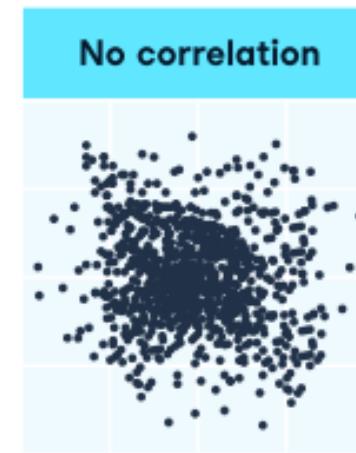
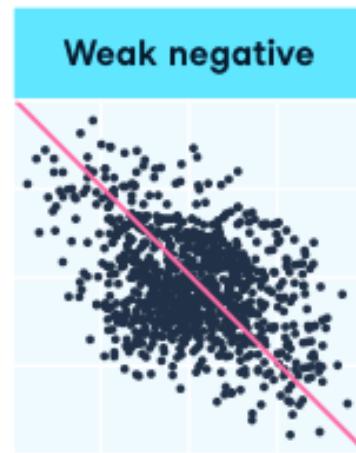
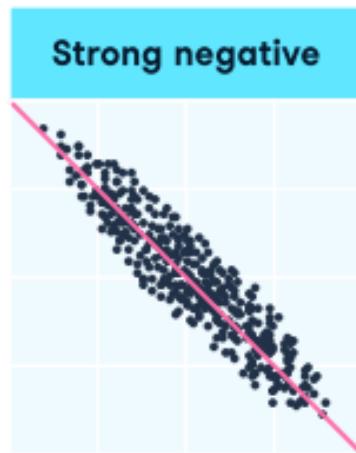


**Strong positive**





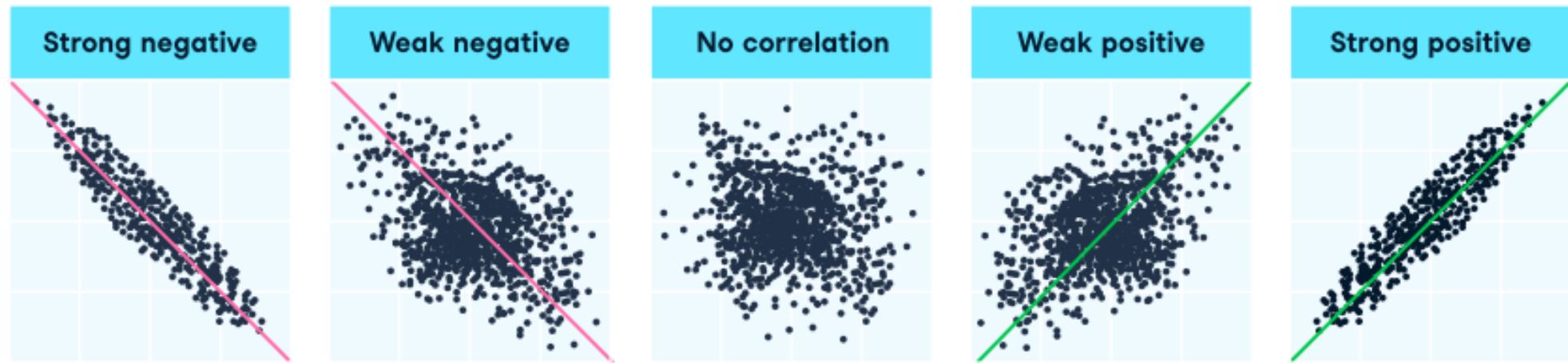




$r$  closer to -1

$r = 0$

$r$  closer to 1



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$r$  closer to 1

### Rule of thumb (varies by field):

- $|r| < 0.3$ : Weak correlation
- $0.3 \leq |r| < 0.7$ : Moderate correlation
- $|r| \geq 0.7$ : Strong correlation

# Formula

$$r = \frac{\sum(X_i - \bar{X})(Y_i - \bar{Y})}{\sqrt{\sum(X_i - \bar{X})^2} * \sqrt{\sum(Y_i - \bar{Y})^2}}$$

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- For each data point,
  - Numerator
    - Individual variation (from mean) is
      - $(X_i - \bar{X})$
      - $(Y_i - \bar{Y})$
    - Both above mean → positive product
    - Both below mean → positive product
    - One above, one below → negative product
    - Positive => X and Y deviate the same way  
Negative => X and Y deviate in the opposite ways
    - $(X_i - \bar{X})(Y_i - \bar{Y})$  is the joint deviation measure

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- Denominator

- How much does each variable vary alone?
    - Big spread in X? Increases denominator.  
Big spread in Y? Increases denominator
    - Larger denominator → smaller r.
    - Denominator =  $SD(X) \times SD(Y)$

# Formula

$$r = \frac{\sum (X_i - \bar{X})(Y_i - \bar{Y})}{\sqrt{\sum (X_i - \bar{X})^2} * \sqrt{\sum (Y_i - \bar{Y})^2}}$$

coordinated movement

$$r = \frac{\text{coordinated movement}}{\text{total (coordinated + independent) movement}}$$

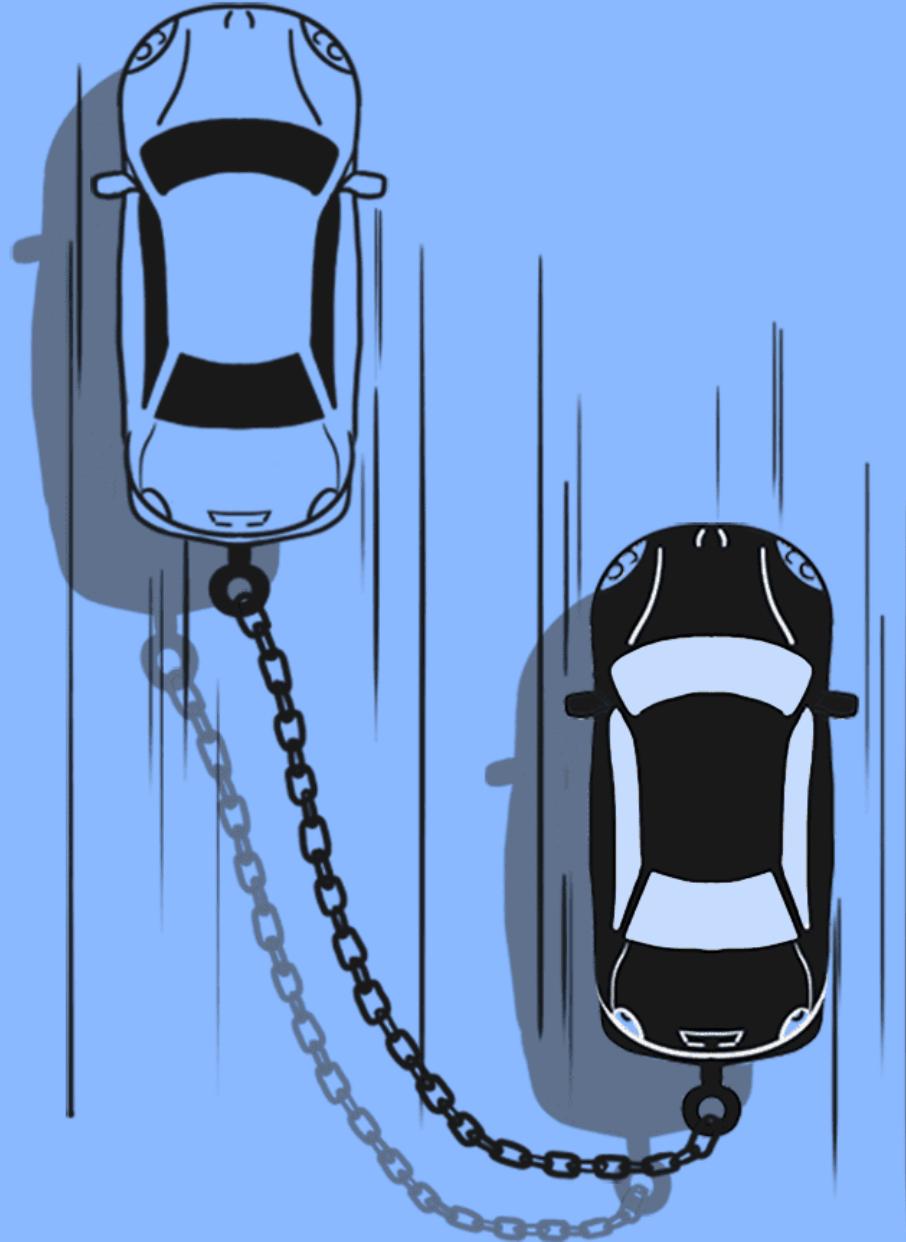
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# Correlation Coefficient

[kór-ə-’lā-shən ,kō-ə-’fi-shənt]

A statistical measure of the strength of the relationship between the relative movements of two variables.

# Correlation in R

family_id <chr>	child_ht <dbl>	parent_ht <dbl>
F1	72.2	74.5
F2	73.2	74.5
F3	73.2	74.5
F4	73.2	74.5
F5	68.2	73.5
F6	69.2	73.5
F7	69.2	73.5
F8	70.2	73.5
F9	71.2	73.5
F10	71.2	73.5

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F10	71.2	73.5

```
```{r}
cor[height_data$child_ht,height_data$parent_ht )
````
```

```
[1] 0.4587332
```

# Correlation in R

| family_id<br><chr> | child_ht<br><dbl> | parent_ht<br><dbl> | gparent_ht<br><dbl> |
|--------------------|-------------------|--------------------|---------------------|
| F1                 | 72.2              | 74.5               | 73.18186            |
| F3                 | 73.2              | 74.5               | 74.31761            |
| F4                 | 73.2              | 74.5               | 73.87115            |
| F6                 | 69.2              | 73.5               | 71.86452            |
| F8                 | 70.2              | 73.5               | 71.47048            |
| F12                | 72.2              | 73.5               | 72.95794            |
| F14                | 72.2              | 73.5               | 72.88320            |
| F16                | 72.2              | 73.5               | 73.38607            |
| F20                | 74.2              | 73.5               | 73.70816            |
| F23                | 74.2              | 73.5               | 73.54220            |

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```
```{r}
temp_data<- full_data %>%
  filter(!is.na(gparent_ht))

cor(temp_data[, c("child_ht", "parent_ht", "gparent_ht")])
````
```

```
      child_ht parent_ht gparent_ht
child_ht  1.0000000  0.4585804  0.8899514
parent_ht  0.4585804  1.0000000  0.7888931
gparent_ht 0.8899514  0.7888931  1.0000000
```

# Correlation in R

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````
```

```
child_ht parent_ht gparent_ht
child_ht 1.0000000 0.4585804 0.8899514
parent_ht 0.4585804 1.0000000 0.7888931
gparent_ht 0.8899514 0.7888931 1.0000000
```

```
```{r}
full_data %>%
  filter(!is.na(gparent_ht)) %>%
  corrr::correlate()
````
```



A tibble: 3 × 4

| term<br><chr> | child_ht<br><dbl> | parent_ht<br><dbl> | gparent_ht<br><dbl> |
|---------------|-------------------|--------------------|---------------------|
| child_ht      | NA                | 0.4585804          | 0.8899514           |
| parent_ht     | 0.4585804         | NA                 | 0.7888931           |
| gparent_ht    | 0.8899514         | 0.7888931          | NA                  |

3 rows

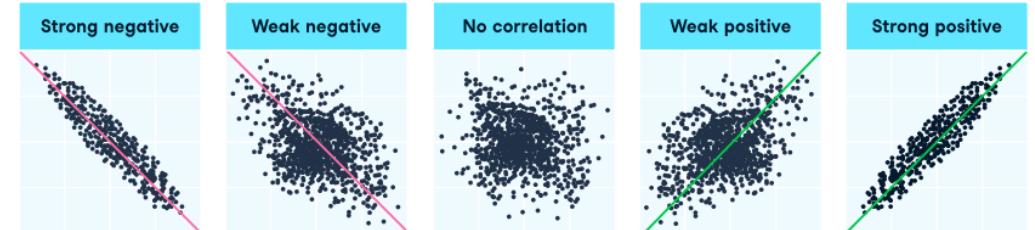
# Correlation Formula (Pearson's r)

- Summary statistic about a relationship between two variables.
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  - Captures strength and direction
  - Scale-independent
  - Symmetric
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  - When variables are standardized, slope ( $\beta_1$ ) = r

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    - It represents the proportion of variance in the dependent variable explained by the independent variable(s)

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  - r and slope share signs
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  - R-squared (is  $r^2$ ) is the *coefficient of determination*
    - It represents the proportion of variance in the dependent variable explained by the independent variable(s)
      - $R^2 = 0$ : The model explains none of the variability in the data
      - $R^2 = 1$ : The model explains all the variability in the data
      - A measure of “goodness of fit” but it doesn’t account for “overfitting”

$$R^2 = \frac{\text{Explained Variance}}{\text{Total Variance}}$$

# Aside: Adjusted-R-squared

- Modifies  $R^2$  to account for the number of predictors in the model
  - Always  $\leq R^2$ 
    - *equal for simple linear regression*
    - *Higher the better*
    - *Can be negative*

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- Penalizes the addition of unnecessary predictors
- **Formula for Adjusted R-squared**

$k$  = number of predictors

- Where:
  - $n$  is the number of observations
  - $k$  is the number of predictors

$$Adjusted\ R^2 = 1 - \frac{(1 - R^2)(n - 1)}{n - k - 1}$$

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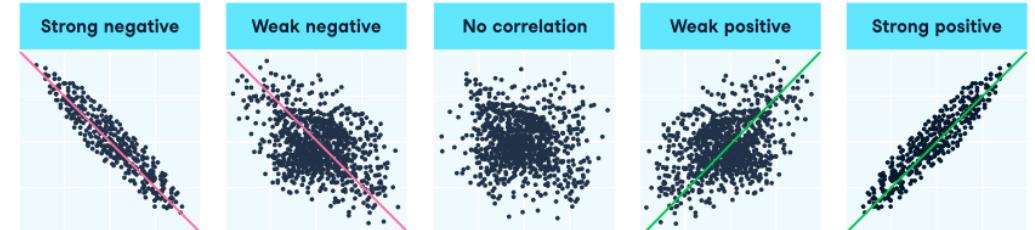
$$Adjusted\ R^2 = 1 - \frac{Unexplained\ Variance}{Total\ Variance} * \frac{n - 1}{n - k - 1}$$

# Aside: When to use Adjusted-R-squared

- Comparing (nested) models with different numbers of predictors
- Assessing whether additional predictors improve the model
- Guard against overfitting in multiple regression

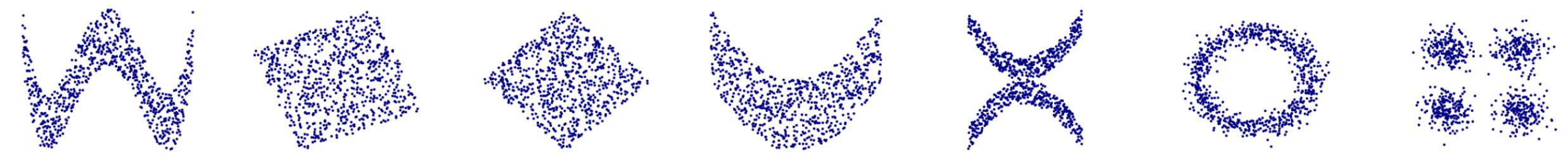
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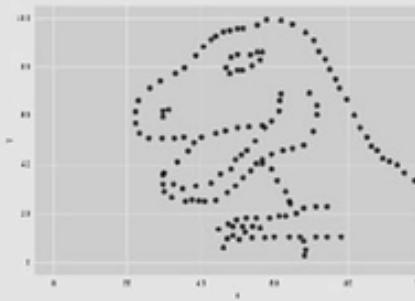
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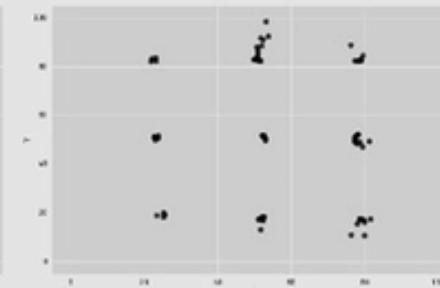
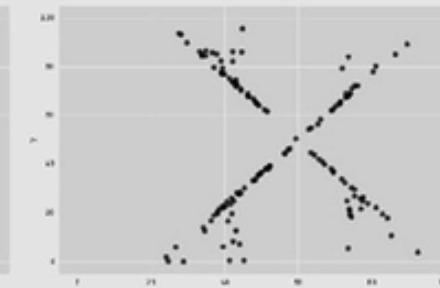
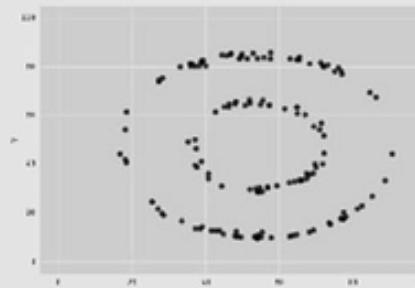
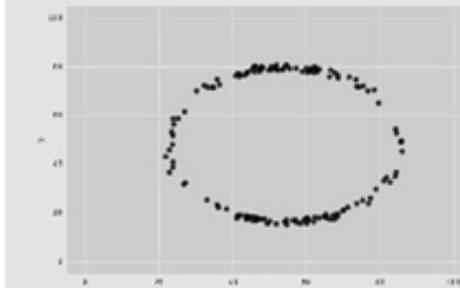
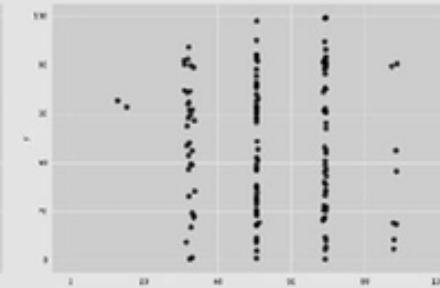
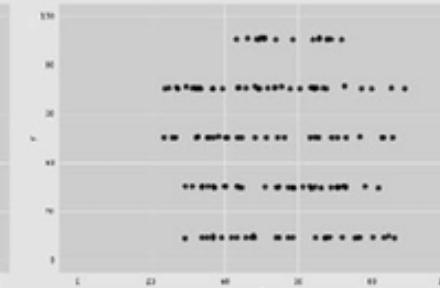
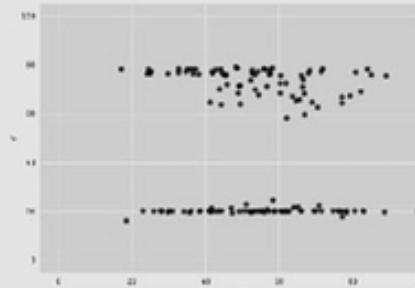
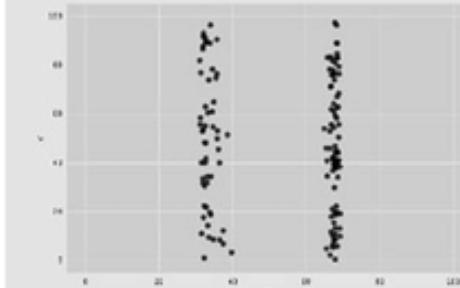
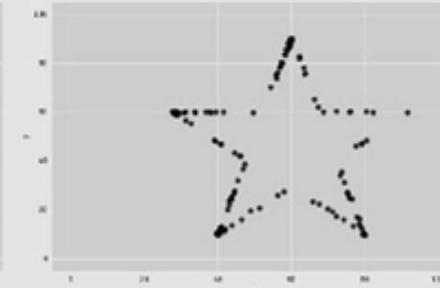
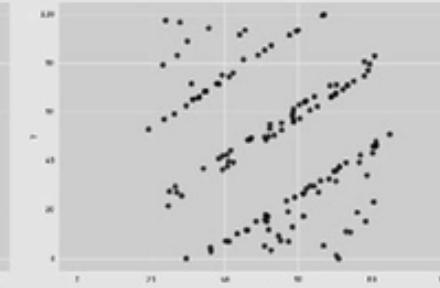
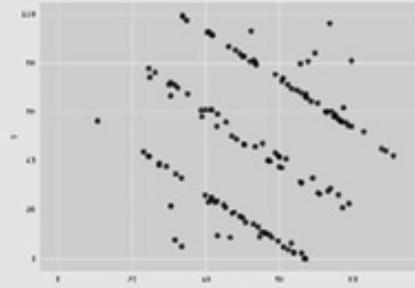
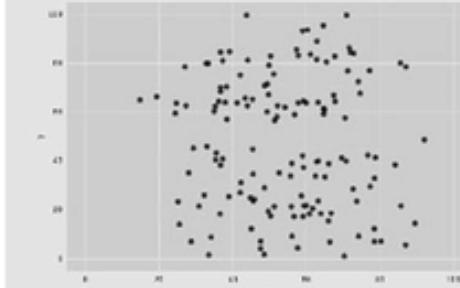
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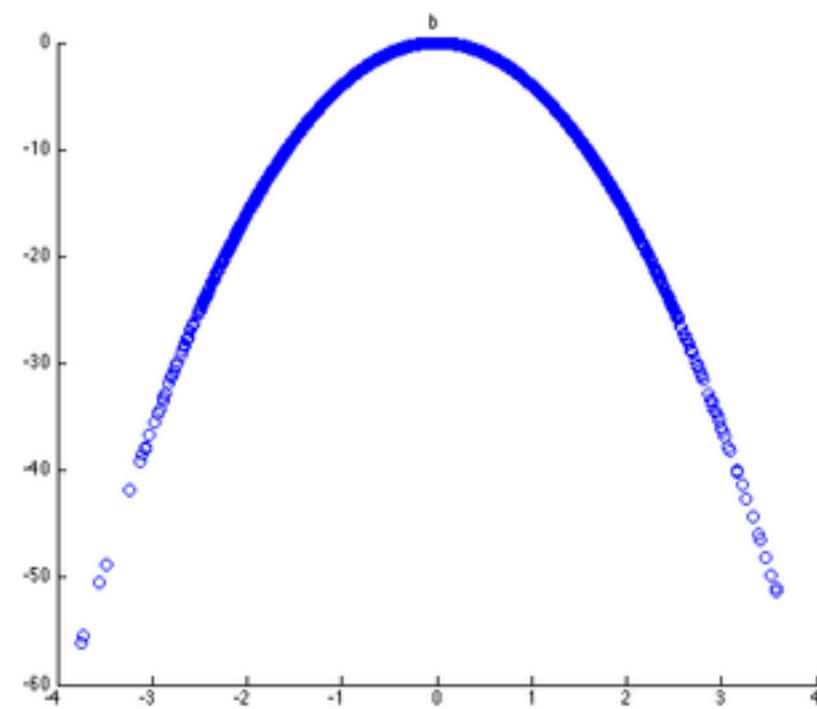
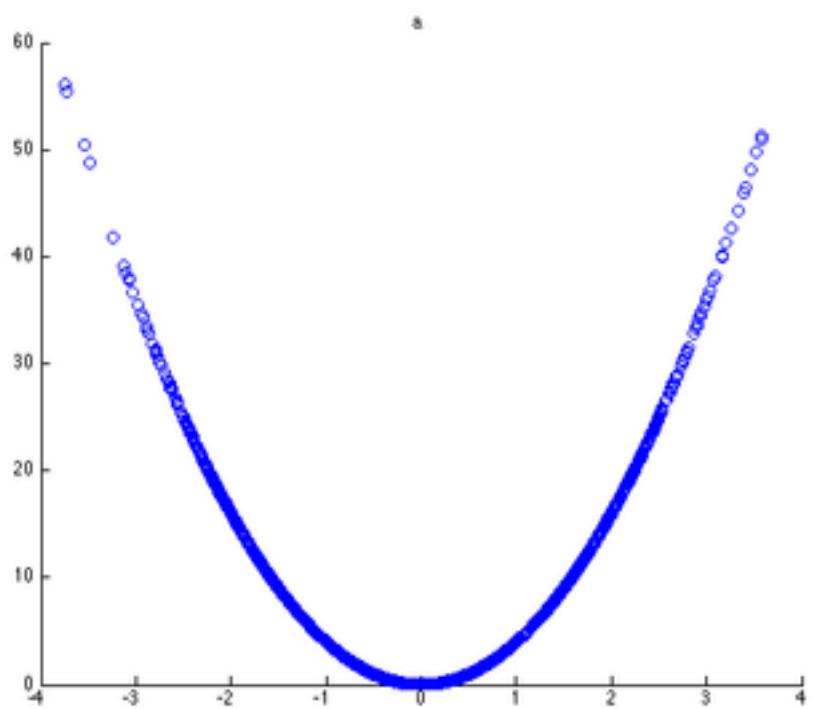
- Given that  $r$  captures strength & direction of linear relationship, is it of any use to visualize the data?





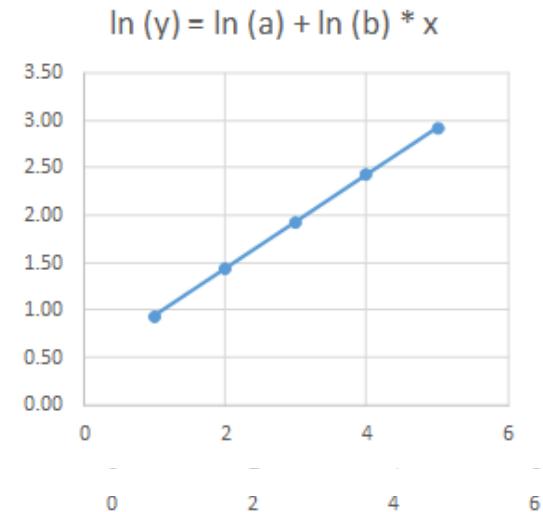
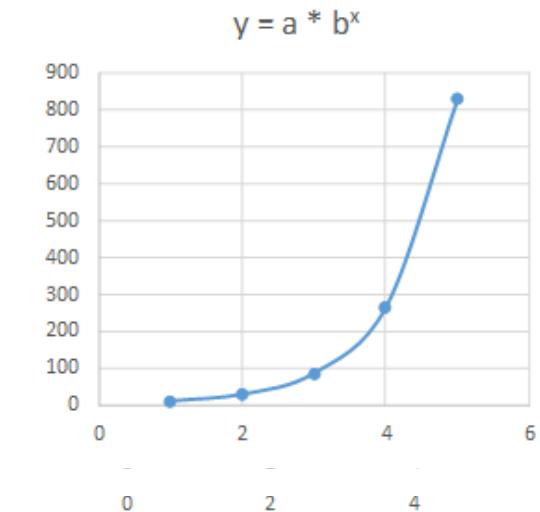
X Mean: 54.26  
Y Mean: 47.83  
X SD : 16.76  
Y SD : 26.93  
Corr. : -0.06





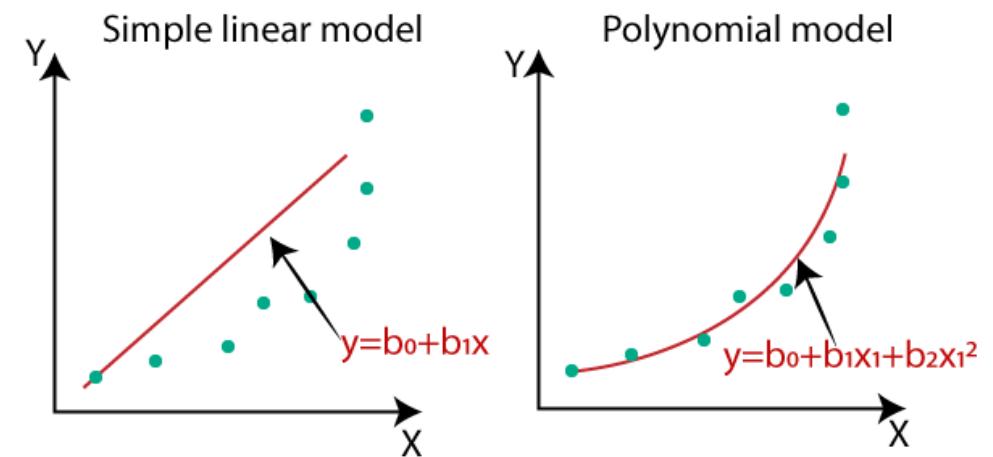
# Aside: Handling non-linear relationships

- For non-linear relationships, consider: Transforming variables (e.g., log, square root)



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- Using non-linear regression techniques



# Aside: Handling non-linear relationships

- For non-linear relationships, consider: Transforming variables (e.g., log, square root)
- Using non-linear regression techniques
- Employing non-parametric correlation measures (e.g., Spearman's rho, mutual information, etc.)

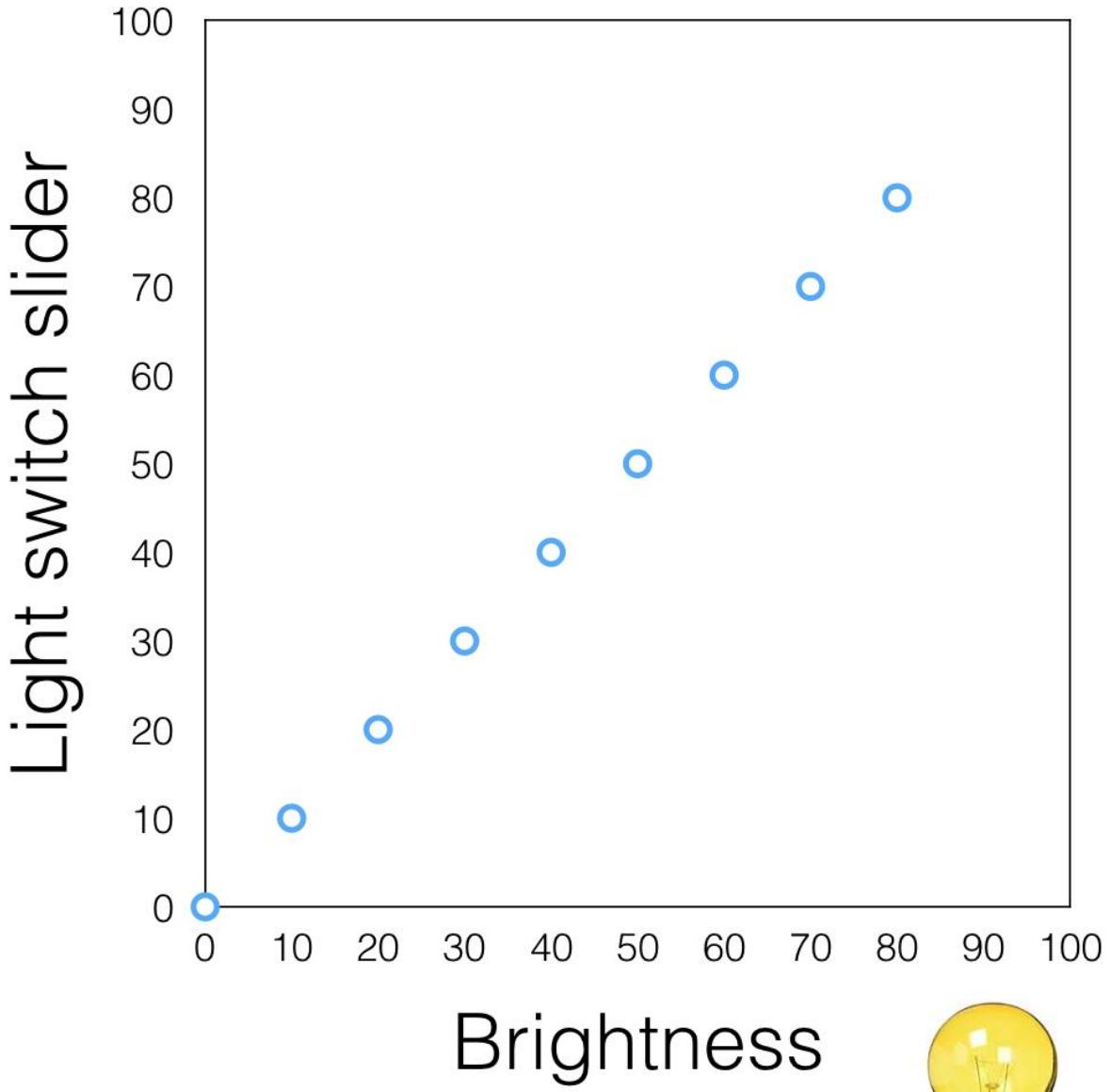
# Correlation and causation

# Causal influence diagram

- Light switch slider → Brightness

# Causal influence diagram

- Light switch slider → Brightness
- Correlation is a common feature of causation



Brightness



# Correlation and causation

- One variable can cause changes in another variable and produce correlation

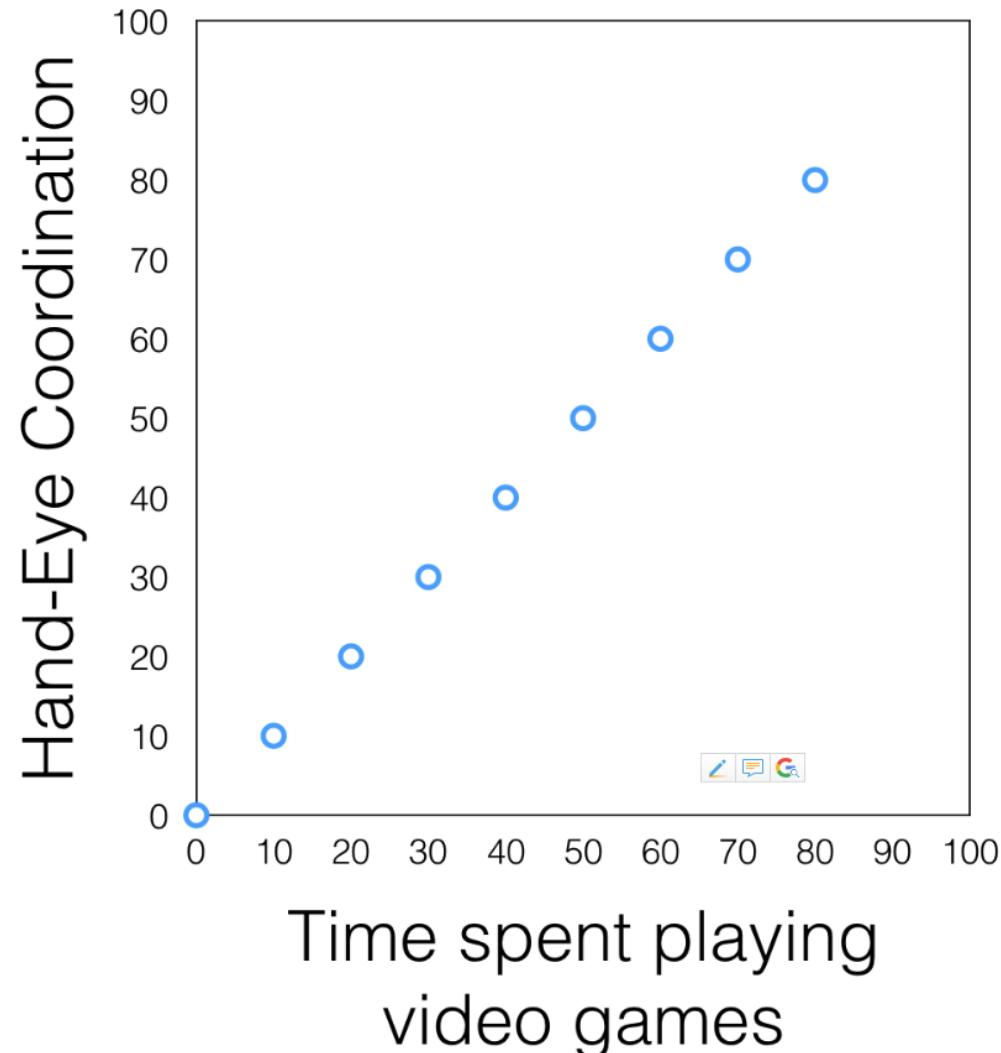
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- **BUT**, correlation can also mean other things...

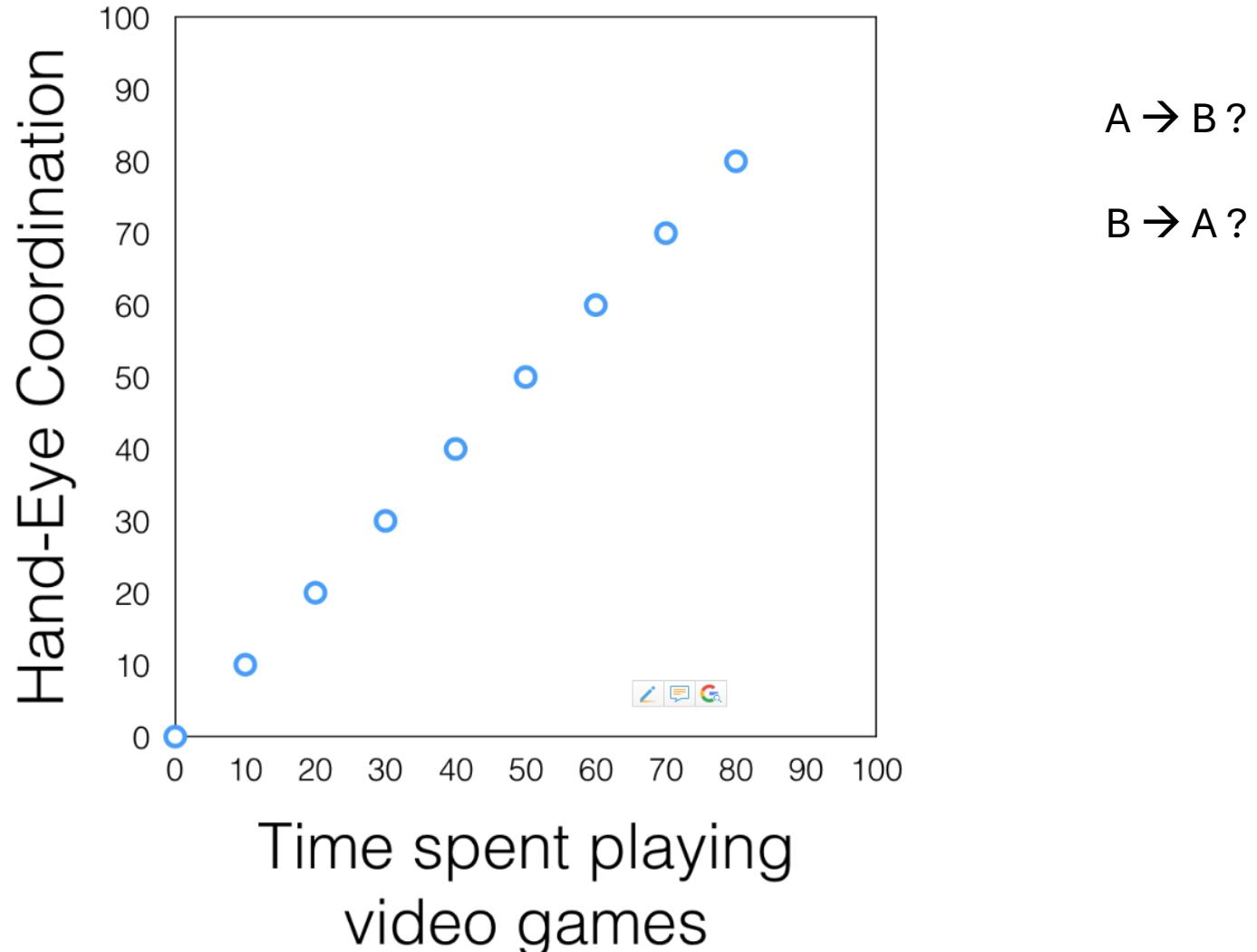
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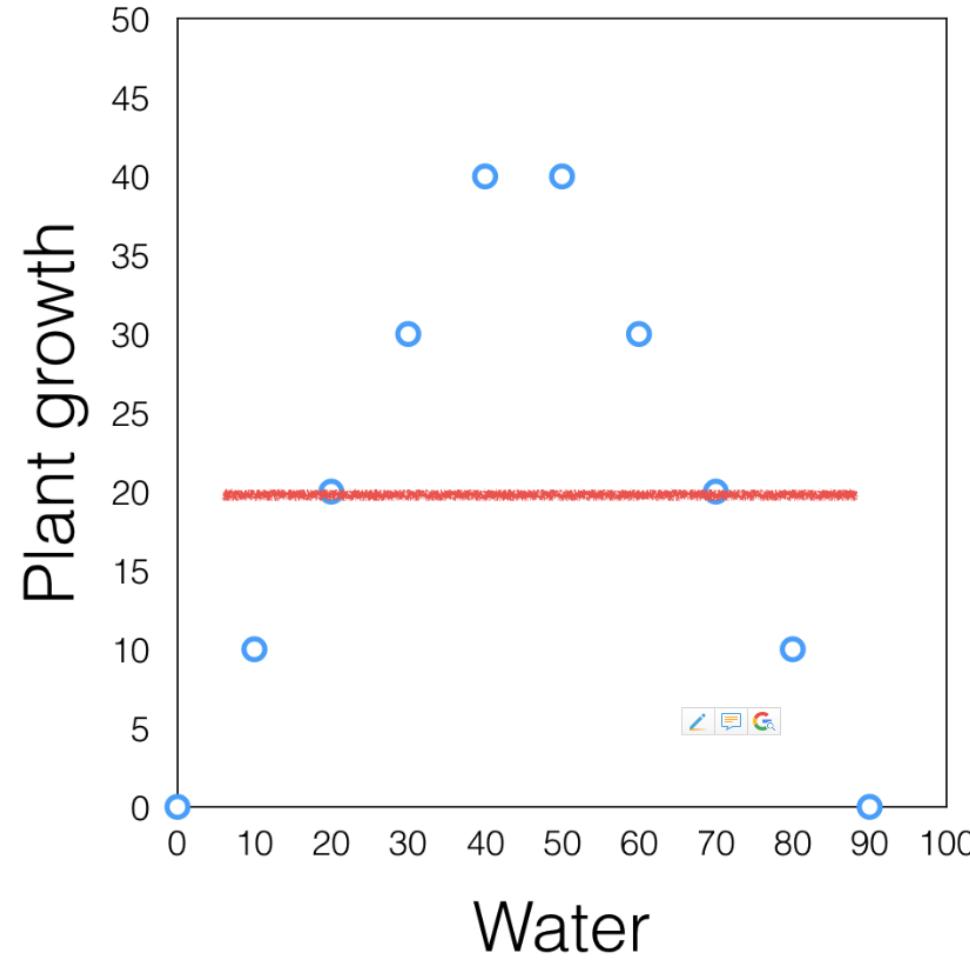
# Causal directionality



# Causal directionality



# Nonlinearity problem



# Chance problem

- Correlations between two variables can occur by chance, and be completely meaningless

MISLEADING STATISTICS

# OVER 2 MILLION AMERICANS EXPOSED TO DRINKING WATER WILL **DIE THIS YEAR**

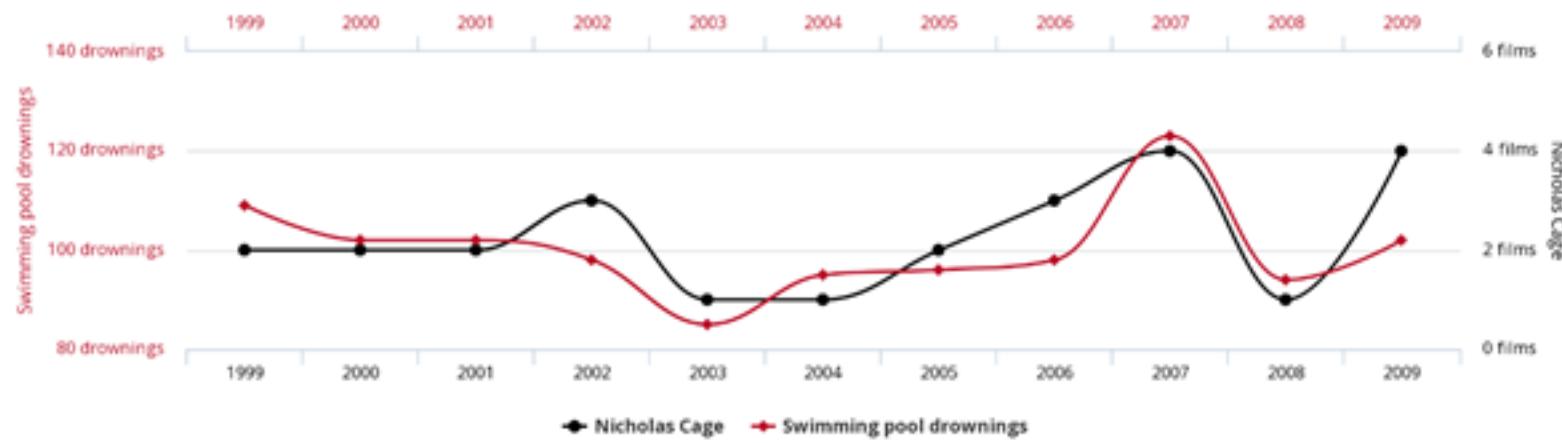


Correlation ≠ Causation

CONTENT SHOULD BE USEFUL, NOT JUST PRETTY  
vert.ms/Baddata



**Number of people who drowned by falling into a pool**  
correlates with  
**Films Nicolas Cage appeared in**



[tylervigen.com](http://tylervigen.com)

# More spurious correlations

- <https://www.tylervigen.com/spurious-correlations>

# Correlation and causation

- One variable can cause changes in another variable and produce correlation
- **BUT**, correlation can also mean other things...
  1. Causal direction problem
  2. Common Causes
  3. Non-linear problem
  4. Spurious correlations
  5. Chance problem

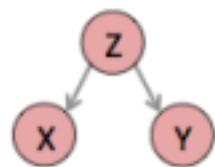
# How correlation happens



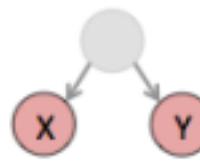
X causes Y



Y causes X



Z causes X and Y



hidden variable causes X and Y

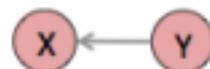


random chance!

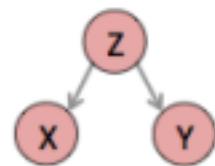
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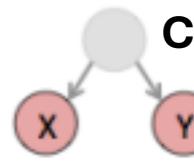
X causes Y



Y causes X



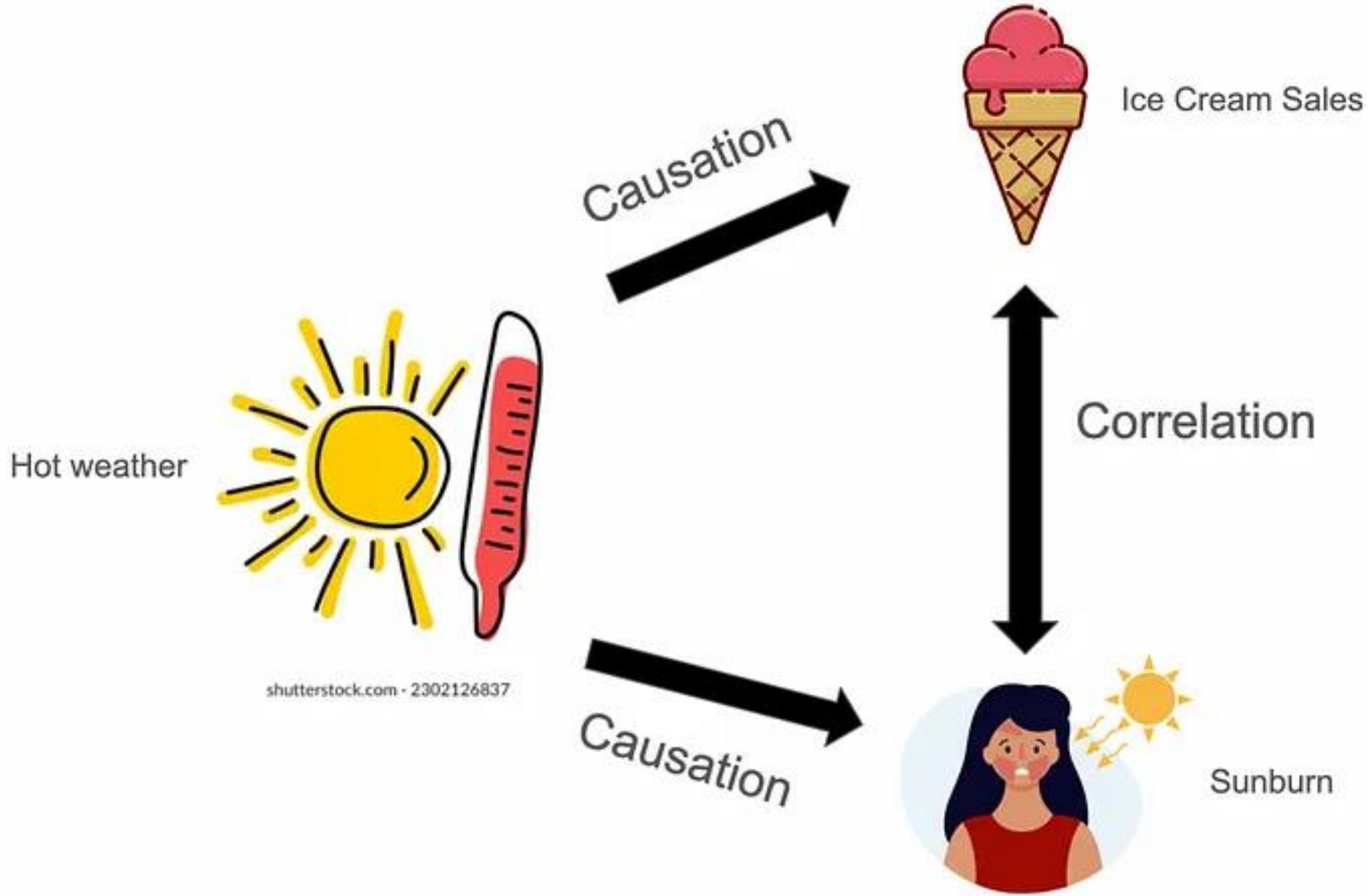
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random chance!



# Regression (for categorical variables)

# What Are Categorical Predictors?

- (Independent) Variables that represent categories or groups, not continuous values
  - Examples:
    - Gender (M/F/Non-binary)
    - Treatment groups (Control/ Treatment)
    - Education level..

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# Previously..

```
Model = lm(child_height ~ parent_height, data = galton_data)
```

$$\hat{Y}_i = \text{intercept} + \text{slope} * \text{parent_ht}$$

$$Y_i = \beta_0 + \beta_1 X_i + \epsilon$$

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Let's assume we don't have parent heights.  
But, we know the gender of the children.

# lm() for categorical predictors

*Model = lm(child\_height ~ child\_gender, data = galton\_data)*

- Use of lm () doesn't change. R automatically handles this.

# lm() for categorical predictors

Model = `lm(child_height ~ child_gender, data = galton_data)`

- Use of lm () doesn't change. R automatically handles this.
- Turns out that even the equation does not change much

coefficients

$$\hat{Y}_i = \text{intercept} + \text{slope} * \mathbf{child\_gender}$$

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# lm() for categorical predictors

Model = `lm(child_height ~ child_gender, data = galton_data)`

- Use of lm () doesn't change. R automatically handles this.
- Turns out that even the equation does not change much
- **BUT**
  - Regression needs numerical data
    - We convert categorical data to **dummy variables**
      - Gender
      - Female = 0, Male = 1..

coefficients

$$\hat{Y}_i = \text{intercept} + \text{slope} * \mathbf{child\_gender}$$

$$Y_i = \beta_0 + \beta_1 D_i + \epsilon$$

- $D$  is the dummy variable
- Interpreting coefficients
  - $\beta_0$ : Mean of the reference group
  - $\beta_1$ : Difference between groups

# Dummy coding : The 0-1 Representation

- Dummy variables are typically represented using 0 and 1
  - 0: Absence of the category
  - 1: Presence of the category
- Example with three categories:
  - Category A: (1, 0)
  - Category B: (0, 1)
  - Category C: (0, 0)
- This 0-1 coding simplifies interpretation and computation

The diagram illustrates the decomposition of a regression equation. On the left, a light gray box contains the equation  $\hat{Y}_i = \text{intercept} + \text{slope} * \text{categorical\_predictor}$ . An arrow labeled "coefficients" points from the word "slope" to the term  $\beta_1 D_i$  in a second, darker gray box below. This second box also contains the term  $\beta_0$  next to the intercept. The entire equation in the second box is  $Y_i = \beta_0 + \beta_1 D_i + \epsilon$ .

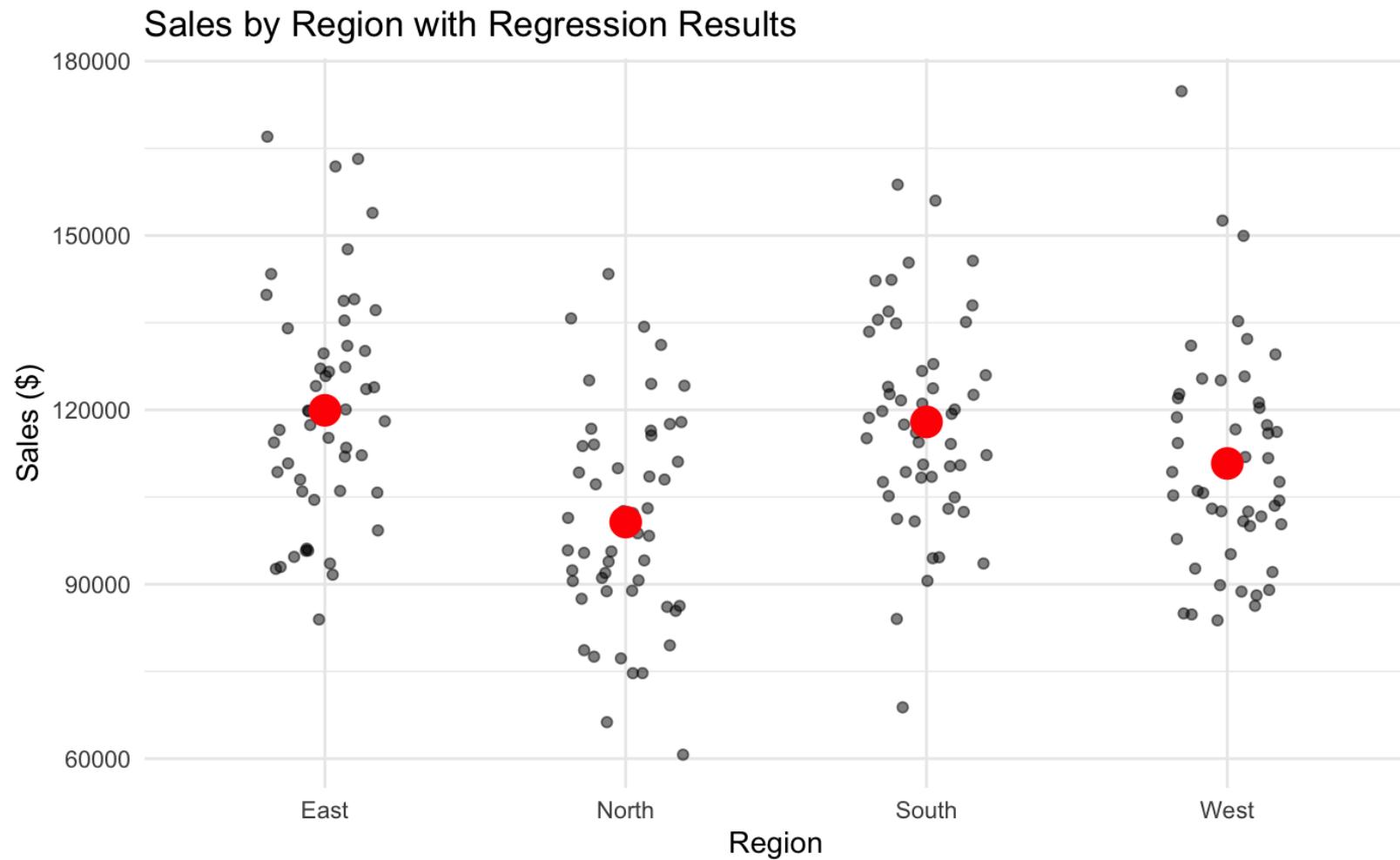
# Dummy coding: practical example

- Consider a categorical variable "Region" with levels: North, South, East, West
- Dummy coding using 0-1 representation:
  - North: (0, 0, 0) [Reference level]
  - South: (1, 0, 0)
  - East: (0, 1, 0)
  - West: (0, 0, 1)
- Resulting model:  $Y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3 + \varepsilon$ 
  - Where  $D_1$ ,  $D_2$ ,  $D_3$  are dummy variables for South, East, and West respectively
- R automatically handles this coding in `lm()` function

# Dummy coding: practical example

- $y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3 + \varepsilon$ 
  - $\beta_0$  is still called the intercept
  - $\beta_1, \beta_2, \beta_3$  are often called "coefficients" rather than slopes
- Interpretation of coefficients:
  - $\beta_0$ : Mean of the reference group (intercept)
  - $\beta_1, \beta_2, \beta_3$ : Differences from the reference group
- Example with Region:  $y = \beta_0 + \beta_1 D_1 + \beta_2 D_2 + \beta_3 D_3$ 
  - $\beta_0$ : Mean for North (reference level)
  - $\beta_1$ : Difference between South and North
  - $\beta_2$ : Difference between East and North
  - $\beta_3$ : Difference between West and North
- The term "slope" is less commonly used with categorical predictors, but the coefficients represent the "change" associated with each category

# Visualizing the data



- To be continued