

## 英国看病，常用英语

### 伤风感冒：

He has been coughing up rusty or greenish-yellow phlegm.  
他咳嗽带有绿黄色的痰。

His eyes feel itchy and he has been sneezing.  
他眼睛发痒，而且一直在打喷嚏。

He has a fever, aching muscles and hacking cough.  
他有发烧，筋骨酸痛，还常常咳嗽。

He coughed with sputum and feeling of malaise.  
他咳嗽有浓痰，而且觉得很虚弱。

He gets a cold with a deep hacking cough.  
他伤风咳嗽。

He has a headache, aching bones and joints.  
他头痛，骨头、关节也痛。

He has a persistent cough.  
他不停地在咳。

He has bouts of uncontrollable coughing.  
他一阵阵的咳嗽，难以控制。

He has hoarse and has lost his voice sometimes.  
他声音嘶哑，有时失声。

He has a sore throat and a stuffy nose.  
他嗓子疼痛而且鼻子不通。

His breathing is harsh and wheezy.  
他呼吸时，有气喘似的呼哧呼哧作响。

He has a stabbing pain that comes on suddenly in one or both temples.  
有时突然间太阳穴刺痛。

He has a runny nose, sneezing or a scratchy throat.  
他流鼻水、打喷嚏，喉咙沙哑。

## **呼吸问题:**

His breathing has become increasingly difficult.  
他呼吸越来越困难。

He has to breathe through his mouth.  
他不得不使用口呼吸。

He is short of breath, even when he has not been exercising, he is breathless.  
即使没有在运动，他也是上气不接下气。

His cough is more like wheezing.  
他的咳嗽有呼哧呼哧的响声。

His cough is dry, producing no phlegm.  
他是干咳，没有痰。

He has coughed up blood.  
他咳嗽有血。

His nose stuffed up when he had a cold.  
他感冒时鼻子就不通。

He coughs up a lot of phlegm (thick spit) on most days.  
他多半时间咳出浓浓的痰。

He has a feeling of tightness in the chest or a feeling that he is suffocating.  
他胸部觉得闷闷的，好像透不过气来。

## **肠胃疾病:**

He has a bloated, uncomfortable feeling after meal.  
他饭后肚子觉得胀胀的，很不舒服。

He has bouts of abdominal pain.  
他一阵阵的肚痛。

He feels bloated in his abdominal area.  
他感到肚子胀胀的。

The pain is mainly in the lower (upper) right part of the abdomen.  
痛是在肚子下半部。

**He has nausea and vomiting.**  
他有恶心和呕吐。

**It is difficult or painful for him to swallow.**  
他吞咽时会痛。

**He has passed more gas than usual.**  
他放屁比平常多。

**He has been constipated for a few day.**  
他便秘了好几天。

**He suffers pains when he moves his bowels.**  
他大便时很痛。

**He has some bleeding from his rectum.**  
他的肛门出血。

**His bowel movements are pale, greasy and foul smelling.**  
他大便呈灰白色，含油，有恶臭。

**He has trouble with diarrhea.**  
他拉肚子。

## 一般问题:

**He feels headache, nausea and vomiting.**  
他觉得头痛、恶心和想吐。

**He is under the weather.**  
他不舒服，生病了。

**He began to feel unusually tired.**  
他感到异常的疲倦。

**He feels light-headed.**  
他觉得头晕。

**He has been shut-in for a few day.**  
他生病在家几天了。

**His head is pounding.**

他头痛。

His symptoms include loss of appetite, weight loss, excessive fatigue, fever and chills.

他的症状包括没有食欲、体重减轻、非常疲倦、发烧和发冷。

He feels exhausted or fatigued most of the time.

他大部份时间都觉得非常疲倦。

He has been lacking in energy for some time.

他感到虚弱有段时间了。

He feels drowsy, dizzy and nauseated.

他觉得昏昏欲睡，头晕目眩和想吐。

He feels as though everything around him is spinning.

他感到周围的东西都在打转。

He has noticed some loss of hearing.

他发觉听力差些。

She has some pains and itching around her eyes.

她眼睛四周又痛又痒。

## 其他问题:

His blood pressure is really up.

他的血压很高。

He has noticed frequent urination, increased thirst and unexpected tiredness.

他小便频繁，总是口渴，容易疲倦。

It is a chest pain that gets worse when he bends over or lies down.

他弯腰或躺下时，胸部更痛。

He has noticed excessive sweating and unexplained tiredness.

他出汗过多，毫无理由的疲倦。

He has a sharp pain in one area of his spine.

他的脊椎某部位刺痛。

He has pain in other joints including hip, knee and ankle.

其它关节疼痛包括臀部、膝盖和脚踝。

**His eyes seem to be bulging.**

他的眼睛觉得有点肿胀。

**He has double vision.**

他看东西有重影。

**He feels there is a film over his eyes.**

他觉得眼里有种薄膜似的东西，挡住视线。

**His vision in the right eye blurred.**

他右眼视线模糊不清。

**He has had some earaches lately.**

他近来耳朵有点痛。

**He has a repeated buzzing or other noises in his ears.**

他耳朵常有嗡嗡的声音。