

# AP Biology Notes

Me. I am Him.

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# Chapter 1

## Chemistry of Life

### 1.1 Scientific Method

### 1.2 Feedback

**Note:-**

Positive and Negative feedback. Need to know.

### 1.3 Macromolecules

## Chapter 2

# Cell Structure and Function

### Note:-

All cells have the following;

1. Surrounding Membrane
2. Chromosomes
3. Cytosol
4. Ribosomes.

### Definition 2.0.1: Prokaryotic Cells

They are defined as being, having, or including:

1. Non-membrane-bound organelles
2. Nucleoid

### Note:-

Prokaryotes include *Bacteria* and *Archaea*. They both differ genetically.

### Definition 2.0.2: Eukaryotic Cells

They are defined as being, having, or including:

1. Membrane-bound organelles, including a nucleus.
2. Multicellular potential.

### Note:-

There is a limit on how big a cell can get. This is defined by the square-cube law. As surface area squares, the volume gets cubed.

### Theorem 2.0.1 Cellular Evolution

Current Evidence indicates that eukaryotes evolved from prokaryotes between 1 and 1.5 billion years ago.

**Note:-**

There are two current theories on how this happened:

1. Folding Theory: In short, we believe that parts of the cell membrane folded in on itself, pinched off, and became specialized cells.
2. Endosymbiotic Theory: The *mitochondria* and *chloroplasts* were once prokaryotic and somehow and for some reason became incorporated into another cell.

## 2.1 Organelles

### Definition 2.1.1: Organelle

Insert Def here.

### Definition 2.1.2: Nucleus

Manager of cell functions. It also contains DNA and the nucleolus.

### Definition 2.1.3: Nuclear Membrane

A double membrane, each made up of two layers, making four total. It is selectively porous.

### Definition 2.1.4: Nucleolus

A darker spot in the nucleus where RNA and ribosomes are made.

### Definition 2.1.5: Ribosome

Produces proteins; made in the nucleolus

### Definition 2.1.6: Endomembrane System

Made up of all internal membranes in a cell; a continuous system. Vesicles bud off from and attach to membrane systems; transport shuttles.

### Definition 2.1.7: Endoplasmic Reticulum

Two Types;

- Smooth: No ribosomes.
- Rough: Has ribosomes.

### Definition 2.1.8: Vesicles

Transporters.

### Definition 2.1.9: Golgi Body/Apparatus

Packages proteins; leaves on the trans side.

**Definition 2.1.10: Lysosome**

Breaks down things; contains digestive enzymes.

**Definition 2.1.11: Vacuole**

Store things, such as water.

**Definition 2.1.12: Plastids**

Double Membrane.

**Note:-**

*Plastid*, a double membrane  $\neq$  *Plasmid*, prokaryotic DNA

# Chapter 3

## DNA

### 3.1 DNA and Replication

#### Definition 3.1.1: DNA

Hereditary information that is found in all cells of the body.

#### Note:-

DNA Contains the information to make proteins and directs the development of biochemical, anatomical, physiological, and –to some extent– behavioral traits.

#### 3.1.1 Frederick Griffith

Frederick Griffith worked with two strains of a bacterium, a pathogen "S" strain and a harmless "R" strain. He investigated what happened when they were each injected into a mouse.

- Living 'S' cells = dead mouse
- Living 'R' cells = alive mouse
- Heat killed 'S' cells = alive mouse
- Living 'R' cells + heat killed 'S' cells = dead mouse.

#### Note:-

Note how the mouse is alive with heat killed 'S' cells but dead when those cells are added to 'R' cells. In conclusion, the heat killed 'S' cells are able to infect and take over the living 'R' cells and subsequently kill the mouse.

#### 3.1.2 Structure

#### Definition 3.1.2: Double Helix

Specifically, DNA is two anti-parallel sugar-phosphate backbones, with the nitrogenous bases paired in the molecules interior.

#### Note:-

All nitrogen bases have a specific partner. For example, Thymine (T) only goes with Adenine (A), and Guanine (G) only goes with Cytosine (C).

#### 3.1.3 Packaging and Organization

#### Definition 3.1.3: Chromatin

DNA and all associated proteins.



**Definition 3.1.4: Heterochromatin**

Highly Compacted DNA

**Definition 3.1.5: Euchromatin**

DNA that is able to be transcribed.

**Note:-**

If there is no DNA, or the DNA cannot be transcribed, no proteins will be made

**Question 1: How is DNA packaged?**

1. The DNA is wrapped around a **histone** twice.
2. Eight histones are then gathered, creating a line. A sort-of beads-on-a-string. These are called **Nucleosomes**.
3. These nucleosomes eventually clump up, creating many loop shapes, called **looped domains**.
4. These looped domains eventually organize into **Metaphase chromosomes**.

**Definition 3.1.6: Histone**

A group of basic proteins found in chromatin. Their tails can be modified.

**Definition 3.1.7: Nucleosome**

A structural unit of a eukaryotic chromosome, consisting of a determined length of DNA coiled around a core of histones.

**Definition 3.1.8: Looped Domain**

A basic structural unit of eukaryotic chromatin associated with DNA replication, gene expression, and higher order packaging.

**Definition 3.1.9: Metaphase Chromosome**

Simply a chromosome in the stage of *metaphase* of the cell cycle.

## 3.2 DNA Replication

### Definition 3.2.1: DNA Replication

The process by which DNA is replicated. It follows a *semi-conservative model*.

### Definition 3.2.2: Semi-conservative model

A process where there is one original and one new strand.

#### Note:-

Copying DNA is easy due to the hydrogen bonds holding the bases together, but also hard thanks to DNA being antiparallel.

### Example 3.2.1 (DNA Replication)

1. Helicase untwists the DNA and separates the strands. This is only done in sections. It starts at specific DNA sequences.
2. Topoisomerase relieves the pressure from the bubble. The bubble forms thanks to helicase working in sections.
3. Primase then deposits primers from the middle of the bubble towards the 5' end.
4. DNA polymerase III (DP3) adds DNA nucleotides to the 3' end of the primer. The hydrogen bond then forms between the new strand and old strand.
5. DNA polymerase I (DP1) starts to remove the primer and replaces it with DNA nucleotides. This occurs from 3' to 5'.

#### Note:-

If the template strand starts from the 3' to 5' end, the new strand will start from the 5' to 3'.

### Definition 3.2.3: Leading Strand

The strand who leads from the half-way-point in the bubble.

### Definition 3.2.4: Lagging Strand

The strand who are made before the half-way-point and eventually catch up to the leading strand.

#### Note:-

Individual parts to the lagging strand are called Okazaki fragments. They are placed randomly.

### Definition 3.2.5: Primase

Synthesizes RNA primers, using parent DNA as a template.

### Definition 3.2.6: Topoisomerase

Breaks, swivels, and rejoins the parent DNA ahead of the replication fork, relieving the strain caused by unwinding.

**Definition 3.2.7: Helicase**

Unwinds and separates the parental DNA strands.

**Definition 3.2.8: Single-Strand Binding**

stabilize the unwound parental strands.

## 3.3 Genetic Engineering

### Example 3.3.1 (How to Genetic Engineer)

1. Take a gene and put it into a bacteria
2. The bacteria will then express the gene and produce the protein.
3. Extract the protein.

### Definition 3.3.1: Transgeneic Organism

An organism containing DNA from two differing sources.

### Definition 3.3.2: Recombinant DNA

A mixed genome derived from two differing sources.

### Definition 3.3.3: Nucleic Acid Hybridization

The property where one strand of DNA is complimentary, and therefore will connect to another strand.

#### Note:-

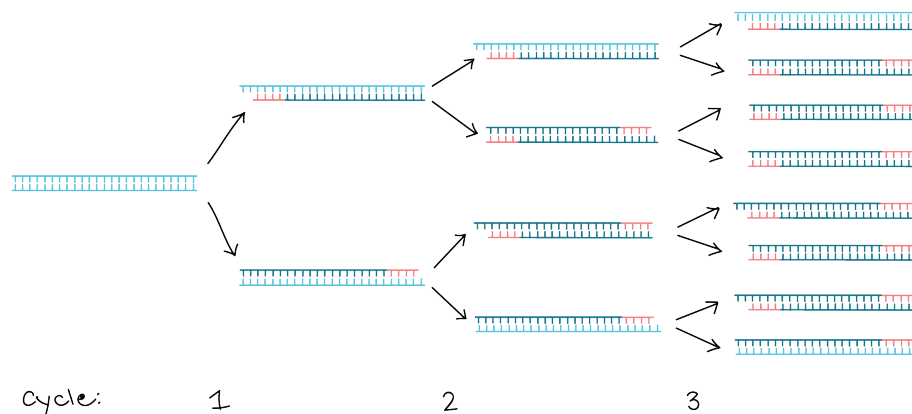
1. If you heat up DNA, the strands separate.
2. If you add a strand that is complimentary and is radioactive, you can find that section. This is used in the **chain termination method**

### 3.3.1 Cloning

### Definition 3.3.4: Polymerase Chain Reaction (PCR)

A process by which sections of a DNA sample is amplified. The process is done in a thermocycler.

Figure 3.1: Polymerase Chain Reaction



#### Definition 3.3.5: Restriction Enzyme

Cleaves DNA sequences at sequence-specific sites, producing DNA fragments with a known sequence at each end.

### 3.3.2 Sequencing the Genome

#### Definition 3.3.6: Chain Termination Method

The process by which we add complementary DNA nucleotides to a known section of DNA. We use a **thermocycler** to automate this process.

##### Note:-

Whether the thermocycler chooses a marked nucleotide or not is random. However, when it chooses a marked nucleotide, the process stops.

##### Note:-

To analyze the DNA, we use *Gel Electrophoresis*. This sorts them by size and charge.

#### Definition 3.3.7: Restriction Fragment Length Polymorphisms (RFLP's)

A variation in the length of restriction fragments produced by a given restriction enzyme in a sample of DNA.

##### Note:-

Different people have different fragment lengths.

#### Definition 3.3.8: Dideoxynucleotide

## 3.4 Gel Electrophoresis

### Definition 3.4.1: Gel Electrophoresis

The process by which you measure and sort strands of DNA, proteins, or other molecules.

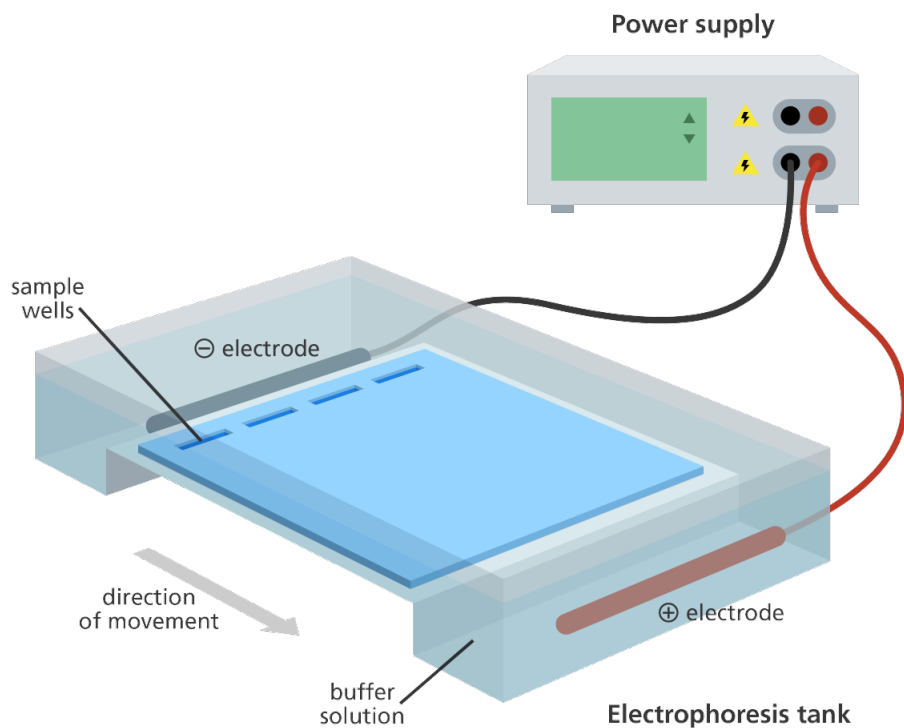
### Question 2: How does it work?

- A gel-like filter with many small holes in it sorts the DNA strands.
- First, we place some DNA samples into one end of the filter.
- Second, we run electricity through it, creating a positive and negative end which pushes the DNA strands through the filter. This is where the 'electrophoresis' comes from.
- We can tell which are longer and which are shorter by looking at how far each strand traveled. Shorter strands will travel farther over time.
- We can then stain the sorted groups of DNA, allowing the naked eye to see them. We don't see individual strands, though, we see the groups of them.

#### Note:-

Fragments are sorted by **size** and **charge**. Smaller molecules go farther.

Figure 3.2: Gel Electrophoresis



## 3.5 Editing Genes

### Definition 3.5.1: CRISPR-Cas9

Clustered Regularly Interspaced Short Palindromic Repeats. This protein has the ability to locate, cut, and repair or disable a specific *gene*.

#### Note:-

It was first discovered in bacteriophages as protection against viruses.

#### Note:-

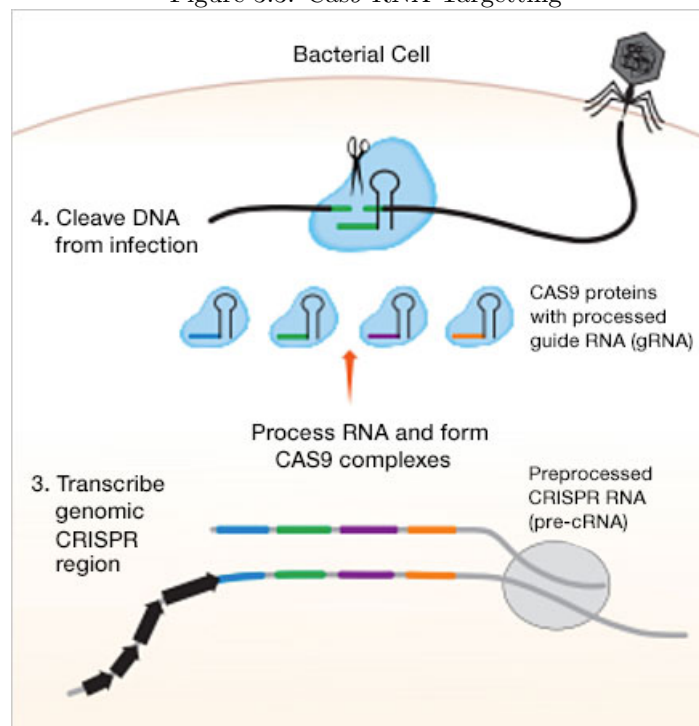
There are two parts:

1. Cas9 Protein: Nuclease enzyme that cuts double stranded DNA wherever it is brought.
2. Guide RNA: Complimentary piece of RNA that binds to a target gene.

#### Note:-

If you know the sequence of the gene, you can create the guide RNA.

Figure 3.3: Cas9 RNA Targetting



## 3.6 Gene Expression

### Note:-

Protein Synthesis requires two processes: DNA → RNA → Protein

### Definition 3.6.1: Transcription

Makes RNA.

### Definition 3.6.2: Translation

Makes Proteins.

### Note:-

*Transcription* takes place in the nucleus whereas *Translation* takes place at ribosomes in the cytosol. Proteins are modified in the *golgi body*.

### 3.6.1 The Genetic Code

### Definition 3.6.3: Codon

A set of 3 nitrogen bases in DNA that make an amino acid.

### Note:-

Only one side of the DNA strand will be used as a template.

### Note:-

AUG is the **ONLY** start codon. This is a must know.

### Note:-

There are three stop codons. Memorize them. **UAA**, **UGA**, and **UAG**.

### 3.6.2 Transcription: Making RNA

### Note:-

There are several different types of RNA, all with different shapes and functions. They are all made in the nucleus, but different RNA functions are made in different places. **Uracil** replaces **Thymine**.

### Definition 3.6.4: Gene Unit

The portion of DNA involved in transcription.

### Definition 3.6.5: RNA Polymerase

Like DNA polymerase, RNA polymerase makes RNA.

### Definition 3.6.6: Promoter

The part of DNA where RNA polymerase builds. Their purpose is to line up RNA polymerase's active site with the first base to be transcribed.

### Note:-

It is 'upstream' from the start of the gene.



### Definition 3.6.7: Transcription factor

HELLLLLLLLPPPPPPPPPPPPPPPPPP

### Note:-

Unlike how DNA can be copied off other DNA, RNA can **ONLY** be transcribed from DNA.

### Example 3.6.1 (Three Steps to Transcription:)

1. Initiation
2. Elongation
3. Termination

### Definition 3.6.8: Initiation

Here, the transcription factors bind to the DNA, RNA polymerase binds to the right spot, and the RNA polymerase begins to unwind the DNA.

### Definition 3.6.9: Elongation

Here, RNA polymerase moves along the DNA, untwisting 10 to 20 bases at a time. The complimentary bases are added, and the DNA zips back up behind it. This happens at a rate of 60 nucleotides a second in eukaryotes.

### Definition 3.6.10: Termination

In *prokaryotes*, it ends at the terminator. However, in *eukaryotes*, it breaks off after a specific sequence.

## 3.7 RNA Processing

### Note:-

All RNA's are virtually the same, but *mRNA* has the instructions to put the amino acids together in the correct order.

### Note:-

Pre-*mRNA* must be modified before it's sent to the cytoplasm.

### 3.7.1 Alteration of mRNA Ends

#### Note:-

The 5' end gets a Mg Cap. This helps it get out of the nucleus, protects it from degradation, and helps it bind to a ribosome.

#### Note:-

The 3' end gets a Poly-A tail. The longer the tail, the longer it lasts. It also facilitates the export of *mRNA* from the nucleus and protects it from degradation.

#### Definition 3.7.1: Untranslated Regions

The region between the mG cap and the coding sequence and between the stop codon and the poly-A tail.

### 3.7.2 RNA Splicing

#### Definition 3.7.2: RNA Splicing

The process by which spliceosomes remove introns and push together exons to create the final sequence.

#### Definition 3.7.3: Spliceosomes

A conglomerate of various proteins and several small nuclear ribonucleoproteins(*snRNPs*), or *snurps* that recognize the splice sites.

#### Definition 3.7.4: Introns

A non-coding sequence. They get spliced out and removed.

#### Definition 3.7.5: Exons

A coding sequence. They get spliced together after the introns are removed.

### Note:-

Must remove introns, they are called spliceosomes. Think of RNA as a movie. Must remove deleted scenes (introns), push together the rest. The final directors cut is made up of the pre-roll (5' cap), the movie itself (exons), and the credits (3' cap or Poly-A tail).

### Note:-

Introns are important for one main reason. They lead to *alternative RNA splicing*.

#### Definition 3.7.6: Alternative RNA Splicing

The process by which different areas lead to different results from RNA splicing. This works thanks to some areas splicing out some exons.

**Note:-**

This is how we get hundreds of thousands of proteins from only 21,000 genes.

### 3.7.3 Translation

#### Definition 3.7.7: Translation

The process to convert the RNA code into a protein.

**Note:-**

It requires three different types of RNA:

1. mRNA
2. tRNA
3. rRNA

It also has three stages:

1. Initiation
2. Elongation
3. Termination

#### Definition 3.7.8: tRNA

A single molecule consisting of a single RNA strand that is only about 80 nucleotides long.

**Note:-**

It carries an amino acid on the 3' end. Loop two also contains an anti-codon, which means that it is complementary to the codon it's using.

#### Definition 3.7.9: Wobble

The relaxing of base pairing on the third base of a(n) (anti)codon. In short, it explains why the third base in a codon can sometimes change without changing the overall protein.

### 3.7.4 Ribosomes

#### Definition 3.7.10: Ribosome

Made up of two ribosomal units (large and small) are made up of proteins and *rRNA*

**Note:-**

A ribosome has three binding sites for tRNA. These are in order:

1. A site: holds the tRNA that carries the next amino acid to be added to the chain.
2. P site: holds the tRNA that carries the growing polypeptide chain.
3. E site: is the exit site, where discharged tRNAs leave the ribosome.

#### Definition 3.7.11: Initiation

1. Small ribosomal subunits binds to *mRNA* (at the start of the codon AUG)
2. tRNA (carrying methonine) binds to *mRNA* in the P site.
3. Large ribosomal subunit comes in and arranges itself to the tRNA in the P site.

#### Definition 3.7.12: Elongation

1. Second *tRNA* enters the A-site; codon binds to the anti-codon.
2. The amino acid on the *tRNA* in the P site 'jumps back' and is bonded to the amino acid on the *tRNA* in the A site.
3. Translocation - the *tRNA* in the P-site gets moved to the E-site where it gets kicked out while the *tRNA* in the A-site gets moved to the P-site.
4. Ribosomes move along *mRNA* from 5' to 3'
5. Repeat.

#### Definition 3.7.13: Release Factor

When the ribosome encounters a stop codon, a release factor enters and binds a water molecule to the ribosome. This causes the polypeptide chain to break off from the strand and the ribosome releases.

### 3.7.5 Point Mutations

#### Note:-

There are two types of point mutation:

1. Base-pair substitutions
2. Base-pair insertions or deletions.

#### Definition 3.7.14: Substitutions

The replacement of one nucleotide and its partner with another pair of nucleotides.

#### Definition 3.7.15: Missense Mutation

A mutation where it still codes for an amino acid, but it may not necessarily be the correct one.

#### Definition 3.7.16: Nonsense Mutation

A mutation where an amino acid codon is changed into a stop codon. This leads to a nonfunctional protein.

#### Definition 3.7.17: Insertions and Deletions

The addition or removal of a nucleotide pair in a gene. This usually leads to massive issues in the reading and translation of the RNA. This is also called a frameshift mutation.

### Definition 3.7.18: Mutagen

Physical or chemical agents that can cause mutations. Examples include smoking, radioactivity, and more.

### Definition 3.7.19: Lac Operon

When would enzymes *NOT* be made? ->

- When Lactose is NOT present.
- When Glucose IS present.

#### Note:-

Allolactose is another way to say lactose.

#### Note:-

The *Lac* Operon and *Trp* Operon are different in that the *Lac* processor (inhibitor) is made active, whereas the *Trp* processor (inhibitor) is made inactive.

### Definition 3.7.20: Repressible Operon

- Usually Functions in anabolic pathways.
- Synthesizing end products
- When end product is present cell allocates to other uses.
- *Trp* Operon.
- Genes are active.
- Regulatory protein (inhibitor) is made in the inactive form.
- The things being made activates the regulatory protein when there is enough of that thing.

### Definition 3.7.21: Inducible Operon

- Usually functions in catabolic pathways, digesting nutrients to simpler proteins.
- Produce enzymes only when nutrient is available.
- Cell avoids making proteins that have nothing to do.
- *Lac* Operon.
- Genes are inactive.
- Regulatory Protein (inhibitor) is made in active form.
- The thing being broken down inactivates the regulatory protein when that thing is around

#### Note:-

This *ONLY* in Prokaryotes. Control in Eukaryotes is completely different thanks to their DNA being different.

### Example 3.7.1 (Control in Eukaryotes)

1. DNA gets transcribed into pre-mRNA
2. pre-mRNA gets spliced to the proper mRNA

3. mRNA gets translated into proteins.

4. The proteins then do their thing.

We control this by stopping translation and transcription. It's hard to explain, but think of it as a main water line to your home. We stop the main line, then go throughout the house draining the individual sections by turning on the sink.

## 3.8 Regulating DNA Structure

### Definition 3.8.1: Histone Acetylation

- Acetylated histones separate from each other; DNA is looser.
- Why? Positive Charges are neutralized; no charge to attract.
- Allows for transcription

### Definition 3.8.2: Methylation

- Adding methyl groups to DNA to prevent transcription.
- Methyl groups are also added to histone proteins.

### Definition 3.8.3: Epigenetic Heriditation

yo

#### Note:-

Regulating Transcription Initiation:

- Preventing or allowing RNA polymerase

### Definition 3.8.4: Transcription Factor:

The things that control RNA polymerase in DNA interaction. RNA polymerase needs transcription factors in order to bind to DNA.

#### Note:-

Two Types:

1. General: Needed for the transcription of *ALL* protein genes.
2. Specific: Needed to transcribe a specific gene. They bind to enhancer regions which are specific for a gene. Some may be activators, others are seperators.

In Short You need both factors for RNA polymerase to attach. First the specific ones attach to the gene then the general factors attach to the specific ones.

Overview: An activator (type of specific factor) binds to an enhancer (control element), and then DNA bends. A specific facor binds to the activator, which then has a general factor on top of that. RNA polymerase can now attach to the general factor.

#### Note:-

Huge note: Repressors take the space that the activators take. They regulate the speed by stopping a factor from attaching, thus preventing RNA polymerase from attaching.

### 3.8.1 mRNA Degredation

#### Note:-

mRNA doesn't last forever. When it's gone, no more translation into a protein.

1. Small segments of RNA that leads to the break down of mRNA.
2. miRNA and siRNA (DON'T NEED TO KNOW THE DIFFERENCE. JUST THEIR NAMES)
3. Both miRNA and siRNA are originally long pieces of *double stranded* RNA.

4. Double stranded RNA is then chopped up by a protein called *Dicer* into the miRNA and siRNA. Think of gum on a zipper. They prevent translation. They attach to the untranslated regions. Untranslated regions are the areas between the spliced exons and the m-G cap and the exons and the poly-A tail. miRNA *destroyers*, well, destroy, the mRNA.

#### Definition 3.8.5: Proteasomes

Complex of proteins that break down proteins. A protein, called *ubiquitin* marks the protein, and a proteasome comes in and breaks it down.

### 3.8.2 Monitoring Gene Expression

#### 1. Nucleic Acid Hybridization

- Detects where a gene is being used or expressed.
- Uses a nucleic acid probe (something with a fluorescent tag.)
- Looks for and attaches to the corresponding gene. (complement)

#### Note:-

Muscle and Brain cells have the same DNA, however, only the muscle cells make actin. This is because the gene [for actin] is only active in the mRNA in muscle cells.

#### Definition 3.8.6: RT-PCR

#### Note:-

PCR is used on DNA, RT-PCR is used on RNA.

1. Reverse transcriptase-polymerase chain reaction.
2. Compares the amount of a specific mRNA that is used.
3. Uses reverse transcriptase
  - Makes DNA from RNA. (The reverse of transcription)
4. Basically, you make a whole bunch of DNA from a piece of mRNA.
5. The DNA that is made is called cDNA (Complementary DNA)
6. The Covid Test...

#### Example 3.8.1 (

First Make the cDNA

Second See how much cDNA is made

- The more cDNA that is made, the more mRNA there was at the start

#### 1. What does this tell you?

- It tells you how much a particular gene is being expressed in a specific type of cell.

)

#### Note:-

More on cDNA:

1. cDNA is also what is needed to get a prokaryote to express a human gene.



2. Why? Because *prokaryotes* cannot splice.

### 3.8.3 Studying Groups of Genes

- DNA Micro-array Assays
  - You get a chip (a micro-array)
  - In a perfect world, the chip has every gene on It
  - Bt you only have single strand DNA versions of each gene.
  - mRNA's from cells you are studying are reverse transcribed.
    - \* This makes cDNA.
  - Make sure to use a fluorescent label to make those cDNA's.
  - If you are studying 2 cells at the same time, each cell can have a different fluorescent colour.
  - Add the cDNA to the chips
  - Check the colours.

# Chapter 4

## 4: Cellular Communication

Cells must talk to each other. They do this via signals or messengers, these are called ligands. Ligands is a general term for any signaling molecule. Molecules made by some cells have an affect on others. For example, neurotransmitters communicate from one neuron to the next nerve cell or even muscle cell. Cells in the immune system will either communicate with each other to help fight off an infection or cause an infected or cancerous cell to kill itself.

### Question 3: Whats the point?

Receiving cells have proteins embedded in their membranes. These are called receptor proteins.

### 4.1 Reception

#### Note:-

The binding between signal molecule (ligand) and receptor is highly specific.

#### Definition 4.1.1: Conformational Change

The process by which a protein changes shape via something attaching to said protein.

#### Note:-

There are two main types of membrane receptors.

1. G-protein-coupled receptor
  - Works with a G-protein (protein that turns on and off enzymes)
2. Ligand-gated ion channel
  - Open when ligand binds

#### Example 4.1.1 (How G-protein-coupled receptor's work.)

1. Ligand (signal) attaches to GPCR protein (receptor) in the cellular membrane
2. G protein (bound to the GPCR) becomes activated and moves to the inactive enzyme
3. The previously inactive enzyme is now activated and produces the specific protein (cellular response).

**Note:-**

Ligand Gated Ion Channels use channel proteins and are thus passive transport. They only use high  $\rightarrow$  low gradients.

**Note:-**

**Intracellular Receptors**

- Most ligands are large and water-soluble and must bind to membrane proteins.
- Other ligands are hydrophobic and enter the cell (such as steroids)
  - They bind to intracellular receptors
- They *usually* are hormones.
- They *usually* activate genes.

Thanks for reading

