

Sata Drives



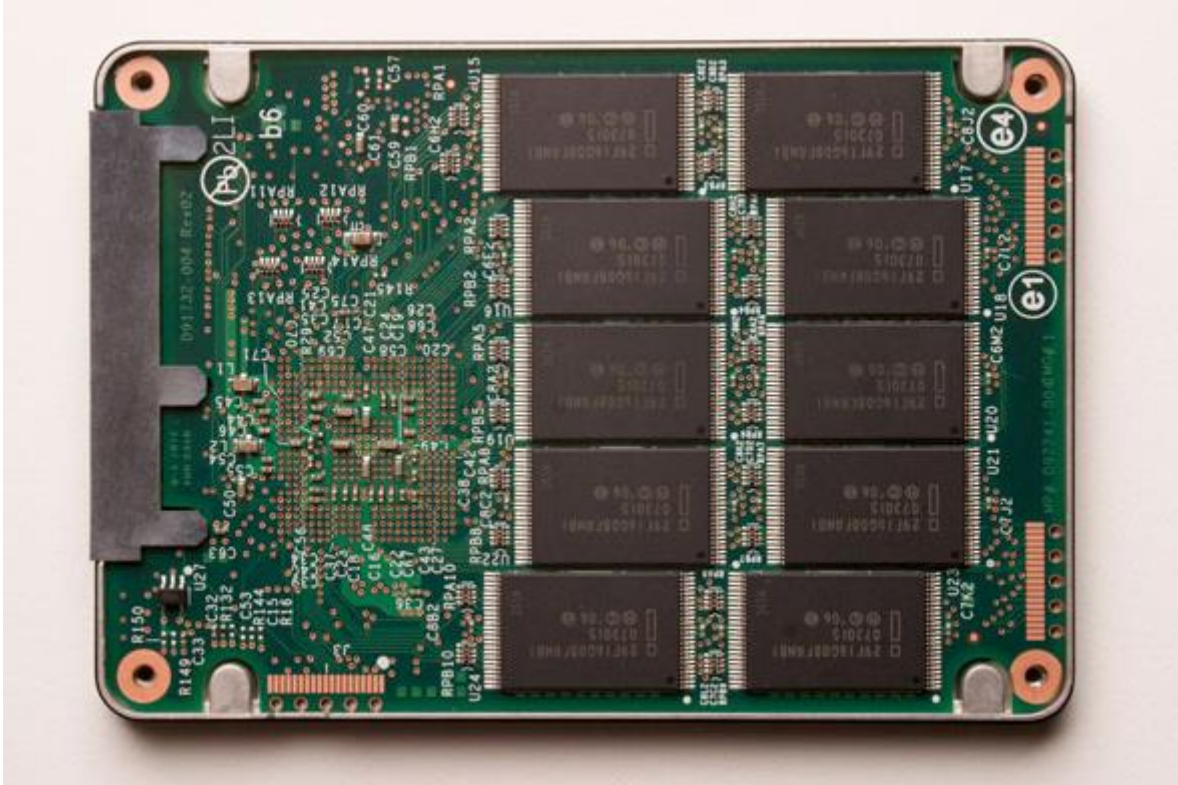
Pros:

- Low cost
- High disk sizes

Cons:

- Not good for laptops
- Requires regular de-fragmentation

Solid State Drives



Pros:

- Fast
- More durable, especially for laptops

Cons:

- More expensive than SATA drives
- Lower disk sizes

NVMe



Pros:

- Fastest disk type on the market

Cons:

- Extremely expensive
- Available for desktop PCs only
- May require replacing main board to get full benefit