```
\"recipe\": [\n
                                      \"name\": \"Sikil Pak\",\n
                                                                        \"ingredients\": [\n
"{\n
                          \{ n \}
                                                                                                       \"1 cup
hulled pumpkin seeds\",\n
                                       \"1 chile habanero, roasted and chopped (optional)\",\n
                                                                                                            \"4
medium plum tomatoes\",\n
                                       \"\\u00bc bunch cilantro, finely chopped\",\n
                                                                                               \"2 tablespoons
chives, finely chopped\",\n
                                    \"salt to taste\",\n
                                                                \"Tortilla chips (to serve)\"\n
                                                                                                    1,n
\"directions\": [\n
                             "Preheat a comal (griddle or skillet) on medium heat. Spread the pumpkin seeds
evenly, in one layer. Toast the seeds, flipping and stirring occasionally with a spatula. The seeds should be
golden and crispy. Make sure they don\\u2019t burn. Remove from heat and let cool.\",\n
                                                                                                       \"In the
same comal, roast the tomatoes and chile habanero, still on medium heat until they are charred on the outside
and soft to the touch. If the heat is too high, the tomatoes will not cook through. Let cool.\",\n
                                                                                                        \"Once
cooled, place the toasted pumpkin seeds in the bowl of a molcajete (traditional Mexican volcanic stone mortar
and pestle) and grind until very fine. Add the tomatoes and habanero pepper and break them down with the
pestle. Once the tomatoes are crushed, using a circular grinding motion continue to work the mixture until
smooth and emulsified. This entire step can also be done in a food processor.\",\n
                                                                                             \"Mix in chopped
cilantro, chives and salt to taste and serve directly in the molcajete with some crispy tortilla chips.\"\n
]\n
        \}, \ n
                  \{ n \}
                             \"name\": \"Sonoran-Style Potato, Cheese, and Tomato Soup Recipe\",\n
\"ingredients\": [\n
                                \"3 Tbsp. extra-virgin olive oil\",\n
                                                                                 \"1 medium red onion, finely
chopped \verb|\|'', \verb|\| n
                                                                                                            \"1
                       \"1\\u20132 poblano or Anaheim chiles, seeds removed, thinly sliced\",\n
tsp. Diamond Crystal or \\u00bd tsp. Morton kosher salt, plus more\".\n
                                                                                 \"3 large garlic cloves, thinly
                                                         \"1 medium green or yellow summer squash, cut into
sliced\",\n
                    \"1 Tbsp. tomato paste\",\n
\u00bd\\" pieces\",\n
                                 \"1 lb. Yukon Gold potatoes (3\\u20134 large), scrubbed, cut into \\u00bd\\\"
pieces\",\n
                         \"6 cups chicken broth (not low-sodium)\",\n
                                                                                     \"1 cup cherry tomatoes,
halved\",\n
                        \"\\u2153 cup oregano or marjoram leaves\",\n
                                                                                      "1\u00bd tsp. red wine
vinegar\",\n
                      \"\u00bd cup whole milk or half-and-half (optional)\".\n
                                                                                         \"10 oz. queso fresco,
cut into \\u00bd\\\" pieces\"\n
                                     ],\n
                                                \"directions\": [\n
                                                                            \"Heat oil in a large Dutch oven or
other heavy pot over medium. Cook red onion, chile, and 1 tsp. Diamond Crystal or \\u00bd tsp. Morton
kosher salt, stirring with a wooden spoon, until starting to soften, about 3 minutes. Stir in garlic and tomato
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paste, breaking up paste so it coats vegetables, then add squash, potatoes, and broth. Increase heat to medium-high and bring broth to a simmer. Reduce heat to medium and cook until potatoes are almost falling apart, 15\\u201320 minutes.\",\n \"Add cherry tomatoes to pot and cook until warmed through but not bursting, about 3 minutes. Stir in oregano and vinegar and simmer 2 minutes to allow flavors to blend. Remove from heat and stir in milk (if using). Taste soup and season with more salt if needed.\",\n \"Divide queso fresco among bowls and ladle soup over, stirring to prevent cheese from clumping.\"\n \"name\": \"Esquites con Salsa de Totopos (Mexican-Style Street Corn With  $]\n$  $\}, \ n$  $\{ n \}$ Tortilla Chip Salsa) Recipe\",\n \"ingredients\": [\n \"Kosher salt\",\n \"8 ears of corn, husked\",\n \"\u00bd cup crema mexicana or cr\\u00e8me fra\\u00eeche\",\n \"2 oz. Cotija cheese, crumbled\",\n \"\u00bc cup mayonnaise\",\n \"Juice of 4 key limes or  $1 \text{ lime}'', \n$ \"4 cups tortilla chips (about 4 oz.)\",\n \"8 large guajillo chiles (about 2\\u00bd oz.)\",\n \"2 dried chiles de \\u00e1rbol\",\n \"1\\u00bc cups extra-virgin olive oil\",\n \"\u00bd cup salted dry-roasted peanuts\",\n \"\\u00bc cup toasted sesame seeds\",\n \"1\\u00bd tsp. Diamond Crystal or \\u00be tsp. Morton kosher salt, plus more\"\n 1, n\"directions\": [\n "Bring a large stockpot of generously salted water to a boil. Place corn in pot, cover with a heavy plate to keep corn submerged, and remove pot from heat. Let corn sit until kernels are tender, about 10 minutes. Drain and transfer corn to a large bowl; let cool.\",\n \"Stir crema, mayonnaise, and 2 Tbsp. water in a medium bowl to combine, then mix in Cotija; season with salt. Cover and chill crema mixture until ready to serve.\",\n \"Crush tortilla chips very coarsely in a large resealable plastic bag. Set aside.\",\n \"Remove stems from guajillo and \\u00e1rbol chiles. Cut open with kitchen shears and scrape out most of the seeds and strings with your hands (wear disposable food-grade gloves if you have them). Break chiles into about \\u00bc\\\" pieces.\",\n \"Heat oil over low in a medium saucepan. Drop in a peanut and when oil starts bubbling gently around it, carefully add remaining peanuts. Cook, stirring often, until golden and fragrant, about 4 minutes. Add chiles and cook, stirring, until chiles starting to darken and puff, about 1 minute. Let cool 10 minutes.\",\n \"Transfer mixture to a food processor and process until peanuts and chiles are finely ground, about 2 minutes. Add sesame seeds,

1\\u00bd tsp. Diamond Crystal or \\u00be tsp. Morton salt, and reserved tortilla chips. Pulse 3 times, just to combine (you want to preserve texture of sesame seeds and chips). Transfer salsa to a medium bowl and let cool. (The chile-peanut mixture will sink to the bottom while the chips stay afloat.)\",\n \"Cut corn in half crosswise and stand upright. Slice away kernels in wide sheets with a sharp knife, using a gentle sawing motion. Transfer corn to a large platter. Drizzle 2 Tbsp. lime juice over and sprinkle with salt. Spoon reserved crema mixture on top, then spoon \\u00bd cup salsa over, making sure to dig out some chile-peanut mixture along with some chips; reserve remaining salsa for another use. Drizzle remaining lime juice over. Taste and season with more salt if needed.\\n\\nDo ahead: Salsa (without chips) can be made 1 month ahead. Cover and chill. Add chips up to 1 day ahead.\"\n \"name\": \"Memelas Recipe\",\n 1 n $\}, n$  $\{ n \}$ \"ingredients\": [\n \"2 pounds (910 g) fresh masa (storebought or homemade)\",\n \"1\\u20444 cup (50 g) Aciento\",\n \"1\\u20442 cup (120 ml) Black Bean Paste\",\n \"10 ounces (280 g) queso fresco, crumbled\",\n \"Any salsa you have on hand\"\n ], n\"directions\": [\n \"Assemble the masa into balls measuring 3 inches (7.5 cm) wide (weighing 55 g each) and set them aside. Press each one individually on a plastic-lined tortilla press. Each ball should be about 5 inches (12 cm) in diameter after pressing.\",\n \"Place a nonstick griddle or cast-iron skillet over medium heat. Carefully transfer each memela to the comal. Cook each side for about 2 minutes until the \"Using your fingertips while the memela is still really hot, fold up a tortilla is fully cooked.\",\n quarter inch of the edges so that the memelas start to look like little boats. Using a knife, make a few slits in the middle. Spread about 1\\u20442 teaspoon of aciento on each memela, and layer with another 1\\u00bd teaspoons of beans on top.\",\n \"Return the memelas to the hot comal, bean side up, and cook until the bottoms get a bit crispy. Top with crumbled queso fresco. Allow the cheese to get warm on the tortilla, then top with salsa. Remove from the heat and serve hot.\"\n  $]\n$ },\n \"name\":  $\{ n \}$ \"Gorditas de Piloncillo Recipe (Sweet Fried Masa Cakes)\",\n \"ingredients\": [\n \"2 ounces finely chopped piloncillo\",\n \"3 ounces queso anejo or ricotta salata\",\n \"1 teaspoon freshly ground canela\",\n \"1 pound fresh masa, or 1\\u2154 cups masa harina mixed with 1 cup hot water\",\n \"Lard or vegetable oil, for frying (about 2 cups)\"\n \"directions\": [\n ],\n