

The Generic Functional Health Literacy Test (FHLT)

The following passage is selected from a health education material published by the Singapore Health Promotion Board. Please **circle** only 1 word you consider as the most appropriate from the 3 candidate items.

1. When you receive medicine from your pharmacist or doctor, you must understand fully how to use your medicine before you leave. Listen carefully to the ¹(**speech / instructions / then**) and check against the ²(**label / poster / stand**) on the medicine container. ³(**Wonder/ Ask / Listen**) when you do not ⁴(**read/ understand / play**) the instructions or when ⁵(**they/ we / yours**) are not clear. You ⁶(**need/ should / well**) know the following:
Name ⁷(**thus/ and / or**) strength of the medicine,
⁸(**Aim/ Purpose / Right**) of the medicine,
Directions ⁹(**to / for / and**) use,
Any activity, food and ¹⁰(**others/ other / which**) medicines to be avoided,
¹¹(**How/ Any / An**) side effects to look ¹²(**up/ out/ to**) for.
2. Be sure you ¹³(**track/ follow / ignore**) the instructions. Do not ¹⁴(**overwhelm/ exceed / reach**) the stated dose or ¹⁵(**mass/ treatment/ illness**) period.
3. If you are ¹⁶(**eating/ prescribed/ stating**) antibiotics, make sure you ¹⁷(**complete/ end / stop**) the prescription.
4. Discard expired ¹⁸(**medicines/ utensils/ drinks**) as they may no ¹⁹(**shorter/ less/ longer**) be effective.
5. Please always ²⁰(**interact/ check / ask**) with your pharmacist before ²¹(**finishing/ taking / learning**) any over-the-counter medicines