

## **STUDY NINE**

### **HOLY COMMUNION**

The Holy Communion, usually called the Lord's supper is one of the two sacraments given and enjoined in the church. It is the eating and drinking of bread and wine as a symbol of partaking in the body of Christ. It is also called the breaking of bread : Acts 2:42, 20:7. It is to be taken regularly but in a worthy manner. 1 Cor 11:17-34, with understanding and Christian love. It was instituted and observed by Christ just before His betrayal.

Matt 26:26-28, Luke 22:7-19. In doing it, "He took bread, blessed it, broke it and gave it to His disciples, take, eat; this is my body, likewise He took the wine gave thanks and gave it to them," referring to it as His blood which was shed for the remission of sin.

### **PURPOSE OF THE LORD'S SUPPER OR HOLY COMMUNION**

Done in remembrance of the death and second coming of Jesus Christ {1Cor 11:11, 24,26} to show the believer's continue faith in the redemptive work of Christ and an affirmation of being a member of His body, the Church.

### **THOSE WHO CAN PARTAKE**

a) People who are born again and who after having been baptized by immersion in water, have been offered the right hand of fellowships (Acts 2:41-42) and live in obedience to Christ and His word.

b) Those who can't partake include :

☒ The unsaved

☒ Those living in sin i.e. disobedience to the revealed will of God like engaging in fornication, adultery and lifestyle which conflicts Christ's teaching. Etc.

### **PREPARATION TOWARDS PARTAKING**

- Self examination ( 1 Cor 11:28, 2 Cor 13:5)
- Fervent prayers to ensure that one is spiritually in tune with God.
- Walking in fellowship with the God head and the church 1 John 1:7-9, 10:30-33, 11:27.