

## STUDY SEVEN

### OVERCOMING TEMPTATIONS

**Intro:** Temptation is common to all Christian; old and young. It is originated by the devil but God allows it. 1 Cor 10:13. For example, Jesus Christ was tempted by the devil. Lk 4:1-8.

1. What is temptation? It is the evil thoughts or actions brought by the devil for man to sin against God. Jas 1:13-15; Josh. 7: 20-21.

2. Examples those tempted in the Bible

- i) Eve. Gen. 3: 1-6
- ii) Joseph, Gen. 39: 7-13
- iii) Daniel. Daniel 6:4-10
- iv) The three Hebrews. Dan. 3: 13-18
- v) Peter. Matt. 26: 69-75

3 7 Steps in temptation

- i) Thought of evil Jas. 1: 14
- ii) Drawn away-strong imagination v14
- iii) Lust- delight in viewing
- iv) Enticed – weakening of the will
- v) Lust conceived; yielding Jas.1;15
- vi) Sin: sinful act committed Jas . 1: 15

4. How to overcome temptations

- a. Be prayerful (daily). Matt 26:41
- b. Through faith and confession of the word. Lk 4:4-8, Ps 119:9-11. Note that the devil knows the Bible. Ps 91:11.
- c. Strong determination. Dan 1:8
- d. Walking in the spirit. Gal 5:16.
- e. Resist the devil. Rom 16:20, 1 Pet 5:9, Jas 4:7
- f. Be watchful. 1 Cor 16:13, Matt 26:41
- g. Renounce all hidden work of dishonesty. Eph 5:12
- h. Refuse sinners invitation. Pro 1:10. Note the case of Joseph who ran away from evil. Gen 39:7-18, 1 Thess 5:22.
- i. Rebuke evil doers. Eph 5:11. Run from bad company.
- j. Remain in the congregation of believers. Heb 10:25
- k. Put on the armour of God. Eph 6: 11-17
- l. Rely on the strength of the Lord. 1 Cor 10:13

**MEMORY VERSE:** "There art no temptation taken you, but such as is common to man but God is faithful who will not suffer you to be tempted above that ye able; but will with the temptation also make a way to escape, that ye may be able to bear it"..1Cor.10:13